

# ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT COMMITTEE MINUTES MAY 11, 2022

**Committee Members Present:** Katie Kern-Pilch, ATR-BC, LPC-S, Committee Chair, Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., J. Robert Fowler, Ph.D., Patricia James-Stewart, M.Ed., LSW / Other Board Members: Steve Killpack

**Absent:** None

**Board Staff Present:** Scott Osiecki, Chief Executive Officer, Joseph Arnett, Carole Ballard, Danielle Clark, Erin DiVincenzo, Cheryl Fratalone, Madison Greenspan, Felicia Harrison, Esther Hazlett, Bill Hebble, Charde' Hollins, Woo Jun, Leslie Koblentz, Linda Lamp, Samantha Maloy, Nancy Mundy, Vicki Roemer, Clare Rosser, Jessica Saker, Allison Schaefer, Starlette Sizemore, Michaele Smith, Maggie Tolbert, Leshia Yarbrough-Franklin, Nakia Yukas, Beth Zietlow-DeJesus

### 1. **Call to Order**

Ms. Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:04 p.m. Dr. Gregory X. Boehm read into the record the Committee Mission Statement: "The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families, and the community."

### 2. **Public Comment on Agenda Items**

No public comment on agenda items was received.

### 3. **Board Member Attendance Roll Call**

Due to the current public health orders surrounding COVID-19, and the Board's commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Planning & Oversight Committee meeting was held via a Zoom meeting. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the Board member attendance roll call.

### 4. **Approval of Minutes**

The Planning & Oversight Committee minutes of April 13, 2022 were approved as submitted.

### 5. **Presentations:**

#### **Providence House Crisis Nursery / Agency Overview:**

Ms. Erin DiVincenzo, Children's Behavioral Health Specialist, introduced Ms. Erin George, LISW-S, Family Services Manager, Providence House. Ms. George reported that the Mission of Providence House is that "Providence House protects at-risk children and supports families through crisis, strengthening communities to end child abuse and neglect." She also stated that their Vision is as follows: "Children everywhere are raised in safe, loving families free from abuse and neglect." Ms. George reported that Providence House is Ohio's first and one of the nation's largest and longest operating Crisis Nurseries, which includes a 30 bed campus (Crisis Nursery, Pediatric Crisis Nursery and Family Center). They were founded in 1981 and licensed since 1990 as a Children's Crisis Care Facility by Ohio Department of Jobs and Family Services and licensed as a Qualified Residential Treatment Program (QRTP), with nearly 10,000 children being served over the past 40 years. Providence House is a licensed, accredited, evaluated national model for child abuse prevention and family preservation through intervention, education and advocacy. Voluntary services for children ages birth-12 include the following:

- Stay for up to 60-90 days while parents/guardians go through various crises (homelessness, lack of childcare/employment, inpatient medical, substance use, or mental health services, domestic violence, etc.)
- Work with the parent/guardian while children receive emergency shelter and support to achieve goals.

Ms. George reported that the ADAMHS Board contracted with Providence House for their Emergency Shelter Program for families with children birth to 12 where the parent/guardian is seeking inpatient behavioral health or substance use treatment for up to 90 consecutive days. The Emergency Shelter is trauma-informed, voluntary, and provided at no cost to parents/guardians. They offer direct 24/7 care of children 0-12, developmental screenings and assessments as well as yoga, field trips and music therapy opportunities. Parents/guardians are provided with case management, referrals and an

opportunity to visit with their children, plus a 12-month voluntary wrap-around program. The services are provided through on-site and virtual service delivery methods to allow for engagement even while inpatient.

Ms. George reported that the services provided by Providence House include protecting children by providing for their physical, emotional, developmental and educational needs through the following:

- The Children's Emergency Shelter includes licensed, home-like settings in two houses supporting up to 30 children, aged newborn through 12 for up to 60 days, 90 in some circumstances.
- Children's medical care and monitoring is provided through the contacted nursing staff from MetroHealth Medical Center, which provide well-child exams and support care for children with medical needs.
- Children's direct care and services utilize an assigned childcare model that provides individual nurturing and developmental support.
- Public agency partnerships include emergency placement and children's shelter programs for children birth through five years of age.

