

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

GENERAL MEETING MINUTES JUNE 28, 2023

ADAMHS BOARD OF DIRECTORS PRESENT:

Patricia James-Stewart, M.Ed., LSW	Katie Kern-Pilch, MA, ATR-BC, LPC-S
Ashwani Bhardwaj	Steve Killpack, MS
Gregory X. Boehm, M.D.	Harvey A. Snider, Esq.
Sadigoh C. Galloway, MSW, LSW, LICDC-CS	Sharon Rosenbaum, MBA
Rev. Benjamin F. Gohlstin, Sr.	

ABSENT: Bishara W. Addison, Reginald C. Blue, Ph.D., J. Robert Fowler, Ph.D., Erskine Cade, MBA

BOARD STAFF PRESENT: Scott Osiecki, Chief Executive Officer, Danielle Clark, Vince Crowe, Ben Goodwin, Felicia Harrison, Anthony Henderson, Jr., Myra Henderson, Woo Jun, Britany King, Leslie Koblentz, Linda Lamp, Mark Onusko, Clare Rosser, Jessica Saker, Allison Schaefer, Starlette Sizemore, Maggie Tolbert, Leshia Yarbrough-Franklin

1. CALL TO ORDER

Board Vice Chair, Patricia James-Stewart, called the General Meeting to order at 4:02 p.m. Mr. Steve Killpack read into the record the Board's Mission Statement: *"Enhance the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment and recovery services coordinated through a person-centered network of community supports."*

[Gregory X. Boehm, M.D., arrived.]

2. AUDIENCE INPUT ON AGENDA ITEMS

No audience input on agenda items was received.

3. WELCOME

Ms. Susan Neth, Executive Director at FrontLine Service, welcomed all in attendance. She reported that FrontLine Service is an agency that was created in 1988 to respond to the crisis of growing numbers of individuals living with untreated, severe persistent mental illness, living in places not meant for human habitation. They were a pilot project for three years – a program created through the vision of the State of Ohio and the ADAMHS Board of Cuyahoga County. The pilot project was a success – and they continue to reach out in innovative ways to respond to individuals and families who are experiencing homelessness, trauma and crisis. Much of that through the support of the ADAMHS Board. This past year FrontLine Service began responding to calls from 988, the national suicide prevention lifeline; and invited all to join Mr. Rick Oliver, Director of Crisis Services at FrontLine Service, and herself for a tour of the crisis offices.

4. APPROVAL OF MINUTES

The minutes from the May 24, 2023 General Meeting were approved as submitted.

[Sadigoh C. Galloway, MSW, LSW, LICDC-CS, arrived.]

5. CHAIR'S REPORT

On behalf of J. Robert Fowler, Ph.D., Board Chair, Ms. James-Stewart shared that the Board recently received a resignation notice from Board Director/Cuyahoga County Council appointee, Rev. Max M. Rodas, MA. In his communication, Rev. Rodas stated that he "just wants to thank you for the opportunity to serve with all of you in the important work you do." She reported that on behalf of the ADAMHS Board, we sincerely wish to thank Rev. Rodas for his service on the ADAMHS Board of Cuyahoga County since his appointment in July of 2017 and extend to him our very best wishes. A plaque commemorating his dedicated service will be forwarded to him.

Ms. James-Stewart also shared a Proclamation honoring Thomas G. Williams, MA, M.Ed., for nearly 22 years of service to the ADAMHS Board. Mr. Williams is retiring from his position as Evaluation and Research Officer on Friday, June 30, 2023.

Ms. James-Stewart reported that the ADAMHS Board meeting schedule indicates a Committee of the Whole meeting on Wednesday, July 19, 2023, and a General Meeting on Wednesday, July 26, 2023. The agenda for these meetings is identical; and sees no reason for meeting twice with a duplicate agenda. She requested a motion for the Committee of the Whole meeting on July 19, 2023 to be suspended; and all subsequent July Committee of the Whole meetings.

Motion to suspend the July 2023 ADAMHS Board of Cuyahoga County's Committee of the Whole meeting and all future ADAMHS Board of Cuyahoga County's July Committee of the Whole meetings. MOTION: B. Gohlstin / SECOND: S. Rosenbaum / AYES: A. Bhardwaj, G. Boehm, S. Galloway, B. Gohlstin, K. Kern-Pilch, S. Killpack, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

6. **PRESENTATION**

INFANT AND EARLY CHILDHOOD MENTAL HEALTH: AN EDUCATIONAL OVERVIEW

Ms. Maggie Tolbert, Assistant Chief Clinical Officer, introduced Alissa Huth-Bocks, Ph.D., IMH-E, Director, Merrill Palmer Skillman Institute, Wayne State University, and Professor, Pediatrics, Case Western Reserve University. Dr. Huth-Bocks shared that she was honored to be among a group of professionals committed to improving the lives of children and their families. She hoped to provide some insights that help validate and promote our work from her background as a researcher and infant mental health specialist (IMH-E). Dr. Huth-Bocks reported that she wanted to cover some really key learnings from the science of early development in order to inform our practices (within each of our unique service sectors), our early childhood and family policies and investment decisions by government and other sources of funding. She wanted to strongly encourage everyone to keep infants in mind as sometimes individuals drop the I and fall into Early Childhood Mental Health (ECMH) language.... ECMH can include infants/toddlers but not necessarily and folks need to keep the "I" – infancy is a very unique and important developmental period... "what about the baby?" Thus, the core idea is that infants and young children develop their earliest capacities, including their social-emotional foundations, in the context of primary caregiving relationships. In the mid-1900's psychoanalyst D. W. Winnicott famously said "there's no such thing as a baby. There is a baby and someone".

A more recent, similar concept is Early Relational Health (ERH). This term is being widely used in the field of pediatrics... ERH rests on the premise that "healthy and positive child development emerges best in the context of nurturing, warm, and responsive early parent/caregiver child relationships, when children are surrounded by safe communities with strong trust and social connectedness". This framework highlights that infants and young children develop best in the context of healthy relationships.

Dr. Huth-Bocks shared key developmental achievements in the earliest years of life. The first is healthy brain development! Aside from in utero, the first few years of a child's life are the most critical for brain development, which sets the stage for the rest of childhood and beyond. New estimates suggest that up to a million new neuronal connections are created; and early experiences matter! Early experiences influence these connections and "brain architecture"; additionally, we know that plasticity (or the ability of the brain to change and adapt) is greatest during these first few years. We also know that one of the strongest most potent influences on early brain development is the quality of relationships a child has with their primary caregivers. Relationships can positively impact brain development and provide important opportunities to build social-emotional-behavioral skills of the child. They literally build larger brain volumes and greater connections between structures in the brain and more "power" or activity in the brain. The best investment in children may in fact be in promoting and supporting the earliest relationships in life. The brain's ability to change is greatest during infancy and plasticity decreases over time. Additionally, the amount of effort needed to change the brain increases over time. Thus, it is easier and less costly to form strong brain circuits during the earliest years than to intervene or fix them later.

Every child should have at least one secure attachment to a primary caregiver. Secure attachments help build better brains and set the child on a positive trajectory for development. Dr. Huth-Bocks also shared some key developmental achievements in the earliest years of life. Infant and Early Childhood Mental Health (IECMH) is the foundation of all future development. Everyone who touches the life of a child can promote social and emotional well-being. Social and emotional development, or IECMH, is the developing capacity of a child from birth to five years old to form close and secure adult and peer relationships, experience, manage and express a full range of emotions and explore the environment and learn...all in the context of family, community and culture.

Dr. Huth-Bocks reported that "The Heckman Curve" of early childhood development is a smart investment. Investing early matters to children and families. It significantly improves health, life quality and longevity. Investing early also yields a huge economic return. We have decades of robust and convincing research to guide our policies and practices. We must invest in the earliest years for the greatest returns on human potential and resources/money. We must invest in a continuum of services across a wide range of

maternal-young child serving sectors. We must also invest in developing this workforce to provide these necessary services; and all services should strive to be compassionate and trauma-informed. Dr. Huth-Bocks responded to questions from the Board Directors. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

ADAMHS BOARD'S WORKFORCE INITIATIVE OVERVIEW

Ms. Clare Rosser, Chief of Strategic Initiatives, provided an overview of the ADAMHS Board's Workforce Initiative. She reported that The National Center for Health Workforce Analysis shows that in the United States in 2017, there were approximately the following:

- 33,650 adult psychiatrists
- 8,090 child and adolescent psychiatrists
- 10,450 nurse practitioners
- 1,550 physician assistants
- 91,440 psychologists
- 239,410 social workers
- 53,080 marriage and family therapists
- 91,340 addiction counselors
- 140,760 mental health counselors
- 116,080 school counselors

By 2030, these changes are projected:

- 3% increase in demand for adult psychiatrists (to 39,550)
- 1% decrease in demand for child & adolescent psychiatrists (to 9,190)
- 15% increase in demand for nurse practitioners (to 12,050)
- 8% increase in demand for physician assistants (to 1,670)
- 5% increase in demand for psychologists (to 95,600)
- 12% increase in demand for social workers (to 268,750)
- 9% increase in demand for marriage & family therapists (to 57,970)
- 15% increase in demand for addiction counselors (to 105,410)
- 13% increase in demand for mental health counselors (to 158,850)
- 3% increase in demand for school counselors (to 119,140)

This is data that shows how the behavioral workforce is changing. It is predicted that by 2030, there will be an increased demand for jobs like psychiatrists, psychologists, social workers, therapists, addiction counselors, mental health counselors, school counselors, etc. Behavioral health careers will be in demand when our current elementary and middle school children graduate from high school. The challenge is that we currently have a workforce shortage. We do not have enough professionals emerging into the field, and every field is having trouble retaining their workforce.

