

# ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## GENERAL MEETING MINUTES MARCH 22, 2023

### ADAMHS BOARD OF DIRECTORS PRESENT:

J. Robert Fowler, Ph.D.	Rev. Benjamin F. Gohlstin, Sr.
Bishara W. Addison	Patricia James-Stewart, M.Ed., LSW
Ashwani Bhardwaj	Rev. Max M. Rodas, MA
Reginald C. Blue, Ph.D.	Sharon Rosenbaum, MBA
Gregory X. Boehm, M.D.	Harvey A. Snider, Esq.

**ABSENT:** Erskine Cade, MBA, Sadigoh C. Galloway, MSW, LSW, LICDC-CS, Basheer Jones, Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS

**BOARD STAFF PRESENT:** Scott Osiecki, Chief Executive Officer, Carole Ballard, Christina Bohulawsky-Brown, Danielle Clark, Vince Crowe, Erin DiVincenzo, Ryan Gongaware, Ben Goodwin, Felicia Harrison, Bill Hebble, Anthony Henderson, Myra Henderson, Woo Jun, Britany King, Linda Lamp, Mark Onusko, Clare Rosser, Jessica Saker, Allison Schaefer, Starlette Sizemore, Maggie Tolbert, Beth Zietlow-DeJesus

### **1. CALL TO ORDER**

Board Chair, J. Robert Fowler, Ph.D., called the General Meeting to order at 4:01 p.m.

### **2. AUDIENCE INPUT ON AGENDA ITEMS**

No audience input on agenda items was received.

### **3. RECOGNITION OF CLIENT ARTWORK DISPLAY: MARCH 2023**

The ADAMHS Board's monthly client art display program showcases client artwork, highlights our provider agencies, recognizes the benefits of art therapy and celebrates the recovery community. The monthly client art display program can be seen in-person and virtually on the Board's website.

Ms. Beth Zietlow-DeJesus, Director of External Affairs, reported on the artwork produced by Future Directions. She shared that clients from Future Directions visited the ADAMHS Board to see their art that was on display as part of the monthly Client Art Program. During this visit, clients also learned more about the ADAMHS Board, client rights and available supports for clients such as peer support and employment. Ms. Lakecia Wild, a representative of Future Directions, was present to accept a certificate of appreciation on behalf of Future Directions; and shared that this was a great opportunity for artists to showcase their talent. Ms. Sharon Rosenbaum provided accolades for the beautiful artwork on display.

### **4. APPROVAL OF MINUTES**

The minutes from the February 22, 2023 General Meeting were approved as submitted.

### **5. CHAIR'S REPORT**

Dr. Fowler shared a memorial proclamation in honor of H. Bernard Smith for his contributions to the Cuyahoga County behavioral health care system. The proclamation reads, "Mr. Smith was both a pioneer and a historian for the local behavioral health network, helping write the legislation that established community mental health boards, and decades later, publishing histories of community mental health in Cuyahoga County. The ADAMHS Board recognizes the life and contributions of Mr. Smith as a founding advocate for behavioral health services and individuals living with mental illness." The Board also recognized Mr. Smith for his commitment, compassion and valuable contributions to the county behavioral healthcare system and for dedicating so many years of his life to helping others. The Board of Directors, Chief Executive Officer and staff extend their sincerest condolences to Mr. Smith's family. Mr. Smith was the first executive director of the Cuyahoga County Community Mental Health Board, now the ADAMHS Board, and served from 1968 through 1978. Mr. Smith was also named the first national director of the National Alliance on Mental Illness (NAMI). The Board of Directors passed a proclamation of condolence in memory of and honoring H. Bernard Smith.

**Motion to accept a memorial proclamation in honor of H. Bernard Smith for his contributions to the Cuyahoga County behavioral health care system.** MOTION: R. Blue / SECOND: G. Boehm / AYES: B. Addison, A. Bhardwaj, R. Blue, G. Boehm, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

Dr. Fowler reported that on Monday, March 20, 2023, Cuyahoga County joined several cities and counties in suing opioid manufacturers, distributors, pharmacies and others tied to the painkiller epidemic that devastated communities across the country. The new lawsuit, filed in federal court, is among the thousands filed by cities and counties across the country over the crisis. The cases are consolidated into one case and handled by U.S. District Judge Dan Polster in Cleveland. Cuyahoga County and others have already filed and settled several lawsuits, mostly against the largest companies that doled out millions of prescription pills that helped fuel the epidemic. The new lawsuit targets another tier of companies that made, marketed and sold prescription opioids. Five other counties, including Lorain, and 17 cities joined in the lawsuit. Several of the cities are in Cuyahoga County. Others include Warren, Dayton and Toledo.

On Tuesday, March 21, 2023, approximately 20 clients from Future Directions visited the ADAMHS Board to view their artwork that was on display as part of the monthly Client Art Program. Clients also learned more about the ADAMHS Board, client rights and available supports for clients such as peer support and employment. A great time was had by all.

Due to work obligations, Mr. Erskine Cade has requested to step down as Chair of the Nominating Committee but will remain on the committee as a member. Mr. Harvey Snider was offered and has accepted the position as Chair of this committee.

