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Black History Month

To celebrate Black History Month this February, the ADAMHS Board is highlighting Black pioneers in the mental health field that have played a crucial role in breaking down barriers and challenging systemic inequalities within the realm of mental healthcare.

These trailblazers have not only significantly contributed to the advancement of clinical practices, but have also advocated for greater inclusivity, cultural competence and equity in mental health services. Individuals such as Dr. Mamie Phipps Clark, who conducted groundbreaking research on the psychological effects of segregation, and Solomon Carter Fuller, M.D., one of the first known Black psychiatrists and researchers of Alzheimer's disease, have paved the way for a more comprehensive understanding of mental well-being. Their contributions continue to inspire and shape the future of mental health care, emphasizing the importance of awareness and representation in fostering positive mental health outcomes.

Click [here](#) to learn about these 21 pioneers.



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