



**FAITH-BASED OUTREACH COMMITTEE
WEDNESDAY, JUNE 7, 2023
4:00 P.M.**

2012 West 25th Street, United Bank Building / 6th Floor - Ohio Room

Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. **Call to Order** – Rev. Benjamin F. Gohlstin, Sr., Committee Chair
2. **Public Comment on Agenda Items** – Rev. Benjamin F. Gohlstin, Sr.
3. **Approval of Minutes:** February 1, 2023 – Rev. Benjamin F. Gohlstin, Sr.
4. **The Impact of Police Use of Force on the Mental Health of the Black Community Update** – Shalenah Williams, BA, MA, Community Engagement and Project Manager, Cleveland Community Police Commission
5. **Faith-Based Outreach Program 2022 Year-End Report** – Starlette Sizemore, Director of Special Projects
6. **Faith-Based Outreach Program 2023 1st Quarter Report / Current Status Highlights** – Starlette Sizemore
7. **Program Provider Presentations:**
 - OhioGuidestone – Workforce 360° – Faith-Based Services Program
 - Tom Siloy, Program Manager and Michael Kraynak, Community Chaplain & Case Manager
 - NAMI Greater Cleveland – Faith-Based Project
 - Cassey Fye, Program Director and Matt Gesicki, Community Outreach and Education Coordinator
8. **New Business**
9. **Follow-up**
10. **Public Comment Period**
11. **Upcoming June and July Board Meetings:**
 - Planning & Oversight Committee Meeting: June 14, 2023
 - Finance & Operations Committee Meeting: June 21, 2023
 - General Meeting: June 28, 2023
 - Committee of the Whole Meeting: July 19, 2023
 - General Meeting: July 26, 2023

Faith-based Outreach Committee

Rev. Benjamin F. Gohlstin, Sr., Committee Chair
Patricia James-Stewart, M.Ed., LSW, Committee Vice Chair
Ashwani Bhardwaj; Rev. Brenda Ware-Abrams; Mary Warr, M.Ed.

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

**FAITH-BASED OUTREACH COMMITTEE MINUTES
FEBRUARY 1, 2023**

Committee Members Present: Rev. Benjamin F. Gohlstin, Sr., Committee Chair, Patricia James-Stewart, M.Ed., LSW, Rev. Brenda Ware-Abrams, Mary R. Warr, M.Ed.

Absent: Ashwani Bhardwaj, Rev. Max M. Rodas, MA

Board Staff Present: Scott Osiecki, Chief Executive Officer, Carole Ballard, Anthony Henderson, Woo Jun, Linda Lamp, Clare Rosser, Jessica Saker, Starlette Sizemore

1. CALL TO ORDER

Rev. Benjamin F. Gohlstin, Sr., Faith-based Outreach Committee Chair, called the meeting to order at 4:00 p.m.

2. PUBLIC COMMENT ON AGENDA ITEMS

No public comment on agenda items was received.

3. APPROVAL OF MINUTES

The Faith-based Outreach Committee minutes of June 1, 2022 were approved as submitted.

4. FAITH-BASED OUTREACH PROGRAM PROGRESS REPORT

Ms. Starlette Sizemore, Director of Special Projects, reported that the Third Quarter Report contains 10 pages of in-depth analysis of information that includes measurements for all eight faith-based providers individually, plus combined data; along with observations about outcomes. Ms. Sizemore thanked Mr. Anthony Henderson, Chief Compliance Officer, and Mr. Thomas Williams, Evaluation and Research Officer, for their efforts with gathering the data. The full report is available on the ADAMHS Board's website.

Ms. Sizemore stated that the mission of the Faith-based outreach initiative is to recognize and advocate spirituality in the recovery process; connect the spiritual perspective with other interventions and best practices; and promote the concept that treatment works and people recover. Due to program differences and ages of program participants, several measurement instruments were used. A chart was shared that showed combined results from all providers using the same measurement tool. The grand total of individuals served for all eight faith-based providers in 2022 was 619; and the expected annual total was 864.

Ms. Sizemore highlighted that there are various means for measuring the effectiveness of these programs through three measurement instruments: Devereux Student Strengths Assessment (DESSA) Outcomes, Devereux Adult Resilience Survey (DARS), and Quizzes/Evaluation, which includes Mental Health First Aid (MHFA) and Awareness & Education. Ms. Sizemore shared that for the first three quarters, the breakdown of individuals served in each of the measurement instruments included the following: DESSA 123 individuals, DARS 291 individuals, MHFA 34 individuals, and Awareness and Education 171 individuals, for a total of 619 individuals.

The faith-based programming for children in grades K-12th is measured through the DESSA instrument by comparing a Pre assessment with a Post assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K-8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies: Self-awareness; Social-awareness; Self-management; Relationship Skills; Goal Directed Behavior; Personal Responsibility; Decision Making Skills; and Optimistic Thinking, which translates to a score and is categorized through a numerical value. 60 and above indicate social and emotional "Strengths" showing children doing well; 40-59 indicate "Typical" positive behaviors for children; and 40 and below indicate "Need for Instruction" to further develop social and emotional skills.

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the DARS instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas: Will gain knowledge to develop healthy relationships; Will learn skills to increase self-worth to enhance internal beliefs and values; Will learn strategies to develop/enhance self-motivation to increase independence; and Will learn to self-regulate and control without the use of substance and negative influences. Ms. Sizemore highlighted that the chart provided reflected that overall, 68% to 78% of individuals showed improvement in resilience for each of the subscales; and overall, 81% showed improvement in resilience in one or more of the subscales.

MHFA is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a MHFA training provided by a faith-based program provider are expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics: Helpful Things to Say; Myths and Facts-Suicide and Self-Injury; Suicidal Thoughts and Behaviors; Panic Attacks; Traumatic Events; Auditory Hallucinations; Psychosis; and Substance Use Disorders. Participants demonstrated on a quiz a passing level of competence of 100%. No one participated in a MHFA program during the First Quarter of 2022; however, in the Second Quarter Far West Center had eight individuals and in the Third Quarter had 11 individuals and National Alliance on Mental Illness (NAMI) Greater Cleveland had 15 individuals in the Second Quarter and no individuals in the Third Quarter.

The Awareness & Education programs are designed to present a variety of mental health and substance use knowledge to raise their level of education and awareness. These programs are being done by the Far West Bridges Program, NAMI Greater Cleveland and the Galilean Theological Center (GTC). The total number of individuals for each of the faith-based providers for the first three quarters is as follows: Far West Bridges Program 18 individuals, NAMI Greater Cleveland 100 individuals and GTC 53 individuals.

Ms. Sizemore reported on a variety of current highlights from each the eight faith-based providers, which included the following:

- **99Treasures Arts & Culture – Project Community Empowerment Holistic Solutions for Holistic Problems**
Project Community Empowerment Holistic Solutions for Holistic Problems is a grassroots Saturday/Summer Program for youth and high-risk youth that have had contact with the Juvenile Justice System. This program takes a human centered and spiritual approach in recovery, healing and providing program services

Ms. Sizemore highlighted that 99Treasures Arts & Culture youth researched gun violence and the consequences of firearms. She shared that they provided socialization activities in two Housing and Urban Development (HUD) facilities for senior citizens and that a board-certified psychologist is on staff to do assessments and make recommendations.

- **Far West Center – Bridges Program**
Far West Center's Bridges Program – Building bridges between the faith community and behavioral health providers – Establishing an ongoing "bridge" relationship with congregations and their ministers.

The Bridges Program has completed the last session of a four-part Bridges series at Bay Presbyterian. Bridges Program staff have also provided an educational session at the Westlake Community Center entitled "Coping with the Stress of the Holidays" and participated in a community outreach presentation at Dr. Martin Luther Evangelist Church regarding cultural diversity.

- **Galilean Theological Center – Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders**
GTC has a Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders that addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.

47 individuals successfully completed Component I – Spiritual Caregiving to Help Addicted Persons and Families. Component II – Chemical Dependency Counselor Assistant (CDCA) – Licensing and Credentialing – 23 individuals are certified as CDCA and 23 individuals are certified as CDCA Preliminary. Overall, 25% of the participants are employed in treatment facilities and others are seeking employment in this field.

▪ **Kingdom Developers Consulting – Strength to Obtain Purpose (STOP)**

The STOP Program assists individuals in overcoming adversity experienced in early life. The aim of the program is to reduce risk taking behaviors including the use of alcohol and other drugs, criminal activity and engaging in any behavior that could jeopardize one's future. The STOP program serves at-risk youth in grades K-12, families and adults involved with the criminal justice system.

The STOP Program is in two schools, Invictus East High School and Franklin Delano Roosevelt Academy. In Invictus High School, all campus programming was suspended until January 2023. STOP Program staff will follow-up with the Family Liaison to provide tangible resources for students. In Franklin Delano Roosevelt Academy STOP Program staff will provide consultation with school psychologist regarding Social Emotional Learning needs and Social Support Team meetings.

▪ **Naaleh Cleveland – High Risk Mentorship Program**

Naaleh's High Risk Teen Mentorship Program provides a healthy and dependable role model to a struggling teenager to help them find themselves during this pivotal and formative time of life.

Five participants from last year, who were heavily involved with substance use and engaging in high-risk behaviors, are all sustaining sobriety. Mentors are helping youth find part-time employment; and have provided daily social skill group activities, group fitness and wellness activities that focused on building resilience.

▪ **NAMI Greater Cleveland – Faith-based Project**

NAMI Greater Cleveland increases awareness of how mental health conditions affect everyday life and provide mental health education and support within faith-based communities for individuals with mental illness and their families.

NAMI Greater Cleveland has in-person support groups at Bay Village Presbyterian Church, St. Joseph Church in Strongsville and Grace Church. They are also transitioning the Faith Program to the new Community Education and Outreach Coordinator.

▪ **OhioGuidestone – Workforce 360 Program**

The Workforce 360 Program incorporates a spiritual component directly into their program as well as offering on-site individualized spiritual care services for participants to access as needed.

The Workforce 360 Program currently has one individual that has newly accessed mental health services (23 individuals total), 23 individuals that have received mental health services and spiritual services, 80 individuals that have only received spiritual services and one individual that has received expanded Chaplain engagements (16 individuals total).

▪ **Trinity Outreach Ministries – FAITH Program Inner City Youth and Families Cultural Arts Performance**

Trinity Outreach Ministries' FAITH Inner City Youth and Families Cultural Arts Performance is an after school and weekend prevention program.

Families supported each other toward healthy choices and family sobriety. At least 25 families participated in providing special bags to homeless men and women; and families reported that they appreciated the FAITH Program of 2022 and look forward to starting back in 2023.

Ms. Sizemore responded to questions from the Board of Directors present. She also noted that the detailed Faith-based Programs Performance Outcomes 2022 Third Quarter Report and Faith-based Outreach Initiative Program Progress Report

can be reviewed for additional detail; and reiterated that these detailed reports are provided on the Board's website. (The PowerPoint presentation and detailed Third Quarter Report are attached to the original minutes stored in the Executive Unit.)

5. PROGRAM PROVIDER PRESENTATIONS

- GTC – Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders

Rev. Dr. Felix Muniz, Executive Director of GTC, reported that GTC is a 501(c)(3) non-profit organization whose mission statement is to provide introductory theological education, training, and job-readiness skills for ministry, leadership, and employment in the Hispanic-Latino churches throughout Northeast Ohio. Their goal is to provide ministerial training and sound theological education to Hispanic/Latino church leaders who generally do not have access to traditional theological institutions due to language barriers, socio-economic status and/or formal education. GTC has a partnership with Ashland Theological Seminary with the purpose to train men and women for bachelor exempt status for application to the master's program.

The GTC Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders has two components with the following learning objectives:

Component I. Spiritual Caregiving to Help Addicted Persons and Families (21 hours)

Participants learn to:

1. Recognize addiction
2. Provide pastoral/care of addicted persons and families
3. Gain self-understanding/understanding of prevention strategies
4. Understand the role of the community in recovery from addiction
5. Meet requirements to be certified as CDCA by the Ohio Chemical Dependency Professional Board

Component II. Licensing & Credentialing (40 hours)

Participants trained in:

1. Theories of addiction
2. Counseling procedures & strategies with addicted populations
3. Group process & techniques
4. Assessment & diagnosis of addiction
5. Treatment planning
6. Ethics

Rev. Dr. Muniz reported that GTC's goal was to enroll, train and educate 40 pastors & church leaders in substance use disorders in 2022; and shared the following:

- 53 participants were registered for the program
- 47 participants completed Component I and moved on to Component II.
- All 47 participants successfully completed both Components I & II
- 24 participants are certified as CDCA
- 23 participants are certified as CDCA Preliminary
- 25% of participants are currently employed in treatment facilities

Rev. Dr. Muniz shared that this program can be enriched if they add a component on evaluating racial trauma, conflict intervention and conflict management (coming in 2023). He reported that GTC has become a referral source for employment at treatment facilities and social service agencies. Rev. Dr. Muniz responded to any questions the Board of Directors had. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

- It's Not a Moment. It's a Movement (INAMIAM)

Pastor Kyle Earley, Chief Executive Officer and Founder of INAMIAM, reported that INAMIAM was formed in 2018 with the mission to increase awareness, educate, and promote action-focused strategies for policy change and community connections through community-organized leadership, training, and culturally appropriate services. INAMIAM is a 501(c)(3) nonprofit charitable organization servicing Northeast Ohio.

INAMIAM Programs include the Youth Empowerment Program (YEP), Activist Academy and The Faith Movement (TFM). YEP has offered services to over 400 students in Akron Public Schools for six years. They are currently in six buildings improving school climate and family life through:

- Mental Health Prevention and Education
- Academic Enrichment
- Health & Wellness

Activist Academy provides skill-building and guidance for emerging leaders to take on new responsibilities and stand in the spotlight as effective advocates for their communities. TFM provides faith leaders with tools and resources necessary for developing Mental Health Ministries aimed at reducing the stigma of mental illness and integrating the important role of spirituality within the treatment and recovery process. Program Initiatives include the following:

- Gas On God
- TFM Voter Engagement Program
- Opioid Harm Reduction
- Mentally Mangled Mental Health Summit

Pastor Earley shared the following as to why this program is needed:

- 23% of pastors acknowledge they have personally struggled with a mental illness.
- 49% of pastors say they rarely or never speak to their congregation about mental illness.
- 65% of churchgoing family members of those with mental illness want their church to talk openly about mental illness.
- 76% of churchgoers say suicide is a problem that needs to be addressed in their community.
- 70% of pastors feel unequipped to help congregants deal with matters of mental or emotional health.
- Only 27% have a plan to assist families affected by mental illness; and of those, only 21 percent of family members are aware of the plan in place.
- Only 14% of churches have a counselor skilled in mental illness on staff, or trained leaders who know how to recognize mental illness.

Paster Earley also reported on the Mentally Mangled Mental Health Summit. He reported that the Summit had 83 attendees. Over 85% expressed interest in developing a mental health ministry, 90% feel unequipped to establish or sustain mental health ministries in their church, 90% expressed a need for training and technical assistance to increase mental health awareness, 80% desired continued conversations and seek connections to counseling services for themselves and members of their institutions of faith and 45% have never attended counseling due to stigmas associated with mental health. Paster Kyle Earley responded to any questions the Board of Directors had. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

6. SPONSORSHIP: IMPACT OF POLICE USE OF FORCE ON THE MENTAL HEALTH OF THE BLACK COMMUNITY

Mr. Scott Osiecki, Chief Executive Officer, reported that the Cleveland Community Police Commission (CPC) was established to provide community input on police policies to help strengthen relationships between officers and the communities they serve. Better policies will help ensure policing in Cleveland is safe, effective, and that people's civil rights are upheld. The CPC was established in 2015 as part of the terms of the Consent Decree between the City of Cleveland and the U.S. Department of Justice (DOJ). Following an investigation, the DOJ determined there was a pattern of excessive force used by the Cleveland Division of Police (CDP). These findings were documented in the DOJ's findings letter. The Consent Decree outlined the work that needed to be done so CDP policies, practices and procedures comply with Constitutional law.

The American Psychiatric Association (APA) recognizes the profoundly negative impact that police brutality on Black males has on their mental health, as well as the mental health of the Black community [and] encourages initiatives that foster direct collaboration between law enforcement and Black communities in order to engender trust, cooperation, and understanding. The CPC is dedicated to bringing information and education on the status of Black mental well-being and establish access to treatment and care for the mental health, bodies and souls of the Black community before, during and after traumatic police encounters. Community partners that support the event include: Cleveland City Council; National Congress of Black Women; Greater Cleveland Pastor's Association; Fatherhood Initiative; Cleveland Municipal School District; Akron University; Cleveland State University; National Center for Urban Solutions; Spread the Love Foundation; CEO 360; Angelo Miller Foundation; African American Men's Wellness Agency; Alpha Pi Alpha Fraternity, Delta Alpha Lambda Chapter; Project Lift; Black Lives Matter; Cuyahoga County Community College; Murtis Taylor; WOVU 95.9 Radio; Omega Fraternity; YWCA; Ghetto Therapy; Citizens for a Safer Cleveland, and Serenity Health & Wellness Corporation. Funding is also being requested from: St. Luke's Foundation; HealthComp; Woodruff Foundation; MetroHealth; Cleveland Foundation and the Fowler Foundation.

Sponsorship of *The Impact of Police Use of Force on the Mental Health of the Black Community* aligns with the ADAMHS Board's faith-based and Diversity, Equity and Inclusion (DEI) initiatives and continued work with the Mental Health Response Advisory Committee (MHRAC) and law enforcement to reimagine and reshape our mental health, addiction and recovery network into an equity-based system of inclusion.

The Impact of Police Use of Force on the Mental Health of the Black Community is a series of mini conversations that will be held from March through May 2023 that will culminate in a larger Community Conversation in July 2023, that is being sponsored by the Cleveland Police Commission:

- o March 23, 2023 Conversation Focus: Black Women - You Are My Sister. Hosted By: YWCA Greater Cleveland
- o April 29, 2023 Conversation Focus: Black Men - Real Men Real Talk. Hosted by: Alpha Phi Alpha Fraternity - Delta Alpha Lambda (Cleveland Chapter)
- o May 2023 Conversation Focus: Black Youth - For Our Future. Hosted by: Tri-C
- o July 2023 Combined Large Conversation - The Conversation: How Police Violence and Brutality Impacts the Black Community Conversation. Hosted by Black Lives Matter Cleveland, Citizens for a Safer Cleveland and The Angelo Miller Foundation

This series of conversations will look at the ways in which police policies and practices, including use of force, affects the mental and physical health of Black men, Black women and Black youth. These conversations will focus on presenting data, listening to attendees' lived experiences, and providing resources to develop solutions. Information gathered from this event will be documented, researched and analyzed in a continuing effort to gather more evidence to help inform better police training, practices and policies in Cleveland. These efforts will also be a source of information on how to connect to resources to begin building healthy Black men, and by extension, families and community including the men and women who serve as law enforcement officers. This conversation will aim to look at some of the ways in which police use of force affects the mental and physical health of Black communities and especially Black men including the impact of years of life lost in the community, adverse mental health impact from direct and indirect exposure, and public "safety" as detrimental to public health.

After the Community Conversation and through August 31, 2024, attendees will be able to access mental health counseling and other support at no cost. The CPC is requesting \$25,000 from the ADAMHS Board of Cuyahoga County to serve as a sponsor to defray costs associated with *The Impact of Police Use of Force on the Mental Health of the Black Community*. As a sponsor, the ADAMHS Board of Cuyahoga County will be identified as a sponsor on printed and digital materials, participate in the planning of the Community Conversation, and present a break-out session during the Community Conversation. The Community Conversation is expected to attract 500 individuals and will include continental breakfast, keynote speaker, break-out sessions, lunch, a closing with a local or national talent and comments by the Cleveland CPC. The CPC is also requesting \$50,000 of new pooled funding from the ADAMHS Board of Cuyahoga County to be drawn down to cover the cost of mental health and other related services for attendees through August 31, 2024 – with a referral for continued services as needed. Some of the services may be billable under insurance from provider agencies, while the

pooled funding would cover services for the uninsured, as well as services that are not billable under insurance. Ms. Shaleneh Williams, MA, Community Engagement & Project Coordinator of the Cleveland CPC, was present to respond to any questions the Board of Directors had.

Motion to approve \$25,000 to serve as a sponsor of *The Impact of Police Use of Force on the Mental Health of the Black Community* to defray costs associated with hosting the event and to approve \$50,000 of new pooled funding to be drawn down to cover the cost of mental health and other related services for attendees through August 31, 2024 to the Planning & Oversight Committee. MOTION: P. James-Stewart / SECOND: M. Warr / AYES: P. James-Stewart, B. Ware-Abrams, M. Warr / NAYS: None / ABSTAIN: None / **Motion passed.**

7. NEW BUSINESS

No new business was received.

8. FOLLOW-UP

No follow-up was received.

9. PUBLIC COMMENT PERIOD

No public comment was received.

