



FAITH-BASED OUTREACH COMMITTEE

**WEDNESDAY, FEBRUARY 1, 2023
4:00 P.M.**

2012 West 25th Street, United Bank Building / 6th Floor - Ohio Room

Committee Mission Statement: To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.

AGENDA

1. **Call to Order** – *Rev. Benjamin F. Gohlstin, Sr., Committee Chair*
2. **Public Comment on Agenda Items** – *Rev. Benjamin F. Gohlstin, Sr.*
3. **Approval of Minutes:** June 1, 2022 – *Rev. Benjamin F. Gohlstin, Sr.*
4. **Faith-Based Outreach Program Progress Report** – *Starlette Sizemore, Director Special Projects*
5. **Program Provider Presentations:**
 - Galilean Theological Center - Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders
- *Rev. Felix Muniz, Executive Director*
 - It's Not a Moment. It's a Movement – Faith Program
- *Pastor Kyle Earley, Chief Executive Officer*
6. **Sponsorship: Impact of Police Use of Force on the Mental Health of the Black Community (Action Requested)** – *Scott S. Osiecki, Chief Executive Officer, and Rev. Benjamin F. Gohlstin, Sr.*
7. **New Business**
8. **Follow-up**
9. **Public Comment Period**
10. **Upcoming February and March Board Meetings:**
 - Planning & Oversight Committee Meeting: February 8, 2023
 - Finance & Operations Committee Meeting: February 15, 2023
 - General Meeting: February 22, 2023
 - Community Relations & Advocacy Committee Meeting: March 1, 2023
 - Nominating Committee Meeting: March 8, 2023
 - Planning & Oversight Committee Meeting: March 8, 2023
 - Finance & Operations Committee Meeting: March 15, 2023
 - General Meeting: March 22, 2023

Faith-based Outreach Committee

Rev. Benjamin F. Gohlstin, Sr., Committee Chair
Ashwani Bhardwaj; Patricia James-Stewart, M.Ed., LSW; Rev. Max M. Rodas, MA;
Rev. Brenda Ware-Abrams; Mary Warr, M.Ed.

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

FAITH-BASED OUTREACH COMMITTEE MINUTES

JUNE 1, 2022

Committee Members Present: Gwendolyn A. Howard, LSW, MSSA, Committee Chair, Ashwani Bhardwaj, Rev. Benjamin F. Gohlstin, Sr., Patricia James-Stewart, M.Ed., LSW, Rev. Max M. Rodas, MA, Mary R. Warr, M.Ed.

Absent: Rev. Brenda Ware-Abrams

Board Staff Present: Scott Osiecki, Chief Executive Officer, Olivia Abdllrasul, Carole Ballard, Christina Bohuslawsky-Brown, Danielle Clark, Tami Fischer, Cheryl Fratalone, Felicia Harrison, Bill Hebble, Anthony Henderson, Woo Jun, Linda Lamp, Samantha Maloy, Tawanna Pryor, Clare Rosser, Starlette Sizemore, Thomas Williams, Nakia Yukas, Beth Zietlow-DeJesus

1. **CALL TO ORDER**

Ms. Gwendolyn Howard, Faith-based Outreach Committee Chair, called the meeting to order at 4:00 p.m. Rev. Max Rodas read into the record the Committee Mission Statement: *“To recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.”*

2. **PUBLIC COMMENT ON AGENDA ITEMS**

No public comment on agenda items was received.

3. **BOARD MEMBER ATTENDANCE ROLL CALL**

Due to the current public health orders surrounding COVID-19, and the Board’s commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Faith-based Outreach Committee was held via a Zoom meeting. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the committee member attendance roll call.

4. **APPROVAL OF MINUTES**

The Faith-based Outreach Committee minutes of April 6, 2022 were approved as submitted.

5. **DIVERSITY, EQUITY AND INCLUSION (DEI) IN BEHAVIORAL HEALTH CARE UPDATE**

Mr. Scott Osiecki, Chief Executive Officer, provided an update on the Diversity, Equity and Inclusion (DEI) Strategic Planning process. He reported that Rice Education Consulting, LLC (REdCon) is making last minutes changes to the final plan, which is expected by the end of this week. Once received, staff will be presenting this plan during each committee meeting for final approval at the June 22, 2022 General Meeting.

6. **FAITH-BASED OUTREACH PROGRAM PROGRESS REPORT**

Ms. Starlette Sizemore, Director of Special Projects, reported that the First Quarter Report contains 11 pages of in-depth analysis of information that includes measurements for all eight providers individually, plus combined data; along with observations about outcomes. The full report is available on the ADAMHS Board’s website.

Mr. Thomas Williams, Evaluation and Research Officer, stated that this report included cumulative data trends and provider program highlights spanning the First Quarter 2022. He reported that there is a variety of providers that worked with the Board over the past year on the faith-based initiative; and due to the program differences and ages of program participants, several measurement instruments were utilized. Through various charts, Mr. Williams revealed combined results from all providers using the same measurement tool.

Mr. Williams highlighted that there are various means for measuring the effectiveness of these programs through three measurement instruments: Devereux Student Strengths Assessment (DESSA) Outcomes, Devereux Adult Resilience Survey (DARS) Outcomes and Quizzes/Evaluation, which includes Mental Health First Aid (MHFA) and Awareness & Education.

The faith-based programming for children in grades K-12th is measured through the DESSA instrument by comparing a Pre assessment with a Post assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K-8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies: Self-awareness; Social-awareness; Self-management; Relationship Skills; Goal Directed Behavior; Personal Responsibility; Decision Making Skills; and Optimistic Thinking, which translates to a score and is categorized through a numerical value. 60 and above indicate social and emotional “Strengths” showing children doing well; 40-59 indicate “Typical” positive behaviors for children; and 40 and below indicate “Need for Instruction” to further develop social and emotional skills. 99Treasures Arts & Culture had 36 DESSA initial counts, Naaleh Cleveland had 32 DESSA initial counts and Trinity Outreach Ministries had 53 DESSA initial counts during 2022 Q1.

