

Health and Human Services Levy Campaign Updates

- **Great Turnout at the Yard Sign Event**

The Issue 33 yard sign assembly event was well-attended by ADAMHS Board staff and dozens of other volunteers. The ADAMHS Board is an Issue 33 Yard Sign pick up location - swing by and grab your sign to support the Health and Human Services Levy today!

- **Meeting with Community Groups About the Levy**

ADAMHS Board staff have been busy meeting with community groups to talk about the importance of passing Issue 33 - the Health and Human Services Levy. **Scott S. Osiecki**, CEO, met with the **Detroit Shoreway Community Development Organization** to discuss the levy and mental health and addiction issues in the community. Rev. **Benjamin F. Gohlstin, Sr.**, Board Chair, and **Beth Zietlow-DeJesus**, Director of External Affairs, spoke with several groups of pastors about the levy. **Rev. Benjamin F. Gohlstin, Sr.** has also appeared on numerous radio shows and at other community events sharing the benefits of this levy for Cuyahoga County residents.

- **Volunteers Needed for Phone Banks**

The ADAMHS Board is calling on our providers to hold phone banks for staff and volunteers to make calls promoting the levy. If your organization is interested in hosting a phone bank, please contact **Beth Zietlow-DeJesus**, Director of External Affairs via email to dejesus@adamhsc.org or by phone at 216-479-3264.

- **Voting Information**

Did you know that voting day is on St. Patrick's Day this year? If you are not able to get out to vote on **March 17**, consider voting early or voting by mail. More information can be found on the **Cuyahoga County Board of Elections** website: www.boe.cuyahogacounty.us. **Issue 33 will be the last issue on your ballot, but make it your first priority!**

US Census Director Met with Community Leaders to Discuss Census 2020 Efforts

Scott S. Osiecki, ADAMHS Board CEO and **Beth Zietlow-DeJesus**, Director of External Affairs, attended a meeting with **Steven Dillingham**, US Census Director who visited Cuyahoga County because of the great efforts happening around the 2020 Census. Scott is a tri-chair of the Hard to Count Communities subcommittee for the county.



A group photo from the meeting with Armond Budish, County Executive and Steven Dillingham, US Census Director, and local partners agency representatives from Cuyahoga County, City of Cleveland, libraries, schools and more!



Scott S. Osiecki, CEO, and Michaela Smith, Opioid Use Disorder Specialist at the ADAMHS Board were happy to help!



Jenita Simmons, ADAMHS Board receptionist, and Ifeoma Ezepeue, COO and CRO for Community Action Against Addiction, teamed up to build yard signs.



Chris Morgan, ADAMHS Board Resource Specialist, and his wife Kristen posed for a quick photo at the event.



Scott Osiecki, ADAMHS Board CEO chats with Steve Dillingham, the US Census Director, about local census efforts.

The ADAMHS Board has been working to educate providers and the community about the importance of the 2020 Census and what to expect when Census collection begins in March.

ADAMHS Staff to Present at Upcoming Local, Statewide and National Conferences

ADAMHS Board staff submitted proposals to multiple local, state and national conferences, which were accepted. The ADAMHS Board will be presenting at the following conferences on topics including trauma and resilience, peer support, law enforcement training and addressing the opioid crisis:

- At the **Bureau of Justice Assistance's** Comprehensive Opioid Abuse Program (COAP) 2020 National Forum on March 10-12, 2020 in Washington, DC, **Larry Smith, Jr., LICDC, LSW**, Director of Programs, will give the presentation: *Investing in Innovative Peer Support Programming: From the Emergency Room to the Farm.*
- At the Cuyahoga County Social Work Conference on March 13, 2020 at **Case Western Reserve University, Carole Ballard, MSSA, LISW**, Director of Education and Training, will give the presentation: *Cleveland Crisis Intervention Team Program: The Past and Present.* The Board is also presenting, *The Opioid Epidemic: Where are We Going?*
- At Ohio's 2020 Opiate and Other Drugs of Abuse Conference hosted by **OhioMHAS** and **OACBHA** on June 8-9, 2020 in Columbus, **Beth Zietlow-DeJesus**, Director of External Affairs; **Madison Greenspan**, External Affairs Officer; and **Jake Rosebrock**, AmeriCorps VISTA Member will give the presentation: *Fentanyl Test Strips: A Grassroots Harm Reduction Strategy.*
- At the Ohio Prevention Conference on June 29 – July 1, 2020 in Columbus, **Chardé Hollins, LSW**, Behavioral Health Prevention Specialist, will give the presentation: *Prevention for the Resilient: Effective Strategies for Communities Experiencing Trauma.*



(left) Angel D. displayed her artwork this month for the art display program.

ADAMHS Board is Hosting Monthly 40-Hour Peer Recovery Supporter Trainings

The ADAMHS Board is now hosting monthly 40-Hour, In-Person Peer Recovery Supporter Trainings, which is one of the steps to becoming an **OhioMHAS** Certified Peer Recovery Supporter.