10. UPCOMING FEBRUARY AND MARCH BOARD MEETINGS:

- Planning & Oversight Committee Meeting: February 8, 2023
- Finance & Operations Committee Meeting: February 15, 2023
- General Meeting: February 22, 2023
- Community Relations & Advocacy Committee Meeting: March 1, 2023
- Nominating Committee Meeting: March 8, 2023
- Planning & Oversight Committee Meeting: March 8, 2023
- Finance & Operations Committee Meeting: March 15, 2023
- General Meeting: March 22, 2023

There being no further business, the meeting adjourned at 4:50 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Rev. Benjamin F. Gohlstein, Sr., Faith-based Outreach Committee Chair



Faith-Based Outreach Program 2022 Year-End Report/Current Status Highlights

Presented by Starlette Sizemore

Faith-based Outreach Committee Meeting

June 7, 2023

The 2022 Year-End Report is available online, and includes:

- ▶ 11 pages of in-depth analysis
- ▶ Measurements for all 8 providers individually, plus combined data
- ▶ Observations about outcomes

adamhsc.org/about-us/current-initiatives/faith-based-initiative

What is the mission of this initiative?

Recognize
and advocate

- Recognize and advocate spirituality in the recovery process;

Connect

- Connect the spiritual perspective with other interventions and best practices; and

Promote

- Promote the concept that treatment works and people recover.

Highlights

Due to program differences and ages of program participants, several measurement instruments are used.

The following charts **show combined results** from all providers using the same measurement tool.

Number of Clients Served (Counts are for first service of the year):

Provider	# Individuals Served Q1-4	Expected Annual Total
99Treasures	206	200
Far West Center - Bridges	28	45
Far West Center - Mental Health First Aid	21	24
Galilean Theological Center	53	40
Kingdom Development Consulting	89	150
Naaleh Cleveland	32	40
NAMI Greater Cleveland -Education & Awareness Program	133	90
NAMI Greater Cleveland - Mental Health First Aid	24	10
OhioGuidestone	103	115
Trinity Outreach Ministries – Another Chance of Ohio	330	150
Total	1,019	864

Measuring Outcomes

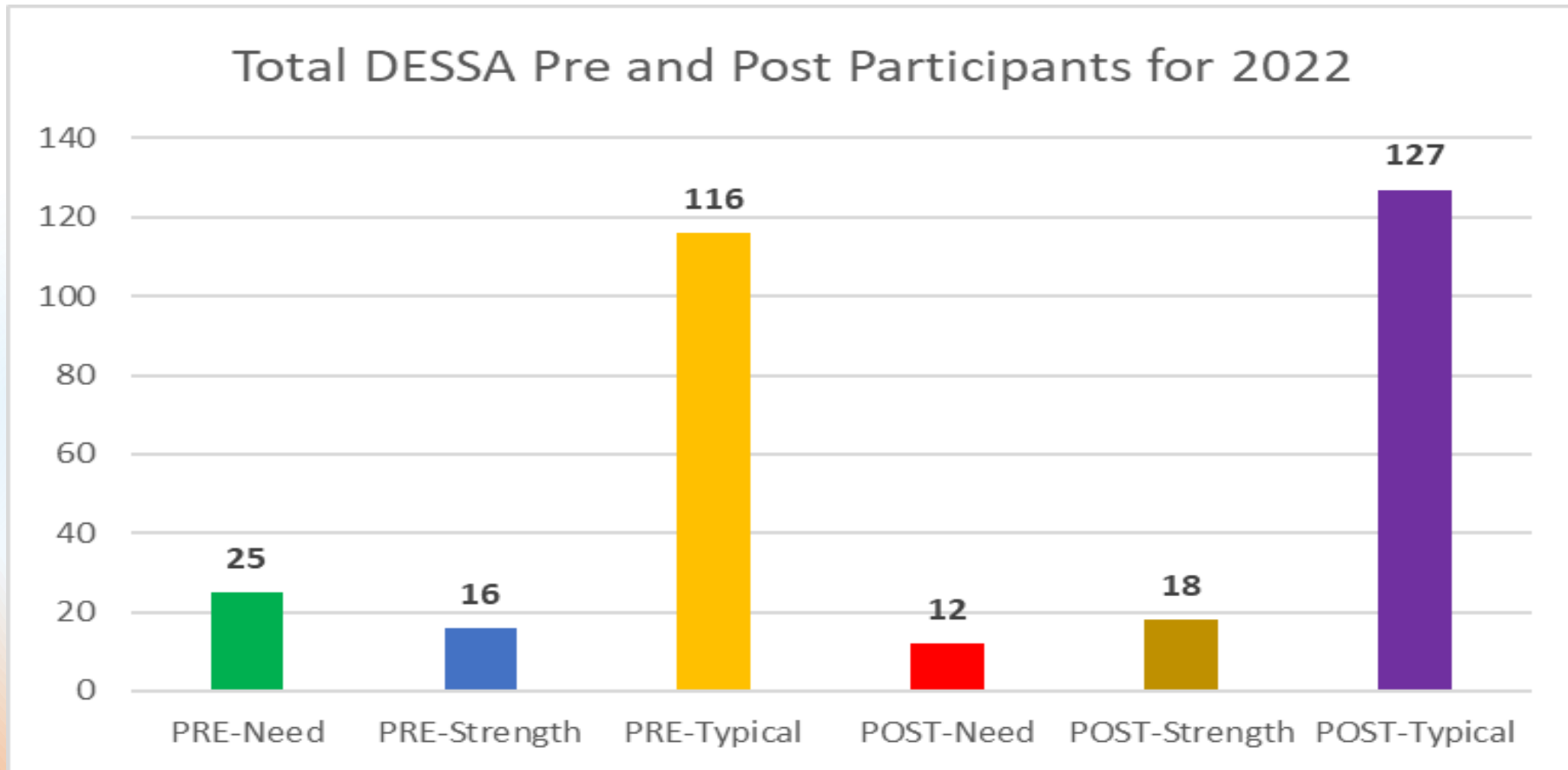
DESSA - Social-emotional learning for K-8 and high school children

DARS - Resiliency for adults

Quizzes/Evaluation - Knowledge test for Mental Health First Aid (MHFA), Awareness and Education

Program Outcome Type	# Individuals Served				
	Q1	Q2	Q3	Q4	Total
DESSA	127	186	65	0	378
DARS	86	86	119	91	382
MHFA	0	23	11	11	45
Awareness & Education	53	85	33	43	214
Total	266	380	228	145	1,019

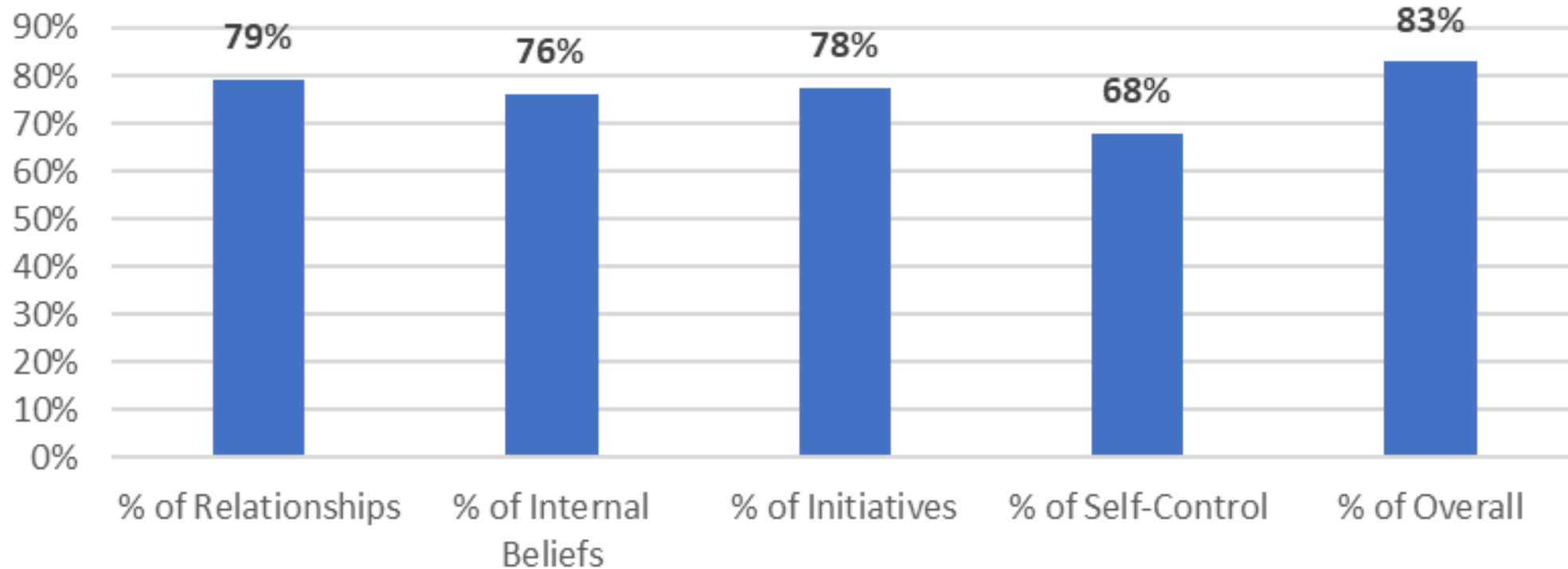
Devereux Student Strengths Assessment (DESSA)



Devereux Adult Resilience Survey (DARS)

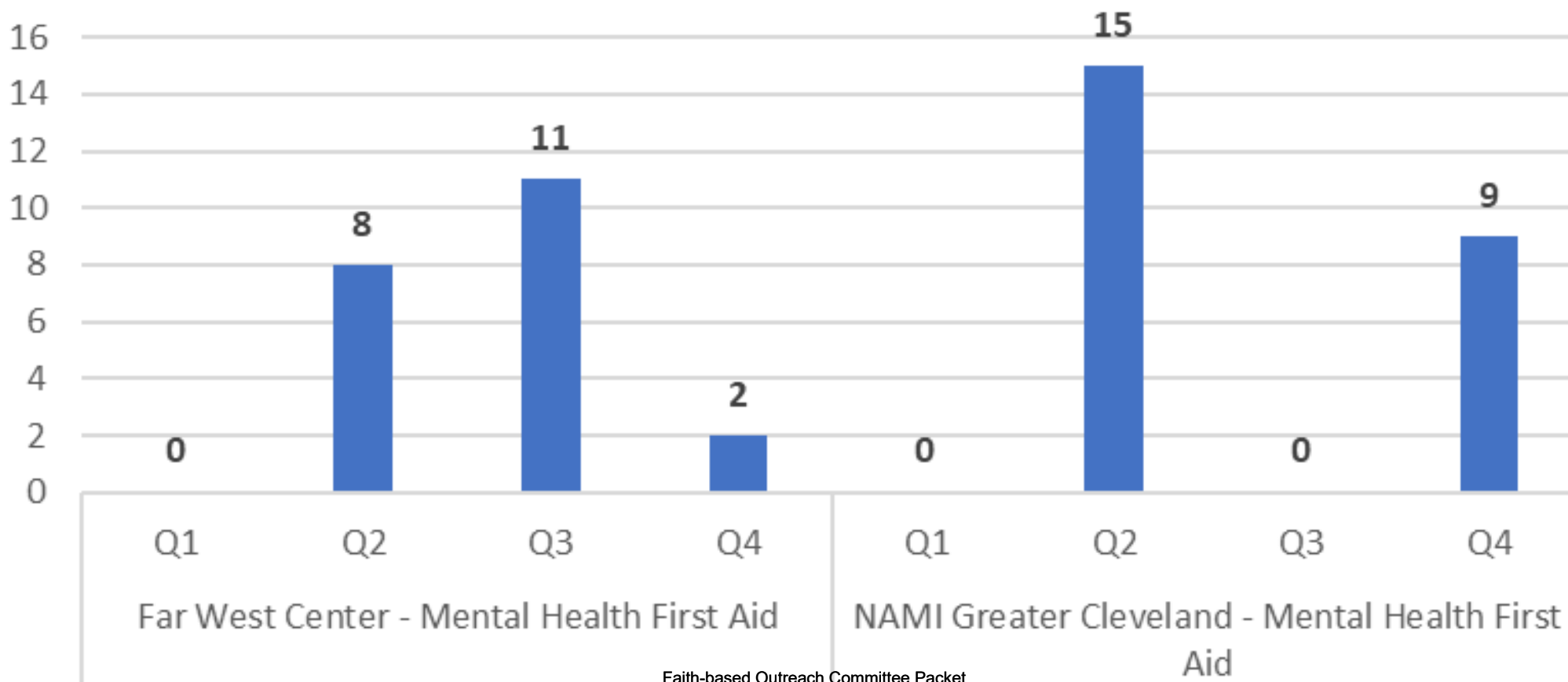
Faith Based Program Performance Measure Improvement Scores on the DARS for 2022 for All Providers

*(308 Completing DARS 2)



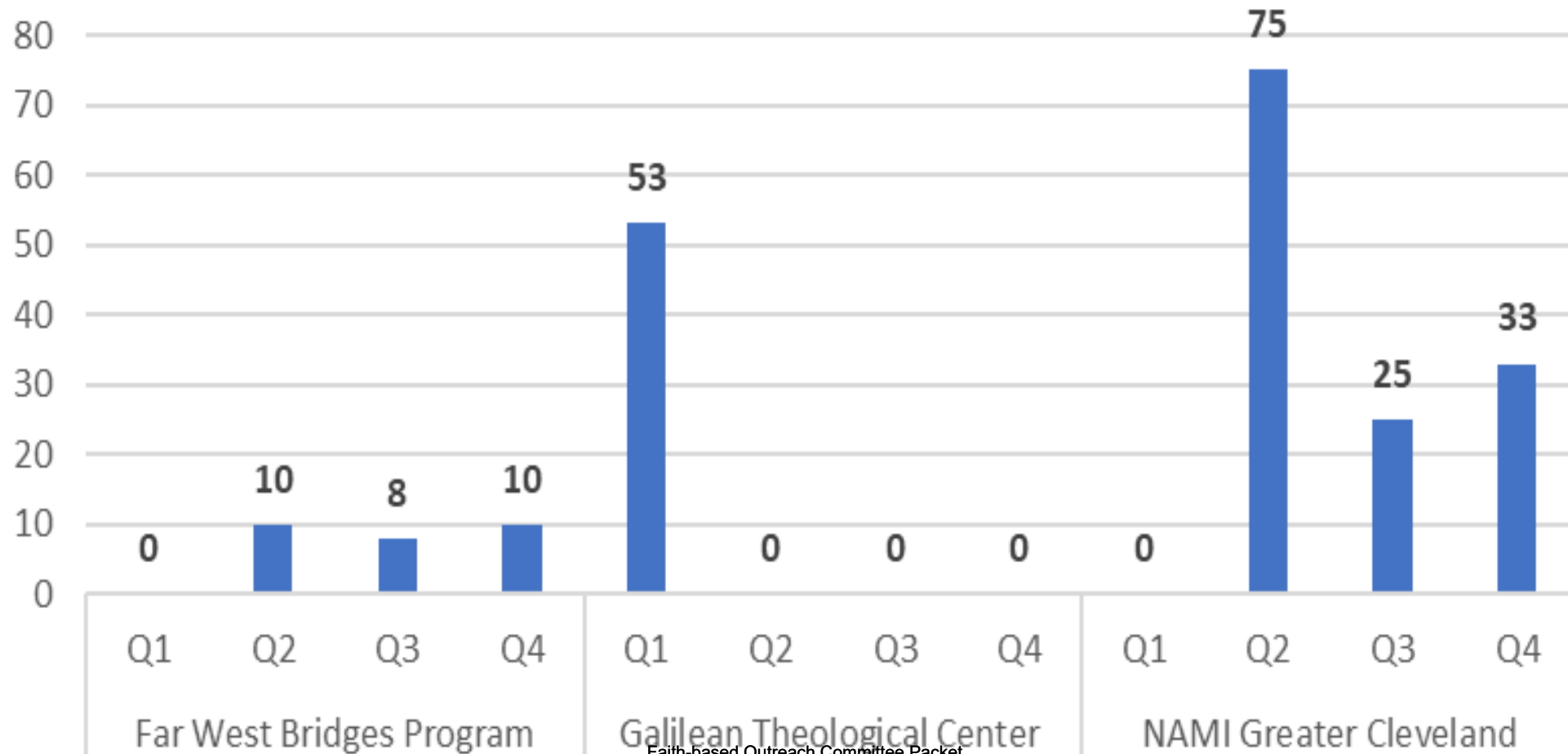
Quizzes - Mental Health First Aid

Mental Health First Aid Quarterly Counts of Clients for 2022



Evaluations – Awareness and Education Programs

Education and Awareness Quarterly Counts of Clients for 2022



Current Highlights / 1st Quarter 2023 Outcomes

7 Providers:

- 99Treasures Arts & Culture
- Galilean Theological Center
- It's a Not A Moment, It's A Movement
- Naaleh Cleveland
- NAMI Greater Cleveland
- OhioGuidestone
- Trinity Outreach Ministries

1st Quarter 2023 Individuals Served

Provider	# Individuals Served Q1	Expected Annual Total
99 Treasures	149	200
Galilean Theological Center	48	40
It's Not a Moment, It's a Movement (Faith Leaders & Individuals)	64	50
Naaleh Cleveland	32	40
NAMI Greater Cleveland -Education & Awareness Program	0	140
NAMI Greater Cleveland - Mental Health First Aid	17	30
OhioGuidestone	32	115
Trinity Outreach Ministries – Another Chance of Ohio	137	170
Total	479	785

Other	# in Q1	Expected Annual Total
It's Not a Moment, It's a Movement (Institutions)	14	25
It's Not a Moment, It's a Movement (Conversations)	2	12

99 Treasures Arts & Culture | Highlights

Holistic Solutions for Holistic Problems initiative provides a base-strategic program and art activities that aid an intergenerational population. Provides a human-centered and spiritual approach for clients using holistic, culturally specific, and interfaith services. Provides an innovative, therapeutic year-round out-of-school-time program and a summer camp.

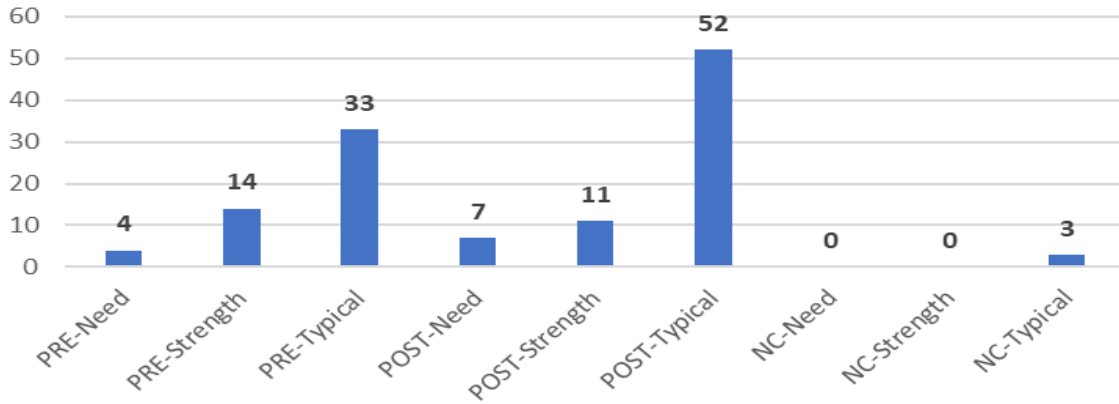
- Held the 50th Annual Black History Flag Raising Ceremony.
- Youth researched the heroes and sheroes of Black History.
- Collaborated with the *Spot Youth Empowerment Group* for upcoming job opportunities/trainings.
- Youth Opportunities Unlimited Work site.