The faith-based program for adults demonstrates resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the DARS instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas: Will gain knowledge to develop healthy relationships; Will learn skills to increase self-worth to enhance internal beliefs and values; Will learn strategies to develop/enhance self-motivation to increase independence; and Will learn to self-regulate and control without the use of substance and negative influences. Mr. Williams highlighted that the number of individuals first time served was 86; and the chart provided reflected that 59% to 76% of individuals showed improvement in resilience for each of the subscales; and overall, 83% showed improvement in resilience in one or more the subscales.

MHFA is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a MHFA training provided by a faith-based program provider are expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics: Helpful Things to Say; Myths and Facts-Suicide and Self-Injury; Suicidal Thoughts and Behaviors; Panic Attacks; Traumatic Events; Auditory Hallucinations; Psychosis; and Substance Use Disorders. Participants demonstrated on a quiz a passing level of competence of 100%. No one participated in a MHFA program during the first Quarter of 2022.

The Awareness & Education programs are designed to present a variety of mental health and substance use knowledge to raise their level of education and awareness. These programs are being done by the Far West Bridges Program, NAMI Greater Cleveland/Naaleh Cleveland, NAMI Greater Cleveland and the Galilean Theological Center (GTC). Presently, there are no new clients for 2022.

Ms. Sizemore reported on a variety of current highlights from each the eight faith-based providers, which included the following:

▪ **99Treasures Arts & Culture – Community Empowerment**

The Community Empowerment Program serves youth and families with out-of-school programming that is trauma-informed, intergenerational, and culturally specific, including wraparound services for families, mentoring, and substance misuse education.

Ms. Sizemore highlighted that 99Treasures Arts & Culture have ten pieces of original art on display at the Mt. Pleasant Library. Integrity Construction Company held a science, technology, engineering, art and math (STEAM) class on how to use a measuring tape. Youth and adults assisted with the calculations and hanging the artwork on display. Staff have also finalized plans for the 25th Anniversary of Peace Camp; and assisted youth with completing their applications for Youth Opportunities Unlimited.

▪ **Far West Center – Bridges**

Far West Center’s Bridge Program – Builds collaborative relationships between the faith community and Far West Center for improving the emotional and spiritual health and well-being of congregations.

The Bridge Program is participating in a community Carnival for Christ this August – a collaborative art therapy mural will be part of the festivities. They have loaded food donations destined for the Redeemer Crisis Food Bank, assisted

both pastor and congregation members in coping with multiple losses of congregants since the new year, and talked about emotions during a Sunday school class through education and crafts.

- **Galilean Theological Center – Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders**

The Galilean Theological Center (GTC) has a Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders that addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.

On Saturday, April 16, 2022, GTC launched Component I – Spiritual Caregiving to Help Addicted Persons and Families. GTC registered 47 pastors and church leaders for the program. Component II – Chemical Dependency Counselor Assistant (CDCA) Credentialing and Certification is scheduled to be on Saturday, June 11, 2022.

- **Kingdom Developers Consulting STOP Program – Strength to Obtain Purpose (STOP)**

The STOP Program assists individuals in overcoming adversity experienced in early life. This program reduces risk taking behaviors including the use of alcohol and other drugs, criminal activity and engaging in any behavior that could jeopardize one's future; and serves at-risk youth in grades K-12, families and adults involved with the criminal justice system.

The STOP Program is working to increase referrals. They have reached out and shared program information with community schools/court systems. STOP Program staff have shared program information with the Shaker Heights Court and was invited to a Faith-based partner event in a South Euclid School. A STOP Program presentation is scheduled for June with Northeast Ohio Probation Officers; and they are currently providing the STOP Program in Invictus High School.

- **Naaleh Cleveland – High Risk Mentorship Program**

Naaleh's High Risk Teen Mentorship Program provides mentorship to struggling teens in our community that are having a difficult time with substance use, mental health issues and family dysfunction.

Program participants work together. A program participant struggled with sustaining his medication, attending therapy and dealing with family dysfunction. Due to a group of program participants using their friendship and teambuilding activities, they were able to build the fellow participant's self-esteem and self-worth; and decrease his depressive symptoms. Participants are assisting local community members with landscaping and gardening tasks, which have resulted in a sense of accomplishment and self-worth. They have also developed job skills and self-advocacy skills that have resulted in several youth voicing a desire to create a business and become more independent. Due to youth encouragement and staff motivation, youth wanting to continue pursuing their academics in a more serious way, resulted in one youth signing up for classes at Cuyahoga Community College.

- **National Alliance on Mental Illness (NAMI) Greater Cleveland – Faith-based Project**

NAMI Greater Cleveland reaches out to a broad, diverse range of faith-based institutions, including churches, temples, mosques, synagogues, and other places of worship in the Greater Cleveland community. They Build relationships and encourage inclusion of families and persons with mental illness within their ministries, share information about mental illness and community resources and decrease stigma.

NAMI Greater Cleveland hosted a faith-based event titled *Mental Health in Buddhism* with close to 70 individuals in attendance. During this event, a presentation was had from a leader in Zen Buddhism; and there was also panel discussion with two additional Zen Buddhism leaders. NAMI Greater Cleveland continues to operate one in-person support group at Bay Village Presbyterian Church; and the Hispanic Coordinator continues to engage in outreach to Spanish-speaking congregations.

- **OhioGuidestone – Workforce 360° – Faith-based Services Program**

The Workforce 360° Faith-based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms for individuals between 18 to 24 years.

The Workforce 360° Faith-based Services Program currently has 27 clients enrolled/ten new clients – all completed the 1st assessment. They have also experienced an increase in expanded Chaplain Engagements, which consist of individual support in addition to the group/cohort setting.

▪ **Trinity Outreach Ministries – Inner City Youth and Families Cultural Arts**

Trinity Outreach Ministries' Inner City Youth and Families Cultural Arts Performance is an after school and weekend prevention program that provides a holistic culturally sensitive faith-based approach to early intervention. The aim is to strengthen the protective and resiliency factors in inner city at-risk families that are pertinent to delaying, offsetting, or arresting the use and abuse of illicit drugs and alcohol.

