

**Billboard Campaign, Proclamation Highlighted at Addiction Recovery Advocacy Meeting**

Nearly 100 individuals attended the Board’s **Addiction Recovery Advocacy meeting** on August 27. Hosted quarterly, the meetings are a convening of family members who have lost a loved one to addiction, individuals with a loved one struggling with addiction, recovery advocates, professionals, and family support groups. They provide an opportunity to unite the powerful voices of individuals and advocacy groups to create change through action.



*Scott S. Osiecki, CEO, ADAMHS Board, accepts Governor Kasich’s Proclamation from Dustin Russell*

**Dustin Russell, Northeast Regional Liaison for Governor John Kasich’s Office,** presented a proclamation recognizing September as National Recovery Month.

**Scott S. Osiecki,** CEO of the ADAMHS Board, followed

with highlights describing what the Board is doing to combat addiction and support recovery. An update of the document, *ADAMHS a Leader in Combatting the Opioid/Heroin Crisis*, was available to meeting attendees.

The meeting included an official unveiling of the Board’s Recovery Month billboards. Many of the fourteen billboard participants were in attendance for the big reveal. Meeting attendees also learned about **RecoveryCLE**, a social media movement on Instagram, Facebook and Twitter to celebrate and elevate recovery. Additional presenters throughout the meeting included **Sheryl Hirsh, of HEAL (Help End Addiction and Loss) Northeast Ohio, Ryan P.,** who shared his powerful story of recovery, **Kirsten Nagy of Oaks Family Care Center,** and **Miyuki Fukushima Tedor, Ph.D., of Cleveland State University.**



*Many of the billboard program participants were on hand for the unveiling.*

**U.S. Attorney’s Heroin and Opioid Task Force Holds Daylong Conference**

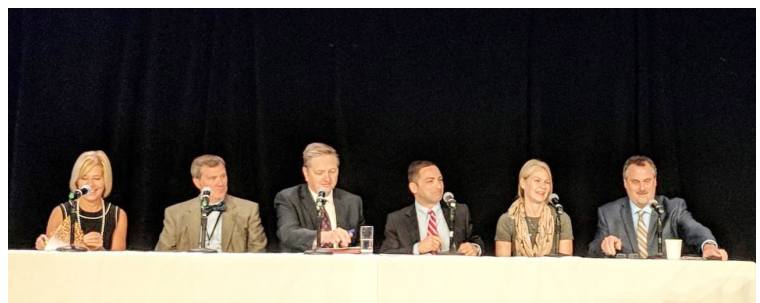
The ADAMHS Board is a member of the U.S. Attorney’s Heroin and Opioid Task Force. As a member, the Board helped plan and participated in **Opioids: A Crisis Still Facing Our Entire Community**, a daylong conference on September 6.

The conference drew nearly 300 attendees who listened to keynote speakers, panel discussions and took part in strategic breakout sessions to help revise the Community Action Plan written by the task force five years ago. The event provided a forum to offer insights and perspectives from experts who work every day to find sustainable solutions to the changing epidemic.

**Scott S. Osiecki,** CEO of the ADAMHS Board, participated in a panel on the community’s accomplishments in combatting the heroin and opioid crisis. He said, “Stigma is still a large barrier to treatment, especially Medication Assisted Treatment (MAT). We want to change the perception of MAT and help more people recover.”



*Dr. Thomas Gilson, Cuyahoga County Medical Examiner*



*Scott S. Osiecki, third from left, participated on a panel noting community accomplishments in battling the heroin and opioid crisis.*

**“Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”**  
– Carl Bard

## Billboard Campaign Illuminates Hope, Treatment and Recovery

In celebration of **National Recovery Month** this September, the ADAMHS Board launched a recovery billboard campaign featuring fourteen individuals in the community living in recovery. The billboards feature photos and quotes of fourteen individuals from Cuyahoga County who are living better lives - lives full of recovery - because they sought help after a suicide attempt or for their addictions and/or mental illness. **Treatment works and recovery is possible!** Each participant was also spotlighted on the ADAMHS Board's social media throughout the month.