Ms. Rosser shared that as we look at the highlights of what is happening locally, it is essential to remember that workforce is a priority at the State level as well, and we are hoping to work in tandem with the State rather than duplicate efforts or spending. Just this month, the State announced their plans for some of the "big ticket" items that the Board would like to see, such as more integration with university curriculums to produce behavioral health professionals. She shared that the Ohio Department of Mental Health and Addiction Services (OhioMHAS) has identified four priority areas to focus their efforts:

1. Increasing Career Awareness
2. Supporting Recruitment
3. Incentivizing Retention
4. Supporting Contemporary Practice

Ms. Rosser noted that the Board has made efforts in every one of these categories, but for those that have both a proposed action and proposed funding through the State, we are partnering with OhioMHAS rather than taking the lead. That's a better use of our resources. In 2020 we started to address the behavioral health workforce issue through a consultant that Board staff worked with that resulted in a strategic report that was shared with the Board that identified challenges, set a vision and goal and listed recommendations for us to help expand the workforce. In 2021 and 2022, the Board had a Behavioral Health Workforce Task Force comprised of key ADAMHS Board staff and volunteers from our provider network. A workforce survey was developed and issued;

and many useful insights came out of that work, and both short- and long-term strategies for building our future workforce were shared in regular updates provided to the Board. Board staff have been pursuing several of those strategies.

Ms. Rosser highlighted Strategy 5.1 Strengthen the Talent Recruitment Pipeline in the Board's Strategic Plan. She shared that at the moment, Board staff have 27 different activities, all with different sub-goals, happening under the Workforce Initiative. An action under Strategy 5.1 is to establish partnerships with local universities and health systems to introduce behavioral health career opportunities to students in middle school through college.

The ADAMHS Board was selected to serve as the Mental Health Industry Intermediary for the Greater Cleveland Career Consortium (GCCC). This is a group of public, private, education, and non-profit organizations working together to help every student in the region design a career plan that aligns with their interests and skills. The GCCC partners with school districts to include career-based learning opportunities for all students during the school day and connects employers with local school districts, students, and families to help build our regional workforce.

Ms. Rosser shared the importance of the ADAMHS Board acting as an intermediary. Usually when you hear about these types of career awareness opportunities, the career tracks that are included are Science, Technology, Engineering and Math education (STEM) Careers like engineering, Information technology (IT) and manufacturing; never mental health as a special focus. The ADAMHS Board's involvement in this means that there is a specific career track on mental health promoted through our local schools, as of 2022. This is a new and important development that highlights the behavioral health field in an ongoing way. So far, we have been contributing career awareness activities like Career Chats, where professionals from our network meet students, talk about their career and take questions; our workforce video series that can be shown in classrooms; and we have student tours for Magnolia Clubhouse and other facilities being scheduled for the fall. We are also a member of their Employer Engagement Workgroup with intermediaries from other job sectors.

Ms. Rosser also highlighted that the ADAMHS Board has been acting as the Community Preceptor for Capstone graduate student projects related to behavioral health in partnership with local universities. The students often have an innovative idea or an interest they want to pursue in behavioral health, which aligns with our goals. By offering ourselves for this partnership, we build a relationship with the university professors and placement staff; and they think of us when advising students about their areas of interest.

Currently, we are serving as Preceptor for a graduate student at Cleveland State University in the Consortium of Eastern Ohio Master of Public Health (CEOMPH) Program on a project addressing suicide in the Black and African American community. In 2022, we worked with a student in the same program on a project to educate faith communities on Substance Use Disorder (SUD) and opioids. Previously, we partnered with a Doctoral student in Human Services at Cappella University.

Other actions we have in this category include:

- Develop relationships with university recruitment and admissions staff in advance of state education initiatives
- Partner with Educational Service Center (ESC) of Northeast Ohio on workforce efforts in school districts
- Outreach at Student Career Fairs
- We also participate in the Early Childhood Behavioral Health Workforce Committee

The ADAMHS Board also created 21 short video vignettes and 10-minute video compilations for the elementary, middle and high school levels, featuring a variety of opportunities within the behavioral health field. We have since shared these with the career libraries through the GCCC and the ESC of Northeast Ohio. That project is continuing and really has a life of its own at this point.

Ms. Rosser highlighted the ADAMHS Board's Diversity, Equity and Inclusion (DEI) efforts, specifically about workforce. Board staff started with translating our core materials into Spanish, Arabic, Mandarin Chinese, Russian and Ukrainian, and that continues with new projects, like our gambling prevention materials. That is good for potential clients and also potential employees. Then, with the support of our DEI consultant, Rice Education Consulting (REdCon), the Board conducted:

- Provider network job description review to identify bias and improve equitable hiring
- Board staff demographics chart
- Recruitment for minority candidate's infographic
- DEI Assessment of ADAMHS Board recruiting, onboarding and Human Resources practices

The ADAMHS Board has also been changing our internal and reporting documents to capture information more accurately. The ADAMHS Board has added demographics and staff retention metrics to data collection. Other activities highlighted included the ADAMHS Board's Workforce Survey expansion. Baseline information from the original survey was sent to providers serving on the Behavioral Health Workforce Task Force in August 2021. It provided useful information that, in fact, informed some parts of our Community Assessment and Plan (CAP) submitted to the State. We are expanding it not only in reach by including more of the Board's provider network but refining and expanding the questions based on current priorities.

Another area being explored is digital technologies that impact workforce and workflow. This can mean a few different things, from exploring data and reporting and charting systems that make information sharing more efficient or relieve "paperwork pressure" on workers, to telehealth options, to applications that help individuals manage their recovery in between appointments with providers, to supportive artificial intelligence (AI) interfaces that are just emerging on the market. Ms. Rosser stated that in the next two years, we are going to see amazing growth in AI and digital technologies, so we cannot ignore that as something that will have an impact on our field. Part of the expansion of the workforce survey is to include questions about these approaches and to what level they are currently used. Ms. Rosser has also been meeting with various application developers creating products for the behavioral health field so that the ADAMHS Board is aware of emerging trends.

Ms. Rosser shared information regarding workforce initiatives at the State level, which were just announced. Presently, the Board is waiting for information regarding the use of the American Rescue Plan Act (ARPA) funds allocation for workforce to be announced. Also, a full memorandum regarding an update on funding opportunities to support Ohio's Wellness Workforce was shared with ADAMHS Board Directors; and included the following highlights:

- Ohio's Great Minds Fellowship (\$78.5M)
- Ohio's Wellness Workforce Welcome Back Campaign (\$5M)
- Ohio's Behavioral Health Workforce Technical Assistance Center (\$1.5M)

ADAMHS Board staff will be working closely with our State partners – and our local higher education partners – to make sure that Cuyahoga County is taking full advantage of these opportunities. (The PowerPoint presentation, memorandum and handout are attached to the original minutes stored in the Executive Unit.)

7. FAITH-BASED OUTREACH COMMITTEE REPORT

Rev. Benjamin F. Gohlstein, Sr., Faith-based Outreach (FBO) Committee Chair, reported on the FBO Committee meeting held on Wednesday, June 7, 2023, at 4:00 p.m. The Board Directors heard the following items of discussion:

▪ The Impact Of Police Use Of Force On The Mental Health Of The Black Community Update

Ms. Shaleneh Williams, BA, MA, Community Engagement and Project Manager, Cleveland Community Police Commission (CPC), reported that the Cleveland CPC was established to provide community input on police policies to help strengthen relationships between officers and the communities they serve. Better policies will help ensure policing in Cleveland is safe, effective and that people's civil rights are upheld. The CPC was established in 2015 as part of the terms of the Consent Decree between the City of Cleveland and the U.S. Department of Justice (DOJ). Following an investigation, the DOJ determined there was a pattern of excessive force used by the Cleveland Division of Police (CDP). These findings were documented in the DOJ's findings letter. The Consent Decree outlined the work that needed to be done so CDP policies, practices and procedures comply with Constitutional law.