*[Mr. Ashwani Bhardwaj left.]*

## 6. **PRESENTATIONS**

### **THE OPIOID EPIDEMIC IN CUYAHOGA COUNTY**

Ms. Zietlow-DeJesus provided an update on the opioid epidemic in Cuyahoga County; and highlighted that some of the information shared was provided by Dr. Thomas Gilson, Medical Examiner. She reported that there are two things that remain consistent regarding the opioid epidemic. The first is that the opioid epidemic has never stopped evolving; and the second is that the community collaborating to tackle the epidemic has never let up and has been flexible in response to the changing needs in the community. Ms. Zietlow-DeJesus shared the progression of the epidemic, which began with overprescribing of pain medicine; and led to addiction for so many individuals. As a result, prescribing practices changed and there were more preventative measures in place to help stop doctor shopping and over prescribing, which led individuals to attempt and buy prescription medications from the street. When the pill mills dried up and it was very difficult and expensive to continue to purchase pills on the street, individuals who already had developed substance use disorders moved to heroin. Then, fentanyl – a very strong synthetic opioid – made its way into the heroin supply.

Cartels, trying to avoid scheduled drugs, began using different fentanyl analogs – one of which was carfentanil. This drug was originally designed as a large animal – elephant, hippo, rhino tranquilizer; and was never intended for human consumption. This specific analog was only here for a brief time. Ms. Zietlow-DeJesus reported that today, we are still dealing with dangerous synthetic opioids, specifically fentanyl and some new compounds in the supply called xylazine. These synthetic opioids are being added to stimulants like cocaine, methamphetamine and even pressed pills that could pass for a legal prescription. All of these factors have driven the overdose rates in Cuyahoga County, but the primary driver of fatalities is still fentanyl.

Ms. Zietlow-DeJesus shared a PowerPoint slide that reflected the year over year overdose fatalities by drug type. This report was created by the Medical Examiner's office, who is responsible for investigating all sudden and accidental deaths. The evolution that was discussed in the preceding paragraph was evident. "Characterization of the evolution of the overdose epidemic was determined through autopsies and detailed toxicology testing, which showed deaths increase in the following order:

- Opioid pain relievers (OPR)
- Heroin
- Fentanyl
- Fentanyl Analogs (e.g., Carfentanil)
- Stimulants: cocaine and methamphetamine"

The medical examiner's office shares this information to facilitate innovative interventions between public health and law enforcement to combat this crisis with a local focus. As of March 10<sup>th</sup>, 656 fatalities occurred in 2022 – several cases still need to be ruled. Also, based on overdoses in January and February so far, we are expected to see over 700 fatalities again this year.

The Data for 2021, which is the most recent year that is fully ruled with completed investigations, reflects that 73% of all overdose fatalities involved fentanyl or a fentanyl analog. 87% of all cocaine related fatalities also contained fentanyl; and fentanyl is the driver of overdose fatalities in Cuyahoga County. In the past few years, fentanyl has been pervasive in many major drug types including stimulants such as cocaine and methamphetamine. We have seen the near disappearance of heroin with only 37 heroin involved overdoses in 2021 compared to 194 in the height of the heroin phase of the overdose epidemic in 2013. In 2022, the county was on par to surpass these fatality numbers, particularly because of the spike in July, when there were 55 overdose fatalities. When a spike that high is seen, there is concern about carfentanil showing up again or a new drug hitting the street. There was no carfentanil in this spike and no evidence of a new drug causing the fatalities – though there were some nitazene compounds found, none of them were found without the presence of fentanyl. This means they are not, on their own, driving fatalities here in Cuyahoga County.

The majority of July's deaths were related to fentanyl in the cocaine supply. A person who uses a stimulant may not have a tolerance for an opioid, especially not one as strong as fentanyl. For many this exposure can cause nearly instant respiratory depression. This rise in fentanyl and cocaine fatalities is directly impacting the Black and African American communities in Cuyahoga County. These fatalities have been steadily increasing since 2019. The current rate is 36% of fatalities are for Black men and women.

Ms. Zietlow-DeJesus reported that all partners have increased access to naloxone, including law enforcement, pharmacies, community treatment centers, hospitals and longtime harm reduction advocates – like the ADAMHS Board. We don't condone drug use. However, someone who is addicted will use despite consequences, so we need to make sure that people can test to see if they have fentanyl in their drugs. That way they can use less, use slower or make sure they are using with someone who has naloxone. Individuals who do not regularly use street drugs, should also be aware that their drugs may contain fentanyl. The only time a person cannot find their way to recovery is if they are not here to try. That is why harm reduction is extremely important. Harm reduction is nothing without education and outreach. The ADAMHS Board is currently running a substance use prevention, connection to treatment, stigma reduction and recovery campaign. The Board has also run overdose and fentanyl awareness campaigns to let the public know that they could have fentanyl in their drugs, how to recognize an overdose and how they can get fentanyl test strips and naloxone. When fentanyl and cocaine mixtures started showing up in 2019, grassroots fentanyl distribution efforts were put in place to engage local community members in opioid use prevention and intervention efforts. We now have over 400 partners. 100 public access naloxoboxes have been installed, with more on the way.

Dr. Gilson also did a public service announcement for Radio One about the dangers of fentanyl in cocaine and the importance of harm reduction; and in November, through a grant from the Ohio Department of Mental Health and Addiction Services (OhioMHAS), we were able to install five harm reduction vending machines at three Centers locations, MetroHealth Medical Center and Murtis Taylor Human Services System (MTHSS). A big problem surrounding overdose is individuals who are using alone and are not with someone who has naloxone. Because of that, we are hyper localizing the Brave app – people can connect on the app, tell their safety plan to the online supporter and then if the person does not respond, the supporter notifies the person listed in the safety plan or emergency services. We have also promoted the Never Use Alone line (800.484.3731) so that individuals can call that hotline and have a supporter on the line with them to help prevent a fatal overdose.