The Inner City Youth and Families Cultural Arts has 11 new families that have made commitments to live clean/sober lifestyles and encourage their children to connect with faith and hope. A total of 21 individuals from the community have made public statements via Baptism to have a closer walk with the faith community; and ask for help and accept leadership/encouragement from leaders in the faith community. Also 12 new families in Kenya and Uganda connected to the Faith Program virtually. Lastly, Trinity Outreach Ministries has examined additional funding possibilities via the Greater Cleveland Interfaith Alliance.

Ms. Sizemore and representatives from the various faith-based programs responded to questions from the Board of Directors present. Ms. Sizemore also noted that a detailed Quarter 1 Report and Program Progress Report can be reviewed for additional detail. Ms. Howard commended Mr. Williams and Ms. Sizemore for their work with the various Faith-based organizations; and reported that although two providers have been lost, the Faith-based Committee is thankful for the eight that remain. She also highlighted that the detailed Faith-based Reports are provided on the Board's website.

Rev. Rodas asked for clarification regarding the two providers that are no longer providing ADAMHS Board funded faith-based services to the community. Ms. Sizemore reported that Faith Community Services and Brenda Glass Multipurpose Trauma Center no longer provide ADAMHS Board funded faith-based services to the community. Ms. Mary Warr encouraged the Board and the Faith-based Committee to ensure that existing providers and/or additional providers can be utilized to fill any gaps in services.

7. PROGRAM PROVIDER PRESENTATIONS

- 99Treasures Arts & Culture – Project Community Empowerment Holistic Solutions for Holistic Programs

Representatives of 99Treasures Arts & Culture, Mr. Khalid Samad, Chief Executive Officer/Co-founder, Ms. Raj Roberson, Project Director, and Ms. Ruth Standiford, Staff Social Worker, presented on Project Community Empowerment Holistic Solutions for Holistic Programs. Ms. Standiford reported that 99Treasures Arts & Culture specializes in art projects such as the curation of corporate office spaces, Arts4Peace Gallery Walls, and unique art for the home. Artwork is produced by youth and a professional artist. She reported that this art program helps youth deal with challenges; and in the last two weeks, they have had serious challenges. Ms. Standiford noted that several of the youth have participated in active shooter drills in their respective schools; and Mr. Samad and herself were first responders at the SuccessTech Academy shooting. As a result, their purpose is to use art to help heal without words, to help heal the trauma and help individuals maintain sobriety.

Mr. Samad emphasized that, first and foremost, they are extremely thankful for this program. He noted that they have also taken on the responsibility of a program that teaches individuals how to get in charge of themselves by using spirituality through a saying – If your mind can see it, your will can achieve it. He also shared that they encourage youth to use their empowerment, not in a specific physical way but in a spiritual way to accomplish some of their established goals.

Ms. Roberson shared that all aspects of their curriculum include STEAM: the arts, humanities, language arts, dance, drama, music, visual arts, design and new media. Additionally, this year will mark their 25th anniversary for hosting Summer Camp and out of school programming on a continuous basis. Ms. Roberson reported that presently, they have approximately 50 pieces of art in the library and are incorporating reading into everything the youth do within the program. Ms. Roberson indicated that Mr. Samad and herself provide services at two Housing and Urban Development (HUD) estates twice a month to provide drug, crime/violence and alcohol education; in addition to arts and crafts. Starting this Summer, they have also decided to provide youth with an educational field trip on Wednesdays. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

- Far West Center (FWC) – Bridges Program

Mr. Bob Piovarchy, Clinical Manager of Far West Center, reported that the Bridges Program is a way of bridging clergy and congregations to mental health awareness. Various ways to bridge spirituality and mental health include, but are not limited to, developing relationships with clergy as well as congregations, providing mental health awareness through a four session educational program and providing mental health awareness through the provision of MHFA sessions. He reported that the Bridges Program has had the following accomplishments:

- Developed relationships with four congregations and one faith-based senior adult residence.
- Assisted adapting to various changes and challenges brought on by the pandemic.
- Served as referral, support and confidant to clergy, church staff and congregational councils.
- Served as a connection for clergy and individuals and families served to community resources.
- Assisted in campus spiritual life including leading worship at the faith-based residence.
- Relationship with a Parish Nurse program at a local congregation.
- One completed MHFA session and four more to go – all with full registration.
- Served as a link to assist pastors to link congregants to Mental Health Services and FWC programs i.e., Individual counseling, FWC Bridges and FWC Senior Strong.

Mr. Piovarchy shared that the Bridges Program worked very hard to overcome the following challenges through adaptation:

- Building relationships using varied formats.
- Clergy and staffing shortages at churches.
- Varied formats churches are using (live, virtual and hybrid gatherings).
- The challenge of getting congregations back to live worship and activity in their buildings.
- Dealing with changes and adaptations while maintaining safety.
- Assisting to alleviate clergy burnout as they face the grief affiliated with loss and change in their congregations.

Lastly, Mr. Piovarchy referenced the following lessons learned:

- Adaptability and flexibility are the foundation of Mental Health.
- Spirituality is a component of our wellness. Faith yields hope which enables us to carry on and face life circumstances.
- Our life and faith walk are a journey filled with challenges and discoveries. Time and endurance are part of the process.
- Grief comes with changes and loss of any kind and needs to be addressed.
- Do not be afraid to schedule activities, but recognize cancellation is an option.
- We face the sacred as we serve others.
- We are all called to be a community.
- We are more than conquerors through faith – nothing can separate us from the love of God. (Romans 8).

(The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

Committee Member Input:

- Ms. Howard shared her appreciation for the reports provided by Ms. Sizemore and Mr. Williams and commended the partnering faith-based organizations for their creativity with providing services.

8. COMMUNITY NON-BOARD MEMBER DISCUSSION

Mr. Osiecki reported that, per the ADAMHS Board bylaws, the Faith-based Outreach Committee and the Planning & Oversight Committee may consist of both board members and not more than two residents of the service district who are not members of the Board but who are qualified to serve as members of the Board. These two Non-board Members shall be appointed by the Board to four-year terms of office as committee members and may be reappointed to not more than one subsequent term of office. These two Non-board Members have a right to vote on matters presented to the Faith-based Outreach Committee and Planning & Oversight Committee; however, they do not have a right to vote at any general meetings of the full Board.

