



ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

Abstract
Summary of the Faith-Based Prevention and Treatment Programs
In 2022, Quarter 1
Supported by the ADAMHS Board of Cuyahoga County

Faith-Based Programs Performance Outcomes 2022 Quarter 1 Report
Faith-Based Outreach Committee Meeting
June 2022

The table below show for the Faith-Based providers the counts of the actual number of clients served in the first quarter of 2022. Some of the program participants have been involved with their program for multiple quarters and they are counted once in the first quarter of their program participation of the year.

Provider	# Individuals Q1 Served	# Individuals Q2 Served	# Individuals Q3 Served	# Individuals Q4 Served	Total Individuals Served in Q 1 - 4	Expected Annual Total
99Treasures Arts & Culture	58	0	0	0	58	200
Far West Center - Bridges	0	0	0	0	0	45
Far West Center - Mental Health First Aid	0	0	0	0	0	24
Galilean Theological Center	0	0	0	0	0	40
Kingdom Development Consulting Inc.	6	0	0	0	6	150
Naaleh Cleveland	32	0	0	0	32	40
NAMI - Mental Health First Aid	0	0	0	0	0	10
NAMI Education & Awareness Program	0	0	0	0	0	90
Ohio GuideStone	27	0	0	0	27	115
Trinity Outreach Ministries – Another Chance of Ohio	84	0	0	0	84	150
Total	207	0	0	0	207	864

Due to program differences and ages of program participants, several measurement instruments are used. The DESSA instrument is designed for school age children. The DARS instrument is designed for adults. Both the DESSA and the DARS require an assessment at the beginning of a program as well as at the end of the program so that a measure of improvement can be shown. The Mental Health First Aid (MHFA) and the Awareness & Education Programs use quizzes to confirm that program participants have substantial knowledge about the program area.

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Program Outcome Type	# Individuals First Time Served				
	Q1	Q2	Q3	Q4	Total
DESSA	121	0	0	0	121
DARS	86	0	0	0	86
MHFA	0	0	0	0	0
Awareness & Education	0	0	0	0	0
Total	207	0	0	0	207

Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-Based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a Pre assessment with a Post assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K – 8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; Social-awareness; Self-management; Relationship skills; Goal directed behavior; Personal responsibility; Decision making skills, and Optimistic thinking.

The scoring of the several competencies can be broken down into three categories:

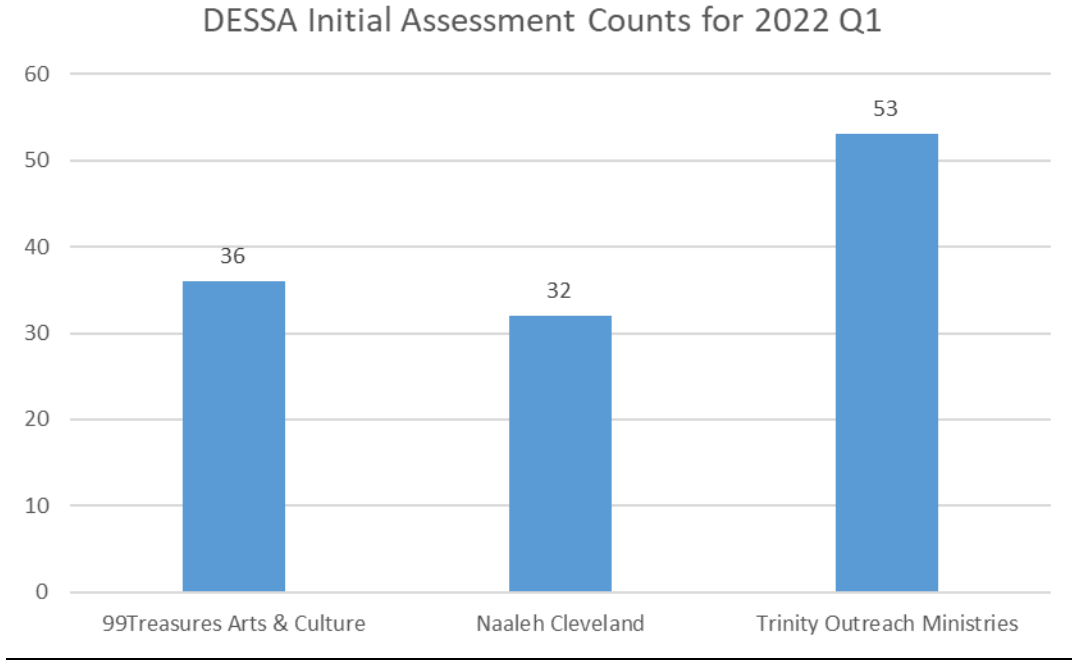
1. **“Strengths”** showing children doing well
2. **“Typical”** positive behaviors for children
3. **“Need for Instruction”** to further develop social and emotional skills

