

# Recovery In Action...

& Mental Illness

Volume 2 • Issue 6

June 27, 2018

#### 2018 Ohio Opiate Conference Hosted Over 1,100 on June 11-12

Over 1,100 attendees participated in Ohio's 2018 Opiate Conference: Strengthening Ohio's Communities. Professionals, individuals, and family members impacted by addiction to opiates and other drugs were in attendance to learn from local, state, and national leaders.

Cheri L. Walter, CEO of the Ohio Association of County Behavioral Health Authorities and conference host, shared that, "This Conference is about hope and what is working. We all know we have a serious epidemic on our hands. Now we are coming together and finding new and innovative ways to help address this epidemic and finding ways to help individuals move toward recovery. Those of us in this field need to be leaders in fighting the stigma of addiction. We must remind people that addiction is a disease, that treatment does work, and together we must believe in recovery, promote the reality of recovery, and celebrate individuals in recovery."

Scott Osiecki, CEO, Michael Doud, Director of Adult Behavioral Health Programs, Derrick Kirklen, Adult Behavioral Health Specialist, and

Thom Olmstead, Director of External Affairs for St. Vincent Charity Medical Center, presented on the first day of the conference about innovative pilot programs funded in Cuyahoga County. These programs include fentanyl test strips, a variety of peer recovery support programs (PAARI, AscentED, the Ascent App, Project SOAR, etc.), and the very successful transportation

(I-r) Scott Osiecki, CEO, Thom Olmstead, Director of External Affairs at St. Vincent, and Derrick Kirklen, Adult BH Specialist, presented at the conference on innovative programming.

program in use at St. Vincent that gets clients to and from treatment and groups.

Several members of the board and staff attended the conference. We all learned something new that can be put to use here in Cuyahoga County to help people get access to treatment and remain in sustained recovery. One thing was clear, everyone in Ohio is working diligently to save lives, change the conversation about addiction and provide successful treatment and recovery supports to individuals living with substance use disorders.



Scott Osiecki, CEO, poses for a photo with Ohio State Trooper Chad Schell from Cuyahoga County who was honored with a CARES Award for his law enforcement work to remove dangerous drugs from our area.

#### Congratulations to Magnolia Clubhouse on the Completion of their \$4 **Million Capital Plan**

On Thursday, June 14, Board members Katie Kern-Pilch and Harvey Snider joined our CEO Scott Osiecki and board staff, Myra Henderson, Jenita Simmons and Chris Morgan to celebrate the completion of Magnolia Clubhouse's renovations and expansion. The facilities on the premises are beautiful, including the renovation of the two turn-of-the-century homes on Magnolia Drive, the conversion of the Carriage House into a clinic and the new circle driveway and landscape.

Magnolia Clubhouse creates incredible recovery opportunities for the clients they serve. The ADAMHS Board is a grateful member of their workforce development program and employs clients looking to return to the workforce. Our own Chris Morgan was one of the keynote presenters at the event. We are so proud of everyone who was involved in this overhaul and who continue to support the effort of Magnolia Clubhouse each day!



Chris Morgan, Resource Specialist with the ADAMHS Board, spoke at the event about Magnolia Clubhouse's impact in our community.



(Back row, I-r) Scott Osiecki, Jenita Simmons, Harvey Snider, Lakecia Wild, Myra Henderson, (Front row, I-r) Lori D'Angelo, Katie Kern-Pilch and Chris Morgan pose for a photo at the celebration.

Page 1 of 4

#### Suicide Prevention Highlighted in the Media

The local media here in Cleveland highlighted suicide prevention education and crisis hotline information during their coverage of the deaths by suicide of Anthony Bourdain and Kate Spade and the release of the CDC's report on suicide deaths across the United States. We are grateful to the members of our local media who report responsibly on suicide, share stories of resilience and help us change the conversation about mental illness in Cleveland and Cuyahoga County. Here are some highlights...

Bourdain, Spade draw attention to suicide: Here are suicide prevention resources in Northeast Ohio

Addiction or Mental Health Crisis?

216-623-6888

Call Us!

