

### **Representative Crossman Joined the ADAMHS Board for the Meet Your Legislators Series**

On Monday, November 18, Representative **Jeffrey A. Crossman**, Ohio House District 15 (D), came to the ADAMHS Board to meet with clients, family members, staff, providers and other community members for the last session of the 2019 Meet Your Legislators Series. Session attendees spoke with Representative Crossman about criminal justice reform, red flag laws, pink slipping, workforce development issues, housing needs, suicide prevention, the opioid lawsuit settlement, foster care system challenges and first responder mental health needs. Representative Crossman reminded attendees that visiting with legislators at the Statehouse and meetings like this can help them better understand the work we do and advocate for issues that matter to us.

Thank you to all of the Representatives who participated in this year's Meet Your Legislators Series, including Representatives Upchurch, Howse, Sweeney, Greenspan and Crossman.



*A group photo of meeting attendees with Rep. Jeffrey A. Crossman.*

### **Board Retreat and General Meeting**

On November 16, the Board of Directors had their Annual Training Retreat at the Cleveland Marriott East. The retreat included an ethics training, briefing on interpreting financial reports, presentation on the roles and responsibilities of the Board and CEO and parliamentary procedures.

The General Board Meeting on October 30 was held at **Murtis Taylor Human Services System**. Following the meeting, Board Members and staff toured Murtis Taylor's main campus led by **Lovell J. Custard**, President and Chief Executive Officer. Murtis Taylor's main campus has a pharmacy where clients can get medications with ease, a café where individuals can grab a free, warm meal, and even childcare services. Thank you to Murtis Taylor for hosting the General Board Meeting!



*Lovell J. Custard (left) took ADAMHS Board Members and staff on a tour of Murtis Taylor's main campus.*

### **Board Appointments and Resignations**

#### **Board Appointments**

At the October 30 General Board Meeting, **Erskine Cade, MBA**, was sworn-in for his reappointment to the ADAMHS Board. Mr. Cade was first appointed in September 2018 by the County to fill a vacant seat. His new term lasts until June 2023.

At the General Board Meeting on November 20, new Board Members **Megan Van Voorhis** (Cuyahoga County appointment) and **Patricia James-Stewart, M.Ed., LSW** (OhioMHAS appointment) were sworn-in.



*Erskine Cade, MBA with Kelli Perk, former Assistant Cuyahoga County Prosecuting Attorney, who administered the Oath of Office*



*Eugenia Kirkland (left)*



*Mary Step, Ph.D. (right)*

#### **Farewell to Eugenia Kirkland and Mary Step, Ph.D.**

Long-time Board Member, **Eugenia Kirkland**, resigned from the Board of Directors in October. She served the Board for 17 years, including her time with the Cuyahoga County Community Mental Health Board before its consolidation with the Alcohol and Drug Addiction Services Board in 2009. Ms. Kirkland most recently served as Vice-chair of the Board of Directors, and had previously served as the Chair for many years.

**Mary Step, Ph.D.**, resigned from the Board of Directors effective November 27, 2019. Ms. Step served on the ADAMHS Board's Planning and Oversight Committee as a community representative from 2010-2017. In 2017, she was appointed to the Board by OhioMHAS.

The ADAMHS Board and staff would like to thank them both for their dedication to the ADAMHS Board and to our clients. We wish you both the best in your next chapters!

## Senior Staff from OACBHA and State-wide ADAMHS Boards Met to Discuss Community Planning for Addiction and Mental Health Services

Senior staff from the **Ohio Department of Mental Health and Addiction Services (OhioMHAS)**, **Ohio Association of County Behavioral Health Authorities (OACBHA)** and ADAMHS Boards from across the state came together to discuss the responsibilities of Boards according to Ohio Revised Codes, funding, state hospitals, and community planning for mental health and addiction treatment and recovery support services.

The meeting was attended by Cuyahoga County ADAMHS Board executive team members, **Scott S. Osiecki**, CEO; **Tami A. Fischer**, Chief Administrative Officer; **Maggie Tolbert, RN, C**, Assistant Chief Clinical Officer; and, **Felicia Harrison, MBA**, Chief Financial Officer. Hosted by OACBHA, this meeting was well-attended and provided an opportunity for state-wide board staff to meet with senior staff members from OhioMHAS and ask questions related to working with the state.

