



ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

Abstract
Year-End Report of the Faith-Based Prevention and Treatment
Programs Supported by the ADAMHS Board of Cuyahoga County

Faith-Based Programs Performance Outcomes 2021 Annual Report
Faith-Based Outreach Committee Meeting
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The table below show for the Faith-Based providers the counts of the actual number of clients served in 2021 and the number of clients expected for the year. Some of the program participants have been involved with their program for multiple quarters and they are counted once in the first quarter of their program participation.

Provider	# Individuals Q1 Served	# Individuals Q2 Served	# Individuals Q3 Served	# Individuals Q4 Served	Total Individuals Served in Q 1-4	Expected Annual Total
99Treasures Arts & Culture	44	16	25	5	90	75
Brenda Glass Multipurpose Trauma Center	34	0	0	0	34	35
Faith Community Supportive Services	12	0	0	0	12	60
Far West Center - Bridges	0	4	0	0	4	45
Far West Center - Mental Health First Aid	0	7	3	1	11	28
Galilean Theological Center	38	0	0	0	38	30
Inner Healing Ministries	19	5	4	2	30	75
Naaleh Cleveland	50	6	14	2	72	40
NAMI - Mental Health First Aid	0	8	0	0	8	8
NAMI Education & Awareness Program	12	10	37	25	84	300
NAMI GC – Education & Awareness Naaleh Cleveland	0	0	0	0	0	40
Ohio GuideStone	10	32	26	24	92	115
Trinity Outreach Ministries – Another Chance of Ohio	56	25	24	0	105	150
Total	275	113	133	59	580	1001

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Due to program differences and ages of program participants, several measurement instruments are used. The DESSA instrument is designed for school age children. The DARS instrument is designed for adults. Both the DESSA and the DARS require an assessment at the beginning of a program as well as at the end of the program so that a measure of improvement can be shown. The Mental Health First Aid (MHFA) and the Awareness & Education Programs use quizzes to confirm that program participants have substantial knowledge about the program area. Client Services are a variety of community supportive services. The total in the table below is less than the total in the table above as clients are counted only once in the year in the table below.

Program Outcome Type	# Individuals First Time Served				
	Q1	Q2	Q3	Q4	Total
DESSA	93	9	27	2	131
DARS	67	69	55	31	222
MHFA	0	14	3	1	18
Awareness & Education	50	14	37	25	126
Client Services	46	0	0	0	46
Total	256	106	122	59	543

Devereux Student Strengths Assessment (DESSA) Outcomes

Faith-Based programming for children K-12th grade is measured through the Devereux Student Strengths Assessment (DESSA) instrument by comparing a Pre assessment with a Post assessment. The DESSA web-based system is designed to help school and after-school program staff promote the healthy social-emotional development of all children. As there are differences between younger children and high school age children, two separate instruments have been developed for children in grades K – 8 and the high school grades. The DESSA is a thorough assessment of the following social-emotional competencies:

Self-awareness; Social-awareness; Self-management; Relationship skills; Goal directed behavior; Personal responsibility; Decision making skills, and Optimistic thinking.

The scoring of the several competencies can be broken down into three categories:

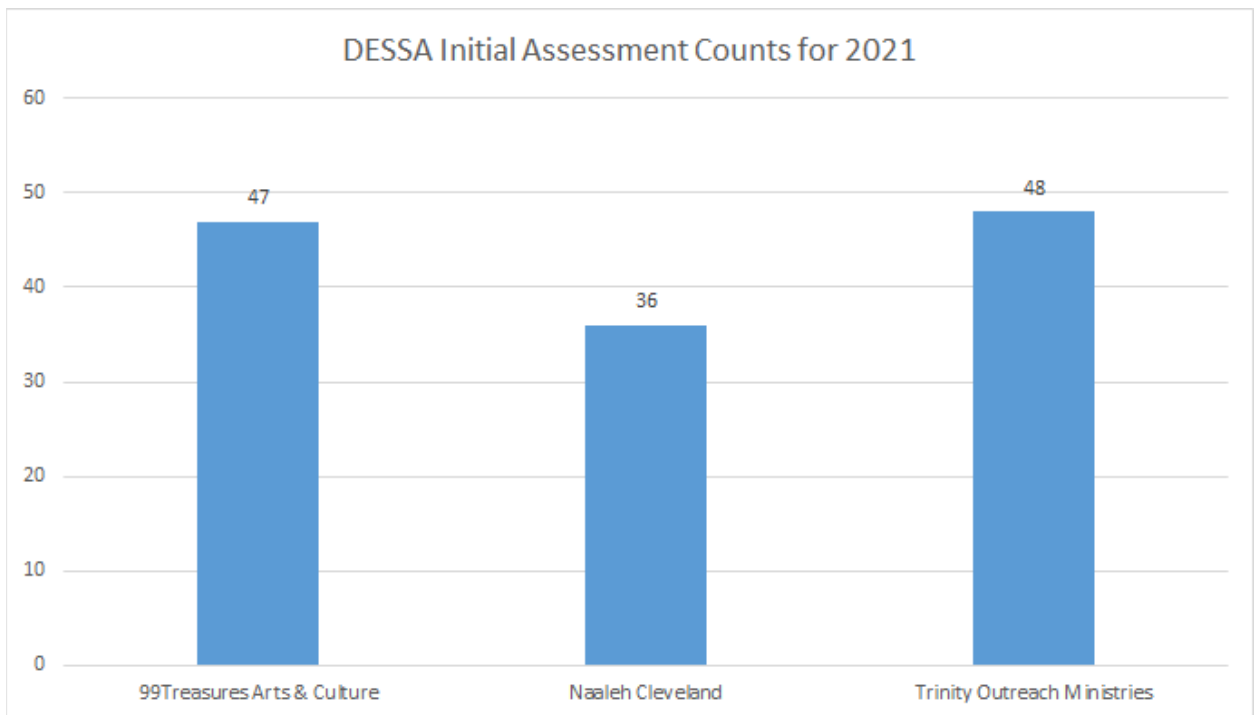
1. **“Strengths”** showing children doing well
2. **“Typical”** positive behaviors for children
3. **“Need for Instruction”** to further develop social and emotional skills

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Presently, the Board is receiving results of the DESSA MINI instrument that screens across the eight social-emotional competencies to identify generally whether children are in need for further social-emotional instruction. The expectation is that the programs provided by the three faith-based service providers using the instrument will show growth in social-emotional maturity which may be attributed to their programs. The following charts show a breakdown of various measures collected from DESSA including numbers of DESSA submitted, numbers of clients having both the Pre assessment DESSA and the Post program DESSA assessment, and changes from Pre to Post assessments.

DESSA Submissions

The chart below shows the number of clients who began services at each of the three providers who to use the DESSA social emotional learning instrument. A fourth provider, Inner Healing Ministries, had planned to use DESSA but has not submitted any data for 2021.

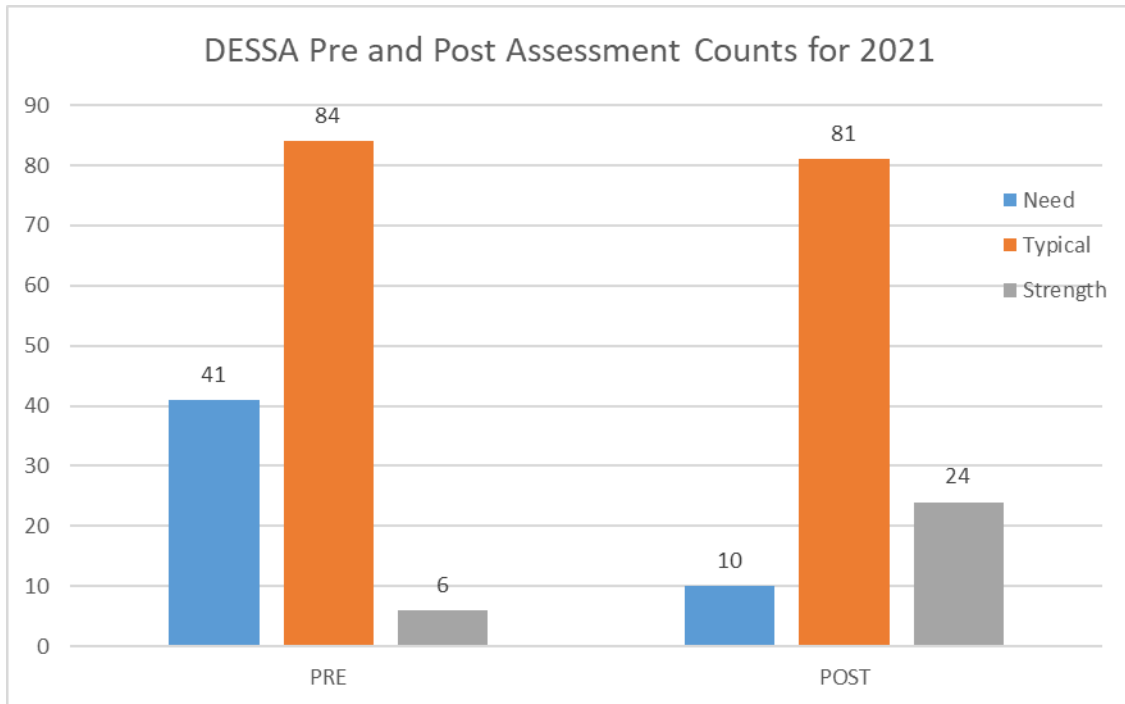


DESSA Pre/Post Submissions

The following includes counts of children who completed both preliminary and post assessments in a program for both the K-8 grades and high school grades combined. For those