99Treasures Arts & Culture – 1st Quarter Outcomes

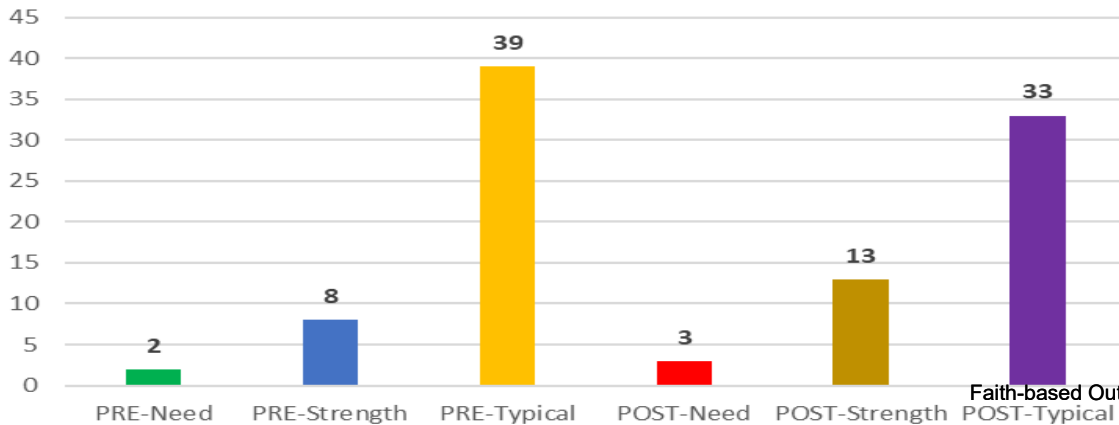
DESSA Results for 99Treasures Arts & Culture for Q1 2023

(*among 124 clients taking Pre OR Post DESSA Assessments)



DESSA Pre and Post Results for 99Treasures Arts & Culture

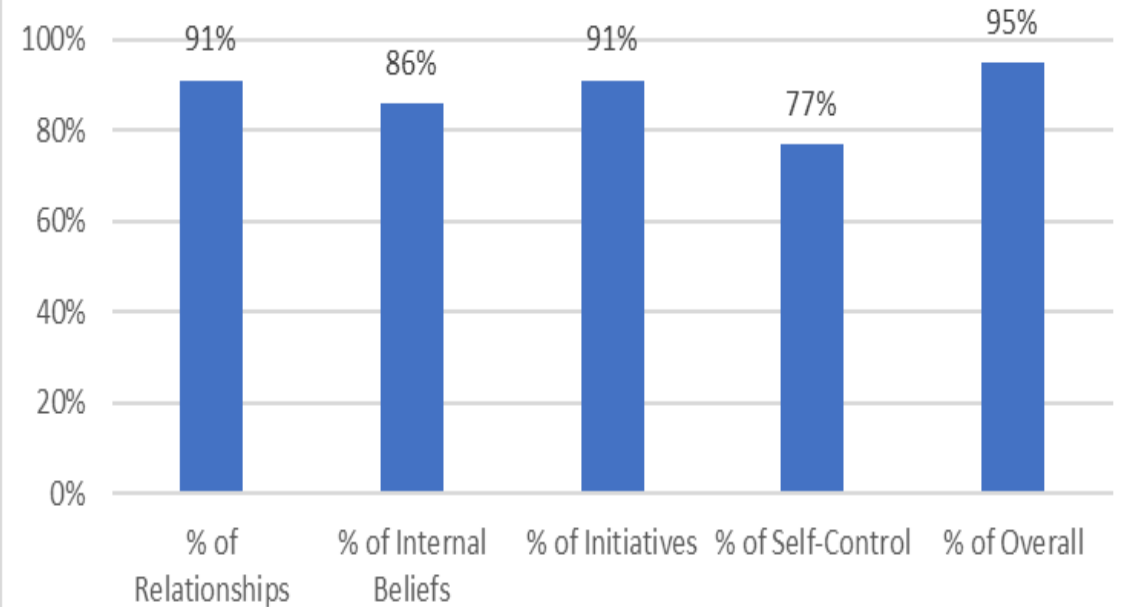
(*49 completing Pre & Post DESSA Assessments)



Faith Based Program Performance Measure
Improvement Scores on the DARS for 2023 Q1

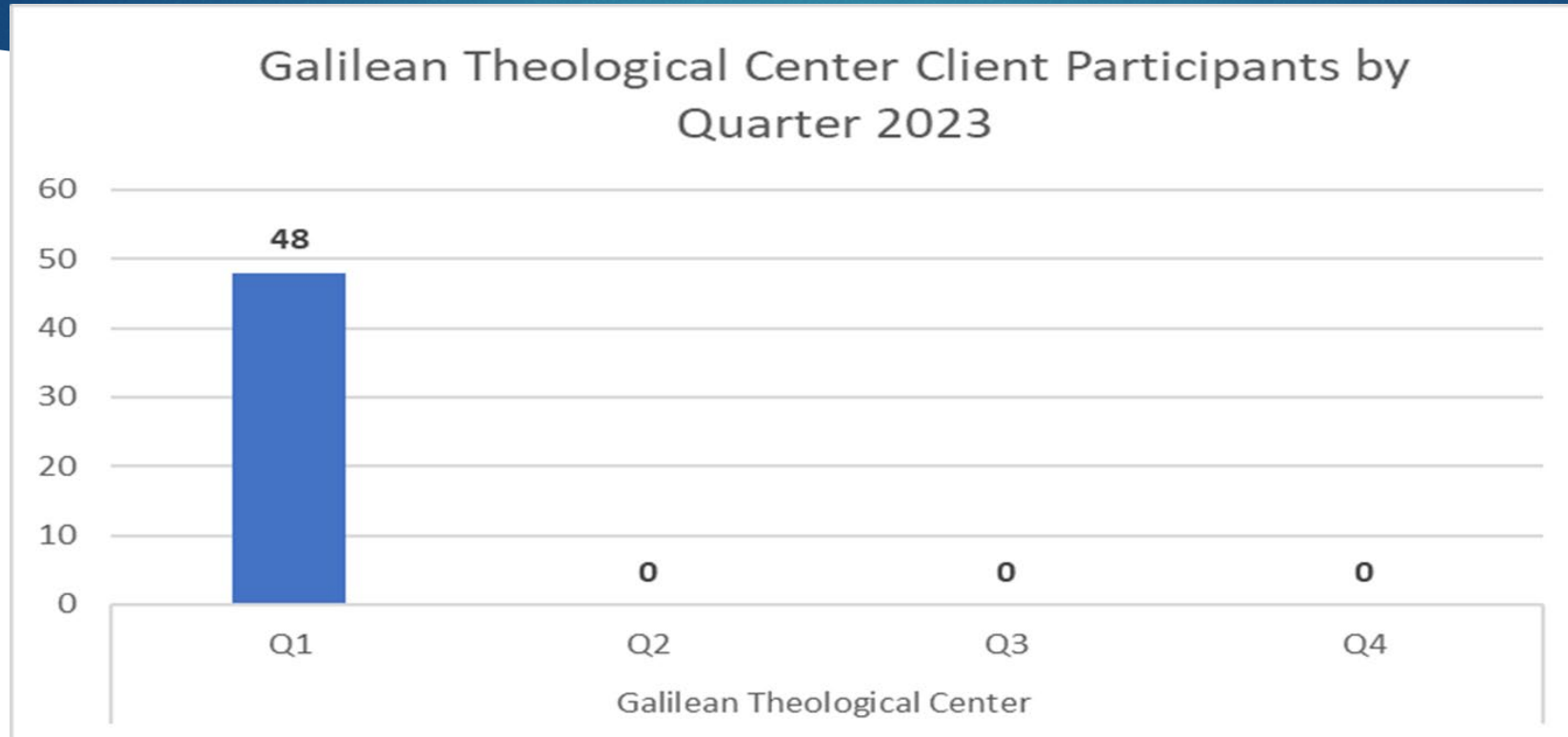
99Treasures Art & Culture

*(22 Completing DARS 2)



Galilean Theological Center | Highlights

Substance Use Disorders Educational and Training Program for Latinx Clergy and Church Leaders addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.



- ▶ GTC had 48 participants for their Faith-Based Program, this is a continuing cohort of pastors, so even though the program continues there are no new pastors joining the program in later quarters. Percentages will reflect those gaining CDCA certifications, which will be seen as the year progresses.



It's Not A Moment, It's a Movement | Highlights

The Faith Movement provides faith leaders of all races and denominations with tools for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the important role of spirituality in the treatment and recovery process. Serving 50 faith leaders.



Mentally Mangled events:

- Six-person faith leader panel discussion: Mental Health – February 21 at Mt. Sinai
- Health Education Training Session - February 28 at City of God
- One-day Summit - May 16
- Mental Health Bootcamp Training – May 25

It's a Not A Moment, It's a Movement– 1st Quarter Outcomes

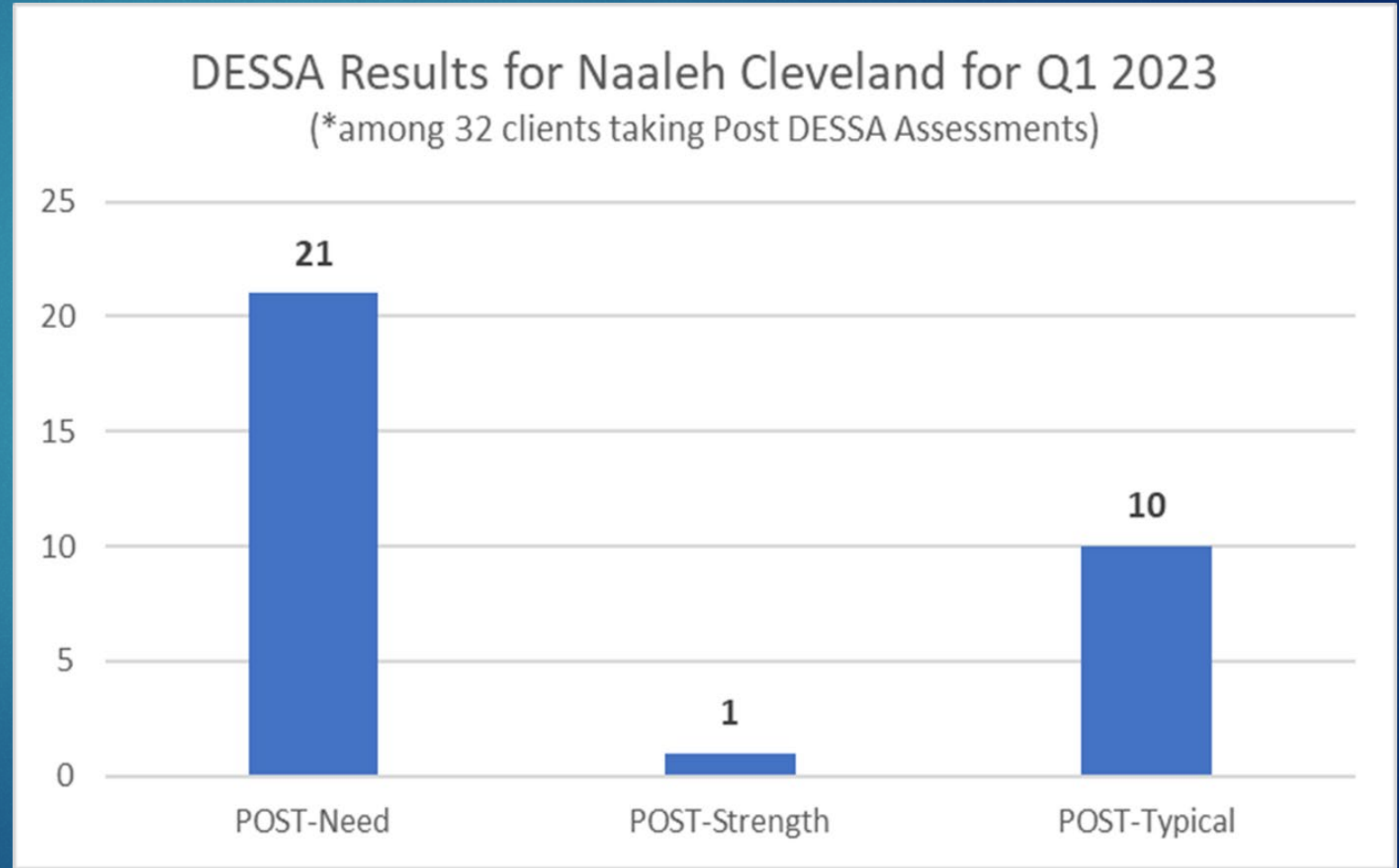
It's Not a Moment, It's a Movement		# of Institutions	% Increase in Service Provided
1) Behavioral Health Services and/or Referrals	Q1	3 (2 BH Prof/Referrals)	100%
	Q2		
	Q3		
	Q4		
		# of Institutions	% of Increased Preparedness
2) Mental Health Ministries	Q1	8 (17 Participants)	100%
	Q2		
	Q3		
	Q4		
		# of Institutions	% of Increased Attitudes
3) Mental Health Education and/or Counseling Sessions	Q1	3 (3 Faith Leaders)	100%
	Q2		
	Q3		
	Q4		
		# of Conversations	% Increase in BH Conversations
4) Conversations	Q1	2 (44 Participants)	100%
	Q2		
	Q3		
	Q4		
		Conference Completed?	# of Referrals/Signed up for Training
5) Conference Participation		Y (Completed in May)	2/45

Naaleh Cleveland | Highlights



High Risk Mentorship Program provides mentorship to struggling teens in the community that are having a difficult time with substance use, mental health issues, and family dysfunction. Building self-esteem and self-confidence through learning life skills and physical fitness.

- **Mentees:**
 - Increase in peer support, self-advocacy, and peer leadership.
 - Program staff is delegating leadership roles to older group members.



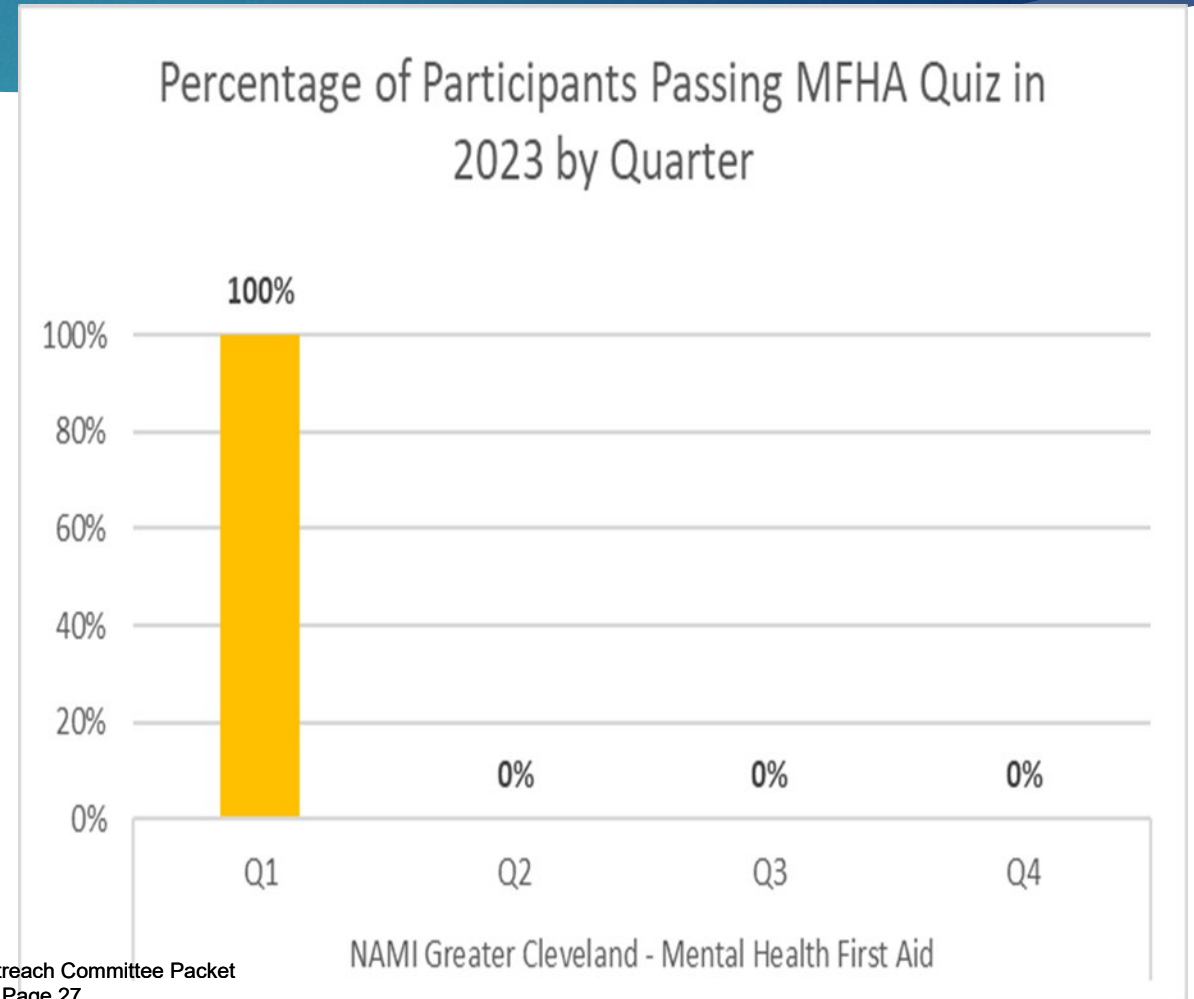
NAMI Greater Cleveland | Highlights

Builds relationships with faith-based organizations and increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups/partnerships, and by providing an understanding of mental/behavioral health and dual diagnosis.

- Mental Health First Aid Training – 17 participants
 - The Church in God in Christ

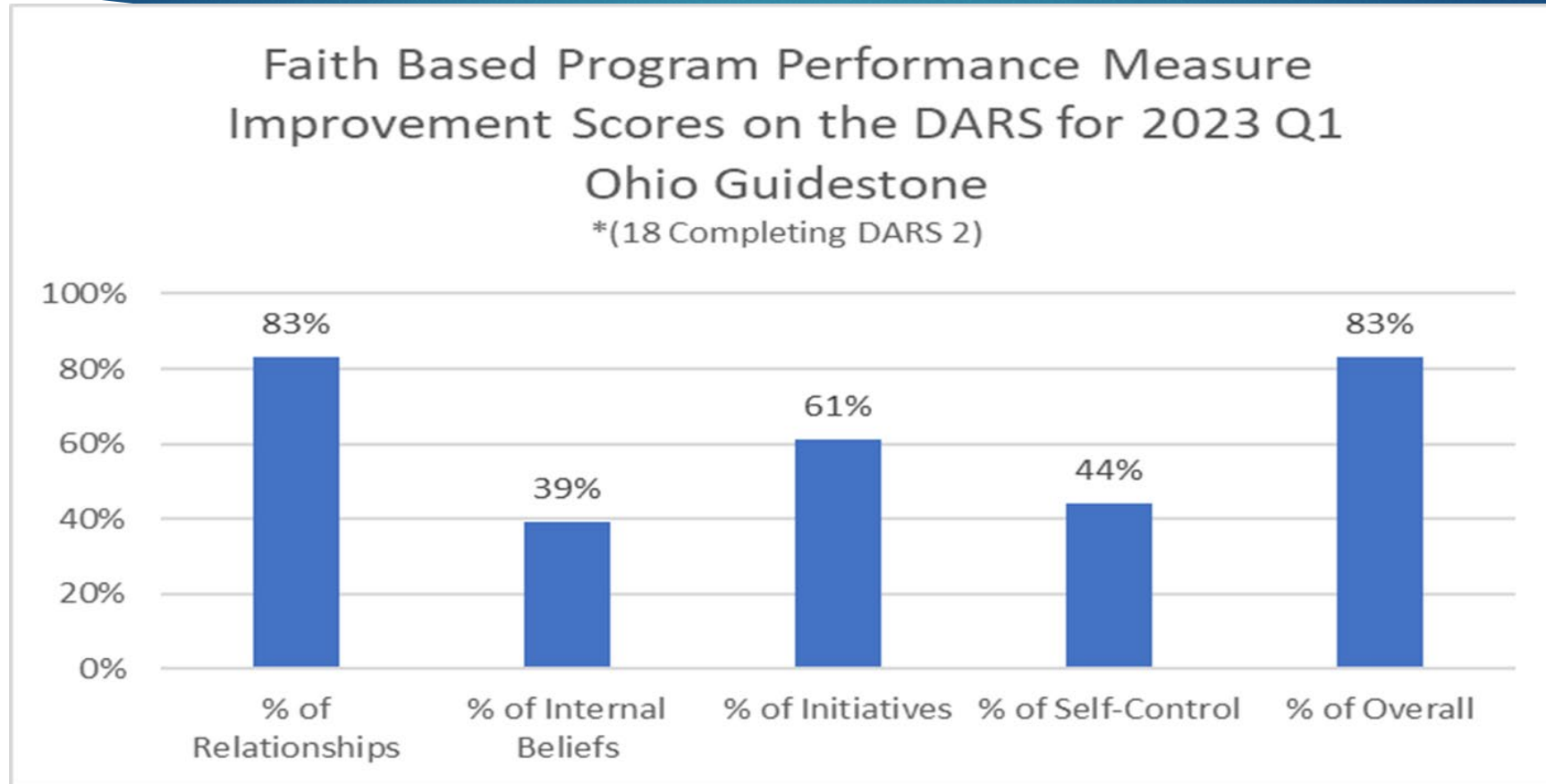
- Mental Health and Judaism: Peer, Family, Clergy Perspectives - 40 participants
 - Suburban Temple – Kol-Ami

- Understanding Mental Illness - 13 participants
 - St. Ambrose Church



OhioGuidestone | Highlights

Workforce 360° - Faith-Based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high emotion, and life decisions.



Trinity Outreach Ministries - Another Chance Of Ohio | Highlights

Inner City Youth and Families Cultural Arts Program provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church and the Cultural Arts Center. Provides family fitness, music classes, facilitates spiritual and character development, cultural or performing arts classes, and community outreach.