Providence House supports families by connecting them to resources, cultivating nurturing practices and encouraging responsibility. Family preservation services include: 1) Individualized case management and referral, 2) Parent support and education and 3) Family trauma services. Community-based services include community referrals for basic need items, Community Education and Resiliency Program (CERP), and aftercare. The community referrals for basic need items include basic needs and infant/children's items that are provided for families working with partner agencies in the community. Items are distributed monthly to agency workers to support their client's needs. The CERP provides individualized case management, group education and trauma services that are delivered at partner agencies or virtually for cohorts of 6-10 parents, guardians and/or grandparents to prevent or deescalate crisis and build social supports. Aftercare is a voluntary, 12-month program for parents and guardians who have used the Crisis Nursery Programs. Support includes weekly, trauma informed group parent support sessions, access to basic needs items and individual case management sessions.

Families seek Providence House services from approximately 30 zip codes throughout the Greater Cleveland area. While most of the families that they serve are single, female headed households, 27% of families served had co-parents and five co-parents were engaged in their family preservation services. 88% of families supported live at or below the federal poverty line. The average annual income of the families utilizing their services is less than \$10,000 a year. 29% of the families served last year reported not having received any cash income in the previous month. Through their Trauma Screening process, they have identified that 69% of the parents and 62% of the children have experienced significant trauma and violence prior to receiving services, 61% experienced domestic violence, 21% experienced bullying, 18% experienced physical assault and 15% experienced sexual assault.

Over half of the families who engage in their services self-refer, however, Providence House received inquiries from over 60 agencies last year. Children are typically admitted by their parent or guardian; and the breakout is as follows:

- Hospital – 6%
- Other Social Service Agency – 18%
- Public/County Agency – 9%
- Self-referral – 67%

Typically, Providence House is able to support nearly 350 children on their 30 bed campus, but out of the 184 children that came, 40% had families who lacked resources to meet basic needs. 33% were from families seeking respite care (78% of respite admission had an overwhelmed parent and 19% of respite admissions were served to address family mental health needs). 31% were homeless or had unsafe housing. 23% had a family member with a medical crisis. 10% were victims of or witness to violence. These percentages do not add up to 100% due to families arriving at Providence House with multiple needs.

The results from Fiscal Year (FY) 2020 and FY 2021 include the following:

- 100% of children were reunited with their parent/guardian.
- 96% of families were fully engaged in services provided by Providence House.
- 99% of parents reported their bond with their child stayed the same or improved during their engagement with Providence House services.

- 89% of parents felt their family stability improved or stayed the same.
- 98% of parents strongly agreed or agreed that their overall experience was positive.

Ms. George referenced Providence House's East Side expansion; and responded to questions from committee members. Ms. Kern-Pilch shared that Dr. Fowler and herself would like to visit the facility prior to the location being fully operational. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

#### **Northern Ohio Recovery Association (NORA) / Care Alliance Agency Overview**

Ms. Leshia Yarbrough-Franklin, Adult Behavioral Health Specialist I, introduced the following representatives of NORA and Care Alliance, Ms. Anita Bradley, President and Chief Executive Officer, NORA, and Dr. Claude Jones, President and Chief Executive Officer, Care Alliance. Ms. Bradley reported that NORA was founded in 2004 and shared that NORA's mission is to empower individuals, families and communities to support lifestyles of recovery. Their values include integrity, excellence, self-care, social justice and teamwork. NORA's vision is to establish innovative care to support continued recovery of the communities they serve. She indicated that her personal belief is that "treatment should not be the same for everyone. People are different and we should afford them flexible interventions." Ms. Bradley reported that most people know that she is a person in long term recovery – having celebrated 32 years of recovery on May 8, 2022. She shared that one of the things that she learned early on is that "we deal with a very complex illness and we need very out of the box interventions to work with people." Ms. Bradley recognized the fact that Northern Ohio has a wonderful Recovery Community and that NORA should capitalize on this situation. Hence, NORA was birthed from this premise. I.e., System Support, Mentoring, Education.

