



FAITH-BASED OUTREACH COMMITTEE

WEDNESDAY, APRIL 3, 2024

4:00 P.M.

2012 West 25th Street, United Bank Building / 6th Floor - Ohio Room

Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. **Call to Order** – *Rev. Benjamin F. Gohlstin, Sr., Committee Chair*
2. **Public Comment on Agenda Items** – *Rev. Benjamin F. Gohlstin, Sr.*
3. **Approval of Minutes:** February 7, 2024 – *Rev. Benjamin F. Gohlstin, Sr.*
4. **Faith-based Community Distribution Project** – *Rev. Benjamin F. Gohlstin, Sr.*
5. **Faith-based Outreach Program 2023 Annual Report / Current Status Highlights** – *Starlette Sizemore, Director of Special Projects*
6. **Program Provider Presentations:**
 - Galilean Theological Center - Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders
- *Rev. Felix Muniz, Executive Director*
 - It's Not a Moment, It's a Movement
- *Pastor Kyle Earley, President & Chief Executive Officer*
7. **New Business**
8. **Follow-up** – *Woo Jun, Chief Operating Officer*
 - **Prevention Rules for Faith-based Providers**
9. **Public Comment Period**
10. **Upcoming April and May Board Meetings:**
 - Nominating Committee Meeting: April 10, 2024
 - Finance & Oversight Committee Meeting: April 10, 2024
 - General Meeting: April 17, 2024 at Northern Ohio Recovery Association (NORA), 1400 E 55th Street, Cleveland, Ohio 44103
 - Community Relations & Advocacy Committee Meeting: May 1, 2024
 - Annual Meeting Brunch, Awards Ceremony and Client Art Show: May 13, 2024
 - Nominating Committee Meeting: May 15, 2024
 - Finance & Oversight Committee Meeting: May 15, 2024
 - General Meeting: May 22, 2024

Faith-based Outreach Committee

Rev. Benjamin F. Gohlstin, Sr., Committee Chair
Patricia James-Stewart, M.Ed., LSW, Committee Vice Chair
Ashwani Bhardwaj; Rev. Brenda Ware-Abrams; Mary Warr, M.Ed.

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

FAITH-BASED OUTREACH COMMITTEE MINUTES
FEBRUARY 7, 2024

Committee Members Present: Rev. Benjamin F. Gohlstin, Sr., Committee Chair, Patricia James-Stewart, M.Ed., LSW, Mary R. Warr, M.Ed.

Absent: Ashwani Bhardwaj, Rev. Brenda Ware-Abrams

Board Staff Present: Scott Osiecki, Chief Executive Officer, Sarah Adkins, Linda Lamp, Clare Rosser, Jessica Saker, Starlette Sizemore, Nick Weaver, Joicelyn Weems

1. CALL TO ORDER

Rev. Benjamin F. Gohlstin, Sr., Faith-based Outreach Committee Chair, called the meeting to order at 4:02 p.m. Ms. Mary Warr read into the record the Committee Mission Statement: *“To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.”*

2. PUBLIC COMMENT ON AGENDA ITEMS

No public comment on agenda items was received.

3. APPROVAL OF MINUTES

The Faith-based Outreach Committee minutes of October 4, 2023 were approved as submitted.

4. FAITH-BASED COMMUNITY DISTRIBUTION PROJECT

Rev. Gohlstin expressed that the Board, in collaboration with the faith-based community, is assembling 150 resource bags to aid faith leaders and 150 resource bags to aid their congregations in assisting individuals facing behavioral health crises. These bags will contain various items, such as a clergy handbook and a mental health guide tailored for faith leaders, as well as supplies for harm reduction to mitigate overdoses. Additionally, they will include information on the 988 crisis hotline and resources to support children and youth experiencing crises. He stated that the distribution will encompass all religious denominations or operate on a nonsectarian basis.

Ms. Mary Warr praised everyone who contributed to putting together the resource bags and asked for a status update on how these resources are being distributed. Rev. Gohlstin mentioned that as of now, United Pastors in Mission, The Baptist Pastors Council, The Baptist Ministers Conference, and Greater Cleveland Congregations plan to place the resource bags in easily noticeable areas for their congregants to access as required. However, the information provided in the resource bags for faith leaders will be tailored to their specific needs.

5. FAITH-BASED OUTREACH PROGRAM 2023 1-3 QUARTER REPORT / CURRENT STATUS HIGHLIGHTS

Ms. Starlette Sizemore, Director of Special Projects, reported that the 2023 1-3 Quarter Report contains 11 pages of in-depth analysis of information that includes measurements for all seven providers individually, plus combined data; along with observations about outcomes. The full report is available on the ADAMHS Board's website.

Ms. Sizemore stated that the mission of the Faith-based Outreach initiative is to recognize and advocate spirituality in the recovery process; connect the spiritual perspective with other interventions and best practices; and promote the concept that treatment works and people recover. Due to program differences and ages of program participants, several measurement instruments were used. A chart was shared that showed combined results from all providers using the same measurement tool. The grand total of individuals served for all seven faith-based providers year to date was 857; and the expected annual total was 785. Discussion was had regarding the objectives concerning the number of people served, and Rev. Gohlstin praised the excellent work of faith-based providers, noting a significant increase in community needs.

Ms. Sizemore highlighted that there are various means for measuring the effectiveness of these programs through three measurement instruments: Devereux Student Strengths Assessment (DESSA) Outcomes, Devereux Adult Resilience Survey (DARS), and Quizzes/Evaluation, which includes Mental Health First Aid (MHFA) and Awareness & Education. The faith-based programming for children in grades K-12th is measured through the DESSA instrument by comparing a Pre Assessment with a Post Assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K-8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies: Self-awareness; Social-awareness; Self-management; Relationship Skills; Goal Directed Behavior; Personal Responsibility; Decision Making Skills; and Optimistic Thinking, which translates to a score and is categorized through a numerical value. 60 and above indicate social and emotional “Strengths” showing children doing well; 40-59 indicate “Typical” positive behaviors for children; and 40 and below indicate “Need for Instruction” to further develop social and emotional skills.

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the DARS instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas: Will gain knowledge to develop healthy relationships; Will learn skills to increase self-worth to enhance internal beliefs and values; Will learn strategies to develop/enhance self-motivation to increase independence; and Will learn to self-regulate and control without the use of substance and negative influences. Ms. Sizemore highlighted that total DARS administered through the 3rd Quarter 2023. The aggregate improvement on DARS scores for all providers was 266 individuals for the first time, and 248 individuals for the second time. This allowed for the analysis of outcomes from this tool. Overall, 90% of clients assessed at Board providers improved in at least one aspect of the DARS assessment (in comparison to their first assessment). Further, 83% improved in relationship scores, 77% improved in internal belief scores, 82% improved in initiative scores, and 79% improved in self-control scores.

MHFA is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a MHFA training provided by a faith-based program provider are expected to successfully complete the course evaluation/quiz and score at least 80% based on the following topics: Helpful Things to Say; Myths and Facts-Suicide and Self-Injury; Suicidal Thoughts and Behaviors; Panic Attacks; Traumatic Events; Auditory Hallucinations; Psychosis; and Substance Use Disorders. Participants demonstrated on a quiz a passing level of competence of 82% during the First Quarter of 2023. No one participated in a MHFA program during the Second and Third Quarters of 2023.

The Awareness & Education programs are designed to present a variety of mental health and substance use knowledge to raise their level of education and awareness. These programs are being done by National Alliance on Mental Illness (NAMI) Greater Cleveland (GC) and It's Not a Moment, It's a Movement (INAMIAM).

Ms. Sizemore reported on a variety of current highlights from each the seven faith-based providers, which included the following:

▪ **99Treasures Arts & Culture – Holistic Solutions for Holistic Problems Initiative**

Holistic Solutions for Holistic Problems initiative provides a base-strategic program and art activities that aid an intergenerational population; and provides a human-centered and spiritual approach for clients using holistic, culturally specific and interfaith services. This initiative also provides an innovative, therapeutic year-round out-of-school-time program and a summer camp.

Ms. Sizemore highlighted that 41 youth and adults maintained their sobriety; participants visited the Cleveland Museum of Art, particularly to see selected pieces of artwork that were created by artists of color; and participants attended a program at the Sears Think Box to see a young artist that works with metal to create original pieces.

▪ **Galilean Theological Center (GTC) – Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders**

GTC has a Substance Use Disorders Educational and Training Program for Latinx Clergy and Church Leaders that addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.

GTC held *Spiritual Caregiving to Help Addicted Persons and Families*; with 52 registrants and 43 successfully completed this component. Credentialing and Certification had 43 participants that met the requirement for licensure and certification. They also held *Integrated Management of Psychological Trauma & Interpersonal*; and 43 participants successfully completed this component.

▪ **INAMIAM**

The Faith Movement provides faith leaders of all races and denominations with tools for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the important role of spirituality in the treatment and recovery process. INAMIAM serves 50 faith leaders.

INAMIAM held the following events:

- Trainings impacted several institutions of faith and 90 plus individuals.
- Several referrals for behavioral health services.
- Mental Health Educational Sessions.
- *Mentally Mangled Mental Health Tour*.
- Collaborated with community partners and organizations.

▪ **Naaleh Cleveland – High Risk Mentorship Program**

Naaleh's High Risk Teen Mentorship Program provides mentorship to struggling teens in the community that are having a difficult time with substance use, mental health issues, and family dysfunction. They work on building self-esteem and self-confidence through learning life skills and physical fitness.

Naaleh Cleveland provided peer support and mentoring, schoolwork and understanding the utility of coping with emotions, employment and becoming more independent and General Educational Development (GED) test and requirements for high school.

▪ **NAMI GC**

NAMI GC builds relationships with faith-based organizations and increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, and by providing an understanding of mental/behavioral health and dual diagnosis.

NAMI GC held three trainings. The first training was Understanding Mental Illness with 16 participants at Abundant Grace Fellowship Church, located at 5780 Dunham Road, Maple Heights, Ohio 44137. The second training was a webinar titled *Religious and Spiritual Trauma: Pathways to Healing* with 42 participants. The third training was Mental Health First Aid with 19 participants at AVIVA Church, 4840 State Road, Cleveland, Ohio 44109.

▪ **OhioGuidestone – Workforce 360°**

The Workforce 360° Faith-based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high emotion and life decisions.

Utilizing Spiritual Care as a Bridge to Mental Health Services reported the following:

- # newly accessed mental health services – 1 individual this month, 20 individuals in total
- # received mental health services and spiritual services – 20 individuals
- # only received spiritual services – 71 individuals
- # enrolled – 91 individuals in total

- Expanded Chaplain engagements – 1 individual this month, 16 individuals in total

- **Trinity Outreach Ministries – Another Chance Of Ohio**

Inner City Youth and Families Cultural Arts Program provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church and the Cultural Arts Center. The program provides family fitness, music classes, facilitates spiritual and character development, cultural or performing arts classes and community outreach.

The Faith Program created opportunities to strengthen connections to positive individuals and to be more assertive and courageous, participated in successful *Hours of Power* throughout the month and participated in a fashion show with close to 200 in attendance.

Ms. Sizemore responded to questions from the Board Directors present. She also noted that the detailed Faith-based Outreach Program 2023 1-3 Quarter Report/Current Status Highlights can be reviewed for additional detail; and reiterated that these detailed reports are provided on the Board's website. (The PowerPoint presentation and detailed Faith-based Outreach Program 2023 1-3 Quarter Report are attached to the original minutes stored in the Executive Unit.)

Rev. Gohlstin mentioned his recent involvement in a Cleveland State University group, where he had a minor role in a movie alongside a 10-year-old African-American male from Chicago. Additionally, he highlighted DJ Lily Jade, a 9-year-old from South Euclid, who has hosted a radio show on 95.9 FM WOVU Radio for the past six years, airing on Saturday mornings from 11:00 a.m. to 12:00 p.m. These instances demonstrate the valuable contributions of our youth, suggesting potential partnerships to amplify their voices further. Mr. Osiecki suggested that these individuals would make ideal candidates to support the Board's youth group, YouthMOVE (Motivate Others through Voices of Experience).

6. PROGRAM PROVIDER PRESENTATIONS

- **Naaleh Cleveland High Risk Mentorship Program**

Mr. Daniel Solganik, who serves as the Director of Behavioral Health Services at Naaleh Cleveland, provided insights into the Teen At Risk Mentorship (T.A.R.M.) Program. He conveyed that Naaleh Cleveland is dedicated to addressing community needs by developing tailored behavioral health programs. Unfortunately, there was a need in their community for an T.A.R.M. Program, which was started a number of years ago; and every year it is a slightly different group, and the needs are slightly different.

Naaleh is a non-profit organization whose mission is to strengthen the mental and emotional health of the community. They recognize the explosion of unmet mental health needs in their community, the opioid addiction crisis in their region and the alarming rates of children not completing high school in greater Cleveland. Mr. Solganik also noted that extensive data shows that mentorship is one of the most impactful interventions for teenagers struggling with mental and emotional health.

Program goals include the following:

- Network – with community schools to identify kids in greatest need of help.
- Build Skills – ensure GED or high school graduation.
- Mentorship – provide quality mentorship.
- Mental Health – connect teens with professional and rehabilitation centers.

The mentees of Naaleh's teen mentorship program have individualized goals related to improving their mental, emotional and physical health. During the fall and winter, Naaleh provides the opportunity to achieve their educational and personalized goals. An impressive number of boys have completed their GEDs this year. Goals chosen by mentees include: Education, Physical Health, Mental Health, Social Skills, Jobs and Religious Growth; and 80% reached their overall goal for the year.

Mr. Solganik presented an overview of Naaleh's referral hotline, along with emphasizing Rabbi Kielski's Teen Camp, where participants enjoy their summer while learning valuable vocational skills like painting, carpentry, and landscaping. Additionally, he shared testimonials from the summer teen program to provide feedback.

A new preventative approach for the school year 2023-2024 includes two case managers serving five schools and includes:

- Student planning – create student plans to improve behavior and functioning in the classroom.
- Collaboration – serve as point men ensuring cohesive collaboration between parents, students, principals and teachers to ensure an all-team, multi-directional approach to maximize each student's potential.
- Advocate – case managers advocate for parent's and student's needs and serve as the parent's liaison to the school.
- Referrals – provide referrals based on student needs.

Mr. Solganik addressed inquiries from the Board of Directors. Ms. Warr inquired about signage at each site, discovering that Naaleh oversees its own referral network. Mr. Solganik mentioned Naaleh's two locations: the Teen Risk Mentorship Program, also known as the Living Room Program, situated at the intersection of Warrensville and Mayfield, with the main office nearby at the intersection of Richmond and Mayfield. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

▪ **Trinity Outreach Ministries – Another Chance of Ohio**

Dr. Deborah Watson-Daniels, Program Operations Director/Manager at Trinity Outreach Ministries, conveyed that the organization cultivates a culture of family, hope, restoration, and worship by fostering Godly living, exchanging ideals, and fostering goodwill among members. She noted that their faith-based program, supported by the ADAMHS Board for over a decade, has become integral to the community. Their main location is situated on Woodland, but they also offer services at a site on Ashbury, a location that was recently renamed in honor of Dr. Watson-Daniel's father, reflecting their deep connections to the Glenville neighborhood.

