

# ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## COMMITTEE OF THE WHOLE MEETING MINUTES FEBRUARY 16, 2022

**PRESENT:** Rev. Benjamin F. Gohlstin, Sr., Board Chair, Bishara W. Addison, Gregory X. Boehm, M.D., J. Robert Fowler, Ph.D., Gwendolyn A. Howard, LSW, MSSA, Patricia James-Stewart, M.Ed., LSW, Katie Kern-Pilch, ATR-BC, LPC-S, Steve Killpack, MS, Rev. Max M. Rodas, MA, Sharon Rosenbaum, MBA

**ABSENT:** Ashwani Bhardwaj, Reginald C. Blue, Ph.D., Erskine Cade, MBA, Harvey A. Snider, Esq. / Other Committee Members: Rev. Brenda Ware-Abrams, Mary Warr, M.Ed.

**BOARD STAFF PRESENT:** Scott Osiecki, Chief Executive Officer, Carole Ballard, Danielle Clark, Tami Fischer, Madison Greenspan, Felicia Harrison, Anthony Henderson, Myra Henderson, Woo Jun, Linda Lamp, Samantha Maloy, Vicki Roemer, Clare Rosser, Jessica Saker, Starlette Sizemore-Rice, Larry Smith, Jr., Maggie Tolbert, Beth Zietlow-DeJesus

### 1. **CALL TO ORDER**

Board Chair, Rev. Benjamin Gohlstin, Sr., called the Committee of the Whole Meeting to order at 4:01 p.m.

### 2. **PUBLIC COMMENT ON AGENDA ITEMS** – None.

### 3. **APPROVAL OF MINUTES**

The minutes from the Faith-based Outreach Committee meetings of June 2, 2021 and October 6, 2021 were approved as submitted.

### 4. **RACISM/DISCRIMINATION RESOLUTION DISCUSSION**

Rev. Gohlstin stated that in the midst of some controversy, many individuals do not personally know him. He reported that he is a native of Macon, Georgia and that for the majority of his life he has been fighting bigotry and discrimination. He shared that at one time in Cleveland, Ohio, seventy department stores existed, whereby African-Americans did not have access to restrooms and that African-Americans had to drink from a separate water fountain. To use the restrooms, the only two department stores African-Americans really could go into was May Company and Bailey's and had to use the alley in between to access the restroom. Rev. Gohlstin shared that he has some scars on his soul from his personal experiences; and stated that when he would go into Kresge's, Woolworths and W. T. Grants to purchase food and a beverage, his plate and glass were broken upon finishing his meal. This was done because no one wanted to eat or drink behind him.

Rev. Gohlstin referenced that during his youth, his family would visit Georgia annually during the Summer by means of the New York Central Railroad Pullman Car. Once they reached Cincinnati, Ohio, his family would exit the New York Central Car and enter the Southern Railroad Car. They were still able to stay in that car with people of other persuasions, but when they reached Chattanooga, Tennessee, they had to exit that car, wait in a waiting room that was not located in the normal terminal; then get into another car that was reserved for African-Americans only, which was clearly the most run down and neglected car. He also shared that when he was fifteen years old, his younger brothers and he traveled to Georgia and that they understood that they had to sit in the back of the bus. On one such occasion, his brother sat beside a White woman, who pushed him off the seat; whereby Rev. Gohlstin took matters into his own hands and physically attacked her for putting her hands on his brother. As a result, they had to promptly leave town; and he was not able to return until he was in his thirties.

Rev. Gohlstin stated that he paid his dues, has studied history and knows the code language of other ethnicities. He also reported that he has been denied employment as a salesman due to having too much education; and just as recent as this morning, his intention was to resign from the Board. He also shared that during his 22 year tenure, no one in the audience has inquired with the Board as to what they can do to help. However, Rev. Gohlstin emphasized that as a member of the Omega Psi Phi Fraternity, he learned that when you are up against trouble, see it through; and recited Edger Albert Guest's poem, "See It Through".

Rev. Gohlstin shared that for the sake of the community that he represents; he would open the floor for a motion to add the word racism back into the Resolution.

**Motion to add Racism is a Public Health Crisis back into Resolution No. 21-11-01 to be in agreement with the Board's initial Resolution No. 20-06-01 to the full Board.** MOTION: K. Kern-Pilch / SECOND: P. James-Stewart / AYES: B. Addison, G. Boehm, R. Fowler, G. Howard, P. James-Stewart, K. Kern-Pilch, S. Killpack, M. Rodas, S. Rosenbaum / NAYS: None / ABSTAIN: None / **Motion passed.**

## 5. **PROVIDER PROGRAM PRESENTATIONS**

### **Strength to Obtain Purpose (STOP) Program**

Ms. Starlette Sizemore-Rice, Director of Special Projects, introduced Ms. Nichole M. Cobb, LISW-S, OCPC, Clinical Director and Managing Consultant, Kingdom Developers Consulting. Ms. Cobb reported that Kingdom Developers Consulting Inc. (KDC), located in Highland Heights, Ohio, is a behavioral health firm whose mission is to provide effective leadership, problem-solving, and value creating which maximizes the potential of individuals, families, groups and organizations. She highlighted that staff bring clinical mental health licensure and prevention certification with decades of experience. Ms. Cobb stated that KDC is an Ohio Mental Health and Addiction Services certified behavioral health provider.

