

## Cuyahoga County Announced Phase One of Opioid Crisis Mitigation Plan Related to Opioid Lawsuit Settlement Dollars

In the first wave of opioid lawsuit settlements, Cuyahoga County received approximately \$23 million. County Executive **Armond Budish** and County Council President **Dan Brady** worked with the ADAMHS Board, local treatment providers and hospitals to create phase one of the Opioid Mitigation Plan to assist in combatting the opioid epidemic.

The **Cuyahoga County Opioid Crisis Mitigation Plan** is investing the County's settlement money in evidence-based, impactful programs with a focus on prevention, treatment and recovery. The ADAMHS Board received approximately \$10.5 million that will be used to expand treatment capacity and relapse prevention programs. In partnership with the County, the ADAMHS Board is providing:

- Approximately \$5.4 million to **Stella Maris** for an additional 32 residential treatment beds and for the expansion of its Partial Hospitalization and Intensive Outpatient program (IOP). The residential treatment beds will serve approximately 260 additional clients. The expansion of the Partial Hospitalization and IOP will serve approximately 312 additional clients.

- \$2 million to **St. Vincent Charity Medical Center's Rosary Hall** to expand peer support programs, which will serve approximately 2,000 individuals; and, the expansion of the hospital's Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP), to serve approximately 250 individuals on an annual basis.

- \$3 million to the **Thrive ED** program, an innovative program that links individuals in an emergency room that survive an overdose to immediate withdrawal management, treatment and other recovery support services. The funding will extend the Thrive ED program at **MetroHealth** and expand this service to other area hospitals, including the **Cleveland Clinic** and **University Hospitals**. *(continued on page 2.)*



*(l-r) Carrie Lang, Project Coordinator for St. Vincent Charity Medical Center; Scott S. Osiecki, ADAMHS Board CEO; Thom Olmstead, Director of External Affairs for St. Vincent; Orlando Howard, Director of Outpatient Treatment Services & Director of Quality Improvement for Rosary Hall at St. Vincent*

## Board Members and Staff Attended Mental Health and Addiction Advocacy Coalition (MHAC) 16<sup>th</sup> Annual Public Officials Breakfast

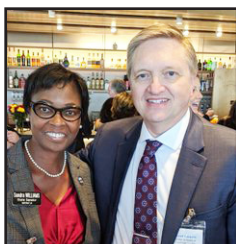
Board Members and staff attended the **Mental Health and Addiction Advocacy Coalition (MHAC) 16<sup>th</sup> Annual Public Officials Breakfast** on October 11 at Nuevo Restaurant. At the breakfast, attendees heard a recovery story from a young woman who is a suicide attempt survivor and from the brother of a man who died by suicide.

*Scott S. Osiecki, CEO and Representative Kent Smith*



*(l-r) Sharon Rosenbaum, ADAMHS Board Member; Senator Matt Dolan; Armond Budish, County Executive; and Scott S. Osiecki, CEO*

*Senator Sandra R. Williams and Scott S. Osiecki, CEO*



*Senator Nickie J. Antonio; Megan Van Voorhis, MHAC Board Member; The Honorable Emanuella Groves; and Representative Bride Rose Sweeney*



*(l-r) Scott S. Osiecki, CEO; County Councilwoman Yvonne M. Conwell; City Councilman Kevin Conwell; and Cleveland City Council President Kevin J. Kelley*



## Scott S. Osiecki Requested an Additional \$5.1 Million from the County for Crisis Services and the Residential Assistance Program

Scott S. Osiecki, CEO, presented a request for an additional \$5.1 million dollars to the Cuyahoga County Council Committee of the Whole on October 17, 2019.

Scott requested \$2 million in additional funding to bolster crisis services provided by **Frontline Service**, specifically the 24-hour Suicide Prevention, Mental Health & Addiction Crisis, Information and Referral Hotline and the mobile crisis teams. Cuyahoga County has seen the largest number of deaths by suicide since 1985, with 211 lives lost in 2018 and more than 194 deaths so far in 2019. He reminded council that crisis services are available to every resident in Cuyahoga County at no cost. The \$2 million in additional funding will be used to restore a \$1 million cut made by a previous administration in 2018 and support and increase the workforce at Frontline to ensure adequate staffing levels and competitive salaries to retain crisis workers. The additional funding and staffing would allow nearly 1,000 more individuals to receive crisis services and assessments in-person, via the phone or chat. It would also reduce the wait time for face-to-face assessments made by the mobile crisis teams.