Ms. Bradley shared that the ADAMHS Board funding streams currently include State Opioid Response (SOR) Peer Recovery Support, SOR Women Recovery Housing and pooled funding for Substance Use Disorder (SUD) Outpatient Services. She also shared that the services provided by NORA include the following:

- Recovery Housing
- Intensive Outpatient Services
- Non-intensive Outpatient and Aftercare
- Peer Recovery Support Services
- Women's Residential Treatment (Additional)
- Medication Assisted Treatment (MAT) (Additional)

Dr. Jones, an Internist by training, stated that Ms. Bradley and he have had the opportunity to work together to collaborate - to provide the integration of mental health and physical health services – for the provision of a warm hand-off on either side to change outcomes. Through the intake process and partnership with Care Alliance, the following services are provided:

- Primary Health Screening
- Assessment
- Treatment Plan
- MAT Services
- Group, Individual, Case Management, Crisis Intervention, Transportation
- Care Alliance Wrap Around Health Care

Ms. Bradley shared various statistics regarding gender enrollment, MAT compliance, client sobriety, ethnicity relapse rate, and drugs of choice for relapse; and reported on their highlights and barriers, which included the following:

1. They have met their client target each year and currently at 45-clients six months
2. Funding has allowed the organization to purchase two facilities
3. Funding has allowed for greater wrap around and ancillary services
4. In spite of COVID-19, the agency was able to continue service delivery
5. The Board's Grants Department, Clinical Team and Finance are efficient
6. The Board displayed great leadership over the last several years
7. Barrier: Client data shows clients are in need of job skills training
8. Barrier: Men are in need of treatment beds, for which they are working on

Ms. Bradley and Dr. Jones responded to questions from committee members. Ms. Kern-Pilch and Dr. Robert Fowler thanked the presenters and shared their appreciation for the services provided. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

#### **6. Child-Parent Psychotherapy (CPP) Training**

Ms. Charde' Hollins, Behavioral Health Prevention Specialist, reported that the goal of the Cuyahoga County Early Childhood Mental Health (ECMH) Program is to ensure children's optimal development and future success by addressing their early emotional, social, and behavioral concerns. The Cuyahoga County ECMH Program seeks to improve the health of young children and their families by expanding the practice capacity for 50 Early Childhood clinicians by offering a free training and supervision opportunity in CPP Certification. CPP is an intervention model for children aged birth-5 who have experienced traumatic events and/or are experiencing mental health, attachment, and/or behavioral problems.

CPP training will be available to interested ADAMHS funded ECMH providers as well as other county professionals looking to amplify their ECMH practice. System leaders, supervisors and direct staff serving children ages 0-5 will be encouraged to take the training and may apply through an application process. Through the ADAMHS Board, Invest in Children, and other community partner networks, special efforts will be made to market the opportunity to practitioners of color in the region, to increase the diversity of professionals able to address the community's needs. Training will be delivered in two separate cohorts, with 25 participants in each cohort. The first cohort will be Monday, May 23, 2022 through Thursday, May 26, 2022. This will be held virtually. The second cohort meeting date to be determined.

**Motion to accept funding in the amount of \$340,000 from the Mt. Sinai Foundation, Bruening Foundation and Woodruff Foundation for the Child-Parent Psychotherapy training program for the period of May 1, 2022 through December 31, 2023 to the Finance & Operations Committee.** MOTION: R. Blue / SECOND: G. Boehm / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / ABSTAIN: None / **Motion passed.**

#### **7. Cuyahoga County Division of Children and Family Services (CCDCFS) Treatment Foster Care/Kinship Care Pilot Contract Extension**

Ms. DiVincenzo reported that CCDCFS identified a critical need to expand its current foster care programming to include treatment foster homes, and the provision of timely individualized behavioral health interventions with children/youth stepping down from a residential placement or placed with a relative/kinship caregiver. CCDCFS staff requested the ADAMHS Board's assistance in developing a clinical model to support children and their families in foster care and relative/kinship placements. ADAMHS Board of Directors approved the release of a Request for Proposal (RFP) on March 28, 2018 to select a service provider for the Treatment Foster Care/Kinship Care Pilot. Catholic Charities was selected for the pilot.

The Treatment Foster Care Pilot is a pilot program that provides intensive home-based services using the Trust Based Relational Intervention® (TBRI®) model, an evidenced based and trauma-informed intervention and parenting model for children who have experienced relationship-based traumas. The staffing composition for the pilot includes licensed therapists and child welfare staff that participate in regular staffings, weekly team meetings, and training opportunities with CCDCFS staff regarding behavioral health and trauma-informed care while utilizing TBRI as a compliment. The clinical services provided are the following: Assessment & Screening, Therapeutic Interventions, Psychiatric Assessments and Pharmacological Services for ages 14 and older, Case Management and Care Coordination, and Crisis Intervention. Due to the limited number of homes identified, in addition to the delay in service provision, CCDCFS requested a contract extension to fully execute services to demonstrate the program's effectiveness. CCDCFS set a goal to license five treatment foster families by December 2022 through utilizing online training for recruitment. The original contract amount was \$251,000 and the balance of the contract is currently \$93,880. Approximately 25 clients will be served. Funding will be used to provide intensive clinical and supportive services.