Ms. Cobb reported that the STOP program is a lifespan prevention program designed to assist individuals in overcoming adversity experienced in early life. The aim of the program is to reduce risk taking behaviors including use of alcohol and other drugs, criminal activity, and engaging in any behavior that could jeopardize one's future. Through the development of positive values, self-identity, and self-esteem one gains strength to overcome their past and embrace their sense of purpose. The STOP program serves at-risk youth in grades K-12, families, and adults involved with the criminal justice system.

Ms. Cobb reported that the STOP program is a prevention program that offers education, alternative activities, and problem identification and referral services for its participants. The STOP program is a 12-week program that meets once per week for two hours and offers quarterly alternative family friendly activities to promote mental wellness. The STOP program also links participants with treatment services and other supports and services as needed.

The program is designed to increase the protective factors of youth and young adults and their families as outlined in the search institute's developmental assets. External assets to be enhanced include support of other adult relationships and caring neighbors, modeling of proper boundaries and expectations from adult role models and positive peers, and lastly by being engaged in constructive use of time in positive youth, young adult and family activities. Assets to be developed or enhanced include developing positive values with regard to self-restraint and responsibility, developing social competencies in the areas of resistance skills as well as planning and decision making, and lastly developing a positive self-identity through coming to understand one's sense of purpose and raising one's sense of self-esteem.

The curriculum lessons provide education on brain science and introduces key concepts necessary to gain mastery over old patterns of thinking and behavior and reverses the cycle of adverse childhood experiences (ACEs). Some of the topics include overcoming stinking thinking, gaining control of your life, how to overcome depression, understanding why we get angry and more.

Ms. Cobb reported that resilience can lead to the following:

- Goal setting with realistic expectations
- Self esteem
- Learning from their mistakes
- Understanding and acceptance of their own strengths and weaknesses
- Self-control
- Willingness to overcome difficulties rather than avoid problems
- Optimistic thinking patterns
- Social skills and ability to seek assistance from others
- Ability to recognize their own emotions and those of others
- Problem solving skills

Ms. Cobb stated that ACEs impacts adulthood. If ACEs could be eliminated, work productivity could increase by 61%, suicide and life dissatisfaction could decrease by 67% and anxiety could be reduced by 56%. She reported that Kaiser Permanente and the Centers for Disease Control and Prevention (CDC) conducted the ACE study (1995-1997) with more than 17,000 participants. The purpose of the study was to see how stressful and traumatic childhood experiences influence later physical and emotional health.

The study observed ten types of adverse childhood experiences: emotional, physical and sexual abuse, emotional neglect, physical neglect, domestic violence against the mother, mental illness of a family member, and imprisonment of a household member. Among the findings were critical behavioral health impacts including that someone with an ace score of 4 or more were 4 times more likely to suffer depression, 11 times more likely to become an alcoholic, 16 times more likely to inject street drugs, and 19 times more likely to attempt suicide. Current CDC VitalSigns reveal that 1 in 6 adults experienced 4 or more types of aces, and that preventing ACEs could reduce the number of adults with depression by as much as 44%.

Ms. Cobb provided feedback received from the STOP program exit surveys and responded to Board members questions. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

### **Medical Respite/Peer Support**

Ms. Myra Henderson, Adult Behavioral Health Specialist II, introduced Ms. Beth Graham, Executive Director, Joseph's Home. Ms. Graham reported that Joseph's Home, which is a Ministry of the Sisters of Charity Health System, is a medical respite for people experiencing homelessness. She stated that they provide safe shelter and basic needs, including the following: 1) Short-term recuperation in a private room; 11 rooms in Joseph's Home and 10 rooms in Mary's Home, 2) 24/7/365 staffing and support, 3) Three nutritious meals a day, 4) Medication management, 5) Onsite nurse to check vitals and wounds and 6) Transportation. The following connections to care provided at Joseph's Home include: 1) Screening and referral to behavioral health services and treatment, 2) Screening and referral to substance use services, 3) Linkage to primary care provider, 4) Education to help with self-care and 5) Onsite therapeutic activities, such as art/music therapy, occupational therapy, etc. Also, housing and support provided include the following: 1) Assist with obtaining income/benefits, 2) Tackle barriers to housing; housing search and location assistance; assist with housing applications, 3) Provide ongoing peer support, particularly during the first three months post-discharge and 4) Ensure strong connections to community-based services and supports.

Ms. Graham reported on their philosophies of care, which include the following:

- Client-centered
  - Client goals drive the individualized case management plan
  - All services are voluntary
  - Consider the whole person
- Housing First
  - Must be experiencing homelessness and an acute medical condition
  - Few barriers to admission
  - Focus on ending client's homelessness as quickly as possible
- Trauma-Responsive
  - Understanding of what trauma is and how it impacts those we serve
  - Avoid triggering trauma but also look to help clients and staff build resilience
- Culturally Competent & Equitable
  - Understand cultural backgrounds and historical traumas; eliminate linguistic barriers
  - Measure admissions, discharge by race, gender, LGBTQIA and disability to root out bias
  - Cultivate diverse leadership at staff and board levels, including client representation

Ms. Graham shared a comparison of statistics regarding 2020 and 2021 housing and health outcomes for Joseph's Home. She also reported that their 2021 population demographics identified that 72% of the population that utilized Joseph's Home were adults 50 years of age and older.

