

...from Addictions Recovery In Action...

& Mental Illness

Volume 2 • Issue 4
April 25, 2018

Bringing Help, Bringing Hope

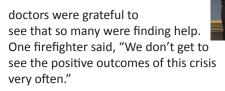
Bringing Help, Bringing Hope, a statewide first responder appreciation week, was an incredibly rewarding experience for members of the recovery community and their families, ADAMHS Board staff and for individuals working on the frontlines of the opioid crisis in Cuyahoga County. The ADAMHS Board highlighted work by the Cleveland Police, Fire and EMS as well as Dr. Papp from MetroHealth and Project DAWN, Peer Recovery Coaches from AscentED and detox providers at Stella Maris and Salvation

Army Harbor Light Complex.

Board staff, members of the recovery community and their families delivered more than 600 thank you packages to police, fire and emergency departments across



Cuyahoga County. Many of the officers, fire fighters



It was great to interact with first responders, thank them for never giving up and encouraging them to keep up the good fight! Maureen O., a mother whose child was revived with naloxone multiple times and is now living 18

months in recovery, was able to thank a firefighter involved in her son's final rescue before he sought treatment and recovery. She said, "It is just an unbelieveable experience. Today, is a good day!"

ADAMHS Board CEO, Scott Osiecki and Adult Behavioral Health Specialist, Derrick Kirklen helped wrap up the celebration week in Lakewood at the Heroin to Hope event on April 17th. The event highlighted the work of Project SOAR, a collaboration between Lakewood Emergency Department, Fire, Police, the Woodrow Project and the ADAMHS Board. Derrick Kirklen served on a panel explaining the Board's commitment to funding this pilot program. CEO Osiecki thanked the first responders on

hand, presented them with a resolution from Ohio Governor John Kasich, a certificate from Attorney General Mike DeWine and small tokens of appreciation from the ADAMHS Board of Cuyahoga County.

Many first responders shared that they have seen a decrease in overdose rescues in recent months. There were different views on the reasons behind the reduction: increased availability of naloxone (Narcan), law enforcement's efforts to remove fentanyl from the streets with recent large trafficking busts and a change in understanding of addiction and a focus of connecting those with treatment.

Highlights: ADAMHS in the News & Out & About

- CEO Scott Osiecki, Board staff, Veronica Jenkins, Starlette Sizemore-Rice, Michael Doud, and Beth Zietlow-DeJesus, and Addiction/Recovery Advocacy member, Maureen O'Boyle attended the Recovery Resources Annual Meeting.
- Faith-based Initiative members, Rev. Max Rodas, Rev.
 Benjamin Golhstin, Starlette Sizemore-Rice, Gwen Howard,
 Rev. Andrea Jacobs, Dr. Deborah Watson, and Rev. Dr. Andrew
 Clark, Sr. joined CEO Osiecki on WERE 1490 to discuss the
 spiritual component of treatment and recovery as well as the
 importance of Issue 9 and the work of the ADAMHS Board.
- Scott Osiecki talked about the opioid crisis and at the Brecksville and Broadview Heights, Chambers of Commerce luncheon. Employers often wonder how they can assist in the addressing the opioid crisis. Scott provided information on that topic as well as personal commitments they could make, like participating in National Drug Take Back Day on April 28
- Scott Osiecki kicked-off the Hoarding Conference: OMG!
 Hoarding: What do I do now? on April 13. It was a packed
 house and keynote speaker, Dr. Frost made a great impression
 by providing applicable treatments and considerations for those
 living with Hoarding Disorder.
- Maggie Spellman and Beth Zietlow-DeJesus participated in Life
 Act's Into the Light Suicide Prevention and Memorial Walk at
 the Cleveland MetroParks Zoo. Keynote speaker, John Trautwein
 lost his son to suicide and now promotes suicide prevention.
 He said, "Love Heals. Be there for one another. Depression is
 beatable and treatable and together, we can save lives."



Marriott Cleveland Airport 4277 W. 150th St.

Pre-registration encouraged but not required. Register at www.eventbrite.com/e/ adamhs-board-of-cuyahogacountys-2018-behavioralhealth-human-services-careerfair-registration-44437568965

Walk-ins welcome!