**Motion to amend Resolution No. 21-05-04 to extend the Treatment Foster Care/Kinship Care Pilot with the Cuyahoga County Division of Children and Family Services for the period July 1, 2022 through June 30, 2023 and to extend the ADAMHS Board's contract with Catholic Charities to fully execute services approved through this contract to the Finance & Operations Committee.** MOTION: R. Blue / SECOND: P. James-Stewart / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / ABSTAIN: None / **Motion passed.**

### **8. Strategic Assessment of Youth Residential Resources**

Mr. Scott Osiecki, Chief Executive Officer, reported that as a part of Ohio Medicaid's effort to launch the next generation of Medicaid, the Ohio Department of Medicaid will implement OhioRISE (Resilience through Integrated Systems and Excellence), a specialized managed care program for youth with complex behavioral health and multi-system needs. In preparation for OhioRISE, Cuyahoga County, on behalf of its Division of Children and Family Services and Children First Council, ADAMHS Board, Juvenile Court, and Board of Developmental Disabilities will contract with Educational Services Center (ESC) of Northeast Ohio to provide a strategic assessment of youth residential resources in Cuyahoga County. ESC of Northeast Ohio will assess the youth residential capacity and develop an action plan to improve and increase capacity. There will be two contracts. A contract between Cuyahoga County, ADAMHS Board, Juvenile Court, and Board of Developmental Disabilities with ESC of Northeast Ohio which outlines the amounts each county entity will pay - Cuyahoga County to pay \$20,000, ADAMHS Board to pay \$10,000, Juvenile Court to pay \$10,000 and Board of Developmental Disabilities to pay \$10,000. Also, a contract between the ADAMHS Board and ESC of Northeast Ohio for the \$10,000. Funding will be used to assess the youth residential capacity and develop an action plan to improve and increase capacity in preparation of OhioRISE.

Representatives from Catholic Charities and DCFS were in attendance to respond to any questions Board members had.

**Motion to enter into a contract between Cuyahoga County, ADAMHS Board, Juvenile Court, and Board of Developmental Disabilities with Educational Service Center of Northeast Ohio for \$50,000 that outlines the amounts each county entity will pay and to provide a strategic assessment of the youth residential resources for OhioRISE: and enter into a contract with Educational Service Center of Northeast Ohio for \$10,000 for the term of June 1, 2022 through May 31, 2023 to the Finance & Operations Committee.** MOTION: G. Boehm / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / ABSTAIN: None / **Motion passed.**

### **9. Thrive Behavioral Class 2 Residential Facility Peer Seal of Quality Program**

Ms. Allison Schaefer, Adult Behavioral Specialist II (Residential), reported that in 2018, the ADAMHS Board implemented the Peer Seal of Quality Program to conduct home visits of the ACF's that have been awarded contracts to provide housing to individuals with mental illness funded through the Board's Residential Assistance Program (RAP). The Peer Seal of Quality Program was temporarily put on hold during Calendar Year (CY) 2020 and CY 2021 due to the Covid-19 pandemic. ADAMHS Staff temporarily conducted ACF visits during this time. Based on the success of the initial two years of the Peer Seal of Quality Program, and improving Covid-19 conditions, the ADAMHS Board is continuing the program. Thrive Behavioral Health Center, Inc. Peers will perform the home visits. During the home visits the Peers will perform a walk through and visual assessment of the residence, take photos, complete a checklist and provide a recommendation of a "Peer Seal of Approval." The home visit is not a licensing inspection – all of the homes will already be licensed by the Ohio Department of Mental Health and Addiction Services (OhioMHAS). The Peers will be looking for cleanliness, upkeep of the property (carpets, floors, cabinets, appliances, visual leaks, utensils, etc.), supply, availability and quality of food, clean sheets and towels, adequate toiletries, etc.