Dr. Watson-Daniels showcased their accomplishments and underscored their objectives for the forthcoming year. She mentioned that one of the programs they've undertaken is called The Village, which supports children who have been removed from their homes while awaiting foster care placement. Dr. Watson-Daniels also shared that The FAITH Program Inner City Youth and Families Cultural Arts Performance Program is an after school and weekend prevention program that provides a holistic culturally sensitive faith-based approach to early intervention serving 150 youth and families. Through various theater and fashion activities, they were able to achieve the following outcomes:

- Increased self-esteem.
- Increased interest in learning more.
- Youth involved in back stage activities include makeup, costume and wardrobe.
- Over 200 impacted.

The Cultural Arts and Youth Club has virtual and in person activities to facilitate spiritual and character development and positive peer group interactions. Outcomes included:

- Over 40 sessions in 2023.
- Youth reported having fun and feeling closer to God and to each other.
- Youth and families adopted the Sobriety Pledge.
- Youth learned and practiced weekly the craft of sound, lights and television productions.

By incorporating supplementary endeavors such as music and voice lessons, as well as Spiritual Development for Families and Youth, Dr. Watson-Daniels effectively illustrated the outcomes of each program and expressed satisfaction with the response to the services and the positive impact they have had on families and the community. Finally, she expressed gratitude to the ADAMHS Board for granting them the opportunity to continue making a positive impact in the County in 2024; and responded to questions from the Board Directors. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

7. PREVENTION RULES FOR FAITH-BASED PROVIDERS

Mr. Woo Jun, Chief Operating Officer, reported on the Prevention Rules for Faith Based Providers – Ohio Administrative Code (OAC) 5122-29. He shared that the general rule is that a provider that seeks government funding for prevention services, the provider must be certified. However, a faith-based provider is exempt from this rule but have to partner with a certified prevention provider and verified by writing to provide prevention services. Board staff reviewed the faith-based

providers and identified two providers who would be affected by this rule, Trinity Outreach Ministries and INAMIAM. Both providers are in compliance with this new prevention rule as they have partnered with certified prevention providers and submitted the necessary documentation to the Board. Discussion arose concerning the interpretation of different segments within the ORC.

8. NEW BUSINESS

Rev. Gohlstin shared that Impacted Families USA will be hosting their first national convention at the Cleveland Public Auditorium from June 21 through June 23, 2024. Impacted Families is a coalition of impacted family members who have lost a loved one during an interaction with law enforcement; and together they are working toward advancing meaningful legislative change.

Ms. Sizemore-Rice expressed her gratitude to Mr. Nick Weaver, Evaluation and Research Officer, for his help in collecting and evaluating the faith-based data.

9. FOLLOW-UP

No follow-up was received.

10. PUBLIC COMMENT PERIOD

No public comment was received.

11. UPCOMING FEBRUARY AND MARCH BOARD MEETINGS:

- Finance & Oversight Committee Meeting: February 21, 2024
- General Meeting: February 28, 2024
- Community Relations & Advocacy Committee Meeting: March 6, 2024
- Nominating Committee Meeting: March 20, 2024
- Finance & Oversight Committee Meeting: March 20, 2024
- General Meeting: March 27, 2024

There being no further business, the meeting adjourned at 5:13 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Rev. Benjamin F. Gohlstin, Sr., Faith-based Outreach Committee Chair



Faith-Based Outreach Initiative Program 2023 Year-End Report/Current Status Report


Presented by Starlette Sizemore
Faith-Based Outreach Committee

April 3, 2024

Faith-based Outreach Committee Packet
Page 8

The 2023 Year-End Report is available online, and includes:

- ▶ 11 pages of in-depth analysis
- ▶ Measurements for all 7 providers individually, plus combined data
- ▶ Observations about outcomes



ALCOHOL, DRUG
ADDICTION AND MENTAL
HEALTH SERVICES BOARD
OF CUYAHOGA COUNTY

Summary of the Faith-Based Prevention and Treatment Programs
Supported by the ADAMHS Board of Cuyahoga County

What is the mission of this initiative?

Recognize
and advocate

- Recognize and advocate spirituality in the recovery process;

Connect

- Connect the spiritual perspective with other interventions and best practices; and

Promote

- Promote the concept that treatment works and people recover.

Highlights

Due to program differences and ages of program participants, several measurement instruments are used.

The following charts show combined results from all providers using the same measurement tool.



Number of Clients Served

Provider	# Individuals Served in 2023	Expected Annual Total
99Treasures Arts & Culture	271	200
Galilean Theological Center	48	50
It's Not a Moment, It's a Movement (Faith Leaders and Individuals)	273	50
Naaleh Cleveland	48	40
NAMI - Mental Health First Aid	33	30
NAMI Education & Awareness Program	134	140
OhioGuidestone	91	115
Trinity Outreach Ministries – Another Chance of Ohio	211	170
Grand Total	1109	785

Measuring Outcomes

DESSA - Social-emotional learning for K-8 and high school children

DARS - Resiliency for adults

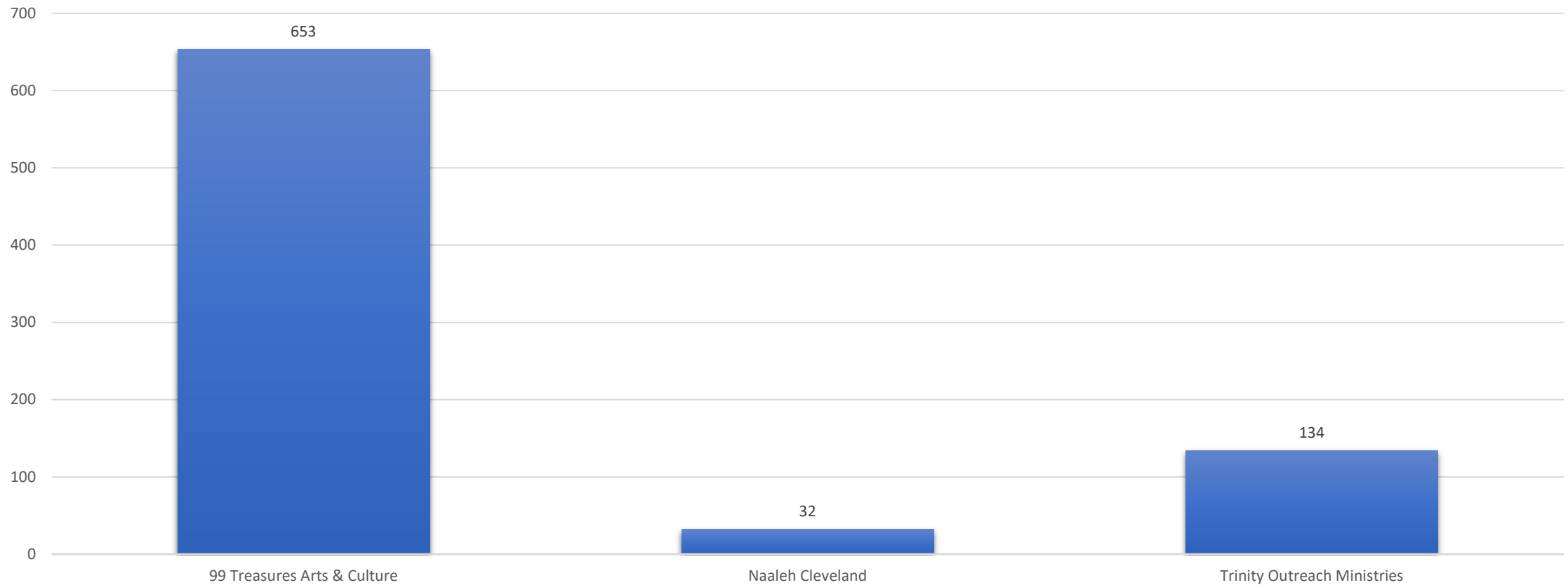
Quizzes/Evaluation - Knowledge test for Mental Health First Aid (MHFA), Awareness & Education

Measuring Outcomes

	# Individuals Served by Quarter				
Program Outcome Type	Q1	Q2	Q3	Q4	Total
DESSA	251	248	117	66	682
DARS	99	89	89	52	329
MHFA	17	0	0	16	33
Awareness & Education	112	143	120	133	508
Total	479	480	326	267	1552

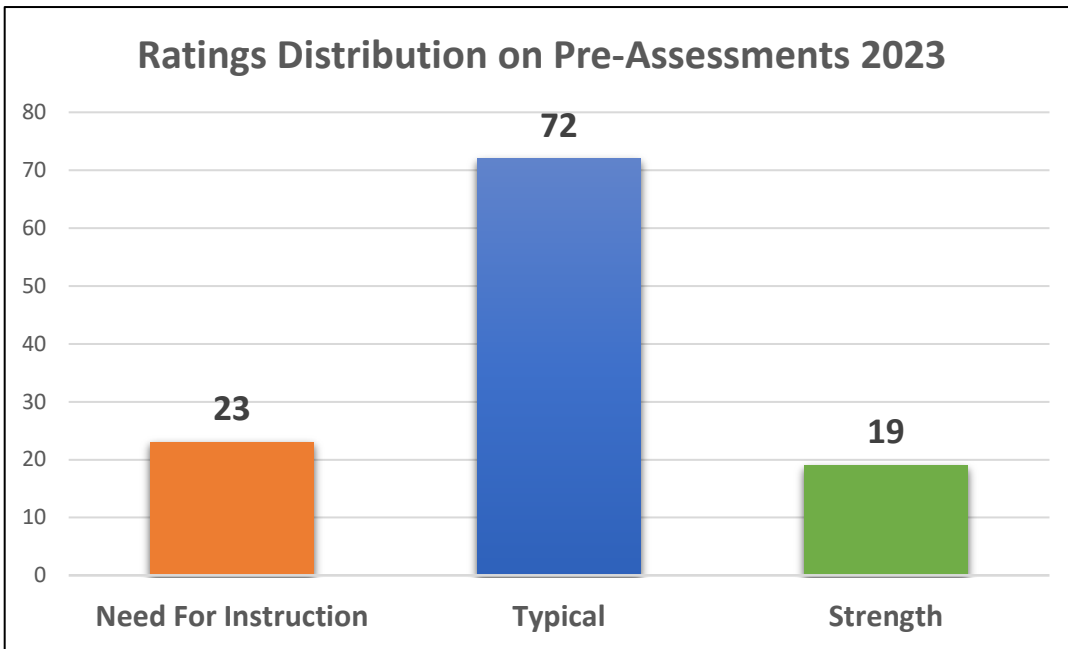
Devereux Student Strengths Assessment (DESSA)

Total DESSA Assessments for 2023

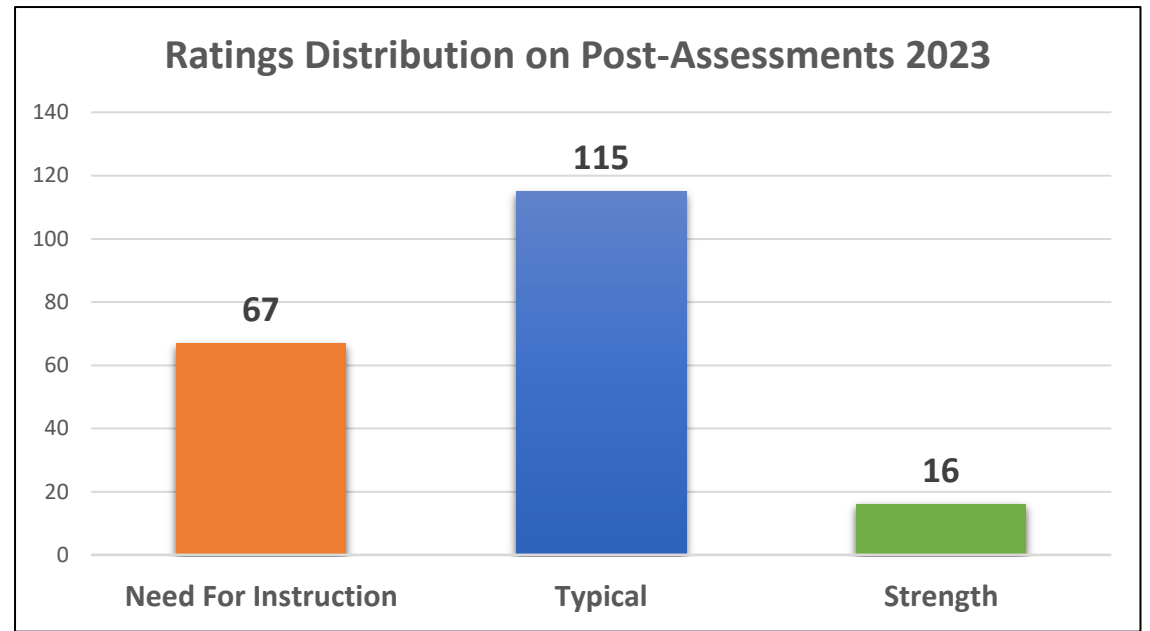


Devereux Student Strengths Assessment (DESSA)

