ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES APRIL 12, 2023

<u>Committee Members Present</u>: Katie Kern-Pilch, MA, ATR-BC, LPC-S, Committee Chair, Reginald C. Blue, Ph.D., J. Robert Fowler, Ph.D., Sadigoh C. Galloway, MSW, LSW, LICDC-CS, Patricia James-Stewart, M.Ed., LSW, Elaine Schleiffer <u>Absent</u>: Gregory X. Boehm, M.D., Rev. Benjamin F. Gohlstin, Sr.

<u>Board Staff Present</u>: Scott Osiecki, Chief Executive Officer, Carole Ballard, Danielle Clark, DeAndre Durr, Ben Goodwin, Felicia Harrison, Woo Jun, Britany King, Linda Lamp, Nancy Mundy, Mark Onusko, Clare Rosser, Allison Schaefer, Maggie Tolbert

1. Call to Order

Ms. Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:01 p.m. Ms. Sadigoh C. Galloway read into the record the Committee Mission Statement: "The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families, and the community."

2. Public Comment on Agenda Items

No public comment on agenda items was received.

3. Approval of Minutes

The Planning & Oversight Committee minutes of March 8, 2023 were approved as submitted.

4. Mental Health & Developmental Disabilities (MHDD) Court Jail Liaison Program

Mr. Ben Goodwin, Adult Behavioral Health Specialist II (Criminal Justice), introduced Ms. Lottie M. Gray, MSSA, LISW-S, CCFSW, CFCIS, CDCA, Mental Health Jail Liaison Specialist at the Cuyahoga County Court of Common Pleas. Ms. Gray reported that the mission of the MHDD Court is to promote early identification of defendants with severe mental health/developmental disabilities in order to promote coordination and cooperation among law enforcement, jails, community treatment providers, attorneys and the courts for defendants during the legal process and achieve outcomes that both protect society and support the mental health care and disability needs of the defendant. The Cuyahoga County Common Pleas MHDD Court Judges include the following:

- Judge Shannon M. Gallagher (MHDD Court Chair)
- > Judge Deena R. Calabrese
- > Judge Emily Hagan
- > Judge Timothy McCormick
- ➤ Judge Michael Shaughnessy

Ms. Gray shared that the factors driving the Mental Health/Criminal Justice (MH/CJ) crisis include: 1. Disproportionately higher rates of arrest, 2. Longer stays in jail and prison, 3. Limited access to health care, 4. Higher recidivism rates, 5. Low utilization of Evidence-based Practices (EBPs) and 6. More criminogenic risk factors. The MHDD Jail Liaison Program overview consists of contracted agencies, which provide liaison services including linkage, monitoring, and release planning for inmates in the County Jail. These Five Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County contracted mental health agencies include: Recovery Resources, Signature Health, Metro WRAP, The Centers, and Murtis Taylor Human Services System (MTHSS). Developmental Disabilities (DD) liaisons are funded through the Cuyahoga County Board of Developmental Disabilities (CCBDD); and are shared cases. Collaboration and advocacy transpires on cases between agencies, Court, jail, and attorneys (prosecutor & defense).

Ms. Gray highlighted that the Jail Liaison Program benefits include:

- Mental health screening
 - DD screen for eligibility
- > Diagnostic assessments & linkage for community services
- Monitoring progress of cases in the jail

- o DD liaisons also monitor individuals out on bond
- ➤ Make recommendations to the Cuyahoga County Court of Common Pleas Judges and staff, with specialized consideration to the MHDD Court dockets
 - Treatment recommendations to individuals with a mental illness/developmental disabilities who are incarcerated in the Cuyahoga County Jail
- Safe release planning for the community

The Mental Health Jail Liaison Specialist is the point person between the MHDD Court, jail, and agency liaisons. They coordinate linkage to jail psychiatric services for individuals identified as needing mental health services prior to their first appearance/arraignment, attorney/liaison referral, and/or probation. They also assist with identifying individuals eligible for MHDD Court Docket, coordinate referrals to agency liaisons and identify cases requiring agency linkage, communicate with the Court and the Jail as needed to address treatment needs and attend hearings and coordinate collaboration on release planning. During pretrial and linkage, the Mental Health Jail Liaison Specialist receives additional referrals from:

- Pretrial/MHDD Coordinator
- Assigned Counsel
- > First Appearance/Arraignment/Assigned Courtroom
- > Jail
 - Staff or inmate kites
- Bond Investigators
- Probation
- Assigned behavioral health agency
- > Family/Social Supports

During pretrial and linkage, MHDD eligibility includes monitoring for MHDD eligibility & agency linkage, which includes recent psychiatric medication, active services; the collection of records to qualify individuals for the MHDD Docket, if eligible; the coordination of eligibility and records with the Pre-Trial Coordinator and the investigation of current or past agency linkage.

During release planning, a comprehensive plan is submitted to the Court for consideration for the defendant's safe community release. This comprehensive plan includes the following: 1. Housing, 2. Medication & linkage for services. 3. Supervision, 4. Treatment needs (Mental Health (MH), Alcohol and Oher Drug (AOD), etc.), 5. Financial/Benefits and 6. Employment and programming. This comprehensive plan includes collaborative planning with the Court, attorneys, probation officers, agency provider, family/natural supports; and includes pretrial, Northcoast Behavioral Healthcare (NBH) Hospital, and post-conviction.

Ms. Gray shared statistics regarding reintegration plans for 2020 (242), 2021 (332) and 2022 (448). These numbers only account for formal reintegration plans during each period, liaisons and the Mental Health Jail Liaison Specialist also assisted with release coordination and linkage on additional cases throughout each year. The behavioral health records obtained and reviewed were highlighted as: 2020 (212), 2021 (280) and 2022 (417).

The Mental Health Jail Liaison Specialist attends regular staffings twice per month with MHDD Court Judges, liaisons, attorney, probation officers, and case managers. She participates with treatment recommendations and needs, clinical issues and concerns to be addressed. She reported that staffings can address modifications to treatment and supervision requirements, can also address violations and compliance concerns with ongoing monitoring/planning as needed.

The mission of the Reintegration Pilot Program with NBH is to reduce the number of days individuals are incarcerated after returning from NBH. The purpose is to establish a protocol for safe community reintegration for MH clients on MHDD Dockets returning from NBH after being restored. The target population includes MH clients on MHDD Dockets with legal status 2945.38B (restore to competency) indicted on low-level offenses (F3, F4, F5). The procedure shared by Ms. Gray stated that the Court Clinic competency report opines restoration at NBH is needed, Court orders the individual to NBH. The MHDD Jail Liaison Specialist collaborates with NBH social worker and jail liaison for plan. Coordination for reintegration planning and recommendations prior to returning from NBH; and the court hearing is scheduled upon return to address the reintegration plan request and competency report.

Through various PowerPoint slides, Ms. Gray was able to convey jail services, such as referrals regarding psychiatric medications, symptoms, counseling, groups, medication assisted treatment (MAT) and medical needs. She also shared that the coordination/continuity of care for bridging scrips, medications at time of release, coordinating follow-up appointments, MAT for the community, medical follow-up and hospitalization when acuity is appropriate upon release are provided. Ms. Gray reported that she has daily communication between MetroHealth, in addition to reintegration coordination and ongoing communication with jail staff. She also responded to questions from the Board Directors. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

5. Outpatient Competency Restoration Allocation

Mr. Goodwin reported that Outpatient Competency Restoration is designed for people with a mental health disorder or cooccurring psychiatric and substance use disorder, who are found incompetent to stand trial and are court ordered to participate in competency restoration treatment. Senate Bill 2, which was signed into law by Governor DeWine on April 27, 2021, aims to improve access to and increase the quality of mental health care in Ohio by making reforms to Ohio's competency restoration procedure to allow nonviolent offenders to receive competency restoration treatment in outpatient settings, rather than the state psychiatric hospital. Allowing outpatient restoration and treatment helps to ensure that state psychiatric hospital beds remain available for Ohioans suffering from serious mental illness. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) informed the ADAMHS Board that the State Fiscal Year (SFY) 2023 allocation for Outpatient Competency Restoration was increased by \$30,000, bringing the total funding to \$104,000.