The American Psychiatric Association (APA) recognizes the profoundly negative impact that police brutality on Black males has on their mental health, as well as the mental health of the Black community and encourages initiatives that foster direct collaboration between law enforcement and Black communities to engender trust, cooperation and understanding. The CPC is dedicated to bringing information and education on the status of Black mental well-being and establish access to treatment and care for the mental health, bodies and souls of the Black community before, during and after traumatic police encounters. Community partners that support the event include: Cleveland City Council; National Congress of Black Women; Greater Cleveland Pastor's Association; Fatherhood Initiative; Cleveland Municipal School District; Akron University; Cleveland State University; National Center for Urban Solutions; Spread the Love Foundation; CEO 360; Angelo Miller Foundation; African American Men's Wellness Agency; Alpha Pi Alpha Fraternity, Delta Alpha Lambda Chapter; Project Lift; Black Lives Matter; Cuyahoga Community College (Tri-C); Murtis Taylor Human Services System; WOJU 95.9 Radio; Omega Fraternity; YWCA; Ghetto Therapy; Citizens for a Safer Cleveland, and Serenity Health & Wellness

Corporation. Funding is also being requested from: St. Luke's Foundation; HealthComp; Woodruff Foundation; MetroHealth; Cleveland Foundation and the Fowler Foundation.

Sponsorship of *The Impact of Police Use of Force on the Mental Health of the Black Community* aligns with the ADAMHS Board's faith-based and DEI initiatives and continued work with the Mental Health Response Advisory Committee (MHRAC) and law enforcement to reimagine and reshape our mental health, addiction and recovery network into an equity-based system of inclusion.

The Impact of Police Use of Force on the Mental Health of the Black Community is a series of mini conversations that will be held from March through May 2023 that will culminate in a larger Community Conversation in July 2023, that is being sponsored by the Cleveland CPC:

- March 23, 2023 Conversation Focus: Black Women - You Are My Sister. Hosted By: YWCA Greater Cleveland
- April 29, 2023 Conversation Focus: Black Men - Real Men Real Talk. Hosted by: Alpha Phi Alpha Fraternity - Delta Alpha Lambda (Cleveland Chapter)
- May 2023 Conversation Focus: Black Youth - For Our Future. Hosted by: Tri-C
- July 2023 Combined Large Conversation - The Conversation: How Police Violence and Brutality Impacts the Black Community Conversation. Hosted by Black Lives Matter Cleveland, Citizens for a Safer Cleveland and The Angelo Miller Foundation

This series of conversations is looking at the ways in which police policies and practices, including use of force, affects the mental and physical health of Black men, Black women and Black youth. These conversations have focused on presenting data, listening to attendees' lived experiences, and providing resources to develop solutions. Information gathered from these events will be documented, researched and analyzed in a continuing effort to gather more evidence to help inform better police training, practices and policies in Cleveland. These efforts are also a source of information on how to connect to resources to begin building healthy Black men, and by extension, families and community including the men and women who serve as law enforcement officers. This conversation aims to look at some of the ways in which police use of force affects the mental and physical health of Black communities and especially Black men including the impact of years of life lost in the community, adverse mental health impact from direct and indirect exposure and public "safety" as detrimental to public health.

After the Community Conversation and through August 31, 2024, attendees will be able to access mental health counseling and other support at no cost. The Cleveland CPC has requested \$25,000 from the ADAMHS Board to serve as a sponsor to defray costs associated with *The Impact of Police Use of Force on the Mental Health of the Black Community*. As a sponsor, the ADAMHS Board has been identified as a sponsor on printed and digital materials, participated in the planning of the Community Conversation, and will present a break-out session during the Community Conversation. The Community Conversation is expected to attract 500 individuals and will include continental breakfast, keynote speaker, break-out sessions, lunch, a closing with a local or national talent and comments by the Cleveland CPC. The Cleveland CPC will also receive \$50,000 of new pooled funding from the ADAMHS Board to be drawn down to cover the cost of mental health and other related services for attendees through August 31, 2024 – with a referral for continued services as needed. Some of the services may be billable under insurance from provider agencies, while the pooled funding would cover services for the uninsured, as well as services that are not billable under insurance.

▪ **Faith-based Outreach Program 2022 Year End Report**

Ms. Starlette Sizemore, Director of Special Projects, reported that the 2022 Year-End Report contains 11 pages of in-depth analysis of information that includes measurements for all eight providers individually, plus combined data; along with observations about outcomes. The full report is available on the ADAMHS Board's website.

Ms. Sizemore stated that the mission of the Faith-based Outreach Initiative is to recognize and advocate spirituality in the recovery process; connect the spiritual perspective with other interventions and best practices; and promote the concept that treatment works and people recover. Due to program differences and ages of program participants, several measurement instruments were used. A chart was shared that showed combined results from all providers using the same measurement tool. The grand total of individuals served for all eight faith-based providers in 2022 was 1,019; and the expected annual total was 864.

Ms. Sizemore highlighted that there are various means for measuring the effectiveness of these programs through three measurement instruments: Devereux Student Strengths Assessment (DESSA) Outcomes, Devereux Adult Resilience Survey (DARS), and Quizzes/Evaluation, which includes Mental Health First Aid (MHFA) and Awareness and Education. Ms. Sizemore shared that for Calendar Year (CY) 2022, the breakdown of individuals served in each of the measurement instruments included the following: DESSA 378 individuals, DARS 382 individuals, MHFA 45 individuals, and Awareness and Education 214 individuals, for a total of 1,019 individuals.

▪ **Faith-based Outreach Program 2023 1st Quarter Report / Current Status Highlights**

Ms. Sizemore reported that during the First Quarter 2023 the total number of individuals served was 479, with an expected annual total of 785. She highlighted that during the First Quarter 2023, It's Not a Moment, It's a Movement (Institutions) served 14 individuals; with an expected annual total of 25 and It's Not a Moment, It's a Movement (Conversations) served two individuals; with an expected annual total of 12. Ms. Sizemore also reported on a variety of current highlights from each the seven faith-based providers.

▪ **Program Provider Presentations**

▪ **OhioGuidestone – Workforce 360° – Faith-based Services Program**

Mr. Tom Siloy, Program Manager, and Mr. Michael Kraynak, Community Chaplain and Case Manager, at OhioGuidestone, reported that Workforce 360° is paid job training programs for 18–24-year-olds in Cuyahoga County. Their mission is “To assist students with reaching goals related to finding *meaningful* employment, attending additional training, and/or enrolling in post-secondary education.” The goal for students at the end of the program is “That students will be in a secure job that has room for growth – really a career – or furthering their education!”

To be eligible, 18–24-year-olds living in Cuyahoga County need to meet at least one of the following:

- High school non-completer
- Parenting
- Individual with a disability
- Involved with Justice System (Adult or Juvenile)
- Foster care or aged out of foster care
- Homeless individual
- Basic skills deficient and zip code
- Incarcerated Parent
- Migrant Youth

OhioGuidestone offers the following programs:

- Job Readiness Training
- Construction
- Manufacturing
- Phlebotomy
- PCNA (Patient Care Nursing Assistant)
- PCA (Patient Care Assistant)
- STNA (State Tested Nursing Assistant)

The Faith-based services are supported by the ADAMHS Board, are offered in group and individual sessions and are a referral pathway to mental health services. The 2022 Outcomes shared consisted of 103 participants in the program who completed a DARS 1. 91 completed the DARS 2. Out of those 91 participants:

- 55% of the participants gained knowledge to develop healthy relationships.
- 44% of the participants learned skills to increase self-worth to enhance their internal beliefs and values.
- 46% of the participants learned strategies to develop/enhance self-motivation to increase independence. – Initiatives
- 30% of the participants learned how to self-regulate without the use of substances and negative influences. – Self-Control
- 64% of clients demonstrated an increase in overall score from DARS 1 to DARS 2.

2022 highlights were shared and included an increased number of Enrolled Clients from 92 (2021) to 103 (2022). The Community Chaplain maintained the number of group engagements in 2021 and 2022 and provided an increased number of one-on-one expanded engagements with enrolled clients from 8 (2021) to 16 (2022). The program utilized Spiritual Care as a Bridge to Mental Health Services with 20% of enrolled clients receiving both Spiritual Care and Mental Health Services. The program utilized client input (through the DARS assessments along with group and one-on-one conversations) to continuously modify and update program content for topical relevancy with an emphasis on promoting individual resiliency.

- **National Alliance on Mental Illness (NAMI) Greater Cleveland (GC) – Faith-based Project**

Ms. Cassey Fye, LISW, CCTP, Program Director, and Mr. Matt Gesicki, Community Outreach and Education Coordinator, at NAMI Greater Cleveland reported that NAMI was founded in 1979. It is the largest grassroots mental health organization dedicated to building better lives for millions of individuals in North America, with affiliates in every state and in more than 500 local communities across the country. NAMI GC was founded in 2005 when two affiliates established in the 1980s consolidated operations and programs to form NAMI GC, serving all of Cuyahoga County. NAMI GC's Faith-based Program includes MHFA, Understanding Mental Illness (UMI), Faith-based Community Education and Psychoeducation and Faith-based Outreach Events.

MHFA is a 7.5-hour evidence-based training program administered by the National Council for Mental Wellbeing that teaches participants how to identify, understand, and respond to signs of mental health and substance use challenges. Faith communities trained in MHFA include Calvary Lutheran Church, The Church COGIC and The Word Church.