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## First Crisis Academy Hosted by OhioMHAS

Crisis services work in the community to alleviate immediate psychological distress and engage individuals in treatment and ancillary services. There is an array of services in the crisis continuum that are designed to reach individuals in their communities, including, but not limited to: hotlines, warm lines, mobile crisis teams, psychiatric emergency department, Crisis Intervention Teams and peer support for individuals and families in crisis.

The State of Ohio is committed to expanding crisis services working with communities to determine the best way to deliver these services locally. **Scott S. Osiecki**, CEO; **Maggie Tolbert, RN, C**, Assistant Chief Clinical Officer; and, **Larry Smith, Jr., LICDC, LSW**, Director of Programs attended the first crisis academy with local crisis providers **FrontLine Service**, represented by **Rick Oliver** and **Applewood Centers**, represented by **Jennifer Blumhagen**.

Attendees were given a presentation about the National Perspective of Crisis Services by crisis expert, **Margie Balfour, M.S., Ph.D.** The group also discussed the crisis continuum of care, accessing crisis services and best practices for crisis care. With suicide deaths on the rise and the opioid epidemic continuing, conversations about crisis services are vital.

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## Important Announcement Regarding EDEN Mainstream Housing Choice Voucher Program Lottery and Waiting List

**Emerald Development and Economic Network, Inc. (EDEN)** will be accepting pre-applications for the **Mainstream Housing Choice Voucher Program (HCVP)** tenant-based waitlist beginning at 12:01 am on December 9 and ending at 11:59 pm on December 11.

Pre-applications will be available online only, and can be submitted via mobile devices or computers. Please visit EDEN's website ([www.edeninc.org](http://www.edeninc.org)) for more information and to access the application beginning on December 9.

Mainstream HCVP vouchers assist non-elderly persons with disabilities. To be eligible for the Mainstream HCVP, the head-of-household (or co-head) must be a person with disabilities. Accepted pre-applications will be placed in a lottery and randomly selected for the waitlist.

Any person requiring assistance or accommodations should contact EDEN by phone at (216) 462-0856 or via EDEN's website any time before or during the open waitlist period. Individuals may also visit EDEN's headquarter office at 7812 Madison Avenue in Cleveland between 8:30 am and 4:45 pm from Monday through Friday during the open waitlist period.



## Upcoming Events

### **Cleveland Playhouse Performance Every Brilliant Thing: ADAMHS Board Sponsored**

November 23 - December 22

Purchase tickets: [www.playhousesquare.org/events](http://www.playhousesquare.org/events)

### **Suicide Prevention Rock Concert**

November 23, 8:00 - 11:00 pm  
Maple Grove Tavern, Maple Heights  
*\*Donations from the concert go to the ADAMHS Board for suicide prevention efforts.*

### **The Opioid Epidemic: Where Are We Now?**

December 8, 9:30 am - 4:30 pm  
Siegal Lifelong Learning Landmark Centre Office Building  
Register: <https://case.edu/lifelonglearning/addiction>  
*\*Scott S. Osiecki, CEO, is the closing speaker for the program.*

### **Client Holiday Party**

December 11, 12:00 - 2:30 pm  
Hilton Garden Inn Downtown  
RSVP to 216-241-3400 ext. 5550 by December 4<sup>th</sup>

### **Addiction Recovery Advocacy Meeting**

January 27, 5:30 - 7:30 pm  
Jerry Sue Thornton Center

### **SAVE THE DATE: ADAMHS Board 2020 Annual Meeting**

May 18, 2020  
Cleveland Marriott East,  
Warrensville Heights

**“Be present in all things and thankful for all things.”**  
– Maya Angelou,  
American Poet  
1928 - 2014

## Sharing Tips About Coping with the Holidays

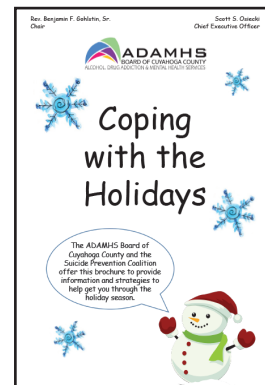
The ADAMHS Board is a sponsor of the **Cleveland Playhouse** performance of *Every Brilliant Thing*, which is running from November 23 through December 22. This play openly discusses depression, mental illness and suicide. *Every Brilliant Thing* takes you on a journey through grief, healing, falling in love and rediscovering all that life has to give.