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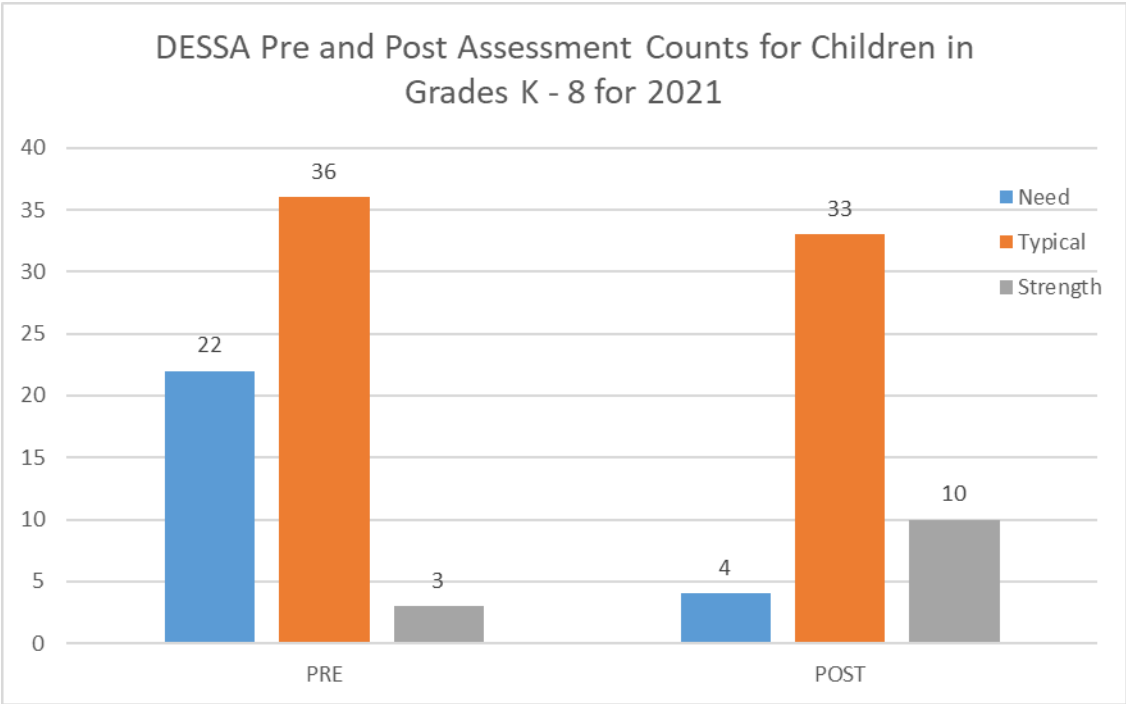
children who had both a Pre assessment and a Post assessment the following chart shows the number of children in each of the three learning categories, need of instruction, typical, and strengths at both assessment times. There is a reduction from 41 to 10 children who are in the need category from Pre to Post assessment. There is an increase from 6 to 24 children in the strength category. The size of the typical category decreased by one from 82 for Pre and 81 for Post assessments.



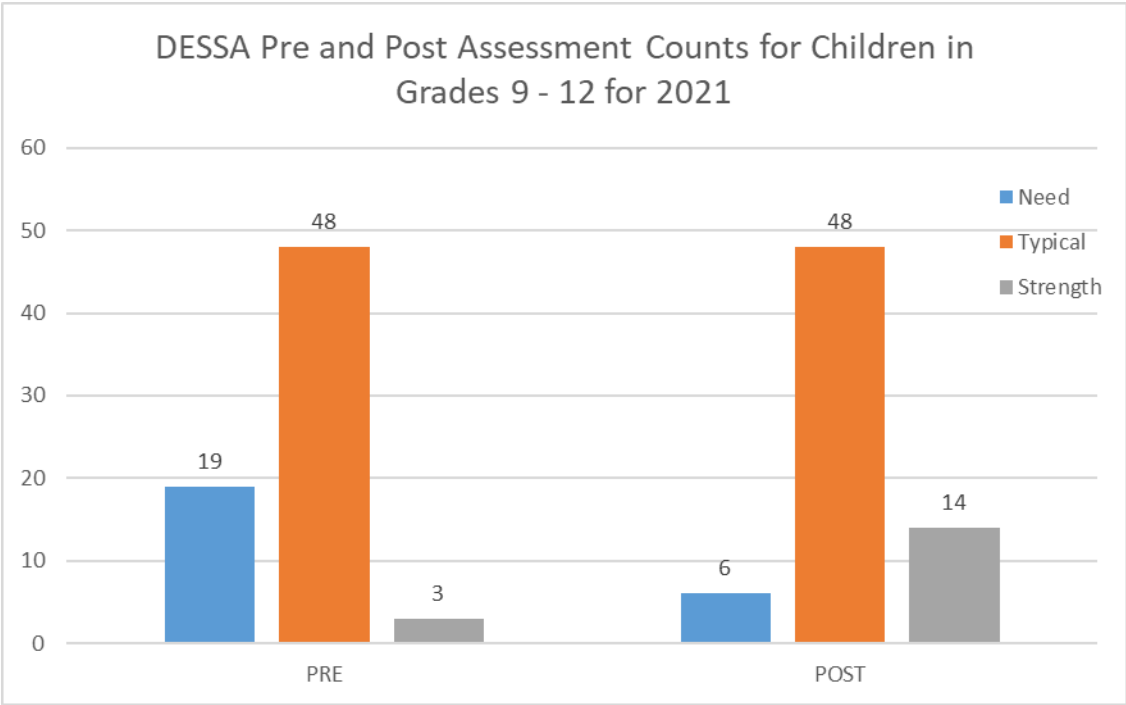
The $X^2(2) = 28.78, p < .05$, indicates a statistically significant change from Pre to Post assessment. This suggests that the interventions by all three Faith-Based providers had a positive impact on the social emotional learning during the programs.

The following two charts show detail for younger children in grade K – 8 and older children in grades 9 – 12. Note that there is more change in social emotional learning scores with the younger children.

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The $X^2(2) = 14.80, p < .05$, indicates a statistically significant change from Pre to Post assessment for children in grade K - 8. This suggests that the interventions by all three Faith-Based providers had an impact on the social emotional learning during the programs.

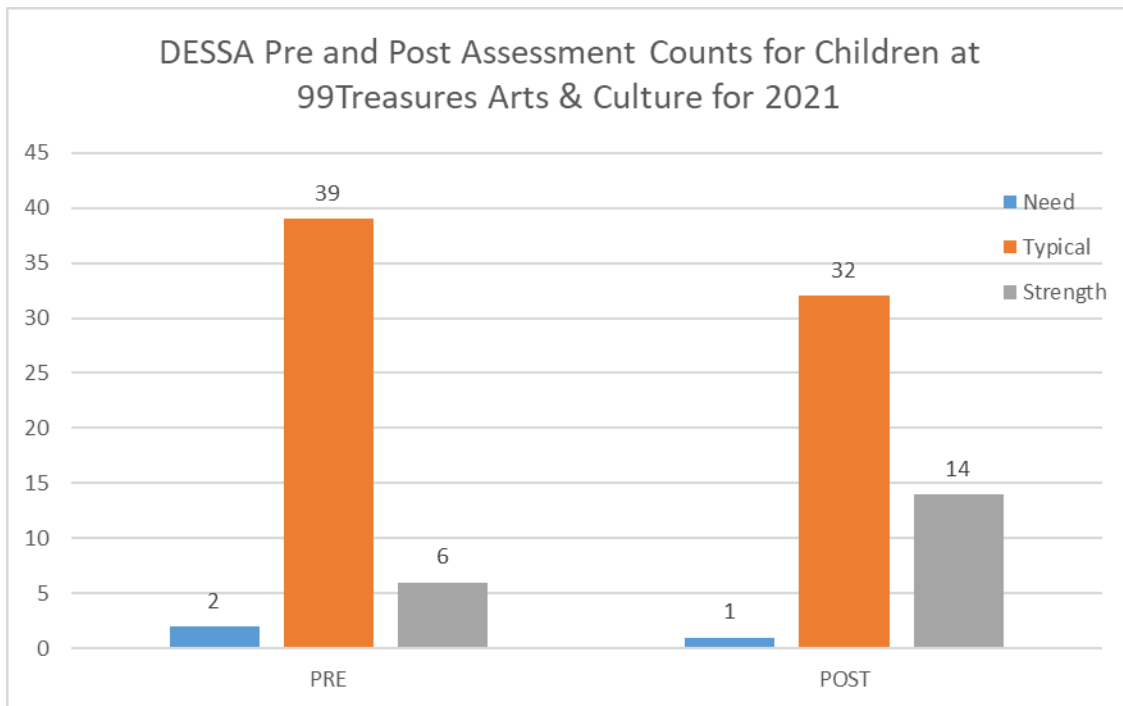


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The $X^2(2) = 13.85$, $p < .05$, indicates a statistically significant change from Pre to Post assessment for children in grade 9 - 12. This suggests that the interventions by all three Faith-Based providers had an impact on the social emotional learning during the programs.