UMI is a 60-minute presentation that provides an overview of common mental health conditions, dismantles some of the myths and misconceptions about mental illness and outlines strategies for communicating better with individuals with mental illness in one's personal and professional life. A number of faith communities have been educated in UMI.

NAMI GC provides virtual education from clinical and community perspectives on special topics related to the intersections of religion, spirituality, and mental health on a quarterly basis. In CY2022, NAMI GC served 139 individuals with faith-based community education and psychoeducation. In CY2023, NAMI GC served 40 individuals with faith-based community education. Also, NAMI GC has attended and/or confirmed their attendance at a number of faith-based community outreach events and has established relationships with a variety of faith-based communities through outreach, partnerships, collaborations, and discussions.

8. PLANNING & OVERSIGHT COMMITTEE REPORT

Ms. Katie Kern-Pilch, Planning & Oversight (P&O) Committee Chair, reported on the P&O Committee meeting held on Wednesday, June 14, 2023, at 4:00 p.m. The Board Directors heard the following items of discussion:

- **Our Wellness Network (OWN) Program – Birthing Beautiful Communities**

Mr. Mark Onusko, Behavioral Health Prevention Specialist, introduced Ms. Jazmin Long, MSSA/MNO, President and Chief Executive Officer, and Ms. Tammie S. Jones, MS, Senior Director of Programs and Behavioral Health, from Birthing Beautiful Communities. Birthing Beautiful Communities, a 501c3 non-profit, is a community of birth workers or doulas primarily providing social support to pregnant women at high risk for infant mortality during the perinatal period. Their goal is to serve 60 individuals with services that begin in first trimester to one year of age. They are addressing the toxic stress that leads to infant mortality and the stigma of asking for help. Their network is comprised of 35 African American therapists and lay leaders trained in the Grief Recovery Method (GRM) which addresses current and previous losses, equips participants with healthy coping skills and empowers them to move forward to increase positive birth equity outcomes. They accept referrals from the community; and workshops (which require 8-week commitment) are free.

- **IECMH Workforce System Capacity Building Planning Project**

Ms. Erin DiVincenzo, Director of Prevention and Children's Behavioral Health Programs, recommended approval of a cost-sharing amount of \$5,000 to the ESC of Northeast Ohio for services provided by Kirkland Consulting for the IECMH Workforce System Capacity Building Planning Project.

- **OhioMHAS State Fiscal Year (SFY) 2024 Program Funding**

Ms. DiVincenzo and Ms. Allison Schaefer, Director of Adult Behavioral Health Programs, reported that the ADAMHS Board received pass-through funds from OhioMHAS and designated the following:

- Whole Child Matters (WCM) ECMH, Starting Point Program to receive \$441,906
- The Ohio School Wellness Initiative, ESC of Northeast Ohio to receive \$110,000
- System of Care Treatment & Recovery Services for Youth: \$88,296 to Catholic Charities, \$127,500 to OhioGuidestone
- Crisis funding to OhioGuidestone's Children's Crisis Stabilization and Residential Services \$512,641
- 13 agencies to receive \$2,561,817 for Substance Abuse Prevention and Treatment (SAPT) services
- A forensic services allocation in the amount of \$130,562 to Murtis Taylor Human Services System
- A Problem Gambling Treatment and Prevention Casino Grant in the amount of \$415,215 to Recovery Resources

Representatives from the provider agencies came forward to respond to the following questions from the Board Directors: "what are your agencies challenges" and "how can the ADMHS Board help them." After a lengthy discussion, the Board Directors shared their appreciation regarding their responses and interaction. Stable staffing with successful recruitment and retention was a high priority.

▪ **Community Needs Assessment**

Mr. Scott Osiecki, Chief Executive Officer, presented on conducting a Community Needs Assessment to identify emerging needs in Cuyahoga County for mental health and SUD treatment recovery support services. He requested to authorize a contract and funding in amount of \$113,207 to RAMA Consulting.

▪ **Client Satisfaction Survey**

Mr. Osiecki reported that in June 2023, Brown Consulting launched the Board's Client Satisfaction Survey; and described the considerations for data collection and elevated client input.

▪ **Crisis Center Update**

Mr. Osiecki provided a PowerPoint on the Crisis Center Update:

- OhioMHAS has \$90 million 1-time ARPA: Investment in Ohio's Crisis Continuum
 - Part 1 is \$45 million for short-term Residential Infrastructure Development. The Board is considering an Adam-Amanda facility with \$6.5 million of these funds.
 - Part 2 is \$45 million of which the Board is considering a collaboration with St. Vincent Charity Community Health and The MetroHealth System to establish a Cuyahoga County Crisis Center located on the St. Vincent campus with 3 components:
 1. Crisis Intake/Receiving Center
 2. Psychiatric Emergency Services/Department
 3. A 16 bed Crisis Stabilization unit

▪ **Probationary Period Review for New Programs (5-Month)**

Mr. Woo Jun, Director of Risk Management, provided a 5-month Probationary Period Review for 12 new programs, of which four are run by new providers. This effort ensures success of new programs and provides technical assistance to agencies. He recommended removing probation as all provider agencies are compliant.

▪ **New Business**

Mr. Jun requested the Board Directors accept funding from the Corrections Planning Board in the amount of \$547,837.32 and contract with Emerald Development and Economic Network, Inc., (EDEN) for \$306,883.53 and FrontLine Service for \$240,953.79 for the Returning Home Cuyahoga County Housing Pilot Program and Shelter Jail Diversion Services.

Mr. Osiecki reported that the ADAMHS Board will be closed on Monday, June 19, 2023, in observance of Juneteenth.

9. **FINANCE REPORT**

Ms. Sharon Rosenbaum, Finance & Operations (F&O) Committee Chair, reported on the F&O Committee meeting held on Wednesday, June 21, 2023, and highlighted the Vouchers, Contracts and Contract Amendments as listed below.

CONSENT AGENDA: Resolution Nos. 23-06-01 through 23-06-03

- **RESOLUTION NO. 23-06-01**

ACCEPTING THE REPORT OF THE CEO ON EXPENDITURES AND VOUCHERS PROCESSED FOR PAYMENT DURING MAY 2023

Ms. Rosenbaum reported that the Administrative Budget that was approved for CY2023 was \$8,080,414 and for May Actual Year to Date (YTD) 2023, the total administrative expenses were \$3,049,673.70; that is roughly 38% of the total Administrative Budget. As a result, the Board is on track with expenses for the first five months of 2023. Ms. Rosenbaum highlighted that relative to the Board Voucher Report for May 2023, there was one expense of note that was identified as the annual dues expense of \$19,000 to the Ohio Association of County Behavioral Health Authorities (OACBHA).

The Funding Source Budget to Actual YTD, May 2023, displays the Board's total revenue budget for administrative operations and grants. The total revenue expected to be received from Federal, State and local levy funds is \$74,365,289; and through the end of May 2023, the Board has received \$14,299,288.45. Ms. Rosenbaum reported that 19% of the budget has been received.

The Revenues By Source By Month report reflected that in May 2023, the Board received revenues of \$2,604,930.11.

The ADAMHS Board Budget vs. Actuals for 2023 reflect that May YTD Actual is \$33,980,400.63, that is roughly 37% of the Board's anticipated expenditures for the calendar year. Ms. Rosenbaum noted that the Diversion Center's expenditures are reflected on this report.

The Revenue and Expenditures All Accounting Units By Month reflect that the total expenditures in May is \$7,019,908.86.

The Revenues and Expenditures Grants YTD, May 2023 YTD reflects the Grant Accounting Units that include the ADAMHS Department of Justice (DOJ) Grants, Opportunities for Ohioans with Disabilities (OOD) Grant, and Other Grants. The total expenditures for grants YTD is \$2,329,558.67.

The Diversion Center Revenues and Expenditures YTD May 2023 YTD reflects a total of \$2,104,622.51.

The Cash Flow Report, May 2023 shows the 2021 Actual, 2022 Actual and YTD thru May 2023. This report shows a comparison of the available beginning balance, total available resources, expenditures and available ending balance. The available ending balance through May 2023 is \$23,494,590.40.

- **RESOLUTION NO. 23-06-02 – APPROVAL AND RATIFICATION OF CONTRACTS:**

1. Returning Home Cuyahoga Housing Pilot Program and Shelter Jail Diversion Services – \$547,837.32
 - Emerald Development and Economic Network, Inc. (EDEN, Inc.) - \$306,883.53
 - FrontLine Service - \$240,953.79

Ms. Rosenbaum reported on Returning Home Cuyahoga Housing Pilot Program and Shelter Jail Diversion Services. This Pilot program will utilize a "Housing First" model combined with comprehensive wraparound services to provide a venue for chronically homeless mental health developmental disability (MHDD) offenders to obtain permanent supportive housing within the community. The target population often experiences periods of significant incarceration and hospitalizations. This Pilot program will not only assist the MHDD Court in better understanding the housing needs of the MHDD population, but it will also encourage the local housing community to work with criminal justice agencies to provide reliable stable housing that reduces recycling and recidivism – a significant goal of the Cuyahoga County Stepping Up Taskforce. This program, once fully operational, will reduce the existing incarcerated population within the Cuyahoga County jail.

