

Over 500 People Attended the Annual Meeting 10th Anniversary Celebration!

ADAMHS Board Members, staff, clients, provider agencies and community partners gathered to celebrate the Board's 10th Anniversary at the annual meeting held on May 13, at the Cleveland Marriott East in Warrensville Heights. Attendees enjoyed a client art show with over 70 pieces on display and live music from Councilman **Kevin Conwell** and his band **Footprints**. During the meeting, attendees heard from **Rev. Benjamin F. Gohlstin, Sr.**, Board Chair, **Scott S. Osiecki**, CEO, and keynote speaker **Josh Ruminski**, who started **Happy Thoughts Candle Co.** to help change the stigma surrounding mental health and suicide. He urged everyone in attendance to change the language they use when talking about suicide to reduce stigma and increase help-seeking behaviors. Josh received one of this year's *Helping Hands Awards*.

The *Helping Hands Awards* recognize outstanding individuals and organizations that embody the Board's mission, positively impact the lives of people living with mental illness and/or substance use disorders and help to alleviate stigma in Cuyahoga County. These Awards were presented to six talented and compassionate individuals in the Cuyahoga County Recovery Oriented System of Care.

The other *Helping Hands Awardees* included:

- ◇ **Justin E. Herdman, U.S. Attorney for the Northern District of Ohio**, for his unwavering dedication to addressing the opioid epidemic in Cuyahoga County and Northeast Ohio. He advocates for treatment for individuals struggling with addiction, while working to get dangerous narcotics off the street through skilled and targeted law enforcement efforts.
- ◇ **The Honorable Emanuella Groves, Mental Health Specialized Docket, Cleveland Municipal Court**, for her advocacy and commitment to assisting individuals living with mental illness in managing their conditions effectively. Judge Groves not only implements programs that assist clients that come before her in court, but also celebrates their successes.
- ◇ **Hollie Strano, Meteorologist, WKYC**, for sharing her own struggles to provide hope to others, encourage treatment and help end the stigma related to mental health. Her efforts are changing lives and supporting sustained recovery in our community.
- ◇ **Sheryl Hirsh, Family Advocate**, for her work to reduce stigma by increasing education about substance use disorders in the community, and being there to advocate for families struggling with substance use disorders. Sheryl lost her daughter, Melissa, to an overdose. After remaining quiet for a year following her daughter's death, she set out to change the narrative surrounding addiction and provide hope to individuals and families in need.
- ◇ **Craig Indoe, Owner, Indoe Painting and Home Improvement**, for supporting recovery in the workforce and for being a recovery advocate in all he does. He sits on the Board of Directors for the Ed Keating Center, employs people in recovery at his company, and operates a sober house. At any given time, he has at least five employees who are transitioning out of treatment and back into the workforce. *(continued on page 2)*



Rev. Benjamin F. Gohlstin, Board Chair, with keynote speaker and awardee, Josh Ruminski.



(l-r) awardee Justin E. Herdman, U.S. Attorney; Scott S. Osiecki, CEO; and, Dr. Bob Fowler, Board Member.



Harvey Snider, Board Member, with awardee Judge Emanuella Groves.



Elsie Caraballo, Board Member, presented an award to Hollie Strano, WKYC Meteorologist.



Steve Killpack, Board Member, with awardee Sheryl Hirsh.



Erskine Cade, Board Member, with awardee, Craig Indoe.

10th Anniversary Celebration (continued from page 1)

The **Lifetime Achievement Award** was presented to **Maureen Dee, Executive Director of Treatment, Prevention and Recovery Services for Catholic Charities Cleveland**. Ms. Dee has dedicated her life's work to people living with mental illness and addictions by providing direct services as a bilingual social worker, later as a supervisor and eventually as director of Treatment, Prevention and Recovery Services for Catholic Charities Diocese of Cleveland. She was honored for her tireless service and dedication to serving individuals living with mental illness and addictions and creating a more comprehensive system of care in Cuyahoga County through her work.

Maureen will retire from Catholic Charities this summer. **Spencer Kline** has been hired to take her place. Spencer has over 20 years of experience managing and leading the delivery of behavioral health services. Congrats to both Maureen and Spencer!