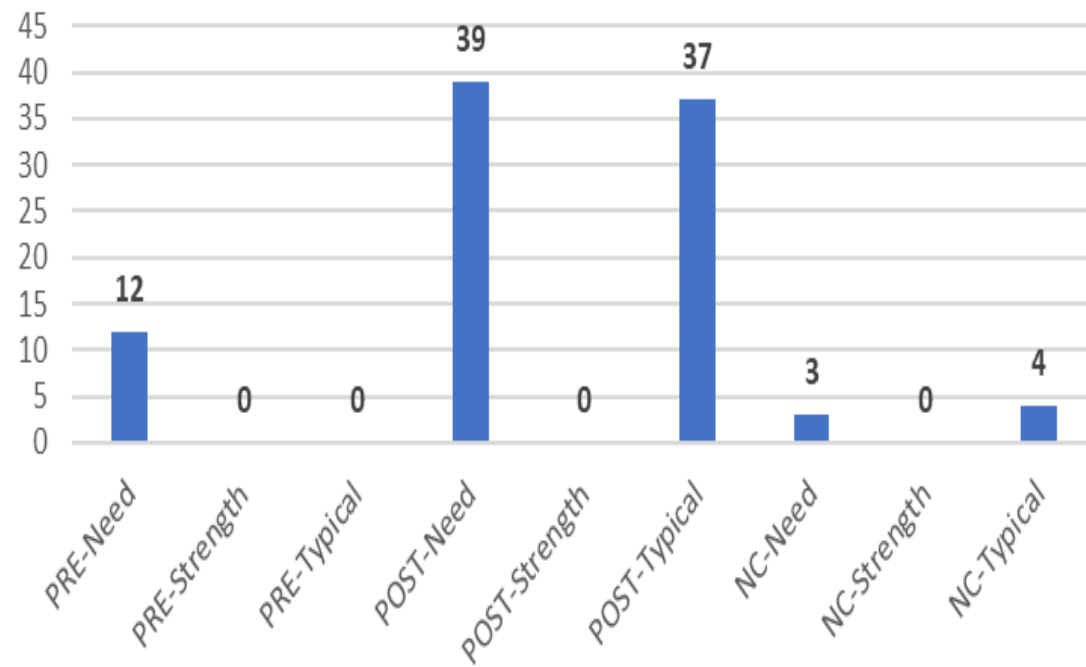
- The Faith Program Whitney Young School Inspirational Choir performed at a Black History program.
- Performed for the men and women from the homeless shelters.



Trinity Outreach Ministries - Another Chance Of Ohio— 1st Quarter Outcomes

DESSA Results for Trinity Outreach Ministries for
Q1 2023

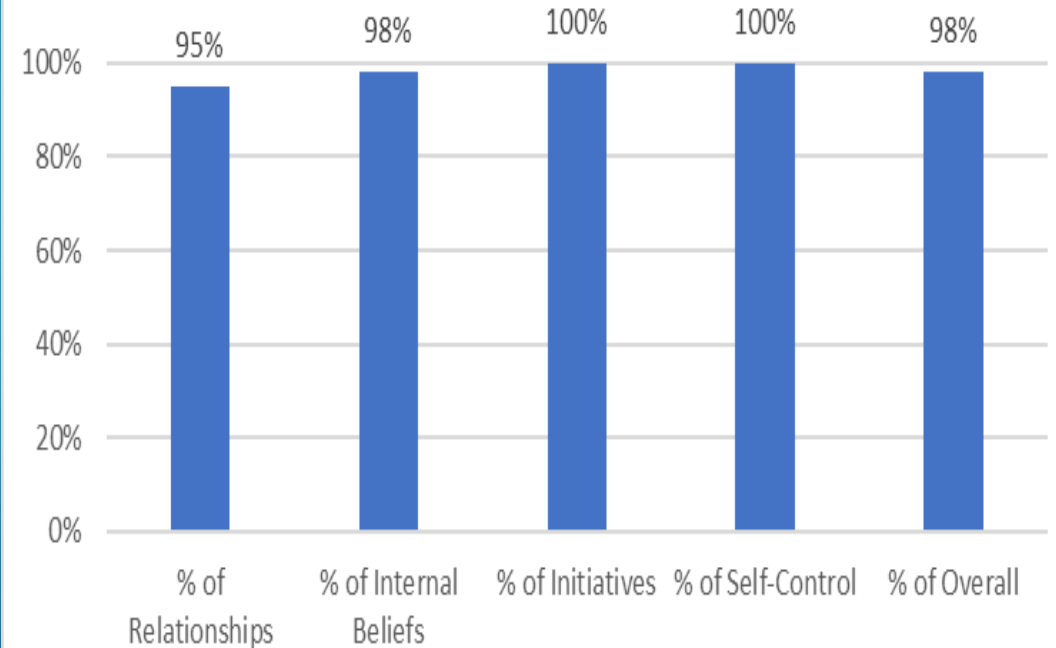
(*among 95 clients taking Pre OR Post DESSA Assessments)



Faith Based Program Performance Measure
Improvement Scores on the DARS for 2023 Q1

Trinity Outreach Ministries

*(42 Completing DARS 2)



Thank You!





ADAMHS BOARD OF CUYAHOGA COUNTY

Faith-Based Program 2022 Annual Report



Faith-based Programs Performance Outcomes 2022 Annual Report

The table below shows the counts of the actual number of clients served and the projected/expected client counts for the year 2022 for the Faith-based provider programs. Note that there are several providers that have surpassed their expected client counts and the remainder were close to their expected annual total.

Provider	# Individuals Served Q1-4	Expected Annual Total
99Treasures	206	200
Far West Center - Bridges	28	45
Far West Center - Mental Health First Aid	21	24
Galilean Theological Center	53	40
Kingdom Development Consulting	89	150
Naaleh Cleveland	32	40
NAMI Greater Cleveland - Education & Awareness Program	133	90
NAMI Greater Cleveland - Mental Health First Aid	24	10
OhioGuidestone	103	115
Trinity Outreach Ministries – Another Chance of Ohio	330	150
Total	1,019	864

Due to program differences and ages of program participants, several measurement instruments are used. The DESSA instrument is designed for school age children. The DARS instrument is designed for adults. Both the DESSA and the DARS require an assessment at the beginning of a program as well as at the end of the program so that a measure of improvement can be shown. The Mental Health First Aid (MHFA) and the Awareness and Education Programs use quizzes to confirm that program participants have substantial knowledge about the program area.

Faith-based Programs Performance Outcomes 2022 Annual Report

Program Outcome Type	# Individuals Served				
	Q1	Q2	Q3	Q4	Total
DESSA	127	186	65	0	378
DARS	86	86	119	91	382
MHFA	0	23	11	11	45
Awareness & Education	53	85	33	43	214
Total	266	380	228	145	1,019

Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-based programming for children K-12 grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a pre-assessment with a post-assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K-8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; Social-awareness; Self-management; Relationship skills; Goal-directed behavior; Personal responsibility; Decision-making skills, and Optimistic thinking.

The scoring of the several competencies can be broken down into three categories:

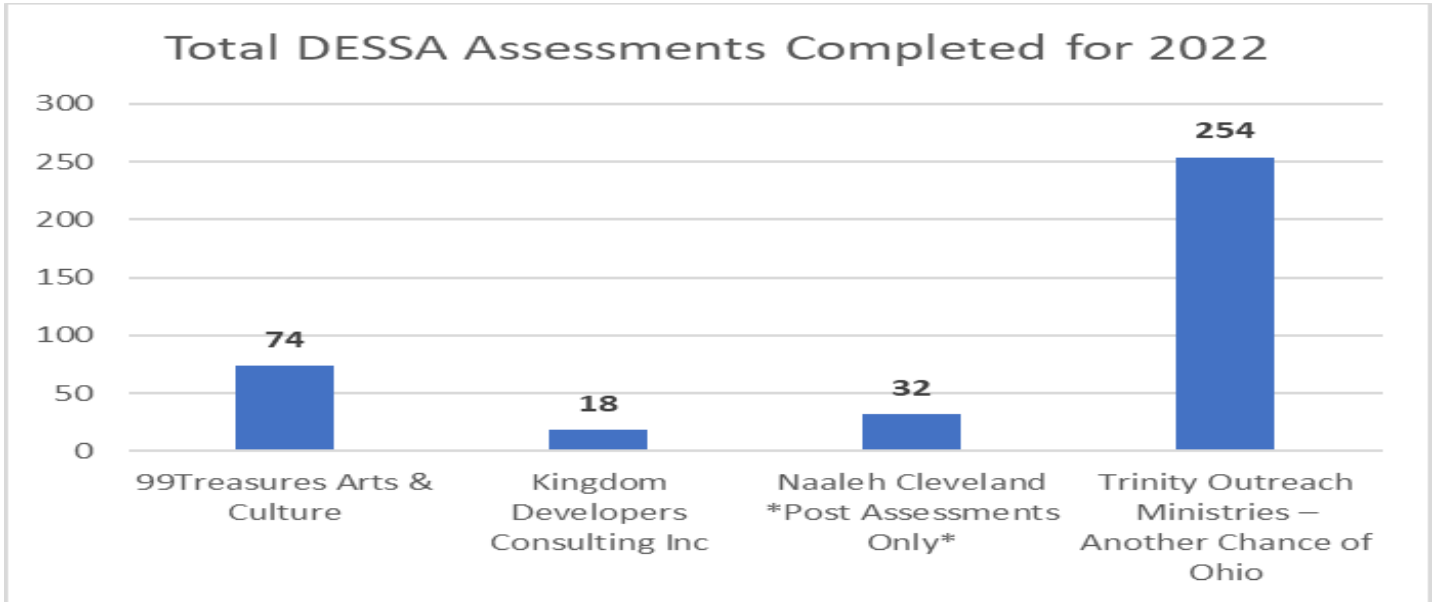
1. “Strengths” showing children doing well
2. “Typical” positive behaviors for children
3. “Need for Instruction” to further develop social and emotional skills

Presently, the Board is receiving results of the DESSA MINI instrument that screens across the eight social-emotional competencies to identify generally whether children are in need for further social-emotional instruction. The expectation is that the programs provided by those faith-based service providers using the instrument will show growth in social-emotional maturity which may be attributed to their programs. The following charts show a breakdown of various measures collected from DESSA including numbers of DESSA submitted, numbers of clients having both the pre-assessment DESSA and the post program DESSA assessment, and changes from pre- to post-assessments.

Faith-based Programs Performance Outcomes 2022 Annual Report

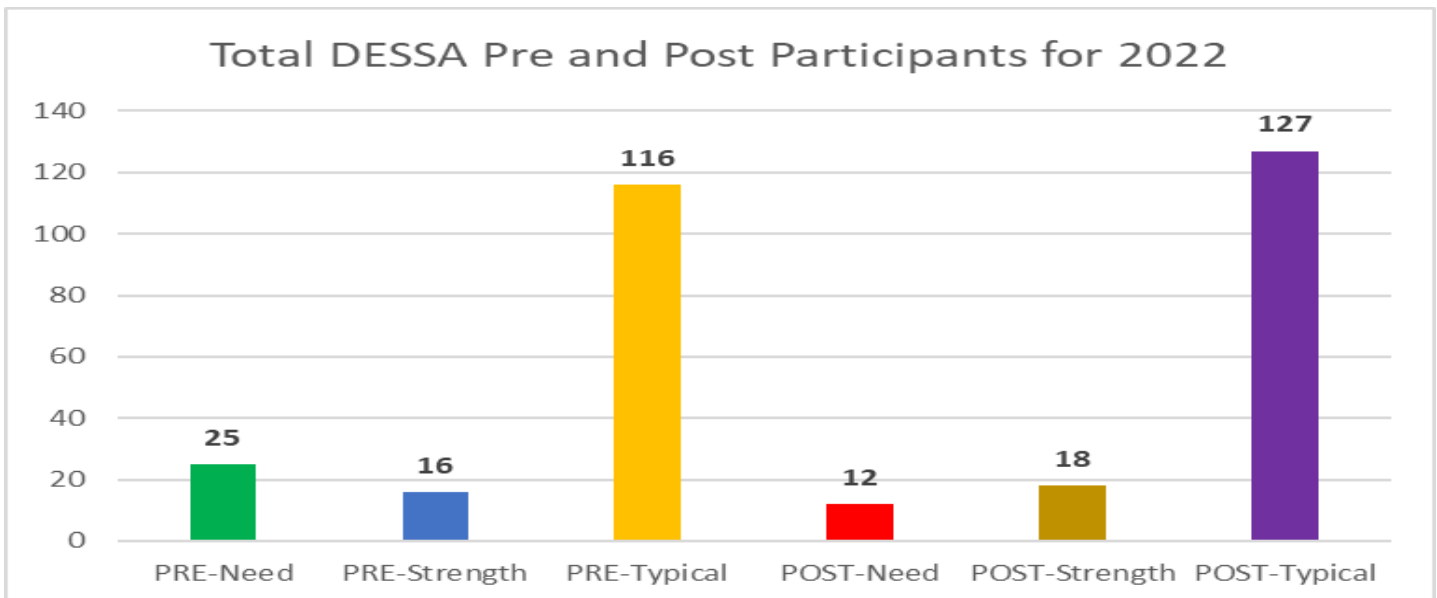
DESSA Submissions

The chart below shows the number of clients who began services at each of the providers who planned to use the DESSA social emotional learning instrument.



DESSA Pre/Post Submissions

The following includes counts of children who completed both pre- and post-assessments in a program for both the K-8 grades and high school grades combined. This chart shows all the completed assessments.

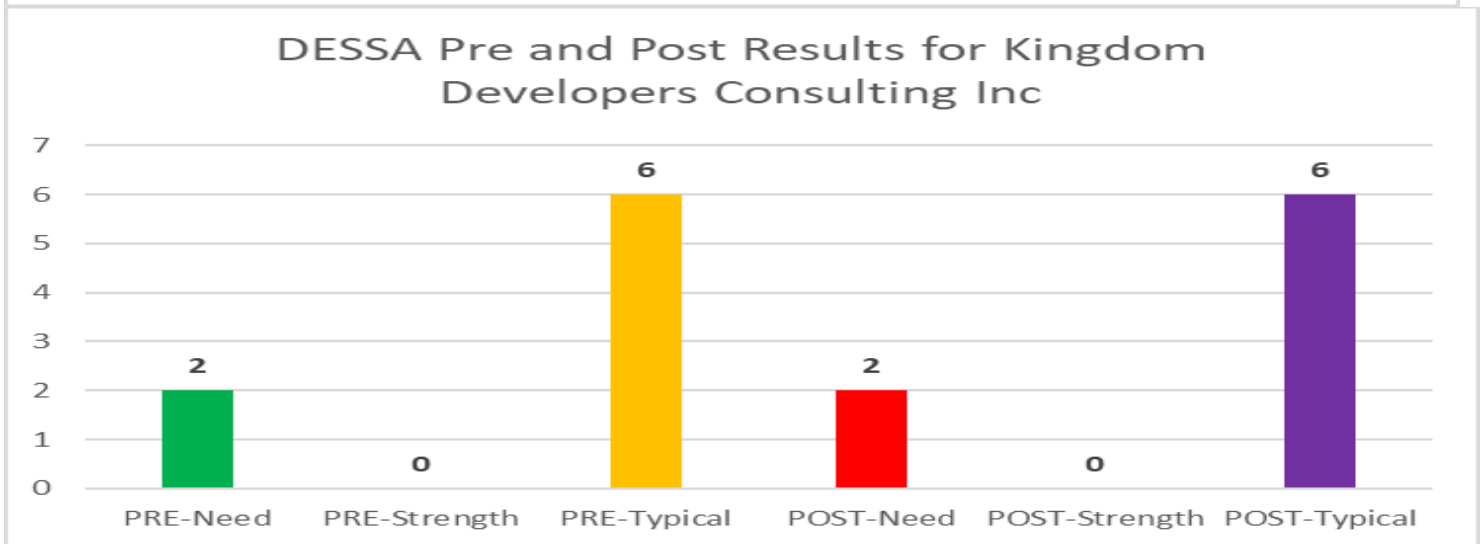
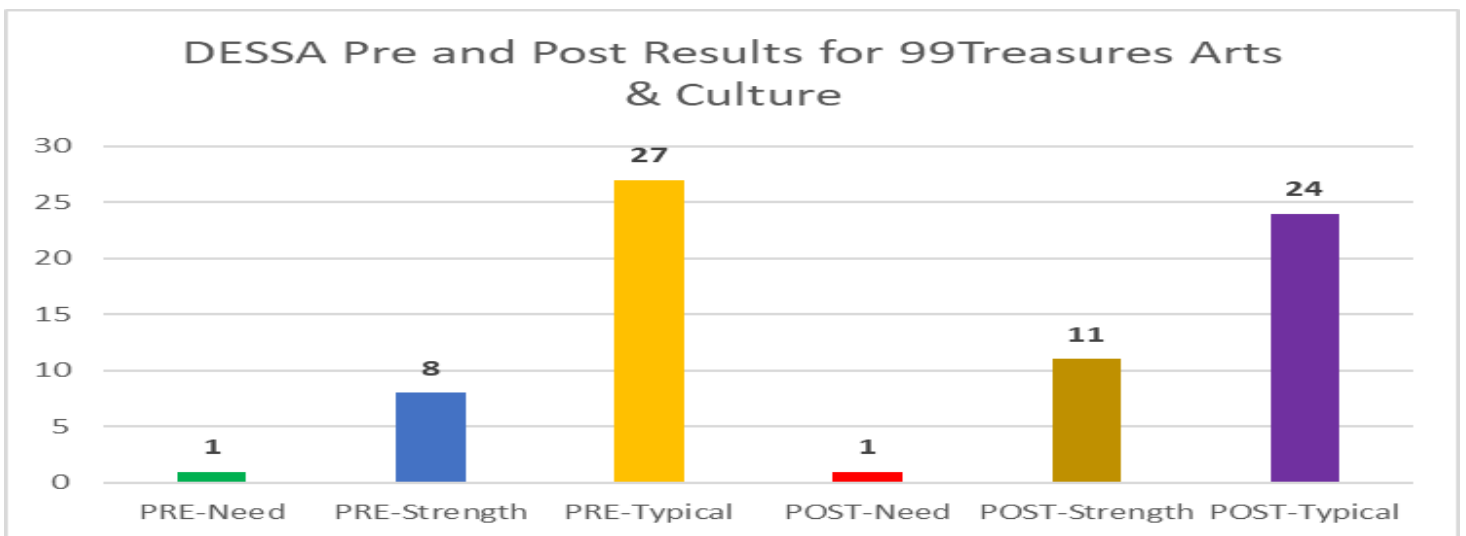


Faith-based Programs Performance Outcomes 2022 Annual Report

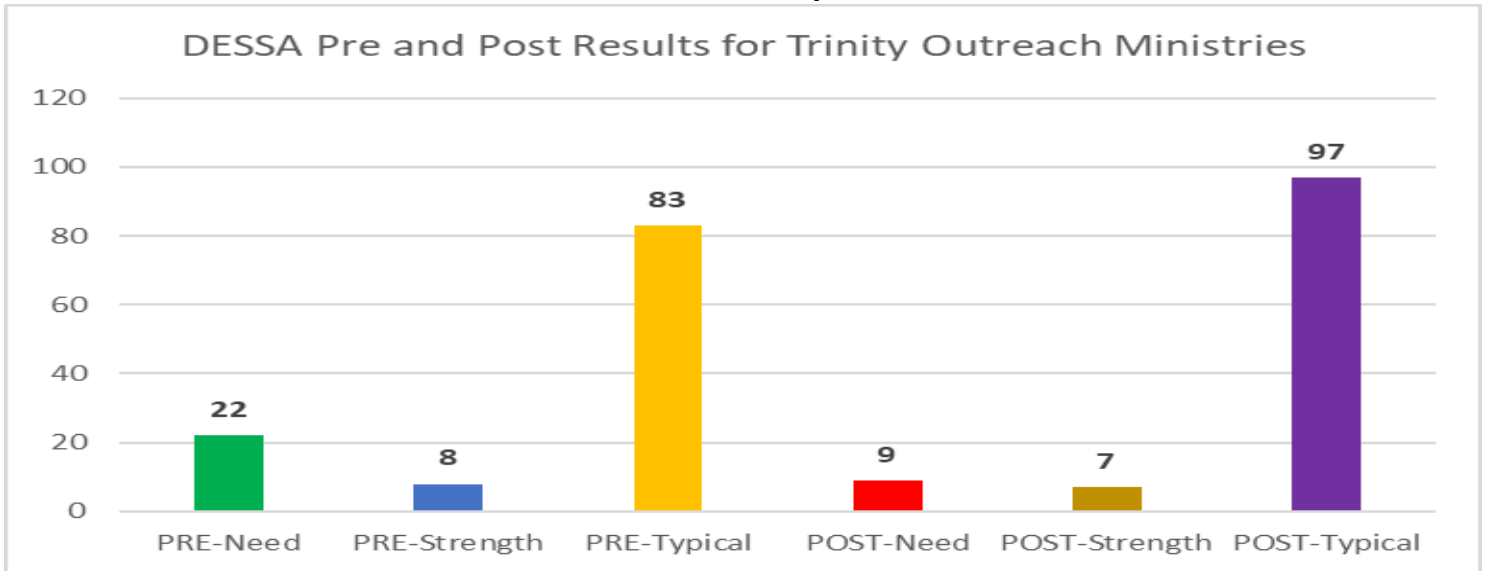
For those children who had both a pre-assessment and a post-assessment, the preceding chart shows the number of children in each of the three learning categories: need for instruction, typical, and strengths. There is a reduction from 25 to 12 children who are in the need category from pre- to post-assessment. There is an increase from 16 to 18 children in the strengths category. The typical category increased from 116 to 127 for pre- and post-assessments. The data shows that the programs are raising the level of social emotional learning for the children.