Scott also asked Council to consider providing \$3.1 million for the Board's Residential Assistance Program (RAP), which provides \$1,100 per month per client for room and board at Adult Care Facilities or Group Homes, and \$200 in spending money for adults living with mental illness, while they wait for other federal and state benefits. Housing is a basic need and without a place to call home, clients may be living on the streets, in shelters or moving in and out of the homes of friends and family. Additional funding for this program would be used to restore cuts and reopen the RAP program to serve approximately 200 new adults living with mental illness.

## Phase One of Opioid Crisis Mitigation Plan (continued from page 1)

**MetroHealth** and the **Cuyahoga County Division of Children and Family Services** will also receive settlement dollars. MetroHealth will receive \$1,772,000 to treat and serve addicted inmates at the County Jail. They will also receive \$931,000 to create an opioid treatment program unit at the jail, which will be federally licensed to treat opioid use disorder with methadone and buprenorphine. The Cuyahoga County Division of Children and Family Services will receive \$3.5 million to expand its Sobriety, Treatment and Recovery Teams (START) program. START ensures the safety of mothers and newborn children who have confirmed chemical dependency problems. Funding will be used to increase staff as data shows that mothers involved in START are 1.8 times more likely to achieve sobriety through the program. The County is investing in prevention education for students, expanding **drug courts**, providing money to the **Medical Examiner's** office for additional resources and putting aside \$2.5 million to invest in a diversion program in 2020 that would allow low-level drug offenders to seek support, services and recovery.

The ADAMHS Board is looking forward to working with community partners to make further headway in the opioid epidemic. **Scott S. Osiecki** said, "We must continue to focus on expanding prevention and treatment to support long-term and sustainable recovery for individuals living with substance use disorders. We know that recovery is a powerful transformation not only for individuals living with substance use disorders, but also for our community."

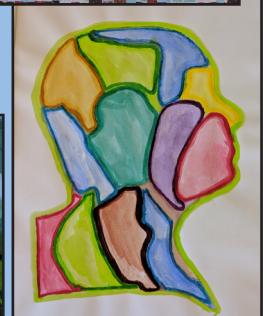


(l-r) Dr. Ted Parran, Co-associate Medical Director, Rosary Hall at St. Vincent Charity Medical Center; Carol Martin, Director of Finance, Stella Maris; Susan L. Gragel, Stella Maris Board President; Bridgette Lewis, COO, Thrive Peer Support; Brian Bailys, CEO and CFO, Thrive; Scott S. Osiecki, ADAMHS Board CEO; Armond Budish, County Executive; and Daniel Lettenberger-Klein, Executive Director, Stella Maris

### This Month's Art Display

October's art display features artwork by clients at **Jewish Family Service Association of Cleveland**.

Thank you to the artists for sharing their work with us!



## Roads to Recovery Conference '19

The Roads to Recovery '19: Navigating Person-Centered Care... Recovery, Resiliency and Beyond Conference took place on Monday, October 21 at the Cleveland Airport Marriott Hotel. Scott S. Osiecki, CEO, welcomed the 360 individuals in attendance, including clients, family members, provider agencies and individuals working in the behavioral health field.

Attendees enjoyed a keynote presentation from **Dakota L. King-White, Ph.D., LPC, LPSC** who spoke about trauma-informed approaches to strengthen our communities. **Improbable Players**, an organization that uses theater performances and workshops to address addiction, alcoholism and the opioid epidemic, performed during the lunch plenary session at the conference. Attendees had 33 other workshops to choose from throughout the day.

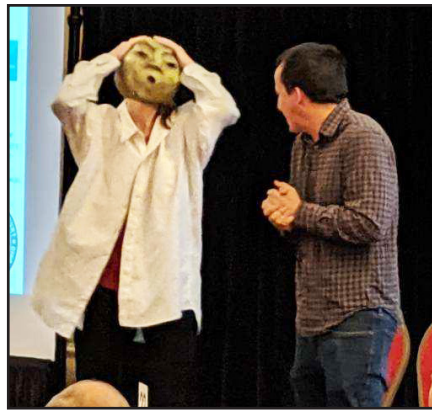
Thank you to all of the attendees, presenters and sponsors who made this year's conference a success!