Ratings Distribution on Pre-Assessments 2023

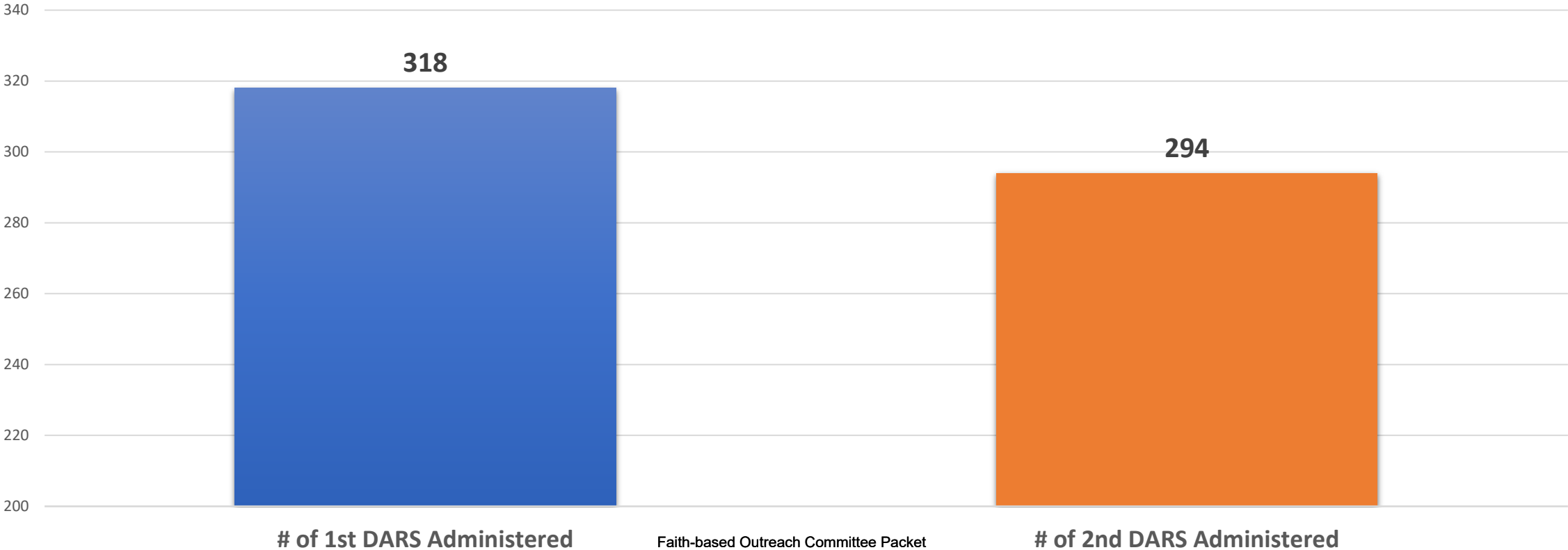


Ratings Distribution on Post-Assessments 2023



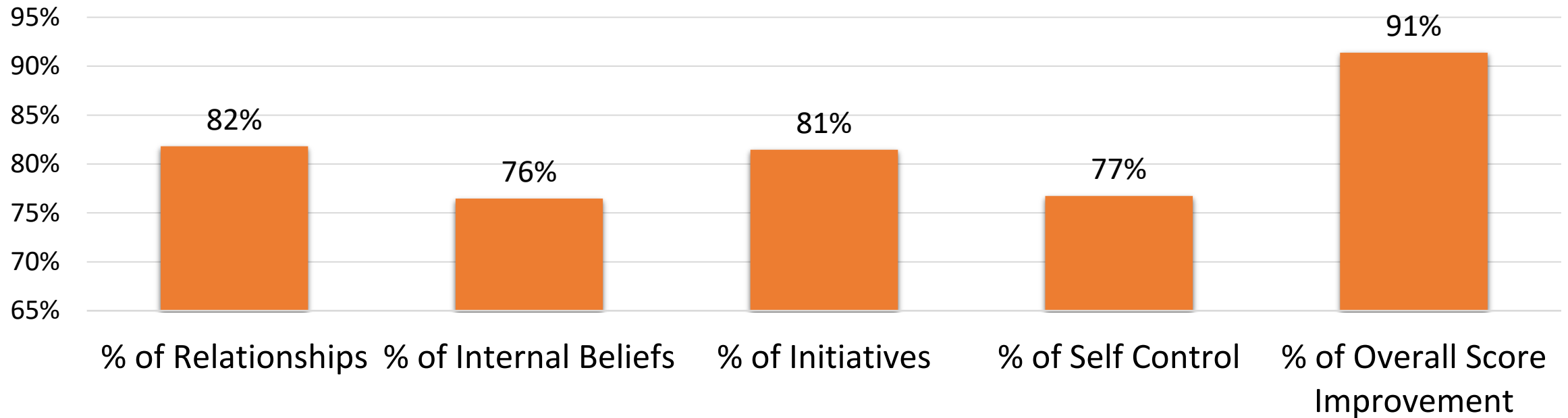
Devereux Adult Resilience Survey (DARS)

Total DARS Administered Through 2023

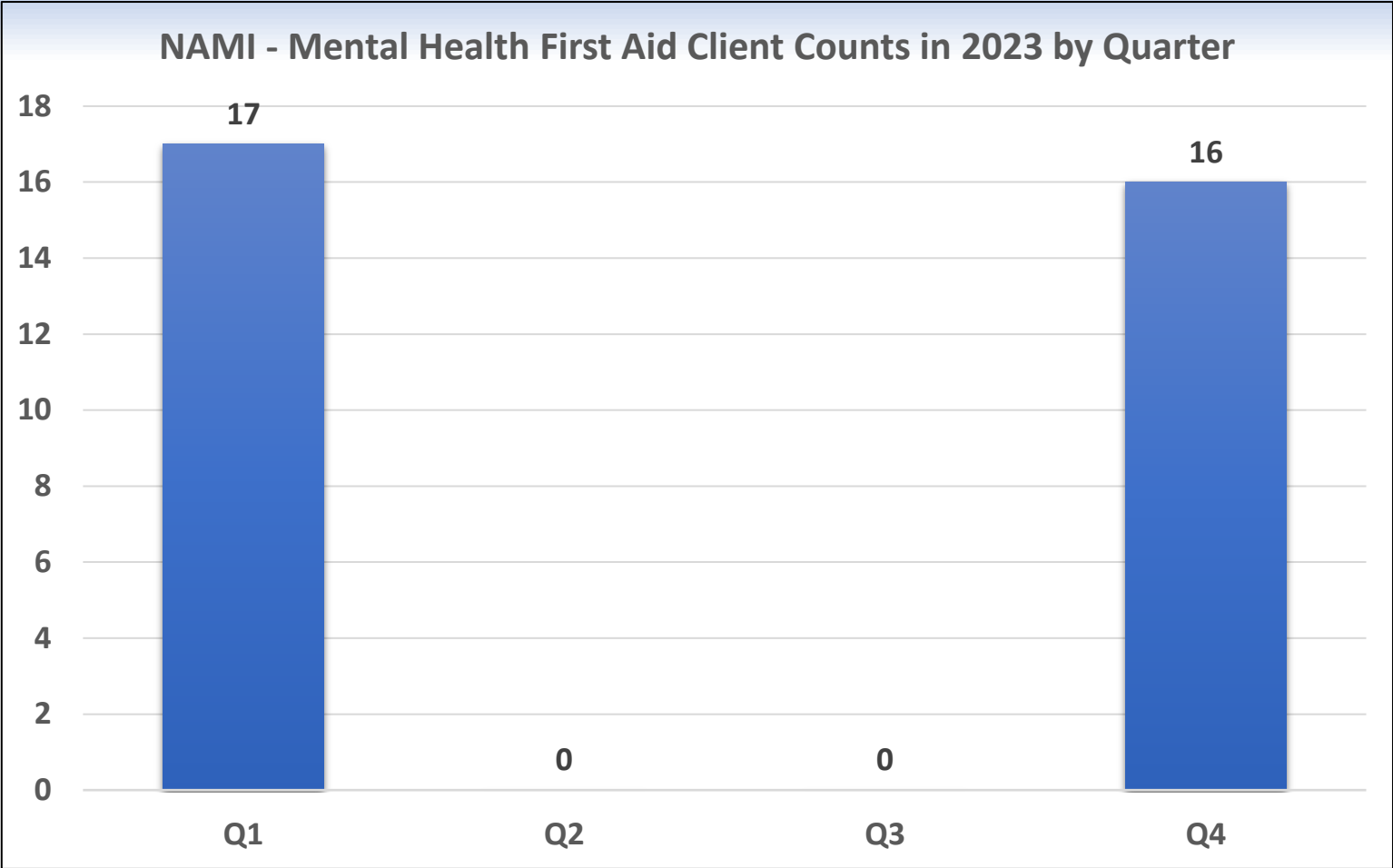


Devereux Adult Resilience Survey (DARS)

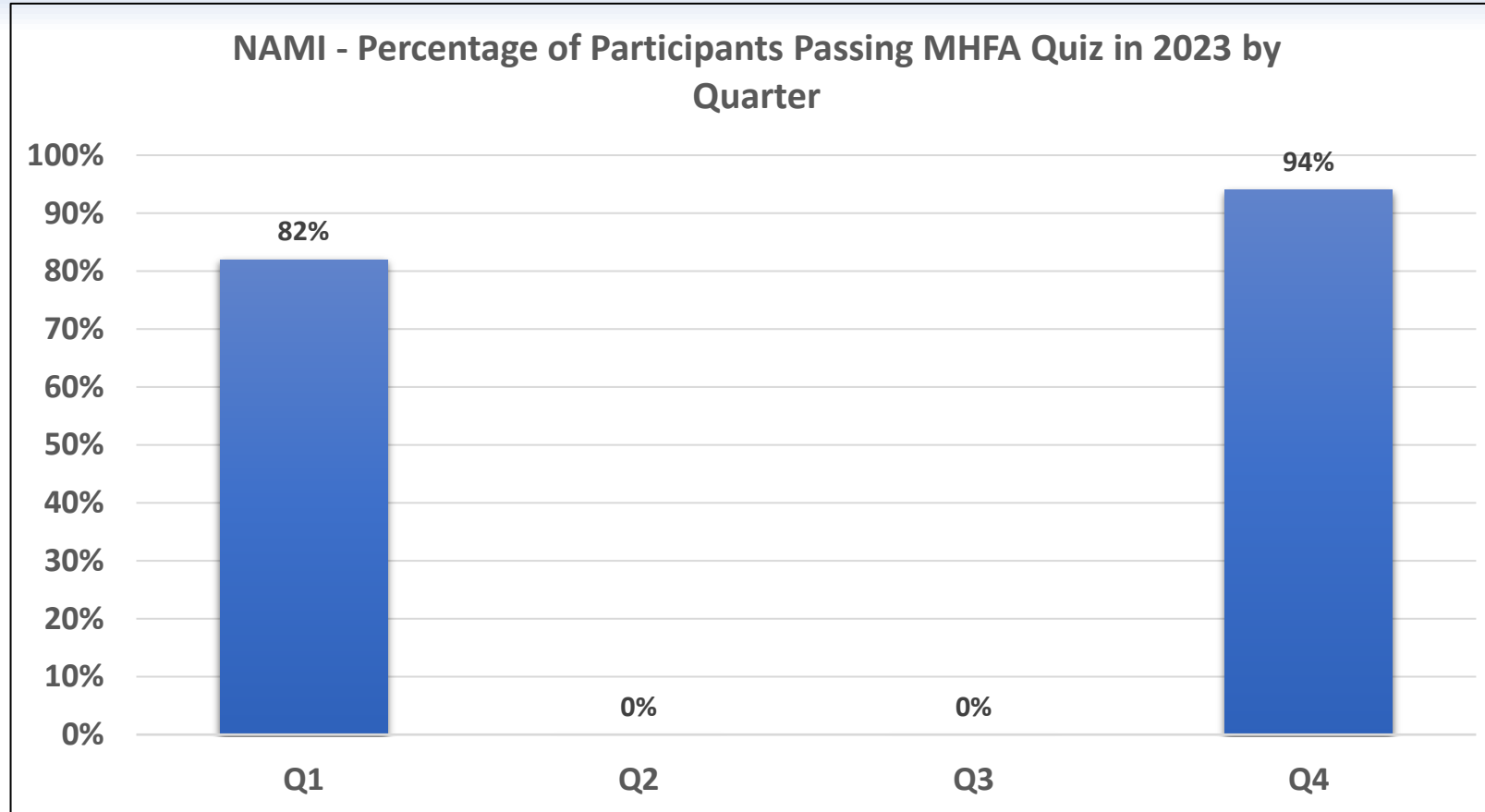
Aggregated Improvement on DARS Scores for All Providers 2023