Ms. Graham reported that women experiencing homelessness in Northeast Ohio need a place to heal. Over six years, 2,784 homeless women were seen in the Emergency Room. Some returned ten or more times per year. Norma Herr Women's Center, the primary shelter provider for women experiencing homelessness in Cleveland, conducted a two-year analysis of women in shelter that revealed 300 women were admitted 937 times to St. Vincent Charity Medical Center's Emergency Room from Norma Herr and 17% of those women were admitted at least five times. As a result, their 2022 operating goals include the following:

- Open Mary's Home and admit medically-fragile women in February 2022
- Serve at least 40 women in the first year of Mary's Home operations
- Maintain 80% or greater occupancy in both buildings
- Outcomes for Mary's Home and Joseph's Home meet or exceed 2021 outcomes

- Obtain Commission on Accreditation of Rehabilitation Facilities (CARF) Accreditation and Ohio Department of Mental Health and Addiction Services (OhioMHAS) Certification to ensure quality services and to enable revenue diversification
- Advance pilot projects with Cleveland Clinic, Better Health Partnership and others to evidence the effectiveness and value of medical respite.

Ms. Graham shared a timeline and floor plan of Mary's Home, which included a clinic, kitchen, dining area, living area, client suites, laundry and storage with additional space to expand; and responded to Board members questions. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

## **6. 988 IMPLEMENTATION FOR CUYAHOGA COUNTY/NATIONWIDE PRESENTATION**

Ms. Clare Rosser, Chief of Strategic Initiatives, introduced Mr. Rick Oliver, Director of Crisis and Trauma Services, FrontLine Service. Ms. Rosser reported that 988 is America's Suicide Prevention and Mental Health Crisis Lifeline. In 2020, Congress designated the new 988 dialing code to be operated through the existing National Suicide Prevention Lifeline. The Substance Abuse and Mental Health Services Administration (SAMHSA) is the lead federal agency, in partnership with the Federal Communications Commission and the Department of Veterans Affairs, working to make the promise of 988 a reality for America. By July 16, 2022, the National Suicide Prevention Lifeline will transition to the three-digit dialing code 988. This transition is designed to better connect crisis care services with individuals and families experiencing a mental health or addiction crisis, using 988 as an entry point into Ohio's Crisis Care system.

988 is more than just an easy-to-remember number, a direct connection to compassionate, accessible care and support for all Americans who might be experiencing suicidal thoughts, who are at risk of suicide, or who are struggling with emotional distress. Preparing for full 988 implementation and operational readiness requires a bold vision for a crisis care system that provides direct, life-saving services to all in need. SAMHSA sees 988 as a first step towards a transformed crisis care system in much the same way as emergency medical services have expanded in the United States. In pursuit of this bold yet achievable vision, SAMHSA is first focused on strengthening and expanding the existing Lifeline network, providing life-saving service to all who call, text or chat via 988. Longer-term, SAMHSA recognizes that linking those in crisis to community-based providers, who can deliver a full range of crisis care services, is essential to meeting behavioral health crisis needs across the nation.

Since 2005, the National Suicide Prevention Lifeline has helped thousands of Ohioans in emotional distress and crisis through the following means: 1) 16 approved and certified suicide prevention Lifeline call center providers (including FrontLine Service), 2) New federal law requires that all states transition from the 1-800 number to the easy-to-remember 988 by July 16, 2022, and 3) 988 will help connect Ohioans in a mental health or addiction crisis with Ohio's crisis response and support system.

The history of 988 legislation was shared. In August 2018, the National Suicide Hotline Improvement Act (H.R. 2345) became law. In August 2019, The Federal Communications Commission (FCC), which regulates interstate and international communications through cable, radio, television, satellite and wire, chose 988 as the three-digit number and in October 2019 the National Suicide Hotline Designation Act (S. 2661) was introduced. During July 2020, the FCC officially designated 988. In October 2020, the National Suicide Hotline Designation Act passed and during July 2022, 988 will become nationally available.

The core components required in Ohio's 988 Plan include the following: 1) Ensure statewide 24/7 coverage for 988 calls, chats and texts. 2) Secure adequate, diversified and sustained funding streams for Lifeline member centers, 3) Expand and sustain center capacity to maintain target in-state/territory answer rates for current and projected call, text and chat volume, 4) Support crisis centers in meeting Lifeline's operational standards, requirements and performance metrics, 5) Convene a coalition of key stakeholders to advise on 988 planning and implementation, 6) Maintain a comprehensive, updated listing of resources, referrals, and linkages; plan for expanded services, 7) Ensure all state/territory centers can provide best practice follow-up to 988, and 8) Plan and implement marketing for 988 in your state/territory.

Through funding from the Board, the Mobile Crisis Team of FrontLine Service has helped thousands of individuals in emotional distress and crisis in Cuyahoga County since 1995. In December 2004, the National Suicide Prevention Lifeline was founded by SAMHSA, a division of the Department of Health and Human Services. The Mobile Crisis Team has been answering calls from the National Suicide Prevention Lifeline since its inception. In 2021, the Mobile Crisis Team answered 32,091 calls from the local hotline (623-6888) and 7,851 calls from the National Suicide Prevention Lifeline (20% of total calls).

