

First Ever Behavioral Health Client Wellness Fair Was a Success!

The ADAMHS Board hosted its first ever Behavioral Health Client Wellness Fair for people living with mental illness and/or substance use disorders in Cuyahoga County on July 22 at the Cleveland Airport Marriott.

Approximately 130 clients attended the fair. Each received a boxed lunch and participated in free health screenings including vision, foot, dental and biometrics. There was information at nearly 30 resources tables and a wide variety of interactive sessions like yoga, Reiki, meditation, de-stressing techniques, healthy cooking demonstrations, Tai Chi and art therapy!



Over 100 clients were able to receive biometric screenings at the wellness fair!



Blood pressure, vision, dental checks and more!

Participants were also able to complete a “Benefits Check-Up,” to ensure they are receiving the right benefits to meet their needs. Some attendees also shared stories of their personal journeys to wellness and all received a gift for participating in the wellness fair.

Thank you to everyone who helped make the first wellness fair a success!



Thank you to Board Member Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA) for offering Reiki alongside two other Reiki providers. They were able to hold 28 Reiki sessions!



Rev. Benjamin F. Gohlstin, Sr., Board Chair, joined in a Tai Chi session.

Front Steps Housing and Services Breaks Ground On a New Facility

On June 27, **Scott S. Osiecki**, CEO, took part in a ground breaking ceremony for **Front Steps Housing and Services** new facility, St. Joseph’s Commons. The new building, which will be located at 2554 West 25th Street, is just a mile away from its old location. St. Joseph’s Commons is being built to replace the existing building, and will be better equipt to serve clients. The new building will provide more housing units and better space for programming. We can’t wait to see the new building!



Scott S. Osiecki, CEO, was among other community leaders present at the ground breaking ceremony on June 27.



Raising Awareness About the Dangers of Fentanyl

The ADAMHS Board purchased ads on several local radio stations to raise awareness of the dangers of fentanyl in cocaine and drugs other than heroin. One station is **Voice It Radio**. **Rev. Benjamin F. Gohlstin, Sr.**, Board Chair and **Beth Zietlow-DeJesus**, Director of External Affairs, were on a Voice It Radio show talking about the dangers of fentanyl, how to stay safe and where to get help.



Rev. Benjamin F. Gohlstin, Sr. and Beth Zietlow-DeJesus were on Voice It Radio.

In June, the ADAMHS Board received funding from Cuyahoga County to purchase 15,000 test strips to distribute via grassroots efforts. Over 12,000 test strips have been distributed throughout the community so far! Most recently, the City of Cleveland Division of Police and local Drug Enforcement Administration (DEA) shared data about businesses near the locations of multiple non-fatal overdoses. The ADAMHS Board was able to talk to and distribute fentanyl test strips and information about Project DAWN to thirteen local businesses near the identified overdose hotspots. In addition, six barber shops are distributing fentanyl test strips.

City Club Hosted Forum on Suicide Contagion

On June 28, there was a **City Club** forum featuring Epidemiologist **Dr. Madelyn Gould**, a leading expert in suicide prevention and causes. Dr. Gould discussed suicide contagion — how seeing media coverage of a suicide can trigger a suicidal person into action. The ADAMHS Board sponsored this event alongside the **Woodruff Foundation** and **Peg's Foundation**.

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“Don’t let the fear of the time it will take to accomplish something stand in the way of your doing it. The time will pass anyway; we might as well put that passing time to the best possible use.”
– Earl Nightingale,
American Author
1921 - 1989

Upcoming Events

Cuyahoga County Family Fun Day

August 1, 10:30 am - 2:00 pm
Public Square

*Look for the ADAMHS Board resource table at the event!

