

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES MARCH 9, 2022

Committee Members Present: Katie Kern-Pilch, ATR-BC, LPC-S, Committee Chair, Gregory X. Boehm, M.D., J. Robert Fowler, Ph.D., / Other Board members: Steve Killpack, MS, Sharon Rosenbaum, MBA

Absent: Reginald C. Blue, Ph.D., Patricia James-Stewart, M.Ed., LSW

Board Staff Present: Scott Osiecki, Chief Executive Officer, Olivia Abdllrasul, Joseph Arnett, Christina Bohuslawsky-Brown, Danielle Clark, Cheryl Fratalonie, Madison Greenspan, Myra Henderson, Charde' Hollins, Woo Jun, Leslie Koblentz, Linda Lamp, Samantha Maloy, Nancy Mundy, Tawanna Pryor, Vicki Roemer, Jessica Saker, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Michaele Smith, Maggie Tolbert, Beth Zietlow-DeJesus

1. **Call to Order**

Ms. Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m.

2. **Public Comment on Agenda Items** – None.

3. **Board Member Attendance Roll Call**

Due to the current public health orders surrounding COVID-19, and the Board's commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Planning & Oversight Committee meeting was held via a Zoom meeting. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the Board member attendance roll call.

4. **Presentation:**

Early Childhood Mental Health (ECMH)

Ms. Charde' Hollins, Behavioral Health Prevention Specialist, shared background information regarding ECMH. She reported that in October 2021, a Request for Proposal (RFP) was issued for ECMH programming with the following ECMH Providers being selected as part of a competitive RFP process for CY2022-2023: 1) Achievement Centers for Children, 2) Applewood Centers, Inc., 3) Beech Brook, 4) Cleveland Rape Crisis Center, 5) Murtis Taylor Human Services System, 6) OhioGuidestone, 7) Positive Education Program, and 8) The Centers for Families and Children. Ms. Hollins reported that during CY2022-2023, the ECMH program will serve up to 850 children birth through six years of age. Funds provided will benefit children ages birth through six to aid in the social-emotional development as well as improve parent-child interaction. These funds will also prevent children birth to six from advancing in the trajectory of the behavioral health system. Overall, the program will increase access to ECMH services within the community and build capacity and decrease the wait list for the provision of ECMH services.

Ms. Hollins introduced Ms. Carolyn Welker, LPCC-S, Director of Community Services, Applewood Centers, Inc. Ms. Welker reported that Applewood Centers, Inc. has a contract with the Board to provide ECMH Consultation and Treatment and receives Ohio Department of Mental Health and Addiction Services (OhioMHAS) funding for Whole Child Matters. The Whole Child Matters initiative promotes a strong mental health foundation for children in an effort to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused help to parents, teachers and staff. Ms. Welker reported that the continuum of services provided by Applewood Centers, Inc. include: 1) Infant massage training and intervention for parents and children under 1 year, 2) Parenting groups or presentations, 3) Consultation in the home, community or center, 4) Mental health treatment services in the home, community or office, and 5) Trauma treatment for young victims of abuse and neglect.

The Infant Massage Program serves children birth to crawling, promotes nurturing touch, communication and attachment. This service is provided to individual parents but can also be done in a group format. The Parenting Groups / Presentations are done in collaboration with day care centers. These groups / presentations serve parents / guardians of children birth to eight years of age and utilizes the Triple P Parenting Curriculum. The Triple P Parenting Program is a comprehensive, evidence-based parenting and family support system designed to: 1) Increase parents' confidence and competence in raising children, 2) Improve the quality of parent-child relationships, 3) De-stigmatize parenting information and family support and 4) Make evidence-based parenting information and interventions widely accessible to parents. The Triple P system is based on five

core principles of positive parenting: 1) Ensuring a safe, supervised and engaging environment, 2) Creating a positive learning environment that helps children learn to solve problems, 3) Using consistent, predictable and assertive discipline to help children learn to accept responsibility for their behavior and become aware of the needs of others, 4) Having realistic expectations, assumptions, and beliefs about children's behavior, and 5) Taking care of oneself as a parent so that it is easier to be patient, consistent and available to children. These principles are reflected in the 17 parenting strategies (skills) that are taught to parents.

The ECMH Center Based Consultation Services serves children birth to six years of age. The primary focus is on providing support to daycare or preschool staff on behalf of an individual child. ECMH Consultation Services to families serves children birth to six years of age. These services are provided primarily in a home or community setting and consist of short term sessions to families to provide education, interventions and support; and utilizes the Devereux Early Childhood Assessment (DECA) strategies in consultation.

ECMH Treatment Services serves children birth to six years of age. These services are provided primarily in the home or community setting and utilizes DC 0–5 (Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood) and DECA. Services provided also include trauma treatment for young victims of abuse and neglect. In closing, Ms. Welker responded to Board members questions. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

5. Mobile Response and Stabilization Services (MRSS)

Mr. Larry Smith, Jr., Director of Programs, reported that MRSS is a 24/7 mobile crisis response service that provides four to six weeks of in-home crisis stabilization, skill building, and linkage to ongoing services for children, adolescents and their family. He stated that there is an expectation of mobile in-person response for every call within 60 minutes and that clients will be taught and coached the skills needed to reduce frequency and acuity of future crises. MRSS is an evidenced based and trauma informed service to be offered by certified providers throughout Ohio and included in OhioRISE coverage by Spring/Summer of 2022.

