

## ADAMHS Board Presents at Opiate Task Force



*Derrick Kirklen presents on the successful pilot programs funded by the ADAMHS Board at the Opiate Task Force*

**Derrick Kirklen, M.Ed., LPC,** Adult Behavioral Health Specialist, presented on **Successful Pilot Programs funded by the ADAMHS Board at the Cuyahoga County Opiate Task Force Meeting** on February 20. He highlighted the following programs:

- **VNA Ambulatory Detox:** This program is helping patients remain sober after discharge from detox by managing post-acute withdrawal symptoms, seamlessly transitioning them into treatment service and reducing the number of

detox episodes. This program also frees up wait lists for treatment and inpatient detox beds, and moves the clients through the community SUD system at the appropriate treatment levels to fit their needs.

- **Cleveland Treatment Center – Hattie House:** A sober housing environment for people in recovery, including individuals utilizing medication assisted treatment (MAT). This Level III recovery home has an on-site house manager and peer recovery supporter. Residents can remain in this house for up to six months after successfully completing detox and continuing to receive treatment for addiction. Many sober living environments have restrictions on MAT. This house helps fill that gap in our community.

**AscentED/MetroHealth Hospital:** This service connects people who have arrived at the MetroHealth emergency room for an opioid overdose with a peer recovery coach. Prior to discharge, the patient and recovery coach meet to discuss available recovery services and resources in the community. A peer supporter understands what the patient is going through on a personal level. This level of understanding is a key connection in supporting recovery from addictions. Peer coaches also provide information on overdose prevention and Narcan/Naloxone. If the patient agrees, the coach can share resources with their family as well. Once the patient is released, the peer support coach will follow up with the patient for the next 10 days, encouraging him or her to engage in recovery support services.

- **PAARI – Safe Passages (Moore Counseling):** The Police Assisted Addiction and Recovery Initiative (PAARI) - Safe Passages supports local police departments that work and come into contact with people living with opioid

*See Opiate Task Force - Page 2*

**“Everything that happens in life is a pathway intersecting with a field of amazing possibilities. Be open to them.”**  
--unknown

## Diversion SAMHSA Grant

In early March, the ADAMHS Board is submitting an application for a SAMHSA/Center for Mental Health Services Early Diversion grant. The grant will help us pilot a diversion program at our existing crisis stabilization unit for use by the Cleveland Division of Police. The goal is to divert individuals with Serious Mental Illness (SMI) from the courts and criminal justice system, particularly incarceration in the County Corrections Center. Peer Recovery Coaches will be available to assist individuals with follow-up to treatment and recovery support services.

## ADAMHS in the News

**Scott Osiecki**, Acting Chief Executive Officer, and **Farid Sabet, MD**, Chief Clinical Officer Consultant were interviewed by **Monica Robins**, Senior Health Correspondent from **WKYC TV 3**. The news story, *The Psychology Behind a Mass Shooter*, included how to know when someone may need mental health care and information on the Cuyahoga County Crisis Hotline and Crisis Text Line.

**Beth Zietlow-DeJesus**, External Affairs Officer, interviewed with **WOIO TV 19**. The story included information on depression, violent behavior, bullying as well as how to reach the crisis hotline and text line.

Scott also joined **Ramona Robinson** and **Mark Nolan** live on **WOIO's Internet news** to discuss Cuyahoga County's Recovery System of Care in the aftermath of the Parkland



*Romona Robinson & Mark Nolan interviewed Scott Osiecki on WOIO Internet news.*

Shooting. He also spoke with **WCPN Ideastream** to talk about the outcomes from the Mental Health Response Advisory Committee Report. He appeared on the February 27 **WEWS TV5** newscast concerning an earlier taped interview on HB 457 that would require anyone on parole who tested positive for heroin, fentanyl or carfentanil be immediately jailed or sent to mandatory residential treatment for 30 days.

*See more In the News photos - Page 3*

## SHARES Update

Board staff has been working with our **Shared Health And Recovery Enterprise System (SHARES)** software vendor, InfoMC, to replicate the entire set of Behavioral Health (BH) Redesign billing codes. Unfortunately, after due diligence, obtaining the entire set of codes was not possible. However, SHARES has a similar set of BH Redesign Codes but the system does not recognize the modifiers that allow for paying varied rates.