The two current Community Non-board Members serving on the Faith-based Outreach Committee and their terms are listed below:

- Rev. Brenda M. Ware-Abrams, 4-year term, November 2016 through October 2020.
- Ms. Mary Warr, 4 year-term, February 2018 through January 2022.

Although, the terms of Rev. Ware-Abrams and Ms. Warr have expired, they continued to remain as Non-board Members. They are both eligible for the completion of a second four-year term from the date that their terms expired, and both have expressed interest in continuing as Non-board Members. Once reappointed, their terms would be as follows:

- Rev. Brenda M. Ware-Abrams for a term, November 1, 2020 through October 31, 2024.
- Ms. Mary R. Warr for a term, February 1, 2022 through January 31, 2026.

Ms. Warr stated that she participated as an ADAMHS Board member for approximately 16 years and stepped down due to family obligations. Presently, she is eager to continue in the role of advocating for the Faith-based Outreach Committee's mission statement. Mr. Osiecki highlighted that Ms. Warr was one of the founding members of the Faith-based Outreach Committee.

Motion to recommend Rev. Brenda M. Ware-Abrams and Ms. Mary R. Warr for their second four-year terms as Non-board Members of the Faith-based Outreach Committee (as identified above) to the full Board. MOTION: M. Rodas / SECOND: B. Gohlstin / AYES: A. Bhardwaj, B. Gohlstin, P. James-Stewart, M. Rodas, M. Warr / NAYS: None / ABSTAIN: None / **Motion passed.**

[Rev. Max M. Rodas, MA, left the Zoom meeting.]

9. NEW BUSINESS

Rev. Benjamin Gohlstin inquired with the Faith-based Outreach Committee as to whether they could encourage and/or maybe underwrite some of the Board's Latinx providers, either physically or digitally, to provide the residents of Uvalde, Texas with spiritually based services and clinical counseling services. Mr. Osiecki stated that this is a very compassionate and thoughtful idea, however, the Board's funding is for the residents of Cuyahoga County. He also reported that if anyone is struggling in Cuyahoga County, they are encouraged to reach out to the 24-hour Suicide Prevention, Mental Health/Addiction Crisis, Information and Referral Hotline operated by FrontLine Service: (216) 623-6888. Clients may also reach out to the Cuyahoga County Mental Health Warmline: (440) 886-5950.

10. PUBLIC COMMENT PERIOD

Dr. Deborah Watson shared that she is honored to participate in the Board's Faith-based Outreach program and thanked the presenters for increasing an awareness and understanding of mental health/addiction in the faith community. She also congratulated Rev. Ware-Abrams and Ms. Warr on their appointments as Non-board Members to the Faith-based Outreach Committee.

Ms. Watson shared that the Board may consider providing a statement of support/concern to the residents of Uvalde, Texas to show that the Board is connected to them. Rev. Gohlstin emphasized that this statement should also include the residents of Buffalo, New York and the residents of Cuyahoga County. Ms. Beth Zietlow-DeJesus, Director of External Affairs, reported that although the Board did not send out a statement, staff sent out, via email, some resources for mass/school shootings. The mass/school shootings that occurred in Buffalo and in Uvalde have created a need for additional education, understanding and information. After a brief discussion of providing an additional statement to the community, the Board of Directors determined that, at this point in time, (and to not be misunderstood) stay with the resources that have been provided.

Ms. Standiford reported that they have a collaborating partner, an organization called God Before Guns, which is a multi-faith coalition of individuals and faith communities working to reduce gun injuries and deaths. She noted God Before Guns will be having an event at a Church in Euclid on Saturday, June 11, 2022, whereby a gun buyback will transpire – and be melted down – to turn swords to plowshares, which is a concept in which military weapons or technologies are converted for peaceful civilian applications to be melted down into. Ms. Standiford shared that she would forward the flyer to Ms. Sizemore's attention for dissemination.

11. UPCOMING JUNE AND JULY BOARD MEETINGS:

- Nominating Committee Meeting: June 8, 2022
- Planning & Oversight Committee Meeting: June 8, 2022
- Finance & Operations Committee Meeting: June 15, 2022
- General Meeting: June 22, 2022
- Committee of the Whole Meeting: July 20, 2022
- General Meeting: July 27, 2022

There being no further business, the meeting adjourned at 5:13 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Gwendolyn A. Howard, LSW, MSSA, Faith-based Outreach Committee Chair

**Faith-Based Outreach Committee Meeting
February 1, 2023
December 2022 Progress Report**

99TREASURES ARTS & CULTURE - Project Community Empowerment serves youth and families with out-of-school-time programming that is trauma-informed, intergenerational, and culturally specific, including wraparound services for families, mentoring, and substance misuse education. Serving 200 individuals.

- Participants spoke at the *God Before Guns Vigil Against Gun Violence* and displayed their original artwork regarding stopping the violence.
- Aisha Farley-Samad, B.A., M.A., Ph.D. candidate from New York, spoke to participants about The Power of Youth Activism in the 21st Century.
- Staff member, Baba Afi-Nur Nkrumah, was honored at the Golden Ciphers Kwanzaa for his consistent work for youth and families in the community.
- Youth researched gun violence and reported back to the class about their findings. They will now research consequences of using a gun on both the perpetrator and the victim or victim’s family and possible solutions.
- Participated in TeaTime for Peace, an interfaith collaborative working to bridge understanding between different faith traditions. Shared information on Christmas programs, toy and food giveaways with participants.
- Incorporated the “Beat the Stigma” campaign into drug education classes and ensured all participants were connected with their sponsor/home group.
- Distributed flyers for job fairs and trainings. Worked with *Seeds of Literacy* to help those who are functionally illiterate to improve their chances of employment. Collaborated with the Spot Youth Empowerment Group for upcoming job opportunities and trainings.
- Provided services to two HUD facilities for senior citizens, which helps to provide socialization activities.
- Have a board-certified psychologist on staff that can do assessments and make recommendations.

FAR WEST CENTER - Bridges Program will build collaborative relationships between the faith community and Far West Center for improving the emotional and spiritual health and well-being of congregations. Contacting up to 30 churches and clergy to introduce the Bridges Program. Identifying four churches/clergy for collaboration around faith and mental health. Conduct up to three Mental Health First Aid Trainings.

