

OACBHA's 2018 Recovery Conference: Recovery IS Beautiful!!

Overheard at the **Ohio Association of County Behavioral Health Authorities (OACBHA) 2018 Recovery Conference** were phrases like: "For the first time, I feel comfortable telling my story." and "I feel like I can celebrate me." The **Conference took place** on October 1-2 in Columbus and brought together nearly 1,200 individuals in recovery to learn new skills and resources to assist in their recovery journeys. Attendees took part in several educational, interactive breakout sessions, attended an evening recovery celebration, and heard from keynote speakers who are advancing recovery supports in their communities.

For the first time, the conference also included a **job fair** with twenty-five employers from across the state who connected with nearly 200 conference attendees about employment opportunities in industries such as peer support, hospitality and landscaping.

The conference was an empowering experience! Attendees left feeling energized to share their stories, advocate with community leaders, and help people see that **Recovery is Beautiful!**



One of the Recovery Month billboard participants, Tiffany, attended OACBHA's Recovery Conference in Columbus on October 1-2. She posed for a quick photo with her billboard on display at the conference.



Scott Osiecki, ADAMHS Board CEO, posed with Karen Kearney (center) and Judge Lauren C. Moore (left) at MHAC's Public Officials Breakfast on October 5, 2018.

ADAMHS Board Receives Data Sharing Research Grant

The Board has received a **three-year grant** totaling \$932,233 from the **U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance**, as part of its **Comprehensive Opioid Abuse Site-based Program (COAP) Public Safety and Public Health Information-Sharing Partnerships** grant program.

The ADAMHS Board will use the funds in partnership with the **Heroin and Opioid Task Force of the U.S. Attorney's Office for the Northern District of Ohio (NDO)** to support the development of a blueprint for a future amalgamated information technology (IT) data sharing platform that will inform opioid evidence-based practices and policymaking and will more precisely monitor community trends and outcomes.

The **Begun Center at Case Western Reserve University (CWRU)** will serve as the research partner for this project, employing a full-time data analyst and a full-time research assistant. The ADAMHS Board will hire a full-time **COAP Project Manager**, who will be an active participant of the Taskforce's **Data and Analytics Subcommittee** and will be responsible for the daily ongoing implementation of the data action plan.

New Staff Member

Lindsey B. McMillion, LISW joined the ADAMHS Board in October as an Adult Behavioral Specialist. She most recently served as a Psychiatric Specialist in the ER at MetroHealth. Previously, Lindsey was a Clinical Care Coordinator at Recovery Resources where she was responsible for a drug court program, two reentry programs and the Transitional Age Community Treatment (TACT) program. "I'm excited to help consumers of our services by creating and enhancing programming in Cuyahoga County for those involved in the criminal justice system," she said.



Lindsey B. McMillion, LISW

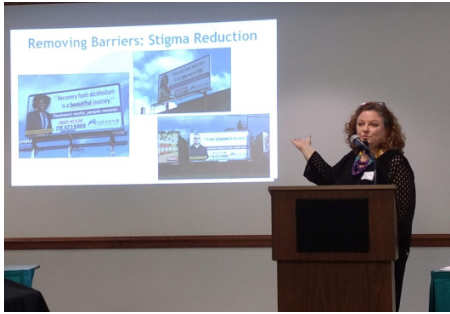
Lindsey attained her Master of Social Work from Cleveland State University, and is a Licensed Independent Social Worker. She obtained her Bachelor of Arts from Ohio State University.

In her free time, Lindsey enjoys hiking, other outdoor activities and spending time with her family.

She can be reached at **216-241-3400 x. 722** or **mcmillion@adamhsc.org**.

ADAMHS Board Out And About!

The Board was out in the community on **World Mental Health Day** on October 10 passing out mental health resources at a Tri-C wellness fair and at the VA. Later in the month, the Board also passed out resources at a Tri-C mental health outreach event.



Beth Zietlow-DeJesus, Director of External Affairs, spoke on a panel about opioids in the workplace at an event hosted by the CSU Small Business Development Center and the Heights-Hillcrest Regional Chamber of Commerce on October 11 at the Lyndhurst Community Center.



Board members and staff attended Hitchcock Center for Women's annual breakfast on October 18, celebrating the organization's forty years of service. (back l-r) Sydney Torbert, Rev. Benjamin F. Gohlstein, Sr., Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA), Cassandra Richardson (front l-r) Linda Torbert, Tonya Birney, Angela Hughley

Several board and staff members also attended The Centers and Circle Health Services annual benefit luncheon on October 16.



(above) Board staff wore blue for World Day of Bullying Prevention on October 1. (below) Members of the Cuyahoga County Suicide Prevention Coalition wore orange for Unity Day on October 23 to stand up against bullying.



Thomas G. Williams, MA, M.Ed. (left) presented on the Brief Addiction Monitor (BAM) with Stacy Soria (middle) from Recovery Resources and Nicholas Wieder (right) from Community Assessment and Treatment Services (CATS).