Scott Osiecki, Acting Chief Executive Officer; Cassandra Richardson, Interim Chief Financial Officer and John Garrity, Ph.D., Chief Quality Officer, met with the Council of Agency Directors on February 26 to talk with providers about the codes. Once a provider has completed SHARES claims training the BH Redesign codes will be available. In order to guarantee an uninterrupted cash flow for providers, the Board will pay on a 1/12 grant system until approximately June 30 - or once the provider has been trained. A reconciliation process back to January 1 will take place. We thank the providers for their understanding and collaboration with the Board during this transition to this new billing and data system.

## Faith-based Initiative Hosting Mental Health First Aid Training

**Life Recovery Ministries**, one of the Board's faith-based providers, is hosting **Mental Health First Aid** Training at Olivett Institutional Baptist Church. This 8-hour community-based education program is being provided in four, two-hour sessions every Tuesday in March from 6:00 p.m. - 8:00 p.m. Mental Health First Aid introduces the most common and most severe mental health problems impacting congregants and their families and connects them with key resources. After completing the full training, participants will learn more about mental illness, how to respond during a crisis and the best ways to promote wellness. Contact **Rev. Karell McDaniel, at 216-408-9091, for more details.**

## Opiate Task Force (continued)

addiction. The program acts as a diversion to arrest and as a "way out" of the problem of drug addiction. PAARI committed police departments:

- Encourage opioid drug users to seek recovery.
  - Help distribute lifesaving opioid blocking drugs to prevent and treat overdoses.
  - Connect addicts with treatment programs and facilities.
  - Provide resources to other police departments and communities that want to do more to fight the opioid addiction epidemic.
  - Moore Counseling and Mediation Services is the contractor for the PAARI/Safe Passages model with the cities and police departments in Euclid, Lyndhurst, Mayfield Hts., Mayfield Village, Highland Hts. and Richmond Hts.
- **Project SOAR:** Representatives from Project SOAR assisted Derrick with presenting this Board funded program, which is a Quick Response Team model that utilizes Peer Recovery Supports and strives to connect survivors of an opioid overdose immediately, or within days of the event. Peer Recovery Supporters provide a recovery-oriented approach to end the addiction and link to the county's continuum of care and additional resources. Peer Recovery Supporters will be on call to meet with overdose survivors and others battling opiate addiction. The Peer Recovery Supporters will be familiar with the Board funded network of providers who deliver assessment, treatment, and recovery support services. The ADAMHS Board staff will provide technical assistance to enable rapid, mobile assessments and access treatment during nights and weekends, helping to meet clients where they are in the recovery process. Here are the three possible access points into the program:
    - Cleveland Clinic's Lakewood Emergency Department.
    - Through follow up contacts from Peer Supporter, EMS worker and community police officer within a week following overdose.
    - Through a "Safe Station" located at Lakewood City Fire Station 1.

SAVE THE DATE

# 2018 ADAMHS Board Annual Meeting

Monday, May 14, 2018 at 9am

LaCentre | Westlake, Ohio

## Bringing Help, Bringing Hope. Thank You.

As part of our **collaboration with the Ohio Association of County Behavioral Health Authorities (OACBHA) and Boards across Ohio, April 9-12** has been designated as **Appreciation Week** to all community members **working on the front lines in the fight against Ohio's opioid epidemic**. The goal of the week is to shine a light on the tremendous work going on in communities throughout Ohio to address the opiate epidemic and to specifically show appreciation to first responders, individuals, family members, and professionals throughout our community who are bringing help and bringing hope by working day in and day out to save lives, provide treatment, assist families and support recovery.

We will be sharing more information on how the ADAMHS Board will be expressing our thanks and gratitude for the good work that is being done by individuals on the front lines of this fight right here in Cuyahoga County.

### Board of Directors

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Scott S. Osiecki, *Acting Chief Executive Officer*

## Technology Reduces Opioid Withdrawal

**Tom Cheatham from Innovative Health 360** came to the ADAMHS Board on February 13 to give an overview of the recently FDA approved, Bridge Device for opioid withdrawal. The **Bridge Device** attaches to a client's ear and sends electrical pulses through the nerves in the ear to the brain. The electrical pulses from the device calm the area of the brain most effected by opioid withdrawal. As this area of the brain calms, the symptoms of opioid withdrawal are reported to reduce.