Thank you to staff who helped with registration and moderating sessions. The conference would not be possible without them!



Keynote speaker Dakota L. King-White, Ph.D., LPC, LPSC during her keynote presentation on trauma and its impact on our communities.



Improbable Players actors performed a skit during the lunch session. Rev. Benjamin F. Gohlstin, Sr., Board Chair, introduced the Improbable Players and had a fun time starting off the skit!



A big thank you to Board Members who attended the conference, including Board Chair Rev. Benjamin F. Gohlstin, Sr. and Board Members Elsie Caraballo; Sharon Rosenbaum, MBA; Bob Fowler, Ph.D. and Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA).



Conference attendees participate in a chair yoga activity at the start of one of the afternoon break out sessions.



Thank you to all of this year's co-sponsors and vendors! There were over 40 vendor at the conference!

## ***Beth Zietlow-DeJesus Presented on the Opioid Epidemic to the Cleveland City Council Health and Human Services Committee on Behalf of the Cuyahoga County Opiate Task Force***

On behalf of the **Cuyahoga County Opiate Task Force**, Co-chair **Beth Zietlow-DeJesus**, ADAMHS Board Director of External Affairs, updated the **Cleveland City Council Health and Human Services Committee** on the opioid epidemic in Cuyahoga County on Monday, October 7.

The presentation included the evolution of the opioid epidemic from pills to heroin and then to synthetic opioids, such as fentanyl and carfentanyl, which are now being found in other drugs such as powdered and crack cocaine. The most recent evolution has increased accidental overdose deaths for African American males by more than 30 percent. As the epidemic evolved so did responsive actions in the community including an increase in detox and treatment beds, increased access to Naloxone, and expansion of medication assisted treatment for opioid use disorder.

**Orlando Howard**, Director of Outpatient Treatment Services & Director of Quality Improvement for Rosary Hall at **St. Vincent Charity Medical Center** addressed the Council on innovative ways by which the hospital has helped patients overcome barriers to treatment. These services included, legal assistance, transportation, walk-in detox and family education programs. He captivated the attention of City Council with his heartfelt speech about the transformation that comes with recovery.

Beth and **Lamont Bell** from **Urban Kutz Barbershop** provided information to the Council about a fentanyl awareness campaign and grassroots fentanyl test strip distribution. The presentation also included the importance of community-wide collaborations, data sharing and having voices of recovery involved in decision making. Beth also shared information about the Overdose Data to Action grant, which was awarded to the **Cuyahoga County Board of Health** in the amount of \$13.2 million to help combat the opioid epidemic by increasing surveillance, interventions for high risk areas and at-risk individuals, incorporating evidence-based prevention.

**Hispanic UMADAOP** provided testimony from **Hector**, a person in recovery, who shared his struggles with opioid addiction and the services that are helping him in recovery. The Council thanked Hector for sharing his story and for helping them see firsthand how this crisis is affecting the community. The Council expressed interest in becoming stronger advocates and asked the group to provide recommendations and further education in each of their communities. Everyone in attendance was thanked for their continued efforts on this epidemic.

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## ***ADAMHS Board and MetroHealth Provided Testimony in Support of Senate Bill 59***

**Senator Nickie J. Antonio** proposed Senate Bill 59, which requires the State Board of Pharmacy to educate pharmacists, pharmacy technicians and other pharmacy employees about the law authorizing Naloxone to be dispensed without a prescription. On September 25, **Beth Zietlow-DeJesus**, ADAMHS Board Director of External Affairs and **Dr. Joan Papp** from the **Office of Opioid Safety at MetroHealth**, provided testimony in support of this bill to the **Ohio Senate Health, Human Services and Medicaid Committee**.