Quizzes - Mental Health First Aid

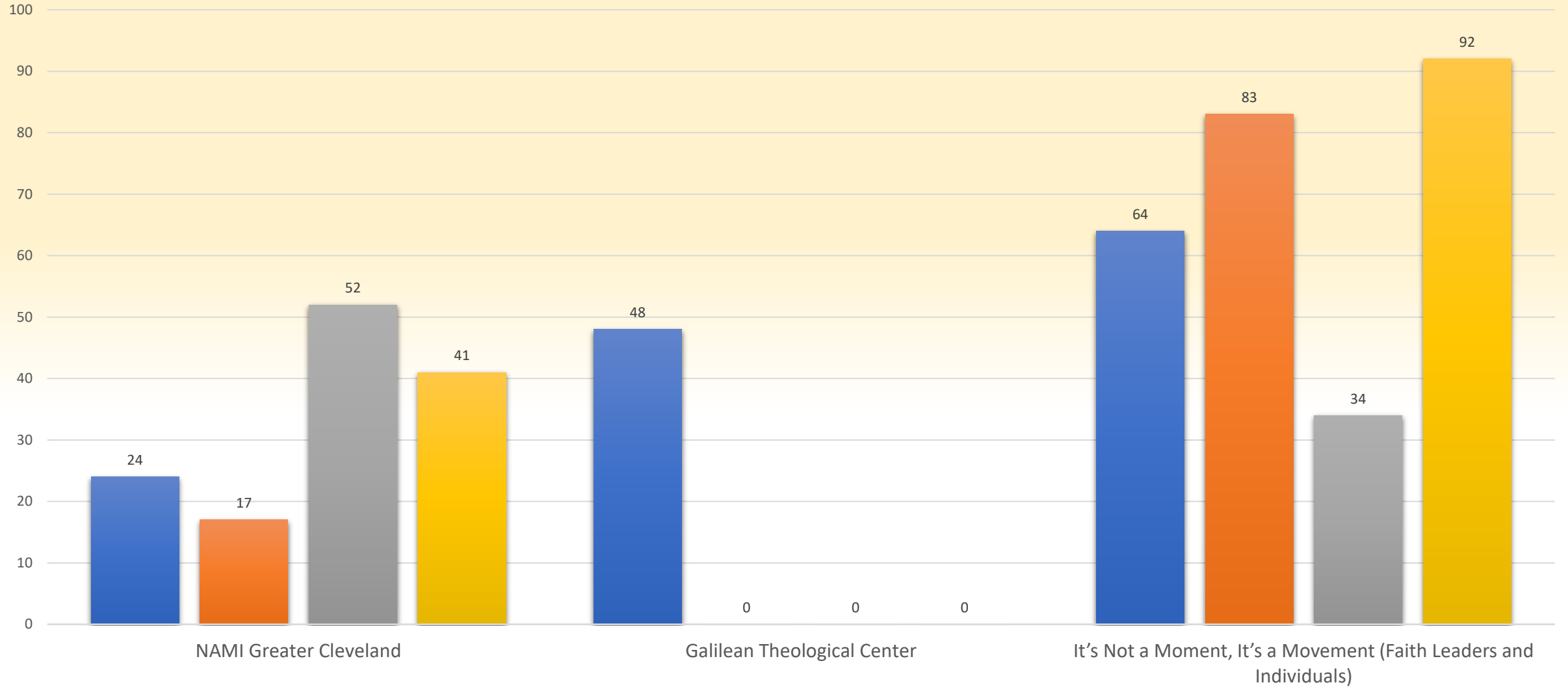


Quizzes - Mental Health First Aid



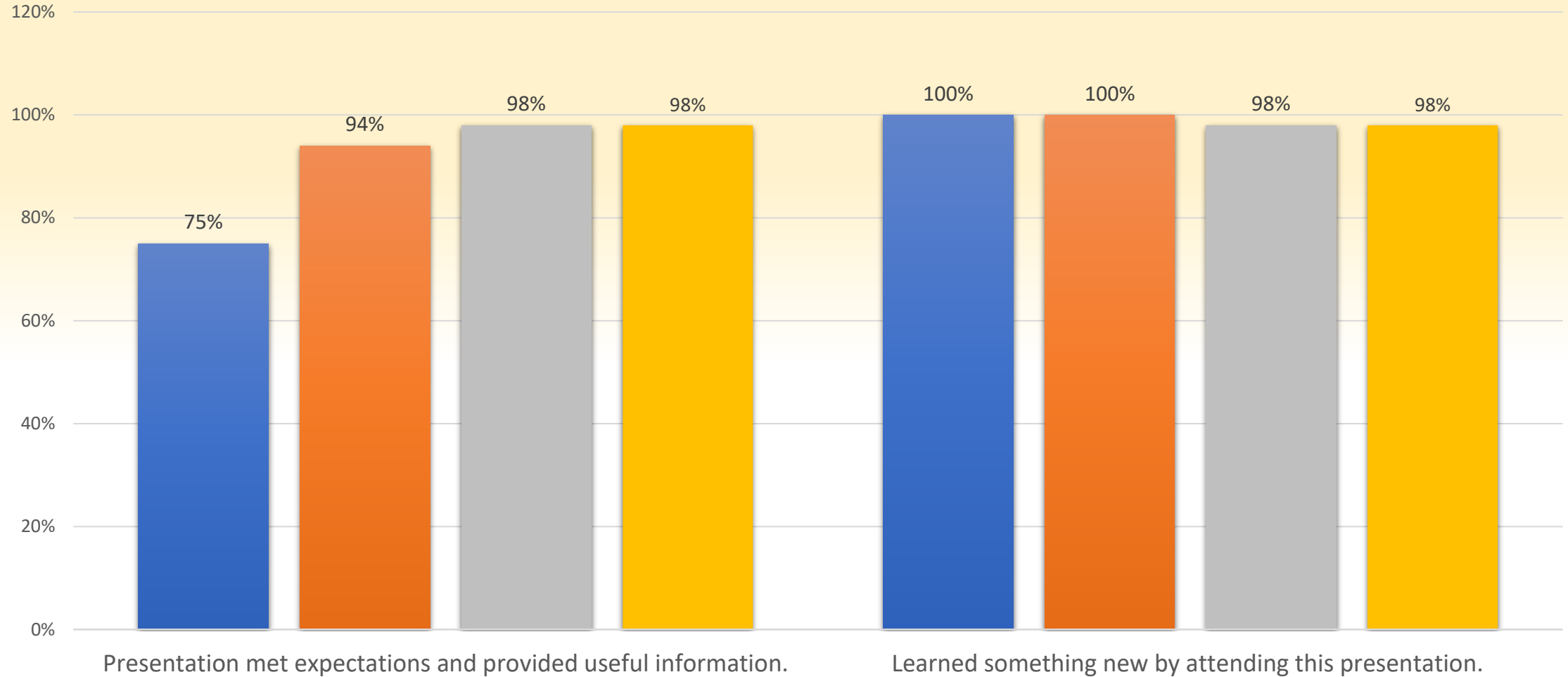
Evaluations - Awareness & Education Programs

Education & Awareness Quarterly Counts of Clients for 2023



Evaluations - Awareness & Education Programs

NAMI - Evaluation Results



Current Highlights

7 Providers:

- 99Treasures Arts & Culture
- Galilean Theological Center
- It's Not a Moment, It's a Movement
- Naaleh Cleveland
- NAMI Greater Cleveland
- OhioGuidestone
- Trinity Outreach Ministries



99 Treasures Arts & Culture | Highlights

Holistic Solutions for Holistic Problems initiative provides a base-strategic program and art activities that aid an intergenerational population. Provides a human-centered and spiritual approach for clients using holistic, culturally specific, and interfaith services. Provides an innovative, therapeutic year-round out-of-school-time program and a summer camp.



Program participants engaged in field trips and researched assignments.

Attended the 54th Annual Black History Flag Raising Ceremony and Program at Cleveland City Hall.

Twenty-six youth and adults maintained their sobriety.



Join 99 Treasures Arts & Culture, Inc.
for
**Community Gathering
Painting for Peace!**
with Arts4Peace

The event is free, but registration is required.
Text 216-618-8806 to register

Create Original Art for Your Home!
.....

Saturday, March 23, 2024

From 12:00 noon - 3:00PM
Mt. Pleasant Branch Library
14000 Kinsman Road 44120
For more information: text
Sis Raj or Bro Khalid 216-618-8806



Galilean Theological Center | Highlights

Substance Use Disorders Educational AND Training Program for Latinx Clergy and Church Leaders addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.



Planning stages for the 2024 program.

Registered thirty pastors and church leaders.

Component I starts April 27, 2024.

Component II and Component III starts June 15, 2024.

It's Not a Moment, It's a Movement | Highlights

The Faith Movement provides faith leaders of all races and denominations with tools for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the important role of spirituality in the treatment and recovery process..

- Referred three individuals to behavioral health services.
- Currently planning their 2024 Mentally Mangled Mental Health Conference – May 21-22.
- Facilitated two community conversations.
- Trained two faith institutions in creating Mental Health Ministries.



Naaleh Cleveland | Highlights

High Risk Mentorship Program provides mentorship to struggling teens in the community that are having a difficult time with substance use, mental health issues, and family dysfunction. Building self-esteem and self-confidence through learning life skills and physical fitness.



- Former mentee spoke to current program participants.
- Helped teens understand life skills.
- Staff/Peers supported teen in crisis.

NAMI Greater Cleveland | Highlights

Builds relationships with faith-based organizations and increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, and by providing an understanding of mental/behavioral health and dual diagnosis.

- Understanding Mental Illness (in Spanish) - 56 participated
Community of Faith Collaborative/Hub between faith leaders
- Understanding Mental Illness (in Spanish) - 37 participated
Embajadores del Reino Church - North Royalton
- Spiritual Practices for Wellness: Metta (Lovingkindness)
Meditation - 36 participated - Webinar
- Six upcoming Faith-Based Psychoeducation Programs
April – November 2024 via zoom



 **NAMI** Greater Cleveland
National Alliance on Mental Illness

SPIRITUAL PRACTICES FOR WELLNESS:

CHAIR YOGA

Facilitated by *Julie Novas, JD, LCSW.*

A clinical social worker, ordained faith minister, and meditation teacher.

10 APRIL
2024

12 PM - 1 PM
via ZOOM

Join us for a gentle seated movement session to center your body and mind.
No experience needed, just wear comfy clothes and bring a chair!



Visit namigreatercleveland.org to register. Call our Helpline 216.875.7776.

OhioGuidestone | Highlights

Workforce 360° - Faith-Based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high emotion, and life decisions.

Utilizing Spiritual Care as a Bridge to Mental Health Services				
# received MH services and spiritual services	# only received spiritual services	# enrolled	# newly accessed MH services	Expanded Chaplain Engagements
4	9	13 (new) 13 (total)	1 (this month) 3 (total)	1 (this month) 1 (total)



Trinity Outreach Ministries - Another Chance Of Ohio | Highlights

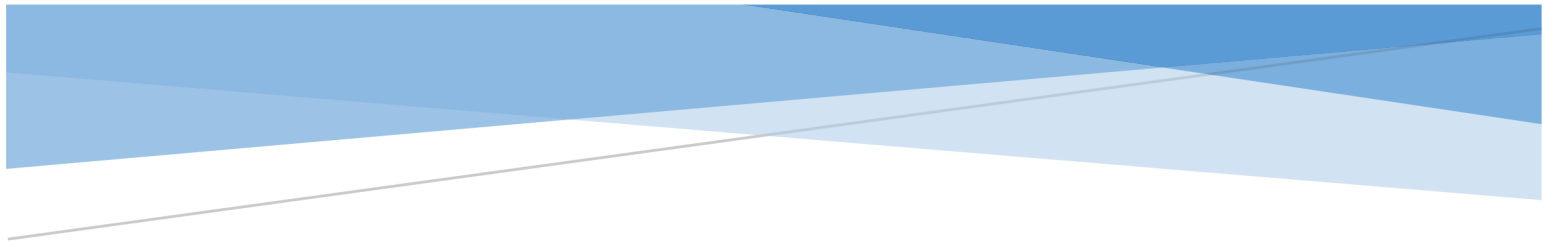
Inner City Youth and Families Cultural Arts Program provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church and the Cultural Arts Center. Provides family fitness, music classes, facilitates spiritual and character development, cultural or performing arts classes, and community outreach.

Annual Youth and Adult Character Development and Leadership Conference.

Held ongoing specialized youth sessions.

Youth and Family Lock-in.





ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

2023 Yearly Summary of the Faith-Based Prevention and Treatment Programs
Supported by the ADAMHS Board of Cuyahoga County

Faith-Based Programs Performance Outcomes 2023 Yearly Report

The table below shows the counts of the actual number of clients served during 2023 and the projected/expected client counts for the year 2023, for faith-based programs/providers funded by the ADAMHS Board of Cuyahoga County.

Provider	# Individuals Served Q1	# New Served Q2	# New Served Q3	# New Served Q4	# Served YTD	Expected Annual Total
99 Treasures	149	30	26	66	271	200
Galilean Theological Center	48	0	0	0	48	40
It's Not a Moment, It's a Movement (Faith Leaders and Individuals)	64	83	34	92	273	50
Naaleh Cleveland	32	0	0	16	48	40
NAMI Greater Cleveland - Education & Awareness Program	24	17	52	41	134	140
NAMI Greater Cleveland - Mental Health First Aid	17	0	0	16	33	30
OhioGuidestone	32	7	32	20	91	115
Trinity Outreach Ministries – Another Chance of Ohio	137	50	24	0	211	170
Total	503	187	168	251	1109	785

Other	# in Q1	# in Q2	# in Q3	# in Q4	# YTD	Expected Annual Total
It's Not a Moment, It's a Movement (Institutions)	14	7	2	3	26	25
It's Not a Moment, It's a Movement (Conversations)	2	1	2	7	12	12

Due to program differences and ages of program participants, several measurement instruments are used. The DESSA instrument is designed for school age children. The DARS instrument is designed for adults. Both the DESSA and the DARS require an assessment at the beginning of a program as well as at the end of the program so that a measure of improvement can be shown. The Mental Health First Aid (MHFA) and the Awareness and Education Programs use quizzes to confirm that program participants have substantial knowledge about the program area.

Faith-Based Programs Performance Outcomes 2023 Yearly Report

Additionally, It’s Not a Moment, but a Movement initiates contacts that are captured as contacts with church institutions and group conversations that are not individual counts but counts reflected as instances of occurrence.

Program Outcome Type	# Individuals Served				
	Q1	Q2	Q3	Q4	Total
DESSA	251	248	117	66	682
DARS	99	89	89	52	329
MHFA	17	0	0	16	33
Awareness and Education (inc. INAMIAM FL & Ind.)	112	143	120	133	508
Total	479	480	326	267	1552

Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-based programming for children K through 12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a pre-assessment with a post-assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K – 8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; Social-awareness; Self-management; Relationship skills; Goal-directed behavior; Personal responsibility; Decision-making skills and Optimistic thinking.

The scoring of the several competencies can be broken down into three categories:

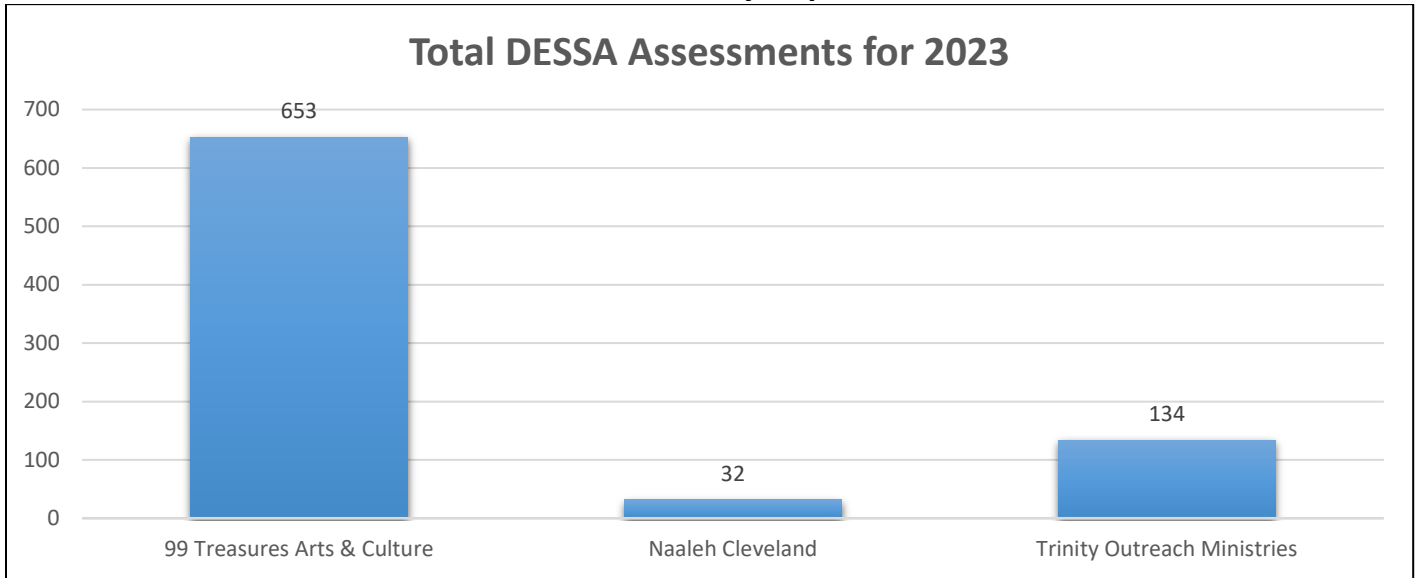
1. **“Strengths”** shows children doing well.
2. **“Typical”** shows positive behaviors for children.
3. **“Need for Instruction”** to further develop social and emotional skills.

Presently, the Board is receiving results of the DESSA MINI instrument that screens across the eight social-emotional competencies to identify generally whether children are in need for further social-emotional instruction. The expectation is that the programs provided by the faith-based service providers using the instrument will show growth in social-emotional maturity, which may be attributed to their programs. The following charts show a breakdown of various measures collected from DESSA including numbers of DESSA submitted, numbers of clients having both the pre-assessment DESSA and the post-program DESSA assessment, and changes from pre- to post-assessments.

DESSA Submissions

The chart below shows the number of clients who began services at each of the providers that planned to use the DESSA social emotional learning instrument.