DESSA Individual Agency Outcomes

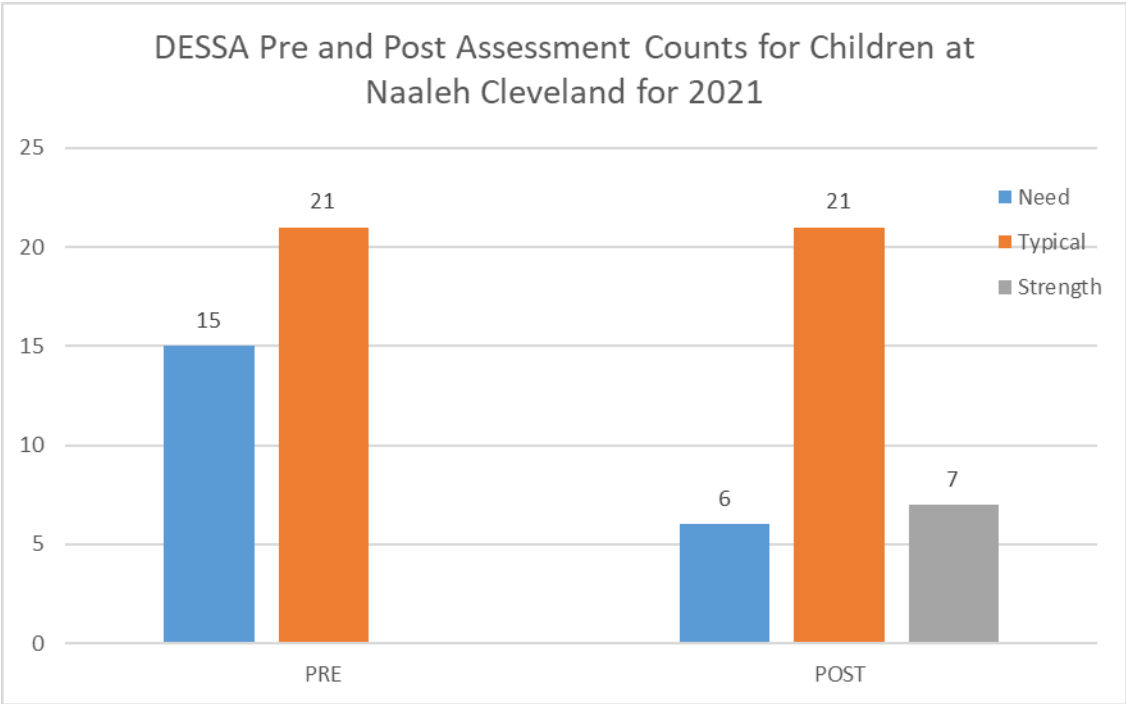
The following charts show counts for the pre and post assessments separately for each provider.



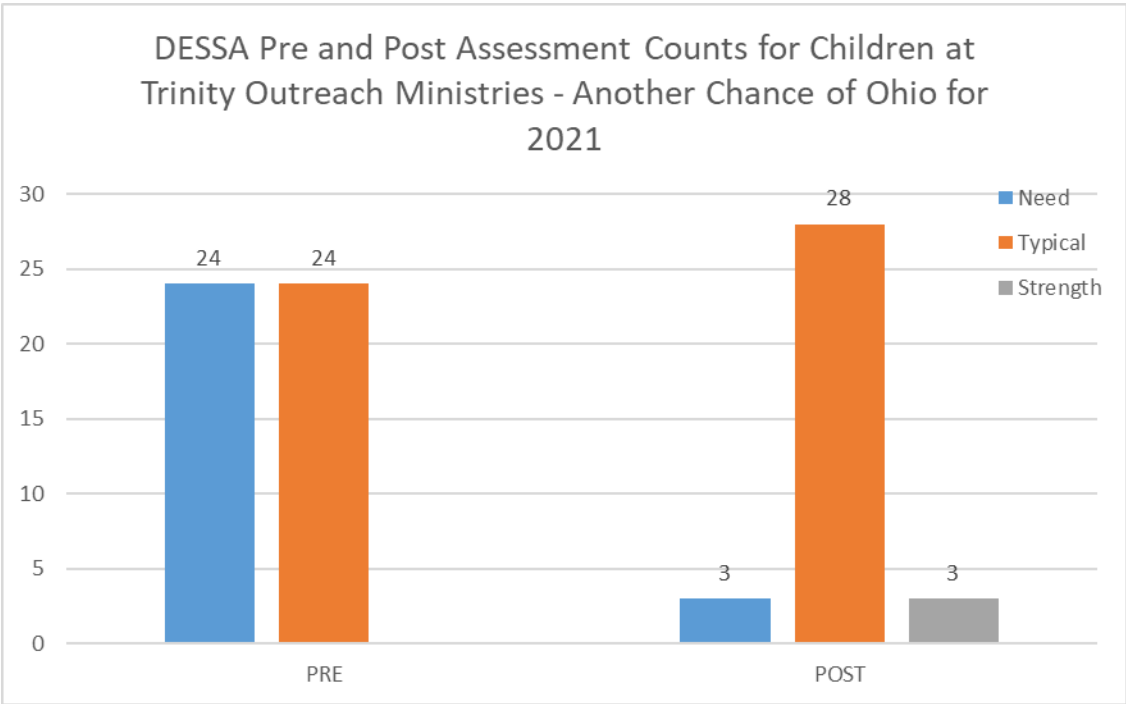
The $X^2(2) = 4.22$, $p > .05$, indicates no statistically significant change from Pre to Post assessment for children in the 99Treasures program. This suggests that the interventions by 99 Treasures did not have an impact on the social emotional learning during the programs.

There was no data for Inner Healing Ministries, so no chart was prepared.

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The $X^2(1) = 4.80, p < .05$, indicates a statistically significant change from Pre to Post assessment for children at Naaleh Cleveland. The Chi square statistic cannot be calculated for tables with cells with zero value. In this case, the categories of Typical and Strength were combined. This suggests that the interventions by Naaleh Cleveland had an impact on the social emotional learning during the program.



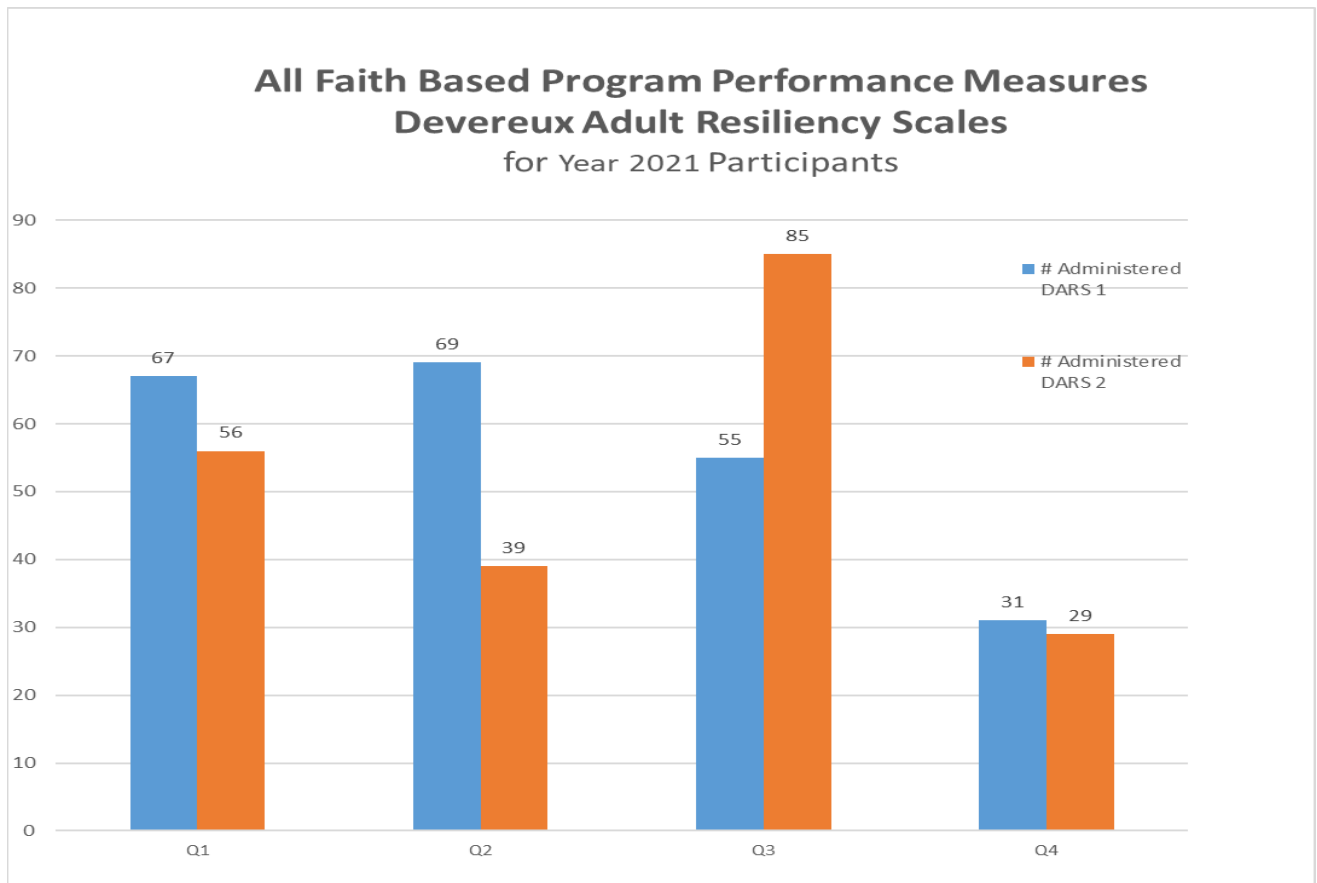
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The $X^2(1) = 15.28$ $p < .05$, indicates a statistically significant change from Pre to Post assessment for children at Trinity Outreach Ministries. The Chi square statistic cannot be calculated for tables with cells with zero value. In this case, the categories of Typical and Strength were combined. This suggests that the interventions by Trinity Outreach Ministries had an impact on the social emotional learning during the program.