Detox beds were increased locally, and peer supporters were placed in local emergency rooms to help individuals who had come in with a non-fatal overdose connect to treatment. We also expanded access to residential treatment beds, sober housing and transportation for individuals with substance use disorders through our funded treatment providers. That included expanding access to inpatient, outpatient, partial hospitalization programs and access to medication assisted treatment – a best practice for opioid use disorder. Through its oversight of the Diversion Center, the ADAMHS Board made sure that detoxification services, medication assisted treatment and warm handoffs could be made to support people at the exact moment they decided they were ready to get treatment. Overall, the community collaboration in Cuyahoga is very strong; and are lucky to be able to meet people where they are with the services they need when they need them.

However, the fight is not over. We will continue to ensure that evidence-based, trauma-informed best practices are used by the Board's funded providers. We will never stop educating and above all we will focus on upstream prevention – working to reduce adverse childhood experience, increase social and emotional learning for students and bolster early identification and intervention for youth.

In doing upstream work, we can look to a brighter future. Ms. Zietlow-DeJesus shared a sample of our current connection to treatment campaign; and requested all to please share this information and make sure that everyone is aware of the local number 216.623.6888 or dial 988 to help someone connect to treatment or the Diversion Center. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

### **CLIENT RIGHTS REPORT**

Mr. Bill Hebble, Client Rights Officer II, presented the Client Rights Report that represents all data collected during Calendar Year (CY) 2022. This data is aggregated from the 67 community agencies which the ADAMHS Board has a core contract with. All contract agencies satisfied their reporting requirements. Each contract agency is responsible for collecting and sharing this data with the ADAMHS Board. The ADAMHS Board reviewed and consolidated each individual data set into one comprehensive report showcased in the Client Rights Report.

The ADAMHS Board client rights data from CY2022 is tracked and logged by both ADAMHS Board Client Rights Officers. The data includes inquiries, complaints, and grievances received by clients, the ADAMHS Board about Mental Health Agencies, Substance Use Disorder (SUD) Services, and Adult Care Facilities (ACFs). The data is categorized by call type, nature of call and resolution. The ADAMHS Board received a total of 2,873 calls during CY2022. This represents a decrease of 84 calls when compared with CY2021.

Mr. Hebble reported that the accomplishments of 2022 included: 1) Maintained regular contact with provider agency Client Rights Officers (CROs) by hosting quarterly virtual CRO Orientations to train new provider agency CROs and monthly virtual CRO meetings to connect regularly with all the provider agency CROs. 2) Maintained regular contact with provider agency clients by hosting monthly in-person client information meetings/Lunch-n-Learns. The monthly Lunch-n-Learn series was held in a new location each month so that clients could learn about the various resources and programs in Cuyahoga County; and facilitated Summer and Winter client outings. A road trip was had to Kemba LIVE! In Columbus to attend Ohio's 2022 Recovery Celebration hosted by the Ohio Association of County Behavioral Health Authorities (OACBHA). Clients enjoyed a festival-style party which included food, prizes, and live entertainment. The Board also hosted the Annual Client Holiday Event at the Cleveland Museum of Art. Clients attended a delicious luncheon and had an opportunity to tour the museum. 3) Client Rights staff were very active in various advisory groups including the Cuyahoga County Advisory Committee for Persons with Disabilities as well as the Eliminating Structural Racism Advisory Committee. 4) In order to maintain and uphold high diversity, equity and inclusion standards, Client Rights staff began tracking various demographic information of the community members served on a day-to-day basis. This data will help us better see and understand tendencies and trends.

Mr. Hebble shared the goals for CY2023. He reported that the Board's Client Rights Unit plans to use the ADAMHS Board 5-Year Strategic Plan in combination with the Diversity, Equity and Inclusion (DEI) Initiative to advocate for client access and client choice. He also shared that they plan to continue broadening client awareness and understanding of various community resources; and to expand the diversity of advocacy opportunities for clients in the community.

Mr. Hebble utilized a PowerPoint presentation to illustrate the data shared through various charts with the corresponding explanation; and responded to questions from the Board of Directors. (The CY2022 Client Rights Report is attached to the original minutes stored in the Executive Unit and will also be available on the ADAMHS Board's website.)

### **7. COMMUNITY RELATIONS & ADVOCACY COMMITTEE REPORT**

Ms. Patricia James-Stewart, Community Relations & Advocacy (CR&A) Committee Chair, reported on the CR&A Committee meeting held on Wednesday, March 1, 2023, at 4:00 p.m. The Board of Directors heard the following items of discussion:

- Ms. Carole Ballard, Director of Education and Training, introduced Ms. Mia Buchwald Gelles, Operations Director at Milestones Autism Resources. Ms. Buchwald Gelles reported on the Milestones Autism Resources Healthcare Training Program that was sponsored by the ADAMHS Board.
  - The purpose of this training was to educate providers about how to identify autism spectrum disorder as well as co-occurring mental health disorders in children of color and providing proper resources to caregivers and families.
  - The training goals were to remove barriers from accessing information; improve diagnosis; increase early intervention and build awareness and educate professional and first responders.