MTHSS provides legal education to individuals involved in nonviolent offenses found incompetent to stand trial by the court, as part of the Outpatient Competency Restoration process. While collaborating with the individual's primary behavioral health provider, MTHSS meets with each individual for one to two hours each week, to ensure understanding of their charges, legal representation and actions of the court. Competency to stand trial is reassessed at the end of educational programming and individuals are referred back to the courts to continue the legal process, while receiving their primary behavioral health care in the community. It is estimated that approximately 35 individuals would be eligible for Outpatient Competency Restoration each year. Mr. Lovell Custard, President and Chief Executive Officer at MTHSS, was present to respond to questions from the Board Directors.

Motion for the Board Directors to amend Resolution No. 22-06-06 to increase funding to MTHSS for the Outpatient Competency Restoration Program in the amount of \$30,000 for the term of July 1, 2022 through June 30, 2023 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: S. Galloway / AYES: R. Blue, R. Fowler, S. Galloway, P. James-Stewart, E. Schleiffer / NAYS: None / ABSTAIN: None / Motion passed.

6. Essential Behavioral Health Interventions and Criminogenic Needs Program

Ms. Allison Schaefer, Director of Adult Behavioral Health Programs, reported that the current iteration of the Essential Behavioral Health Interventions and Criminogenic Needs Program is the result of the 2022 Request for Proposal (RFP) issued by the ADAMHS Board on behalf of the Corrections Planning Board, entitled, "Essential Behavioral Health Interventions and Criminogenic Needs Program." This program in its previous iteration has been funded by the Corrections Planning Board since 2007 as the Community Based Mental Health Program and has been highly successful in maintaining Serious Mental Illness (SMI) clients in treatment services.

The Corrections Planning Board's Essential Behavioral Health Interventions and Criminogenic Needs Program (BHI-CN Program) will divert clients from the criminal justice system who are currently under community control, assessed low/low-moderate risk to reoffend and suffer from chronic and persistent SMI through participation in wrap-around services that ensure a smooth transition of reengagement into the community. SMI clients will participate in the BHI-CH Program at Recovery Resources under a Forensic Assertive Community Treatment (FACT) approach.

- o FACT is an evidence-based practice recommended by the Substance Abuse and Mental Health Services Administration (SAMHSA).
- o It improves outcomes for people with severe mental illness who are most at risk of homelessness, psychiatric crisis and hospitalization, and involvement in the criminal justice system.
- FACT provides targeted outreach, crisis services to prevent relapse, substance use treatment, and other physical health and employment services through a multidisciplinary team approach.

It is estimated that 55 SMI clients will be served from April 1, 2023 through June 30, 2024; and 100% of this funding will be used to support intensive SMI treatment and wraparound services. Ms. Seona Goerndt, Chief Executive Officer at Recovery Resources, Ms. Linda Lagunzad, Interim Corrections Planning Board Administrator, Cuyahoga County, and Ms. Meghan Patton, Specialty Courts Administrator, Cuyahoga County, were present to respond to questions from the Board Directors.

Motion for the Board Directors to accept funds from the Corrections Planning Board in the amount of \$383,116.80 and provide a match from the ADAMHS Board in the amount of \$86,000 for the Essential Behavioral Health Interventions and Criminogenic Needs Program for the term of April 1, 2023 through June 30, 2024 and enter into a contract in the amount of \$469,116.80 with Recovery Resources, Inc. to the Finance & Operations Committee. MOTION: R. Blue / SECOND: P. James-Stewart / AYES: R. Blue, R. Fowler, S. Galloway, P. James-Stewart, E. Schleiffer / NAYS: None / ABSTAIN: None / Motion passed.