DESSA Individual Agency Outcomes

The following charts show counts for the pre- and post-assessments separately for each provider.



Faith-based Programs Performance Outcomes 2022 Annual Report

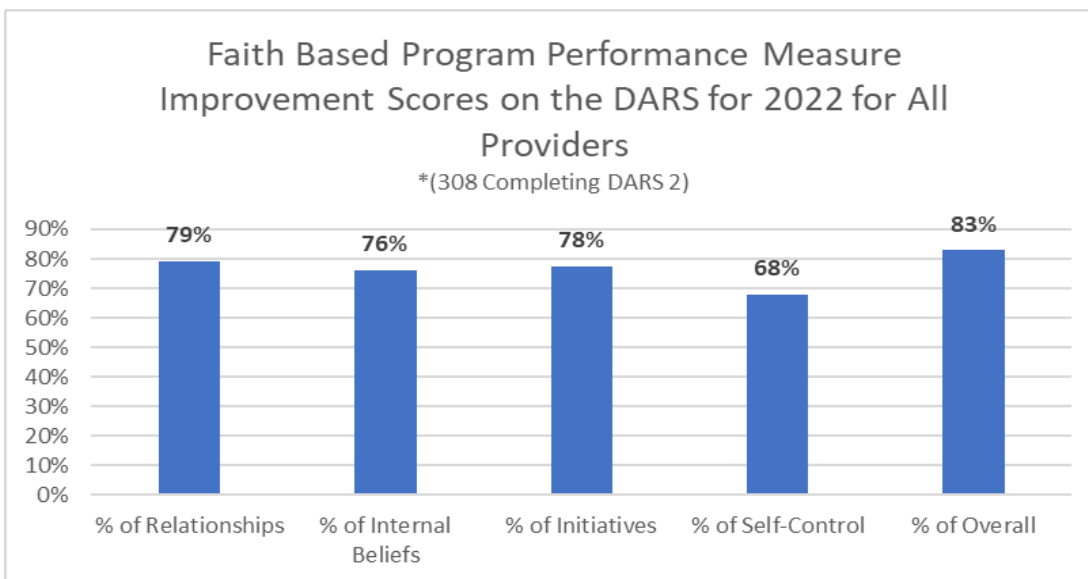
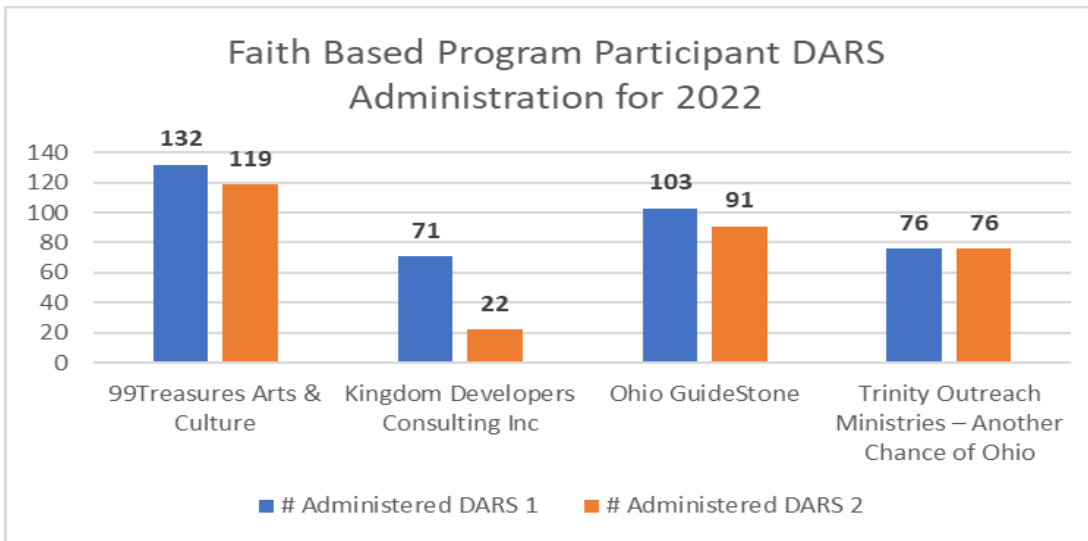
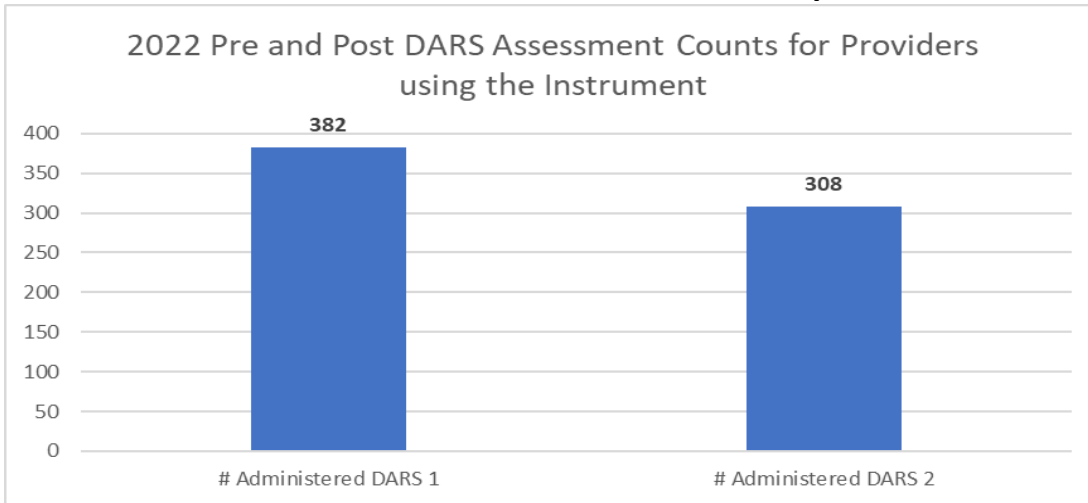


Devereux Adult Resilience Survey (DARS) Outcomes

The faith-based program for adults demonstrate resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

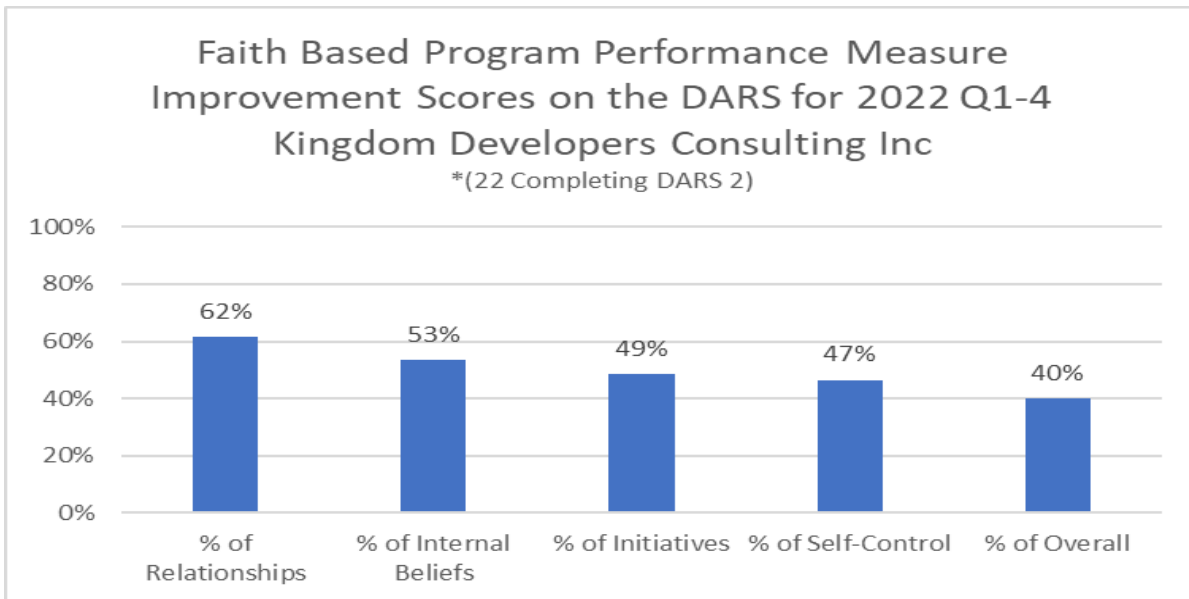
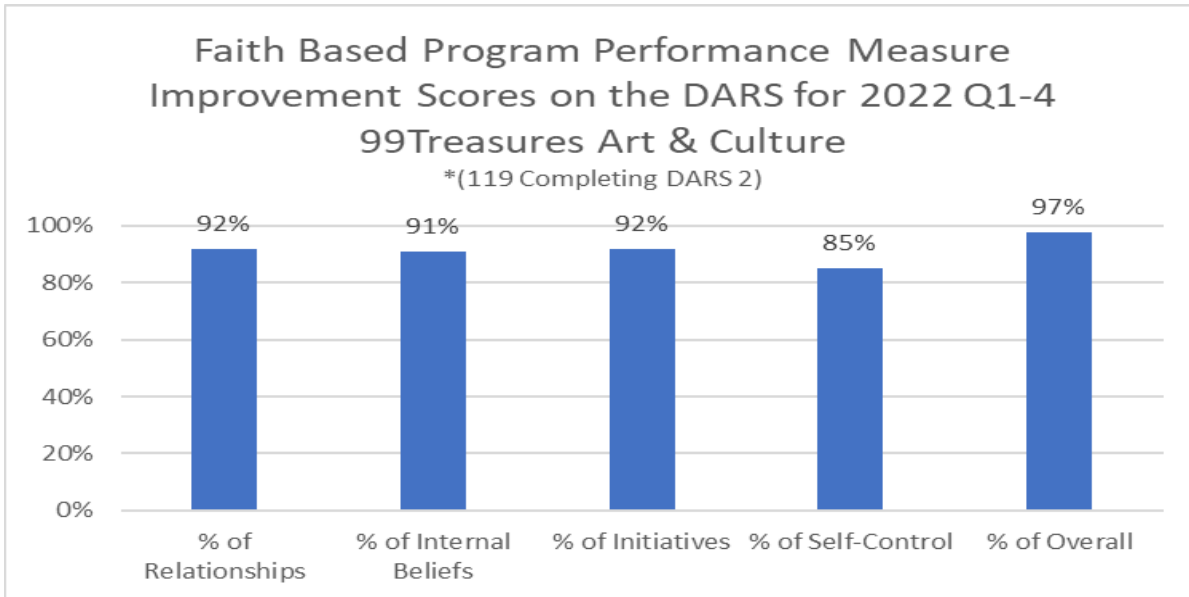
- Will gain knowledge to develop healthy relationships
- Will learn skills to increase self-worth to enhance internal beliefs and values
- Will learn strategies to develop/enhance self-motivation to increase independence
- Will learn how to self-regulate and control without the use of substances and negative influences.

Faith-based Programs Performance Outcomes 2022 Annual Report

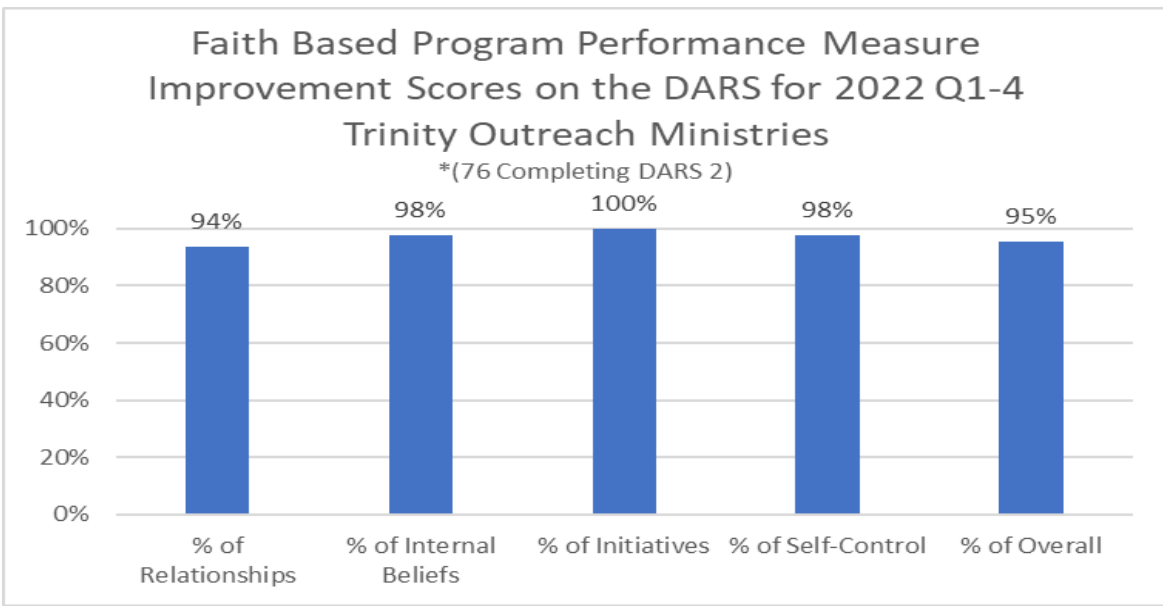
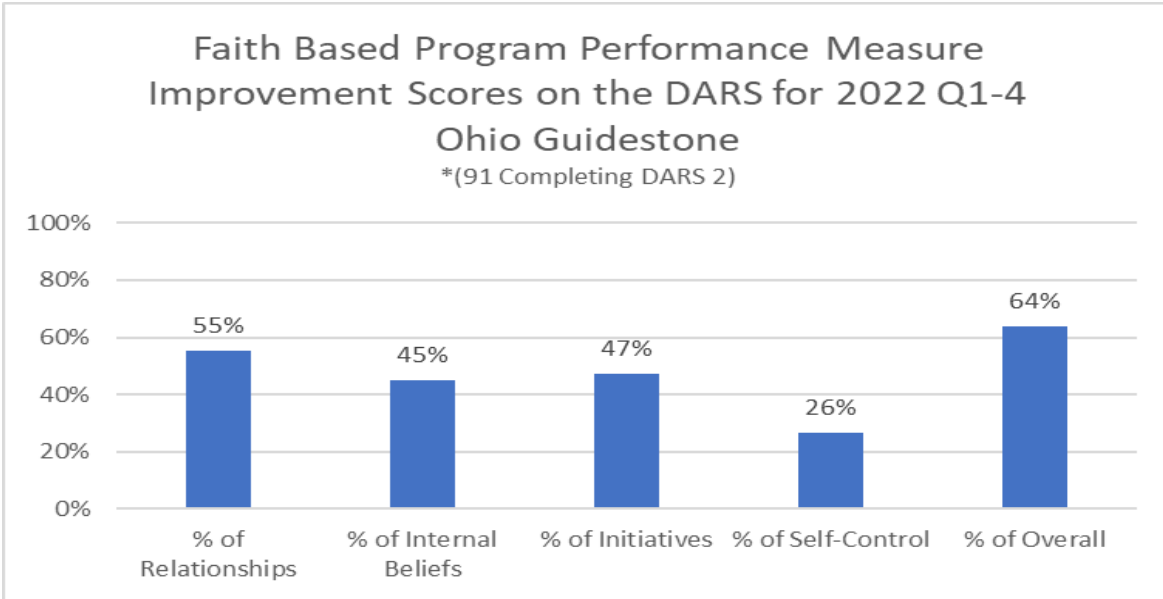


Faith-based Programs Performance Outcomes 2022 Annual Report

DARS Individual Agency Outcomes



Faith-based Programs Performance Outcomes 2022 Annual Report

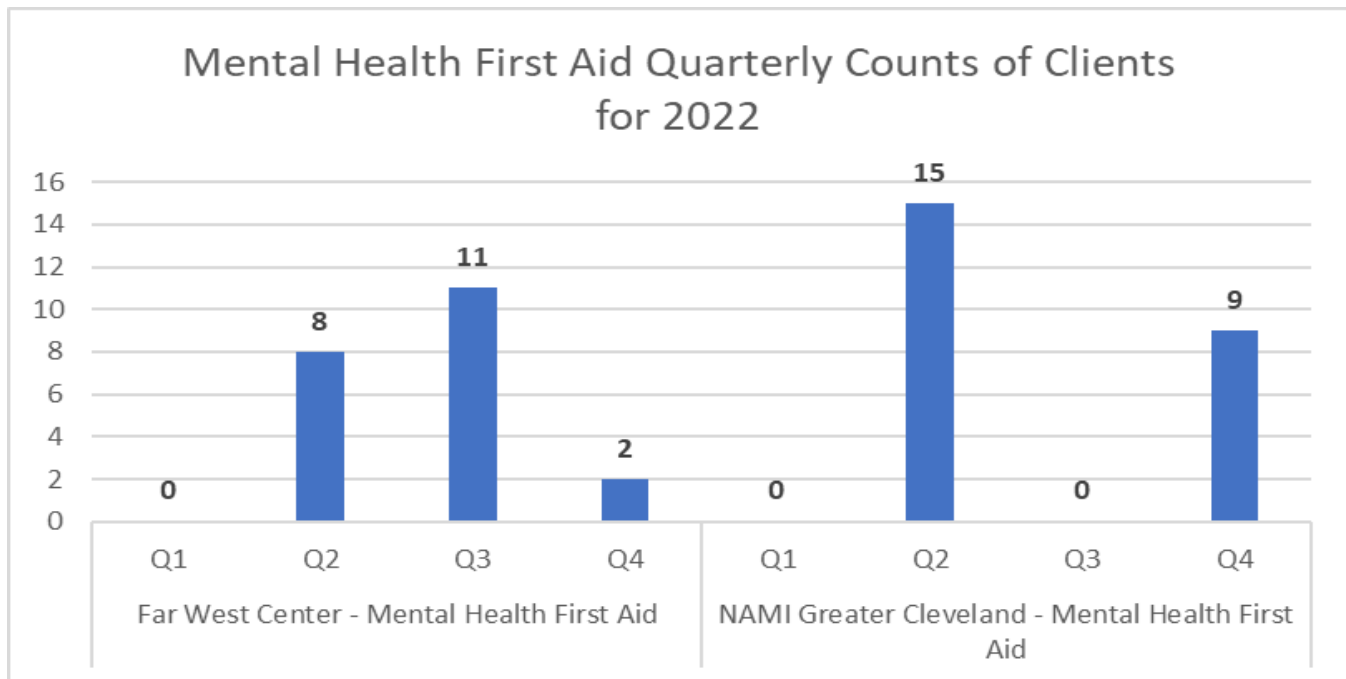


Faith-based Programs Performance Outcomes 2022 Annual Report

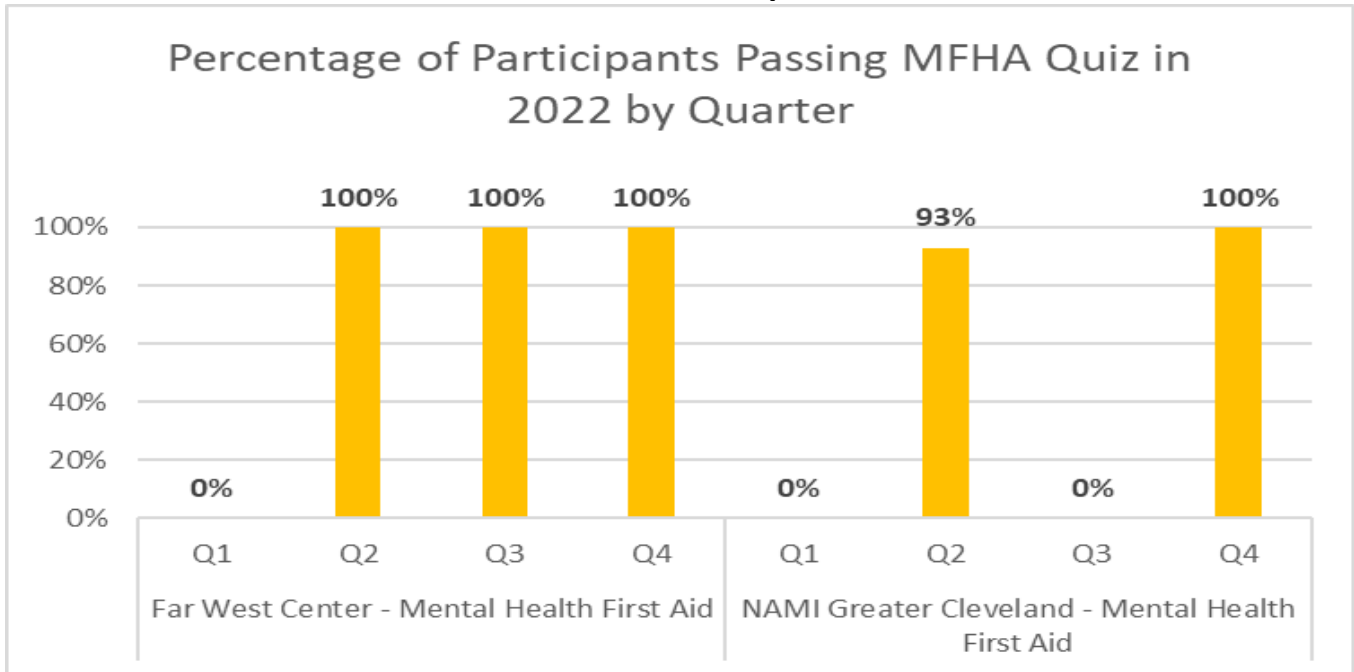
Mental Health First Aid Individual Agency Outcomes