- Through this program, 81 behavioral health care providers were trained, and 77 medical students and residents were trained. The target for both target audiences was 100 in each category, which will be met through upcoming trainings; and the Milestones Conference taking place virtually in June 2023.
- It was a great presentation, and attendees learned a lot about the disparities in Autism Spectrum Disorder diagnosis, early intervention and the curriculum used to help providers and medical students properly address these disparities.
- Mr. Scott Osiecki, Chief Executive Officer, and Ms. Clare Rosser, Chief of Strategic Initiatives, provided the following legislative update that included information about current and pending legislation, participation in advocacy day events with OACBHA and the Mental Health and Addiction Advocacy Coalition (MHAC).
  - Mr. Osiecki reported that the Board intends to support OhioMHAS's State Fiscal Year 2024 and 2025 Budget requests and provided an overview of those requests.
  - Mr. Osiecki informed the committee that congratulation letters were sent to Cuyahoga County legislators in new leadership roles or who were newly elected.
- The CR&A committee reviewed and approved the 2023 Advocacy Action Agenda, which was presented by Mr. Osiecki and Ms. Zietlow-DeJesus; and is designed to help the Board develop messages to legislators, state agencies, policy makers, clients, families, providers and the general public to advance important behavioral health issues.
  - The 2023 Advocacy Action Agenda now includes a reference to the DEI Strategic Implementation Plan in the overarching advocacy objective section and added five new goals, which are:
    1. Support OhioMHAS and OACBHA's State Fiscal Year 2024-2025 Budget Recommendations.
    2. Advocate for Problem Gambling Awareness related to online sports betting and suicide prevention.
    3. Support efforts for the development of a behavioral health crisis center with local and state partners.
    4. Advocate with providers, partners and OhioMHAS for increased Medicaid rates.
    5. Ensure systemwide education and awareness of the DEI initiative.
- The Board then approved Problem Gambling and Suicide Prevention Awareness Activities and Campaign not to exceed \$125,000.
  - These activities and campaign aim to help educate the public and providers about gambling disorders and how to connect to treatment in light of the launch of sports betting in January 2023. Information showing the prevalence of gambling disorders, affected populations (mostly men ages 18-44, with Black males at the highest risk) and the link between gambling disorders and suicide were also shared with the group.
  - The funds will be used to support the following:
    1. A multi-media and digital public awareness campaign using a localized version of the state's Get Set Before You Bet and Pause Before You Play campaigns;
    2. Sponsor the Problem Gambling Symposium being hosted by the Cuyahoga County Problem Gambling Coalition on Friday, June 16, 2023, at Tri-C Corporate College to educate providers on identifying gambling disorders; and,
    3. Translating printed campaign materials and purchasing promotional items to give away to create public awareness.
- The 2023 Annual Meeting Brunch, Awards Ceremony and Client Art show will be held on Monday, May 15, 2023 at the Holiday Inn in Independence. The original proposal was put forth for an amount not to exceed \$30,000, but at the direction of the committee, that amount was increased because of inflation and the increased costs of goods. It was noted that the contract amount may be \$35,000, however, the actual cost to the ADAMHS Board is usually less than \$10,000 because ticket sales help defray the cost.
- Ms. Zietlow-DeJesus shared the media, social media and website tracking reports. These reports were shared with the entire Board via email. There were 38 total media mentions from January 1, 2023 through February 28, 2023, 37 of those were positive and one was neutral. From January 4, 2023 through February 28, 2023, the Board had 291,068 impressions and 416 engagements (likes, comments, retweets, mentions, etc.) and 211 click on links in the posts. The Board also gained 84 new followers. 15,909 individuals have visited the Board's website since January 4, 2023 for a total of 24,513 times. 83% of the individuals were new visitors and 17% were returning visitors, meaning they have visited the Board's website

before. There were 55,503 page views. 71% came to the site from google searches, 21% came to the site directly meaning they typed it in and the remainder (8%) from social media/referral from another page or email.

- **RESOLUTION NO. 23-03-01**  
**APPROVAL OF 2023 ADVOCACY ACTION AGENDA**

**Motion to approve Resolution No. 23-03-01.** MOTION: B. Gohlstin / SECOND: S. Rosenbaum / AYES: B. Addison, R. Blue, G. Boehm, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

#### **8. NOMINATING COMMITTEE REPORT**

Dr. Fowler reported on the Nominating Committee meeting held on Wednesday, March 8, 2023, and highlighted the discussion. The Board of Directors were provided with a Board Director Candidate Application Update for three Board Director vacancies – two Cuyahoga County appointment vacancies and one State (OhioMHAS) appointment vacancy.

As of 5:00 p.m. on Wednesday, March 1, 2023, which was the deadline for applications, 18 applications for the vacant Board positions were received. Of the 18 applications received, three had a conflict of interest or were otherwise not qualified for consideration.

The ADAMHS Board promoted the County and State vacancies in the following ways:

1. Information about the vacancy was posted to the Board's website and shared in our Recovery in Action Newsletter and on our social media sites
2. Paid advertising was used in Call and Post, Cleveland Plain Dealer/Cleveland.com and on La Mega radio station and social media.
3. Radio spots also ran as part of our WOVU and Voice It Radio contracts.
4. An eblast was sent to the public, providers, partners and media.

Board Directors spent the majority of their time in "Executive Session" for the purpose of discussing & considering the appointment of public officials.

As a result, several Board Directors participated in a Board Director Candidate Interview Session on Wednesday, March 15, 2023 with a few qualified candidates. An additional Board Director Candidate Interview Session is scheduled for Tuesday, April 4, 2023.

Lastly, the Board of Directors discussed reappointment recommendations for two Cuyahoga County appointments and one State appointment.

The Nominating Committee will be meeting on Wednesday, April 12, 2023, at 3:00 P.M. to discuss and bring forward recommendations for these three appointment vacancies.

#### **9. PLANNING & OVERSIGHT COMMITTEE REPORT**

Dr. Gregory X. Boehm, Planning & Oversight (P&O) Committee Vice Chair, reported on the P&O Committee meeting held on Wednesday, March 8, 2023, at 4:00 p.m. The Board of Directors heard the following items of discussion:

- Mr. Vince Crowe, Adult Behavioral Health Specialist II (Residential) and Ms. Myra Henderson, Adult Behavioral Health Specialist II, introduced Mr. Lovell Custard, President and Chief Executive Officer, and Ms. Beckie Kenney, Vice President of Clinical Services and Chief Quality Officer, of MTHSS. Mr. Custard reported that Buckeye Therapeutic Community (TC) is a Class 1 Residential Program with peer support that has been operational for 25 years as a 14 bed, co-ed facility. They have an 18-month curriculum that provides rehabilitation, environmental support activities, medication supervision and 24-hour care to meet the needs of severely mentally disabled adults. The goal is to build coping skills and residential responsibilities that promote independent living to transition to Class 2 living. Referrals are made by the ADAMHS Board, and a case manager is required.