Education/Outreach Efforts			
Faith-Based Organizations	# of Efforts	Explain Efforts	Ongoing Bridge Established?
St. Ladislav	1 Site visit and one monthly contact/check- in	Telephone contact	With clergy and staff
Dover Congregational	1 Monthly contact with Parish Nurse	Telephone contact	Relationship with Parish nurse and pastor

Dr. Martin Luther Evangelist Lutheran Church	Weekly contact with pastor 1 Monthly contact with Church Council	Live, email and virtual meetings with clergy and congregants	Established relationship with pastor and members of church
Concord Reserve	Biweekly contact with Chaplain Monthly contact with programming Director	Live, email and virtual meetings with clergy and congregants	Established a relationship with Chaplain's office and residents
Bay Presbyterian	Completed one of four- Bridges sessions	Face to face meeting, follow- up phone calls and emails	Providers have expressed appreciating the sessions and are extremely excited for further collaboration

Monthly Totals	
Total Church contacted unduplicated	5
Total Church collaborations unduplicated	5
Total consultations w/clergy	16
Total consultation non-clergy	25
Total Educational sessions/# participants	1/10
# of MHFA/ # participants	0/0
# referrals to mental health/resources	2

- Attended a community prayer breakfast for local clergy and associates in ministry hosted at Concord Reserve.
- Completed last session of a four-part Bridges series at Bay Presbyterian.
- Provided educational session at Westlake Community Center entitled *Coping with the Stress of the Holidays*.
- Linked a parishioner to counseling services for grief.
- Participated in a community outreach presentation at Dr. Martin Luther Evangelist Lutheran Church regarding cultural diversity.

GALILEAN THEOLOGICAL CENTER – Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges. Serving 40 Latinx clergy and church Leaders.

- **Component I Spiritual Caregiving to Help Addicted Persons and Families**
 - Out of the 53 registered participants, 47 completed Component I. Participants completed 21 classroom hours where they learned to recognize addiction, learned how to do pastoral care with addicted persons and families, have gained understanding of prevention strategies and now understand the role of the community in recovery from addiction. The goal was to train 40 pastors and church leaders. This goal was fully met.
- **Component II Chemical Dependency Counselor Assistant (CDCA) - Licensing and Credentialing**
 - The 47 participants that completed Component I moved on to Component II. All 47 participants are officially licensed.
 - Twenty-four are certified as CDCA and 23 are certified as CDCA Preliminary. The goal was to certify all that completed the first component. This goal was fully met as well.
 - Over 25% of participants are employed in treatment facilities and others are seeking employment in this field.

KINGDOM DEVELOPERS CONSULTING - Strength to Obtain Purpose (STOP) Program assist individuals in overcoming

adversity experienced in early life. The aim of the program is to reduce risk taking behaviors including use of alcohol and other drugs, criminal activity, and engaging in any behavior that could jeopardize one’s future. The STOP program serves at-risk youth in grades K-12, families, and adults involved with the criminal justice system. Serving 150 individuals.

Referral Outreach/Marketing		
Court Name	Date	Explain Outreach
n/a		
Social Service Organization	Date	Explain Outreach
n/a		
Church Name	Date	Explain Outreach
n/a		
School Name	Date	Explain Outreach
Invictus High School	11/24/22	All campus programming was suspended until January 2023.
Franklin Delano Roosevelt Academy	12/8/22	Consultation with school psychologist regarding Social Emotional Learning needs and Social Support Team meetings.

- Follow-ups - Invictus East Family Liaison - tangible resources for students post discontinuation of services/possible plan to engage students next academic year.

NAALEH CLEVELAND – High Risk Mentorship Program provides mentorship to struggling teens in our community that are having a difficult time with substance use, mental health issues, and family dysfunction. Serving 40 teens.

High Risk Mentorship Program – Goal 25-30 Individuals		
# of Mentorships	# of youth provided drug education	# of parental support given
32	20	43

- The Mentorship Program has an emphasis on coping with struggles related to school stress, social skills development, coping with pressure, mending relationships with teens and their parents, and learning to build up self-esteem and learn assertiveness skills.
- Provided daily social skill group activities, group fitness and wellness activities that focused on building up resilience and confidence to better cope with stress, organization, conflict, and task completion.
- Participants meet individually to become more resourceful, cope with emotions, substance use education and maintenance. Time was spent with clients working on executive functioning skills including time management, stress management, task prioritization and task initiation. Youth worked on topics of loving oneself, recognizing strengths, and resisting ruminating thoughts.
- One of our mentors has a daily group meeting with about eight participants to process and learn from each other around school stress and managing adolescence. The mentors are helping youth find part time jobs and with coping.
- It is also worth noting that all five of the most substance abusing participants from last year, who were actively involved with substance use and engaging in high-risk behaviors, are all sustaining sobriety. Currently enrolled full time in various schools and have been successfully sustaining progress made while in the program. These previous participants routinely check in and stay in touch with their mentors and routinely reflect on the assistance and support given as a main driving force in their successes.

NAMI GREATER CLEVELAND - Faith-based Project reaches out to a broad, diverse range of faith-based institutions, including churches, temples, mosques, synagogues, and other places of worship in the Greater Cleveland community.

Build relationships and encourage inclusion of families and persons with mental illness within their ministries, share information about mental illness and community resources, and decrease stigma. Serving 100 individuals.

Faith-Based Organizations	Programs Activities		
	Awareness and Engagement # Served	MH Education # Served	Discussions
Coordinating with members of St. Ambrose Church in Brunswick to start faith-based family support group for their congregation.			1
Coordinating with clergy of St. John Bosco Church in Parma Heights to coordinate Mental Health First Aid for their congregation.			1
Total:	0	0	2
Provider Collaboration Awareness/Education/ Training Activities			
	Increased awareness/education # Served	Trainings - # Served	Discussions
Total:	0	0	0
Mental Health First Aid			
Faith-Based Organization Community	# of Sessions Completed	# Served	
	0	0	

- In-person Support Groups:
 - Bay Village Presbyterian Church -7 individuals present.
 - St. Joseph Church in Strongsville - 5 individuals present.
 - Grace Church - 11 individuals present.
- Onboarded a new Program Director in September and is now transitioning the Faith Program to the new Community Education and Outreach Coordinator.