UPCOMING EVENTS

Recovery Resources Bronze Key Gala

November 3

Rock and Roll Hall of Fame, 1100 E 9th St.
recres.org

Epilepsy Association's 27th Annual Gala

November 9, 6:00-11:00

Westin Hotel, 777 Saint Clair Ave., NE
epilepsyinfo.org/gala

Y Haven's 25th Anniversary Celebration

November 10

Cleveland Public Theatre,
6415 Detroit Ave.
clevelandymca.org/y-haven

Asian Services in Action, Inc. Gala and Fundraiser

November 16, 6:00-9:30

Cleveland State University,
Student Center SC311 2121 Euclid Ave.
asiaohio.org

International Suicide Loss Survivor Day

November 17, 2018

aspf.org

Fall/Winter Training Institute

The ADAMHS Board Training Institute's Fall/Winter workshops are under way. The following workshops still have availability:

- November 16: Technology and Mental Health
- December 5: Motivational interviewing for Group Therapy
- December 14: Bullying: Forms, Functions and Interventions



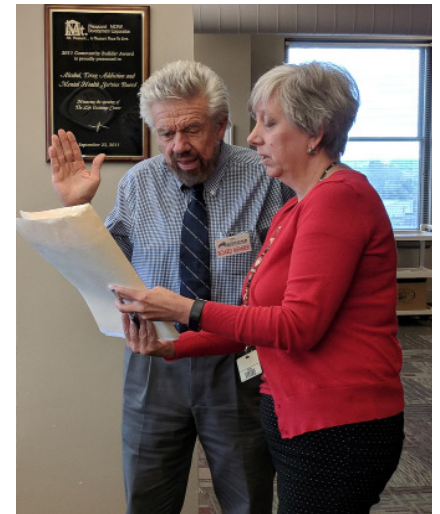
ADAMHS Board members, Eugenia Kirkland, Vice Chair and Elsie Caraballo played corn hole at the OACBHA Recovery Conference.

ADAMHS BOARD ANNOUNCES NEW BOARD MEMBERS, REAPPOINTS BOARD CHAIR AND BIDS FAREWELL TO PYTHIAS D. JONES, M.D.

Two new members have been appointed to the Board by the Cuyahoga County Executive, Mr. Erskine Cade and Dr. Gregory X. Boehm.

Erskine Cade, MBA, has over 30 years of experience as a corporate lobbyist and business executive. He is currently a partner at the legislative and regulatory affairs firms, Strategic Government Initiatives (SGI Group) and Strategic Health Care (SHC). Most recently, Mr. Cade served as Senior Vice President and Government Relations Director for Key Corp in Cleveland. He has served on numerous boards, including The Centers for Families and Children, the Ohio United Way, Cleveland State University College of Urban Affairs' Visiting and Advisory Board, and the National Black MBA Association. Additionally, Mr. Cade is a former Board member of the Ohio Lottery Commission, and former member of the Board of Zoning Appeals, City of Cleveland.

Gregory X. Boehm, M.D., has served as Medical Director of Y-Haven since 2003. He is board-certified in psychiatry and child/adolescent psychiatry, and has worked as Medical Director of detox/inpatient addiction facilities since his residency and child/adolescent psychiatry fellowship in 1980. In his private practice, he started and maintains the only Intensive Outpatient Program (IOP) exclusively for pregnant, addicted women. He currently serves as an Assistant Clinical Professor of Psychiatry at Case Western Reserve University. Dr. Boehm is a member of the Mental Health Response Advocacy Committee, and has participated on various boards, including the Hunger Network of Greater Cleveland, One Church One Child, and Shoes for Kids.



Assistant County Prosecutor Kelli Perk (right), administered the Oath of Office to Gregory X. Boehm, M.D. (left) at the October 17 board meeting.

“You can’t go back and change the beginning, but you can start where you are and change the ending.”
-C.S. Lewis



(l-r) Scott S. Osiecki, Rev. Benjamin F. Gohlstin, Sr., Kelli Perk, and Erskine Cade, MBA at the September 26 general meeting

ADAMHS Board of Cuyahoga County Adopts OACBHA’s Statement on Issue 1

The ADAMHS Board of Cuyahoga County adopted the statement made by the **Ohio Association of County Behavioral Health Authorities (OACBHA)** on **Issue 1** at the September 26, 2018 General Board meeting. OACBHA’s full statement on Issue 1 reads:

The Ohio Association of County Behavioral Health Authorities firmly believes that non-violent individuals with a substance use disorder are better served through treatment instead of incarceration. This is particularly true for marginalized populations who are over-represented in Ohio’s prisons and often go unserved. We oppose this constitutional amendment because it does not address the problem as intended. We implore the Ohio General Assembly to immediately bring together a bi-partisan coalition of concerned Ohioans to take action to address these issues through a legislative solution.



The Cleveland Municipal Mental Health Specialized Docket hosted an art show at the ADAMHS Board in the Ohio Room on October 18. This is one of the pieces that was on display.

Rev. Benjamin F. Gohlstin, Sr., Chair
Eugenia Kirkland, LSW, MSSA, CDCA, Vice Chair
J. Robert Fowler, Ph.D., Second Vice Chair

Reginald C. Blue, Ph.D.
Gregory X. Boehm, M.D.
Erskine Cade, MBA
Elsie Caraballo
Cassi Handler
Gwendolyn A. Howard, LSW, MSSA

Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA)
Steve Killpack, MS
Max M. Rodas, MA
Sharon Rosenbaum, MBA
Hugh B. Shannon
Harvey A. Snider, Esq.

Scott S. Osiecki, Chief Executive Officer