Presently, the Board is receiving results of the DESSA MINI instrument that screens across the eight social-emotional competencies to identify generally whether children are in need for further social-emotional instruction. The expectation is that the programs provided by the four faith-based service providers using the instrument will show growth in social-emotional maturity which may be attributed to their programs. The following charts show a breakdown of various measures collected from DESSA including numbers of DESSA submitted, numbers of clients having both the Pre assessment DESSA and the Post program DESSA assessment, and changes from Pre to Post assessments.

DESSA Submissions

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The chart below shows the number of clients who began services at each of the three providers who used the DESSA social emotional learning instrument in the first quarter. A fourth provider, Kingdom Development Consulting Inc., has begun to use DESSA in the second quarter of 2022 and is not reported here.



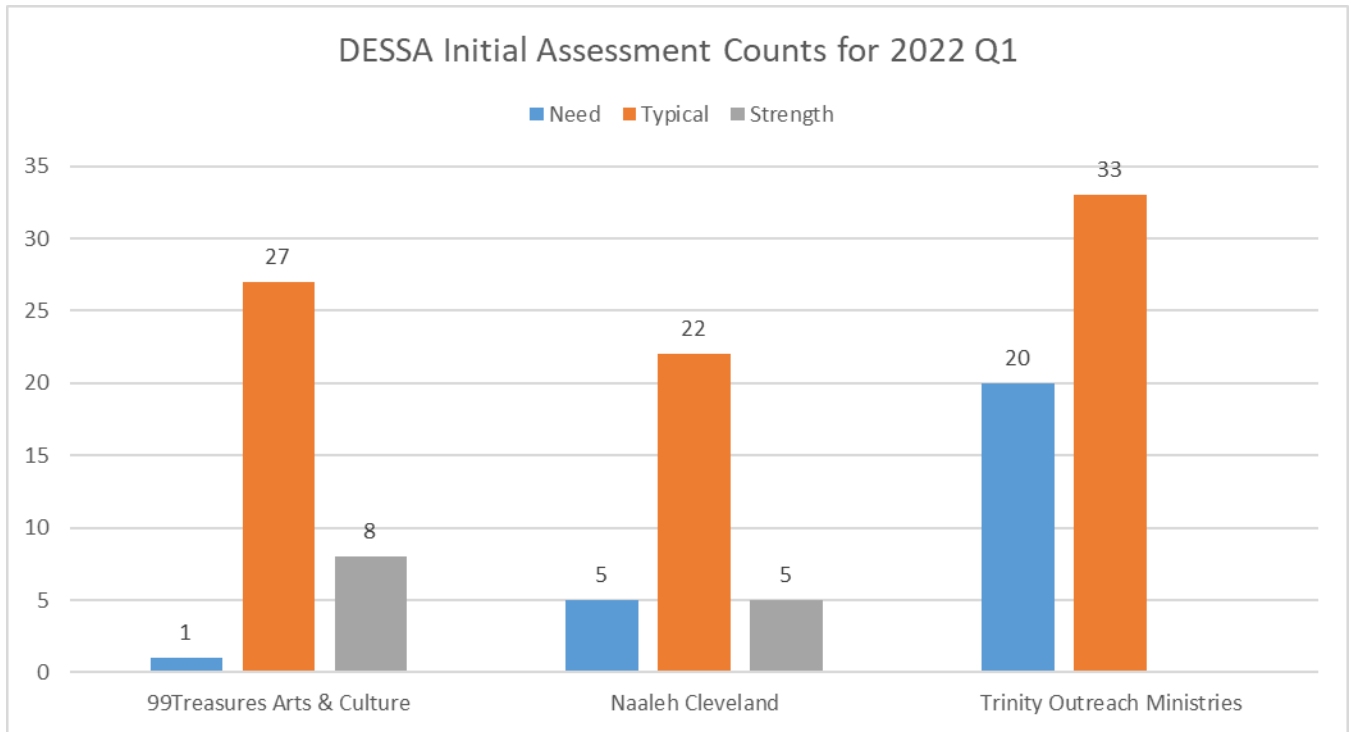
DESSA Pre/Post Submissions

This year, none of the three providers collected second DESSA assessments within the first quarter of 2022. We expect the second assessments to be collected in subsequent quarters. Comparisons of pre and post assessments will be included in subsequent quarterly reports.