As part of the 988 roll out, all states need to ensure that 90% of Lifeline calls and 50% of Lifeline chats and texts can be answered in by July 2022. In March 2020, the Mobile Crisis team began using a state of the art Call Center platform (Five9), which increased their answer rate. The National Suicide Prevention Lifeline reports that their program had a 98% answer rate in 2021 (calls roll to another center if they are not answered within 60 seconds). FrontLine Service expects to see an increase in call volume as 988 is implemented. Hopefully, they will receive calls related to a behavioral health crisis that previously went to 911. Mr. Oliver and Ms. Rosser responded to Board members questions. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

## **7. FAITH-BASED OUTREACH PROGRAM PROGRESS REPORT**

Ms. Sizemore-Rice reported on a variety of current highlights from each the 9 faith-based providers, which included the following:

- **99Treasures Arts & Culture**

Project Community Empowerment Holistic Solutions for Holistic Problems – Grassroots Saturday/Summer Program – Youth and high-risk youth that have had contact with the Juvenile Justice System. This program takes a human centered and spiritual approach in recovery, healing and providing program services.

99Treasures Arts & Culture has shared information on job listings, food distributions, toy drives, rent relief programs, meals for shut-ins and any other event/service hosted by their partners that may have helped stabilize a family. Several of their participants helped partners with the various programs and give aways. They have also provided a safe place for their youth and families to come and participate in positive activities and brainstorm for solutions to the problems they face daily. A Zoom option was provided as well.

- **Faith Community Supportive Services**

The 2<sup>nd</sup> Chance Youth Program provides after-school services/support to high-risk youth and their families as an alternative to incarceration in the Juvenile Court – Juvenile Detention Center, plus services that prevent youth from entering the Juvenile Court System.

Faith Community Supportive Services has a Community Partnership (The Legacy Project), which is still in tack and growing. They are getting “work study” students from two local colleges and volunteers from community partners. Faith Community Supportive Services is also in the planning stages of developing a mobile service hub with the capacity to provide Zoom learning and other services to youth and families in their own neighborhoods; and are forming a Youth Offender Assistance Task Force to become involved in service-related problems that the Juvenile Court is having with youth currently housed at the detention center.

- **Far West Center**

Far West Center’s Bridges Program – Building bridges between the faith community and behavioral health providers – Establishing an ongoing “bridge” relationship with congregations and their ministers.

The Bridges program continues to maintain contact via various formats whether it be live, phone, email or Zoom. They support clergy and church staff in shepherding individuals through the stress of the ever-changing pandemic and promote the spiritual life and community of their congregations.

- **Galilean Theological Center**

The Galilean Theological Center has a Substance Use Disorders Educational & Training Program for Latinx Clergy & Church Leaders that addresses disparities and develops equity for the Latinx community of Northeast Ohio as it relates to substance use disorders and mental health challenges.

Component I *Spiritual Caregiving to Help Addicted Persons and Families* is complete. Out of 41 participants in the program (13 pastors, 28 church leaders and social service providers), 38 completed the first component successfully. 38 participants are eligible to participate in Component II, *CDCA Credentialing and Certification*. The goals and objectives were met for Component I and out of the 38 that completed Component I, 35 participants completed this component as well.

- **Inner Healing Ministries**

Inner Healing Ministries' Student Training Outreach Prevention (S.T.O.P.) Program is designed to decrease risk factors and increase both internal and external protective factors in youth, young adults, adults and their families that are involved in the Criminal Justice System.

During the month of December, the program served four participants involved with the Criminal Justice System. All participated in the online program. All participants receiving education services – participated in the faith-based curriculum. They continue to use polling questions at the conclusion of each lesson.

- **NAALEH Cleveland**

Naaleh's High Risk Teen Mentorship Program provides a healthy and dependable role model to a struggling teenager to help them to find themselves during this pivotal and formative time of life.

Recently, Naaleh has started a wonderful weekly program for teens that has grown tremendously in just a short amount of time. The Director of Mentorship started a weekly evening get together where everyone spends time with each other with food, guitars and singing.

- **NAMI Greater Cleveland**

National Alliance on Mental Illness (NAMI) Greater Cleveland's mission is to increase awareness of how mental health conditions affect everyday life and provide mental health education and support within faith-based communities for individuals with mental illness and their families.

In June, NAMI began preparations for resuming in-person faith-based support groups. Volunteer facilitators of NAMI's faith-based support groups declined or were unable to participate in leading groups during the pandemic. They are implementing best practices across programs and functions. NAMI's Hispanic Coordinator continues to engage in remote outreach to Spanish-speaking congregations. Some faith-based institutions are beginning to plan their return to in-person activities and are willing to keep in contact about potential future mental health education programming. NAMI Greater Cleveland has also reached out to Rabbi Enid Lader, Cleveland Board of Rabbis; and coordinated with Daniel Solganik, from NAALEH Cleveland, regarding a December 2021 education event for the Orthodox Jewish community.

- **OhioGuidestone**

OhioGuidestone incorporates a spiritual care component directly into their Workforce 360 Program as well as offering on-site individualized spiritual care services for participants to access as needed.

OhioGuidestone continues to provide spiritual care and mental health services to their existing clients in OhioGuidestone's Workforce 360 Program, which is currently offered in a hybrid online/in-person format due to Covid-19 precautions. Clients receive spiritual support services in (cohort) group and individual settings. This month, two additional clients were referred for mental health services.