The ADAMHS Board is providing informational resources to have available at the shows and is taking part in a panel discussion before the show on November 24. ADAMHS Board training staff also provided the actors of the play and Playhouse staff with Question, Persuade, Refer (QPR) suicide prevention training.

On November 21, **Larry Smith, Jr., LICDC, LSW**, ADAMHS Board Director of Programs will be on the **Code M** radio show, which covers topics like men's health. Larry will be sharing advice and tips on how to cope with the holidays. You can listen in live from 6:00 to 7:00 pm on community radio station WOYU 95.9 FM.

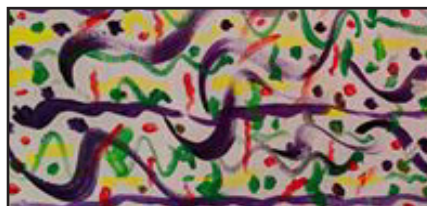
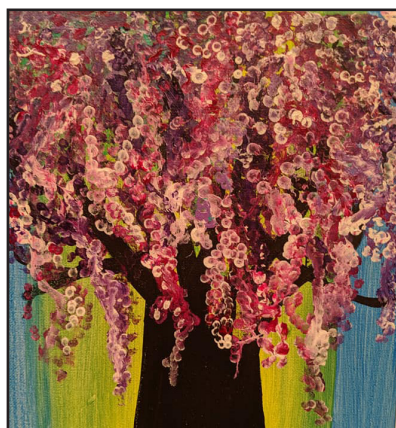
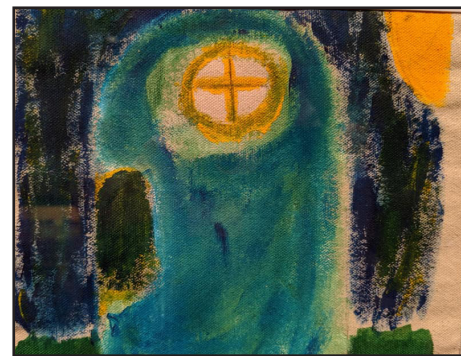
The ADAMHS Board released its annual publication, *Coping with the Holidays*, which offers tips on reducing extra stresses of the holiday season. The ADAMHS Board is also releasing a new resource this holiday season. The *Holiday Recovery Tips* resource card offers information about navigating the holidays for individuals living in recovery and suggestions for how to support family members and friends in recovery during the holidays.

Both resources can be accessed on the ADAMHS Board homepage [www.adamhsc.org](http://www.adamhsc.org). If you would like copies, please contact **Beth Zietlow-DeJesus**, Director of External Affairs, at [dejesus@adamhsc.org](mailto:dejesus@adamhsc.org).



## Front Steps Housing and Services Held Annual Art Show

The ADAMHS Board joined **Front Steps Housing and Services** in celebrating the beauty and power of art therapy at the art show *All About the Arts: A Night of Creative Expression*. Attendees heard from several artists who shared the transformative power of art therapy. The group also honored the memory of Pamela, who passed away. Her artwork was featured on the cover of the art show program. **Beth Zietlow-DeJesus**, Director of External Affairs, spoke on behalf of the ADAMHS Board at the art show, and expressed the Board's support of art therapy.



Just a few of the beautiful pieces of art on display at the Front Steps Housing and Services Art Show!

### Board of Directors

Rev. Benjamin F. Gohstin, Sr., Chair  
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Steve Killpack, MS  
Max M. Rodas, MA  
Sharon Rosenbaum, MBA  
Harvey A. Snider, Esq.  
Mary M. Step, Ph.D.