The Corrections Planning Board (CPB) has funded this program from January 1, 2020. The purpose of the funding is to provide appropriate housing through EDEN, Inc.'s scattered site housing and wraparound supportive services through FrontLine Service. EDEN, Inc. will provide rental assistance and start-up costs to purchase furniture and other housing needs. Services to be provided by FrontLine Service include case management, shelter diversion, peer support and care coordination. FrontLine Service staff will work closely with EDEN, Inc., MHDD Court Docket staff and the Probation MHDD Unit. The ADAMHS Board is serving as the fiscal agent for the CPB; with CPB monitoring the program. Board staff is requesting the Board Directors to accept funding from the CPB in the amount \$547,837.32 and

contract with EDEN, Inc. for \$306,883.53 and FrontLine Service for \$240,953.79 for a term of July 1, 2023 through June 30, 2024.

2. IECMH Workforce System Capacity Building Planning Project
 - ESC of Northeast Ohio (Fiscal Agent) - \$5,000

While the demand/need for behavioral health services outstrips the capacity of behavioral health professionals in our local community for nearly every client population segment, the situation is particularly dire for IECMH. These services, which are not typically reimbursed by Medicaid or commercial insurance for children ages 0-3 (because billable diagnostic codes are not available for all/most services provided to this age group and because providers are sometimes reluctant to offer a formal diagnosis for a very young child) are typically delivered by staff who work at community behavioral health organizations and not typically by providers in private practice. IECMH services are largely delivered in the home, versus in a provider's office. Unlike other categories of behavioral health care that focus on treating an individual, IECMH therapies and interventions are dyadic in nature, addressing the relationship between parent/caregiver and child and their patterns of interaction. Provided services are often preventative in nature and are initiated when children display behavior that could, if untreated, lead to more severe behavioral health challenges in the future. The current capacity of the IECMH provider workforce in Cuyahoga County is insufficient to meet the current need for IECMH services, which was substantial before the pandemic and has become more acute following the pandemic's peak. Families and agencies report long wait times for services, and agencies report that they are challenged to hire and retain staff to deliver IECMH services.

Challenges to hiring new staff include the fact that the candidate pool does not often have IECMH experience (and, reportedly, no local universities offer a degree track or specialization in IECMH) and the low number of individuals entering the field due to low pay vis a vis the educational investment needed to gain the required credentials and licensing (a master's degree is required). Challenges to retention include low pay, productivity demands, and staff safety concerns related to the need to deliver services in homes and in neighborhoods plagued by crime and poverty – all of which lead to staff burnout. Exacerbating both recruitment and retention challenges is the fact that community-based behavioral health agencies face stiff competition for labor from organizations that can pay more competitive wages (e.g., hospitals and managed care organizations). All of these dynamics have created a situation where the demand/need for IECMH services in Cuyahoga County significantly exceeds supply. The Funders Task Force developed a Request for Proposals (RFP) for collective impact in expanding and strengthening the availability of IECMH services, conducted a selection process, and approved Kirkland Consulting. Members of the IECMH Funders Task Force, including the ADAMHS Board are sharing costs and collaborating on this project. Board staff is requesting the Board Directors to approve a cost-sharing amount of \$5,000 to the ESC of Northeast Ohio for services provided by Kirkland Consulting for the IECMH Workforce System Capacity Building Planning Project for the term of July 1, 2023 through December 31, 2023.

3. OhioMHAS: Whole Child Matters (WCM) ECMH
 - Starting Point - \$441,906

The ADAMHS Board was requested to apply on behalf of several partners to OhioMHAS for the WCM ECMH Grant in 2015. OhioMHAS has continued funding of this program for SFY2024 and awarded funding to the ADAMHS Board in the amount of \$441,906 for the period July 1, 2023 through June 30, 2024. Starting Point was founded in 1990 as the Child Care Resource Center of Cuyahoga County and is now the designated child care resource and referral agency for Ashtabula, Cuyahoga, Geauga and Lake; and the centralized coordinating agency for WCM referrals and data collection for Cuyahoga, Lorain, and Summit Counties.

The WCM Initiative is an effort to promote healthy social and emotional development and school readiness among children ages eight and younger through OhioMHAS. Starting Point is the centralized regional coordinating agency for WCM referrals and data collection for Cuyahoga, Lorain, and Summit Counties and will act as the intermediary fiscal agent for the current Cuyahoga WCM service provider agencies: Bellefaire JCB, OhioGuidestone and Positive Education Program (PEP). WCM services include consultation, training and on-site interventions and child/family-focused help to parents, teachers and staff to increase access to ECMH services by reducing expulsions and increasing retention in early learning settings using the ECMH Family Focused Consultation model to build social emotional

competency to promote resiliency. Services are provided to local home visiting programs, pediatric offices, and early learning environments, like pre-schools, in high-risk communities. The grant also includes trainings to build capacity and promote professional development regarding ECMH. The WCM Initiative plans to serve approximately 600 children and families during the contract period; and provide approximately 100 consultation trainings to early childhood professionals. Board Staff is requesting the Board Directors to accept funding from OhioMHAS for the WCM ECMH Initiative and to allocate \$441,906 to Starting Point for the term of July 1, 2023 through June 30, 2024.

4. OhioMHAS: The Ohio School Wellness Initiative (OSWI)
 - ESC of Northeast Ohio - \$110,000

The OSWI was designed to explore, implement, and sustain a full continuum of care including prevention, early intervention, and treatment practices for K-12 students within local districts who adopt student assistance programs (SAP), multi-tiered systems of support, and staff wellness frameworks. The cornerstone of the OSWI is the development of an Ohio Model SAP that can serve as a best practice standard for Ohio's K-12 schools.

OhioMHAS has allocated a salaried position for the OSWI called School Behavioral Health and Wellness Coordinator (SBHWC) in the amount of \$55,000 per hire. Cuyahoga County has been approved for two hires, resulting in a total allocation of \$110,000. The SBHWC will provide systematic approaches to support behavioral health promotion, prevention, early identification, intervention, referral processes, and guided support services for K-12 students who are exhibiting a range of substance use, mental and behavioral health risk factors. The positions also provide resources, online training, and guidance related to processes within the schools and with continuous improvement strategies for services to students.

In CY2024, services will be provided to Euclid City School District and serve approximately 500 students and staff through coordination and linkage to behavioral health services, resources and trainings. Funds will support the hire of two full-time SBHWCs to benefit school-age children attending Euclid City School District. Board staff is requesting the Board Directors to accept funding from OhioMHAS for prevention services for the OSWI in the amount of \$110,000 for SFY2024 (July 1, 2023 through June 30, 2024) and to contract with the ESC of Northeast Ohio to implement the program for the term of SFY2024.

5. OhioMHAS: System of Care Treatment & Recovery Services for Youth (System of Care) – \$215,796
 - Catholic Charities - \$88,296
 - OhioGuidestone - \$127,500

The System of Care Program is a collaborative effort between OhioMHAS and the Ohio Department of Youth Services (ODYS) to provide care coordination and linkage for youth and young-adults ages 14 to 25 re-entering the community from juvenile correctional institutions or other out-of-home placements. Catholic Charities' ODYS Diversion and Reentry program provides intensive clinical counseling and case management services for youth ages 14 to 21 who are either detained or diverted. All clients receive assessment, care coordination, drug screening, and an individualized re-entry and/or relapse prevention plan. Additionally, licensed staff work with the client to identify and engage their family/caregiver in services to assist with adherence to parole or diversion requirements. The program also provides clients with linkage to psychiatric services and resources related to employment/career development, education, and housing. OhioGuidestone's Transitional Age Community Treatment (TACT) program is designed to provide interdisciplinary support for youth ages 16 to 25 with persistent behavioral symptoms and complex needs who reside within the community or are transitioning from out-of-home placements like hospitals, residential treatment, or juvenile correctional facilities. TACT works to reduce symptoms and progress toward stability and independence through employment/vocation, SUD, and peer support services.

Approximately 25 clients will be served by Catholic Charities and 50 clients will be served by OhioGuidestone. Board staff is requesting the Board Directors to accept the System of Care funding from OhioMHAS in the amount of \$215,796 and contract with Catholic Charities for \$88,296 and OhioGuidestone for \$127,500 for the term of July 1, 2023 through June 30, 2024.

6. OhioMHAS: Crisis Funding - Children's Crisis Stabilization and Residential Services

- OhioGuidestone - \$512,641

OhioMHAS provided Crisis Flex and Crisis Infrastructure funds to the Board starting in July 2019 to enhance the Board's crisis continuum. Crisis Flex and Crisis Infrastructure funds were allocated to the ADAMHS Board to help meet the needs of individuals and families who are experiencing a behavioral health crisis in the community to access residential level of treatment. These funds are for the provision of approximately three crisis stabilization residential treatment beds at OhioGuidestone. The target population are youth ages 6 through 18 years who require intensive stabilization, assessment, intervention, and treatment in a residential setting with parents/guardians who are involved in treatment and plan to return home upon discharge. The length of stay can be from 24 hours up to 90 days; and provides 24/7 supervision and intensive, individualized, therapeutic services for mental health and co-occurring substance abuse needs. This funding is anticipated to serve 12 clients in residential treatment depending on the length of stay.

