# ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY (ADAMHS BOARD)

### **POLICY STATEMENT**

SUBJECT: MEDICATION ASSISTED TREATMENT IN RECOVERY HOUSING POLICY

**EFFECTIVE DATE:** November 17, 2022

## **PURPOSE**

To ensure that recovery housing providers in Cuyahoga County provide a sober, safe, and healthy living environment to individuals with substance use disorder, including individuals utilizing medication assisted treatment (MAT).

## **BACKGROUND**

Recovery housing is housing for individuals recovering from substance use disorder that provides an alcohol and drug-free living environment, assistance with obtaining substance use disorder services, and other recovery assistance, and may also include peer support.

One of the most effective and life-saving treatments for substance use disorder is MAT. MAT is the use of prescribed medications, in combination with counseling and behavioral health therapies, to provide a "whole-patient" approach to the treatment of substance use disorder. Medications used in MAT are approved by the Food and Drug Administration (FDA) and MAT programs are clinically driven and tailored to meet each client's need.

However, some traditional, abstinence-based recovery housing providers require abstinence of all drugs, including prescribed medications such as Methadone, Buprenorphine, Naltrexone, etc., and will not take individuals utilizing MAT. The Americans with Disabilities Act (ADA) protects individuals with substance use disorder who are in treatment or recovery, including individuals utilizing MAT, and thus, recovery housing providers denying individuals access to MAT may be in violation of the ADA.

#### **POLICY**

It is the policy of the ADAMHS Board to ensure that individuals have access to various evidence-based treatment options, including MAT, and that recovery housing providers that receive funding from the ADAMHS Board (directly or indirectly) will accept individuals utilizing MAT.

# **RESPONSIBILITY**

Before entering into a contract with recovery housing providers directly or through a contract with a provider overseeing a recovery housing network, the ADAMHS Board will verify that the recovery housing provider accepts individuals utilizing MAT. To comply with this Policy, recovery housing providers must accept at least one prescribed medication used in MAT.

During the term of the contract, if the ADAMHS Board substantiates the claim that a recovery housing provider does not accept at least one prescribed medication used in MAT, the ADAMHS Board may recommend termination of the contract to its Board of Directors subject to the "Appeal of Board Decision" Policy.

**Supersedes and retires:** Not Applicable **Reference:** Ohio Revised Code 340.01

J. Robert Fowler, Ph.D

J. Robert Fowler, Ph.D. ADAMHS Board Chair

November 17, 2022

Approval Date

DocuSigned by:

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Scott S. Osiecki

ADAMHS Board Chief Executive Officer

November of 2025

Scott S. Queler

**Review Date**