St. Clair House (SCH) is an all-male facility with ten individual beds with peer support. Residents must be able to live independently – cooking their own meals and cleaning their units. Rent is 30% of the resident's income. On site programming focuses on reducing symptoms of psychiatric illness, improve coping and daily living skills, build resilience and integration into the community, thereby decreasing homelessness. Substance abuse issues are addressed, and peers

help to implement a relapse prevention plan in adopting a proactive role in behavioral and physical health to better function in the community.

- Ms. Rosser reported that during the Wednesday, February 22, 2023, General Meeting, the ADAMHS Board of Directors voted to approve the Chief Executive Officer to enter into a contract with Brown Consulting, LTD, for \$60,000 so that the project timeline could move forward during the month of March, with the caveat that complete information and timeline will be brought before the Board during the March meeting cycle for ratification. In the 2021-2025 ADAMHS Board Strategic Plan, the Board identified conducting an annual, independent client feedback and satisfaction survey as a priority action under “Goal 2: Measuring Impact.” The survey is also a priority in the ADAMHS Board’s DEI Strategic Implementation Plan, as a way to formalize client feedback in decision-making, and evaluate cultural responsiveness of providers and services.
- Mr. Woo Jun, Director of Risk Management, reported on one Policy Statement Review and one New Policy Statement.
  1. Detoxification Services Funded with non-Medicaid Dollars had significant revisions and new terminology, which requires two readings. Effective Wednesday, April 26, 2023, the policy statement will be referred to as Guidelines for Withdrawal Management Services and will supersede and retire the previous guideline document.
  2. Subrecipient Monitoring for Federal Grants Policy reflects writing a best practice statement for a new policy with respect to monitoring federal grants. The ADAMHS Board will adhere to regulations set forth in Uniform Guidance, sections 2 CFR 200.331 and 200.332 by performing a risk assessment prior to issuing a subaward and monitoring the subrecipient/contractor’s administration of funds for authorized purposes and programmatic goals. Two readings are required with an effective implementation date goal of Wednesday, April 26, 2023.
- Mr. Jun concluded with a presentation, metrics and analysis of the Probationary Period for New Programs (two months) for 12 new programs. The Probation Period Policy Reviews help ensure agency success by monitoring; and providing technical assistance. DEI training and implementation of invoicing were addressed for several providers.

#### **PROBATIONARY PERIOD REVIEW FOR NEW PROGRAMS**

The Probationary Period Review for New Programs was not discussed during the General Meeting.

#### **POLICY STATEMENT RENEWAL**

##### **GUIDELINES FOR DETOXIFICATION SERVICES FUNDED WITH NON-MEDICAID DOLLARS**

The Policy Statement Renewal for Guidelines for Detoxification Services Funded with non-Medicaid Dollars was not discussed during the General Meeting.

#### **NEW POLICY STATEMENT REVIEW**

##### **SUBRECIPIENT MONITORING FOR FEDERAL GRANTS POLICY**

The New Policy Statement Review for Subrecipient Monitoring for Federal Grants Policy was not discussed during the General Meeting.

### **10. FINANCE REPORT**

Ms. Rosenbaum, Finance & Operations (F&O) Committee Chair, reported on the F&O Committee meeting held on Wednesday, March 15, 2023, and highlighted the Vouchers, Contracts and Contract Amendments as listed below.

#### **CONSENT AGENDA: Resolution Nos. 23-03-02 through 23-03-03**

- **RESOLUTION NO. 23-03-02  
ACCEPTING THE REPORT OF THE CEO ON EXPENDITURES AND VOUCHERS PROCESSED FOR PAYMENT DURING JANUARY 2023**

Ms. Rosenbaum reported that the Administrative Budget that was approved for Calendar Year (CY) 2023 was \$8,080,414 and for January Actual Year to Date (YTD) 2023, the total administrative expenses were \$655,088.12; that is roughly 8% of the total Administrative Budget. As a result, the Board is on track with expenses for the first month of 2023. Ms. Rosenbaum highlighted that relative to the Board Voucher Report for January 2023, the expenses were considered normal.

The Funding Source Budget to Actual YTD, January 2023, displays the Board's total revenue budget for administrative operations and grants. The total revenue expected to be received from Federal, State and local levy funds is \$74,365,289; and through the end of January 2023, the Board has received \$2,936,116.18. Ms. Harrison reported that 4% of the budget has been received.

The Revenues By Source By Month report reflected that in January 2023, the Board received revenues of \$2,936,116.18.

The ADAMHS Board Budget vs. Actuals for 2023 reflect that January YTD Actual is \$6,003,858 that is roughly 6% of the Board's anticipated expenditures for the calendar year. Ms. Rosenbaum noted that the Diversion Center's expenditures are reflected on this report.

The Revenues and Expenditures Grants YTD, January 2023 YTD reflects the Grant Accounting Units that include the ADAMHS Department of Justice (DOJ) Grants, Opportunities for Ohioans with Disabilities (OOD) Grant, and Other Grants. The total expenditures for grants YTD is \$164,957.62.

The Cash Flow Report, January 2023 shows the 2021 Actual, 2022 Actual and YTD thru January 2023. This report shows a comparison of the available beginning balance, total available resources, expenditures and available ending balance. The available ending balance through January 2023 is \$40,107,960.76.