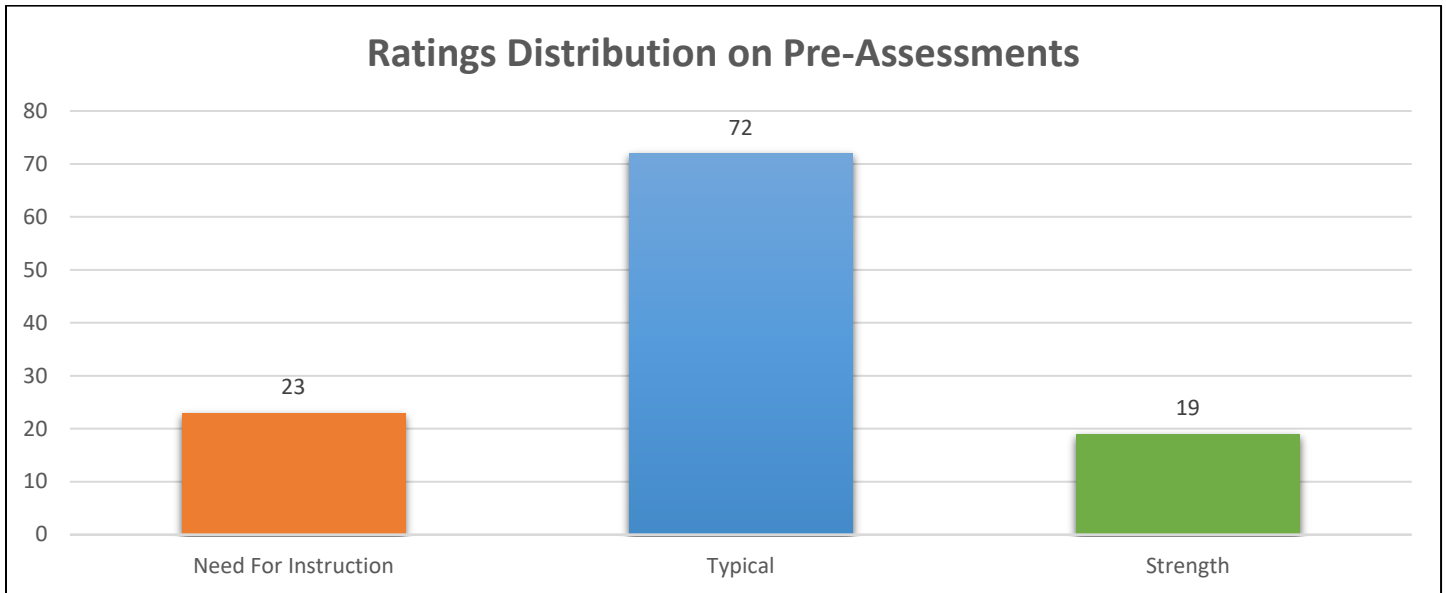
Faith-Based Programs Performance Outcomes 2023 Yearly Report



DESSA Pre/Post Submissions

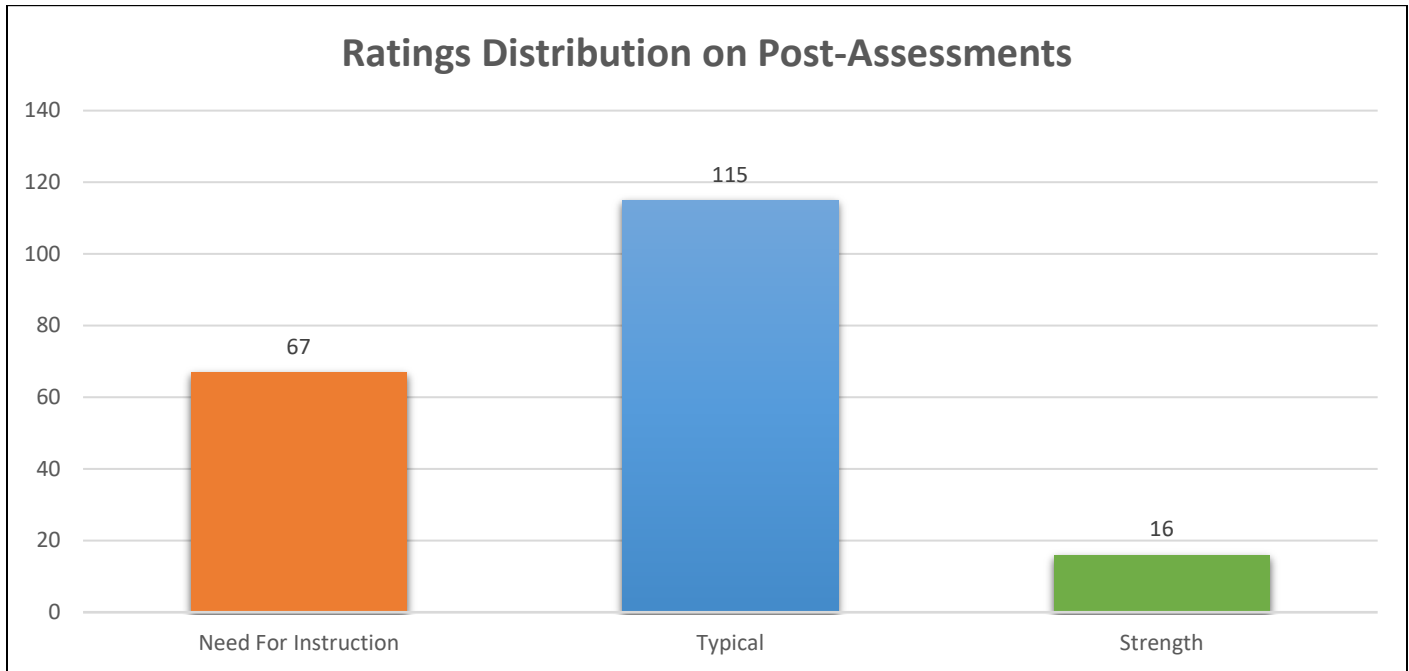
The following includes counts of children who completed both preliminary and post assessments in a program for both the K through 8 grades and high school grades combined.

Pre-Assessments:



Faith-Based Programs Performance Outcomes 2023 Yearly Report

Post-Assessments:

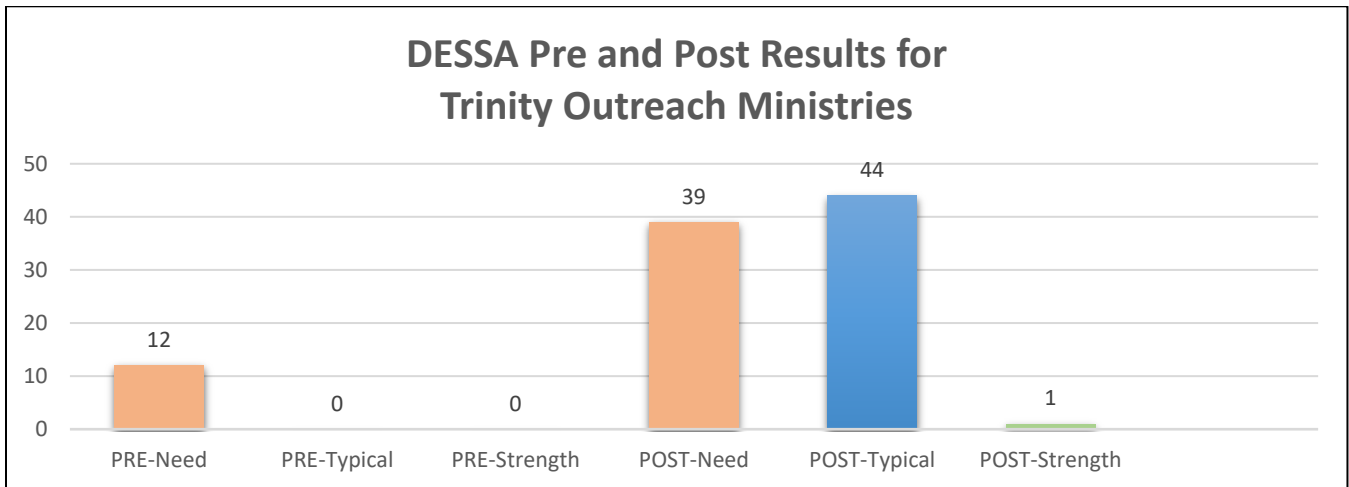
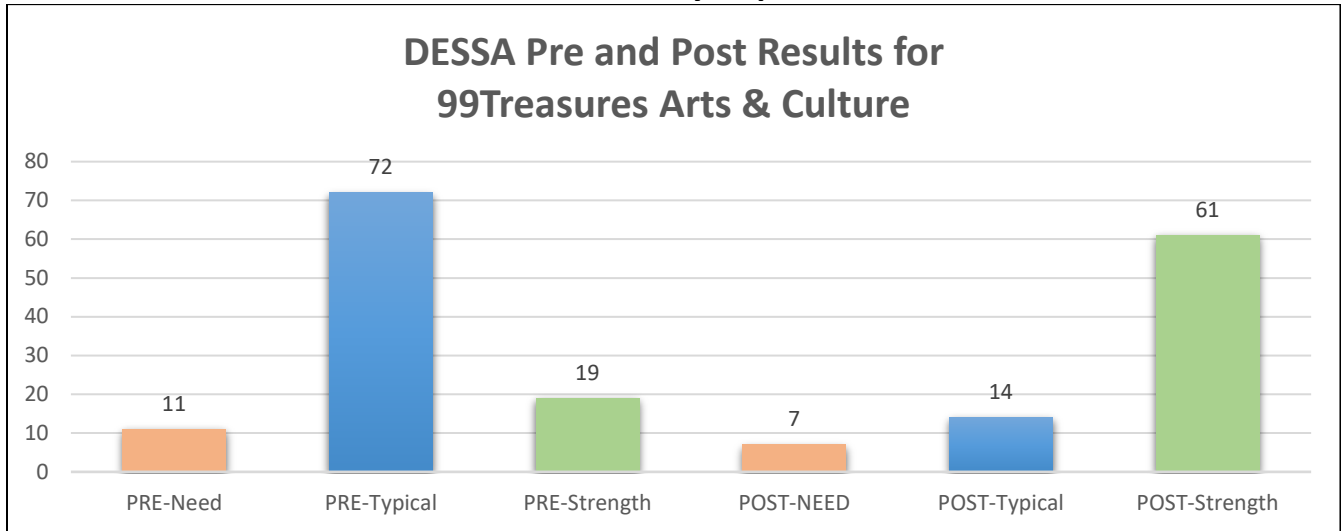


For those children who had both a pre-assessment and a post-assessment, the charts above show the number of children in each of the three learning categories (Need of Instruction, Typical, and Strengths) at both assessment times. The large increase of students in the post-assessment cohort is because the DESSA ratings windows are based around the normal school year, so many post-assessments occur in the graduation season of May and June.

DESSA Individual Agency Outcomes

The following charts show counts for the pre- and post-assessments separately for each provider. As of the time of this report, only 99Treasures and Trinity Outreach Ministries have recorded both pre and post assessments.

Faith-Based Programs Performance Outcomes 2023 Yearly Report

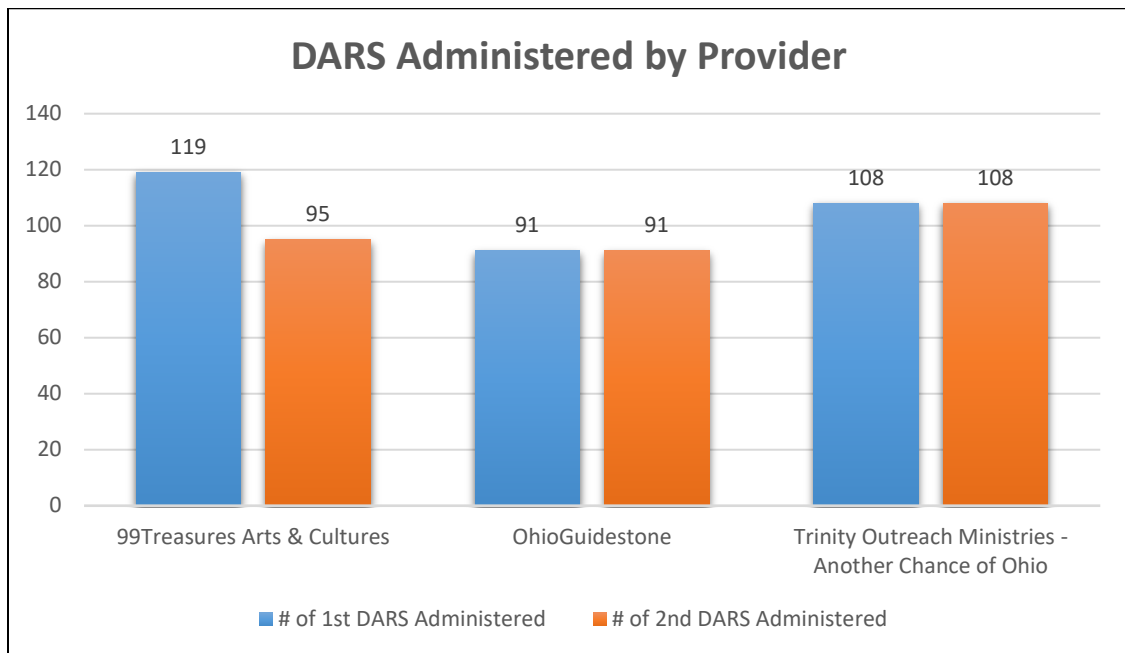
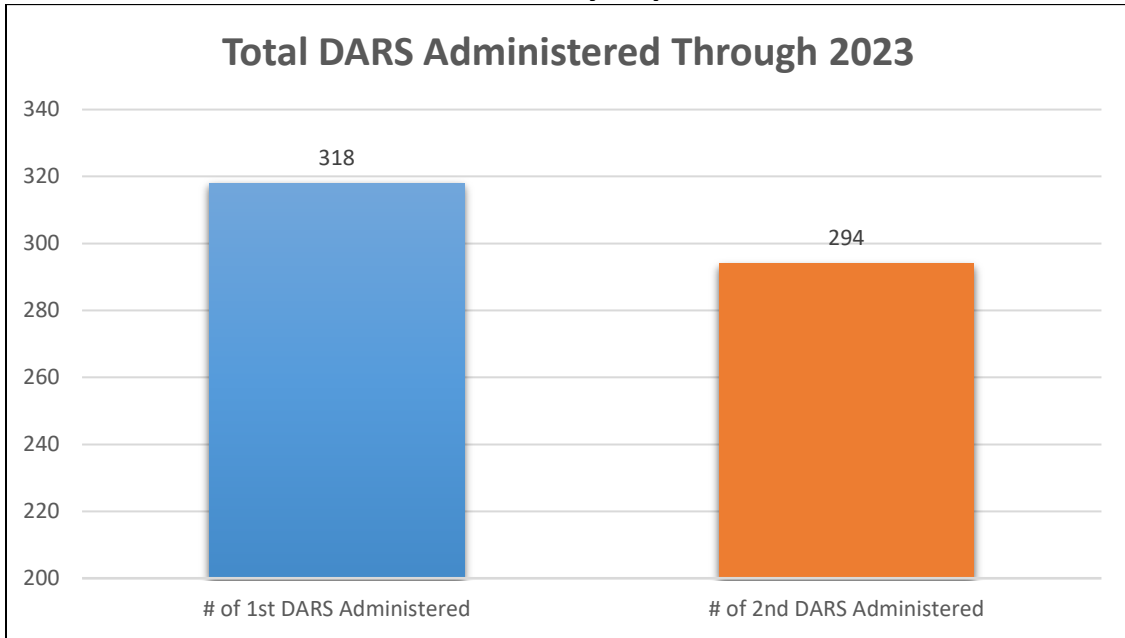