Recovery Resources Run for Recovery: ADAMHS Board Sponsored

August 17, 8:00 - 10:00 am
Cleveland Metroparks Zoo

Register: bit.ly/2WVcZtc

Rock & Resilience Community Day: ADAMHS Board Sponsored

August 25, 12:00 - 4:00 pm
Rock Hall

NAMI Greater Cleveland's NAMI Walks: ADAMHS Board Sponsored

September 14, 9:00 - 11:00 am
Edgewater Park

Register: bit.ly/2RvfvAr

Epilepsy Association's Race to the River: ADAMHS Board Sponsored

September 15, 8:00 - 10:00 am
Merwin's Wharf

Register: bit.ly/2K1UJq7

Celebrating Recovery Run/Walk: ADAMHS Board Sponsored

September 15, 9:00 - 11:00 am
Edgewater Park

Register: bit.ly/2K1ffXF

Meet Your Legislators Series: Representative David Greenspan

September 23, 10:00 - 11:00 am
Ohio Room

Edna House Race to Recovery: ADAMHS Board Sponsored

October 6, 9:00 - 11:00 am
Edgewater Park

Register: bit.ly/2K0irTy

ADAMHS Board Roads to Recovery Conference

October 21, 7:30 am - 5:30 pm
Cleveland Airport Marriott Hotel

*Registration beginning in August

The MetroHealth System Annual Meeting



The MetroHealth System held its annual meeting on June 28. (l-r) Katie Kern-Pilch, Board Member; Scott S. Osiecki, CEO; Eugenia Kirkland, Vice Chair; and Regina Spicer, Training Officer attended.

Dr. Koblentz on Fox 8 News



Dr. Leslie Koblentz, Chief Clinical Officer Consultant, sat down with Fox 8 news reporter Matt Wright to discuss the difficulties of providing SUD treatment and mental health care in jail environments. Fox 8 did this story in response to a Cleveland City Council proposal to eliminate fines and penalties for small amounts of marijuana.

Visit to Joseph's Home

Scott S. Osiecki, CEO; Maggie Tolbert, Assistant Chief Clinical Officer; and Larry Smith, Jr., Director of Adult Behavioral Health Programs, visited Joseph's Home on July 16. Joseph's Home, a ministry of the Sisters of Charity Health System, is the only homeless service provider in Northeast Ohio that exclusively focuses on medical respite care for men.

The ADAMHS Board provides funding for Recovery Support Services at Joseph's home. Joseph's Home offers a unique, multi-dimensional approach to assisting residents in identifying behavioral health issues and breaking down barriers to recovery. The home uses an integrated care team that consists of a Medical Director, Behavioral Health Director, Respite Care Manager, Registered Nurse, Health Care Navigator, and Peer Recovery Supporter. The ADAMHS Board funded program expanded peer recovery support services for acutely ill homeless residents who are suffering from substance use disorders and severe mental illnesses to further help residents and alumni build self-sufficiency and maintain positive health outcomes.

Mental Health Night at Progressive Field

July 18 was Mental Health Awareness Night at Progressive Field. \$2 from every ticket purchased with a special order form was donated to the ADAMHS Board. Attendees of Mental Health Awareness Night marched around the field before the game started! Thank you to everyone who supported this event and attended the game!

Thank you to Thyme Table Restaurant!

Thyme Table restaurant in Bay Village held a fundraiser for suicide prevention on June 25 for *Bourdain Day*, a day celebrating the life of famous chef **Anthony Bourdain** who died by suicide. Thyme Table donated the \$500 raised to the ADAMHS Board for suicide prevention efforts.

New Youth Trauma Training for the Cleveland Division of Police

The **Cleveland Division of Police's** In-Service Trainings started in July and run through November, 2019. As a result of the **Mental Health Response Advisory Committee's** (MHRAC) work, a training called, "Recognizing and Responding Effectively to Traumatized Youth" is now part of In-Service Training. It will be provided by trainers from the ADAMHS Board and several provider agencies.

Summer Training Institute

There are still spots left in the last Summer Training Institute Workshop on August 29, "The Science of Supervision & Ethics in the Electronic Age: Standards for Ohio." Register: summersciencesupervision.eventbrite.com.

Thank You to Hugh Shannon for His Service

Hugh Shannon resigned from the Board of Directors at the end of June. We thank Hugh for his service to the ADAMHS Board, and look forward to continued partnership with him in his role at the **Cuyahoga County Medical Examiner's Office**.

Meetings of Note

ADAMHS Board staff has been busy meeting with partners to see how we can better collaborate to serve our clients. Some recent meetings of note include:

- On July 18, ADAMHS Board Executive Staff met with staff from the Cuyahoga County **Department of Children and Family Services** and the **Board of Developmental Disabilities**.
- On July 29, **Dr. Leslie Koblentz**, Chief Clinical Officer Consultant, held her first meeting for Provider Agency **Medical Directors**.

OACBHA News: Osiecki to Chair Governance Committee

Scott S. Osiecki, CEO, was recently appointed as Chair of the **Ohio Association of County Behavioral Health Authorities (OACBHA) Governance Committee** and attended the **Executive County/Committee Chairs Retreat** that was held at Salt Fork Lodge and Conference Center July 11-12.