- **Trinity Outreach Ministries**

Trinity Outreach Ministries' FAITH Program Inner City Youth and Families Cultural Arts Performance is an after school and weekend prevention program.

Trinity Outreach Ministries continued classes via telephone, Zoom, teleconference calls, video presentations and Facebook live sessions. Individuals have been very responsive to the virtual faith-based and teleconference prevention calls. They have also provided spiritual and motivational coaching, validation of feelings, tips on stress management and opportunities for healthy and goal-oriented discussion about current events and how best to respond to crisis.

Ms. Sizemore-Rice thanked them for their collaborative efforts to partner with the Board. She also responded to questions from Board members. (The PowerPoint presentation and progress report are attached to the original minutes stored in the Executive Unit and on the Board's website.)

## 8. **FINANCE REPORTS**

Ms. Harrison reported that the Administrative Budget that was approved for Calendar Year (CY) 2021 was \$6,518,555, and for December Actual YTD 2021, the total expenses were \$5,687,387.04; that is roughly 87% of the total Administrative Budget. As a result, the Board has underspent by 13%. Ms. Harrison highlighted that relative to the Board Voucher Report for December 2021, Cuyahoga County closed the month out early – December 3, 2021, thus the expenses processed were minimal.

The Funding Source Budget to Actual YTD, December 2021, displays the Board's total revenue budget for administrative operations and grants. The total revenue expected to be received from Federal, State and local levy funds is \$71,346,510.98; and through the end of December 2021, the Board has received \$74,336,356.85. The bulk of these funds consists of the Board's annual amount from the County levy subsidy, which was \$43,463,659, and includes the increase of \$4.1 million from Cuyahoga County starting in 2021. Ms. Harrison reported that 104% of the budget has been received. This was due to additional funding that was awarded after the Board's 2021 budget was approved, which included additional funding for the Community Transition Program (CTP), Specialized Docket, Northeast Ohio (NEO) Collaborative Program, and some community investments – Continuity of Care funds that were received from the state.

The Revenues By Source By Month report reflected that in Quarter 1 (January through March 2021), the Board received revenues of \$49,678,209.04, in Quarter 2 (April through June 2021), the Board received revenues of \$7,425,347.70, and in Quarter 3 (July through September 2021), the Board received revenues of \$8,687,009.35. In October 2021, the Board received revenues of \$4,517,067.36, in November 2021, the Board received revenues of \$3,211,318.89, and in December 2021, the Board received revenues of \$817,404.51. As a result, the total revenues are \$74,336,356.85.

The ADAMHS Board Budget vs. Actuals for 2021 reflect that December YTD Actual is \$61,920,703.25 that is roughly 81% of the Board's anticipated expenditures for the calendar year. Ms. Harrison noted that the Diversion Center's expenditures are reflected on this report.

Revenue and Expenditures All Accounting Units By Month January – December 2021 includes administrative accounts as well as grant accounts. The total expenditures for Quarter 1 – 2021 is \$12,086,290.60, Quarter 2 – 2021 is \$15,815,292.63, Quarter 3 – 2021 is 13,690,730.16, October 2021 is \$8,501,873.89, November 2021 is \$6,263,065.13 and December 2021 is \$2,195,633.86; and includes the ADAMHS Board's Administration, Opportunities for Ohioans with Disabilities (OOD) Grant, the State Opioid Response (SOR) Grant and Other Grants. The total expenditures through the end of December 2021 is \$58,552,886.27.

The Revenues and Expenditures Grants YTD, December 2021 YTD reflects the Grant Accounting Units that include the OOD Grant, Other Grants and SOR Grant. The total expenditures for grants YTD is \$5,390,625.81.

The Cash Flow Report, December 2021 shows the 2020 Actual, and YTD thru December 2021. This report shows a comparison of the available beginning balance, total available resources, expenditures and available ending balance. The available ending balance through December 2021 is \$41,590,113.22 and includes the County levy funds, which were spent down throughout 2021.

The Diversion Center Revenues and Expenditures YTD December 2021 YTD reflects a total of \$3,367,816.98, which is inclusive of December 2021 total operating expenses of \$23,657.99.

Ms. Harrison reported that the Opioid Settlement Expenditures Budget is \$10,501,207 and for Quarter 4 – 2021, ending December 31, 2021, the total expenses were \$7,648,890; that is roughly 73% of the total Opioid Settlement Expenditures Budget.

**Motion to recommend approval of the Board Voucher and Expenditure Reports for December 2021 to the full Board.**

MOTION: K. Kern-Pilch / SECOND: P. James-Stewart / AYES: B. Addison, G. Boehm, R. Fowler, G. Howard, P. James-Stewart, K. Kern-Pilch, S. Killpack, M. Rodas, S. Rosenbaum / NAYS: None / ABSTAIN: None / **Motion passed.**

**9. CONTRACTS**

Ms. Harrison highlighted agenda process sheets for agreements listed below, answered questions and provided clarification for committee members.