Devereux Adult Resilience Survey (DARS) Outcomes

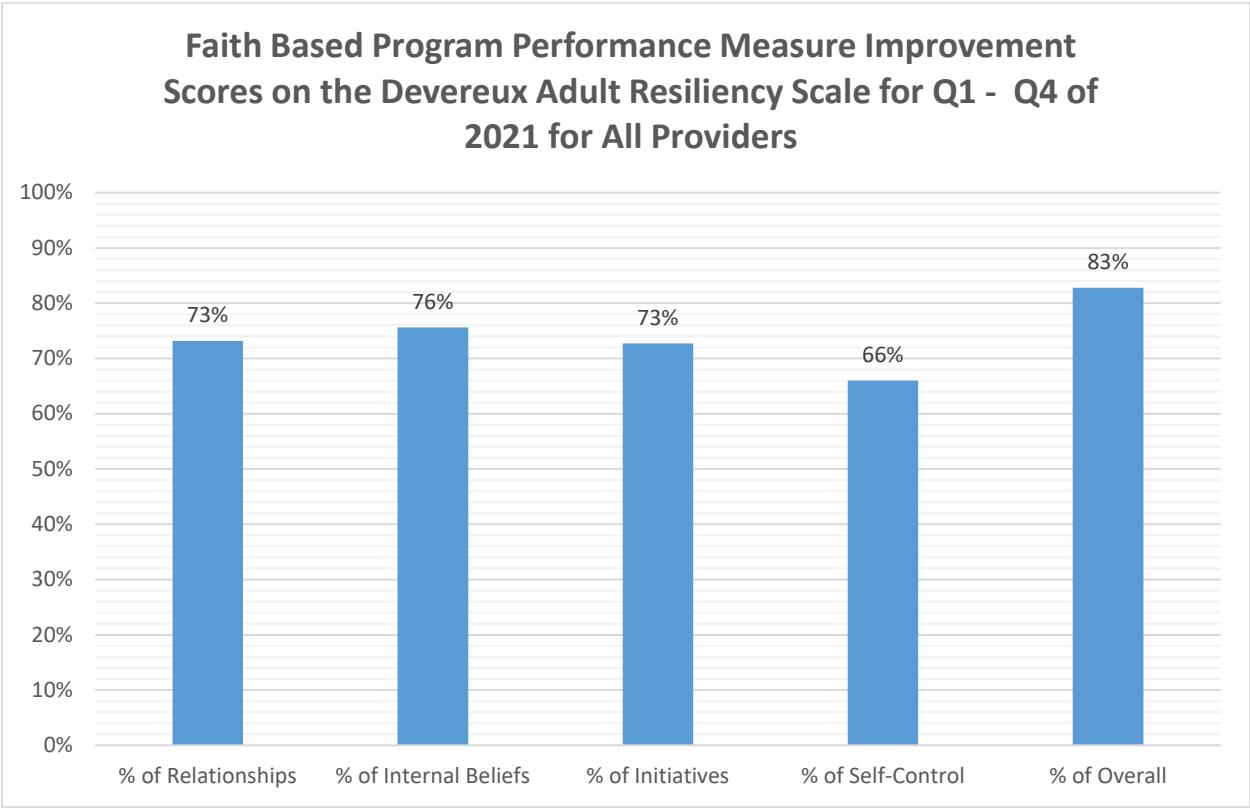
The Faith-Based Program for adults demonstrate resiliency measured as Always (A), Sometimes (S), or Not Yet (N) through the Devereux Adult Resilience Survey (DARS) instrument that promotes self-awareness regarding personal strengths to enhance creativity and the ability to set limits to cope with adversity and stress measured through the following areas:

- Will gain knowledge to develop healthy relationships
- Will learn skills to increase self-worth to enhance internal beliefs & values
- Will learn strategies to develop/enhance self-motivation to increase independence
- Will learn how to self-regulate & control without the use of substances and negative influences.



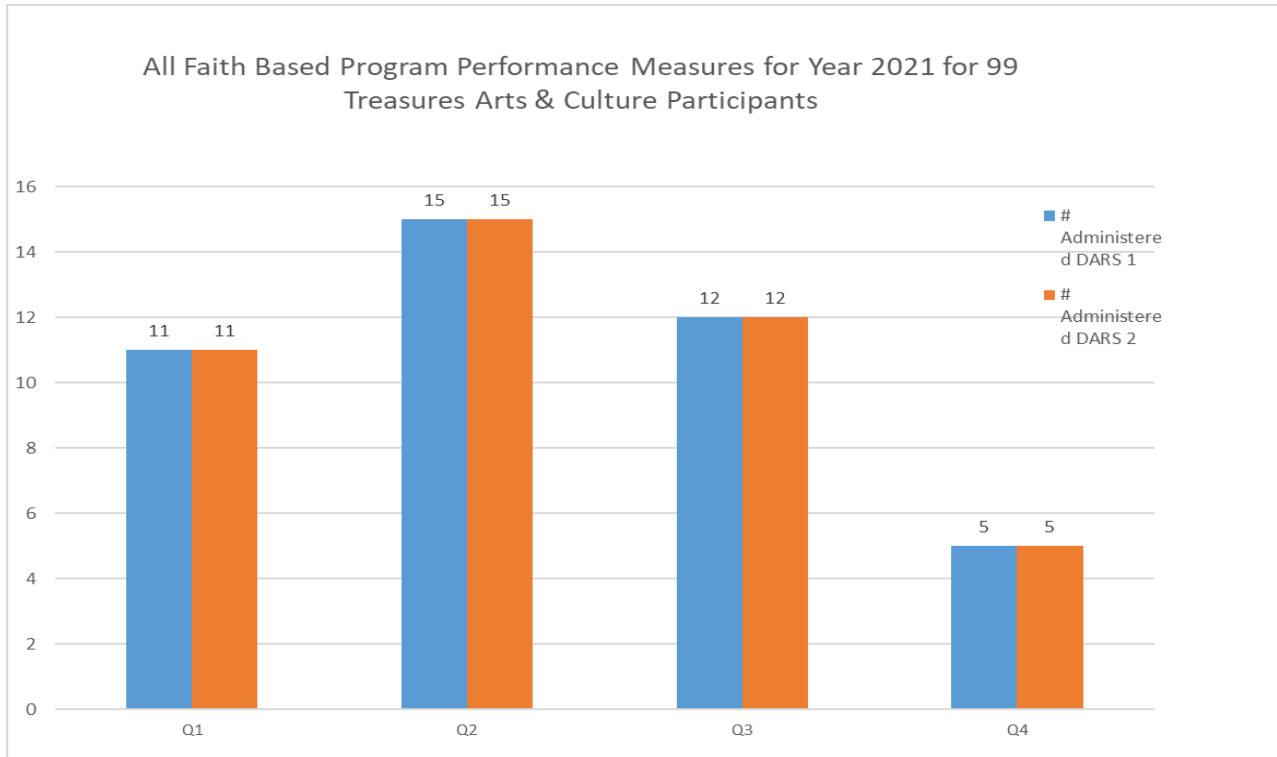
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The chart below shows that there were improvements for each of the domains measured by DARS with between 66% and 76% of program participants showing improvement. Overall, 83% of participants showed improvement in one or more domains. The target expected by the Board is 60% improvement for each of the four domains. Over the four programs using DARS, the Board’s expectations were met.

