

## ***Eaton Corporation Prioritizing Mental Health and Stigma Reduction***

**Scott S. Osiecki**, CEO, spoke on a panel at **Eaton Corporation** about the opioid crisis. The panel discussion was part of *Strive for Change*, Eaton's yearlong focus on mental health and stigma reduction.

Other panelists included **Justin Herdman**, U.S. Attorney for the Northern District of Ohio and **Dr. Judy Welsh**, Emergency Medicine Physician at the **Cleveland Clinic**. The panel was moderated by **Tony Ganzer**, Afternoon Host for 90.3 **Ideastream**.

Panelists covered everything from law enforcement and harm reduction efforts to community collaborations and available services. Special thanks to Eaton Corporation for joining the conversation, helping to reduce stigma and providing education and support to its employees.

Twenty-one Eaton Corporation sites from across the nation watched the panel remotely. Video of the panel discussion is also available on the company's intranet, internal social media site and it was given to all HR professionals in the organization to share within their divisions.



*(l-r) Tony Ganzer, Afternoon Host for 90.3 Ideastream; Justin Herdman, U.S. Attorney for the Northern District of Ohio; Dr. Judy Welsh, Emergency Medicine Physician at the Cleveland Clinic; and Scott S. Osiecki, CEO.*

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## ***Mental Health Response Advisory Committee Released 2018 Annual Report***

As required by the Memorandum of Understanding between the **City of Cleveland** and the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County, the **Mental Health Response Advisory Committee (MHRAC)** has completed its 2018 Annual Report. This report was submitted to the ADAMHS Board and the City of Cleveland, as well as the community, on January 31.

The report can be found on the "DOJ/CDP Settlement Agreement" page on the ADAMHS Board website: [www.adamhsc.org](http://www.adamhsc.org).

## ***Calling All Artists! Monthly Art Displays Needed***

The ADAMHS Board of Cuyahoga County is calling for artists to display artwork as part of the **2019 Client Artwork Display Program**.

This program showcases client artwork, highlights provider agencies, recognizes the benefits of art therapy and celebrates the recovery community.

Individuals receiving mental health and/or addiction treatment and recovery services in Cuyahoga County may display artwork in the Ohio Room at the ADAMHS Board of Cuyahoga County for one month.

Interested in participating?

Please contact **Madison Scagnetti**, External Affairs Officer, via email at [scagnetti@adamhsc.org](mailto:scagnetti@adamhsc.org), or by calling 216-241-3400, ext. 861.

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## ***ADAMHS Board Annual Meeting & 10<sup>th</sup> Anniversary Celebration: May 13***

The Annual Meeting is Monday, May 13 at 9:00 a.m. at Cleveland Marriott East. The celebration will include brunch, an awards presentation and client art show/contest.

Watch your inbox for an invitation to this special anniversary celebration.

# SAVE *the* DATE

ADAMHS BOARD ANNUAL MEETING  
*10<sup>th</sup> Anniversary Celebration*  
Monday, May 13 at 9 am  
Cleveland Marriott East | Warrensville Heights, Ohio

## Out & About

### **Board Member Speaks to Law Students About Mental Health and Addiction**

Board member **Harvey A. Snider, Esq.** spoke on a panel at the **Case Western Reserve University School of Law**. Panelists explored issues regarding professional development as it relates to mental health and wellness.

### **Board Takes Part in Baldwin Wallace Event about the Opioid Epidemic**

Board staff handed out resources at a **Baldwin Wallace** event about the opioid epidemic. The event was held for students in Physician Assistant Programs at Baldwin Wallace, **Case Western Reserve University** and **Lake Erie College**. It was also open to other students and the public who wanted to attend. The event included a resource room and panel discussion during which panelists shared stories as individuals in recovery.

### **Volunteers from Cleveland State University Help ADAMHS Board**

A group of students from **Cleveland State University** (CSU) came to the ADAMHS Board this month to prepare Deterra bags for distribution. The students put stickers on each of the bags that list the ADAMHS Board's Suicide Prevention, Mental Health/Addiction Crisis Information and Referral Hotline (216-623-6888) and the Crisis Text Line (741741).

The volunteers are part of a student-led service organization at CSU called Viking Expeditions. The students volunteer locally then travel on volunteer trips during winter and spring breaks.



Thank you to CSU students Michael Nozak (left), Nahla Youssef (right) and Kaitlyn Lynch (back) for volunteering at the ADAMHS Board!

## Upcoming Events

**Meet Your Legislators** is a new monthly meeting series for the community to talk with legislators about why mental health and addiction prevention, treatment and recovery supports are important for our community. **The first meeting is scheduled for Monday, March 25 at 10:00 am and will be held at the ADAMHS Board. More details to come.**

### MARCH

#### **Survivors of Suicide Loss Series**

Fridays March 1 to April 5

6:00-8:00 pm

Cornerstone of Hope,  
5905 Brecksville Rd.

Register: [cornerstoneofhope.org](http://cornerstoneofhope.org)

#### **Community Forum on Mental Health and Addiction**

March 13, 6:00-8:00 pm

Salvation Army, 1507 Doan Ave.