- a) OhioMHAS COVID-19 Mitigation Funds – \$343,953.69
  - Best Solutions Home Medicaid Supplies & Equipment - \$46,600

- RB Sigma Medical Supply - \$11,400

Ms. Harrison reported that individuals with mental illness and substance use disorder are more likely to have chronic illnesses associated with higher instances of contracting COVID-19 as well as higher risk of poor outcomes from an episode of the virus. OhioMHAS received additional block grant dollars to expand activities to detect, diagnose, trace and monitor infections and mitigate the spread of COVID-19 in high-risk settings such as treatment and recovery facilities. The overarching purpose of these one-time funds is for COVID-19 testing and mitigation activities. All expenses must be consistent with relevant clinical and public health guidance. The funds can be utilized until September 2025 and remaining funds will be allocated based on the needs of providers and/or the Board's need to recover from and/or prevent the spread of COVID-19. These funds provide resources to ensure the continuity of services to support individuals connected with the behavioral health system. The Board will contract with Best Solutions Home Medicaid Supplies & Equipment in the amount of \$46,600 and RB Sigma Medical Supply in the amount of \$11,400 for the term of September 1, 2021 through September 30, 2025. The remaining funds in the amount of \$285,953.69 are yet to be determined.

- b) Ohio School Wellness Initiative (OSWI)
  - Northeast Ohio Education Service Center - \$144,500

The OSWI was designed to explore, implement, and sustain a full continuum of care including prevention, early intervention, and treatment practices for K-12 students within local districts who adopt student assistance programs (SAP), multi-tiered systems of support, and staff wellness frameworks. The cornerstone of the OSWI is the development of an Ohio Model SAP that can serve as a best practice standard for Ohio's K-12 schools. OhioMHAS has allocated a salaried position for the OSWI called School Behavioral Health and Wellness Coordinator in the amount of \$72,250 per hire. Cuyahoga County has been approved for two hires, resulting in a total allocation of \$144,500. The School Behavioral Health and Wellness Coordinator will provide systematic approaches to support behavioral health promotion, prevention, early identification, intervention, referral processes, and guided support services for K-12 students who are exhibiting a range of substance use, mental and behavioral health risk factors. The positions will also provide resources, online training, and guidance related to processes within the schools and with continuous improvement strategies for services to students. In CY2022, services will be provided to Euclid City School District and/or other participating OSWI districts. Numbers served to be determined. The contractual party is the Northeast Ohio Education Service Center in the amount of \$144,500 for the term of January 1, 2022 through December 31, 2022.

- c) Community Collective Impact Model for Change 2.0: Addressing Social Determinants of Health in Minority and Underserved Communities Initiative – \$15,871
  - Recovery Resources - \$4,461
  - Rice Education Consulting (REdCon) - \$4,000

Social determinants of health (SDoH) affect a wide range of health risks and outcomes and contribute to health inequities across communities. Poor SDoH are linked to mental and behavioral health issues and impact substance use disorder (SUD) prevention and mental health promotion services across the lifespan. Considering the impact of SDoH when planning for prevention services can improve health outcomes and promote health equity. To provide support to behavioral health boards as they engage in community-based processes as they plan SUD prevention and mental health promotion services and programming, OhioMHAS, Ohio University's Voinovich School of Leadership and Public Service, the Pacific Institute for Research and Evaluation (PIRE), and other key partners are collaborating on the implementation of the Community Collective Impact Model for Change 2.0: Addressing Social Determinants of Health in Minority and Underserved Communities Initiative.

OhioMHAS has allocated funding to provide support to behavioral health boards as they engage in community-based processes to plan SUD prevention and mental health promotion services and programming. This Initiative is funded in a phased approach. Current funding is for Phase 1 & 2. Two Co-directors are required to participate, one board staff & one community partner. Co-directors will participate in all virtual learning community meetings and engage in required peer review activities to develop a Social Determinant of Health Impact Statement and Comprehensive Prevention Plan



for Cuyahoga County. The contractual parties include Recovery Resources in the amount of \$4,461 and REdCon in the amount of \$4,000 for the term of January 1, 2022 through September 31, 2022.

**Motion to recommend approval of Contracts (as listed above) to the full Board.** MOTION: S. Rosenbaum / SECOND: S. Killpack / AYES: B. Addison, G. Boehm, R. Fowler, G. Howard, P. James-Stewart, K. Kern-Pilch, S. Killpack, M. Rodas, S. Rosenbaum / NAYS: None / ABSTAIN: None / **Motion passed.**

## 10. **CONTRACT AMENDMENTS**

- a) Amendment to Resolution No. 20-04-02, Cuyahoga County Opioid Crisis Mitigation Plan: Phase One – No-cost Term Extension
- Stella Maris
  - St. Vincent Charity Rosary Hall
  - Thrive Behavioral Health

In 2017, Cuyahoga County filed suit against manufacturers, distributors, and four individuals who were instrumental in promoting opioids for sale and distribution nationally and in Cuyahoga County. The ADAMHS Board CEO participated in a deposition and staff were involved in gathering information regarding the opioid litigation that resulted in settlements. The ADAMHS Board CEO, staff and providers quickly responded to a request from the Cuyahoga County Executive's Office on developing a plan and services for the best use of the Opioid Mitigation Phase One settlement, which the ADAMHS Board was allocated just over \$10,501,207. On October 10, Executive Budish announced Opioid Mitigation Plan Phase One, which invests the County's \$23 million in settlement money in programs that work directly toward prevention, treatment and recovery related to this epidemic. The Cuyahoga County Council Finance & Budgeting Committee voted on March 2, 2020, for the plans regarding the Opioid Mitigation Phase One settlement and recommended its passage to the full County Council.