(Above) Lifetime Achievement Awardee Maureen Dee with her daughter Arianne Messerman.



(Left) Over 50 of Maureen's co-workers from Catholic Charities were in attendance to watch her receive the award.

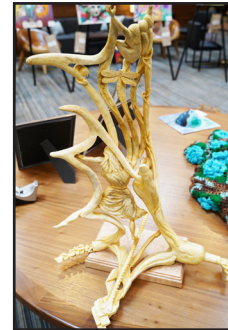
Annual meeting attendees voted on their favorite three pieces of art on display at the client art show. There was a beautiful array of art. The top three pieces, as voted on by the attendees, were:

- 1st Place – "I'm Every Woman" by Melinda D.**
- 2nd Place – "Up On A Tightrope" by Jim C.**
- 3rd Place – "Divine Attraction" by Danko B.**

A special thanks to **Art Therapy Studio** for donating classes to our top three art show winners who also received gift cards from the ADAMHS Board!



1st Place



2nd Place



3rd Place



Thank you to Councilman Kevin Conwell and his band Footprints for playing during this year's art show!



Guests enjoyed the over 70 pieces of art on display at the annual client art show and voted for their favorite art. There was everything on display from collages and masks to paintings and drawings, each with its own story.



William M. Denihan, former CEO, and Scott S. Osiecki, CEO.



CY2018 Annual Report Released

The CY2018 annual report was released at the annual meeting, and can be found under the publications tab on our website:



Board Members and staff in attendance gathered for a quick photo after the meeting.

ADAMHS Board Held Another Successful Behavioral Health & Human Services Career Fair

The ADAMHS Board hosted its 5th annual **Behavioral Health & Human Services Career Fair** on Friday, May 10, at the DoubleTree in Beachwood.

This free career fair attracted 40 employers and over 200 attendees. Some participants left with interviews already scheduled! Thank you to all who participated.



An employer and job seeker discussed potential job opportunities.



Tami A. Fischer, Chief Administrative Officer, and Vicki Roemer, Administrative Assistant II, planned and coordinated this year's career fair.

Showing Appreciation for Cuyahoga County's First Responders

The Ohio Association of County Behavioral Health Authorities, Ohio Department of Mental Health and Addiction Services, Office of the Attorney General and ADAMHS Boards across the state partnered to have a week of appreciation for all first responders dealing with the opioid crisis from April 29 - May 5.

During the **Bringing Help, Bringing Hope** appreciation week, communities throughout Ohio addressed the opiate epidemic by showing appreciation for frontline workers. Our local activities involved delivering thank you packages to first responders across Cuyahoga County and creating thank you messages on social media.

Thank you to the **North Olmsted Walmart** for donating, and a special thanks to the **Academy of Medicine Education Foundation (AMEF)** for co-sponsoring this year's week of appreciation. The purpose of AMEF is to add a charitable component to the **Academy of Medicine of Cleveland & Northern Ohio (AMCNO)** and to partner with the AMCNO in implementing new initiatives for both physicians and the patient population through charitable, educational and scientific efforts. AMEF's mission is to enhance health care through education of the medical profession and the community at large.



Sgt. Donna Holden, Euclid Police, poses with her care package and thank you card.



Lindsey McMillion, ADAMHS Board, delivered to Sheriff Clifford Pinkney.



Regina Spicer, ADAMHS Board, dropped off a care package to the Euclid Fire Department.



Beth Zietlow-DeJesus, Director of External Affairs, was interviewed for a Fox 8 news story about Drug Take Back Day and our Deterra bag distribution.

ADAMHS Board and Partners Gave Away Over 5,000 Deterra Bags for Drug Take Back Day on April 27!

The ADAMHS Board teamed up with **Cuyahoga County, the City of Cleveland, Shaker Heights Fire Department and CVS** to help support the **Drug Enforcement Administration's** efforts on **Drug Take Back Day, April 27**. The DEA and many law enforcement and community partners host prescription drug drop off sites. Since not everyone is able to take their prescriptions to the drug drop boxes, the ADAMHS Board and partners made Deterra Drug Deactivation/Disposal Bags available to the community. The bags were available for pickup at the ADAMHS Board, all Cleveland Police Stations and Recreation Centers and Shaker Heights Fire Station 1.