#### **Edna House St. Patrick's Day Benefit**

March 16, 5:30-9:00 pm

UAW Hall, 5615 Chevrolet Blvd.

#### **Sober Seventeenth 6<sup>th</sup> Annual Sober St. Patrick's Day Party**

March 17, 5:00-8:00 pm

Ahern's Banquet Center,  
726 Avon-Belden Rd.

Buy tickets at: [sober17.org/tickets](http://sober17.org/tickets)

#### **Town Hall on Mental Health and Addiction**

March 22, 5:00-8:00 pm

Willson School, 1126 Ansel Rd.

#### **Domestic Violence Forum**

March 30, 10:00 am - 2:00 pm

Moore Mediation & Counseling Services

### APRIL

#### **Ohio Recovery Housing Conference**

April 1-3, 2019

Embassy Suites - Dublin

Register:

[conf.ohiorecoveryhousing.org](http://conf.ohiorecoveryhousing.org)

#### **Hoarding Connections Conference**

April 26, 8:15 am - 4:00 pm

Embassy Suites Independence,  
5800 Rockside Woods Blvd.

Register: [hoardingconnectioncc.org](http://hoardingconnectioncc.org)

### MAY

#### **Rose Centers for Aging Well Annual Fundraiser**

May 4, 6:00-9:00 pm

Benjamin Rose, 11890 Fairhill Rd.

Buy tickets at:

[benrose.org/RoseCenters/Annual-Fundraiser.cfm](http://benrose.org/RoseCenters/Annual-Fundraiser.cfm)

#### **SAVE THE DATE**

ADAMHS Behavioral Health & Human Services Career Fair

May 10 - Doubletree, Beachwood

#### **Annual Meeting Celebration**

May 13, 9:00 am

Cleveland Marriott East

### JUNE

#### **OACBHA's Opiate Conference**

June 10-11 in Columbus



## Training News

### Training Institute

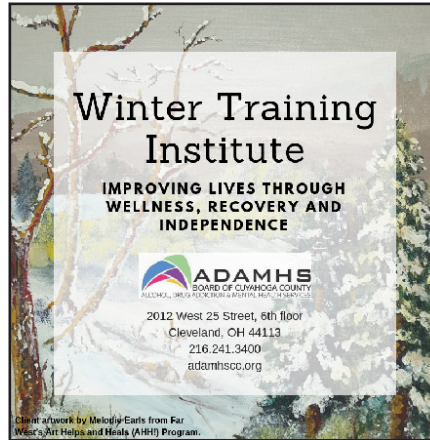
The **ADAMHS Board of Cuyahoga County Training Institute's** Winter trainings run through the end of March. There are still spots available for several trainings including:

*March 11: Immigration and Cultural Aspects of Refugee Mental Health*

*March 14: Beyond Cultural Competency, Toward Cultural Advocacy*

*March 20: Healing ADD in Adults and Children*

Please register via Eventbrite. The full training schedule can be found on our website: [adamhsc.org](http://adamhsc.org). Look for the Spring Training Institute schedule to be released in March.



## Staff News

### Welcome New Staff Member:

#### Jess Saker, Network & Systems Specialist

Jess Saker joined the ADAMHS Board in February as the Network & Systems Specialist. Jess has a Bachelor of Science degree in Computer Science from Kent State University. She worked in IT at the Cleveland VA for a number of years. "I'm honored to be working at the Board. Everything up to this point – my education, IT experience, struggle with alcoholism and life filled with recovery – led me to this job," she said.

Jess can be reached at 216-241-3400 x. 806 or by email: [jsaker@adamhsc.org](mailto:jsaker@adamhsc.org).



Jess Saker

### Board of Directors

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Harvey A. Snider, Esq.  
Mary M. Step, Ph.D.

Scott S. Osiecki, Chief Executive Officer



A crocheted piece titled "The Horse" by Safiyah M. was on display this month in the Ohio Room.

## Community News

### Courage to Caregivers Launches New Programs This Month

**Courage to Caregivers** provides support for individuals caring for a loved one who has a mental illness. The organization started a new support group and breathing meditation program this month. The organization and its new programs were featured in a Cleveland.com article that helped attract new program participants! Visit [www.couragetocaregivers.org](http://www.couragetocaregivers.org) or call 216-536-7699 for more information.

### Improbable Players



*Improbable Players*, a theater prevention program, took the stage this month for their first tour in Cleveland. The actors performed four free community shows in North Olmsted, Parma, Westlake and Cleveland. Auditions were also held to hire actors for the new Cleveland troupe. All of *Improbable Players'* actors are individuals in recovery.

### Thank You FrontLine Service

ADAMHS Board staff received a phone call from an individual who recently used our **Crisis Stabilization Unit** operated by **FrontLine Service**. The caller said he felt safe, that staff members were phenomenal and that he is thankful for FrontLine Service. Keep up the great work!

**"Nothing is impossible; the word itself says, I'm possible!"**  
– Audrey Hepburn  
(1929-1993)