Devereux Adult Resilience Survey (DARS) Outcomes

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

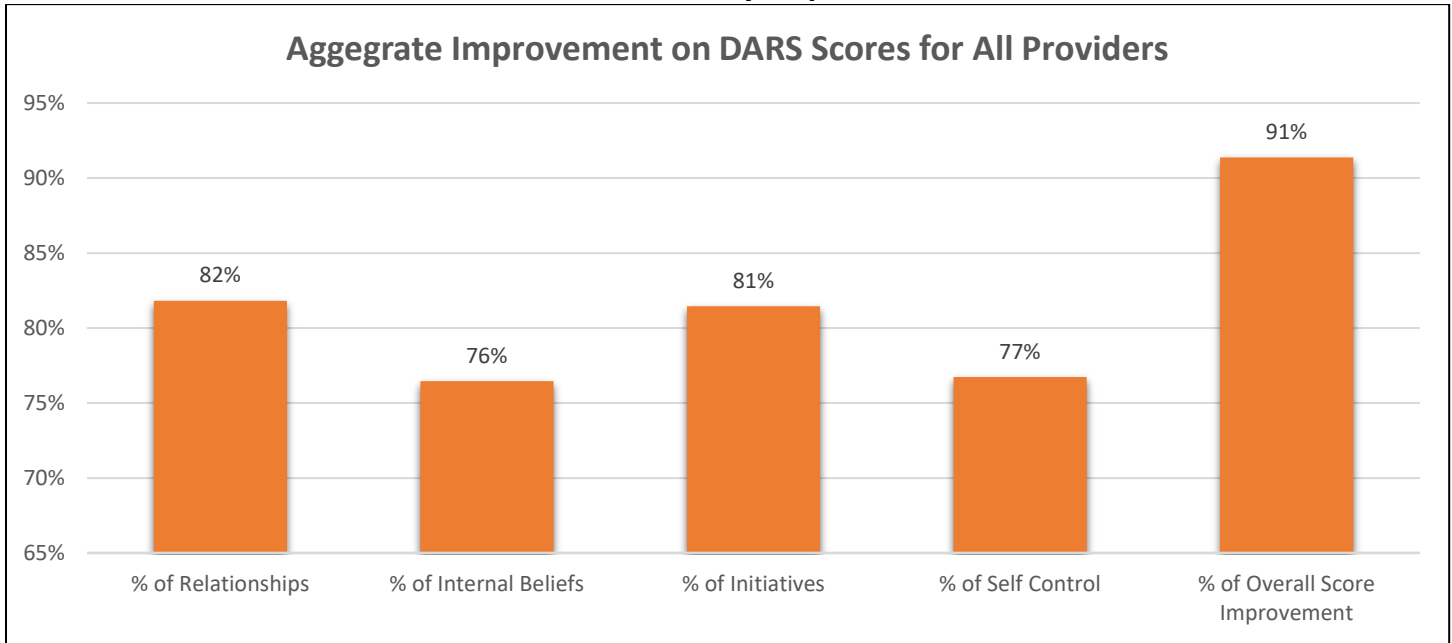
- Will gain knowledge to develop healthy relationships.
- Will learn skills to increase self-worth to enhance internal beliefs and values.
- Will learn strategies to develop/enhance self-motivation to increase independence.
- Will learn how to self-regulate and control without the use of substances and negative influences.

Faith-Based Programs Performance Outcomes 2023 Yearly Report



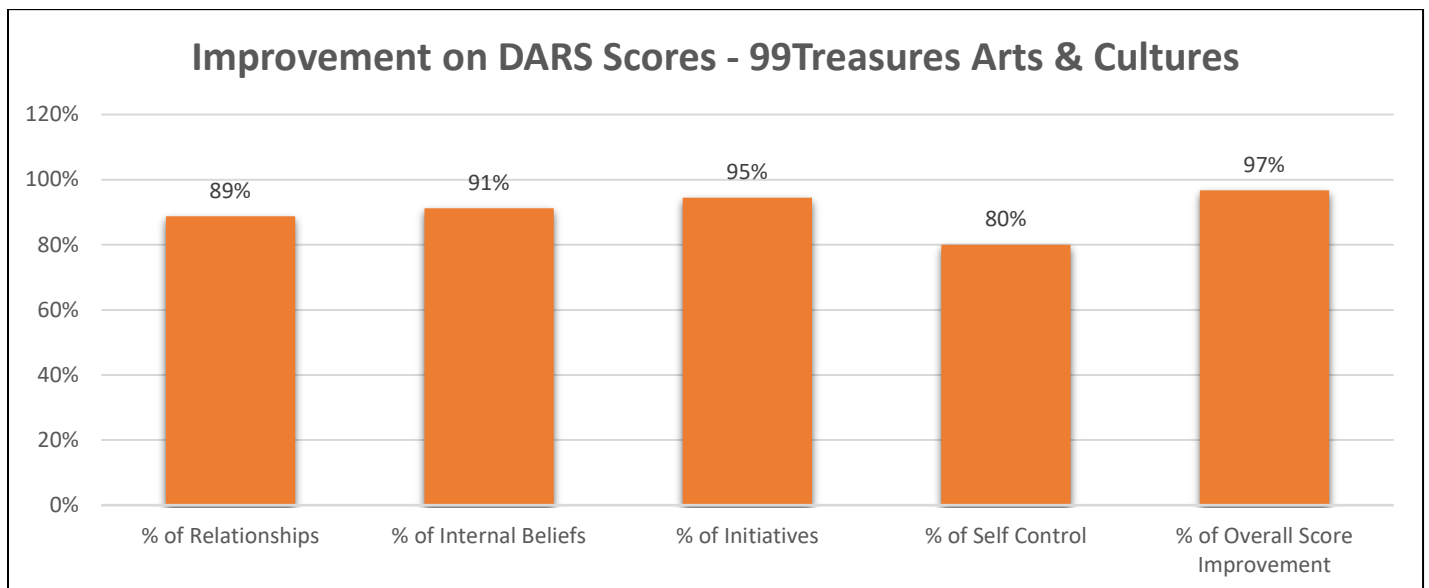
Through 2023, 318 individuals were evaluated for the first time, and 294 individuals for a second time. This allowed for the analysis of outcomes from this tool. Overall, 91% of clients assessed at Board providers improved in at least one aspect of the DARS assessment (in comparison to their first assessment). Further, 82% improved in relationship scores, 76% improved in internal belief scores, 81% improved in initiative scores, and 77% improved their self-control scores.

Faith-Based Programs Performance Outcomes 2023 Yearly Report

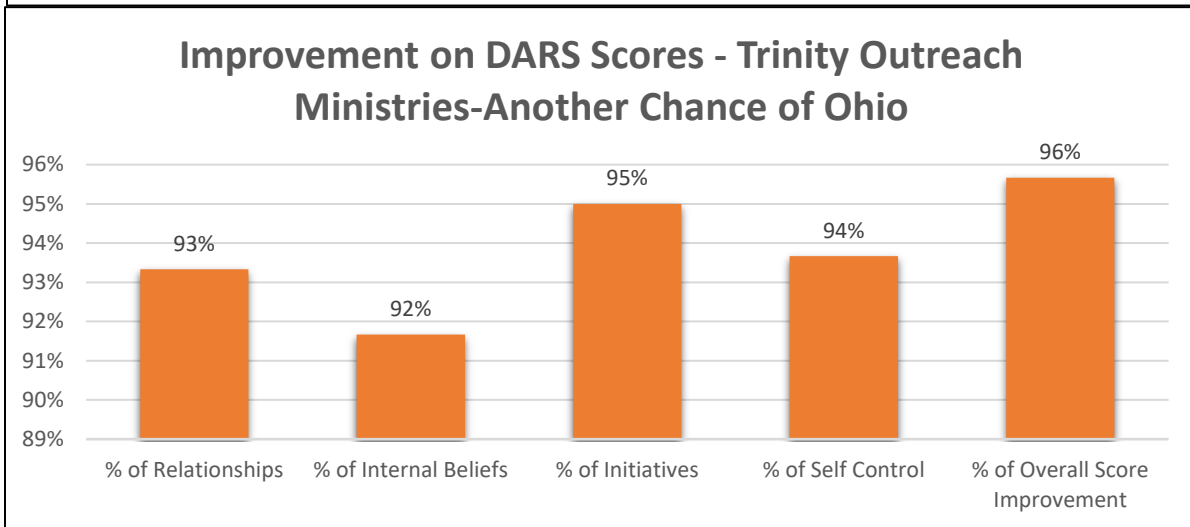
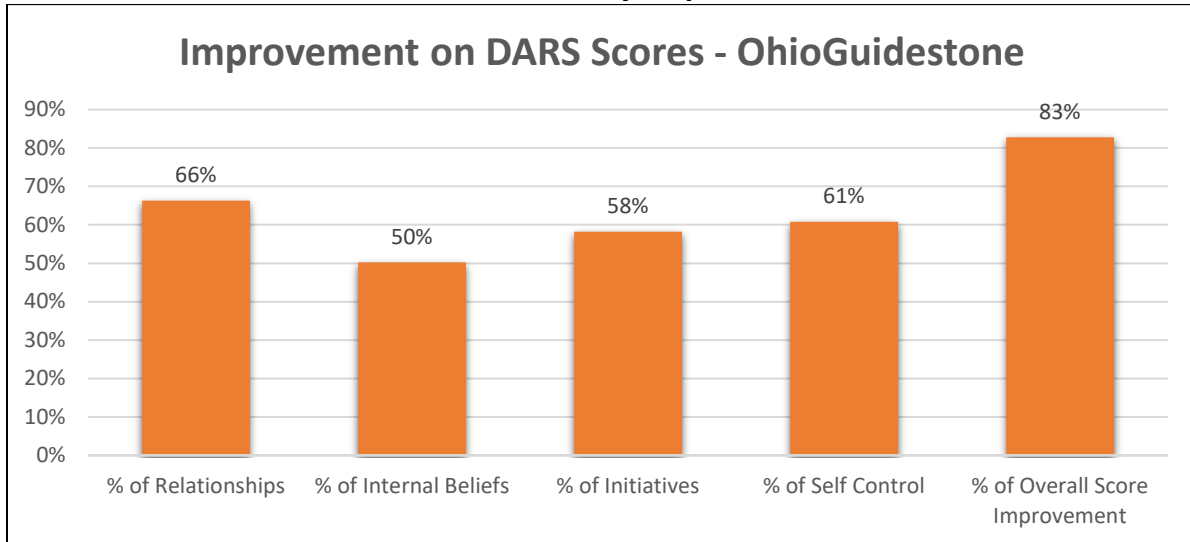


DARS Individual Agency Outcomes

The following charts show the percentage of improvement among clients assessed using the DARS tool (versus their first assessment) broken down by those agencies making use of the tool.



Faith-Based Programs Performance Outcomes 2023 Yearly Report

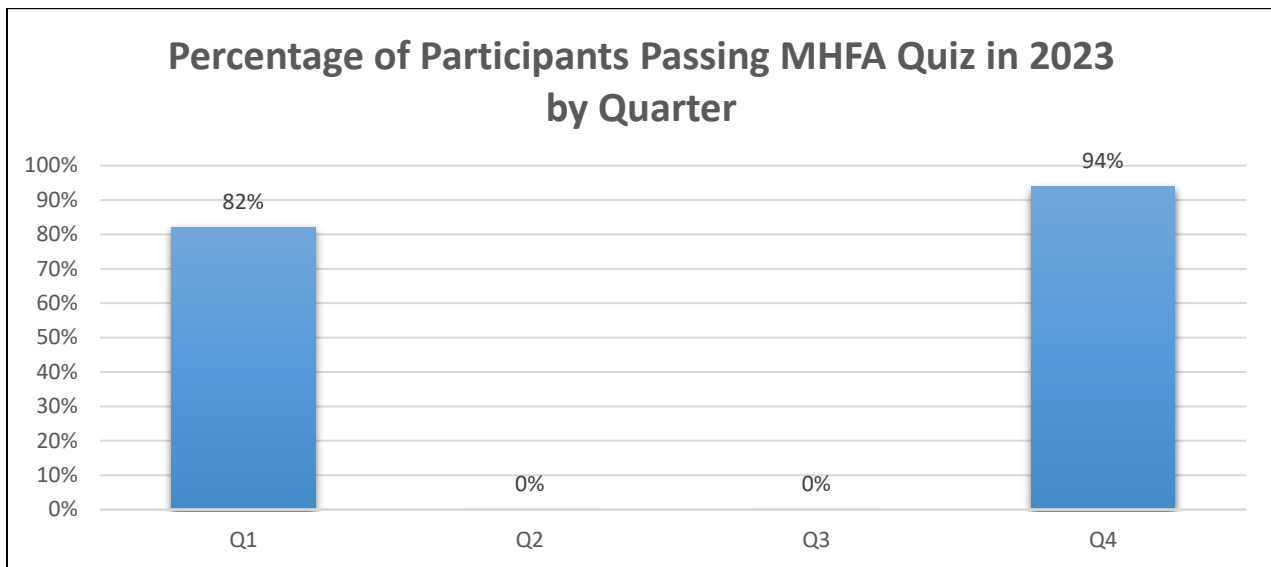
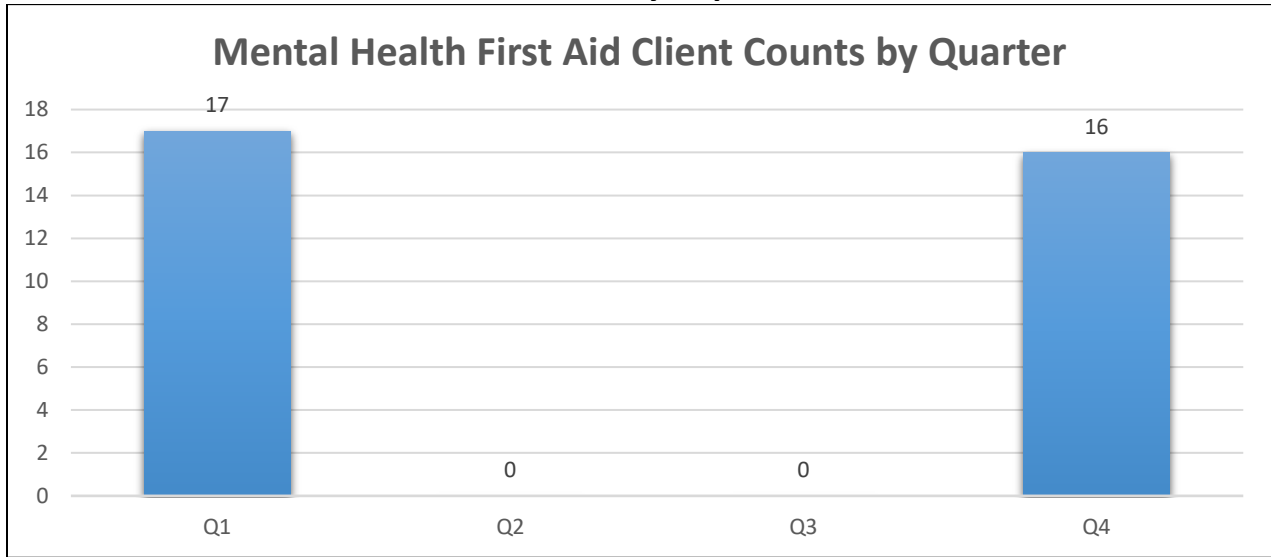


Mental Health First Aid Individual Agency Outcomes

Mental Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a faith-based program provider are expected to successfully complete the Mental Health First Aid for Adults Post-Evaluation quiz and score the following:

- 80% of attendees will provide a correct answer to 4 of the 5 quiz questions.
- 80% of attendees will show an increase in each indicator when comparing before vs. after completing the MHFA for Adults Course.
- 80% of attendees will Agree or Strongly Agree that they believe that they intend to take action to help anyone they work with to address their mental health or substance use challenge(s).
- 80% of attendees will Agree or Strongly Agree that they are confident they can have a supportive conversation with anyone about mental health or substance use challenges.