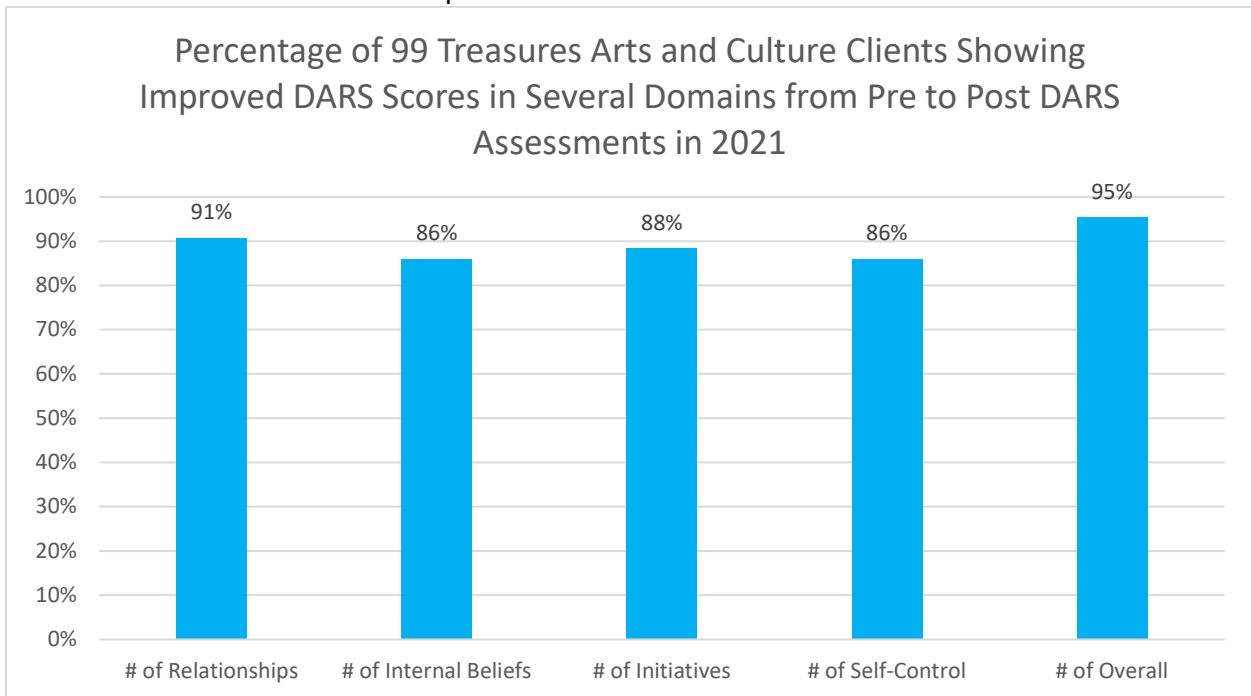


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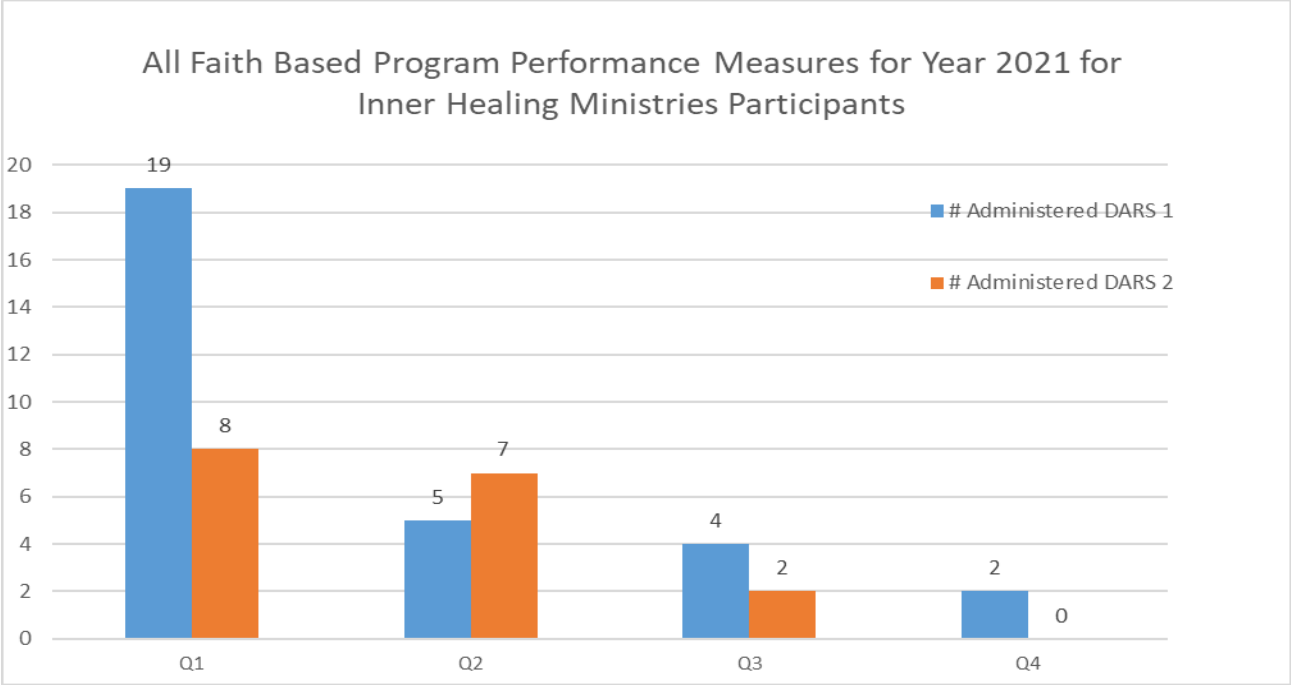
DARS Individual Agency Outcomes



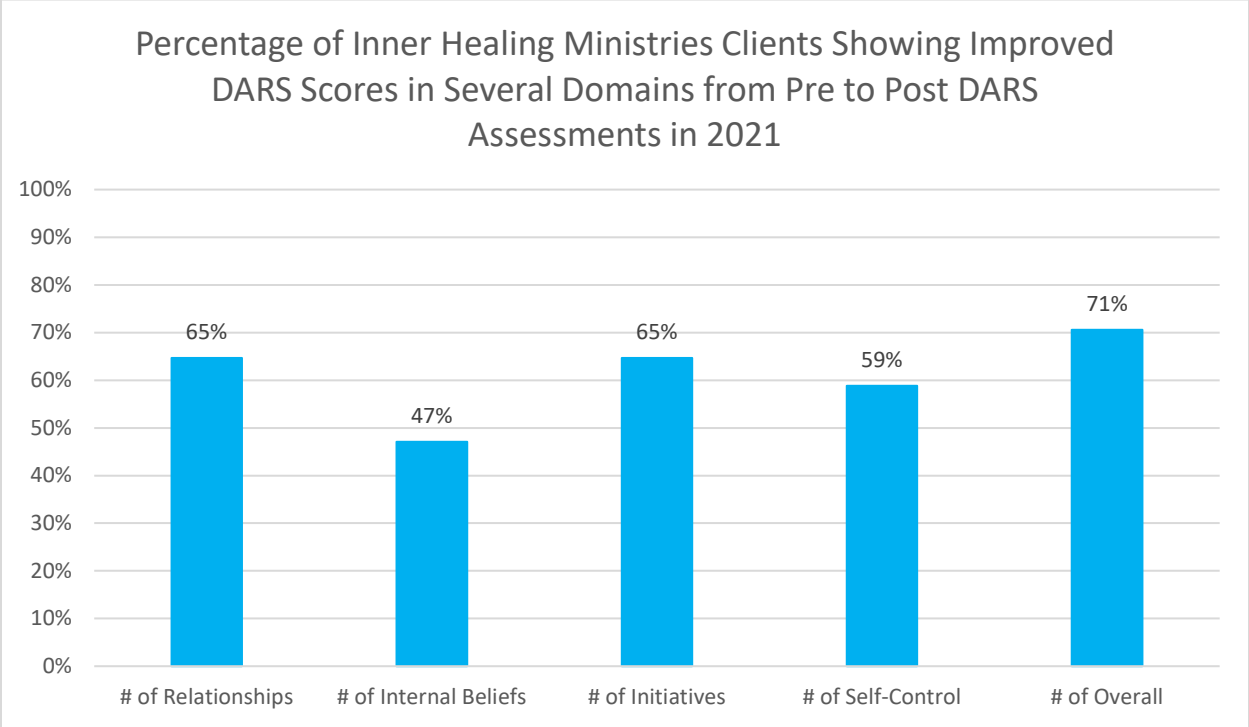
The chart above shows that 99treasures was successful in collecting DARS data for all their clients. The chart below shows improvement in the several DARS domains.



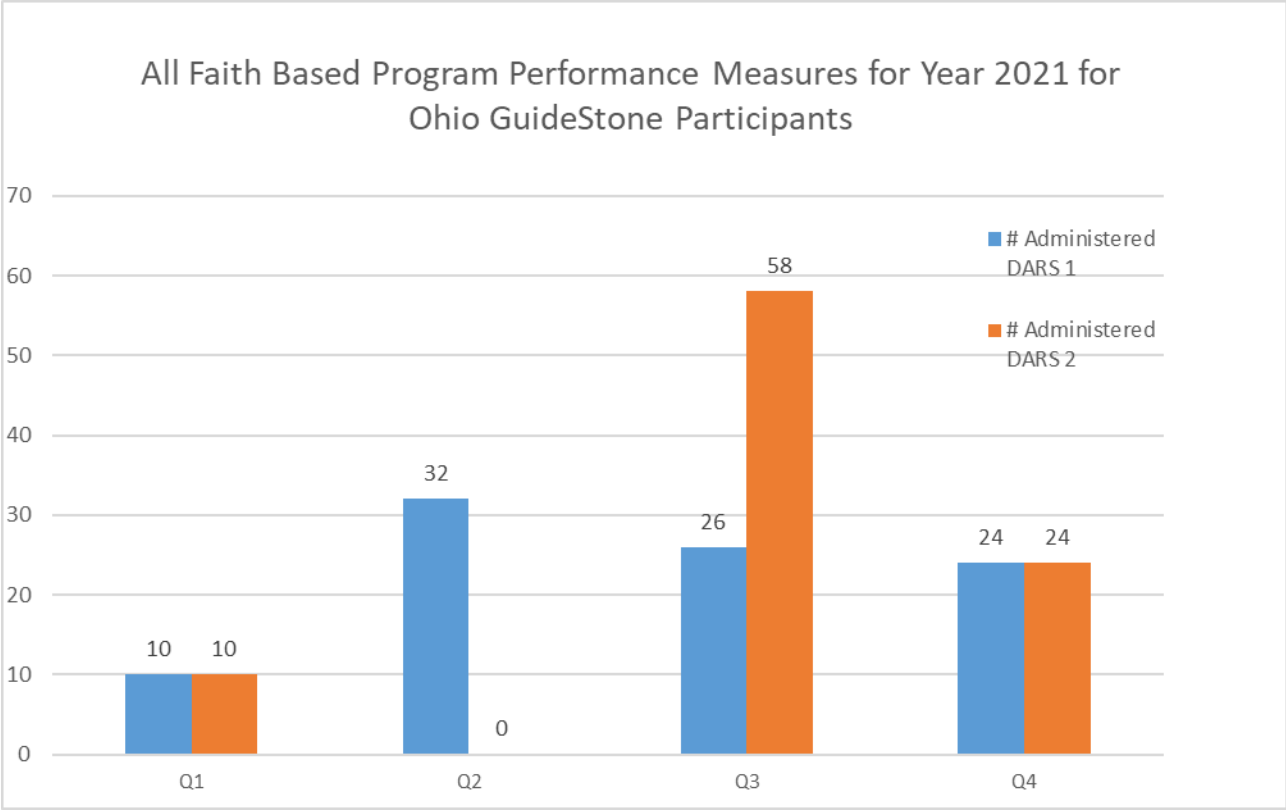
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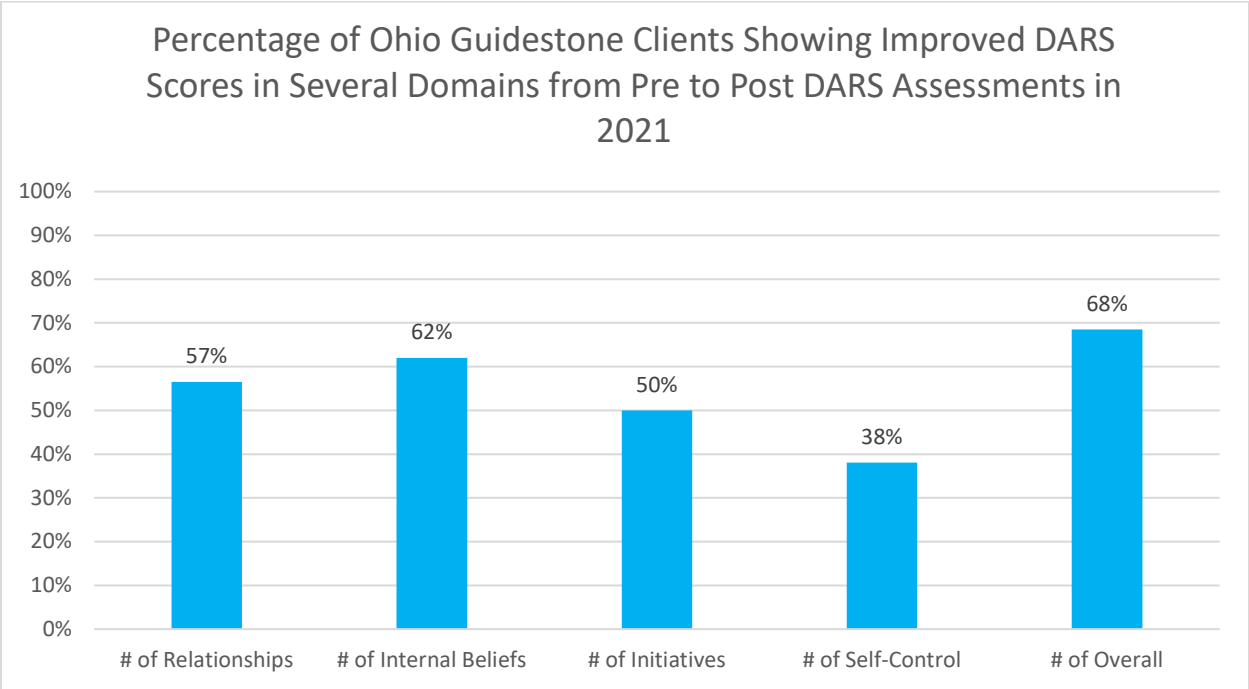
The chart above shows that Inner Healing Ministries was challenged to collect both Pre and Post DARS assessments from program participants. Only 57% of program participants completed both assessments. The chart below shows improvement in several DARS domains.