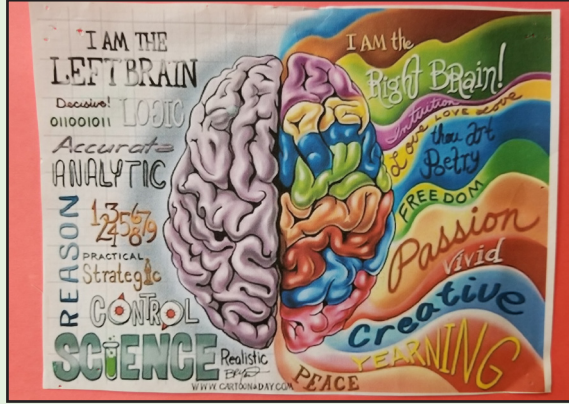
Scott S. Osiecki, Chief Executive Officer

## 2020 Monthly Art Program: Call for Artists

The ADAMHS Board of Cuyahoga County is calling for artists to display their artwork as part of the **2020 Client Artwork Display Program**. This program showcases client artwork, highlights provider agencies, recognizes the benefits of art therapy and celebrates the mental health and substance use disorder recovery community.

Each month, artwork created by clients within the ADAMHS Board system will be featured in the Ohio Room at the ADAMHS Board. Artwork from different artists will be displayed each month and exhibit months are assigned on a first-come, first-served basis.

To participate in this program, please complete the application posted on our website: [www.adamhsc.org](http://www.adamhsc.org). If you have questions about this program, please contact **Madison Greenspan**, External Affairs Officer, via e-mail to [greenspan@adamhsc.org](mailto:greenspan@adamhsc.org) or by calling 216-241-3400, ext. 861.



Just a small sample of the great artwork on display this month from Far West Center's Art Helps and Heals (AHH!) art therapy program.

### Welcome, Kelli!

**Kelli Perk, JD**, started in November as the new Director of Risk Management. Kelli earned her Bachelor of Arts from the University of Akron and JD from California



Kelli Perk, JD

Western School of Law in San Diego. She most recently served as Assistant Prosecuting Attorney for the Cuyahoga County Prosecutor's Office for over 12 years. Kelli is no stranger to the ADAMHS Board as she regularly administered the Oath of Office for ADAMHS Board Members as part of her role with the Prosecutor's Office.

In her free time, Kelli volunteers with a community theater in Akron. She is also an artist, and especially enjoys painting. Kelli is excited to join the ADAMHS Board team.

She can be reached at 216-241-3400 ext. 824 or email to [perk@adamhsc.org](mailto:perk@adamhsc.org).

### ADAMHS Board is Sponsoring a Free Training on Recovery Housing and Opioid Use Disorder

The ADAMHS Board is sponsoring a **Northern Ohio Recovery Association (NORA)** training on recovery housing and opioid use disorder on January 16, 2020 from 9:00 am to 4:00 pm at the ADAMHS Board.

This free six hour training will assist recovery housing operators in increasing their awareness of the opioid epidemic and Medication-Assisted Treatment (MAT). This course will also help participants understand how to assist someone with an Opioid Use Disorder by recognizing the signs, withdrawal symptoms and symptoms of mental illness. Trainers will also discuss best practices for integrating MAT and psychotropic medications as well as addressing relapse within recovery homes. The training will be facilitated by **Anita Bradley**, Executive Director of NORA.

Attendees can earn 6 CEUs/RCHs. To register, visit: [www.noraoudtraining.eventbrite.com](http://www.noraoudtraining.eventbrite.com).

### ADAMHS Board Fall Training Institute

The ADAMHS Board offers trainings year-round to help behavioral health professionals earn necessary CEUs/RCHs. There are still several trainings available as part of the Fall Training Institute:

December 5-6: **Mental Health First Aid** (must attend both days of training) [fallfirstaid.eventbrite.com](http://fallfirstaid.eventbrite.com)

December 9: **Beyond Trauma Informed Care with At-Risk Youth: Healing Individual and Collective Trauma** [fallbeyond.eventbrite.com](http://fallbeyond.eventbrite.com)

December 10: **Supervision and Ethics in the Helping Profession** [fallsupervision.eventbrite.com](http://fallsupervision.eventbrite.com)

December 19: **Verbal De-escalation Skills** [fallverbal.eventbrite.com](http://fallverbal.eventbrite.com)

To review the Fall 2019 Workshop Schedule, visit [www.adamhsc.org](http://www.adamhsc.org). Please be sure to read through the *important information* section on page one of the workshop schedule before registering for a training.



Happy Holidays from the ADAMHS Board of Cuyahoga County!