The client and system Impact is to decrease and divert children from presenting at emergency rooms or psychiatric hospitals, decrease and divert families utilizing law enforcement to manage crisis situations with youth, decrease the number of youth admitted to out of county residential treatment and decrease the number of families who relinquish custody to the Department of Children and Family Services (DCFS) to access residential treatment. Board staff is requesting the Board Directors to approve use of Crisis Flex and Crisis Infrastructure Funding to contract with OhioGuidestone for Children's Crisis Stabilization and Residential Treatment in the amount of \$512,641 for the term of July 1, 2023 through June 30, 2024.

7. OhioMHAS: Substance Abuse Prevention and Treatment (SAPT) Services – Pass Through Funds – \$2,561,817
 - Catholic Charities Corporation for Hispanic Women's Treatment - \$59,701
 - Catholic Charities Corporation for Juvenile Treatment Alternatives to Street Crime (TASC) - \$232,102
 - Cleveland Urban Minority Alcoholism and Drug Abuse Outreach Programs (UMADAOP) for AKOMA Women's Treatment - \$115,556
 - Community Assessment & Treatment Services for Therapeutic Community - \$157,570
 - Cuyahoga County Court of Common Pleas for Drug Court - \$220,500
 - Cuyahoga County Court of Common Pleas for TASC - \$810,006
 - Hispanic UMADAOP for CASA Maria Women's Treatment - \$79,813
 - Hitchcock Center for Women for Women's Treatment - \$378,882
 - New Directions for Female Adolescent Treatment - \$124,201
 - Recovery Resources for Women's Program - \$30,365
 - Recovery Resources for Gambling Treatment & Prevention - \$75,000
 - Signature Health, Inc. for ORCA House Women's Treatment - \$157,500
 - Women's Recovery Center for Women's Treatment - \$120,621

OhioMHAS issues "Pass-Through" Notice of Awards to the ADAMHS Board for various programs each fiscal year. The contracts are listed above; and all listed programs are 100% state/federal funded with the exception of:

- Community Assessment & Treatment Services (Therapeutic Community) - \$59,019 of the \$157,570 contract amount is ADAMHS Board funded.
- Cuyahoga County Court of Common Pleas (Drug Court) - \$82,590 of the \$220,500 contract amount is ADAMHS Board funded.

Board staff is requesting the Board Directors accept the amount of \$2,420,208 for the Federal and State pass through programs from OhioMHAS and enter into contracts totaling \$2,561,817 with the agencies identified above for services for the term of July 1, 2023 through June 30, 2024.

8. OhioMHAS: Forensic Services Allocation
 - Murtis Taylor Human Services System - \$130,562

Murtis Taylor Human Services System serves as the Forensic Monitor in Cuyahoga County for the purpose of monitoring clients found Not Guilty by Reason of Insanity (NGRI) and granted Conditional Release by the Cuyahoga County Common Pleas Court. The Forensic Monitor serves as the liaison between the entities involved in client care

including the Conditional Release Unit (CRU), the Cuyahoga County Common Pleas Court and Northcoast Behavioral Healthcare (NBH). The Forensic Monitor's role was formally created in 1996 as a result of House Bill (HB) 152 and became further defined with the enactment of Senate Bill (SB) 285, which became effective in 1997. The Forensic Monitor assesses client compliance with their individualized Conditional Release Plans, reporting updates to the courts and coordinating stabilization as needed.

Conditional Release must be granted by the Judge giving the NGRI offender permission to live in the community under specific conditions, while being monitored by the Forensic Monitor and receiving intensive behavioral health services from the CRU. Forensic Monitoring consists of intensive community support, referral/linkage to ancillary support as well as facilitation of reports and updates to the courts and OhioMHAS. The Forensic Monitor and CRU transitioned from Recovery Resources to Murtis Taylor Human Services System in May 2023. Murtis Taylor Human Services System is the primary provider for Conditional Release Services including the Forensic Monitor and CRU in Cuyahoga County. Murtis Taylor Human Services System's Forensic Monitor will monitor between 110 -125 clients in SFY 2024. These clients will receive intensive community services via the CRU Team. Board staff is requesting the Board Directors to accept the amount of \$130,562 from OhioMHAS for Forensic Monitoring for the term of July 1, 2023 through June 30, 2024 and to enter into a contract with Murtis Taylor Human Services System.

9. OhioMHAS: Problem Gambling Treatment and Prevention – Casino Grant
 - Recovery Resources - \$415,215

Since 2013, the ADAMHS Board has received funding from OhioMHAS and the former Ohio Department of Alcohol & Drug Addiction Services (ADAS) to provide support to Cuyahoga County in addressing problem gambling and other addictions. Also, since 2013, Recovery Resources has been the sole provider of these services, as they are certified to provide gambling prevention and treatment services for this target population. On March 1, 2020, Ohio started a new Casino/Racino Voluntary Exclusion Program (VEP). Individuals who have been signed up for the program for one year or five years may request removal from VEP. They are required to fill out an application and complete a workbook that educates them on responsible gambling behaviors and strategies. The individual must meet with a clinician who is qualified to treat clients with a Gambling disorder.

The funding from OhioMHAS is to support the continued growth and expansion of prevention and treatment services for problem and pathological gamblers in Cuyahoga County. This is accomplished in the following manner:

- Web based learning and educational opportunities for professionals, including probation officers, behavioral health and physical healthcare providers.
- Online screening tools to identify problem gambling behavior.
- Community awareness and engagement through coalition efforts, including the Problem Gambling Speakers Bureau, Problem Gambling Awareness Month and the Problem Gambling Symposium.
- Gambling prevention services to colleges and universities, Asian communities, youth and SUD clients.
- Review applications and workbook for the Voluntary Exclusion Program (VEP) applicants.

Approximately 18,000 individuals will be served in Fiscal Year 2024. Board staff is requesting the Board Directors to accept the amount of \$415,215 from OhioMHAS and to contract with Recovery Resources for the Problem Gambling Treatment and Prevention program for the term of July 1, 2023 through June 30, 2024.

10. Community Needs Assessment
 - RAMA Consulting - \$113,207

The ADAMHS Board conducts a Community Needs Assessment every three to five years, to ensure the local public system for mental health, addiction and recovery services continues to adapt to ever-changing and high intensity demands, and that constrained resources are allocated appropriately. The assessments assist the Board in identifying areas of greatest need for client services for planning, funding, evaluating and advocacy purposes. OhioMHAS, as well as general evaluation standards, suggest that local Boards conduct a thorough Needs Assessment approximately every five years. The last ADAMHS Board Community Needs Assessment was completed on May 15, 2020, using data collected primarily from 2019. Staff requests a Needs Assessment based primarily on 2023 data, to provide the

most up-to-date insights on emerging trends and continuing needs. Board staff recommend using the same consultant who worked with us on the Board's Strategic Plan, RAMA Consulting.

RAMA Consulting will conduct a Community Needs Assessment to inform funding and program priorities for the ADAMHS Board. The Community Needs Assessment will include a review of existing and publicly available data to assess county demographic trends, service usage statistics, state and federal policy influences, benchmarking data, etc.; stakeholder interviews, surveys and focus groups; working groups; and a final report presented to the ADAMHS Board of Directors. Board staff request the Board Directors to approve a contract with RAMA Consulting for the amount of \$113,207 to conduct a comprehensive Community Needs Assessment for the term of September 1, 2023 through December 31, 2024.

- **RESOLUTION NO. 23-06-03 – APPROVAL OF CONTRACT AMENDMENTS:**

1. Amendment to Resolution No. 22-10-03, State Opioid Response (SOR) 2.0: Ohio Crisis Assistance and Training Program – \$818,626.62
 - Northern Ohio Recovery Association (NORA) - \$390,000
 - Public Awareness Campaign - \$428,626.62

In November 2020, the Federal Emergency Management Agency (FEMA) funded Ohio's Crisis Counseling Assistance and Training Program (CCP) Regular Services Program (RSP) to address the COVID-19 disaster. The CCP RSP program provided resources for Ohioans impacted by COVID-19, including those with physical, intellectual/cognitive, and mental health issues and/or substance use disorders. At this time, Ohio's constituents with physical, intellectual/cognitive, and mental health issues and/or substance use disorders are still in need of targeted outreach and referral services due to the difficulties associated with COVID-19. Persons within this population are expected to continue to need ongoing services throughout the next year. OhioMHAS has now provided SOR 2.0 funding to the original ADAMHS Board CPP/RSP partners to develop or continue CCP RSP projects. Programs are to employ paraprofessionals. Staff are expected to be trained in the Mental Health First Aid model. Outcome measures, data collection processes, forms and training are being provided by OhioMHAS.