- **RESOLUTION NO. 23-03-03 – APPROVAL AND RATIFICATION OF CONTRACTS:**

1. Client Satisfaction Survey
  - Brown Consulting, LTD - \$60,000

During the February 22, 2023 General Meeting, the ADAMHS Board of Directors voted to approve the Chief Executive Officer to enter into a contract with Brown Consulting, LTD, for \$60,000 so that the project timeline could move forward during the month of March, with the caveat that complete information and timeline will be brought before the Board during the March meeting cycle for ratification. In the 2021-2025 ADAMHS Board Strategic Plan, the Board identified conducting an annual, independent client feedback and satisfaction survey as a priority action under "Goal 2: Measuring Impact." The survey is also a priority in the ADAMHS Board's DEI Strategic Implementation Plan, as a way to formalize client feedback in decision-making, and evaluate cultural responsiveness of providers and services. Brown Consulting, LTD, is an Ohio-based firm that specializes in the behavioral healthcare industry and is certified as both a Women-Owned (WBE) and Veteran-Friendly Business Enterprise (VBE). Brown Consulting has conducted independent peer reviews in the ADAMHS Board provider network in the past and is a trusted research partner for the Board.

Brown Consulting, LTD, will design and administer a survey to clients of the ADAMHS Board of Cuyahoga County's provider network. The survey will gather needed data that will be useful to the Board in informing future planning of the mental health, addiction, prevention and recovery service delivery system within Cuyahoga County. The 2023 survey will be an independent measurement of a representative sample of individuals served through the provider network and will provide baseline data. In addition to designing and conducting the survey in 2023, Brown Consulting, LTD, will provide the ADAMHS Board with all templates, documents, tools and processes utilized to gather data for this report so the process can be replicated in-house or by other vendors if desired for future years. Board staff recommend to the Board of Directors to ratify the contract between the ADAMHS Board and Brown Consulting in the amount of \$60,000 to design, administer and report findings of a Client Satisfaction Survey for the term of March 1, 2023 through December 31, 2023.

2. Ohio Department of Mental Health and Addiction Services (OhioMHAS): Psychotropic Drug Reimbursement Program
  - Cuyahoga County Sheriff's Department - \$44,489

The ADAMHS Board of Cuyahoga County received notification from OhioMHAS and the Cuyahoga County Sheriff's Department relative to the award granted to the Cuyahoga County Sheriff's Office for the reimbursement of funds expensed for psychotropic medications in the jail. Board staff recommend to the Board of Directors acceptance of \$44,489 from OhioMHAS to be distributed to the Cuyahoga County Sheriff's Department as pass-through funds for the term of July 1, 2022 through December 31, 2022 for psychotropic medication.



3. OhioMHAS: Medication-Assisted Treatment (MAT) Reimbursement Program
  - Cuyahoga County Sheriff's Department - \$17,781

The ADAMHS Board of Cuyahoga County received notification from OhioMHAS and the Cuyahoga County Sheriff's Department relative to the award granted to the Cuyahoga County Sheriff's Office for the reimbursement of funds expended for MAT in the jail. Board staff recommend to the Board of Directors acceptance of \$17,781 from OhioMHAS to be distributed to the Cuyahoga County Sheriff's Department as pass-through funds for the term of July 1, 2022 through December 31, 2022 for the MAT Reimbursement Program.

4. 2023 Problem Gambling and Suicide Prevention Awareness Activities and Campaign – Not to exceed \$125,000
  - Media and Digital Campaign (Spotify, Fox 8, Radio One, La Mega, iHeart, Lamar, Cleveland Jewish News and other local publications) - Not to exceed \$114,000
  - Translation Services, printed materials and promotional items (LanguageLine Solutions, Brothers Printing and other vendors TBD) - \$10,000
  - Problem Gambling Symposium Sponsorship (Recovery Resources at MetroHealth System) - Not to exceed \$1,000

While most can safely and responsibly gamble, the existence of individuals negatively impacted by gambling cannot be denied. Ohio's statewide survey showed that nearly one in 10 Ohioans who gamble are currently experiencing or are at risk of developing a gambling problem; roughly one in five pathological gamblers attempt suicide, a rate higher than that of any other addiction disorder. The Cuyahoga County Problem Gambling Coalition advocates for individuals who are negatively impacted by gambling and works with The Problem Gambling Network of Ohio to ensure any gambling expansion includes consumer protections to mitigate harm and funding for prevention, intervention, and treatment services.

At the beginning of 2023, online sports betting was launched in Ohio and our local community was being exposed to massive advertising campaigns. Problem gambling experts know that there will be an increase in individuals who are negatively affected by gambling and online sports betting because of the increase that was seen in other states that launched similar sports betting. To help combat an increase of individuals with gambling disorders and create education related to safe betting practices and how to connect with treatment, Ohio for Responsible Gambling worked with Origo Branding to develop the Ohio Problem Gambling Helpline and a multi-media prevention campaign specifically targeting sports betting. The campaign is called "Pause Before You Play" and is part of the greater "Get Set Before You Bet" problem gambling awareness campaign. Calls to the Problem Gambling Helpline have doubled (to 1,500 calls) since the launch of sports betting in January, with the largest jump in calls coming from individuals ages 18-34.

ADAMHS Board staff collaborated with the local Problem Gambling Coalition to connect with Origo and develop a partnership to localize the "Pause Before You Play" campaign and target demographics of individuals at-risk for problem gambling in Cuyahoga County. An estimated 137,237 Cuyahoga County adult residents can be categorized as low-risk, moderate-risk, or problem gamblers, which is 13.9% of the general adult population; statewide, the percentage is 10.3% of the general adult population. Men (17.6%), particularly African American males (19.5%), are at higher risk than women for problem gambling. Individuals ages 25-44 (16.8%) are at the highest risk for problem gambling, followed by younger adults ages 18-24 (15.4%).