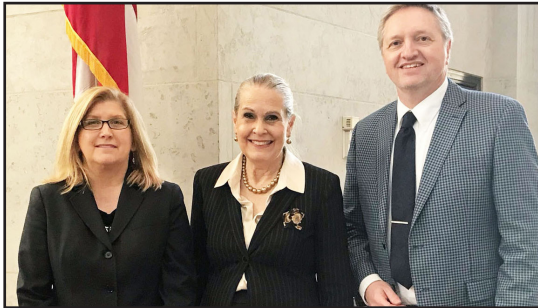


(l-r) Edna House Executive Director Jenn Lasky, Brooklyn Heights Fire Chief Joe Stefanko, and Edna House Program Administrator Sarah Pietch. Thank you to Edna House for helping deliver care packages to first responders!

Clients Attended NAMI Ohio's Legislative Advocacy Day



Linda Torbert, Director of Client Rights, and Bill Hebble, Client Rights Officer, traveled with a group of clients to the Statehouse for NAMI Ohio's Legislative Advocacy Day on May 15. The group attended a luncheon and met with Senators Antonio and Williams.



(l-r) Chris Mignogna, Executive Director of NAMI Greater Cleveland, Chief Justice Evelyn Lundberg Stratton, Supreme Court of Ohio, and Scott S. Osiecki, CEO, at NAMI's Legislative Day.

**“May your battles
of yesterday guide
your triumphs of
tomorrow.”**
 – Unknown

Out & About

ADAMHS Board staff has been busy in the community:

- On April 26, **Scott S. Osiecki**, CEO, gave the welcoming remarks at the 7th Annual Hoarding Connections Conference.
- **Beth Zietlow-DeJesus**, Director of External Affairs, gave a suicide prevention presentation on May 4 at **Emmanu-El AME Zion Church**.
- On May 11, **Michaele Smith**, Administrative Assistant II, passed out resources at a Substance Awareness Summit at **Baldwin Wallace**.
- **Bill Hebble**, MSW, Clients Rights Officer II, gave an overview of the ADAMHS Board's services at a **Towards Employment** staff meeting on May 16 so that the staff can better connect their clients to services they may need.
- **Madison Scagnetti**, External Affairs Officer, shared ADAMHS Board resources at the 2019 Anna V. Brown Community Forum & Conference held at **McGregor Home** on May 17.



(back, l-r) Regina Spicer, Linda Lamp and Beth Zietlow-DeJesus, (front, l-r) Elsie Caraballo, Board Member, Scott S. Osiecki and Tami Fischer attended the Women's Recovery Center's Miracles of Recovery Breakfast on May 7 at the zoo.



Several staff members attended LifeAct's 15th Annual Into the Light Walk, which had about 1,000 participants this year! The Board also had a resource table at the event.

Upcoming Events

ADAMHS Board Sponsoring Pride in the CLE

June 1, 12:00 - 6:00 pm
Public Square

OACBHA Opiate and Other Drugs Conference (ADAMHS Board Presenting)

June 10-11
Hyatt Regency Columbus

Register: bit.ly/2Q62cpe

ADAMHS Board Sponsoring Milestones National Autism Conference

June 11-12
I-X Center

Register: bit.ly/2M5W42e

2019 Suicide Prevention Summit

June 13-14
Conference Center at OCLC
6600 Kilgour Place, Dublin

Register: bit.ly/2WcFm4V

ADAMHS Board Addiction Recovery Advocacy Meeting

June 24, 5:30-7:30 pm
Tri-C Jerry Sue Thornton Center,
2500 E 22nd St.

Mental Health Response Advisory Committee Tri-Chairs to Present at Quarterly Cleveland Community Police Commission Meeting

June 25, 6:00-8:00 pm
Harvard Community Services
Center, 18240 Harvard Ave.

Living Well in Lincoln Park

June 25, 5:00-7:00 pm
Lincoln Park, 2486 W 14th St.
*Look for our resource table.