Ohio Revised Code (4729.44) allows for pharmacies to dispense the life-saving opioid overdose reversal drug, Naloxone, without a prescription. There are still many pharmacists and pharmacy employees who are unaware of this law. Senate Bill 59 would require the Board of Pharmacy to provide education about dispensing Naloxone without a prescription to all pharmacy employees. Access to naloxone is life-saving. Better access to Naloxone will directly impact the number of lives saved. Families and friends of persons with substance use disorders should not be faced with additional stigma when entering a pharmacy to purchase naloxone. Education provided by the Pharmacy Board to pharmacy employees will help ensure that never happens.

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## ***Board Members Sworn-in at the Last General Meeting***

**Max M. Rodas, MA** and **Crystal L. Bryant, Esq., MS, LSW** were both sworn-in at the General Board Meeting on September 25. Max M. Rodas, MA, was reappointed by the Cuyahoga County Executive **Armond Budish**. Mr. Rodas was appointed two years ago to fill a vacant seat. His new term lasts until June of 2023.

Crystal L. Bryant, Esq., MS, LSW, is a new Board Member who was appointed by the Cuyahoga County Executive to fill a vacant seat until the term expires in June of 2020. Ms. Bryant is Director of the **Cuyahoga County Office of Reentry**, an organization whose primary role is funder of comprehensive services for the formerly incarcerated population. She has licenses in law and social work, and previously held a position as an Assistant Prosecuting Attorney with the **City of Cleveland**. She sits on several other boards in the community.



*(l-r) Crystal L. Bryant; Kelli Perk, Assistant Prosecuting Attorney for the Cuyahoga County Prosecutor's Office who administered the Oath of Office; and Max M. Rodas*

### **Board of Directors**

**Rev. Benjamin F. Gohlstin, Sr., Chair**  
**Eugenia Kirkland, LSW, MSSA, CDCA, Vice Chair**  
**J. Robert Fowler, Ph.D., Second Vice Chair**

**Reginald C. Blue, Ph.D.**

**Gregory X. Boehm, M.D.**

**Crystal L. Bryant, Esq., MS, LSW**

**Erskine Cade, MBA**

**Elsie Caraballo**

**Gwendolyn A. Howard, LSW, MSSA**

**Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA)**

**Steve Killpack, MS**

**Max M. Rodas, MA**

**Sharon Rosenbaum, MBA**

**Harvey A. Snider, Esq.**

**Mary M. Step, Ph.D.**

**Scott S. Osiecki, Chief Executive Officer**

## Meeting Regarding Competency Restoration

In his role as the Chair of the **Ohio Association of County Behavioral Health Authorities'** (OACBHA) Governance Committee, **Scott S. Osiecki**, CEO, participated in a meeting on October 4 with state legislators to discuss Substitute Senate Bill 58, the Misdemeanor Competency Restoration Proposal. Substitute Senate Bill 58 is sponsored by Ohio Senator **Theresa Gavarone** (R), representing the 2<sup>nd</sup> District. The meeting was attended by Senator Gavarone, Scott and other County Board Directors, and OACBHA staff members.

The bill would amend the current legislation regarding competency restoration for individuals who commit misdemeanors and allow individuals to be treated in the community rather than the State Psychiatric Hospitals, offer an initial examination through electronic means and requires the examiner to consider the housing needs and available mental health treatment available to the individual in the community that they reside.

## Jenita Simmons Shared Her Recovery Story at EATON Corporation on World Mental Health Day

**Jenita Simmons**, receptionist at the ADAMHS Board, shared her journey to recovery at a World Mental Health Day event held by **EATON Corporation**. Jenita told the audience that she went to the doctor for help because she felt like she was surrounded by a dark cloud at all times and was physically sick. She later said "Today, I truly feel that the dark cloud hasn't lifted completely, but there is a lot of sunshine now, too. I have hope and I can go about my life feeling good about it. Recovery is truly beautiful." She encouraged people in the audience to share their stories to reduce stigma and possibly help someone else open up about their struggles. Jenita is a powerful advocate for recovery and illness management. She received high praise from the attendees for her courage, self-care and success.

Jenita's presentation was part of *Strive for Change*, EATON's yearlong focus on mental health and stigma reduction. **Uday Yadav**, President and Chief Operating Officer of the Electrical Sector at EATON, shared his own mental health struggles with EATON employees in 2018. His story inspired the *Strive for Change* theme at EATON this year. (Story continued above.)