Before attending an ADAMHS Board 40-hour in-person training, individuals must complete an e-Based Academy through OhioMHAS. A step-by-step guide to earning a peer recovery supporter certification is available on our website under the education tab. The full list of training dates and locations can also be found at there (www.adamhsc.org).

Thank you to **Thrive Behavioral Health** and **Future Directions** for providing space and assistance with these trainings.

Opioid Settlement Update

The ADAMHS Board has submitted timelines and evaluation metrics to the County for the programs and services that are being funded with the first round of opioid settlement dollars. The programs and services are expected to begin in April.

Scott S. Osiecki, CEO, recently sat down with **Adrienne DiPiazza**, Fox 8 News reporter, to discuss peer support in emergency rooms, a service being expanded with the settlement dollars. The peer support services provided by **Thrive Behavioral Health** will be expanded to ten additional emergency rooms, including at **University Hospitals** and **Cleveland Clinic**. Thrive Behavioral Health already provides peer support services in the emergency departments at **MetroHealth** and at **St. Vincent Charity Medical Center**.

Adrienne also interviewed a peer supporter and the individual she helped through the ThriveED program at MetroHealth, who is now living in recovery. The story is expected to air in April.



A ThriveED peer supporter reconnected with an individual she helped who is now in living in recovery for a story with Fox 8 News reporter, Adrienne DiPiazza.

Crisis Services in the Northeast Ohio Collaborative and Using State Crisis Flex Funds

The ADAMHS Board is a member of the **Northeast Ohio Regional Collaborative**, which is partnership between behavioral health boards in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, and Summit counties. This collaborative has worked together to expand resources for crisis stabilization and withdrawal management services to collectively address a shortage of beds in these areas, using a grant from the Ohio Department of Mental Health and Addiction Services.

Through this collaborative a total of 90 individuals were provided services, 77 individuals were able to access withdrawal management services and 13 received crisis stabilization services. The majority of individuals served were between the ages of 25-34 years old and were residents of Cuyahoga County.

In addition, State allocated **Crisis Flex funds** helped serve six children who were experiencing mental health crises. These children were diverted to crisis stabilization beds in three local provider agencies, OhioGuidestone/Berea, Bellefaire and Applewood, rather than the justice or hospitals systems. Placement in the crisis stabilization beds also diverted further crisis in these children's homes. The remaining flex funds will be used to purchase capacity of four crisis beds, two for males and two for females.

Raising Awareness About the Danger of Carfentanil

In recent months, there has been an increase in Carfentanil overdose deaths in Cuyahoga County. Carfentanil is a lethal drug never meant for human consumption. It was created to sedate large animal like elephants. It is one hundred times stronger than fentanyl and one thousand times stronger than morphine.

The ADAMHS Board is continuing its efforts, in partnership with the County, to distribute **fentanyl test strips**. The Board is on track to distribute 60,000 fentanyl test strips by the end of 2020.

If your agency or business would like to become a fentanyl test strip distribution site, please contact **Jake Rosebrock**, AmeriCorps VISTA member via email to jrosebrock@adamhsc.org. Page 2 of 3

Using Art to Empower

One of the ADAMHS Board Faith-Based providers, **Coalition for a Better Life/Peace in the Hood**, is using art as part of their youth empowerment program. The kids in the program were able to express themselves through creating beautiful art.



Understanding and Changing the Narrative About Adverse Childhood Experiences

The ADAMHS Board is partnering with the Cuyahoga County Board of Health to better understand Adverse Childhood Experiences (ACEs) and the role they play in the opioid crisis. As part of this grant, the CDC is hosting a two-day workshop about how to change the narrative about ACEs and the opioid epidemic.

The first workshop was held on February 20. Participants worked as a community to build an understanding of narrative concepts related to Opioid use and Adverse Childhood Experiences and began identifying opportunities to apply narrative shift strategies in our local communities.

ADAMHS Board staff members who participated in the first workshop were Carole Ballard, Director of Education and Training, Carmen Gandarilla and Regina Spicer, Training Officers, Beth Zietlow-DeJesus, Director of External Affairs, Madison Greenspan, External Affairs Officer and Jake Rosebrock, AmeriCorps VISTA.

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Women's Recovery Center Held Grand Opening Celebration

The **Women's Recovery Center** held a Grand Opening, which was attended by board member, Katie Kern-Pilch, to celebrate their completed building remodel. In 2019, 115 women received treatment and 17 families were reunited as a result of the Center's work. They hope to serve triple that number now that the building renovations are complete!



A beautiful new mural was revealed at the grand opening celebration.

Staff Got a Sneak Peek of the New Stella Maris Building



Scott S. Osiecki, CEO and management team members Maggie Tolbert, RN, C, Assistant Chief Clinical Officer; Felicia Harrison, MBA, Chief Financial Officer; and Larry Smith, Jr., LICDC, LSW, Director of Programs, met with Daniel Lettenberger-Klein, Stella Maris Executive Director and checked out the progress of the new building at Stella Maris. We are looking forward to this project's completion and seeing more people connected to treatment!

"The only person you are destined to become is the person you decide to be."