The retreat focused on next steps regarding local Recovery-Oriented Systems of Care (ROSC) and setting goals and action steps for OACBHA. The Council also highlighted the importance of building partnerships with the new administration in the **Governor's Office, OhioMHAS, Ohio Department of Medicaid** and **Managed Care Organizations** to work on funding opportunities, parity and advocacy.

East Cleveland Neighborhood Center New Executive Director

In August, **Jerome M. West** will become the Executive Director of the **East Cleveland Neighborhood Center**. Mr. West will take the place of **Maxine Landers** who is retiring at the end of the year. Welcome, Jerome!

A Big Welcome to Our New Director of Adult Behavioral Health Programs!

Larry Smith, Jr. started in July as the new **Director of Programs**. Before coming to the ADAMHS Board, he was Program Director for the **Lake County Sheriff's Office Jail Treatment Program**. He is



Larry Smith, Jr.

a Licensed Independent Chemical Dependency Counselor, Licensed Independent Social Worker and a Cleveland State University alumnus.

Larry looks forward to learning about all of the providers and services available in Cuyahoga County and helping the ADAMHS Board and its providers carry out their missions.

He can be reached at 216-241-3400 x. 706 or lsmith1@adamhsc.org.

Meet Our New AmeriCorps VISTA

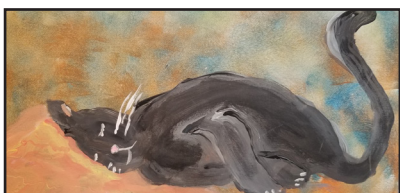
Jake Rosebrock is an **AmeriCorps VISTA** member serving a one-year term with the Board on behalf of the **Ohio Association of County Behavioral Health Authorities (OACBHA)**. As a **Community Relations and Engagement Specialist**, he will strengthen efforts to combat the opioid epidemic.



Jake Rosebrock

Jake holds a Bachelor degree from Miami University where he co-majored in Zoology/Pre-Medical Studies and a Master of Medical Physiology from Case Western Reserve University. Jake looks forward to finding solutions to combat the opioid epidemic, and gaining a better understanding of how prescription opioids from dental, medical and veterinary offices play a role in the opioid epidemic.

He can be reached at 216-241-3400 x. 827 or via email at jrosebrock@adamhsc.org.



Farewell Carol and Yancey!

Carol Krajewski, Executive Specialist, is retiring after 34 years of public service, including 24 years with the ADAMHS Board. **Linda Lamp**, Executive Assistant, will take over Carol's responsibilities when she retires at the end of August. Carol has worked with 97 Board Members over the course of her career.

Yancey Quinn, Programmer Database Specialist, will be leaving the ADAMHS Board in August for a job with the County Prosecutor's Office after over 21 years with the ADAMHS Board.

We thank you both for your years of service and wish you the best of luck in your next chapters. You will be missed!



Carol Krajewski and Yancey Quinn at the 2019 Annual Meeting.

Faces Changing at the Front Desk

Laura Grossi, one of our receptionists from **Magnolia Clubhouse**, found permanent employment as a receptionist with **Emerald Development and Economic Network (EDEN)**. Congratulations, Laura! Best of luck at your new job!

Danielle Conley, also from Magnolia Clubhouse, started in July as the new Receptionist. Welcome, Danielle!



(above) Laura Grossi and Tami Fischer, Chief Administrative Officer, at Laura's farewell celebration in July.

(left) Painting of a napping cat by an artist at Far West Center.

September Suicide Prevention Awareness Month Activities

The ADAMHS Board and the Suicide Prevention Coalition has been chosen as the Charity Spotlight on 107.3 the Wave for Suicide Prevention Month. The Charity Spotlight focuses on one organization per month to raise funds and awareness of an issue. The ADAMHS Board and its partners will be featured during September for Suicide Prevention Month. Stayed tuned to 107.3 in September to learn more about suicide prevention efforts in Cuyahoga County and help us save lives!

The ADAMHS Board is also taking part in a statewide QPR-a-Thon. Boards across the state will be doing as many Question, Persuade and Refer (QPR) trainings during suicide prevention awareness month as possible. If you are interested in scheduling a QPR Training for a church, school, business or community group, please contact **Carole Ballard**, Director of Training and Education via email to ballard@adamhsc.org.

Art Gallery

These paintings are on display this month in the Ohio Room. The artists are from **Far West Center's Art Helps and Heals (AHH!)** art therapy program. Thank you for sharing your beautiful art!