(continued) Twenty-one EATON sites from across the nation watched Jenita speak remotely. Video of her story is also available on the company's intranet, internal social media site and was given to all HR professionals in the organization to share with their divisions.

## Board Chair and CEO Spoke to the Faith-based Community About Mental Health and Addictions

Continuing to build partnerships with the faith-based community, **Rev. Benjamin F. Gohlstin, Sr.**, Board Chair and **Scott S. Osiecki**, CEO, participated in several meetings with clergy organizations. They visited **United Pastors in Mission, East Cleveland Concerned Pastors, Baptist Ministers Conference/ Cleveland Clergy Coalition, and Baptist Pastor Council**.

Both Rev. Gohlstin and Scott shared handbooks specifically designed for Clergy that were created by **SAMHSA**. The handbooks offer tips on how to assist individuals and family members dealing with mental health and substance use disorders in congregations.

Scott also spoke about mental health and addiction as well as the various trainings, such as QPR and de-escalation techniques that the Board can offer the clergy, their staff and the congregations. **Carole Ballard**, Director of Training and Education, provided a QPR training at **Starlight Baptist Church** to the clergy and senior group on October 24. She was also contacted by **Rev. Smith** from **Sanctuary Baptist Church** and will be providing a presentation on de-escalation as part of the church leadership retreat on November 30.

## ADAMHS Board Received Award from Magnolia Clubhouse

The ADAMHS Board received a **Partner in Employment** award from **Magnolia Clubhouse** at the *Celebrating Employment*

event on October 18. Several participants in Magnolia Clubhouse's employment program have come to work at the front desk at the ADAMHS Board to gain needed work experience. Thank you to Magnolia Clubhouse for this award!



Scott S. Osiecki, Tami A. Fischer and Danielle, a Magnolia Clubhouse Worker at the ADAMHS Board with award.

## Edna House Race



Several staff members ran in the Edna House Race held at Edgewater Park on October 6. (l-r) Jacob Rosebrock, Joseph Arnett, Linda Lamp Jess Saker and Melenie Colón.

## ADAMHS Board Members and Staff Attend Several Luncheons

On October 18, several staff members attended the **Centers for Families and Children 2019 Benefit Luncheon**. Attendees heard from keynote speaker **Stephanie Land**, author of *Maid: Hard Work, Low Pay and a Mother's Will to Survive*.

On October 25, staff and board members attended the **Center for Community Solutions Celebration of Human Services**. During the lunch program, attendees heard from the **Honorable Michael J. Ryan**, Judge for **Cuyahoga County Juvenile Court**. Judge Ryan shared how resiliency and support helped him overcome the trauma he experienced in childhood because of domestic violence, neglect and family members' struggles with addiction. We applaud Judge Ryan for having the courage to share his story of resiliency in the hopes of helping others.



(l-r) Jacob Rosebrock, AmeriCorps VISTA Member; The Honorable Michael J. Ryan; and Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA), ADAMHS Board Member at the Center for Community Solutions Celebration of Human Services.

**"No matter what people tell you, words and ideas can change the world."  
— Robin Williams,  
American Actor, 1951 - 2014**

## Welcome, Chardé!

**Chardé Hollins** started in September as the new Behavioral Health Prevention Specialist. Chardé earned her Bachelor of Arts in Spanish and Social Work from **Oakwood University**, a historically black university in Alabama. She earned her Master of Social Work from **Cleveland State University**. Chardé has a strong background in behavioral health and prevention having worked for the **Ohio Department of Youth Services** at the **Cuyahoga Hills Juvenile Correctional Facility, Beech Brook, Ohio Guidestone** and the **Cleveland Clinic**. She has experience in everything from counseling and case management to crisis and school-based services.

Chardé is excited to be in her new role with the ADAMHS Board working alongside staff and providers to strengthen Cuyahoga County's prevention efforts. In her free time, Chardé enjoys singing, traveling and family time. She can be reached at 216-241-3400 ext.718 or email to [hollins@adamhsc.org](mailto:hollins@adamhsc.org). Welcome aboard, Chardé!