Support Issue 9 on May 8, 2018 Cuyahoga County Health & Human Services Levy

Issue 9, the Health and Human Services Levy is NOT a tax increase! Issue 9 protects critical services throughout Cuyahoga County, including programs to secure counseling and treatment programs for children and adults living with mental illness, opioid, and drug and alcohol addictions. It also provides vital services for seniors and children as well as funds MetroHealth's Trauma Center, Burn Unit and Life Flight.

Volunteer Opportunities Available: Phone Banking, Night Before Elections, Election Day Poll Workers!

Don't forget to grab Issue 9 Yard Signs and literature. Issue 9 ensures that our county's vital health and human services are there when we need them most. For additional information on Volunteer Opportunities, please contact Beth DeJesus via email or phone 216-241-3400 ext. 812 or visit the Issue 9 website: http://cuyahogahhs.org/.

ADAMHS Board Annual Meeting, Client Art Show and Awards



Join us on May 14 from 9 am -Noon at LaCentre Westlake for our Annual Meeting.

Tickets are \$35/person and \$350 for a table of ten.

Clients Participating in the Art Show must bring artwork to the ADAMHS Board by May 10.

Hispanic UMADAOP NOW has Intensive Outpatient Services for men and women 18 and over! Call today: 216-361-1305

"It is not enough to be compassionate. You must act." - Dalai Lama

Upcoming Events:

BW Men's Chorus Celebrating Mental Health Awareness April 29, 5 PM

Women's Recovery Center Miracles of Recovery Breakfast May 3, Stillwater Place, Zoo

*NAMI Annual Meeting*May 10, 2018, Holiday Inn Independence

AMSR Training, May 23, Embassy Suites Rockside

EDEN's Rent Party, June 2, Sachesenheim Hall

Pride in the CLE March and Festival, June 2, Public Square

Shatterproof Rise Up Against Addiction 5K Run/Walk Sunday, June 3, Voinovich Park

International Urban, Peace, Justice and Empowerment Summit: June 21-24, 2018, Cleveland State University

Mental Health Forum at the City Club of Cleveland June 29, 12-1:30

Stand Up Together Ohio (Sponsorships Available)
July 21, Lakewood Civic Auditorium

ADAMHS Board New Employees and Staff Changes

Maggie Tolbert is now the Assistant Chief Clinical Officer and is responsible providing clinical expertise, direction and supervision to staff and various functions of the organization, including Planning, System Development, Clinical Services, and Civil Commitment Process. Maggie has been with the Board for more than 20 years, previously serving as the Clinical Adult Utilization Review Specialist. If you see Maggie, please congratulate her on her new position.

Carole Ballard has been promoted to Director of Training and Education, a new position at the ADAMHS Board. In this role, Carole will manage the Crisis Intervention Training (CIT), the Training Institute and educational opportunities for the Board and its system of care. Prior to taking this position, Carole served as the CIT Program Officer. She is a licensed counselor/social worker and has also served on the clinical and planning department staff during her 24+ years with the Board. Congratulations, Carole!

Beth Zietlow-DeJesus has been announced as the Director of External Affairs. In this position, Beth will be responsible for community engagement, education and advocacy, media relations, social media and event planning. Beth has been with the Board since August of 2017, but has many years of experience in public sector communications. Please contact Beth for any event sponsorships, media inquiries or collaboration on events and presentations.

Lakecia Wild, who served as a front desk assistant at our office, has accepted a position with Recovery Resources. Lakecia is proud of her recovery and has been an excellent advocate for those living with mental illness and addictions.

We wish her all the best in her new position at Recovery Resources,

Laura Grossi will begin covering the ADAMHS Board front desk on Wednesdays and Fridays. She joins Jenita and Lasenia as the welcoming crew at the ADAMHS Board reception desk.

but we will all miss her dearly!

The ADAMHS Board will be welcoming **Felicia Harrison** as the New Chief Financial Officer on Monday, April 30, 2018.



Board of Directors

Eugenia Kirkland, LSW, MSSA, CDCA, *Chair* J. Robert Fowler, Ph.D., *Vice Chair* Pythias D. Jones, M.D. *Second Vice Chair*

Reginald C. Blue, Ph.D. Elsie Caraballo Rev. Benjamin F. Gohlstin, Sr., Cassi Handler Katie Kern-Pilch, ATR-BC,LPC-S Steve Killpack, MS Max M. Rodas, MA Sharon Rosenbaum, MBA Hugh B. Shannon Harvey A. Snider, Esq. Mary M. Step, Ph.D. Ericka L. Thoms

Scott S. Osiecki, Chief Executive Officer