*Wendy (above), a Peer Support Supervisor with Ascent ED, is proud to share her story of recovery as part of the ADAMHS Board billboard campaign.*

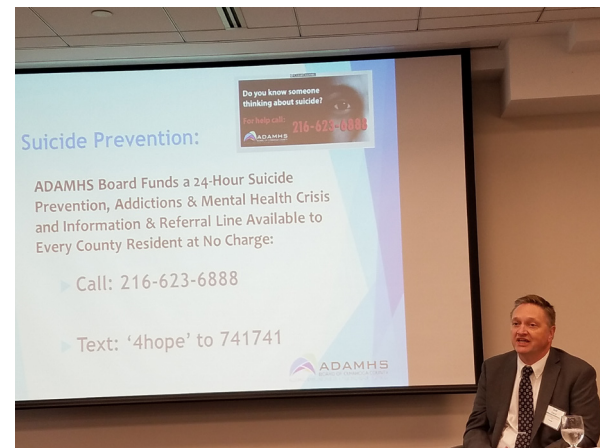


*Mandy (right), posed with her billboard in celebration of National RecoveryMonth.*

## ADAMHS Board Addresses Advocating for Community Change at Cleveland Leadership Conference

**Scott S. Osiecki, CEO**, was one of several Northeast Ohio leaders who presented at the **Cleveland Leadership Center's We Are Cleveland: Leading for Change** conference on August 16. He underscored the importance of advocating for community change as a co-presenter with **John Corlett**, president and executive director of the **Center for Community Solutions**.

The day-long event provided an exploration of leadership and how leaders drive community change. Workshop topics included innovation and re-entry, navigating Cleveland's civic landscape, community perceptions, civil civic discourse and rebuilding weak neighborhood economies.



*Scott S. Osiecki, CEO of the ADAMHS Board, presents on personal/professional advocacy and stigma reduction at the Cleveland Leadership Conference.*



### RecoveryCLE

**RecoveryCLE** is a community collaboration to celebrate addiction recovery and elevate individuals in our community who are living in recovery. By sharing a mosaic of photos and stories representing our neighbors, family members, coworkers, and friends who are in recovery from a drug and/or alcohol addiction, RecoveryCLE aims to break down stigma associated with addiction through positive messaging about recovery on social media.

## Interfaith Breakfast Focuses on Importance of Spiritual and Recovery Communities Working Together

Nearly 50 leaders from the local faith community convened at a special **Inter-Faith Breakfast** on September 17 to provide input to the Board about the cultural, physical, emotional and spiritual needs of their faith communities. The event is part of the Board's **Faith-Based Outreach Initiative**, which recognizes and advocates spirituality in the recovery process, connects the spiritual perspective with other interventions



(above) Rev. Max Rodas, Chair, ADAMHS Board Faith-Based Outreach Committee addresses attendees.



(left and below) Rev. Benjamin F. Gohlstin, Sr., Chair, ADAMHS Board, talks about the importance of faith-based initiatives.

and best practices, and promotes the concept that treatment works and people recover.

The event included a history of the Board's Faith-based Outreach Initiative by **Rev. Benjamin F. Gohlstin, Sr.**, Chair, ADAMHS Board of Directors, a review of the initiative today by **Rev. Max Rodas**, Chair, ADAMHS Board Faith-based Outreach Committee, and a presentation by **Dr. Ciara Dennis Morgan**, Clinical Coordinator, and **Pastor Jeffrey Dennis**, Minority Behavioral Health Group.



The breakfast was held at the Ariel International Center in Cleveland. For information on the Board's Faith-Based Outreach Initiative, contact **Starlette Sizemore-Rice**, Director of Special Projects, at 216-241-3400 x. 822, or [sizemore-rice@adamhsc.org](mailto:sizemore-rice@adamhsc.org).

## National Health Centers Week Conference

The ADAMHS Board partnered with local community health centers to host the **2<sup>nd</sup> Annual National Health Centers Week Conference** on August 16. The event focused on the critical role Federally Qualified Health Centers (FQHC) play in addressing opiate and other substance use disorders as providers on the frontlines of the opioid crisis.

Presenters included **Judge David Matia**, Cuyahoga County Court of Common Pleas, and **Dr. Ted Parran**, Rosary Hall, St. Vincent Medical Center.