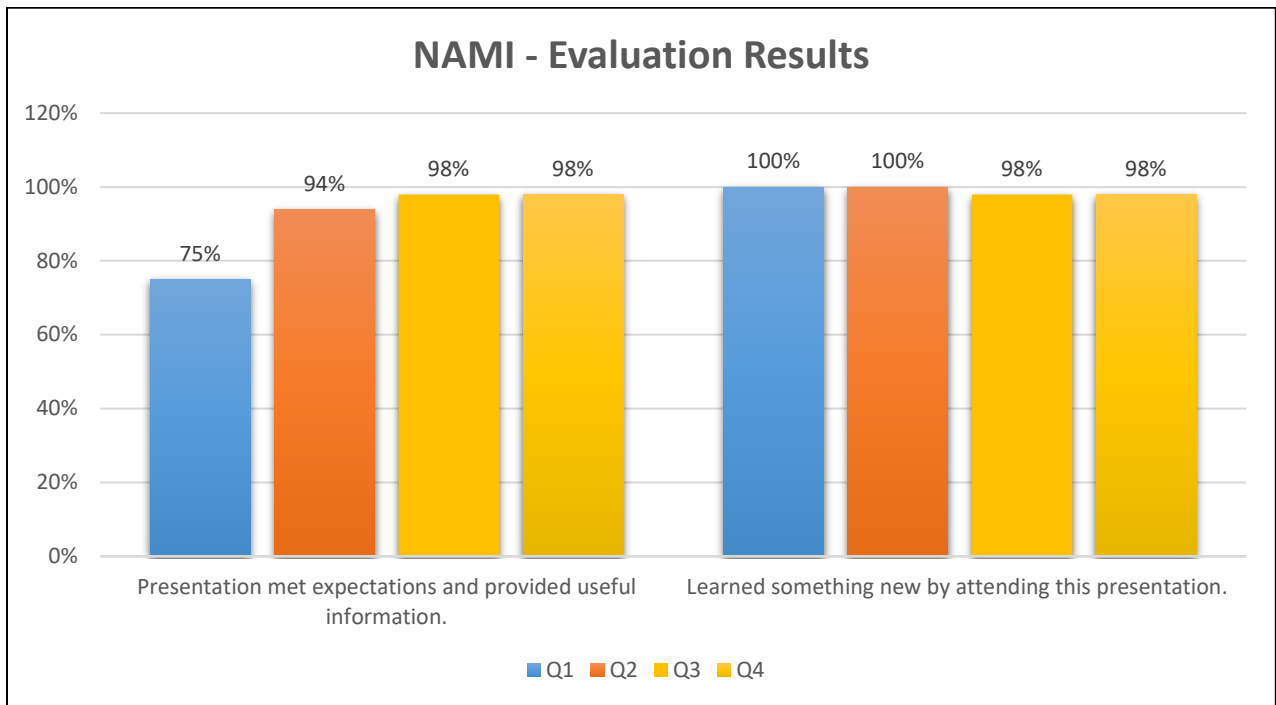
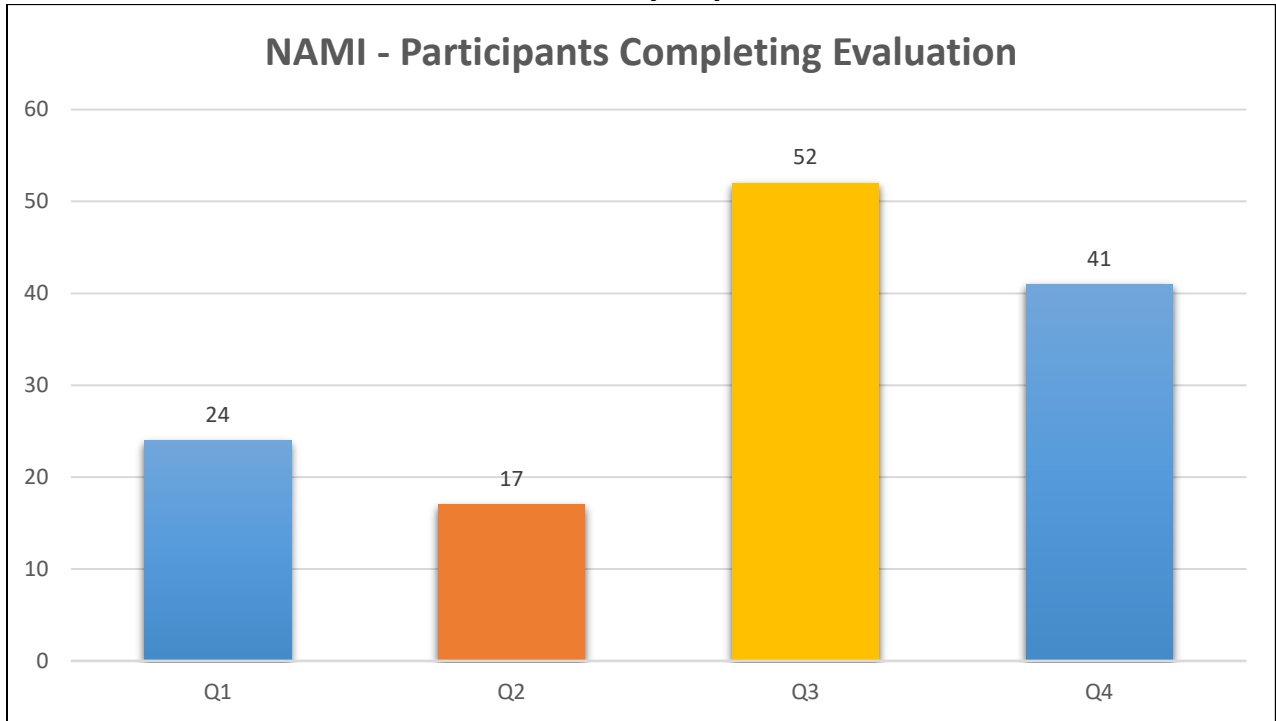
Faith-Based Programs Performance Outcomes 2023 Yearly Report



Education and Awareness Outcomes

- Galilean Theological Center – Providing Education and Awareness Training for Latinx Pastors.
 - A three-component training program, the first component of the training program began on April 15, with the second component ending on October 28. The third component was held from June 3 to June 24.
 - Of the initial **52** who registered for the training, **43** individuals have completed all 3 components of training.
- NAMI Cleveland provides mental health education and support within faith-based communities for individuals with mental illness and their families. Clients are asked to complete a small survey at the end of the education presentations that gives feedback on how the participants felt about the presentation.

Faith-Based Programs Performance Outcomes 2023 Yearly Report



Faith-Based Programs Performance Outcomes 2023 Yearly Report

It's Not a Moment, It's a Movement (New Program) Outcomes

- It's Not a Moment, It's a Movement - Providing Education and Awareness Training for Pastors and providing guidance in the development of mental health ministries.
- Goals include increasing of behavioral health services and/or referrals, mental health ministries among local institutions, mental health education/counseling sessions, the amount of mental health conversations, and the completion of a conference intended to develop opportunities for faith leaders and behavioral health professionals to improve system access and mental health outcomes.

It's Not a Moment, It's a Movement		# of Institutions	% Increase in Service Provided
1) Behavioral Health Services and/or Referrals	Q1	3 (2 BH Prof/Referrals)	100%
	Q2	7 (3 BH Prof/Referrals)	100%
	Q3	2 (1 BH Prof/Referrals)	100%
	Q4	3 (5 BH Prof/Referrals)	100%
		# of Institutions	% of Increased Preparedness
2) Mental Health Ministries	Q1	8 (17 Participants)	100%
	Q2	14 (34 Participants)	91%
	Q3	8 (34 Participants)	100%
	Q4	12 (# Participants Unknown)	100%
		# of Institutions	% of Increased Attitudes
3) Mental Health Education and/or Counseling Sessions	Q1	3 (3 Faith Leaders)	100%
	Q2	40 (40 Faith Leaders)	64%
	Q3	1 Institution	100%
	Q4	3 (3 Faith Leaders)	100%
		# of Conversations	% Increase in BH Conversations
4) Conversations	Q1	2 (44 Participants)	100%
	Q2	1 (83 Participants)	100%
	Q3	2 (34 Participants)	100%
	Q4	7 (92 Participants)	100%
		Conversation Completed?	# of Referrals/Signed up for Training
5) Conference Participation	1 Conference	Y (Completed in May)	2/45

Faith-Based Outreach Committee Meeting
April 3, 2024

99TREASURES ARTS & CULTURE - Holistic Solutions for Holistic Problems initiative provides a base-strategic program and art activities that aid an intergenerational population. Provides a human-centered and spiritual approach for clients using holistic, culturally specific, and interfaith services. Provides an innovative therapeutic year-round out-of-school-time program and a six-week summer camp. Serving two hundred individuals.

- The program participants engaged in a MLK Day program, Painting for Peace session, attended the KWANZAA program at the African American Museum and visited the Cleveland Museum of Art.
- The provider gave drug education information to the community, shared flyers of upcoming events and offered phone support.
- The provider provided two interactive workshops on substance abuse issues for youth and families.
- The program has a total of twenty-six youth and adults who have maintained their sobriety.
- The youth council, along with collaborating partners, helped plan and attended the 54th Annual Black History Flag Raising Ceremony and Program at Cleveland City Hall. At this event, the organization’s Chief Executive Director/Co-Founder, Amir ElHajj Khalid A. Samad was honored for his work with youth.
- Program participants took in field trips and research assignments that focused on Black heroes and sheroes both locally and around the world. They also focused on Black history sites in Cleveland like the local stops on the Underground Railroad.
- The program’s 2024 Peace Camp will begin June 17 and end July 25 and is scheduled to coincide with the Youth Opportunities Unlimited work schedule.

GALILEAN THEOLOGICAL CENTER – Substance Use Disorders Educational and Training Program for Latinx Clergy and Church Leaders addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges. Serving 40 Latinx clergy and church leaders.

- Galilean Theological Center (GTC) began its planning stages for the three-component 2024 program by:
 - Reaching out to more than 50 Hispanic Latino Churches through emails, social media, and personal and community outreach.
 - Creating the schedule calendar for the trainings, contracting with the presenters, and securing approve by the Ohio Chemical Dependency Professional Board.
- Component I Spiritual Caregiving to Help Addicted Persons and Families starts April 27, 2024.
- Component II Credentialing and Certification starts June 15, 2024.
- Component III Integrated Management of Psychological Trauma & Interpersonal starts June 15, 2024.
- GTC has registered thirty pastors and church leaders.

IT’S NOT A MOMENT, IT’S A MOVEMENT – The Faith Movement provides faith leaders of all races and denominations with tools for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the vital role of spirituality in the treatment and recovery process. Serving 50 faith leaders.

- The provider referred three individuals to the Minority Behavioral Health Group and two to the Right Direction Behavioral Health Group for behavioral health services.
- The provider is currently planning their 2024 Mentally Mangled Mental Health Conference for May 21-22.
- The Faith Movement facilitated two community conversations: *City of God Therapy Pop Up* where twenty-two attended and *We Are One Community Coalition* meeting where one-hundred fifty attended.

- The Faith Movement trained two institutions of faith to create Mental Health Ministries: Fifth Christian Church and Celebration United Methodist Church.
- One faith leader received a mental health education session through the Minority Behavioral Health Group.

NAALEH CLEVELAND – High Risk Mentorship Program provides mentorship to struggling teens in the community that are having a difficult time with substance use, mental health issues, and family dysfunctions. Building self-esteem and self-confidence through learning life skills and physical fitness. Serving 40 youth.

High Risk Mentorship Program – Goal 40 Individuals						
# of mentees	# provided drug education	# of parental support given	Explain the academics and education of life skills provided	Explain the physical fitness activities provided	# completed high school or obtained GED	# of teens that obtained employment
36 in January 36 in February	27 in January 29 in February	29 in January 30 in February	Helped with motivation, completing tasks and schoolwork, to use time wisely and to stay positive. Peer support, group discussions, and role modeling to build self-esteem and work ethic.	Work’s out: overcoming discomfort/ celebrating success. The provider is developing programs for less athletic/motivated mentees.	0 in January 0 in February	1 in January 0 in February

- Provider witnessed peer support around antisemitism and the Israel war, and around sticking to plans, doing schoolwork, and motivation.
- A previous mentee spoke to participants about confidence, competence and gave tips to motivate the teens.
- The provider helped teens to understand the utility of coping with emotion, going to therapy, future thinking and to build conflict resolution skills.
- The provider shared that one teen struggled with substance use disorder and his peers are incredibly supportive. The provider staff is coordinating care for this teen with therapist, parents, and hospital.

NAMI GREATER CLEVELAND - Faith-Based Project - Builds relationships with faith-based organizations.

Increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups, partnerships, and by providing an understanding of mental/behavioral health and dual diagnosis. Serving 170 individuals.