– Ralph Waldo Emerson
American philosopher and poet
1803 – 1882

ADAMHS Board Training Institute

The ADAMHS Board offers trainings year-round to help behavioral health professionals earn necessary CEUs/RCHs. There is one winter training that still has spots available:

March 27: **Mindfulness-Based Wellness & Resiliency for Professionals Who Work with Trauma**
wintermindful.eventbrite.com

The Spring Training Schedule was just released, and there are a wide selection of trainings to choose from starting in April. Be sure to register early before the trainings fill up!

April 13: **The Neurobiology of Substance Use Disorder/Addiction**
springneurobiology.eventbrite.com

April 27: **Supervisory Toolbox**
springtoolbox.eventbrite.com

April 28: **Addressing Homelessness: History and Clinical Implications in the United States**
springhomelessness.eventbrite.com

May 4: **Ethical Slippery Slopes: From Good Intentions to Blurred Boundaries**
springethics.eventbrite.com

May 7 & 8: **Mental Health First Aid Training**
springmhfirstaid.eventbrite.com

May 11: **Ethics for Professional Providing Prevention Services**
springpreventionethics.eventbrite.com

May 15: **Teen Depression and Suicide**
springteen.eventbrite.com

June 12: **What Does Sexual Orientation Orient? Working with LGBT+ Adolescents and Adults Beyond Coming Out**
springlgbtq.eventbrite.com

June 19: **Overcoming Client Resistance**
springresistance.eventbrite.com

To review the Spring 2020 Workshop Schedule, visit www.adamhsc.org. Please be sure to read through the *important information* section on page one of the workshop schedule before registering for a training.

Upcoming Events

Domestic Violence and Child Advocacy Center Break the Cycle Luncheon

Friday, March 13, 2020 from 11:30 a.m. - 2:30 p.m.
LaCentre in Westlake

VOTING DAY

March 17, 2020

Vote FOR Issue 33 and Support Health and Human Services!

League of Women Voter's Health and Human Services Levy Forum - Scott Osiecki, ADAMHS Board CEO is speaking

March 5, 2020 at 7 pm

Shaker Heights Library

Cleveland International Film Festival Opening Night

March 25, 2020 at 7:00 p.m.

Festival runs from March 25 - April 5

7th Annual Ohio Recovery Housing Conference: ADAMHS Board Sponsored

March 30 - April 1, 2020

Embassy Suites - Dublin, Ohio

Register: www.ohiorecoveryhousing.org/conference

CWRU Racial Disparity, Social Justice and the Opioid Crisis Conference: ADAMHS Board Sponsored

April 17-18, 2020

Case Western Linsalata Center
11310 Juniper Road, Cleveland

Register: www.bit.ly/2GaAkML

State of the County:

April 22, 2020 from 12:00 – 1:30 p.m.

Huntington Convention Center

LifeAct's Into the Light Walk:

April 26, 2020 at 7:30 pm

Cleveland Metroparks Zoo

Women's Recovery Center Miracles of Recovery Breakfast:

May 7, 2020 from 7:30-9:00 a.m.

Windows on the River

Drugs: Cost and Consequences Exhibit

February 7 - June 21, 2020

Parma-Snow Library

2121 Snow Road, Parma



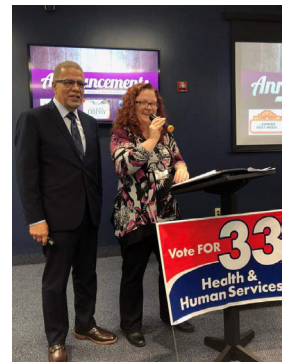
Save the Date: ADAMHS Board Annual Meeting on May 18, 2020

The Annual Meeting is Monday, May 18 at 9:00 a.m. at Cleveland Marriott East. The celebration will include brunch, an awards presentation and client art show/contest. Tickets will go on sale the first week in March. Information about art show will be sent out mid-March.

Meetings with Local Clergy to Talk Levy and ADAMHS Board Services

The ADAMHS Board Chair, **Rev. Benjamin F. Gohlstin, Sr.** connected local clergy groups with members of the ADAMHS Board staff to learn more about the levy and the services the ADAMHS Board provides. The ADAMHS Board is grateful for the opportunity to expand collaboration with local clergy members and give them information to share at their churches.

The most recent series of visits included **Beth Zietlow-DeJesus, Director of External Affairs**, speaking to members of the **Baptist Ministers Conference, United Pastors in Mission and East Cleveland Concerned Pastors** about Issue 33 - the Health and Human Services Levy - and how the ADAMHS Board meets people where they are with the services they need as a result of that funding. Conversations included suicide prevention, grief and mental health care for mothers and families affected by infant mortality and the emergence of the opioid crisis in the African American community.



Rev. Larry Macon and Beth Zietlow-DeJesus at the February 25 United Pastors in Mission Meeting.



Please Pardon Our Dust!

As part of our lease agreement, the building management is refreshing the ADAMHS Board offices with new paint and flooring at no cost to the Board.

If you've visited or will be visiting, thank you for your patience.