MRSS is a three-stage crisis response that includes, screening & triage, mobile response, and stabilization. Services provided by the MRSS team may include safety assessments, de-escalation, peer support, and skill building, among others. Additional MRSS benefits include the youth and/or family define the crisis, a team of two respond to calls in the community (a licensed clinician & either peer support or Qualified Mental Health Specialist (QMHS)). The full team also includes a supervisor & either a nurse practitioner or psychiatrist. The Ohio Department of Medicaid (ODM) has selected Aetna Better Health Ohio to implement the Ohio Resilience through the Integrated Systems and Excellence program (OhioRISE), serving as the specialized managed care organization for the state's children with the most complex behavioral health needs through offering and administering the OhioRISE plan.

MRSS providers intend to provide mobile response and stabilization services to children, youth, and young adults ages 0-21 who are enrolled in Ohio Medicaid in Cuyahoga County. OhioMHAS is still working on coordinating MRSS with the "988" initiative (centralized behavioral health crisis hotline). Providers are required to have training and certification in the MRSS model.

Motion to accept funding from Aetna Better Health of Ohio through the Ohio Department of Medicaid in the amount of \$375,000 to plan and implement Mobile Response and Stabilization Services in Cuyahoga County and to allocate the funding appropriately among selected child crisis providers for the term of December 31, 2021 to June 30, 2022 to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: G. Boehm / AYES: G. Boehm, R. Fowler / NAYS: None / ABSTAIN: None / **Motion passed.**

6. Review of Policy Statement Renewals

Mr. Woo Jun, Director of Risk Management, highlighted the minor changes made to the following policy statements up for renewal.

- Claims Appeal Policy
- Contract Modification Due to Change in Funding Policy

- Prioritization of Services & Resources Policy

Given no further policy statement revisions being proposed by committee members, the vote was taken.

Motion to recommend approval of the Policy Statement Renewals, listed above, to the full Board. MOTION: G. Boehm / SECOND: R. Fowler / AYES: G. Boehm, R. Fowler / NAYS: None / ABSTAIN: None / **Motion passed.**

7. Diversity, Equity and Inclusion (DEI) in Behavioral Health Care Update

Mr. Scott Osiecki, Chief Executive Officer, shared that the Board's DEI consultant, Rice Education Consulting (REdCon), completed the assessment phase of their work at the end of February 2022, collecting information from the community and stakeholders through surveys, interviews and focus groups. He stated that REdCon completed 18 one and one interviews, four focus groups with 63 participants, and reported that 339 surveys were completed.

Mr. Osiecki reported that on Tuesday, March 1, 2022 and Wednesday, March 2, 2022, the Board's strategic planning team, consisting of Rev. Benjamin F. Gohlstein, Sr., Board Chair; Ms. Patricia James-Stewart; and several identified Board staff, were involved in strategic planning sessions with REdCon to develop a three-year DEI Action & Equity Plan.

On day 1 the strategic planning team worked on prioritizing and accomplished the following:

- Shared their expectations for the day and the plan
- Reviewed the sensing data to identify common themes
- Discussed foundational terms (Diversity, Equity, Inclusion, and Culture)
- Explored themes and reflected on the future
- Prioritized key themes as Critical, Important or Desirable

On day 2 the strategic planning team worked on goal setting and accomplished the following:

- Discussed equitable actions
- Discussed overarching goals of the plan
- Categorized Critical Priorities
- Identified the framework for purpose, vision and values plan
- Identified Strategic Pillars
- The team agreed that the plan with overlay our Board strategic plan.

The Board's strategic planning team is looking forward to having three or four additional virtual sessions. Agenda topics for these sessions will include Session 3, which is scheduled for Thursday, March 17, 2022, 10:00 A.M. to 12:00 P.M., to discuss Action Planning, and include the following:

- Align on the goals of each pillar
- Identify strategies and actions to achieve each goal
- Develop measures of effectiveness

Once Session 3 is complete, REdCon will be assisting the strategic planning team to gather input from the community on the framework of the Board's DEI Plan from Friday, March 18, 2022, through Monday, March 28, 2022.

Session 4 and 5 will include a discussion of Action Planning, and include the following:

- Finalize key strategies
- Develop measures of effectiveness

At the conclusion of these sessions, the strategic planning team will accomplish the following:

- Collect feedback from stakeholders
- Develop the written plan
- Develop implementation notes to guide the organization
- Develop a calendar and tracker to measure the progress of the plan

At the conclusion of this process, the Board as well as the organizations that we work with, will have a clear road map with implementation recommendations to drive their equitable initiatives.

The Board's Diversity, Equity and Inclusion in Behavioral Health Care Work Group met on Monday, March 7, 2022, and Ms. Lesli Rice from Rice Education Consulting updated the group on the assessment phase of their work. Ms. Rice also conducted exercises to gather input on ways that the work group can assist with the accountability of DEI efforts in the local behavioral health system. She also stated that changing the name of the DEI Work Group will be discussed and agreed upon at the next meeting on Monday, April 4, 2022, at 1:00 p.m.

8. **New Business** – None.

9. **Public Comment Period**

Mr. Jason Rosier, Vice President & Co-founder of a newly opened men's Recovery Home called Recovery Solutions, LLC, stated that he has been reaching out to the Board to inquire about becoming another provider for the community of Recovery Housing. Mr. Osiecki requested that Ms. Maggie Tolbert, Assistant Chief Clinical Officer, look into the matter and provide an update.

10. **Upcoming March and April Board Meetings:**

- Finance & Operations Committee Meeting: March 16, 2022
- General Meeting: March 23, 2022
- Faith-based Outreach Committee Meeting: April 6, 2022
- Nominating Committee Meeting: April 13, 2022
- Planning & Oversight Committee Meeting: April 13, 2022
- Finance & Operations Committee Meeting: April 20, 2022
- General Meeting: April 27, 2022

There being no audience comment or further business, the meeting adjourned at 4:48 p.m.

Submitted by: *Linda Lamp, Executive Assistant*

Approved by: *Kathleen Kern-Pilch, ATR-BC, LPC-S, Planning & Oversight Committee Chair*