OHIOGUIDESTONE - Workforce 360° - Faith-Based Services Program utilizes spiritual care as a bridge to mental health services and uses both group and individual sessions to promote resiliency, supportive relationships, and healthy coping mechanisms for individuals between ages of 18 to 24. Serving 115 individuals.

- Currently working on newest cohort group(s).

TRINITY OUTREACH MINISTRIES – ANOTHER CHANCE OF OHIO - Inner City Youth and Families Cultural Arts Program is

Utilizing Spiritual Care as a Bridge to Mental Health Services				
# Enrolled	# Newly accessed MH services	# Received MH services and Spiritual Services	# Only received Spiritual Services	Expanded Chaplain Engagements
0 (new) 103 (total)	1 (this month) 23 (total)	23	80	1 (this month) 16 (total)

an after school and weekend prevention program that will provide a holistic culturally sensitive faith-based approach to early intervention. The aim is to strengthen the protective and resiliency factors in inner city at-risk families that are pertinent to delaying, offsetting, or arresting the use and abuse of illicit drugs and alcohol. Serving 150 individuals.

Inner City Youth and Families Cultural Arts Program			
Activities	# of meetings per month	# of YTD meetings	Activity Description
Virtual Family Fitness	4	28	Virtual and face to face Family Fitness with Dance & Music Classes via Zoom Mondays 4:30pm.
Cultural Arts and Youth Club	4	28	Teleconference calls/virtual classes to connect with people during the Covid-19 crises – Friday Evenings. The youth had a successful weekend of spiritual development, positive peers group sessions.
Spiritual Character Development	4	28	Teleconference: Share Concerns/strengths: Wednesdays 6:45pm - <i>Young Adult Keeping It Real</i> : Encouraging each other to make healthy choices and to be accountable.
Music and Virtual Choir/Voice lessons	8	56	Social distanced classes and performances via face book and face to face prep for virtual zoom choir – Saturdays 4:30pm. Performances on Sundays at 10:30 AM.
Art and Chess Playing	2	30	Youth to design and create chess pieces and boards and learn to play chess, practice math, and develop other artistic expressions. Tuesdays and Thursdays 11:00 AM – 1:00 PM.
Hours of Power/Bi-monthly virtual sessions.	24	168	Encouragement sessions are planned to meet spiritual, sobriety, and emotional needs. Mondays - Friday from 7:00am– 7:30am.
Virtual and Face to face Kids Club Social Emotional Learning and Character Development.	10	56	Video presentation and face to face settings prepared for youth and families to engage in via Face Book or face to face. Kids club activities, <i>Story Time</i> and opportunities and presentations for the youth and families. It includes art, social emotional learning exercises and character development. Program is held on Wednesdays and Saturdays. New weekly family engaging episodes were developed-projected to air on Saturday mornings.

			Other activities and field trips times vary depending on the activity.
Total	62	394	

- Families were assisted with meeting other families and supporting each other toward healthy choices and family sobriety.
- At least 25 families participated in the special meeting the neighbors held and provided special bags to homeless men and women.
- The families reported that they appreciated the FAITH Program of 2022 and look forward to starting back up in 2023.



GALILEAN
THEOLOGICAL CENTER

THEN JESUS SAID TO THEM, "DO NOT BE AFRAID. GO AND TELL MY BROTHERS
TO GO TO GALILEE; THERE THEY WILL SEE ME." MAT. 28:10

SUBSTANCE USE DISORDERS EDUCATIONAL & TRAINING PROGRAM FOR LATINX CLERGY & CHURCH LEADERS

Rev. Dr. Félix Muñiz

February 1, 2023



AGENDA

- **Introduction**
 - Galilean Theological Center
 - Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders
- **Outcomes**
- **Key Learnings**



GALILEAN THEOLOGICAL CENTER

Galilean Theological Center (GTC) is a 501c3 non-profit organization whose mission statement is to provide introductory theological education, training, and job-readiness skills for ministry, leadership, and employment in the Hispanic-Latino churches throughout Northeast Ohio.

Our goal is to provide ministerial training and sound theological education to Hispanic/Latino church leaders who generally do not have access to traditional theological institutions due to language barriers, socio-economic status and/or formal educational.

GTC has a partnership with Ashland Theological Seminary with the purpose to train men and women for bachelor exempt status for application to the Master's program.



SUBSTANCE USE DISORDERS EDUCATIONAL & TRAINING PROGRAM FOR LATINX CLERGY & CHURCH LEADERS

The GTC Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders has two components with the following learning objectives:

Component I. Spiritual Caregiving to Help Addicted Persons and Families (21 hours)

Participants learn to:

1. Recognize Addiction
2. Provide Pastoral/Care of addicted Persons and Families.
3. Gain Self-Understanding/Understanding Prevention Strategies.
4. Understand the Role of the Community in Recovery from Addiction.
5. Meet requirements to be certified as CDCA with Ohio Chemical Dependency Professional Board.

Component II. Licensing & Credentialing (40 hours)

Participants trained in:

1. Theories of addiction
2. Counseling Procedures & Strategies with Addicted Populations
3. Group Process & Techniques
4. Assessment & Diagnosis of Addiction
5. Treatment planning
6. Ethics



OUTCOMES



OUTCOMES

Our goal was to enroll, train and educate 40 pastors & church leaders in substance use disorders in 2022.