A collaborative approach is needed to help save lives and connect individuals in need to treatment. It is also necessary to educate treatment providers about problem gambling. The Board and partners propose:

- Awareness Campaign: Utilize the statewide "Pause Before You Play" campaign to target local at-risk populations through a multi-media campaign.
  - Work with Origo to localize the campaign with Cuyahoga County resources and our branding.
  - Purchase digital, streaming, social media, radio, television, print, transit and billboard ads for the localized "Pause Before You Play" campaign and help promote the Problem Gambling Symposium with paid social media, digital, streaming, radio and print ads.
  - Purchase printed materials and promotional items and pay for translation of any materials related to the campaign.

- Support the Cuyahoga County Problem Gambling Symposium that will be hosted on Friday, June 16, 2023, at Tri-C Corporate College to increase treatment provider education about problem gambling. The ADAMHS Board will sponsor this symposium in the amount of \$1,000.

It is important to note that all of the resources inform residents how to connect with care when they are ready for treatment. Based on estimated impressions, hundreds of thousands of individuals will be exposed to the campaign, with millions of impressions. The Problem Gambling Coalition hopes to train hundreds of individuals and local treatment providers through the symposium on Friday, June 16, 2023, at Tri-C Corporate College. Board staff recommend to the Board of Directors authorization of the 2023 Problem Gambling and Suicide Prevention Awareness Activities and Campaign and allowing the Chief Executive Officer to enter into multiple vendor contracts not to exceed \$125,000 for the term of March 31, 2023 through December 31, 2023.

5. 2023 Annual Meeting Brunch, Awards Ceremony and Client Art Show
  - Holiday Inn Cleveland South - Not to exceed \$35,000

The 2023 Annual Meeting Brunch, Awards Ceremony and Client Art Show will be held on Monday, May 15, 2023, at the Holiday Inn in Independence. The Annual Meeting has traditionally attracted between 350 and 500 guests and is held during May, which is Mental Health Awareness Month. The ADAMHS Board sells tickets to the event to defray the cost of the food and service charge. The contract the Board enters into will not exceed \$35,000 and the cost to the Board should be less than \$10,000. The last two Annual Meetings were held at the Cleveland Marriott East. The Holiday Inn in Independence offers a centrally located space with free self-parking and easy highway and bus access and can easily hold up to 500 guests. During the Annual Meeting, the Board provides a yearly update to the community and acknowledges exceptional accomplishments in the community through the presentation of awards to clients, family members, legislators and professionals. It also showcases client art. Board staff recommend to the Board of Directors authorization of the 2023 Annual Meeting Brunch, Award Ceremony and Client Art Show on Monday, May 15, 2023, allowing the Chief Executive Officer to contract with Holiday Inn Cleveland South in an amount not to exceed \$35,000 for the term of March 31, 2023 through June 30, 2023.

**Motion to approve the Consent Agenda (Resolution Nos. 23-03-02 through 23-03-03).** MOTION: B. Gohlstin / SECOND: R. Blue / AYES: B. Addison, R. Blue, G. Boehm, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

## 11. EXECUTIVE SESSION

Dr. Fowler announced the need to enter into Executive Session for the purpose of discussing a Personnel Matter and Hospital Trade Secrets.

- **Motion to ENTER into Executive Session.** MOTION: S. Rosenbaum / SECOND: G. Boehm / A roll call vote was taken. / AYES: B. Addison, R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**
- **Motion to EXIT the Executive Session and resume the business of the General Meeting Agenda.** MOTION: B. Gohlstin / SECOND: R. Blue / A roll call vote was taken. / AYES: B. Addison, R. Blue, G. Boehm, R. Fowler, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

## • RESOLUTION NO. 23-03-04 AMENDING RESOLUTION NO. 23-01-06 APPROVAL OF NON-BARGAINING UNIT SALARY SCHEDULE AND UPDATES TO BENEFIT PACKAGE

**Motion to approve Resolution No. 23-03-04.** MOTION: B. Gohlstin / SECOND: S. Rosenbaum / AYES: B. Addison, R. Blue, G. Boehm, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

**Motion to approve Board staff to have further discussion regarding a Crisis Center.** MOTION: B. Gohlstin / SECOND: S. Rosenbaum / AYES: B. Addison, R. Blue, G. Boehm, B. Gohlstin, P. James-Stewart, M. Rodas, S. Rosenbaum, H. Snider / NAYS: None / ABSTAIN: None / **Motion passed.**

**12. CHIEF EXECUTIVE OFFICER'S REPORT**

Mr. Osiecki shared information regarding the following items of discussion:

- **Diversion Center Update:**
  - Ms. Rosser and Mr. Osiecki attended the Cuyahoga County Diversion Board Meeting on Wednesday, March 1, 2023.
  - Ms. Rosser provided the CY2022 Update that she provided to the ADAMHS Board during the February Planning & Oversight Committee meeting.
  - Ms. Maggie Tolbert, RN, Assistant Chief Clinical Officer, and Mr. Osiecki had a meeting at the Diversion Center with the County, Probation Department and the Courts regarding their admissions policy to the Diversion Center.
  - There were three non-fatal overdoses that have occurred at the Diversion Center within the last month.
  
- **Health & Human Services Follow-up Meeting:**
  - On Wednesday, March 8, 2023, County Executive Ronayne brought the leaders of the Children's Service Systems to discuss Child Wellness First – a plan to ensure the safety and well-being of our children.
  - Major parts of this initiative include:
    - Building Capacity
    - Engaging Partners
    - Advocating for Change.
  