Cuyahoga Problem Gambling Coalition Annual Symposium

June 28, 8:00-4:00 pm
Mather Mansion, 2605 Euclid Ave.

Register: conta.cc/2Em4lc1

ADAMHS Board Mental Health Awareness Night at Progressive Field

July 18, 7:10 pm

Ticket order form on our
homepage: adamhsc.org.

Welcome BVU Fellow James Hailey

James Hailey has joined the ADAMHS Board as a Fellow through **Business Volunteers Unlimited (BVU)** for the next six months. The **BVU Fellows Program** helps connect nonprofit organizations to professionals, like James, who have a wealth of experience to offer. James will be assisting the ADAMHS Board in the transformation of financial management processes and strategies. With years of experience in financial planning and analysis, most recently with **Skylight Financial Group**, James will be an asset to the Board.

Healing the Hurt Radio Show Appearance



Rev. Karell T. McDaniel, LICDC-CS, Life Recovery Ministries, and Rev. Brenda Ware-Abrams, Faith-Based Outreach Committee member, were on the radio show "Healing the Hurt" on WERE-AM 1490 as part of a series of radio show appearances highlighting ADAMHS Board funded faith-based programming.

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Scott S. Osiecki, Chief Executive Officer

ADAMHS Board in the News

Scott S. Osiecki, CEO, has appeared in several news stories recently, including a News 5 story on the increase in children experiencing depression and a Fox 8 story on keeping teens safe from the harms of drugs and alcohol during prom.

Mr. Osiecki also received a letter in the mail from Senator Sherrod Brown in response to his April letter to the editor discussing misconceptions about mental illness. Senator Brown complimented Mr. Osiecki on his letter to the editor and thanked him for his work.

Congratulations, Graduates!

Beth Zietlow-DeJesus, Director of External Affairs, graduated from the **28th Cleveland State Leadership Academy Class**. The **CSU College of Urban Affairs Leadership Academy** is a public sector leadership development program for individuals serving in government and nonprofit organizations. The program is in its 28th year and has been around for 28 years and has graduated over 600 individuals.



(l-r) Rob Zioli, MPA, Director, Center for Public and Nonprofit Management, Levin College of Urban Affairs; Beth Zietlow-DeJesus, and Scott S. Osiecki, who is a graduate of the 13th Leadership Academy Class.

Madison Scagnetti, External Affairs Officer, recently graduated from the **Levin College of Urban Affairs** with her Master of Nonprofit Administration and Leadership (MNAL) degree.

She received the Outstanding Graduate award for her academic program.

Sharing Their Experiences During Mental Health Month

This month's art display is from **St. Vincent Charity Medical Center** where patients participating in art therapy programs were asked to compose a letter to people who do not struggle with mental health and/or substance use disorders. The prompt was, "Give people information that you believe is important for them to know about your experiences." The letters that were submitted are sincere and powerful. Please take a look at the letters on display in the Ohio Room through the end of May.

Scott S. Osiecki, CEO, Testified Before the Finance Subcommittee on Health & Medicaid

Scott S. Osiecki, CEO, testified before the Finance Subcommittee on Health & Medicaid regarding the importance of keeping and expanding available treatment and recovery services for individuals living with mental illness and/or substance use disorders. Thank you to Representative Nickie Antonio, our representative on this committee, for her continued commitment to behavioral health care.

Mr. Osiecki spoke specifically about the need for increased, flexible, timely and sustainable funding for crisis services. He testified alongside **Liz Henrich**, Associate CEO of the **Ohio Association of County Behavioral Health Authorities (OACBHA)**; **Dr. Greta Mayer**, CEO of the **Clark, Greene and Madison Mental Health & Recovery Board**, and **Bradley DeCamp**, Executive Director of the **Crawford-Marion ADAMH Board**.



(l-r) Scott S. Osiecki (ADAMHS Board), Liz Henrich (OACBHA), Dr. Greta Mayer (Clark, Greene and Madison Mental Health and Recovery Board) and Bradley DeCamp (Crawford Marion ADAMH Board).