7. Access to Wellness Program (formerly Multisystem Adult Program – MSA)

Ms. Schaefer reported that funding was provided by OhioMHAS to develop a strategic approach (individualized by community) to strengthen system collaboration to support long-term wellness for adults with frequent psychiatric hospitalizations touching multiple human services and/or criminal justice systems. Program utilization increased during SFY2023 and The Centers informed the ADAMHS Board that additional funding would be needed to continue the program until the end of the fiscal year. OhioMHAS awarded an additional \$600,000 for the Access to Wellness Program for SFY2023 bringing the total program amount to \$1,622,031 through the end of the state fiscal year.

The Centers uses this funding to support the stabilization of high utilizers of the behavioral health system. This program services clients with two or more psychiatric hospitalizations or Crisis Stabilization Unit (CSU) stays in the past year, who have touched one or more other systems, including criminal justice, developmental disabilities, aging (over 65), homeless, or veteran systems. This program also supports clients currently incarcerated in jail and diagnosed with a serious mental illness by a licensed clinician and clients involved in the Outpatient Competency Restoration Program (without having to meet the psychiatric hospitalization/CSU stay criteria). This funding is used to address client's basic needs required for their community stabilization. Supports include housing – short-term housing, rental and security deposits, utility assistance to prevent or reverse service interruptions, treatment services, food insecurity, transportation, and other services needed for clients to maintain their sense of well-being, security and comfort in their chosen environment. Mr. Eric Morse, President and Chief Executive Officer at The Centers, Ms. Carole Beaty, Chief Program Officer at The Centers, and Mr. LaVelle Nichols, Basic Needs Resource Center Manager at The Centers, were present to respond to questions from the Board Directors.

Motion for the Board Directors to amend Resolution No. 22-07-03 to increase funding to The Centers for the Access to Wellness Program (formerly Multi-System Adult Program - MSA) for the term of July 1, 2021 through June 30, 2023; and the total project amount will not exceed \$1,622,031 to the Finance & Operations Committee. MOTION: P. James-Stewart / SECOND: R. Blue / AYES: R. Blue, R. Fowler, S. Galloway, P. James-Stewart, E. Schleiffer / NAYS: None / ABSTAIN: None / Motion passed.

8. <u>Project AWARE Behavioral Health & Wellness Coordinator (BHWC) Funding for The Ohio School Wellness Initiative (OSWI)</u>

Mr. Mark Onusko, Behavioral Health Prevention Specialist, reported that the OSWI was designed to explore, implement, and sustain a full continuum of care including prevention, early intervention, and treatment practices for K-12 students within local districts who adopt student assistance programs (SAP), multi-tiered systems of support, and staff wellness frameworks. To support and sustain the OSWI, OhioMHAS is allocating supplemental federal Project AWARE funding for federal fiscal year 2023. Project AWARE funding will support School BHWC and Student Assistance Programming for evidence-informed practices. The BHWC will provide systematic approaches to support behavioral health promotion, prevention, early identification, intervention, referral processes, and guided support services for K-12 students who are exhibiting a range of substance use, mental and behavioral health risk factors. The positions will also provide resources, online training, and guidance related to processes within the schools and with continuous improvement strategies for services to students. The cornerstone of the OSWI is the development of an Ohio Model SAP that can serve as a best practice standard for Ohio's K-12 schools. In CY2023, services will be provided to Euclid City School District as the only participating OSWI district. Numbers served to be determined. Ms. Mary Powers-Wise, MSCE, MSW, Student Wellness Coordinator at the Educational Service Center of Northeast Ohio, was present to respond to questions from the Board Directors.

Motion for the Board Directors to accept funding from OhioMHAS for Project AWARE BHWC to support and sustain the OSWI and to allocate \$100,000 to the Educational Service Center of Northeast Ohio for the term of March 1, 2023 through September 29, 2023 to the Finance & Operations Committee. MOTION: S. Galloway / SECOND: E. Schleiffer / AYES: R. Fowler, S. Galloway, P. James-Stewart, E. Schleiffer / NAYS: R. Blue / ABSTAIN: None / Motion passed.