DESSA Individual Agency Outcomes

The following chart shows counts for the pre assessments separately for each provider. Note the difference in the starting points for the three providers with Trinity Outreach Ministries showing greater need in social emotional learning.

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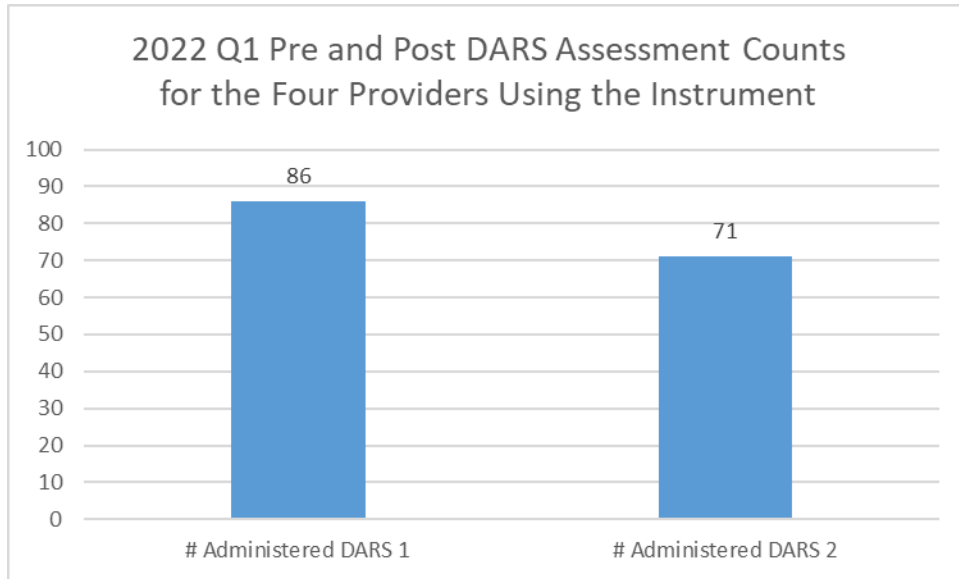
Devereux Adult Resilience Survey (DARS) Outcomes

The Faith-Based Program for adults demonstrate resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

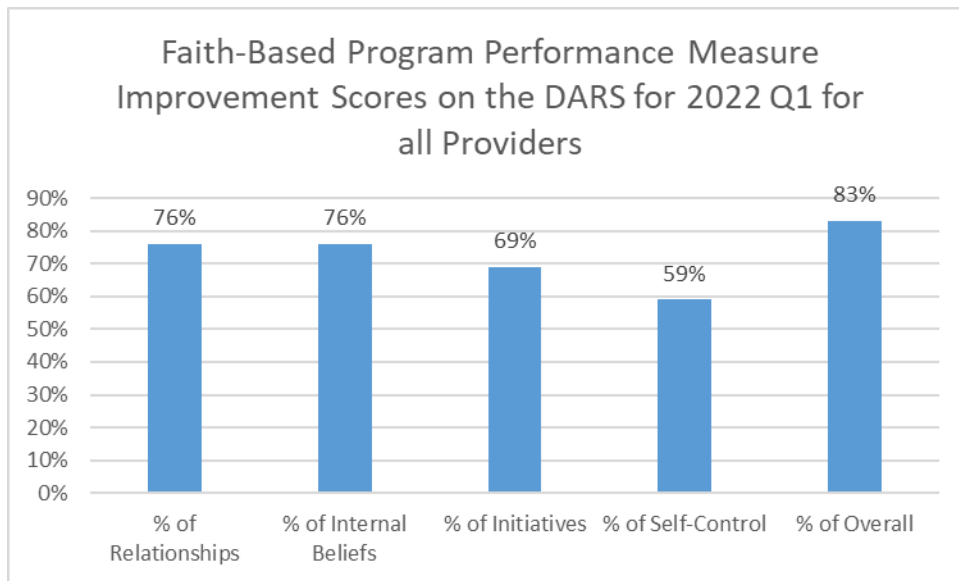
- Will gain knowledge to develop healthy relationships
- Will learn skills to increase self-worth to enhance internal beliefs & values
- Will learn strategies to develop/enhance self-motivation to increase independence
- Will learn how to self-regulate & control without the use of substances and negative influences.

Note that over 82% of adults who did an initial DARS assessment completed the second DARS assessment within the first quarter.

