

...from Addictions Recovery In Action...

& Mental Illness

Volume 3 • Issue 3 March 27, 2019

Representative Terrence Upchurch Joins the ADAMHS Board for its first Meet Your Legislator Series

On Monday, March 25, **Representative Terrence Upchurch**, Ohio House District 10, came to the ADAMHS Board to meet with clients, family members, staff, providers and other community members for the first session in the **Meet Your Legislator Series**.

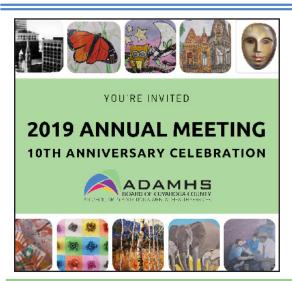
A native Clevelander, Representative Upchurch vows to be a true and trusted ally in the Statehouse for his community. He is new to the Ohio House and has already introduced legislation to increase access to public transportation for his constituents. Session attendees talked to Representative Upchurch about the impact public transportation has on our clients. Prevention efforts, sentencing reform and improved healthcare for the jails were some of the other topics discussed.

The Meet Your Legislators Series is an opportunity to interact with legislators about various issues affecting the behavioral health community.



(I-r) Felicia Harrison, MBA, Chief Financial Officer; Rev. Benjamin F. Gohlstin, Sr., Chair; Rep. Terrence Upchurch; Maggie Tolbert, RN, C, Assistant Chief Clinical Officer; and Scott S. Osiecki. CEO

The next session of the series takes place on Monday, April 15 from 10:00 – 11:00 a.m. at the ADAMHS Board with **Representative Stephanie Howse**, Ohio House District 11. We hope to see you there!



Tickets on Sale for ADAMHS Board Annual Meeting and 10th Anniversary Celebration

You are cordially invited to attend the ADAMHS Board's 2019 Annual Meeting 10th Anniversary Celebration on Monday, May 13 from 9:00 am to noon at the **Cleveland Marriott East** in Warrensville Heights.

You won't want to miss this special celebration that will include brunch, an awards ceremony, client art show/contest and a few surprises for our guests! Guests will also hear from keynote speaker **Josh Ruminski** who started **Happy Thoughts Candle Co.** to help change the stigma surrounding mental health and suicide.

Individual tickets and tables of ten can be purchased on Eventbrite at: www. adamhscc2019annualmeeting.eventbrite.com. Clients can purchase a ticket for \$5 at the ADAMHS Board office. Please RSVP by May 3. If you have questions, call **Madison Scagnetti**, External Affairs Officer, at 216-241-3400 ext. 861.

Art Needed for Annual Meeting Art Show

This year, in honor of our 10th Anniversary, we want the Client Art Show/Contest to be our biggest one yet, and we need your help to make it happen!

The art show/contest is open to any Cuyahoga County resident who is receiving treatment for mental illness and/or addiction or recovery services. Artists will receive a small gift for participating. Only one piece of art may be submitted by each artist, and only the first 100 pieces will be accepted. Only art that can be hung can be in the art show.

Meeting attendees will be the judges for the art contest by voting for their favorite art pieces. Winners of the contest are announced at the end of the event, and prizes are given to the top three artists.

Want to participate? Please bring your piece of art to the ADAMHS Board by Tuesday, May 7 with a completed submission form, which can be found on the ADAMHS Board's homepage: www.adamhscc.org.



Painting "Water Paradise" by Cynthia St Andrews is on display this month in the Ohio Room.

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Scott S. Osiecki Discusses Governor DeWine's State of the State Address on the Sound of Ideas

Scott S. Osiecki, CEO, joined a host of elected officials, journalists, and public servants from multiple agencies on Ideastream's March 6 Sound of Ideas to provide insight on Governor Mike DeWine's State of the State Address.

The Governor's address covered important topics like transportation, lead abatement, education and water quality in Lake Erie, but was largely aimed at expanding and investing in mental health and addiction services throughout the state.

Scott highlighted that the Governor received a standing ovation from the audience when he announced his commitment to behavioral health and has been receiving accolades from many agencies in Cuyahoga County. Scott also said it was, "Great news to hear that Governor DeWine wants to allocate funding through the local ADAMHS Boards for prevention, treatment and recovery support services. This is very important because each community has its own needs and the local agencies know best how to address them."

Governor DeWine's 2020-2021 Executive Budget, released on March 15, supported funding for mental health and addiction services in Ohio by:

- Increasing treatment capacity through an investment of over \$56 million to respond to local needs.
- Investing \$20 million to provide schools with free, evidence-based prevention curricula and professional development for school personnel.
- Investing an additional \$5 million to create at least 30 more specialized courts during the biennium.
- Investing \$12 million to expand the Ohio START (Sobriety, Treatment and Reducing Trauma) program to provide support to children and parents impacted by substance
- Investing \$3.9 million to create the Narcotic Intelligence Center consisting of intelligence analysts and computer forensic specialists available to assist law enforcement.
- Spending for existing drug task forces will increase from \$8 million per year to \$13.9 million in 2020 and 2021 to help local authorities intensify their efforts.
- •Investing \$8 million in a new public awareness education campaign to help reduce stigma associated with mental health and substance use disorders.

Additional information on investments in mental health and addiction recovery is available on the Ohio Office of Budget Management's website: budget.ohio.gov/RecoveryOhio. aspx.