9. YouthMOVE Cuyahoga

Ms. Britany King, Children's Behavioral Health Specialist, reported that through the Community Collective Impact Model for Change (CCIM4C) 2.0: Addressing Social Determinants of Health in Minority and Underserved Communities Initiative the ADAMHS Board selected the National Alliance on Mental Illness (NAMI) Greater Cleveland to implement a local YouthMOVE chapter due to NAMI's national affiliation with YouthMOVE. This action is to continue funding for this vital program. YouthMOVE is a national youth-led, youth-driven, chapter-based organization dedicated to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare. NAMI and YouthMOVE are connected at both the state and national level to organize and coordinate state-wide and national youth initiatives and projects.

NAMI Greater Cleveland will work in partnership with YouthMOVE Ohio to create a local cross systems youth-led leadership advisory group, YouthMOVE Cuyahoga. The advisory group will consist of youth ages 14-18 years old with lived experience, that will come together to address the behavioral health needs of their peers in Cuyahoga County. NAMI Greater Cleveland will work with YouthMOVE Ohio to recruit, train, and support disconnected youth with multi system involvement in Cuyahoga County as peer leaders and system advocates for the YouthMOVE Cuyahoga program. Youth voice and choice will be incorporated in every aspect of the YouthMOVE Cuyahoga program including marketing via their website and social media accounts, implementing local initiatives for their communities, and maintaining the ongoing promotion of the activities they have completed.

YouthMOVE Cuyahoga seeks to amplify the voices of youth and to have them be equal partners in the discussion regarding the needs of their peers and their community. As such, YouthMOVE Cuyahoga will present to the ADAMHS Board of Cuyahoga County recommendations made by youth on what to prioritize to address the behavioral health needs of their peers and provide updates on YouthMOVE Cuyahoga's activities and projects. All youth will be empowered to become involved in the areas that interest and impact them at whatever level of engagement they would like. There will also be an opportunity to become a regional leader to advocate for Cuyahoga youth on a state and/or national level. Approximately 20 – 30 youth are needed for the advisory board. Funding will be used for youth-led projects, speakers, activities, initiatives, marketing, recruitment, and stipends for the youth to be involved. Ms. Katie Jenkins, Executive Director at NAMI Greater Cleveland, was present to respond to questions from the Board Directors.

Motion for the Board Directors to approve funding for NAMI Greater Cleveland in the amount of \$10,000 to continue support of the youth-led advisory group, YouthMOVE Cuyahoga, for the term of April 1, 2023 through December 31, 2023 to the Finance & Operations Committee. MOTION: S. Galloway / SECOND: R. Blue / AYES: R. Blue, R. Fowler, S. Galloway, P. James-Stewart, E. Schleiffer / NAYS: None / ABSTAIN: None / Motion passed.

10. New Business

No new business was received.

11. Follow-up

No follow-up was received.

12. Public Comment Period

No public comment was received.

13. Upcoming April and May Board Meetings:

- Finance & Operations Committee Meeting: April 19, 2023
- General Meeting: April 26, 2023
- Community Relations & Advocacy Committee Meeting: May 3, 2023

- Planning & Oversight Committee Meeting: May 10, 2023
- Finance & Operations Committee Meeting: May 17, 2023
- General Meeting: May 24, 2023

Ms. Kern-Pilch indicated that the Nominating Committee Meeting of May 10, 2023 has been canceled. She also thanked the provider agency representatives for being in attendance to answer any questions regarding the programs discussed throughout the meeting.

Ms. Galloway shared that she hopes for continued success for the new programs - in the grassroots phase - that are presently being developed.

There being no audience comment or further business, the meeting adjourned at 5:03 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Kathleen Kern-Pilch, MA, ATR-BC, LPC-S, Planning & Oversight Committee Chair