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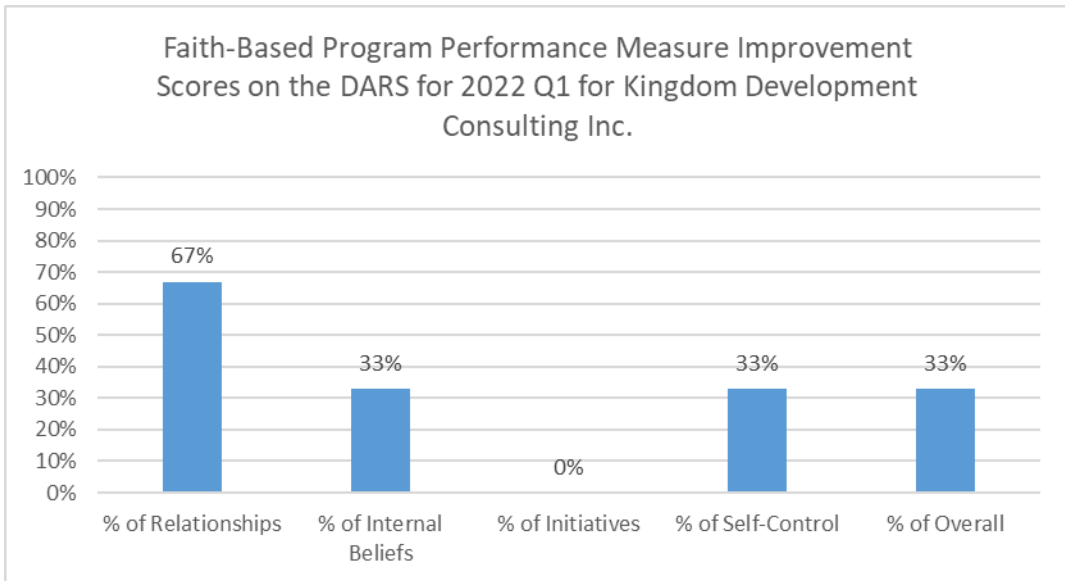
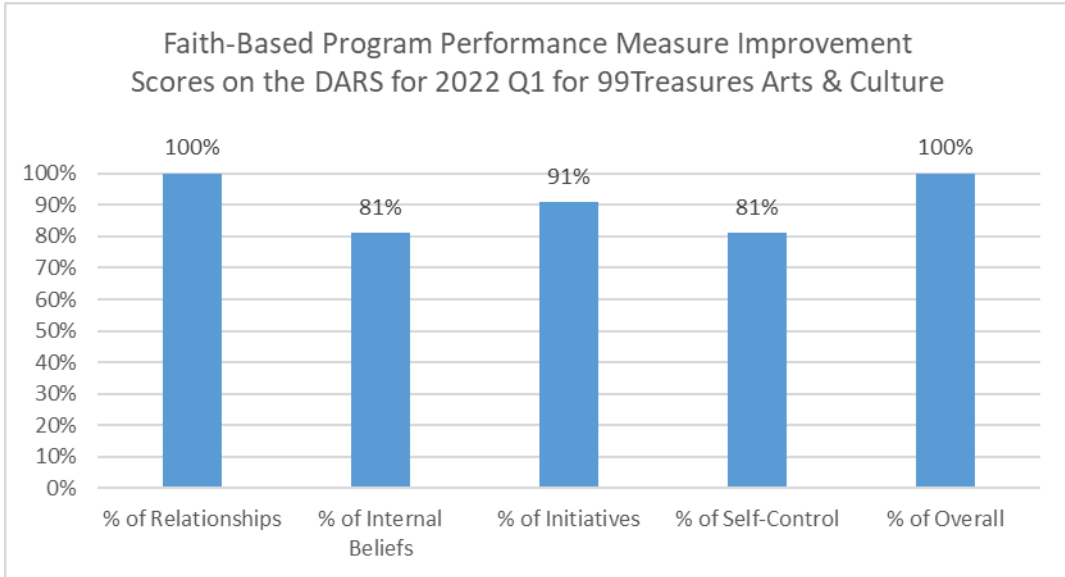


The Board has set a lower threshold of 60% for showing improvement on the DARS subscales. As is seen below, three of the subscales exceeded the threshold and one just missed it. Overall, there was improvement in measured resilience among adults in the four programs.