RecoveryOhio Advisory Council Releases Report

Governor Mike DeWine's RecoveryOhio Advisory Council released a report outlining 75 recommendations on how to improve mental health and addiction treatment and prevention in Ohio. Some of the recommendations included making sure mental health and addiction treatment is accessible for all, expanding recovery housing and recruiting more people to work in the behavioral health field. You can access the full report at www.governor.ohio.gov.



Staff has been busy giving out resources in the community. Michaele Smith, Administrative Assistant II (pictured left), passed out resources at a community forum on mental health and addiction in East Cleveland. Madison Scagnetti, External Affairs Officer, handed out resources at a dinner and discussion on mental health and addiction at Willson School in Cleveland.

Upcoming Events

Domestic Violence Forum

March 30, 10:00 am - 2:00 pm Moore Mediation & Counseling Services

Ohio Recovery Housing Conference

April 1-3, 2019 Embassy Suites - Dublin Register: conf.ohiorecoveryhousing.org

First Responder **Appreciation Week**

April 25-May 5

Hoarding Connections Conference

April 26, 8:15 am - 4:00 pm **Embassy Suites** Independence, 5800 Rockside Woods Blvd.

Register:

hoardingconnectioncc.org

Rose Centers for Aging Well **Annual Fundraiser**

May 4, 6:00-9:00 pm Benjamin Rose, 11890 Fairhill

Buy tickets at:

benrose.org/RoseCenters/ Annual-Fundraiser.cfm

"Into the Light" Suicide Prevention Walk

May 9. 6:00-9:00 pm Cleveland Metroparks Zoo Register: bit.ly/2FjmI0F

ADAMHS Board Behavioral Health and Human Services Career Fair

May 10, 10:00 am - 2:00 pm Doubletree in Beachwood

Annual Meeting

May 13 from 9:00 am - noon Cleveland Marriott East, Warrensville Heights Purchase tickets: www.adamhscc2019annual-

meeting.eventbrite.com

Training News

Spring Training Institute Schedule Released

The ADAMHS Board Training Institute released its Spring Training schedule outlining the twelve trainings that will take place from June through April. All workshops offer CEUs/RCHs. Please register via Eventbrite. The full training schedule can be found on our website adamhscc.org.



Ballard Gives Presentation at 2019 Cuyahoga County Conference on Social Welfare

Carole Ballard, MSSA, LISW, Director of Training and Education, gave a presentation on March 8 at the 2019 Cuyahoga County Conference on Social Welfare held by the Ohio Chapter of the National Association of Social Workers. Carole's presentation titled, "Evolving Partnerships: Mental Health Advisory Committee and the Cleveland Division of Police," explored the work of the Mental Health Response Advisory Committee (MHRAC) and the Cleveland Division of Police to improve coordination of services. Carole discussed the increased collaboration and improved care that has resulted in policy changes. Captain James Purcell, CIT coordinator of the CDP and MHRAC tri-chair, also presented with Carole.

Roads to Recovery '19: Call for Conference Workshop Proposals

The ADAMHS Board is seeking workshop proposals for its **Roads to Recovery '19: Navigating Person-Centered Care for Mental Health, Addictions, Trauma and Recovery**. This biennial regional conference for clients, family members and providers of mental health and/or addiction prevention, treatment and recovery services will be held Monday, October 21, 2019, at the Marriott Cleveland Airport on West 150th Street.

The conference will attract 300 to 400 clients, family members and workers from mental health and addiction prevention, treatment and recovery providers. Workshops will be presented throughout the day beginning at 10:00 a.m. and ending at 5:30 p.m. A Keynote Session will start the day at 8:30 a.m., and a plenary session will be held during lunch. CEUs and RCHs will be provided.

The workshop proposal document can be found on our website *www.adamhscc. org.* The deadline for workshop proposals is 5:00 p.m., on Friday, April 5. If you have any questions, please contact **Carole Ballard, MSSA, LISW**, Director of Training and Education, at 216-241-3400, ext. 730, or via e-mail at ballard@ adamhscc.org.

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Painting "Ocean Dream" by Cynthia St Andrews is on display this month in the Ohio Room.

Community News

Students at the Cuyahoga Valley Career Center Donate Funds, Time and Talent to the ADAMHS Board

Students at Cuyahoga Valley Career Center (CVCC) hosted their 2nd Annual "Making Chain-ge" for Mental Health. The school collects donations from its students, staff and community by selling paper chain links to raise awareness about mental health. Proceeds from the fundraiser went to the Cuyahoga County ADAMHS Board as well as the Summit County Board. Beth Zietlow-DeJesus, Director of External Affairs, was at CVCC on March 22 to watch student presentations and accept the donation of \$850.

Students in a CVCC film making class agreed to partner with the ADAMHS Board to create short videos to be shared on social media to help promote the Crisis Text Line. Funds to promote these videos are from a \$1,000 mini-grant the Board received from the Ohio Association of County Behavioral Health Authorities (OACBHA). These videos were presented at the March 22 event, and were done free of charge by the students.

ADAMHS Board is a Film Sponsor for the Cleveland International Film Festival (CIFF)

The 43rd annual CIFF is March 27 through April 7. This year, the ADAMHS Board is a film sponsor for *Princess of the Row*, a film about a father and daughter who fight to stay together despite the overwhelming obstacles they face because of mental illness and homelessness. The film plays on:

March 28 at 2:15 pm at Tower City March 30 at 6:30 pm at the Capitol Theatre in Gordon Square March 31 at 1:35 pm at Tower City

"If you hear a voice within you say 'you cannot paint,' then by all means paint and that voice will be silenced."

-Vincent van Gogh
(1853-1890)