Receipt and disbursement of \$10,501,207 from Cuyahoga County's Opioid Mitigation Phase One settlement for new residential treatment beds, increased Intensive Outpatient (IOP) and Partial Hospitalization Program (PHP) treatment and increased peer support. Staff are requesting the Board to approve a no-cost extension of Resolution 20-04-02 to extend the time period until December 31, 2022.

- b) Amendment to Resolution No. 21-11-07, Approval of CY 2022 Service Provider Contracts – Crisis Beds
- Bellefaire Jewish Children's Bureau - \$442,705

To ensure adequate access for families in Cuyahoga County, the Board currently funds six children's crisis beds through Bellefaire JCB. The children's crisis beds are alternatives to hospitalization and out of home placement in the event of an immediate crisis. Such short-term services allow the youth to return to the community, thereby remaining engaged in the activities critical to recovery. This amendment increases the daily rates for the crisis beds and provides sufficient funding to ensure access to the beds for the duration of 2022. The original allocation was based on 2020 rates and is not sufficient to cover the entire calendar year. Crisis beds at Bellefaire are necessary for youth who require brief periods of stabilization, assessment, intervention and treatment in a residential setting to remediate a crisis. The contract bed rates for the Crisis Care beds, Crisis Stabilization beds, and the shared MH/DD beds increased to align with Bellefaire's Usual and Customary Rate (UCR) that are charged to all county systems. Bellefaire, JCB will receive an increase in funding in the amount of \$442,705 for the term of January 1, 2022 through December 31, 2022.

- c) Amendment to Resolution No. 21-11-07, Transfer of the Harm Reduction Program & Substance Use Disorder (SUD) Treatment Services from The Centers for Families and Children to Circle Health Services – No New Funding
- The Centers for Families and Children
  - Circle Health Services

Circle Health Services, now affiliated with The Centers for Families and Children under a shared leadership structure, submitted its CY2022 Request for Proposal (RFP) under The Centers, and was awarded the Harm Reduction Program (\$30,000) and SUD Treatment Services (Pooled Funding) under The Centers. Due to licensing and operational

requirements, The Centers must bill certain services through Circle Health Services, such as the Harm Reduction Program and SUD Treatment Services. As a result, the Harm Reduction Program and SUD Treatment Services will be transferred from The Centers to Circle Health Services by removing those programs from The Centers CY2022 contract and entering into a CY2022 contract with Circle Health Services for the term of January 1, 2022 through December 31, 2022.

- d) Amendment to Resolution No. 21-11-07, Allocation from Early Childhood Mental Health (ECMH) Funding for the Emergency Response Therapist Position
- OhioGuidestone - \$68,386 (ECMH Pooled Funding)

In October 2021, an RFP was issued for ECMH programming with identified ECMH Providers being selected as part of a competitive RFP process for CY2022-2023. Recognizing the intermittent need for immediate treatment availability for severely traumatized young children, an Emergency Response Therapist position will provide immediate response to these cases. OhioGuidestone will work closely with ECMH Central Referral Coordinator to determine family need and long-term treatment plan.

The Board and Invest in Children (IIC) has allocated a salaried position for the Emergency Response Therapist with OhioGuidestone from Early Childhood Mental Health (ECMH) pooled funding in the amount of \$68,386. The Emergency Response Therapist will be available for immediate response and treatment to severely traumatized young children. Board staff are requesting to amend OhioGuidestone's CY2022 contract to add an allocation in the amount of \$68,386 for the Emergency Response Therapist position from ECMH pooled funding. ECMH pooled funding for CY2022 will be reduced by \$68,386 from \$1,642,482 to \$1,574,096. The provision of ECMH services is delivered with a keen awareness of the significance of early brain development and the adverse effects of trauma, abuse, neglect, and other negative experiences that impact healthy emotional development. As such, early intervention services for children ages birth to six address early emotional, social and behavioral development, which ensure that our community's children are prepared for a successful start academically and socially. The term of this contract is from January 1, 2022 through December 31, 2022.

- e) Amendment to Resolution No. 22-01-04, Substance Abuse and Mental Health Services Administration (SAMHSA) COVID-19 Relief Substance Abuse Prevention and Treatment (SAPT) Block Grant for Alcohol Use Disorder (AUD) Treatment – \$302,596.66
- I'm in Transition Ministries - \$102,596.66
  - Thrive Behavioral Health Care, Inc. - \$200,000

As a result of the COVID-19 pandemic, behavioral health problems have significantly increased in the United States and Ohio, resulting in an increase in alcohol consumption and other drugs to cope with the many stressors brought on by the pandemic. Social isolation is a risk factor for relapse from alcohol and drug use, and social connection is crucial for persons recovering from substance use disorder. As a result, OhioMHAS reached out to the Board for this funding opportunity to find a provider that can use innovative approaches to treat persons with alcohol use/misuse disorder (AUD) during the COVID-19 pandemic and Thrive Behavioral Health Care, Inc. and I'm in Transition Ministries were selected for this funding opportunity. Thrive Behavioral Health Care, Inc. and I'm in Transition Ministries will provide Government Performance and Results Act (GPRA) data.

OhioMHAS has granted the Board an additional \$102,596.66 for a total of \$302,596.66 as part of the COVID-19 SAPT Block Grant funding from SAMHSA for COVID-19 relief to focus on AUD treatment. The ADAMHS Board will contract with I'm In Transition Ministries to implement its AUD program with the additional funding. I'm in Transition Ministries will do outreach to individuals suffering from AUD to educate them on an innovative MAT drug, Naltrexone Implant Therapy, and also register individuals for this treatment through Care Alliance Health Center.