		Education - 140		Training - 30	Future Collaborations Minimum of 5
Faith-based organization name	Discussions/additional information	Support/customized education program title/# served/date	MH education presentation title/# served/date	Mental health first aid # session/# served/date	Yes/No
Community of Faith Collaborative Hub between faith leaders			2/17/24 Understanding Mental Illness (in Spanish) 56 attendees		Yes
Ekklesia Church 12728 Bellaire Road Cleveland, Ohio 44135	2/22/24 Met to plan and schedule UMI and MHFA				Yes
Embajadores del Reino Church 13505 West 130th North Royalton, Ohio 44133	1/21/24 Conducted a short presentation about NAMI programs and services (in Spanish) 45 attendees		2/7/24 Understanding Mental Illness (in Spanish) 37 attendees	2/24/24 Mental Health First Aid (in Spanish) 19 attendees	Yes
Church of the Redeemer, United Church of Christ – 23500 Center Ridge Rd. Westlake, Ohio 44145	1/8/24 outreached with information about UMI and MHFA				Yes
Open to multiple faith groups and individuals in the general public, facilitated by Julie Novas, JD, LCSW		1/17/24 Spiritual Practices for Wellness: Metta (Lovingkindness) Meditation 36 attendees			yes
Open to multiple faith groups and individuals in the general public, facilitated by Kim Langley, M.Ed.		2/7/24 Wintering Well: A Workshop on Rest and Restoration 35 attendees			Yes
Total:	3	71	93	19	

Looking Ahead:

- Church of the Redeemer UCC, Westlake
 - 3/12/24 – Understanding Mental Illness
 - 5/19/24 – Ending the Silence
- Community of Faith Collaborative w/ Bishop Omar Medina, Middleburg Heights
 - 4/6/24 – Mental Health First Aid (in Spanish)
 - 4/20/24 – Mental Health First Aid (in Spanish)

- Presbyterian Women’s Organization, Beachwood
 - 4/27/24 – Understanding Mental Illness
- Abundant Grace Fellowship Church, Maple Heights
 - 8/24/24 – Understanding Mental Illness
 - 10/26/24 – Mental Health in the Black Community

Upcoming Faith-Based Psychoeducation Programs:

- 4/10/24
 - Spiritual Practices for Wellness: Chair Yoga w/ Julie Novas, LCSW
 - <https://us02web.zoom.us/meeting/register/tZltf-qhrT0sHdzDsK1UQihf0lm5CmaG6Msm>
- 6/26/24
 - Trauma-Informed Care for Spiritual Communities w/ Julie Novas, LCSW
 - <https://us02web.zoom.us/meeting/register/tZAoceqqrzgiHdUovVH40fpTTBmZ5JpWKBHe>
- 7/10/24
 - Spiritual Practices for Wellness: RAIN (Recognize, Allow, Investigate, Nurture) Practice w/ Julie Novas, LCSW
 - https://us02web.zoom.us/meeting/register/tZAlc-iprjwsG9Wgt3HGP4Clw52v_xjoEM_P
- 9/9/24
 - Mental Health Considerations for Muslims and Arab Americans w/ Khadeja Najjar, M.A.
 - <https://us02web.zoom.us/meeting/register/tZMsc-yurzouGd2BcQ28ZDeCWRvwVwcSg4x7>
- 10/7/24
 - Spiritual Practices for Wellness: Reiki w/ Julie Novas, LCSW
 - <https://us02web.zoom.us/meeting/register/tZYvd-6pqzlpHtWmRSfBRp-ixCF328sz6SXC>
- 11/18/24
 - Stress-Less Holidays: Making Peace with the Season w/ Kim Langley, M.Ed.
 - <https://us02web.zoom.us/meeting/register/tZlklfuyoqzorE9MW2RtfxJQLLesUZcoszQVd>

OHIOGUIDESTONE - Workforce 360° - Faith-based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high-emotion, and life decisions. Serving 115 individuals.

Utilizing Spiritual Care as a Bridge to Mental Health Services				
# received MH services and spiritual services	# only received spiritual services	# enrolled	# newly accessed MH services	Expanded Chaplain Engagements
4	9	13 (new) 13 (total)	1 (this month) 3 (total)	1 (this month) 1 (total)

- The provider continues to serve their existing clients in group and individual settings and is preparing to enroll sixteen new clients.

TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO - Inner City Youth and Families Cultural Arts Program provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church, and the Cultural Arts Center. Provides family fitness, music classes, facilitates spiritual and character development, cultural or performing arts classes, and community outreach. Serving 170 individuals.

Inner City Youth and Families Cultural Arts Program			
Activities	# of meetings per month	# of YTD meetings	Activity Description
Theater, Drama and Fashion	2	2	Participants learned the art and skill of fashion and drama - Mondays at 6:30pm - Prepared for the Annual Faith Program Fashion Shows and Theater Productions.
Cultural Arts and Youth Club	3	3	Teleconference calls/virtual classes to connect with people during the Covid-19, respiratory syncytial virus, and flu outbreaks – Friday Evenings. The youth enjoyed weekends of spiritual development, positive peer group sessions and peer interactions.
Dance and Youth Cheerleading Sessions	1	1	Youth learned dance movements, health promotion cheers, assertiveness toward self-esteem, wellness, to prepare for upcoming events, and to encourage others. Meets on Sundays at 12:30pm and Thursdays bi-monthly at 5:30pm
Music in-Person and Virtual Choir/Voice lessons	6	12	Social distance and on-site classes were held at Trinity on Sundays and at Whitney Young School on Fridays at 2:30pm. Virtual sessions are held as needed on Saturdays at 4:30pm. Performances were held on Sundays at 10:30am and at special events.
J-Tech Team: Sound and Lights	4	9	Youth learned the art and skill of lights, sounds and cameras. Held on Sundays at 9:00am – 1:00pm
Hours of Power and Young /Adult Spiritual and Character Development	4	8	Addressed the spiritual, sobriety and emotional needs. Held on Mondays - Friday from 7:00am - 7:30am for young adults and Adults - <i>Keeping it Real and Keeping it Sober and Healthy.</i>
Virtual and face to face: - Kids Club Social Emotional Learning and Character Development. -Breakfast Buddies Class.	4	6	Held via video presentations and face to face. Breakfast Buddies Club is held on Sundays/they are preparing for youth and families to engage in-person and via Facebook. Kids club activities were <i>Story Time</i> and had opportunities and presentations for the youth and families. It included art, social emotional learning exercises and character development. New weekly family engaging episodes are developed and projected to air on Saturday mornings. Other activities and field trips times vary depending on the activity.
Total	24	41	

- The provider focused on helping youth and families return to school after the winter break, getting participants registered and confirming registrations for 2024 programming.
- The program staff assisted families and individuals with healthy eating habits, setting good goals at the Annual Youth and Adult Character Development and Leadership Conference. The event was well attended, and the participants reported feeling motivated and more focused on positive goals.

- The provider held ongoing specialized youth sessions that provided opportunities to strengthen connections to positive people and to be more assertive and courageous in front of others - promoting messages of hope and sobriety.
- The program staff organized cheer uniforms, costumes, and props for the upcoming performances.
- The program held a Youth and Family Lock-for participants that partook in team building exercises, self-esteem building, fun activities and an atmosphere of collective work and responsibility. Sixty-one attended and it promoted positive peer support toward good decisions and connectedness with their faith and with each other.

SUBSTANCE USE DISORDERS EDUCATIONAL & TRAINING PROGRAM FOR LATINX CLERGY & CHURCH LEADERS

Rev. Dr. Félix Muñoz
April 3, 2024

1



AGENDA

- Introduction
- GTC SUD Educational & Training Program for Latinx Clergy & Church Leaders
- Outcomes
- Key Learnings

2



INTRODUCTION

Galilean Theological Center (GTC) is a 501c3 non-profit organization whose **mission** statement is to provide sound theological education, training, and workforce development in the Hispanic churches through a two-year accredited program.

Our **vision** is to be the leading center for Hispanic Theological Education and Developing leaders to advance God's mission of love, justice, and transformation in the world.

Our **goal** is to provide ministerial training and sound theological education to Hispanic/Latino church leaders who generally do not have access to traditional theological institutions due to language barriers, socio-economic status and/or formal educational.

GTC has a partnership with Ashland Theological Seminary with the **purpose** to train men and women for bachelor exempt status for application to the Master's program.

3



SUBSTANCE USE DISORDERS EDUCATIONAL & TRAINING PROGRAM FOR LATINX CLERGY & CHURCH LEADERS

The GTC Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders has three (3) components with the following learning objectives:

Component I. Spiritual Caregiving to Help Addicted Persons and Families (21 hours)

Participants learn to:

1. Recognize Addiction
2. Provide Pastoral/Care of addicted Persons and Families.
3. Gain Self-Understanding/Understanding Prevention Strategies.
4. Understand the Role of the Community in Recovery from Addiction.
5. Meet requirements to be certified as CDCA with Ohio Chemical Dependency Professional Board.

Component II. Trauma and Intervention Skills (12 hours)

1. Trauma
2. Crisis Intervention
3. Conflict Management
4. Assessing Racial Trauma

Component III. Licensing & Credentialing (40 hours)


Participants trained in:

1. Theories of addiction
2. Counseling Procedures & Strategies with Addicted Populations
3. Group Process & Techniques
4. Assessment & Diagnosis of Addiction
5. Treatment planning
6. Ethics

4




5



OUTCOMES

Our goal was to enroll, train and educate 40 pastors & church leaders in substance use disorders in 2023.

- 52 participants registered for the program
- 43 completed Component I and moved on to Component II & III
- **All 43 successfully completed all three (3) Components.**
- 20 are certified as CDCA
- 23 are certified as CDCA Preliminary
- 25% of participants are currently employed in treatment facilities



6



2023 DATA

	# Served	% Completed 21 Classroom Hours	% Recognizing Addiction	% Pastoral/Care of addicted Persons and Families	% Self-Understanding/Understanding Prevention Strategies	% Understand Role of the Community in Recovery from Addiction	% Completed Trauma and Intervention Skills	% Certified as CDCA
Q1	48	0%	0%	0%	0%	0%	0%	0%
Q2	52	100%	100%	100%	100%	100%	100%	0%
Q3	52	100%	100%	100%	100%	100%	100%	0%
Q4	52	100%	100%	100%	100%	100%	100%	100%

2024 Update

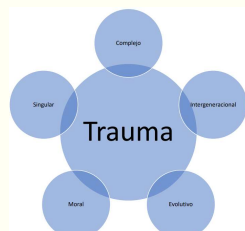
We are accepting applications for 2024. To date, we have 30 pastors, church leaders and social service providers registered. Our goal is to reach 40 participants. Program is scheduled to launch on April 27th.

7



2023 KEY LEARNINGS

- We learned there is a great need to train individuals as CDCA & Prevention Specialists in the Latinx community
- This program was enriched by integrating the trauma and crisis intervention component.
- GTC has become a referral source for employment at treatment facilities & social service agencies
- With the success of the program, GTC have two paid employees and seek to increase capacity.



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GRACIAS



MENTALLY MANGLED

Bridging Mental Health and Faith

Presentation - 2024

Presenter: Pastor, Kyle B. Earley



1



Who We Are

Mentally Mangled serves as a sanctuary for spiritual leaders, providing tailored assistance and materials for overall well-being. Our programs aim to inspire and rejuvenate leaders, equipping them to carry on their work with fresh vigor and focus.

Our Purpose

Helping spiritual leaders and their communities prioritize and safeguard their mental health through sharing and learning.

2

Our Mission

The Mission of Mentally Mangled is to support the well-being of spiritual leaders by offering expert guidance, mental health resources, and community support. We address the unique challenges these leaders face, promoting their mental, physical, and spiritual health so they can lead effectively and with fulfillment.



3

Our Vision

At Mentally Mangled we envision a world where spiritual leaders are holistically supported, fostering resilience and spiritual enrichment. We aim to create a synergistic environment where the well-being of these leaders directly contributes to the health and vitality of the communities they serve, promoting a cycle of mutual growth and support.



4

Founding Inspiration

Mentally Mangled was founded in response to personal struggles and the observed need for mental health support in the community, particularly within the Black community. It was inspired by a journey towards mental wellness.



Pastor, Kyle B. Earley
Founder of Mentally Mangled

Therapy Does Not Replace Theology, Theology Does Not Replace Therapy.” - Pastor, Kyle

Programs and Services

- ✦ Free Trainings and Workshops
- ✦ Support Groups
- ✦ Conferences and Summits
- ✦ Community Engagement
- ✦ Counseling and Therapy Referrals
- ✦ Advocacy and Awareness

Our approach at Mentally Mangled is to provide accessible and empathetic support for mental health challenges, with a focus on serving individuals in Cuyahoga County and Akron.

MENTALLY MANGLED

2023 Overview

OVER
200

People Participated in the Mentally Mangled Mental Health Tour

OVER
400

Community Members Attended A Mentally Mangled Organized Event in 2023

13

Partnerships Developed With Behavioral Health Organizations

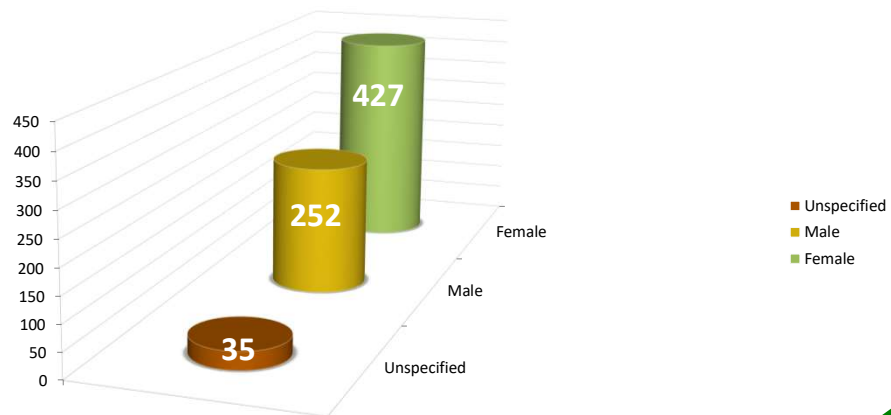
Over 90 attendees at the Annual Mentally Mangled Mental Summit

Over 90 attendees at the Annual Mentally Mangled Mental Summit

7

Gender Attendance Breakdown

This chart displays the breakdown of attendees by gender, reflecting Mentally Mangled's dedication to inclusivity and catering to individuals of all genders.

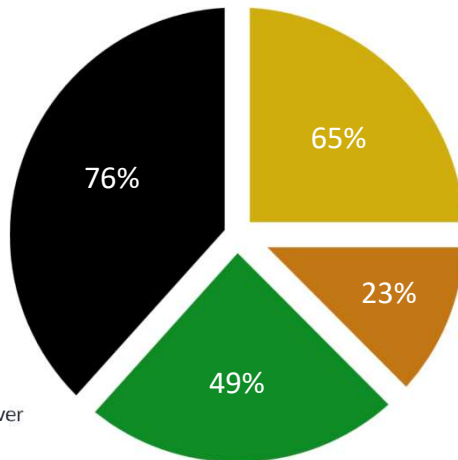


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Why Our Work Matters

Community Call to Action

Facts | 76% of churchgoers say suicide is a problem that needs to be addressed in their community.



Voices of Openness

Facts | 65% of churchgoing family members of those with mental illness want their church to talk openly about mental illness.

Silent Pulpits:

Facts | 49% of pastors say they rarely or never speak to their congregation about mental illness.

The Hidden Struggle

Facts | 23% of pastors acknowledge they have personally struggled with a mental illness.

9

Future Plans and Goals

Expansion Initiative

Online Outreach and Education

Generational Ripple Effect



Mentally Mangled envisions a future of expanded impact, fostering a community where mental health support knows no bounds.

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Our Funders



Our funders empower our mission. With their contributions, we expand our impact, creating a future where mental wellness is accessible to all.

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Our Partners

Our partner's dedication strengthens our ability to provide essential services, fostering a community where mental wellness knows no bounds.



JESSICA EDITH, LLC



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Support Wellness in Spiritual Leadership

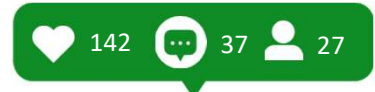
Become a vital part of a movement that recognizes the importance of holistic wellness in spiritual leadership.



Engage directly with our cause by participating in our enriching conferences and workshops.



Donating helps ensure that our faith leaders are not just leading but thriving.



Spread awareness of our mission to provide holistic support for spiritual leaders by sharing their story and updates on social media.

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MENTALLY MANGLED

Connect with us.

Email:
support@itsamovementohio.org

Social Media:
IG: @mentallymangled
FB: facebook.com/MentallyMangled

Call us:
(216) 773-4007



www.mentallymangled.com

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