Mental Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first-aid basis. Individuals who are participating in a Mental Health First Aid training provided by a faith-based program provider is expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics:

- Helpful Things to Say
- Myths and Facts - Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders



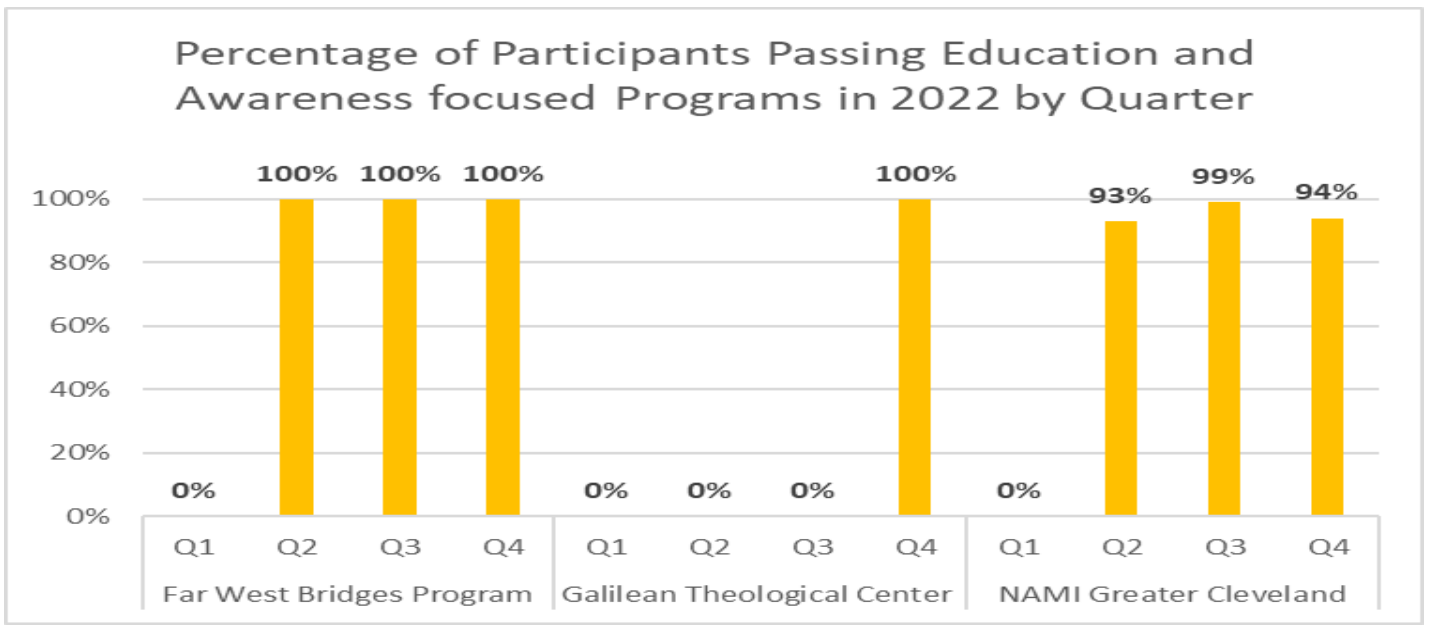
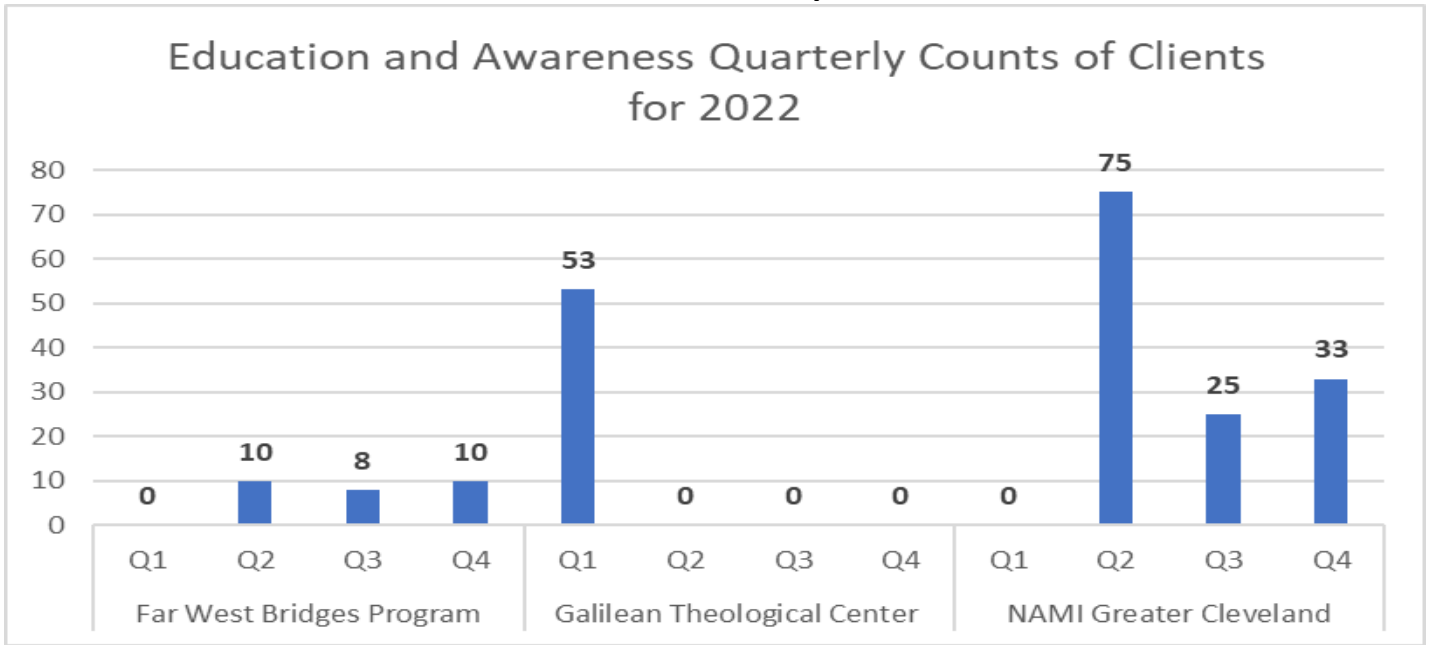
Faith-based Programs Performance Outcomes 2022 Annual Report



Education and Awareness Outcomes

- Far West Center - Building bridges between the faith community and behavioral health providers.
- NAMI Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- Galilean Theological Center – Providing Education and Awareness Training for Latinx Pastors.

Faith-based Programs Performance Outcomes 2022 Annual Report



Note that the Galilean Theological Center program is a continuing cohort of pastors, who are counted only in their first quarter of participation.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

The table below shows the counts of the actual number of clients served in the first quarter of 2023 and the projected/expected client counts for the year 2023, for faith-based programs/providers funded by the ADAMHS Board of Cuyahoga County.

Provider	# Individuals Served Q1	Expected Annual Total
99 Treasures	149	200
Galilean Theological Center	48	40
It's Not a Moment, It's a Movement (Faith Leaders & Individuals)	64	50
Naaleh Cleveland	32	40
NAMI Greater Cleveland -Education & Awareness Program	0	140
NAMI Greater Cleveland - Mental Health First Aid	17	30
OhioGuidestone	32	115
Trinity Outreach Ministries – Another Chance of Ohio	137	170
Total	479	785

Other	# in Q1	Expected Annual Total
It's Not a Moment, It's a Movement (Institutions)	14	25
It's Not a Moment, It's a Movement (Conversations)	2	12

Due to program differences and ages of program participants, several measurement instruments are used. The DESSA instrument is designed for school age children. The DARS instrument is designed for adults. Both the DESSA and the DARS require an assessment at the beginning of a program as well as at the end of the program so that a measure of improvement can be shown. The Mental Health First Aid (MHFA) and the Awareness and Education Programs use quizzes to confirm that program participants have substantial knowledge about the program area.

Additionally, It's Not a Moment, but a Movement initiates contacts that are captured as contacts with church institutions and group conversations that are not individual counts, but counts reflected as instances of occurrence.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

Program Outcome Type	# Individuals Served				
	Q1	Q2	Q3	Q4	Total
DESSA	251	0	0	0	251
DARS	99	0	0	0	99
MHFA	17	0	0	0	17
Awareness & Education (inc. INAMIAM FL & Ind.)	112	0	0	0	112
Total	479	0	0	0	479

Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a pre-assessment with a post-assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K – 8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; Social-awareness; Self-management; Relationship skills; Goal-directed behavior; Personal responsibility; Decision-making skills, and Optimistic thinking.

The scoring of the several competencies can be broken down into three categories:

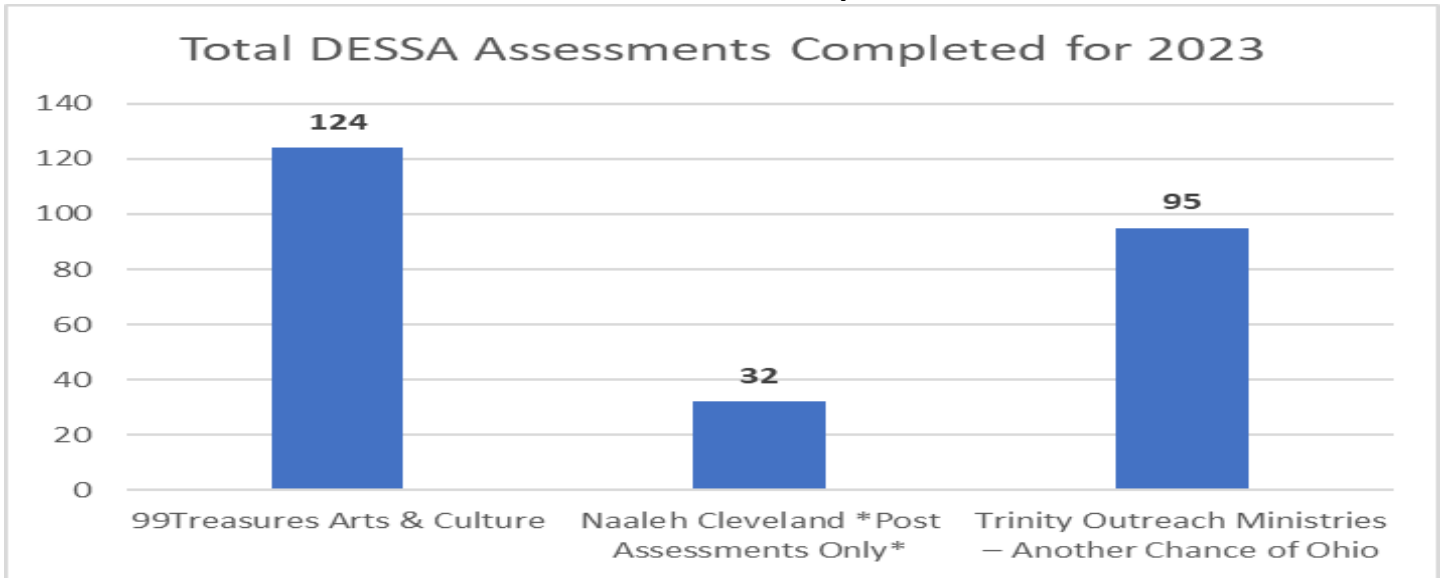
1. **“Strengths”** shows children doing well.
2. **“Typical”** shows positive behaviors for children.
3. **“Need for Instruction”** to further develop social and emotional skills.

Presently, the Board is receiving results of the DESSA MINI instrument that screens across the eight social-emotional competencies to identify generally whether children are in need for further social-emotional instruction. The expectation is that the programs provided by the faith-based service providers using the instrument will show growth in social-emotional maturity, which may be attributed to their programs. The following charts show a breakdown of various measures collected from DESSA including numbers of DESSA submitted, numbers of clients having both the pre-assessment DESSA and the post-program DESSA assessment, and changes from pre- to post-assessments.

DESSA Submissions

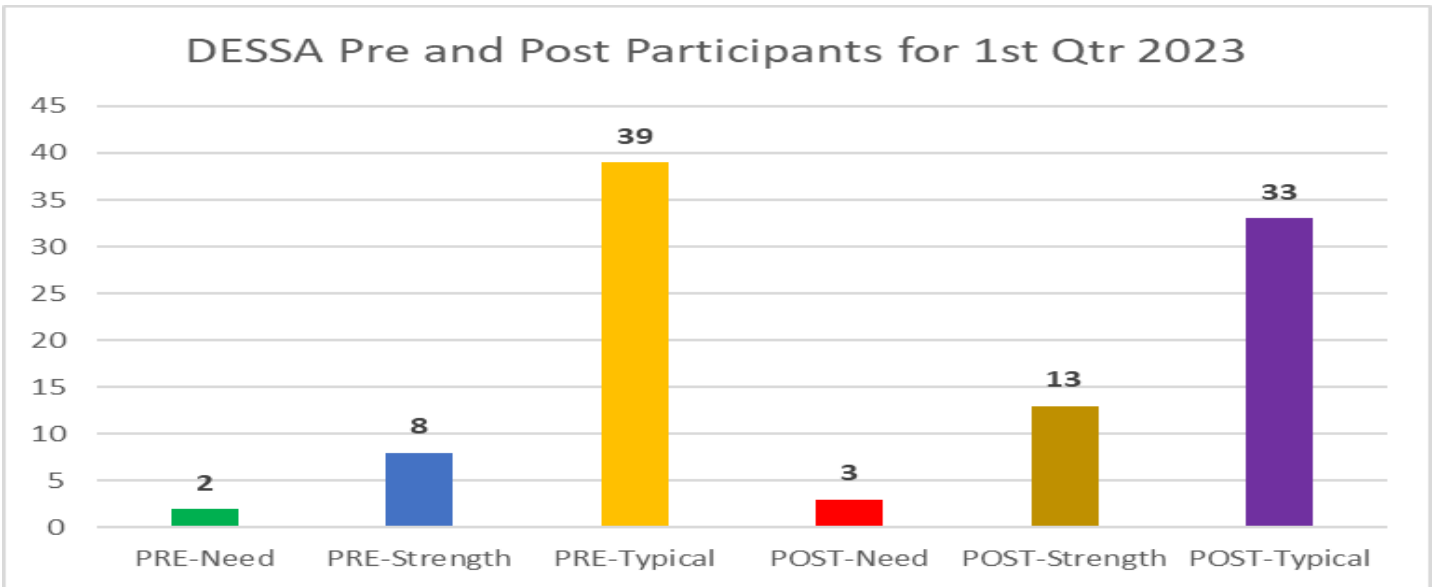
The chart below shows the number of clients who began services at each of the providers that planned to use the DESSA social emotional learning instrument.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report



DESSA Pre/Post Submissions

The following includes counts of children who completed both preliminary and post assessments in a program for both the K-8 grades and high school grades combined.

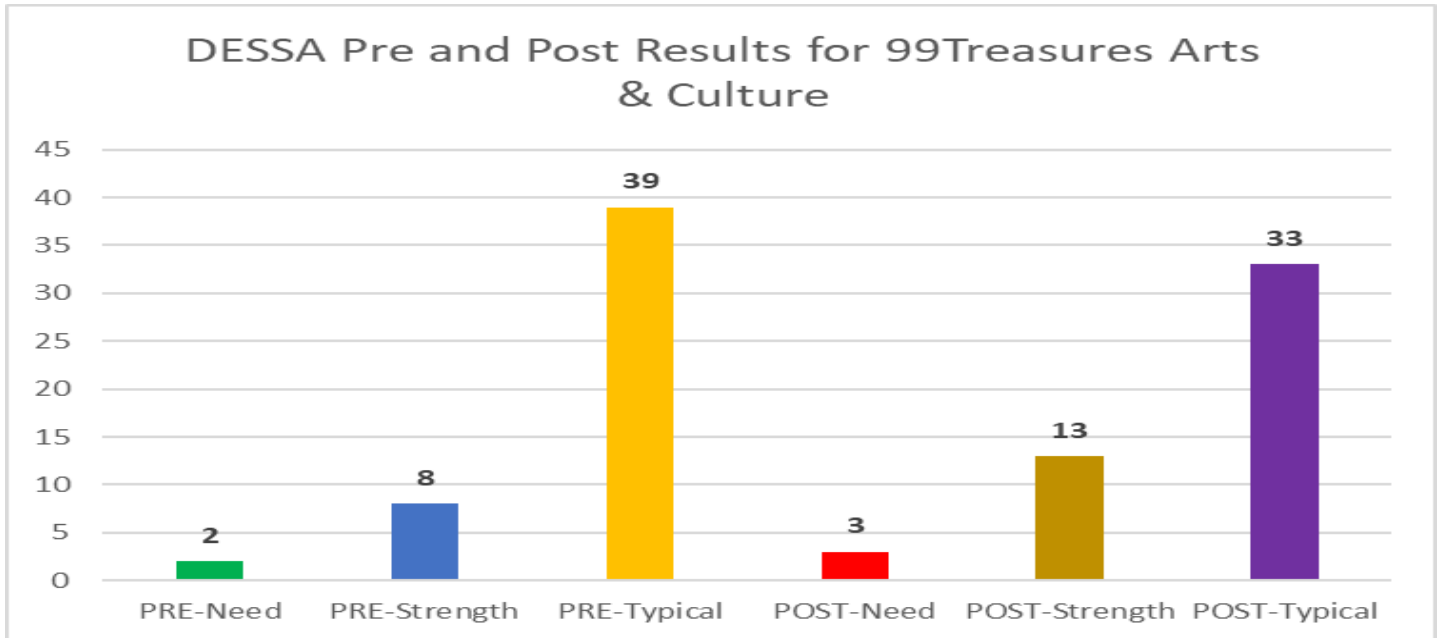


For those children who had both a pre-assessment and a post-assessment, the chart above shows the number of children in each of the three learning categories (Need of Instruction, Typical, and Strengths) at both assessment times. There is an increase from 2 to 3 children who are in the need category from pre- to post-assessment. There is also an increase from 8 to 13 children in the Strengths category. The size of the Typical category shrunk from 39 to 33 for pre- and post-assessments. This means that the programs reporting data are raising the level of social emotional learning for the children in the programs.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

DESSA Individual Agency Outcomes

The following charts show counts for the pre- and post-assessments separately for each provider. As of the end of the 1st Quarter 2023, only 99Treasures has recorded both pre **and** post assessments. There was not a statistically significant change from pre to post.