Thrive will implement an innovative pilot project that will offer direct Peer Recovery Support delivered to individuals through a virtual learning and coaching platform, Thrive + Digital. The service will target the uninsured, providing one-on-one support through text and video as well as live group events, cohort-based classes, and an online community for

connection and growth. I'm in Transition Ministries will receive funding in the amount of \$102,596.66 and Thrive Behavioral Health Care, Inc. will receive funding in the amount of \$200,000 for the term of November 22, 2021 through March 15, 2023.

- f) Amendment to Resolution No. 21-09-07, Continuation and Enhancement of NEO Collaborative Crisis / Information / Referral / Support Hotline Services and Advertising Campaign with SAMHSA Supplemental Emergency COVID-19 Funds – \$76,230 (SAMSHA Supplemental Funds to ADAMHS Board as Fiscal Agent – Advertising portion of the grant) – No-cost Term Extension
- American Solutions for Business (direct mail) - \$46,110
  - Cleveland.com (digital advertising) - \$4,000
  - Transit/Outdoor Advertising
    - o Lamar Transit (Cuyahoga, Summit) - \$6,080
    - o Lamar Outdoor (Ashtabula) - \$3,300
    - o Eagle Advertising USA (Lake, Geauga) - \$4,740
  - Internet Radio
    - o Spotify - \$6,000
    - o iHeart - \$6,000

The Board serves as the Fiscal Agent for the NEO Collaborative, which includes Cuyahoga, Lorain, Lake, Geauga, Ashtabula and Summit Counties. In 2020, OhioMHAS received a \$2 million SAMHSA grant for Emergency COVID-19 funding to address mental health and substance use disorders during the COVID-19 pandemic. Each collaborative originally received \$309,383 of this award from OhioMHAS. The Board's share of these funds was \$51,563.83 and was used to contract with FrontLine Service to expand its Hotline by an additional Full Time Equivalent (FTE). In February of 2021, OhioMHAS received an additional \$2,859,647 in SAMHSA Supplemental Emergency COVID-19 Funds, with a total of \$457,270 allocated to the NEO Collaborative. The Board's share of this supplemental funding is \$72,133 for services, and as Fiscal Agent will receive \$76,230 for the NEO Collaborative advertising campaign.

The Board approved the advertising not-to-exceed amount of \$76,230 in June 2021. This amendment specifies the vendors that will be used for the advertising. One vendor, Lorain County Transit, is unavailable. The funding for that advertising will be transferred to American Business Solutions for additional direct mail pieces for the Lorain County portion of this six-county effort. Another project, printing by Brother's Printing, is being shifted to direct mail pieces by American Business Solutions as well. The Board is coordinating an advertising campaign, in partnership with a team of communication professionals from the Northeast Ohio (NEO) Collaborative Boards, to promote local crisis hotline services to healthcare and frontline workers who have been impacted by COVID-19.

Board staff is requesting to amend and transfer the advertisement amount allocated to the Lorain County Transit in the amount of \$3,290 and to Brother Printing in the amount of \$8,940 to American Solutions for Business for a total advertisement amount allocated to them in the amount of \$46,110 (\$33,880 + \$3,290 + \$8,940). Also, Board staff is requesting to amend the end date of the grant to May 31, 2023, based on an extension by SAMHSA.

**Motion to recommend approval of Contract Amendments (as listed above) to the full Board.** MOTION: S. Rosenbaum / SECOND: P. James-Stewart / AYES: B. Addison, G. Boehm, R. Fowler, G. Howard, P. James-Stewart, K. Kern-Pilch, S. Killpack, M. Rodas, S. Rosenbaum / NAYS: None / ABSTAIN: None / **Motion passed.**

## **11. IDENTIFY CONSENT AGENDA**

Rev. Gohlstin identified the following elements to include into the Consent Agenda: Acceptance of the December 2021 Finance Reports, Contracts and Contract Amendments.

## **12. NEW BUSINESS**

Rev Gohlstin reported that for the health and safety of Board members and staff, the March ADAMHS Board meeting schedule will consist of an in-person Committee of the Whole Meeting on Wednesday, March 16, 2022, when we will conduct all the business of our committee meetings. We will then meet again in-person for our General Meeting on Wednesday, March 23, 2022, for final

approval. However, should the Governor sign House Bill (HB) 51 temporarily authorizing public bodies to hold virtual meetings through June 30, 2022, the Board will continue with the established cycle of committee meetings via Zoom.

13. **PUBLIC COMMENT PERIOD** – None.

14. **UPCOMING FEBRUARY AND MARCH BOARD MEETINGS:**

- General Meeting: February 23, 2022
- Community Relations & Advocacy Committee Meeting: March 2, 2022
- Nominating Committee Meeting: March 9, 2022
- Planning & Oversight Committee Meeting: March 9, 2022
- Finance & Operations Committee Meeting: March 16, 2022
- General Meeting: March 23, 2022

***There being no further business, the meeting adjourned at 5:50 p.m.***

***Submitted by: Linda Lamp, Executive Assistant***

***Approved by: Rev. Benjamin F. Gohlstin, Sr., Chairperson, ADAMHS Board of Cuyahoga County***