If you or someone you know is struggling with depression or

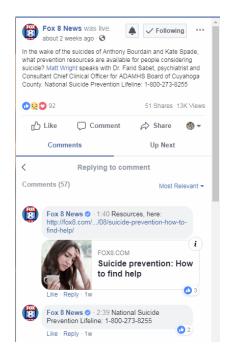
Cleveland.com reporter, Robin Goist shared resources (above), covered the possibility of "contagion" effect in the article, "Do suicide attempts really 'cluster' after celebrity suicide?" and highlighted the impact that stories of resilience can have on preventing suicide. Special thanks to Robin for her great coverage of suicide and mental illness.

### ideastream<sup>®</sup>

Mike McIntyre hosted Maggie Tolbert, Assistant Chief Clinical Officer on Sound of Ideas to discuss suicide prevention, trauma and the ADAMHS Board's efforts to reduce suicide in Cuyahoga County. Thank you to Mike and his team for such thoughtful and thorough coverage of suicide and suicide prevention.



Matt Wright, Fox 8 reporter, poses with Lakecia after completing a compelling interview about recovery!



Fox 8 reporter, Matt Wright, spoke with Dr. Farid Sabet, ADAMHS Board Chief Clinical Officer and highlighted Lakecia Wild (left) and her story of recovery on the evening news and on Facebook (above). Thanks to Matt for his excellent and compassionate reporting on suicide.

#### The ADAMHS Board held its Annual Client Picnic on June 11, 2018

This year's **Annual Client Picnic**, held at the Cleveland MetroParks Zoo, was a great success. Over 150 clients and providers joined us for the celebration, which included lunch and a special gift. Everyone also had a great time touring the zoo and visiting the animals. Drummers from the **Life Exchange Center** treated us with a performance that featured traditional African drumming and dance.

Board members **Bob Fowler**, Ph.D. and **Sharon Rosenbaum**, MBA, joined in the fun and thanked the clients for their attendance. The DJ provided the entertainment including line dancing and popular music. Many volunteers from several contract agencies participated in the day and fun was had by all. **Special thanks to Bill Hebble**, **Leshia Yarbrough-Franklin and Vicki Roemer** for their work on this annual event. Thanks to all of the clients and volunteers for making this event a great success!



Life Exchange Center drummers provide entertainment for attendees!



ADAMHS staff and event organizers (1-r) Vicki Roemer, Bill Hebble and Leshia Yarbrough-Franklin



Board member Bob Fowler, Ph.D, thanks clients for attending the event.

#### July 21 @ Lakewood Civic Auditorium

4pm - 7pm Open to Public 7:30pm - 12am Main Event

Tickets \$35 Each (Includes One Raffle Ticket, 18 and Over) Raffle Tickets \$25 each / 5 for \$10

Proceeds will go to the Ohio Suicide Prevention Foundation and the ADAMHS Board of Cuyahoga County's Suicide Prevention Coalition

In Crisis, please call 216.623.6888 and/or Crisis Text 741741

StandUpTogetherOhio.com



#### Stand Up Together Ohio - Sponsorships Still Available

Stand Up Together: An Evening Honoring Nick Ramsey is a comedy show to raise funds for suicide prevention. Nick Ramsey was a local comedian who died by suicide earlier this year. His family asked his fellow comedians to use their platform and voices to raise awareness of mental illness and suicide prevention.

Comedy Connected, the ADAMHS Board of Cuyahoga County and the Ohio Suicide Prevention Foundation are teaming up to host this night of laughs and raffles to help promote suicide prevention efforts. It is time to Change the Conversation about mental health and suicide. Funds raised from this event will support suicide prevention efforts both locally and across Ohio.

The provider sponsorship is ONLY available to mental health service providers. This sponsorship costs \$100 and includes: a resource table at the event, logo on the event website and digital banner, and a ticket to the headliner show. More information is available on our website: www.adamhscc.org

Show and raffle tickets can be purchased through the event website: www.standuptogetherOhio.com.