In 2022 the ADAMHS Board of Cuyahoga County developed a "preferred list" of Residential Assistance Program (RAP) Class 2 Residentials (also referred to as Adult Care Facilities or ACFs) to provide safe, decent and affordable housing for individuals living with mental illness. The Peer Seal of Quality for the ACFs Program is designed to help the ADAMHS Board with maintaining this process. Representatives from Thrive Behavioral Health Center, Inc., Mr. Brian Bailys, Chief Executive Officer, was in attendance to respond to any questions Board members had.

**Motion to enter into an agreement with Thrive Behavioral Health Center, Inc., to conduct home visits to the contracted ACFs as part of the Peer Seal of Quality for ACFs Program in an amount not to exceed \$3,000 for the term of June 1, 2022 through December 31, 2022 to the Finance & Operations Committee.** MOTION: R. Blue / SECOND: G. Boehm / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / ABSTAIN: None / **Motion passed.**

### **10. Diversity, Equity and Inclusion (DEI) in Behavioral Health Care Update**

Mr. Osiecki provided an update on the Diversity, Equity and Inclusion (DEI) Strategic Planning. He reported that the Board is entering its third month of DEI initiative planning, he will continue to provide an update at each meeting. As a reminder, the updates provided build upon the previous reports, so he will not be repeating the reports that were given in the previous months. The DEI in Behavioral Health Care Work Group met on Monday, May 2, 2022. During the meeting, the group finalized

its discussion on its name; and the group officially selected Eliminating Structural Racism Advisory Group to the ADAMHS Board. The group aligned on a sub-group structure, meeting schedule, and a statement describing their purpose:

- The Eliminating Structural Racism Advisory Group to the ADAMHS Board will serve as a partner to the Board. Their role will be to identify and address structural inequities with a focus on racism in the areas of workforce, health equity and data and research in the local mental health, addiction, and recovery network. Additionally, the group will advise the Board on the implementation of key strategies and actions of the DEI Strategic Implementation Plan.

Mr. Osiecki reported that the meeting also included two DEI learning topics led by Rice Education Consulting (REdCon), including metrics to help organizations prioritize DEI, and hiring practices to encourage diversity. Also, Ms. Clare Rosser, Chief of Strategic Initiatives, Ms. Starlette Sizemore, Director of Programs and Mr. Osiecki met with REdCon to discuss the development of a one page description of the plan outlining its goals and vision and how we could work together to further the implementation of the plan; as well as how the results are going to be measured. The ADAMHS Board is seeking community feedback on the draft through a survey that was issued on Thursday, May 5, 2022, which will remain open through Sunday, May 15, 2022. Ms. Rosser and Ms. Sizemore also conducted a focus group at the Life Exchange Center with individuals of lived experience to gather input of the draft plan. Ms. Carole Ballard, Director of Education and Training and Mr. Osiecki will be meeting with REdCon on Thursday, May 12, 2022, to discuss their electronic training capability; and the possible development of education and training modules for DEI, in addition to some other topics. A final plan is expected the week of Monday, May 30, 2022.

#### **11. New Business**

Mr. Osiecki reminded everyone that the ADAMHS Board's Annual Meeting Brunch, Awards Ceremony and Client Art Show, is scheduled for Monday, May 16, 2022, at the Cleveland Marriott East, 26300 Harvard Road, Warrensville Heights, Ohio 44122. He reported that the Board's Annual Report will be presented to the community and voted on by the Board of Directors.

Ms. Beth Zietlow-DeJesus, Director of External Affairs, shared that registration and the Art Show begins at 9:00 a.m., Welcome at 9:40 a.m., Brunch will be served at 9:45 a.m. and Speaker/Program begins at 10:30 a.m.

#### **12. Public Comment Period**

No public comment was received.

#### **13. Upcoming May and June Board Meetings:**

- Annual Meeting: May 16, 2022
- Finance & Operations Committee Meeting: May 18, 2022
- General Meeting: May 25, 2022
- Faith-based Outreach Committee Meeting: June 1, 2022
- Nominating Committee Meeting: June 8, 2022
- Planning & Oversight Committee Meeting: June 8 2022
- Finance & Operations Committee Meeting: June 15, 2022
- General Meeting: June 22, 2022

***There being no audience comment or further business, the meeting adjourned at 5:15 p.m.***

***Submitted by: Linda Lamp, Executive Assistant***

***Approved by: Kathleen Kern-Pilch, ATR-BC, LPC-S, Planning & Oversight Committee Chair***