(l-r): Karen Butler, COO, Northeast Ohio Neighborhood Health Services, Inc., Eugenia Kirkland, LSW, MSSA, CDCA, ADAMHS Board Vice Chair, and Scott S. Osiecki, CEO

## UPCOMING EVENTS

### 2018 Transportation Forum

October 11, 9:30-3:00

Cuyahoga County Public Library/Parma Snow Branch, 2121 Snow Rd.

Call Kathy: 216-731-1529 to register by Oct. 4

### First Year Cleveland's Remembering Our Babies

October 15, 6:00

Cleveland Botanical Gardens

RSVP: [firstyearcleveland.org](http://firstyearcleveland.org)

### Circle Health Services and The Centers for Families and Children Annual Benefit Luncheon

October 16, 11:30 - 1:00

Cleveland Marriott Downtown at Key Center  
[circlehealthservices.org](http://circlehealthservices.org)  
[thecentersohio.org](http://thecentersohio.org)

### Cleveland Municipal Court Mental Health Specialized Docket Art Show

October 18, 10:00 - 12:00

ADAMHS Board Ohio Room

### Hitchcock Center for Women Annual Breakfast

October 18, 7:30-9:00

1227 Ansel Road, Cleveland

RSVP: [hcfw.org](http://hcfw.org)

### 2018 Celebration of Human Services

October 26, 8:00-1:30

Hilton Garden, Downtown Cleveland  
Register: [Communitysolutions.com](http://Communitysolutions.com)

### Front Steps Housing and Services Art Therapy Show

October 26, 6:00 - 8:00

The Breen Center for Performing Arts

### SAVE THE DATE: November 17 International Suicide Loss Survivor Day

[aspf.org](http://aspf.org)

## Ascent Launches Updated App to Help People Recovering From Addiction

**Ascent**, an online service that connects people recovering from addiction to peer coaches and resources, recently launched an updated, personalized app to help individuals in recovery from substance use disorders (SUDs). The **Ascent Powered Sober Grid (ASG)** is an award-winning iOS/Android app used by a rapidly-growing social network community of more than 130,000 members in recovery. The free app reaches anyone with a smartphone, and is an easy-to-access resource for tracking and sharing progress with others, giving and receiving support, and **24/7 live peer coaching**. For more information, contact **Shawn Pasch** at [spasch@ascent.org](mailto:spasch@ascent.org) or 419-366-4011.



*Jody Morgan (r), suicide survivor, spoke with Fox 8 reporter Adrienne DiPiazza for a series that aired in September as part of Suicide Prevention Month. Jody was helped by the ADAMHS Board and now helps others at both Ascent and Thrive Peer Support.*

## ADAMHS Board Out And About!



*(left) Edna House Race To the Lake*

*(right) Recovery Resources Run for Recovery (credit: Linda's Lenses Photography)*



*(above) Epilepsy Association Race the River on Sept. 16 at Merwin's Wharf.*

*(right) Team ADAMHS at NAMIWalks Greater Cleveland on Sept. 15 at Edgewater.*



*Ron Patton, (far right), president of the Board's Action Committee Advocating Change, participated in a Recovery, Advocacy & Voting panel on August 6 at East Cleveland Public Library to commemorate the signing of the Voting Rights Act.*

## THE HEALING POWER OF ART...



Ten clients in the art therapy group at Signature Health collaborated on making a painting that reflected their mental health struggles, treatment and coping skills. The painting is displayed in Signature Health's Beachwood office lobby.



The Board's July client art display featured some of Signature Health's artists. Also pictured are Cosette Ghanem (l), Signature Health counselor & Beth Zietlow-DeJesus, ADAMHS Board Director of External Affairs.

## Community Wellness Seminar Discusses Efforts to Reduce Northeast Ohio Opioid Epidemic

Efforts to combat the region's opioid epidemic were presented to members of the local business and civic community on September 20 at KeyBank's Community Wellness Seminar, *Opioids: From Education to Action*.

Topics presented included the epidemic's human and economic costs, best practices for acute intervention through continuing support, and connecting patients with resources. **Beth Zietlow-DeJesus, ADAMHS Board Director of External Affairs**, discussed the need to reduce stigma and the Board's work in funding innovative pilots to overcome barriers to treatment and recovery.