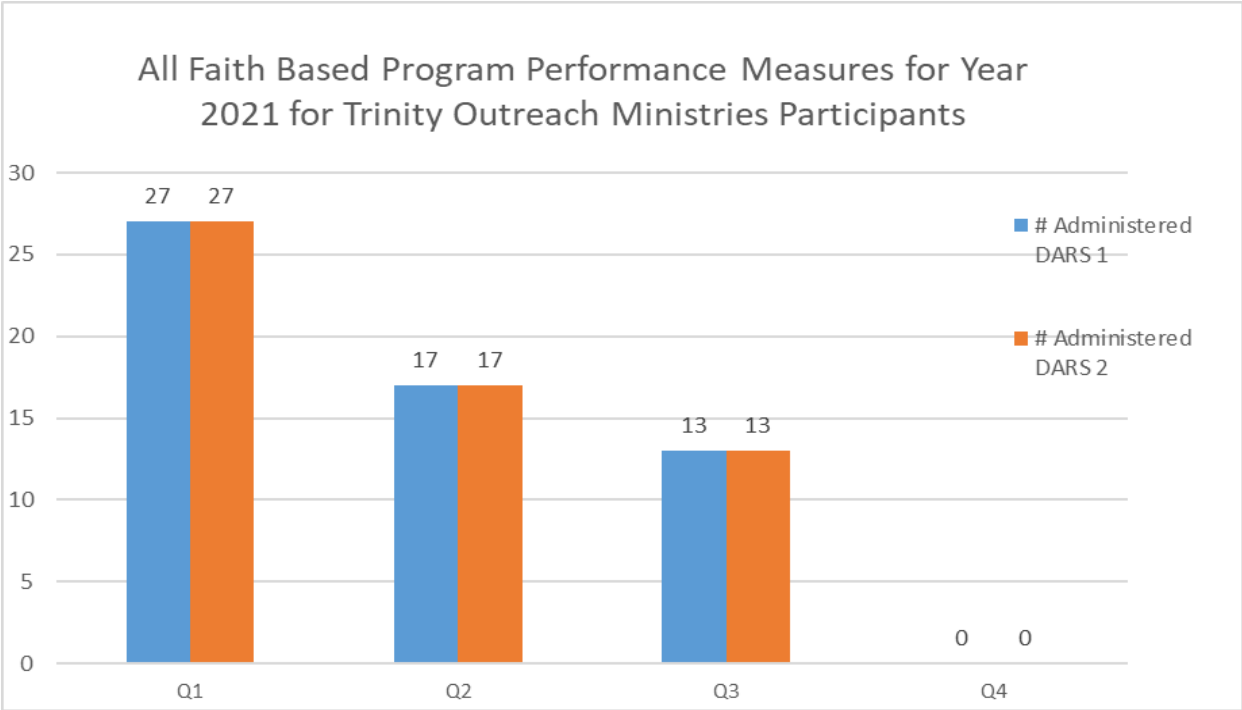
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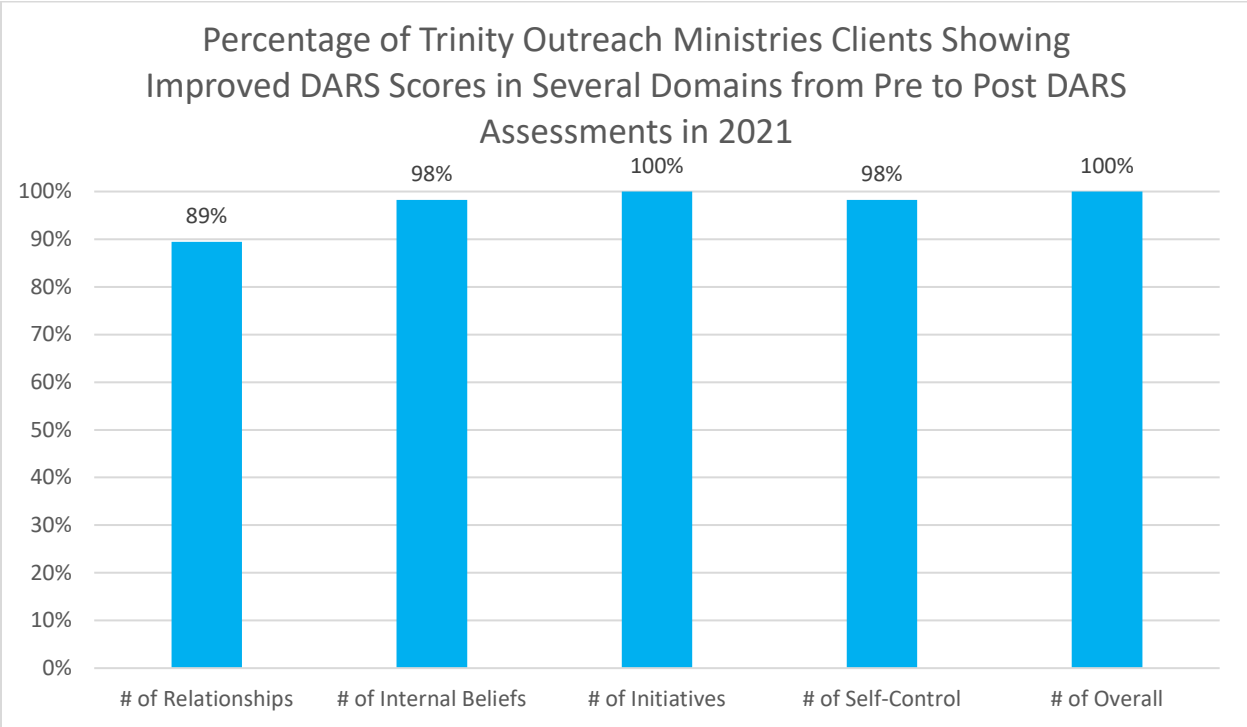
The chart above shows that Ohio Guidestone was successful at collecting all DARS data for all their clients. The chart below shows improvement in several DARS domains.



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The chart above shows that Trinity Outreach Ministries was successful at collecting all DARS data for their clients. The chart below shows improvement in several DARS domains.



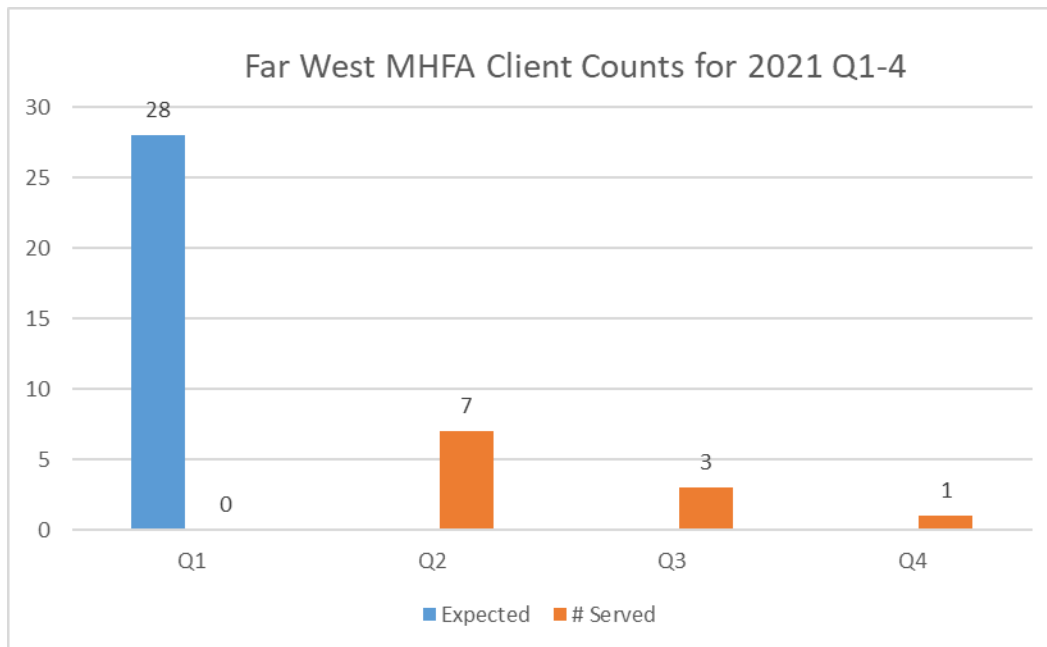
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Mental Health First Aid Individual Agency Outcomes

Health First Aid is designed to teach individuals how to spot the signs and symptoms of mental illness and provide help on a first aid basis. Individuals who are participating in a Mental Health First Aid training provided by a Faith-Based Program provider is expected to successfully complete the course evaluation/quiz and score at least 60% based on the following topics:

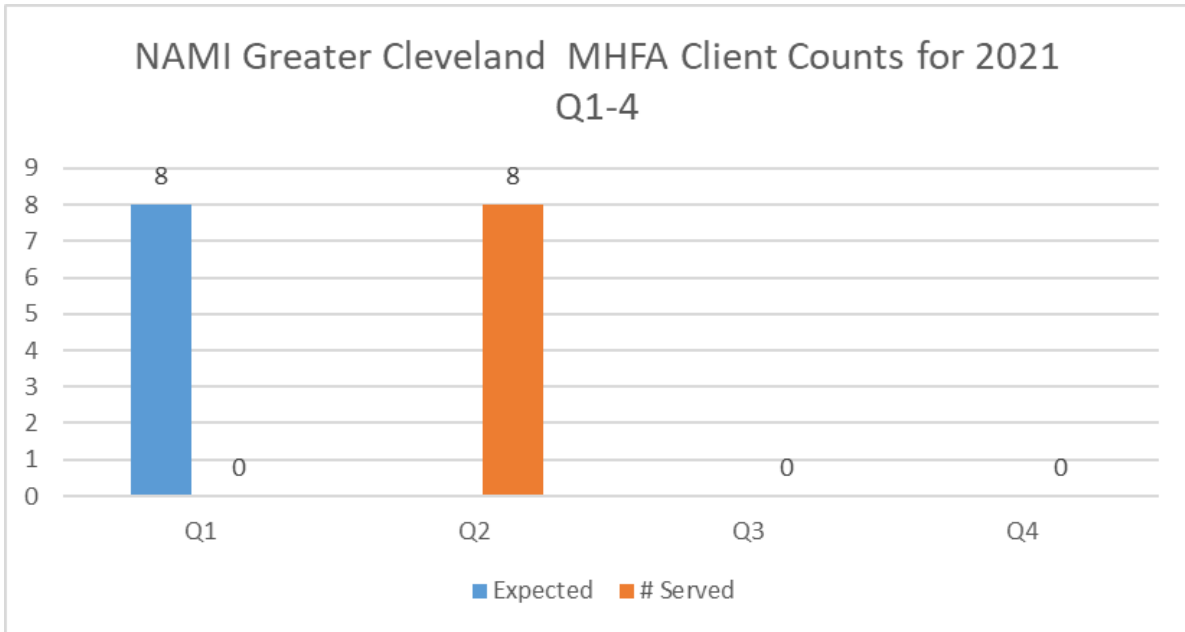
- Helpful Things to Say
- Myths and Facts- Suicide and Self-Injury
- Suicidal Thoughts and Behaviors
- Panic Attacks
- Traumatic Events
- Auditory Hallucinations
- Psychosis
- Substance Use Disorders

Two programs delivered programming in 2021, Far West Center and NAMI Greater Cleveland. The chart below shows the number served as 39% of what was expected for Far West Center.

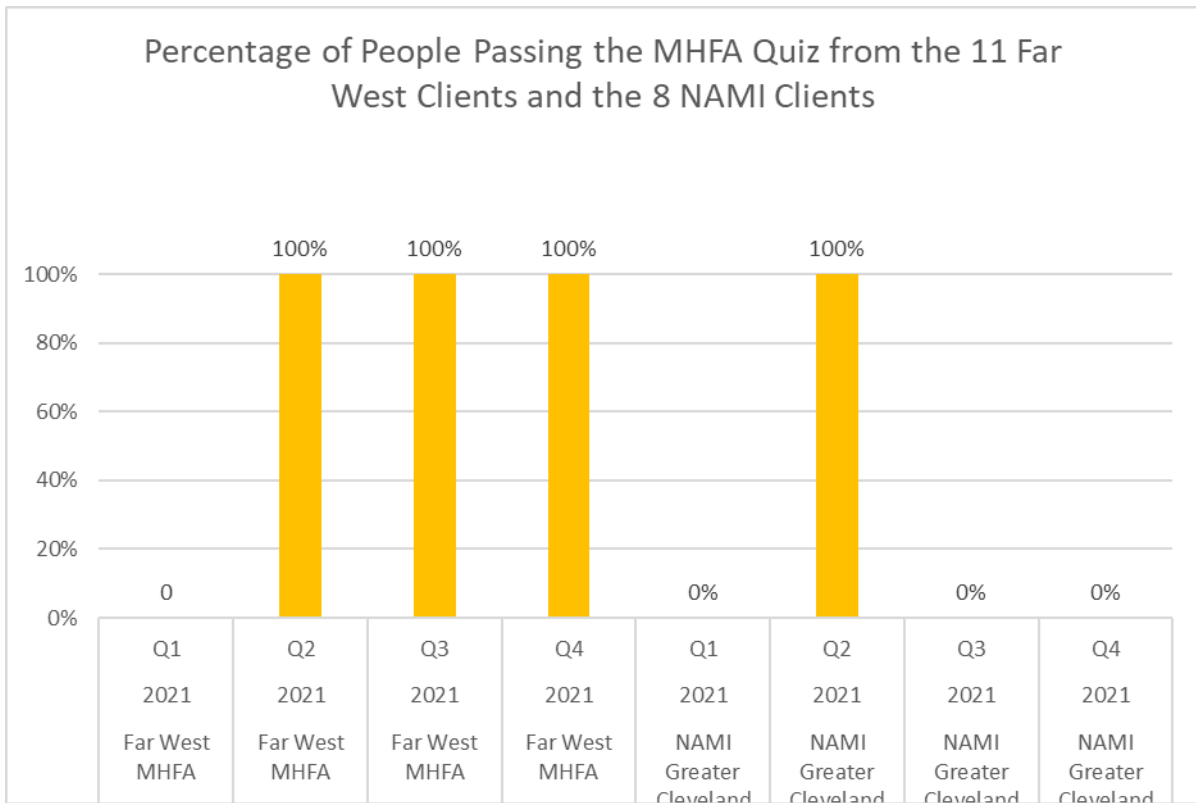


The chart below shows the number served as 100% of what was expected for NAMI Greater Cleveland.

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The chart below shows that for all the clients who attended either Far West Mental Health First Aid or NAMI Greater Cleveland Mental Health First Aid, all met the criteria of getting at least 80% correct answers on the Mental health First Aid quiz administered at the end of training.

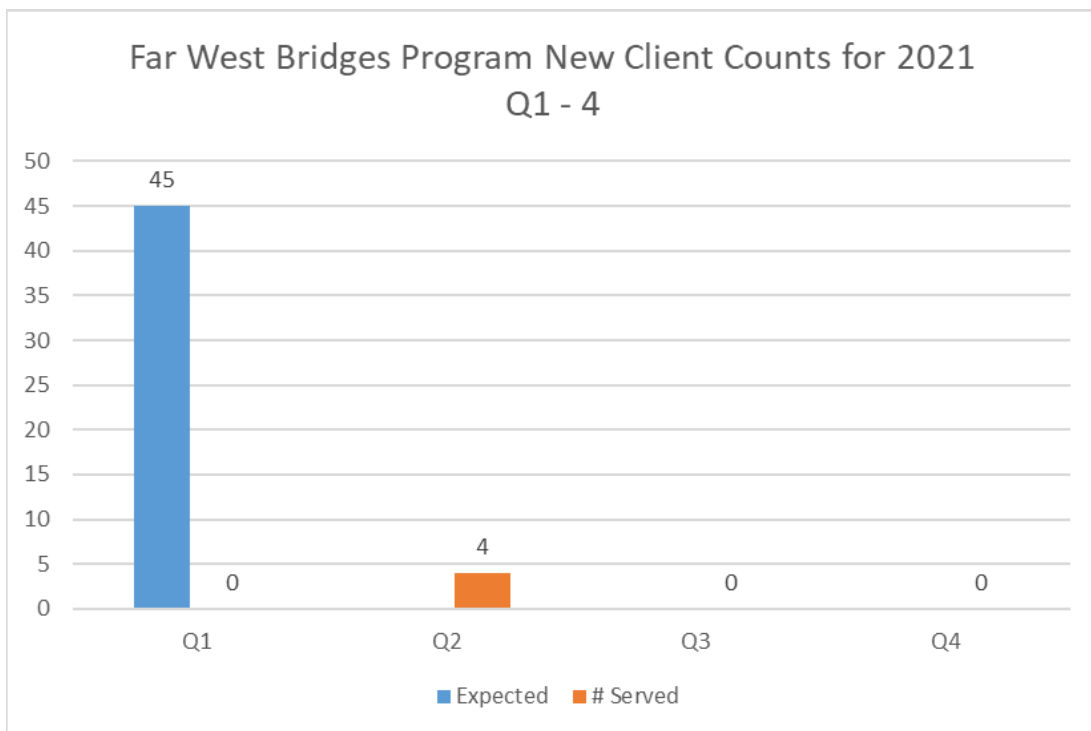


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Education and Awareness Outcomes