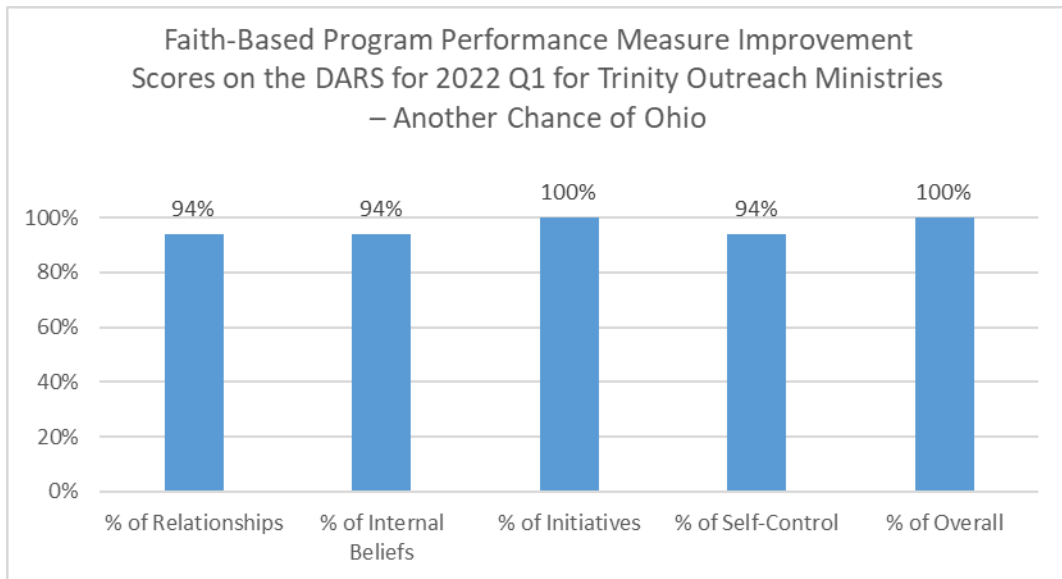
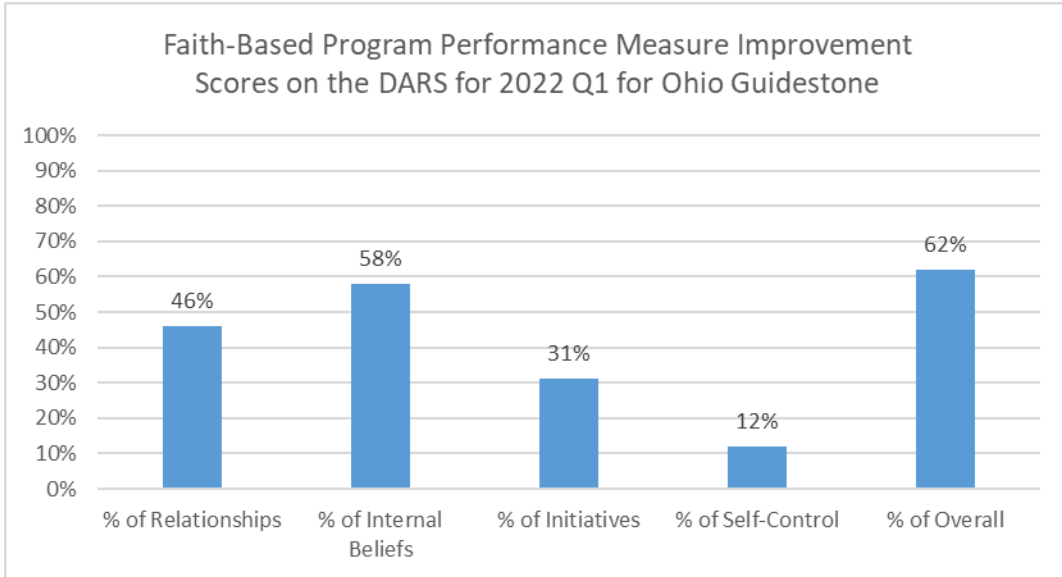


DARS Individual Agency Outcomes

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Mental Health First Aid Individual Agency Outcomes

Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a Faith-Based Program provider are expected to complete successfully the course evaluation/quiz and score at least 60% based on the following topics:

- Helpful Things to Say
- Myths and Facts- Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders

Two programs plan to deliver programming in 2022, Far West Center and NAMI Greater Cleveland. Neither program offered classes in the first quarter of 2022.

Education and Awareness Outcomes

Three programs focus on education and awareness.

- Far West Center - Building bridges between the faith community and behavioral health providers.
- NAMI Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- Galilean Theological Center- Prepares Spanish speaking clergy to work with people needing assistance with substance use disorder (SUD) or prevention of SUD.

All three programs plan to or have already begun sessions in the second quarter of 2022.