**Volunteers needed to support this event.** Contact Beth Zietlow-DeJesus for more information: dejesus@adamhscc.org.

#### **Upcoming Events**

run, jane, run The Great Obstacle Challenge

July 29 at Euphoria Health & Fitness

www.womensctr.org run, jane, run

#### Women's Golf Tournament

August 3 at Cherokee Hills Golf Course www.womensctr.org

# Recovery Resources Run For Recovery

August 15 at Cleveland MetroParks Zoo

www.recres.org/RunforRecovery

National Health Centers Week
Conference: Community Health
Centers of the Frontlines of the
Opioid Crisis

Save the Date! August 16 8:30-3:30 Registration Opens July 10

**NAMIWalks Cleveland** 

September 15 at Edgewater https://namigreatercleveland.org/

Northeast Ohio Recovery
Residence Network (NEORRN)

"Getting to Know Us: Recovery Housing in Northeast Ohio"

September 19, 2018 8:30-12:30 Neorrn.org

## Attorney General Mike DeWine Released Drug Use Prevention Education Resource Guide

The Drug Use Prevention Education Resource Guide is the product of a Joint Study Committee on drug use prevention made up of 24 members that include teachers, superintendents, substance-use prevention experts, elected officials, law enforcement officers and other professionals. The guide provides age appropriate, evidence based

substance use prevention programming for students K - 12, and:

- Defines prevention education;
- Provides a K-12 prevention inventory assessment tool;
- Outlines the strategic planning process that includes needs assessment, capacity-building, plan generation, implementation and evaluation; and,
- Included an inventory of successful prevention programming from schools, coalitions and prevention agencies from every corner of the state.

The guide provides a road map for programming to be implemented in schools, community groups, faith-based institutions and groups that reach children from grades K-12. The guide can be found at www.OhioAttorneyGeneral.Gov.

"The greatness of a community is most accurately measured by the compassionate actions of its members."

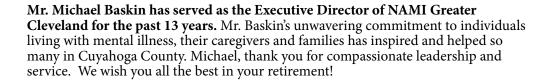
~ Coretta Scott King



(l-r) Doug Taylor, Director, Boys and Girls Clubs of Cleveland, Attorney General Mike DeWine, Tamara Thomas, Boys and Girls club youth leader, Senator John Eklund, and Cheri Walter, CEO of OACBHA

### Congratulations to Dr. Frank Fecser and Mr. Michael Baskin on their Upcoming Retirements!

**Dr. Frank Fecser has served with Positive Education Program (PEP) for 40 years,** the past 10 as CEO. During Dr. Fecser's tenure, PEP grew and enabled thousands of children living with mental illness and special education needs to thrive! Thank you, Dr. Fecser, for your dedication, leadership and service. We wish you all the best in your retirement!





Dr. Frank Fecser, PEP



Michael Baskin, NAMI

#### ADAMHS Board Welcomes New Employees and Wishes a Fond Farewell to Michael Doud

Please join us in welcoming the newest ADAMHS Board employees:

- Jim Cipiti, Network & Systems Specialist
- LaVedia Smith, RN, BC, Clinical Utilization Review Specialist
- Yvette Mitchell, Administrative Assistant II







Farewell Michael!



Congrats, Michael Doud!

**Michael Doud** has served with the ADAMHS Board for nearly 20 years, most recently holding the title of Director of Adult Behavioral Health Programs. Michael is ending his time with the ADAMHS Board to take on a new role as the Chief Operating Officer at EDEN.

If you see Michael around, please congratulate him on his new role. We wish you all the best, Michael!



Shatterproof, June 3



Nigerian Community Health Fair



Pride in the CLE, June 2

#### **ADAMHS Board Out and About**

The ADAMHS Board participated in several health/resource fairs and events including:

- Pride in the CLE
- Shatterproof
- Nigerian Community Health Fair at Fatima Family Center
- Tremont Health & Safety Fair
- Peace, Justice & Empowerment Summit
- Hands Across CLE
- Free Lunch Programs
- Pizza Fest

#### **Upcoming resource tables:**

Liberty Rocks at Crocker Park



The Far West Center Showcased more than 50 pieces of art in May. The pieces were made by participants in the Art Helps and Heals (AHH!) program. Eugenia Kirkland, Board Chair and Scott Osiecki, CEO, recognized artists and program coordinator, Denise Ayres at the May General Board meeting.



Faith-based Committee Members, Mary Warr and Rev. Ben Gohlstin discuss future goals for the faith-based initiative. They met Scott Osiecki, CEO and Starlette Sizemore-Rice, Director of Special Projects for a lunch meeting.

### Board of Directors

Eugenia Kirkland, LSW, MSSA, CDCA, Chair J. Robert Fowler, Ph.D., Vice Chair Pythias D. Jones, M.D., Second Vice Chair

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Page 4 of 4