One of the biggest barriers for individuals seeking recovery from opioid addiction is the fear of withdrawal or being "dope-sick." Symptoms of opioid withdrawal have been called worse than the worst flu and include: sweating and chills, restlessness, aches all over, especially the bones and joints, runny nose and tearing, visible tremor, GI upset, yawning, and intense anxiety or irritability. The Bridge Device can cut these symptoms in half within the first 20 minutes of use according to two fairly small studies. Those researching the effectiveness of the Bridge Device have seen the Clinical Opioid Withdrawal Symptoms scores (COWS) drop by 84.6% from baseline scores in just one hour. The primary candidate for this device, is someone is ready and willing for treatment. It is not able to be used with Benzodiazepines or in patients with cardiac pacemakers, hemophilia or psoriasis vulgaris.



*Bridge Device reported to ease opioid withdrawal symptoms*

This device will only be distributed to providers that require continuing treatment, such as MAT, counselling and other forms of recovery treatment. Mr. Cheatham stated that they should have an answer from Medicaid within the next 60 days about coverage of both the device and the service to administer it. It is currently not covered by insurance and costs approximately \$600 per device. This is a one-time use device and patients wear it on their ear for five days.

Other Ohio Boards are using this device. We have reached out to them to see how they are using it and whether it has been effective. We will keep you posted. If you are interested in learning more about this device, please contact Beth DeJesus, External Affairs Officer, via email: [dejesus@adamhsc.org](mailto:dejesus@adamhsc.org) or by phone: 216-241-3400, ext. 812.

## Meeting with Representatives from the Construction Trades

**Scott Osiecki**, Acting Chief Executive Officer, and **Beth Zietlow-DeJesus**, External Affairs Officer, had a conversation with **David Wondolowski**, Executive Secretary of the Cleveland Building & Construction Trades Council and **Tim Linville**, Chief Executive Officer of the Construction Employee Association on February 21.

The construction trades unions have long-standing and proactive drug testing, assessment and treatment assistance policies for their employees. However, like most industries, they are struggling with the opioid epidemic and its impact on the workforce.

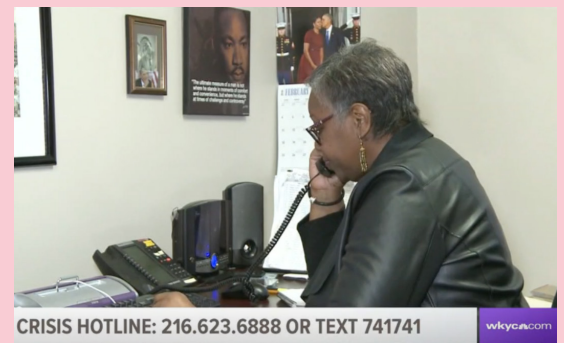
In this conversation, we took time to learn about their practices and filled them in on the recovery system of care available in Cuyahoga County. They have agreed to incorporate the ADAMHS Board provider network guide, crisis hotline number and other resources on their websites as well as in their local trades publications. It is this type of collaboration and community effort that will truly help people find the treatment and recovery services they need.

## ADAMHS In the News Photos

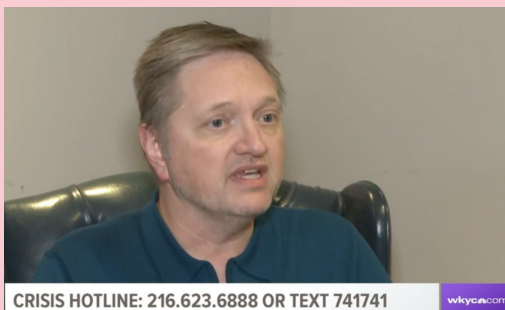


*(left photo) Farid Sabet, MD, shares the symptoms of when someone may need mental healthcare during an interview on WKYC news.*

*(right photo) Maggie Tolbert, RN, ADAMHS Board Utilization Review Specialist, talking about a crisis situation with the Crisis Hotline, operated by Frontline Service on WKYC news.*



*Scott Osiecki talking with Monica Robins about the type of help that is available in Cuyahoga County on WKYC news.*



*WOIO 19 news reporter interviewed Beth Zietlow-DeJesus for a story on depression, violent behavior, bullying and how to reach the crisis hotline and text line.*