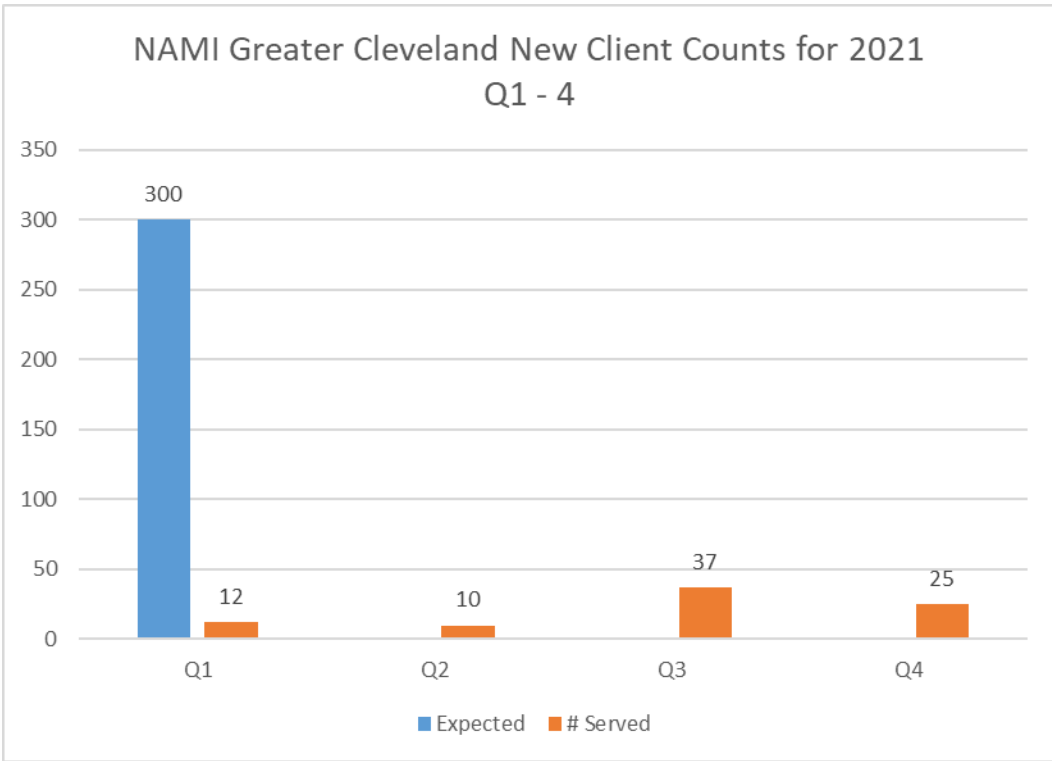
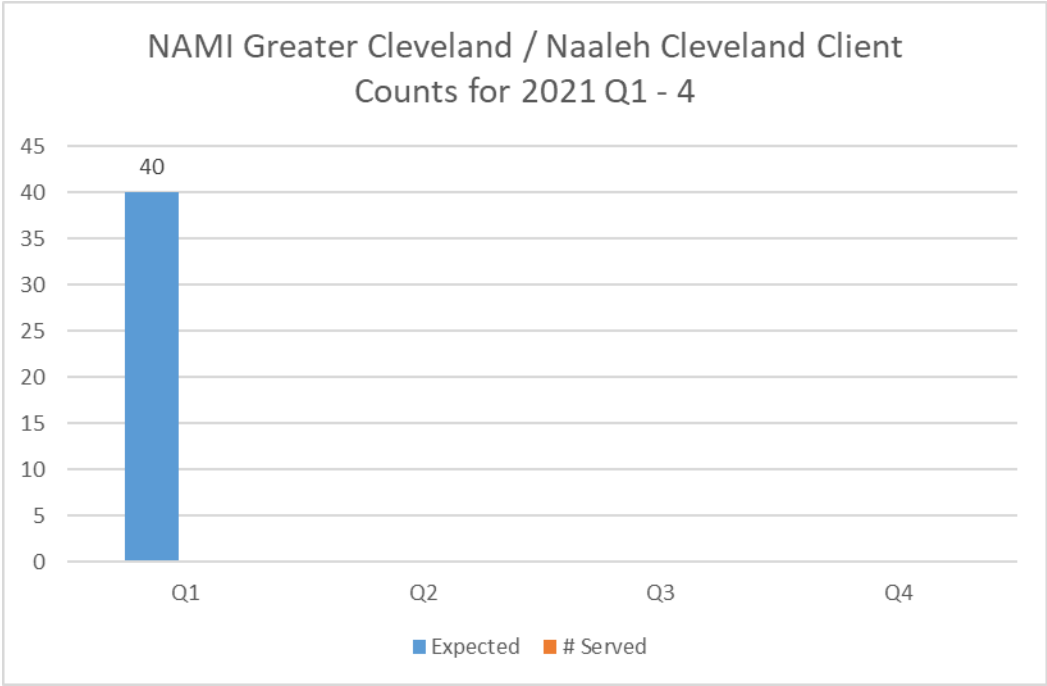
Four programs focus on education and awareness.

- Far West Center - Building bridges between the faith community and behavioral health providers.
- NAMI Greater Cleveland / Naaleh Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- NAMI Cleveland - Providing mental health education and support within faith-based communities for individuals with mental illness and their families.
- Galilean Theological Center- Prepares Spanish speaking clergy to work with people needing assistance with substance use disorder (SUD) or prevention of SUD.



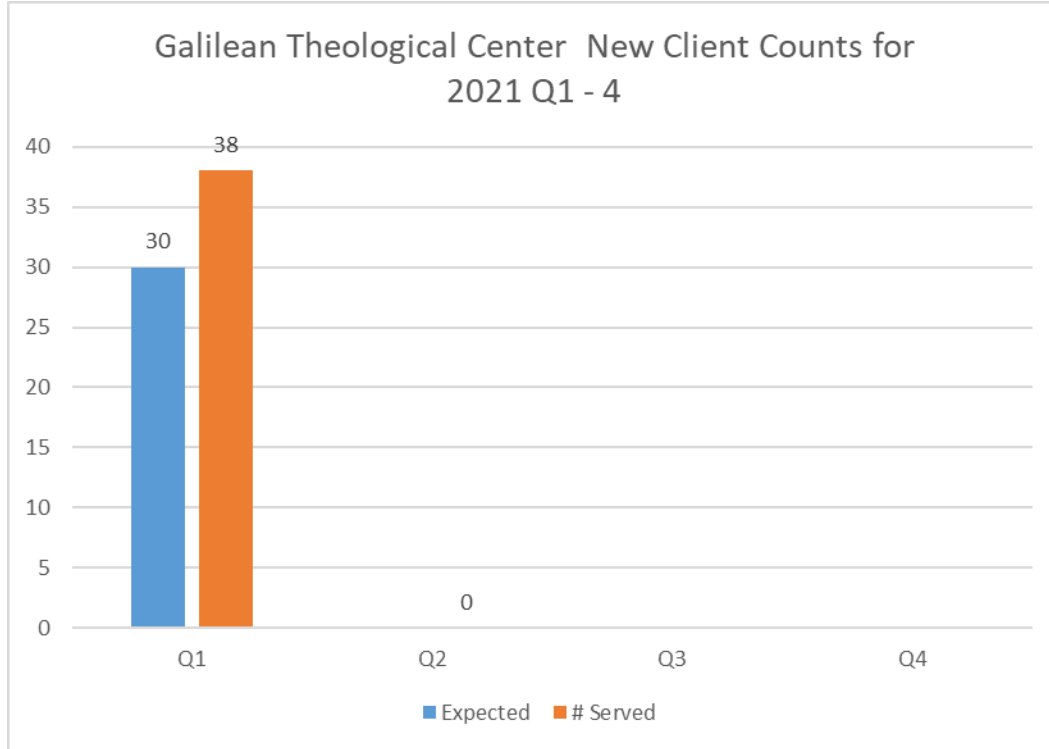
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The chart above shows that only 9% of expected participants in the Far West Bridges program. The chart below shows that no one participated in the proposed NAMI Greater Cleveland/Naaleh Cleveland program.



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The chart above shows only 28% of the participants who were expected in the NAMI Greater Cleveland program. The chart below shows that Galilean Theological Center exceeded their expectation of 30 participants.



Client Services

- Faith Community Supportive Services provides several services to the faith community but does not collect data from which service effectiveness can be measured. Counts of the number of times individuals received services are reported below.

Faith Community Supportive Services	Q1	Q2	Q3	Q4
Total Program Participants	12	12	12	11
Training Services	2	8	0	2
Mentoring/Tutoring Services	0	3	0	0
Outreach Support Services	1	2	0	8
Community Service Projects in which individuals participated	1	2	0	0
Concept Art Services	0	6	3	2
Teen/Adult Parenting Training/Support Services	2	0	1	0
Employment Assistance Services	2	0	1	1

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Supportive Services/Skill Development Services for Grandparents	2	5	1	1
Referral to Specialized Services/Support	0	0	0	1
Link participants to Behavioral Health Services	0	0	0	0

- The Brenda Glass Multipurpose Trauma Center has provided services in the first four months of 2021. The following table shows cumulative counts for the services provided from program initiation on November 1, 2020. Funding of Brenda Glass Multipurpose Trauma Center was discontinued at the end of April 2021.

Status as of Date		January 12 th	January 26 th	February 9 th	February 23 rd	March 9 th	March 23 rd	April 6 th	April 20 th	May 3 rd
# Stabilization and Intervention		43	49	56	65	68	71	76	84	87
Spiritual Counseling	# Served	30	38	37	37	41	45	32	39	32
	Cumulative Number Served	43	49	54	65	68	71	76	84	87
	Low Projection	25	30	35	40	45	50	55	60	65
	High Projection	38	45	53	63	71	78	86	93	101
	# Individual Counseling	30	38	37	37	41	45	32	39	32
	# Group Counseling	12	12	14	15	17	18	18	19	20
	# Connected to Spiritual Belief	15	11	15	20	22	26	27	29	33
	# Re-connected to Spiritual Belief	14	10	14	14	14	14	14	16	17
	Engaged but not connected at this time	14	22	27	31	32	30	34	39	37
	Total # Served Unduplicated (New Clients)	1	6	5	10	3	3	5	8	3
Trauma Case Coordination Shelter Placement	# Served	36	38	37	37	44	52	36	37	12

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	# Housing Procurement	13	15	13	15	0	1	4	3	1
	Moved to Permanent Housing		2		3	6	1	2	1	2
	New Procured Housing		2		5	0	1	3	3	1
	Cumulative Housing Procurement	13	15	15	20	20	21	24	27	28
# Served Peer Trauma Support Spiritual/Practical		36	38	37	36	44	52	36	37	12
Mental Health Skills Building (16 Weeks initially)	# Participating	30	38	37	37	44	45	36	37	32
	# Attended more than 16 Weeks	0	0	0	0	1	0	2	1	0
	# Completed Sessions	0	6	0	0	0	0	4	0	4
	Cumulative Completed Sessions	0	6	6	6	6	6	10	10	14
	Total # Served Unduplicated	1	6	5	10	3	3	5	8	3