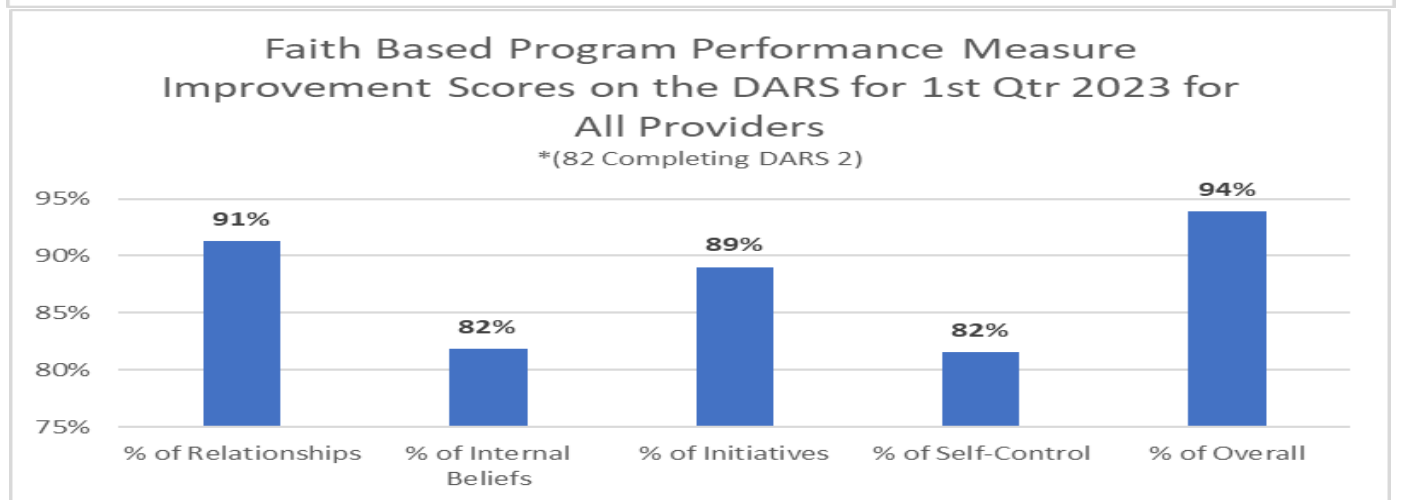
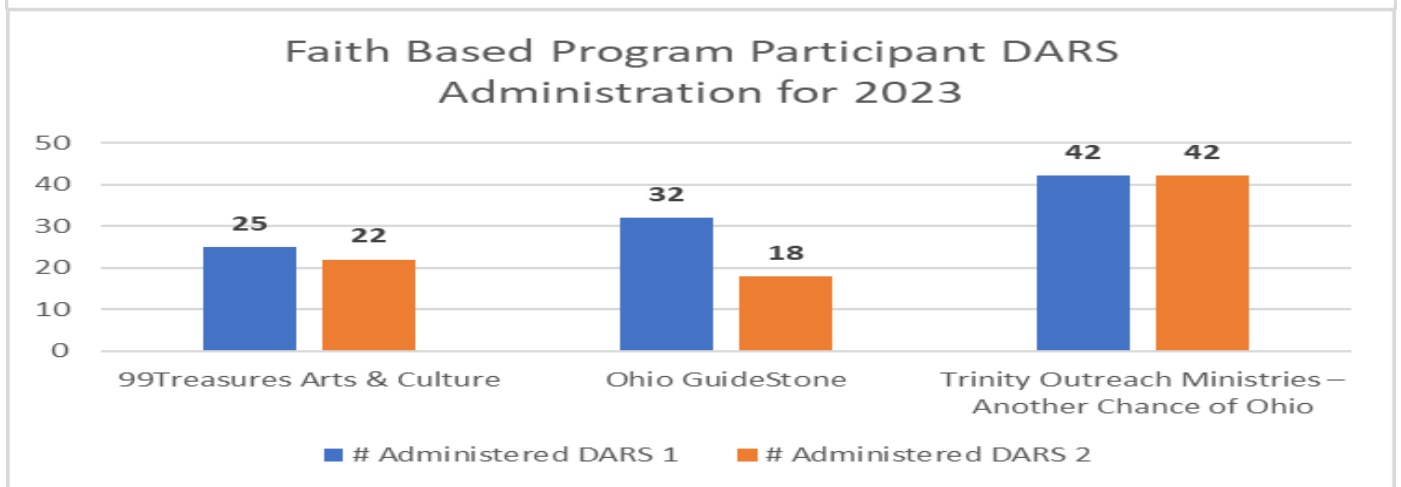
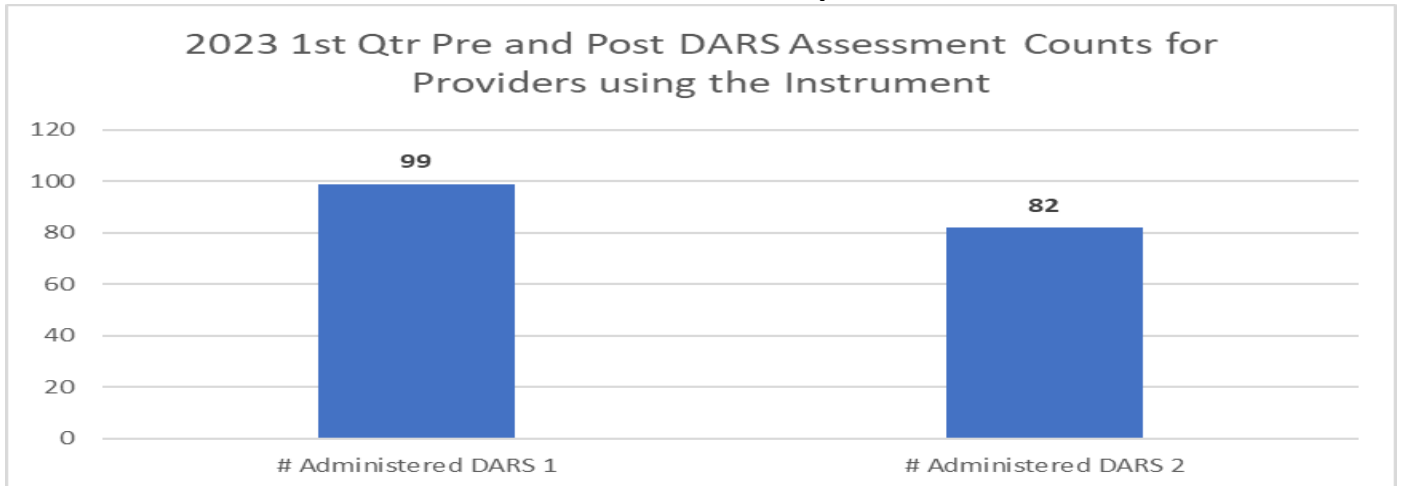


Devereux Adult Resilience Survey (DARS) Outcomes

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

- Will gain knowledge to develop healthy relationships.
- Will learn skills to increase self-worth to enhance internal beliefs and values.
- Will learn strategies to develop/enhance self-motivation to increase independence.
- Will learn how to self-regulate and control without the use of substances and negative influences.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

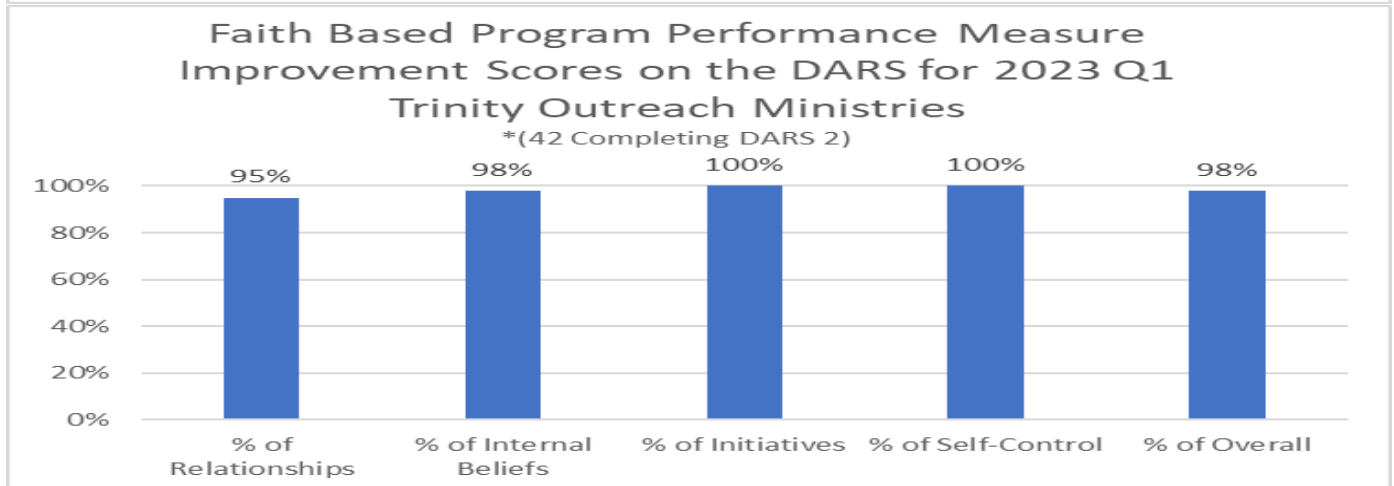
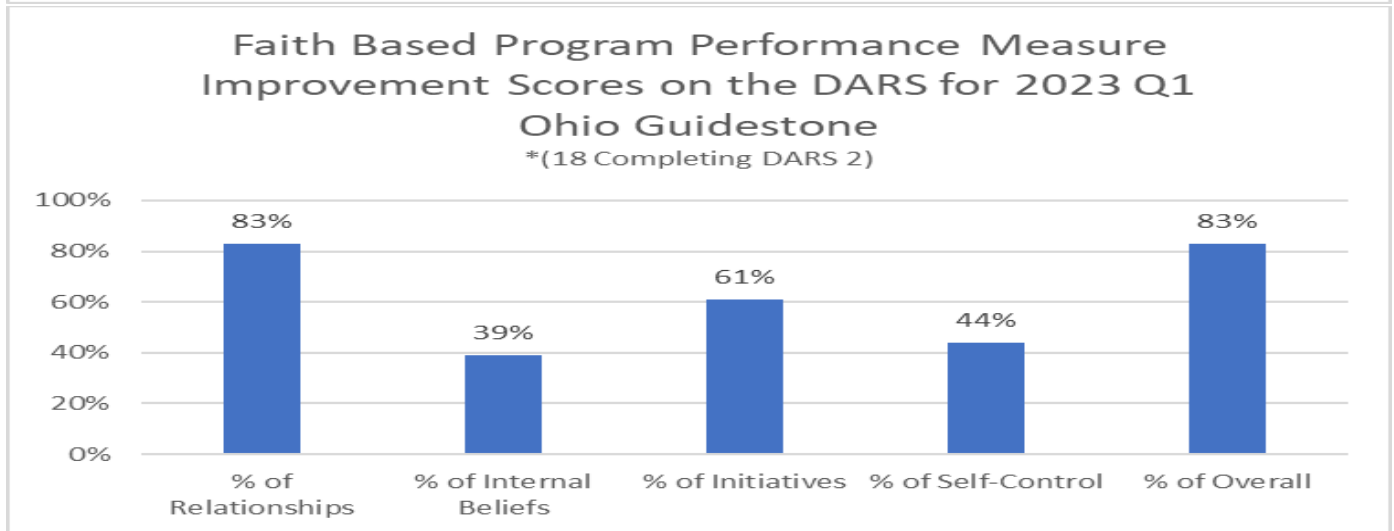
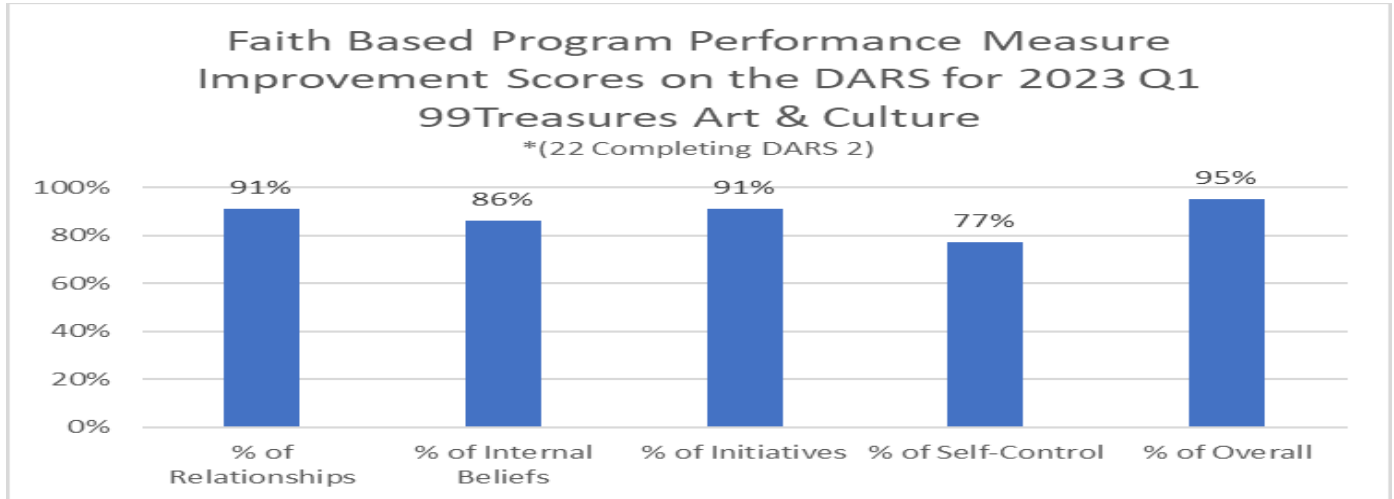


The DARS Assessment was administered to 99 individuals for the first time, and the Assessment was administered to 82 of those individuals for a second time. This allowed for the analysis of outcomes from this tool. Overall, 94% of clients assessed at Board providers improved in at least one aspect of the DARS assessment (in comparison to their first assessment). Further, 91% improved in relationship scores, 89% improved in initiative scores, and 82% improved in internal belief and self-control scores.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

DARS Individual Agency Outcomes

The following charts show the percentage of improvement among clients assessed using the DARS tool (versus their first assessment) broken down by those agencies making use of the tool.

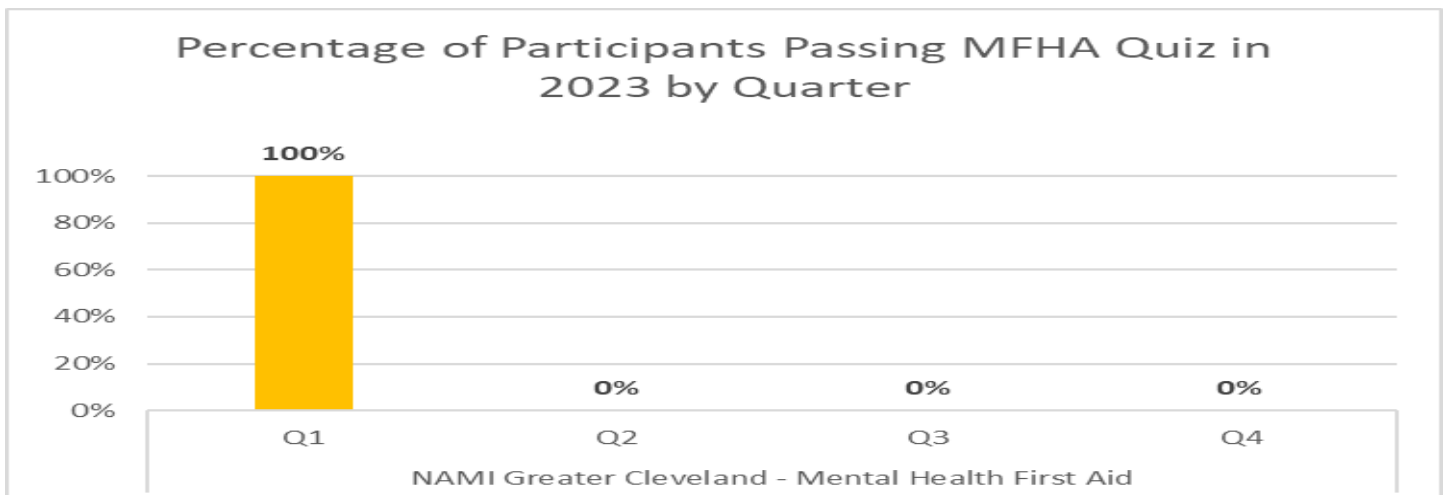
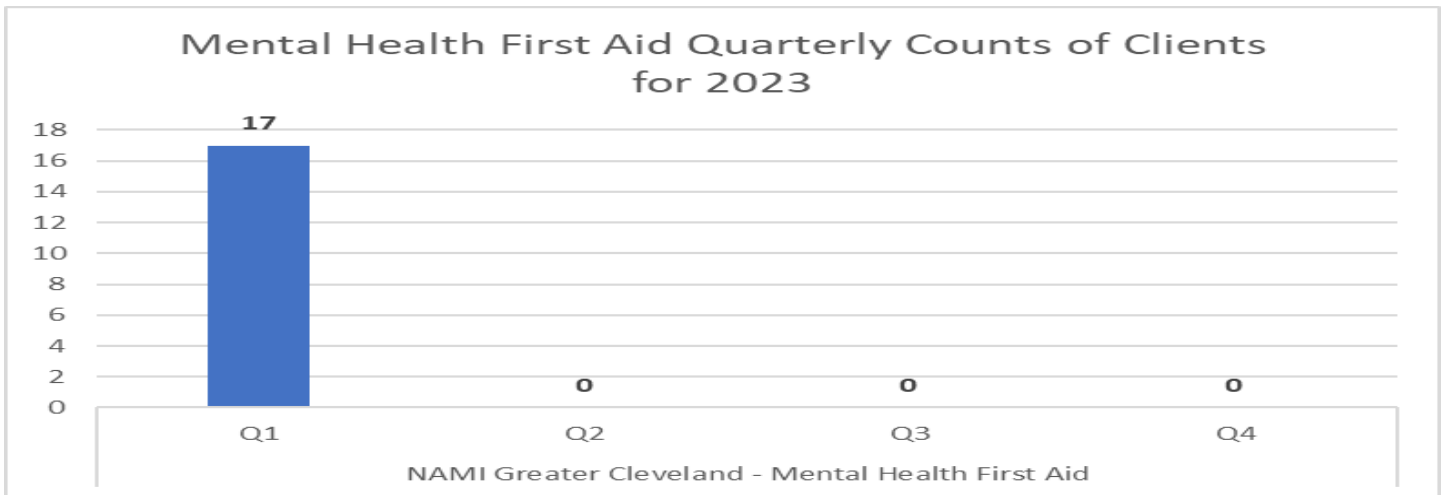


Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

Mental Health First Aid Individual Agency Outcomes

Mental Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a faith-based program provider are expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics:

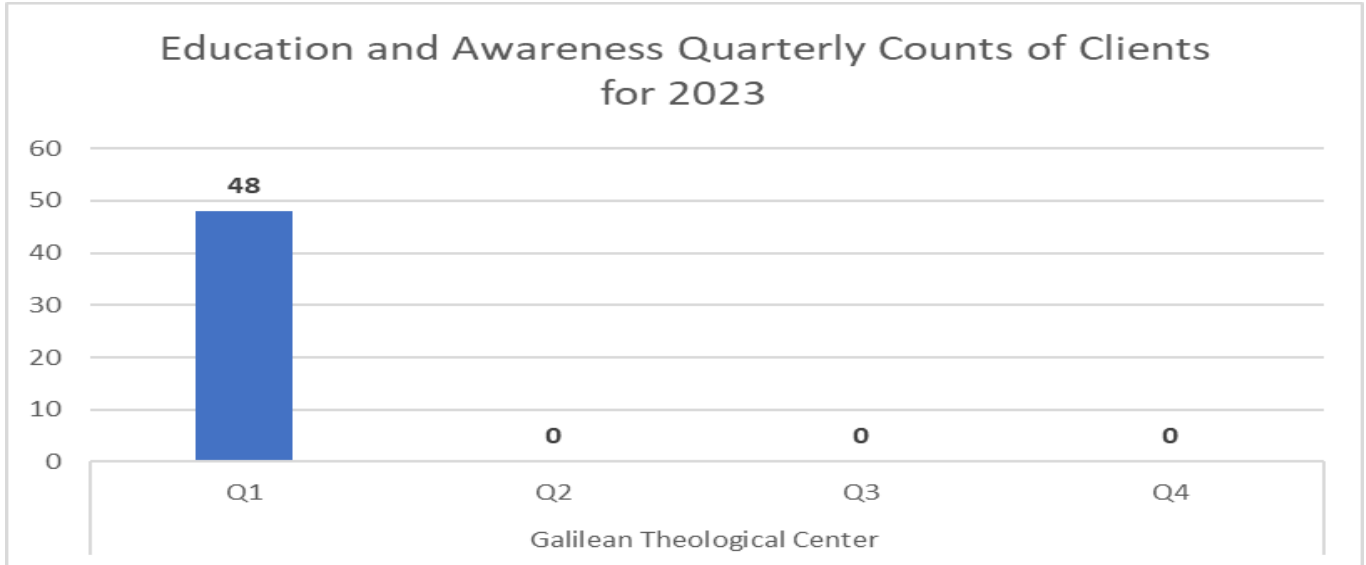
- Helpful Things to Say
- Myths and Facts: Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders



Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

Education and Awareness Outcomes

- Galilean Theological Center – Providing Education and Awareness Training for Latinx Pastors.



**Note that the Galilean Theological Center program is a continuing cohort of pastors, so even though the program continues there are no new pastors joining the program in later quarters.

- NAMI Cleveland provides mental health education and support within Faith-based communities for individuals with mental illness and their families. Data was not submitted by the reporting deadline.

Faith-Based Programs Performance Outcomes 2023 1st Quarter Report

It's Not a Moment, It's a Movement (New Program) Outcomes

- It's Not a Moment, It's a Movement - Providing Education and Awareness Training for Pastors and providing guidance in the development of mental health ministries.
- Goals include increasing of behavioral health services and/or referrals, mental health ministries among local institutions, mental health education/counseling sessions, the amount of mental health conversations, and the completion of a conference intended to develop opportunities for faith leaders and behavioral health professionals to improve system access and mental health outcomes.

It's Not a Moment, It's a Movement		# of Institutions	% Increase in Service Provided
1) Behavioral Health Services and/or Referrals	Q1	3 (2 BH Prof/Referrals)	100%
	Q2		
	Q3		
	Q4		
		# of Institutions	% of Increased Preparedness
2) Mental Health Ministries	Q1	8 (17 Participants)	100%
	Q2		
	Q3		
	Q4		
		# of Institutions	% of Increased Attitudes
3) Mental Health Education and/or Counseling Sessions	Q1	3 (3 Faith Leaders)	100%
	Q2		
	Q3		
	Q4		
		# of Conversations	% Increase in BH Conversations
4) Conversations	Q1	2 (44 Participants)	100%
	Q2		
	Q3		
	Q4		
		Conversation Completed?	# of Referrals/Signed up for Training
5) Conference Participation	1 Conference	Y (Completed in May)	2/45

Faith-Based Outreach Committee Meeting
June 7, 2023

99TREASURES ARTS & CULTURE - Holistic Solutions for Holistic Problems initiative provides a base-strategic program and art activities that aid an intergenerational population. Provides a human-centered and spiritual approach for clients using holistic, culturally specific, and interfaith services. Provides an innovative therapeutic year-round out-of-school-time program and a six-week summer camp. Serving 200 individuals.