The ADAMHS Board is amending Resolution No. 22-10-03 to move \$25,000 allocated for Mental Health First Aid training to the public awareness campaign and to list the vendors in the campaign.

- LanguageLine Solutions
- Tungez DBA H-I Translating & Interpreting, LLC
- Fox 8
- Spectrum
- OutFront Media
- Cleveland Jewish News
- Parma Observer
- Cleveland Observer
- Lakewood Observer
- Savior-Faire Communications
- Lamar Billboard
- Radio One
- La Mega
- Audacy
- Lamar Transit
- iHeart
- Plain Dealer (Advance Ohio)
- Call and Post
- Brothers Printing
- Other vendors as needed for the NORA campaign, print, braille, videography etc.

In October 2022, the ADAMHS Board approved funding for NORA to operate a crisis center and hotline from 5:00 p.m. to 1:00 a.m., Mental Health First Aid training and public awareness campaign related to the crisis continuum of care. Board staff is requesting the Board Directors to approve moving \$25,000 allocated for Mental Health First Aid training to the public awareness campaign for an amount not to exceed \$428,626.62 and enter into contracts with various vendors for the term of September 30, 2022 through September 29, 2023.

2. Amendment to Resolution No. 23-05-04, Agreements with Attorneys for Civil Commitment Hearings
 - Mark DeFranco, Esq. - \$200 per hearing

By law (ORC 5122), the ADAMHS Board is required to ensure that persons temporarily detained for involuntary hospitalization actually meet the legal criteria for civil commitment. Probate court shall refer to ADAMHS Boards an affidavit to assist the court in determining whether persons temporarily detained for involuntary hospitalization are subject to court-ordered treatment and whether alternatives to hospitalization are available. Attorneys represent the ADAMHS Board at civil commitment hearings to ensure that persons subject to court-ordered treatment have due process.

The ADAMHS Board will be adding Attorney Mark DeFranco as a contract attorney to increase the pool of attorneys to represent the ADAMHS Board at civil commitment hearings and provide other legal services at \$200 per hearing/motion/hour. For CY2023, the ADAMHS Board approved contracts with Attorneys Ronald Balbier, Steve Canfil, Paul Friedman, Scott Friedman, and Ted Friedman to represent the ADAMHS Board at civil commitment hearings at \$100 per hearing/motion/hour.

Attorney Steve Canfil is no longer a contract attorney with the ADAMHS Board as he is pursuing other opportunities. In order to be more competitive, the ADAMHS Board increased the compensation for the Attorneys to represent the ADAMHS Board at civil commitment hearings to \$200 from \$100 per hearing in May 2023. Attorney Paul Friedman generally files motions on behalf of the ADAMHS Board but other Attorneys may be asked to fill in if Attorney Paul Friedman is not available. Board staff request the Board Directors to approve a contract with Mark DeFranco, Esq., to represent the ADAMHS Board at civil commitment hearings for \$200 per hearing, \$200 per motion, and \$200 per hour for additional services for the term of July 1, 2023 through December 31, 2023.

3. Amendment to Resolution No. 22-07-02, Mobile Response Stabilization Services (MRSS) Funding For Non-Medicaid Youth
 - Bellefaire Jewish Children's Bureau - \$30,000

The Ohio Department of Medicaid (ODM) selected Aetna Better Health of Ohio to implement the Ohio Resilience through Integrated Systems and Excellence program (OhioRISE), serving as the specialized managed care organization for the state's children with the most complex behavioral health needs. MRSS is an evidenced based and trauma informed statewide service, included in OhioRISE coverage by July 1 of 2022. It will have a statewide, centralized call center to triage and dispatch calls to local certified MRSS providers. MRSS teams are comprised of licensed supervisors, licensed therapists, certified peer supporters and has access to a nurse practitioner or psychiatrist.

ODM has allocated this funding for non-Medicaid eligible youth receiving MRSS Services. A review of utilized funds will take place mid-year, at which time additional allocations may be made. The statewide MRSS model is a 24/7 crisis service where a team of two providers respond in person within sixty minutes for youth up to age 21. The crisis is defined by the youth and/or family according to the MRSS model. MRSS can provide up to four to six weeks of in-home de-escalation and stabilization with the MRSS team working within the family system to create safety plans, teach skills, provide peer support and link to ongoing services to prevent future crises and reduce the need for out-of-home treatment. Bellefaire Jewish Children's Bureau's MRSS team provides services to Cuyahoga County daily (7 days a week) between the hours of 9:00 a.m. - 5:00 p.m. Bellefaire anticipates the MRSS program will expand hours and staffing patterns to provide services 24/7. Their team consists of licensed supervisor clinicians, licensed therapists, Qualified Mental Health Specialists (QMHS), a certified peer supporter and has access to psychiatry services. OhioMHAS approved additional funding for non-Medicaid youth of \$30,000. Board staff is requesting the Board Directors to amend Resolution No. 22-07-02 to increase funding by \$30,000 to Bellefaire Jewish Children's Bureau for

the provision of MRSS for Non-Medicaid eligible families in Cuyahoga County for the term of July 1, 2022 through June 30, 2023.

4. Amendment to Resolution No. 22-11-08, Workforce Development and Transportation Program
 - New Directions, Inc. (A Crossroads Health Organization) - \$8,500 (\$4,500 Workforce Development; \$4,000 Transportation)

New Directions, Inc., is an adolescent substance abuse treatment facility offering integrated services for recovery and mental health. They are committed to being the innovative leader for trauma-informed, personalized care and recovery support. Their core values are commitment to clients, belonging, collaboration, excellence, empathy, tenacity, and integrity. Their program philosophy views substance use disorders as a primary issue. Many clients struggle simultaneously with mental health concerns and substance use so treatment involves an integrated approach in which both disorders are addressed simultaneously.

New Directions, Inc., approached the ADAMHS Board to request funding for the one-time support of workforce development. New Directions, Inc., completed the Therapeutic Crisis Intervention (TCI) Training introduced by the ADAMHS Board. Due to staffing shortages and agency costs surrounding the implementation of TCI training, New Directions, Inc., is requesting one-time funding to cover costs; and is also asking for funding to cover transportation costs that were not anticipated during the budget setting process for CY2023. These costs are related to ensuring that youth are attending required appointments. The costs include the actual transportation to appointments as well as personnel costs to accompany the youth to their appointments. Board staff is requesting the Board Directors to amend Resolution No. 22-11-08 to approve funding to New Directions, Inc., in the amount of \$4,500 for workforce development and \$4,000 for transportation for CY2023.

Motion to approve the Consent Agenda (Resolution Nos. 23-06-01 through 23-06-03). MOTION: B. Gohlstin / SECOND: K. Kern-Pilch / AYES: A. Bhardwaj, G. Boehm, S. Galloway, B. Gohlstin, K. Kern-Pilch, S. Killpack, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

10. CHIEF EXECUTIVE OFFICER'S REPORT

Mr. Osiecki shared information regarding the following items of discussion:

- **State Budget Testimony:**
 - Mr. Osiecki presented testimony to the Senate Finance Committee on Thursday, May 25, 2023, regarding the House passed Substitute HB 33 – the SFY 2024-2025 Budget.
 - Senator Dolan is the Chair of the committee.
 - Mr. Osiecki asked for the consideration of restoring the cut to the 421-line item – which provides the base allocations to Boards from OhioMHAS.
 - Mr. Osiecki also requested restoration of funds to the Hospital Services line (ALI 336-412) to the as-introduced amount to ensure continuation of state hospital operations at current capacity levels and allow for planned expansion of necessary bed capacity in the amount of 80 new beds.
 - Mr. Osiecki also asked for additional funding to Medicaid that would allow for a 20% rate increase for community behavioral health services.
- **State Fiscal Year 24/25 Budget Sub. HB 33 Update:**
 - When the Senate passed their version of HB 33 on Friday, June 16, 2023:
 - They added \$10 million for each FY for the 421 Continuum of Care Services line for ADAMH boards which restored it to the as-introduced levels of \$106,539,000.
 - Added \$4.5 million in SFY 2024 and \$2.9 million in SFY 2025 to the Community Projects line and earmarked the funds for several programs, which included \$2 million to Bellefaire. This was originally part of the 421-line item but is now separate, which is good because it does not take away funding from Boards.
 - Restored some of the funding to OhioMHAS for hospital operations.
 - Language was included to create a Certified Mental Health Assistant program at NEOMED, the Northeast Ohio Medical University.