- **One Ohio Region 3 Advisory Committee:**
  - Mr. Osiecki shared that he is a member of the One Ohio Region 3 Cuyahoga County Advisory Committee; and that Ms. Rosser and he attended a meeting on Wednesday, March 1, 2023.
  - One Ohio is state-wide initiative that is a private, non-profit foundation created at the direction of Ohio's state and local leaders to distribute the funds our state will or has received from the pharmaceutical industry as a consequence of its role in the national opioid epidemic.
  - Each region has a representative on the One Ohio Board, and our representative is Judge Matia.
  - Since Cuyahoga and Summit County reached their own settlement, there is not a great deal of money that will be coming to our counties – over the next 18 years.
  - Mr. Osiecki will also be a member of a subcommittee to make recommendations to the committee, and will develop materials, including an assessment rubric, for use by Region 3 when funding is available.
  
- **U.S. Department of State International Visitor Leadership Program:**
  - On Thursday, March 16, 2023, the ADAMHS Board hosted a 16-member international delegation focused on addressing the needs of youth.
  - Ms. Maggie Tolbert; Ms. Rosser; and Ms. Erin DiVincenzo, Director of Prevention and Children's Behavioral Health Programs, met with delegates from Colombia, Costa Rica, the Dominican Republic, El Salvador, Nicaragua, Uruguay, and Venezuela.
  - The delegates were sponsored by the U.S. Department of State's International Visitor Leadership Program in partnership with the Cleveland Council on World Affairs, and included politicians, a public defender and legal advisors, non-governmental organization (NGO) leaders, advocates, an economist, and a school psychologist.
  - The conversation with ADAMHS Board staff ranged from suicide prevention, to outreach to specific populations, advocacy, funding, and supports for youth who are incarcerated.
  
- **Stella Maris 75<sup>th</sup> Anniversary Public Officials Reception:**
  - Mr. Osiecki attended a small public officials' reception on Thursday, March 16, 2023, that kicked-off Stella Marris' 75<sup>th</sup> Anniversary.
  - Mr. Osiecki had the chance to meet several legislators, including the new Cuyahoga County Councilman for District 1 – Patrick Kelly, County Councilman Martin Sweeney, and State Representative Thomas Patton. There were also several Cleveland City Councilman in attendance.
  - They received several proclamations. The Board will provide one for their Stella Feast in September.
  
- **Sponsorships:**
  - Sponsorship of a Northeast Ohio Coalition for the Homeless (NEOCH) Street Card - \$750. 10,000 copies were distributed.

- Sunday, May 21, 2023: Sponsorship of Remove the Stigma's Bowling Event at The Lanes Bowling Alley in Maple Heights - \$500
- Saturday, June 3, 2023: Sponsorship of the Pride in the CLE - \$2,500
- Saturday, June 17, 2023: Sponsorship of the Cuyahoga County National Council of Negro Women, Inc's Annual Family Fun & Fitness Skate Jam and Wellness Fair at Zelma Watson George Recreational Center - \$500.
- Sunday, June 18, 2023: Sponsorship of the City of University Heights Juneteenth Celebration at Walter Stinson Community Park - \$500.
- Sunday, August 6, 2023: Sponsorship of the Him and Me Father Daughter Dance at Windows on the River - \$500.
- Saturday, August 19, 2023: Sponsorship of the African American Male Wellness Walk at Wade Oval - \$500.
- Friday, September 1, 2023: Sponsorship of the 1 Prayer 4 Recovery Faith Leaders Conference 2023. Theme: "Driving Out & Guarding Against the Spirit of Addiction" at the Otis Moss, Jr. Medical Center, 8819 Quincy Avenue - \$1,515.
- Saturday, September 23, 2023: Sponsorship of the NAMI Walks at Edgewater Park - \$2,500.

### **13. NEW BUSINESS**

Mr. Osiecki reported that the Board approved Amendment to Resolution No. 20-05-02, Cleveland Division of Police, Department of Justice, Bureau of Justice Assistance (BJA) Co-responder Project gap funding of \$120,000 during the February 2023 Board meeting cycle. This gap funding was based on the development that the ADAMHS Board would be partnering with the City of Cleveland regarding the use of their American Rescue Plan Act (ARPA) funding to continue and expand the Co-responder Program at the conclusion of the no cost extension on March 31, 2023. However, the City of Cleveland's Law Department stated that they will need to issue a Request for Proposal (RFP) and the ADAMHS Board would need to respond. However, they will also be issuing the RFP to FrontLine Service and MTHSS, who will be providing the direct service. As a result, questions arose as to why the Board is involved, in addition to providing \$120,000 in gap funding; with no guarantee that the Board will be awarded this funding.

### **14. FOLLOW-UP**

No follow-up was received.

### **15. AUDIENCE INPUT**

No audience input was received.

### **16. UPCOMING APRIL AND MAY BOARD MEETINGS:**

- Faith-based Outreach Committee Meeting: April 5, 2023
- Nominating Committee Meeting: April 12, 2023
- Planning & Oversight Committee Meeting: April 12, 2023
- Finance & Operations Committee Meeting: April 19, 2023
- General Meeting: April 26, 2023
- Community Relations & Advocacy Committee Meeting: May 3, 2023
- Nominating Committee Meeting: May 10, 2023
- Planning & Oversight Committee Meeting: May 10, 2023
- Finance & Operations Committee Meeting: May 17, 2023
- General Meeting: May 24, 2023

***There being no further business, the meeting adjourned at 6:07 p.m.***

**Submitted by: *Linda Lamp, Executive Assistant***

**Approved by:**

***J. Robert Fowler, Ph.D., Chairperson, ADAMHS Board of Cuyahoga County***