- 53 participants registered for the program
- 47 completed Component I. and moved on to Component II.
- All 47 successfully completed both Components I & II

- 24 are certified as CDCA
- 23 are certified as CDCA Preliminary

- 25% of participants are currently employed in treatment facilities





2022 DATA

	# Served	% Completed 21 Classroom Hours	% Recognizing Addiction	% Pastoral/ Care of addicted Persons and Families	% Self-Understanding/ Understanding Prevention Strategies	% Understand Role of the Community in Recovery from Addiction		% Certified as CDCA
Q1	53	0%	0%	0%	0%	0%		0%
Q2	47	100%	100%	100%	100%	100%		0%
Q3	47	100%	100%	100%	100%	100%	24 Certified as CDCA	51%
Q4	47	100%	100%	100%	100%	100%	23 Certified CDCA Pre	49%

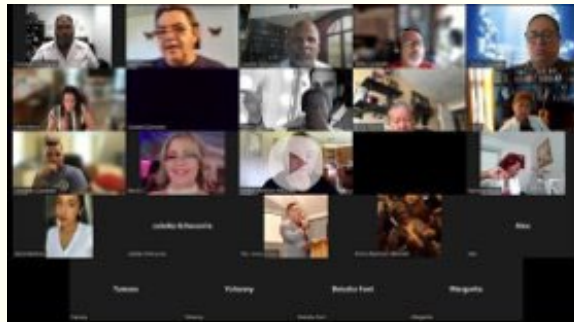


KEY LEARNINGS

- This program can be enriched if we add a component on evaluating racial trauma, conflict intervention & conflict management (coming in 2023)
- GTC has become a referral source for employment at treatment facilities & social service agencies



GRACIAS



IT'S NOT A MOMENT



IT'S A MOVEMENT

**We Do This For
Generations We
May Never See**

Kyle Earley, Pastor & Founder

Our Mission

To increase awareness, educate, and promote action-focused strategies for policy change and community connections through community-organized leadership, training, and culturally appropriate services.

“FOR THE GENERATIONS WE MAY NEVER SEE.”

It's Not a Moment, it's a Movement (INAMIAM) is a 501(c)(3) nonprofit charitable organization servicing Northeast Ohio.



INAMIAM PROGRAMS

Youth Empowerment Program (YEP) has offered services to over 400 students in Akron Public Schools for 6 years. We are currently in 6 buildings improving school climate and family life through:

- Mental Health Prevention and Education
- Academic Enrichment
- Health & Wellness

Activist Academy provides skill-building and guidance for emerging leaders to take on new responsibilities and stand in the spotlight as effective advocates for their communities.

INAMIAM PROGRAMS

The Faith Movement provides faith leaders with tools and resources necessary for developing Mental Health Ministries aimed at reducing the stigma of mental illness and integrating the important role of spirituality within the treatment and recovery process.

Program Initiatives

- Gas On God
- TFM Voter Engagement Program
- Opioid Harm Reduction
- Mentally Mangled Mental Health Summit



WHY THIS PROGRAM IS NEEDED

Source – Lifeway Research

23 percent of pastors acknowledge they have personally struggled with a mental illness.

49 percent of pastors say they rarely or never speak to their congregation about mental illness.

65 percent of churchgoing family members of those with mental illness want their church to talk openly about mental illness.

76 percent of churchgoers say suicide is a problem that needs to be addressed in their community.

70 percent of pastors feel unequipped to help congregants deal with matters of mental or emotional health

Only 27 percent have a plan to assist families affected by mental illness; and of those, only 21 percent of family members are aware of the plan in place.

Only 14 percent of churches have a counselor skilled in mental illness on staff, or trained leaders who know how to recognize mental illness

SUMMIT RECAP – May 2022



- 83 attendees
- Over 85% expressed interest in developing a mental health ministry
- 90% feel unequipped to establish or sustain mental health ministries in their church
- 90% expressed a need for training and technical assistance to increase mental health awareness
- 80% desired continued conversations and seek connections to counseling services for themselves and members of their institutions of faith.
- 45% have never attended counseling due to stigmas associated with mental health

IT'S NOT A MOMENT



IT'S A MOVEMENT



The Faith Movement

- 1. Address barriers and stigmas associated with recovery and faith**
 - Provide mental health prevention and/or support sessions to faith leaders
 - Facilitate community conversations surrounding faith, treatment, and recovery
- 2. Create strategies for increasing community access to services and education**
 - Collaborate with behavioral health professionals to deliver services within faith institutions
 - Host Mentally Mangled Mental Health Summit
- 3. Explore opportunities for partnering with faith leaders in developing Mental Health Ministries**
 - Train and offer technical assistance to institutions of faith for developing Mental Health Ministries





Because of you
we can...

- ADAMHS Board of Cuyahoga County
- Akron Public Schools
- City of Akron
- Faith in Public Life
- Neighborhood Connections
- Ohio Department of Education
- Ohio Department of Job and Family Services
- Ohio Faith-Based and Community initiatives

THANK YOU

IT'S NOT A MOMENT



IT'S A MOVEMENT

Kyle Earley, Pastor & Founder

www.ItsaMovementOhio.org

Support@ItsaMovementOhio.org

Instagram: @ItsaMovementOhio

216-773-4007

Faith-based Outreach Committee Packet

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Agenda Process Sheet
Date: February 1, 2023

- | | |
|--|---|
| <input type="checkbox"/> Community Relations & Advocacy Committee | <input checked="" type="checkbox"/> Faith-Based Outreach Committee |
| <input type="checkbox"/> Planning & Oversight Committee | <input type="checkbox"/> Finance & Operations Committee |
| <input type="checkbox"/> Committee of the Whole | <input type="checkbox"/> General Meeting |

Topic: Sponsorship of *The Impact of Police Use of Force on the Mental Health of the Black Community*

Contractual Parties: Cleveland Community Police Commission (Fiscal Agent: Black Lives Matter)

Term: March 1, 2023 through August 31, 2024

Funding Source(s): ADAMHS Board

Amount: \$25,000 for Sponsorship
 \$50,000 pooled funding for mental health services

- New Program** **Continuing Program** **Expanding Program** **Other Sponsorship/Services**

Service Description:

- *The Impact of Police Use of Force on the Mental Health of the Black Community* is a series of mini conversations that will be held from March through May 2023 that will culminate in a larger Community Conversation in July 2023, that is being sponsored by the Cleveland Police Commission:
 - March 23, 2023 Conversation Focus: *Black Women - You Are My Sister*. Hosted By: YWCA Greater Cleveland
 - April 29, 2023 Conversation Focus: *Black Men - Real Men Real Talk*. Hosted by: Alpha Phi Alpha Fraternity - Delta Alpha Lambda (Cleveland Chapter)
 - May 2023 Conversation Focus: *Black Youth - For Our Future*. Hosted by: Tri-C
 - July 2023 Combined Large Conversation - *The Conversation: How Police Violence and Brutality Impacts the Black Community Conversation*. Hosted by Black Lives Matter Cleveland, Citizens for a Safer Cleveland and The Angelo Miller Foundation
- This series of conversations will look at the ways in which police policies and practices, including use of force, affects the mental and physical health of Black men, Black women and Black youth. These conversations will focus on presenting data, listening to attendees' lived experiences, and providing resources to develop solutions.
- Information gathered from this event will be documented, researched and analyzed in a continuing effort to gather more evidence to help inform better police training, practices and policies in Cleveland.
- These efforts will also be a source of information on how to connect to resources to begin building healthy Black men, and by extension, families and community including the men and women who serve as law enforcement officers.

