Background

The mission of the ADAMHS Board is to enhance the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment, and recovery services coordinated through a person-centered network of community supports.

Over the years, Board staff learned that the faith-based community is often contacted by individuals/families experiencing difficult circumstances involving mental health and/or substance abuse issues and realized that spirituality plays an important role in the recovery process.

Recognizing this, the ADAMHS Board formed a Faith-based Outreach Committee and a Faith-based Outreach Subcommittee with the mission:

To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices and to promote the concept that treatment works and people recover.

Since the ADAMHS Board does not provide direct services and recognized the benefits of incorporating spirituality into prevention, treatment and recovery support services, the Board contracted with five organizations with diverse programs to participate in the Faith-Based Outreach Initiatives Program to:

- Increase awareness and understanding of mental health/addiction in the faith community and to address societal stigma surrounding mental illness/substance use disorders.
- Educate the faith community about mental illness & substance use disorders.
- Develop language and boundaries to clarify the scope of practice for auxiliary spiritual leaders duties within the treatment community and healthcare professionals within the faith community.
- Incorporate spirituality as a component of treatment.

Contact Information

If you would like more information regarding the ADAMHS Board's Faith-Based Programs contact:

ADAMHS Board of Cuyahoga County 2012 West 25th Street - 6th Floor Cleveland, Ohio 44113 Phone: 216-241-3400

Website: www.adamhscc.org

J. Robert Fowler, Ph.D., Board Chair Scott S. Osiecki, Chief Executive Officer

24-Hour Suicide Prevention, Mental Health & Addiction Crisis, Information & Referral Hotline: 216-623-6888

24-Hour Crisis Text "4HELP": 741741

Crisis Chat: www.adamhscc.org

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Faith-Based Outreach Initiative Program

Seven contract providers/faithbased organizations with unique programs:

- Integrating faith into the overall provision of treatment services.
- Providing prevention and early intervention services for youth and their families.
- Providing awareness and understanding of mental health and substance abuse.



MERGE Spirituality

Mental Health

Emotional Wellness

Recovery

Gaining

Excellence &

Spirituality

Providers and Programs

Each program is unique and diverse.

Participation from <u>ALL</u> faith communities is welcome.



99Treasures Arts & Culture - Holistic Solutions for Holistic Problems

Provides innovative expressive arts and lifelong lessons with support to persons that are sober or undergoing alcohol and drug recovery or mental health disorder, in addition to, early intervention and ongoing assessment strategies. The base-strategic program and art activities aid an intergenerational population of children five to eighteen, adolescents to adulthood, and the geriatric population. Provides a human-centered and spiritual approach for clients using a holistic, culturally specific and interfaith services based on the agency's interfaith collaborations. Provides innovative therapeutic year-round Out of School Time (OST) programming and a summer camp.

Raj Roberson, Project Director 216-618-8806



Galilean Theological Center - Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders

Addresses disparities and build equity for the Latinx community of Northeast Ohio as it relates to Substance Use Disorders and Mental Health challenges. Program consist of three components: Spiritual Caregiving to Help Addicted Person and Families, Chemical Dependency Counselor Assistant Credentialing and Certification and Integrated Management of Psychological Trauma & Interpersonal Conflicts.

Rev. Felix Muniz, Executive Director 216-408-8802

Providers and Programs



It's Not a Moment, it's a Movement - The Faith Movement.

Advancing recovery through Faith & Mental Health Ministries. Provides faith leaders of all races and denominations with tools and resources necessary for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the important role of spirituality in the treatment and recovery process. Educates the faith communities to increase mental health literacy and awareness; increase capacity to refer for services; promote faith and mental health collaboration; Embed Mental Health Services in faith communities.

President & CEO, Pastor Kyle Earley Website: Itsamovementohio.org Email: Support@itsamovementohio.org

Phone: 216-773-4007



Naaleh Cleveland – Faith Based High-Risk Teen Mentorship Program

Provides high quality mentorship by building healthy relationships with struggling teens having a difficult time with substance use, mental health issues, and family dysfunction. Builds skills in self-awareness, emotional intelligence, goal-setting techniques and physical fitness while focusing on minimizing risky behavior and helping prevent relapses for individuals with addictions. Focuses on ensuring the completion of high school or GEDs and on building job skills.

Rabbi Chaim Helman 216-591-6191

Providers and Programs



NAMI Greater Cleveland - Faith-based Awareness/ Outreach

Builds relationships with faith-based organizations and increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, providing an understanding of mental/behavioral health and dual diagnosis.

Katie Jenkins, Interim Executive Director 216-875-0266



OhioGuidestone - Workforce 360° - Faith-Based Services

Offers a deep dive into self-determination, resiliency, soft skills, self-care, healthy relationships, and internal-regulation capacity. Utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high-emotion, and life decisions.

Tom Siloy, Program Manager (216) 310-2536

Providers and Programs



Trinity Outreach Ministries - Inner City Youth and Families Cultural Arts Program

Provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church and the Cultural Arts Center. Programming can include: Virtual and face to face family fitness and music classes, virtual and in-person sessions to facilitate spiritual and character development, cultural or performing arts classes and showcase opportunities, family sobriety pledges, community outreach special activities including inspiration services for seniors and adults in Recovery at Risk for Relapse.

For more information and to register please go to www.thefaithprogram.com.

Dr. Deborah Watson, Program Operations Manager Call 216-288-2038