- The program held their 50 Annual Black History Flag Raising Ceremony and Program at Cleveland City Hall. Over two hundred people attended. Representatives of different faiths participated and volunteered at the event.
- In honor of Black History Month, youth researched the heroes and sheroes of Black History and shared their findings during class. The research also included heroes that overcame drug and alcohol addictions. The goal was for the youth to remember that addiction does not discriminate by race, religion, national origin, income, social position, or age.
- Faith-based partners continue to act as mentors for the program participants. The art therapist and music instructor continue to help participants express their feelings. The program provided programming to two HUD facilities.
- The weekly drug education sessions continued in the after-school program. Drug educators prepared a presentation on edibles due to elementary school students overdosing on drugs in this form.
- The program incorporated guest speakers for summer camp to address several community issues: unresolved trauma, violence, and conflicts in school.
- The program continues to work with *Seeds of Literacy* to help those who are functionally illiterate improve their chances of employment. Collaborated with the *Spot Youth Empowerment Group* for upcoming job opportunities/trainings.
- The entrepreneurship program component focused on how to sell art and what to sell online in the future.
- The program is now a work site for Youth Opportunities Unlimited and has contacted families that have youth that are eligible for summer employment.
- The certified drug counselor shared what the different drugs do to a user's body, the principles of addiction, the effects of drugs and alcohol use on friends and family and the potential legal consequences of use and abuse. The program's drug education classes continued to focus on fentanyl and that drugs such as marijuana are being laced with it.
- 99Treasures Art & Culture participated in Safe Passages programming at the Mt. Pleasant NOW Building, with MYCOM.
- The Out-of-school Time program began January 7 and will end June 3. The Six-week Summer Peace Camp will begin June 20 and end July 27.

GALILEAN THEOLOGICAL CENTER – Substance Use Disorders Educational and Training Program for Latinx Clergy and Church Leaders addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges. Serving 40 Latinx clergy and church leaders.

- Reached out to more than 40 Hispanic Latino churches through emails, social media, and personal and community outreach.
- Component I. Spiritual Caregiving to Help Addicted Persons and Families launched on April 15 with 52 participants.
- Component II. Credentialing and Certification is scheduled to start on June 3 with 52 registered.
- Component III. Integrated Management of Psychological Trauma & Interpersonal is scheduled to start on June 10 with 52 registered.

IT'S NOT A MOMENT, IT'S A MOVEMENT – The Faith Movement provides faith leaders of all races and denominations with tools for developing Mental Health Ministries aimed at reducing the stigma of mental illness and investing in the vital role of spirituality in the treatment and recovery process. Serving 50 faith leaders.

- The program started community conversations and initiated collaborations with faith leaders, stakeholders, and behavioral health professionals.
- A six-person faith leader public panel discussion titled Mentally Mangled Faith and Mental Health was held on February 21 at Mount Sinai. Topic: A Biblical Foundation for a Mental Health Ministry.
<https://www.youtube.com/live/Z7KqeMfJSDo?feature=share>
- The Mentally Mangled Mental Health Education Training Session was held at City of God on February 28. Three faith institutions were represented, and twelve individuals attended. Topic: Definition, Identifying the Signs, and Impact of Trauma.
- The provider held three Mental Health Ministries training sessions.
 - The Mentally Mangled Mental Health Summit was held on May 16, 2023 [Mental Health Summit](#)
 - 83 Faith leaders and clinicians attended (39 faith Institutions and organizations participated)
 - 28 Cities Represented (3 out of state, GA, NC, MD)
 - Agencies Represented
 - Minority Behavioral Health Group
 - NAMI of Greater Cleveland
 - Unlock Your Minds Mental Health Project
 - Stop Cancer in Its Tracks (SCIIT) – Cleveland Clinic
 - NORA – Northern Ohio Recovery Association
 - Follow Up
 - Mentally Mangled Mental Health Bootcamp Training was held on May 25, 2023, at 6pm at City of God
Topic – Theology and Mental Health & Trauma Response

NAALEH CLEVELAND – High Risk Mentorship Program provides mentorship to struggling teens in the community that are having a difficult time with substance use, mental health issues, and family dysfunctions. Building self-esteem and self-confidence through learning life skills and physical fitness. Serving 40 youth.

High Risk Mentorship Program – Goal 40 Individuals February/March/April						
# of mentees	# provided drug education	# parental support given	Explain the academics and education of life skills provided	Explain the physical fitness activities provided	# completed high school or obtained GED	# teens that obtained gainful employment
33	24/28/26	40/38/40	Assisted with schoolwork. Worked on assertiveness, coping with complex relationships, setting goals, coping skills, perseverance, and self-advocacy. Began dialog about summer plans, the need to stay busy/productive and to continue pursuing success.	Daily group visits to the gym: peer motivation, overcoming discomfort, and celebrating success. Developing plan for fitness over summer: having physically laboring jobs.	None/1/0	2/2/0

- Discussing summer jobs, witnessing an increase in peer support, self-advocacy, peer leadership and the number of mentees.
- Gym attendance and team comradery around planning for summer has increased.
- Program staff are delegating leadership roles to older members of the group.

NAMI GREATER CLEVELAND - Faith-Based Project - Builds relationships with faith-based organizations. Increases support, education and referrals around mental health and substance abuse issues in community churches by building support groups, partnerships, and by providing an understanding of mental/behavioral health and dual diagnosis. Serving 170 individuals.

Faith-Based Project					
		Education – 140 individuals		Training – 30 individuals	Collaborations Minimum of 5
Faith-based organization name	Discussions/additional information	Support/education title/# served/date	MH education presentation title/# served/date	MHFA # session # served/date	Yes/no
2/14/23 Julie Novas, LCSW Clinical Social Worker/Buddhist meditation teacher	A program on Buddhism, mental health, and trauma healing in September 2023.				N/A
2/15/23 Angela Banks, LPCC-S Psychoeducation presenter with NAMI	A program on how faith communities can support individuals with mental illness in June 2023.				N/A

2/17/23 Friendly Inn Settlement - Black History Community Event	NAMI GC hosted an information table, and some faith communities were represented.				N/A
2/21/23 Kim Langley	Virtual workshop “A Balm for the Blue Holidays,” providing education and experiential learning in spirituality and self-care practices related to grief and transition around the holidays in November 2023.				N/A
The Church in God in Christ				17 Served 2/11/23	Yes
AVIVA Church	MHFA scheduling/staff presentation (4)				Yes
New City Cleveland	Scheduling Understanding Mental Illness presentation (1)				N/A
Renew Communities	Scheduling Understanding Mental Illness presentation (1)				N/A
St. Ambrose Church			Understanding Mental Illness 13 participants		Yes
Suburban Temple – Kol-Ami		Mental Health and Judaism: Peer, Family, Clergy Perspectives 40 participants			Yes
Total:	6 discussions, 6 people	40	13	17 served	

- In May, NAMI Greater Cleveland will be attending and will have tables at several faith-based community outreach events and conferences. This will include St. Ambrose Catholic Church, Christ Church, and Mt. Sinai-Friendship United Church.
- In June, NAMI Greater Cleveland will be hosting a psychoeducation program, “How Faith Communities Can Support Individuals with Mental Illness,” facilitated by one of Nami’s licensed clinicians, Angela Banks, LPCC-S. This program will be virtual and open to the public. With this program in NAMI’s presentation library, their hope is to offer this 90-minute presentation to faith-based communities upon request in addition to, our Mental Health First Aid and Understanding Mental Illness offering participates.

OHIOGUIDESTONE - Workforce 360° - Faith-Based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms to prevent and mitigate mental health and substance use disorders. A Community Chaplain collaborates with staff to provide resources and support in the classroom and in situations of crisis, high-emotion, and life decisions. Serving 115 individuals.

Utilizing Spiritual Care as a Bridge to Mental Health Services				
# enrolled	# newly accessed MH services	# received MH services and spiritual services	# only received spiritual services	Expanded Chaplain engagements
8 (new)	6 (total)	6	33	4 (total)
39 (total)				

- The provider is serving 39 clients. Some clients are in the Job-Readiness Training cohort group, the Phlebotomy cohort group, enrolled in a YouthBuild/STNA track or YouthBuild/Construction track.
- The program’s services have returned to an in-person format with appropriate COVID-19 precautions in place.

TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO - Inner City Youth and Families Cultural Arts Program provides prevention programs to children in the Family First Childcare Center and families and youth attending Trinity Outreach Ministries, Holy Trinity Church, and the Cultural Arts Center. Provides family fitness, music classes, facilitates spiritual and character development, cultural or performing arts classes, and community outreach. Serving 170 individuals.

Inner City Youth and Families Cultural Arts Program			
Activities	# of meetings per month	# of YTD meetings	Activity Description
Theater and Fashion	2	6	Participants learned the art and skill of fashion and drama. Mondays at 6:30pm
Cultural Arts and Youth Club	4	12	Teleconference calls/virtual classes to connect with people during the Covid-19 crises on Friday evenings. The youth enjoyed weekends of spiritual development and “positive peer” group sessions.
Spiritual Character Development	8	32	Teleconference: Share concerns/strengths: Wednesdays at 6:45pm <i>Young Adult Keeping It Real</i> : Encourages each other to make healthy choices and to be accountable.
Music and Virtual Choir/Voice lessons	8	32	Social distance classes and performances occurred on site on Tuesdays, Sundays and at Whitney Young School on Fridays at 2:30pm. The Virtual sessions are held as needed on Saturdays at 4:30pm. Performances on Sundays at 10:30am and during special assemblies at the school on Fridays.
J-Tech Team: Sound and Lights	4	16	Youth learned the art and skill of lights, sounds and camera productions. Sundays 9:00am to 1:00pm.

Hours of Power/Bi-monthly virtual sessions.	16	64	Encouragement sessions are planned to meet spiritual, sobriety, and emotional needs. Monday through Friday from 7:00am to 7:30am.
Virtual and face-to-face Kids Club Social Emotional Learning and Character Development.	4	16	Video presentations are prepared for youth and families to engage in. It includes art, social emotional learning exercises and character development. Program is held on Wednesdays and Saturdays. Other activities and field trips times vary depending on the activity.
Story Time			Story Time Reading – Saturdays
Total	46	178	

- The faith program youth and families participated in overnight lock-in on February 24, 2023. This session was used to help promote positive relationships, teamwork and strengthening of families, communication skills and making positive friends.
- The Faith Program Whitney Young School Inspirational Choir performed at the Black History Program on February 24, 2023. There were over three hundred in attendance. Positive affirmations were taught and proclaimed.
- The month of April specialized youth session that provided opportunities to strengthen connections to positive people and to be more assertive and courageous in front of others.
- The Youth Lamp Weekend and the Resurrection Sunday weekend heightened music, drama and dance performances that promoted positive and healthy choices and hope rather than despair.
- The Faith Program youth and families participated in a successful Hour of Power that helped promote positive relationships, teamwork, faith, and hope.
- Families were assisted in meeting other families and supporting each other toward healthy choices and family sobriety.
- The program's weekly performances went well, and the men and women from the homeless shelters expressed appreciation for the performances and the inspiration to make healthy choices.
- The program registered 10 additional people.



Ohio Guidestone

WHERE NEW PATHS BEGIN

Workforce 360°

Paid job training programs for 18-24 year-olds in Cuyahoga County!

1

Our Mission

To assist students with reaching goals related to finding meaningful employment, attending additional training, and/or enrolling in post-secondary education

Our goal for students at the end of the program:

That students will be in a secure job that has room for growth – really a career – or furthering their education!



2

Eligibility

- 18-24 year-olds living in Cuyahoga County and at least one of the following:
 - High school non-completer
 - Parenting
 - Individual with a disability
 - Involved with Justice System (Adult or Juvenile)
 - Foster care or aged out of foster care
 - Homeless individual
 - Basic skills deficient and zip code
 - Incarcerated Parent
 - Migrant Youth

Eligibility Notes:

- For out of school youth
- In healthcare, there will be a background check; adult charges from HB 160 is list of disqualifiers

3

Programs We Offer

OhioGuidestone offers:

- Job Readiness Training
- Construction
- Manufacturing
- Phlebotomy
- PCNA (Patient Care Nursing Assistant)
- PCA (Patient Care Assistant)
- STNA (State Tested Nursing Assistant)



4

Faith-Based Services

- Supported by the ADAMHS Board
- Offer group and individual sessions
- Referral pathway to mental health services



5

Faith-Based Services

2022 Outcomes

There were 103 participants in program who completed a DARS 1. 91 completed the DARS 2.

Out of those 91 participants:

- **55%** of the participants gained knowledge to develop healthy **relationships**.
- **44%** of the participants learned skills to increase self-worth to enhance their **internal beliefs** and values.
- **46%** of the participants learned strategies to develop/enhance self-motivation to increase independence. - **Initiatives**
- **30%** of the participants learned how to self-regulate without the use of substances and negative influences. – **Self-Control**
- **64%** of clients demonstrated an increase in Overall Score from DARS 1 to DARS 2

6

Faith-Based Services- 2022 Highlights

- Increased number of Enrolled Clients from 92 (2021) to 103 (2022).
- Community Chaplain maintained the number of group engagements in 2021 and 2022 and provided increased number of one-on-one expanded engagements with Enrolled Clients from 8 (2021) to 16 (2022).
- Program utilized Spiritual Care as a Bridge to Mental Health Services with 20% of Enrolled Clients receiving both Spiritual Care and Mental Health Services.
- Utilized client input (through the DARS assessments along with group and one-on-one conversations) to continuously modify and update program content for topical relevancy with an emphasis on promoting individual resiliency.

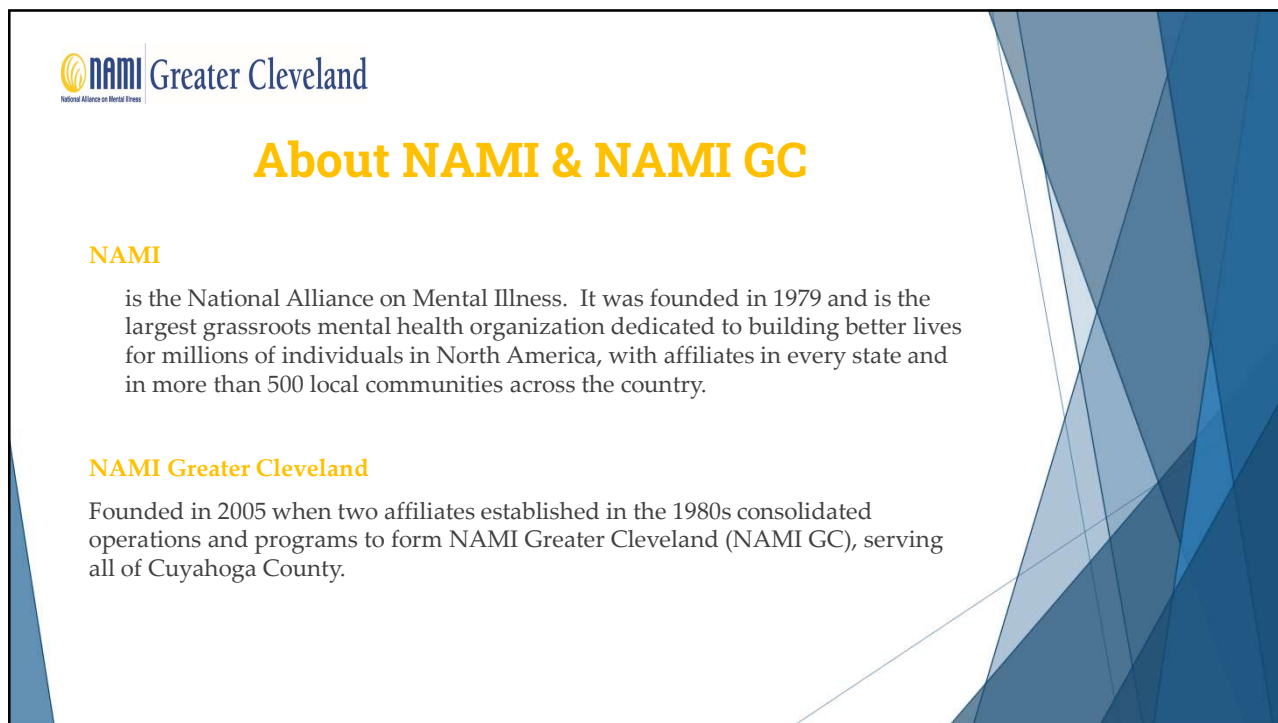
7

Questions?

8



1



2

NAMI GC FAITH-BASED PROGRAM OVERVIEW

- ▶ Mental Health First Aid
- ▶ Understanding Mental Illness
- ▶ Faith-Based Community Education and Psychoeducation
- ▶ Faith-Based Outreach Events

3

MENTAL HEALTH FIRST AID

Mental Health First Aid/MHFA is a 7.5 hour evidence-based training program administered by the National Council for Mental Wellbeing that teaches participants how to identify, understand, and respond to signs of mental health and substance use challenges.

Faith communities trained in MHFA include:

- ▶ Calvary Lutheran Church
- ▶ The Church COGIC
- ▶ The Word Church

Image by [astegmayer](#) from [Pixabay](#)

4

UNDERSTANDING MENTAL ILLNESS

Understanding Mental Illness is a 60-minute presentation that provides an overview of common mental health conditions, dismantles some of the myths and misconceptions about mental illness, and outlines strategies for communicating better with individuals with mental illness in one's personal and professional life.

Faith communities educated in UMI include:

- ▶ Abundant Grace Fellowship Church
- ▶ AVIVA Church of the Nazarene
- ▶ Avon Lake UCC
- ▶ Church of the Covenant
- ▶ Hispanic Pastors Mentoring Group
- ▶ Jewish Family Services Association
- ▶ St. Ambrose Catholic Church
- ▶ St. Paul Lutheran Church

Image by [astegmayer](#) from [Pixabay](#)

5

FAITH-BASED COMMUNITY EDUCATION AND PSYCHOEDUCATION

NAMI Greater Cleveland provides virtual education from clinical and community perspectives on special topics related to the intersections of religion, spirituality, and mental health on a quarterly basis.

In CY22, NAMI GC served **139** individuals with faith-based community education and psychoeducation.

- ▶ Cultivating Insight: Mental Health and Zen Buddhism
- ▶ From Intercession to In-Session: Mental Health and the Catholic Church
- ▶ Have Mercy On Me: Addressing Suicide in the Black Church

In CY23, NAMI GC served **40** individuals at the following faith-based community education:

- ▶ Mental Health and Judaism: Peer, Family, and Clergy Perspectives

Image by [astegmayer](#) from [Pixabay](#)

6



GOALS FOR CY23

Additional topics for CY23 faith-based community education and psychoeducation include:

- ▶ How Faith Communities Can Support Individuals with Mental Illness
- ▶ Buddhism, Mental Health, and Trauma Healing
- ▶ Religious and Spiritual Trauma: Pathways to Healing
- ▶ A Balm for Blue Holidays: Comfort and Creativity after Life Change or Loss

Faith communities confirmed to receive UMI or MHFA in CY23 include:

- ▶ Abundant Grace Fellowship Church
- ▶ AVIVA Church of the Nazarene
- ▶ The Church COGIC
- ▶ St. Ambrose Church

Image by [astegmayer](#) from [Pixabay](#)

7



FAITH-BASED OUTREACH EVENTS

NAMI Greater Cleveland is confirmed to attend the following faith-based community outreach events:

- ▶ Mental Health Wellness Fair at St. Ambrose Church (3/12/23)
- ▶ Mental Health Ministry Event at St. Ambrose Church (5/1/23)
- ▶ “Mentally Mangled” Faith-Based Mental Health Conference at Mt. Sinai-Friendship United Church (5/16/23)
- ▶ “A Night of Hope: Addiction and Mental Health Awareness” at Christ Church (5/19/23)
- ▶ Mental Health Presentation and Resource Fair at AVIVA Church of the Nazarene (6/4/23 and 6/11/23)
- ▶ Community Back to School Rally at Temple Baptist Church (7/23/23)

Image by [astegmayer](#) from [Pixabay](#)

8



Greater Cleveland

FAITH-BASED PARTNERSHIPS

NAMI Greater Cleveland established relationships with the following faith-based communities through outreach, partnerships, collaborations, and discussions:

- ▶ Abundant Grace Fellowship Church
- ▶ AVIVA Church of the Nazarene
- ▶ Christ Church
- ▶ The Church COGIC
- ▶ Cleveland Ibn Sina Clinic
- ▶ Kingdom Talk Live
- ▶ Mt. Sinai-Friendship United Church
- ▶ New City Cleveland
- ▶ Old Stone Church
- ▶ Renew Communities
- ▶ St. Ambrose Church
- ▶ Suburban Temple – Kol Ami

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National Alliance on Mental Illness

Greater Cleveland

QUESTIONS?

10



Greater Cleveland

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