Beth Zietlow-DeJesus (2nd from r), Director of External Affairs, spoke on a panel that addressed connecting patients with resources.

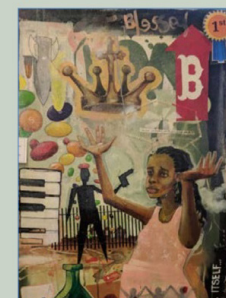
## ADAMHS Board honored with a "Community Partner Award"



(l-r): Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA), Board member; Scott S. Osiecki, CEO; Tami Fischer, Chief Administrative Officer; and Maggie Tolbert, RN, C, Assistant Chief Clinical Officer.

The ADAMHS Board was recently honored by the Visiting Nurse Association with its **Community Partner Award**. The VNA facilitates an **ambulatory withdrawal management** program that helps people remain in outpatient treatment for opioid addiction. This initiative, funded by the ADAMHS Board, works in partnership with Stella Maris and is the reason for the award. Community collaboration is key in addressing the addiction crisis in our community. Thank you to our partners!

## Fall/Winter Training Institute



### Training Schedule

Client artwork entitled Blessed B by John D. This artwork won 1<sup>st</sup> place at the annual client art show held at the ADAMHS Board 2018 Annual Meeting.

The ADAMHS Board's Training Institute released its **Fall/Winter 2018 Workshop Schedule**. Workshops offering CEUs/RCHs will run from September through December of 2018.

The schedule is posted on the ADAMHS Board's home page: [adamhsc.org](http://adamhsc.org). You can also find it by clicking on the "Education" tab in the left navigation of the home page, then clicking on the "Training Institute" tab.

## ADAMHS Board Welcomes New Employees

### Bob Garrity, Esq., LISW-S, LICDC-CS, Director of Risk Management

Bob Garrity joined the ADAMHS Board in July as Director of Risk Management. He most recently served as an attorney with a private practice in Cleveland which primarily focused on criminal defense and administrative law. Previously, Bob was employed at Y-Haven as an intake counselor/social worker.

Bob holds a Master of Social Work from Cleveland State University, and is a Licensed Independent Social Worker and a Licensed Independent Chemical Dependency Counselor. He received a Bachelor of Science in Pharmacy from The University of Wisconsin-Madison, and was a pharmacist for 17 years. He subsequently earned his J.D. from Cleveland-Marshall College of Law, and is admitted to practice law in Ohio and the U.S. District Court, Northern District of Ohio. Bob can be reached at 216-241-3400 x. 824 or email: rgarrity@adamhsc.org.



Bob Garrity

### Carmen Gandarilla, LSW, Training Officer

Carmen Gandarilla joined the ADAMHS Board in August as a Training Officer. Prior to her new position, Carmen served as Organizational Learning Manager at Koinonia Homes, a nonprofit agency serving adults with intellectual and developmental disabilities. In this role, she was responsible for new hire orientation, new manager/supervisor training and staff development. Her professional background also includes employment at Cuyahoga County Workforce Development as an employment specialist/career manager, and at Lutheran Hospital as a medical social worker.

Carmen holds a Bachelor of Arts in Social Work and a Master of Education in adult learning and development. She can be reached at 216-241-3400 x. 813 or email: gandarilla@adamhsc.org.



Carmen Gandarilla

### Regina Spicer, LSW, LICDC-CS, Training Officer

Regina Spicer assumed her new position at the ADAMHS Board in August as a Training Officer. For the past 20 years, she has worked as a Licensed Social Worker and Chemical Dependency Counselor serving individuals experiencing mental illness, homelessness, and addiction. Her background includes employment as program manager at Front Steps Housing and Services, and at Mental Health Services. "Being at the ADAMHS Board will now allow me, as part of a team, to provide education to the community and our service providers on mental health and addiction awareness," she said.

Regina earned her Master of Social Administration from Case Western Reserve University, and a Bachelor of Science – social work from Cleveland State University. She can be reached at 216-241-3400 x. 734 or email: spicer@adamhsc.org.



Regina Spicer



*The September Client Art Display Program is hosted by JFSA - the Plan. The piece to the left is a fruit and veggie stamping project.*

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