- This conversation will aim to look at some of the ways in which police use of force affects the mental and physical health of Black communities and especially Black men including the impact of years of life lost in the community, adverse mental health impact from direct and indirect exposure, and public “safety” as detrimental to public health.
- After the Community Conversation and through August 31, 2024, attendees will be able to access mental health counseling and other support at no cost.
- The CPC is requesting \$25,000 from the ADAMHS Board of Cuyahoga County to serve as a sponsor to defray costs associated with *The Impact of Police Use of Force on the Mental Health of the Black Community*. As a sponsor, the ADAMHS Board of Cuyahoga County will be identified as a sponsor on printed and digital materials, participate in the planning of the Community Conversation, and present a break-out session during the Community Conversation.
 - The Community Conversation is expected to attract 500 individuals and will include continental breakfast, keynote speaker, break-out sessions, lunch, a closing with a local or national talent and comments by the Cleveland Community Police Commission.
- The CPC is also requesting \$50,000 of new pooled funding from the ADAMHS Board of Cuyahoga County to be drawn down to cover the cost of mental health and other related services for attendees through August 31, 2024 – with a referral for continued services as needed.
 - Some of the services may be billable under insurance from provider agencies, while the pooled funding would cover services for the uninsured, as well as services that are not billable under insurance.

Background Information:

- The Cleveland Community Police Commission (CPC) was established to provide community input on police policies to help strengthen relationships between officers and the communities they serve. Better policies will help ensure policing in Cleveland is safe, effective, and that people’s civil rights are upheld.
- The CPC was established in 2015 as part of the terms of the Consent Decree between the City of Cleveland and the U.S. Department of Justice (DOJ). Following an investigation, the DOJ determined there was a pattern of excessive force used by the Cleveland Division of Police (CDP). These findings were documented in the DOJ’s findings letter. The Consent Decree outlined the work that needed to be done so CDP policies, practices and procedures comply with Constitutional law.
- The American Psychiatric Association (APA) recognizes the profoundly negative impact that police brutality on black males has on their mental health, as well as the mental health of the black community [and] encourages initiatives that foster direct collaboration between law enforcement and black communities in order to engender trust, cooperation, and understanding.
- The CPC is dedicated to bringing information and education on the status of Black mental well-being and establish access to treatment and care for the mental health, bodies and souls of the Black community before, during and after traumatic police encounters.
- Community partners that support the event include: Cleveland City Council; National Congress of Black Women; Greater Cleveland Pastor’s Association; Fatherhood Initiative; Cleveland Municipal School District; Akron University; Cleveland State University; National Center for Urban Solutions; Spread the Love Foundation; CEO 360; Angelo Miller Foundation; African American Men’s Wellness Agency; Alpha Pi Alpha Fraternity, Delta Alpha Lambda Chapter; Project Lift; Black Lives Matter; Cuyahoga County Community College; Murtis Taylor; WOYU 95.9 Radio; Omega Fraternity; YWCA; Ghetto Therapy; Citizens for a Safer Cleveland, and Serenity Health & Wellness Corporation.
- Funding is also being requested from: St. Luke’s Foundation; HealthComp; Woodruff Foundation; MetroHealth; Cleveland Foundation and the Fowler Foundation.
- Sponsorship of *The Impact of Police Use of Force on the Mental Health of the Black Community* aligns with the ADAMHS Board’s faith-based and Diversity, Equity and Inclusion (DEI) initiatives and continued work with the Mental Health Response Advisory Committee (MHRAC) and law enforcement to reimagine and reshape our mental health, addiction and recovery network into an equity-based system of inclusion.

Number of Individuals to be served:

- 500+

Funding Use:

- \$25,000 to serve as a sponsor of *The Impact of Police Use of Force on the Mental Health of the Black Community* to defray costs associated with hosting the event.
- \$50,000 of new pooled funding to be drawn down to cover the cost of mental health and other services for attendees through August 31, 2024.

Client & System Impact:

- Gathering information to assist in the development of police policies to lessen the impact of Black men and women experiencing trauma through discrimination and institutional racism due to the disparate impact of the criminal justice system.
- Provide mental health therapy and other services to the Black community which has experienced trauma as a result of police use of force, either directly or through widespread news and social media coverage.

<p>Metrics <i>(How will goals be measured)</i></p>	<ul style="list-style-type: none"> • Facilitated conversation(s) to help Black men understand how the traumas experienced from oftentimes brutal police encounters impact their mental health. • Information provided to attendees to help identify their current health situation and to find available resources to address mental health issues caused by experiencing traumatic situations. • Number of attendees that utilize the follow-up services funded through the ADAMHS Board. • Develop police policy recommendations on ways to improve encounters between police and Black men, using information gathered at the event’s conversations and workshops. • Shared developed recommendations to relevant City of Cleveland officials including the Mayor, Safety Director, Chief of Police, and published the recommendations on the Community Police Commission’s website. • Offer free onsite wellness checks (blood pressure, height & weight, eye exam) from licensed partner organizations. • Outcomes of the event will be tracked by Akron University.
<p>Evaluation/ Outcome Data <i>(Actual results from program)</i></p>	<p>N/A New Initiative</p>

Recommendation to Board of Directors from Board Staff and/or from Board Committee(s):

- To approve \$25,000 to serve as a sponsor of *The Impact of Police Use of Force on the Mental Health of the Black Community* to defray costs associated with hosting the event.
- To approve \$50,000 of new pooled funding to be drawn down to cover the cost of mental health and other related services for attendees through August 31, 2024.