- Did not increase the Medicaid budget beyond the funding that would provide 10% increase for behavioral health services that was included in the as introduced version.
 - This version included some of the language that was included in SB 105 the modernization of Ohio Revised Code (ORC) 340.
 - Includes changes to Governing Board composition.
 - Board sizes could be 9, 12, 14, 15, or 18.
 - County Commissioners would appoint 2/3rds of the members; OhioMHAS would appoint 1/3
 - The six categorical appointments remain a requirement.
 - Data sharing
 - Board input in agency certification and investigation
 - The Budget Bill is currently in Conference Committee – so all of this may change.
 - Mr. Osiecki has been in contact with Senator Dolan and Representative Sweeney – since they are both on the conference committee – to ensure the funding remains and to ask them to include Board contracting language, which was not included as part of the 340-modernization language.
 - Mr. Osiecki asked both to add language that Board contracts with providers include a process by which either party may terminate the contract before it is scheduled to expire, for any cause the party considers necessary for the early termination of the contract, and a process by which the other party may appeal the terminating party's decision regarding the early termination.
 - If either the Board or the provider intends not to renew a contract, the other party shall give written notice at least 30 days before the expiration date of the contract. This is a needed change from the current 120-day notice and should stop lawsuits that have been recently brought against Boards throughout the state.
 - Conference Committee is scheduled to meet today at 4:00 p.m., whereby changes may still occur.
 - There are Conference Committee meetings scheduled for next week in case the budget bill is not approved by Friday, June 30, 2023.
 - If the budget bill is not approved, the House and Senate are ready to pass an extension so that the State does not shut down.
- **State of Ohio Certified Community Behavioral Health Clinic (CCBHC) Advisory Committee:**
 - Ohio was one of 15 states to receive a \$1million, one year, CCBHC federal planning grant to develop OhioMHAS regulatory framework and certification; and develop an application for a four-year demonstration grant.
 - A CCBHC model was created to transform mental health and substance use treatment across the country and provide sustainable funding for robust community outpatient mental health treatment. CCBHCs are required to provide a range of services, including crisis services that are available 24 hours a day, 7 days a week regardless of ability to pay, place of residence or age – including developmentally appropriate care for children and youth.
 - They utilize evidence-based practices, provide equitable service that is person and family centered, driven by the needs and preferences of the people and families receiving the service.
 - Mr. Osiecki was asked by OhioMHAS, and he accepted, to serve on the State of Ohio CCBHC Advisory Committee.
 - The committee's purpose is to provide input and guidance throughout the planning grant period and assess implementation needs and readiness for submission for a demonstration grant.
 - The first meeting was held on Friday, June 23, 2023; and will meet monthly starting in August through March of 2024.
 - **OhioMHAS ARPA Phase I and II Update:**
 - On Tuesday, June 20, 2023, the Board received official word from OhioMHAS that our NEO Collaborative proposal for \$5.9 million in ARPA funding for the development of Adam-Amanda – or short-term residential facilities, has been approved.
 - All parties involved are meeting with the OhioMHAS Project Support Team on Monday, July 10, 2023.
 - On Friday, June 16, 2023, the proposal was submitted to OhioMHAS for the second round of ARPA funding for the development of a crisis center. \$7 million was requested; and hopefully we will hear from OhioMHAS soon.
 - **OhioMHAS Crisis Task Force**
 - The OhioMHAS Crisis Task Force, of which Mr. Osiecki is a member, has started to meet again. They met on Tuesday, June 6, 2023 and discussed the progress being made on the continuing effort to strengthen Ohio's Crisis System Roadmap.

- During 2023, 988 was launched, a Board area crisis assessment was completed, a Crisis Administrator was hired, a Crisis Landscape Analysis was completed, and the ARPA RFPs were issued.
 - ARPA awards will be provided, and a workforce roadmap will be completed.
 - In 2024, committee members will work on the development of rules, performance metrics and figure out transportation to crisis services.
- **State of the County Address:**
 - Mr. Osiecki reported that Ms. Felicia Harrison, Chief Financial Officer, Ms. Allison Schaefer, Director of Adult Behavioral Health Programs, Ms. Carole Ballard, Director of Education and Training, and Mr. Anthony Henderson, Jr., Chief Compliance Officer, were going to attend the State of the County Address that was scheduled for Wednesday, June 28, 2023, however, due to the air quality, it was rescheduled for Friday, June 30 from 1:00 p.m. to 3:00 p.m.
 - **Sponsorships:**
 - The ADAMHS Board is sponsoring the Taking Back Our Youth 1st Annual Protect Youth Mental Health three-part summer series at the Gold Level. Our sponsorship is being used to purchase medals with the phrase "I am Enough; I am Loved; I am NOT my Situation" which will be given to all youth attending the event; and we will staff a table.
 - The first session was held last evening. The sessions include speakers, music, game trucks, community supporters, providers and sponsors in attendance.
 - The goal is to provide resources and information along with supportive services to those in the community and in attendance.

11. NEW BUSINESS

1. Amendment to Resolution No. 23-05-04, Agreements with Attorneys for Civil Commitment Hearings
 - Attorneys: Ronald Balbier, Paul Friedman, Scott Friedman and Ted Friedman

Mr. Jun reported that by law (ORC 5122), the ADAMHS Board is required to ensure that persons temporarily detained for involuntary hospitalization actually meet the legal criteria for civil commitment. Probate court shall refer to ADAMHS Boards an affidavit to assist the court in determining whether persons temporarily detained for involuntary hospitalization are subject to court-ordered treatment and whether alternatives to hospitalization are available. Attorneys represent the ADAMHS Board at civil commitment hearings to ensure that persons subject to court-ordered treatment have due process.

Due to internal miscommunication, the ADAMHS Board is requesting compensation for motions and per hour for other legal services to be increased to \$200 from \$100 for all contracted attorneys. In order to be more competitive, the ADAMHS Board increased the compensation for the attorneys to represent the ADAMHS Board at civil commitment hearings to \$200 from \$100 per hearing in May 2023. For CY2023, this Board approved contracts with Attorneys Ronald Balbier, Steve Canfil, Paul Friedman, Scott Friedman, and Ted Friedman to represent the ADAMHS Board at civil commitment hearings at \$100 per hearing/motion/hour. Attorney Steve Canfil is no longer a contract attorney with the ADAMHS Board as he is pursuing other opportunities.

Attorneys may be asked to attend hearings, file motions, and perform legal research on behalf of the ADAMHS Board. Attorney Paul Friedman generally files motions on behalf of the ADAMHS Board but other attorneys may be asked to fill in if Attorney Paul Friedman is not available. Board staff is requesting the Board Directors to approve contract amendments with Attorneys Ronald Balbier, Paul Friedman, Scott Friedman and Ted Friedman for \$200 per motion and per hour for other legal services for the term of June 1, 2023 through December 31, 2023.

Motion to approve contract amendments with Attorneys Ronald Balbier, Paul Friedman, Scott Friedman and Ted Friedman for \$200 per motion and per hour for other legal services. MOTION: S. Rosenbaum / SECOND: H. Snider / AYES: A. Bhardwaj, G. Boehm, S. Galloway, B. Gohlstin, K. Kern-Pilch, S. Killpack, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

Mr. Harvey Snider reported that within the last seven days, an article was published in the Cleveland Plain Dealer and Cleveland.com, which states that a new state of the art, Cleveland Clinic hospital, is being built in Lake County near Mentor. However, this is another hospital that is being built without any behavioral health beds. The lack of beds is critical and one of the world class hospitals, is

again, lacking in its commitment to behavioral health. He shared that he hopes that there is some way that the Board continues to advocate for new behavioral health beds. Mr. Snider stated that he recently reviewed the Annual Reports from the last two years and the only hospitals within Cuyahoga County that have advanced in the area of beds are University Hospitals and the new MetroHealth Cleveland Heights Medical Center. As a result, the Board must do more advocacy in this area. Ms. Kern-Pilch also wanted to bring an awareness to the decline in Children's beds in Cuyahoga County.

Dr. Leslie Koblentz, Chief Clinical Officer Consultant, shared that perhaps Mr. Osiecki and herself can meet with Dr. Donald Malone, President of Ohio Hospitals and the Family Health Centers of Cleveland Clinic, to discuss the lack of behavioral health beds in Cuyahoga County.

12. FOLLOW-UP

No follow-up was received.

13. AUDIENCE INPUT

Ms. Rosie Palfy, a Veteran and Homeless Advocate, asked questions regarding the minutes from the May 24, 2023 General Meeting, the CY2024 funding process, as well as the Needs Assessment. She also reported that Mr. Osiecki and the Executive Team did an impressive presentation regarding the CY2024 funding process.

Ms. James-Stewart thanked Ms. Palfy for her input. Ms. Kern-Pilch stated that the RFP process is a fluid process whereby a lot of thought and dialogue is occurring to best utilize the available funding across the spectrum of care. Mr. Osiecki reported that the Needs Assessment will assist with decision making for CY2025.

14. UPCOMING JULY AND SEPTEMBER BOARD MEETINGS:

- General Meeting: July 26, 2023
- Community Relations & Advocacy Committee Meeting: September 6, 2023
- Planning & Oversight Committee Meeting: September 13, 2023
- Finance & Operations Committee Meeting: September 20, 2023
- General Meeting: September 27, 2023

There being no further business, the meeting adjourned at 5:56 p.m.

Submitted by: *Linda Lamp, Executive Assistant*

Approved by:

Patricia James Stewart, Vice Chair, ADAMHS Board of Cuyahoga County