Chardé Hollins

## Suicide Prevention Month Efforts Were a Huge Success!

The ADAMHS Board and the **Cuyahoga County Suicide Prevention Coalition** participated in a QPR-A-Thon and Charity Spotlight Campaign during Suicide Prevention Awareness Month in September.

Question, Persuade, Refer (QPR) is a suicide prevention training that educates the community on how to help someone struggling with suicidal thoughts. The ADAMHS Board joined several other counties across the state in a QPR-A-Thon that was designed to train as many people as possible in this effective suicide prevention practice. The ADAMHS Board and its partners held 17 trainings that reached 304 people.

As a result of the Charity Spotlight Suicide Prevention Awareness Campaign the 24-hour Suicide Prevention, Mental Health & Addiction Crisis, Information and Referral Hotline received 1,348 calls, a 5% increase over last year's September call numbers.

In addition to these efforts, a family member requested that donations be made to the ADAMHS Board in honor of a loved one who passed away. This effort resulted in \$930 being donated to enhancing suicide prevention efforts in Cuyahoga County. We wholeheartedly thank the family for this generous donation.

## ADAMHS Board Fall Training Institute

The ADAMHS Board offers trainings year-round to help behavioral health professionals earn necessary CEUs/RCHs. The following trainings are being offered in the Fall Training Institute:

November 1: **Texting, Sexting, Addiction and the World of the Internet** [falltexting.eventbrite.com](http://falltexting.eventbrite.com)

November 7: **Spiritual Caregiving for Clients with Mental Health and Substance Use Disorders** [fallspiritual.eventbrite.com](http://fallspiritual.eventbrite.com)

November 8: **Domestic Violence: Awareness, Indicators, Prevention and Treatment** [falldomesticviolence.eventbrite.com](http://falldomesticviolence.eventbrite.com)

November 14: **Applying Incentives & Sanctions Correctly in the Drug Court Setting** [fallincentives.eventbrite.com](http://fallincentives.eventbrite.com)

November 18: **Communications Training for Prevention Professionals** [fallpreventiontrainings.eventbrite.com](http://fallpreventiontrainings.eventbrite.com)

November 19: **Conflict Management Training for Prevention Professionals** [fallpreventiontrainings.eventbrite.com](http://fallpreventiontrainings.eventbrite.com)

November 20: **Applying the Skills Training for Prevention Professional** [fallpreventiontrainings.eventbrite.com](http://fallpreventiontrainings.eventbrite.com)

December 5-6: **Mental Health First Aid** (must attend both days of training) [fallfirstaid.eventbrite.com](http://fallfirstaid.eventbrite.com)

December 9: **Beyond Trauma Informed Care with At-Risk Youth: Healing Individual and Collective Trauma** [fallbeyond.eventbrite.com](http://fallbeyond.eventbrite.com)

December 10: **Supervision and Ethics in the Helping Profession** [fallsupervision.eventbrite.com](http://fallsupervision.eventbrite.com)

December 19: **Verbal De-escalation Skills** [fallverbal.eventbrite.com](http://fallverbal.eventbrite.com)

To review the Fall 2019 Workshop Schedule, visit [www.adamhsc.org](http://www.adamhsc.org). Please be sure to read through the *important information* section on page one of the workshop schedule before registering for a training.

### Upcoming Events

#### Meet Your Legislator Series: Representative Crossman

November 18, 10:00 - 11:00 am Ohio Room  
Register: [mylnov.eventbrite.com](http://mylnov.eventbrite.com)

#### Client Holiday Party

December 11, 12:00 - 2:30 pm  
Hilton Garden Inn Downtown

## Mental Health Specialized Docket Art Show Held at the ADAMHS Board

The **Cleveland Municipal Court's Mental Health Specialized Docket** hosted its second annual art show on October 10 at the ADAMHS Board. There were nearly 100 pieces of art on display and live music from Councilman **Kevin Conwell's** band **Footprints**. Everyone had a nice time celebrating art's role in the healing and recovery process.

Thank you to Cleveland Municipal Court for holding the art show at the ADAMHS Board again this year!



The Honorable Emanuella Groves (left) and Scott S. Osiecki (right) posed for a photo at the art show in front of a banner created by artists that reads, *Find Your Passion*.



Just a small sample of the great artwork that was on display! Thank you to all of the artists for sharing their talents with us!