

**Trauma Collaborative  
Meeting Minutes**

October 22, 2021  
Via Zoom  
9:30 AM to 11:00 AM

**Attendance:** See October sign-in sheet below

**Welcome and Introductions:** Erin DiVincenzo and Jakolya Gordon called the meeting to order, welcomed the members in attendance, and requested individuals introduce themselves along with their agencies.

**Agency Presentation, Journey for Safety and Healing:** Carrie Joseph provided an overview of Journey and the mission of the agency.

- Started as two separate agencies – Belleflower for Child abuse and the Domestic Violence center. They merged to and formed y Domestic Violence and Child Advocacy Center (DVCAC).
- Rebranded to Journey in Oct of 2021.
- Help clients that are neglected (omission) and abused (commission) – physical, emotional and sexual
- Abuse causes stress – stress for COVID caused an increase and severity in cases
- They have a 24/7 abuse hotline
- Provide trauma therapy and support groups
- Provide shelter, education, training and prevention
- Provide self-care for trauma professionals

**Self-care for Trauma Professionals: presented by Wendy Hunter from Journey for Safety and Healing:**

- A whole person approach that addresses social, psychological, spiritual, emotional, physical and intellectual needs.
- Self-care sessions increase by more than 80 percent during COVID-19
- Self-care can be as short as a 30 second meditation or as long as an individual needs.
  - Practice self-care with mindful eating
  - Use self-care apps such as Calm and Headspace

**Agency Updates:**

- **Gracehaven:** Hannah Shaub shared that they are hiring case managers
- **Pathways:** Liz shared that Pathways is moving from Brook Park to North Olmsted
- **Coalition for a Better Life:** Ruth Standiford shared that they are having an art show and sale on October 29 & 30

**Next Meeting:** Friday, January 28, 2022 9:30a - Via Zoom

**Trauma Collaborative: Meeting Attendance for October 22, 2021**

Mark box to indicate attendance	Name Listed by last name A-Z	Agency	Email

10/22	Brinker, Megan	Neighborhood Family Practice	<a href="mailto:mbrinker@nfpmcenter.org">mbrinker@nfpmcenter.org</a>
10/22/21	Cantale, Gina	National Youth Advocate Program( NYAP)	<a href="mailto:gcantale@nyap.org">gcantale@nyap.org</a>
10/22	Corcoran, Heather	Educational Service Center NEO	heather.corcoran@escneo.org
LD 10/22/21	Dalton, Leah	Cuyahoga County Board of DD	<a href="mailto:dalton.leah@cuyahogabdd.org">dalton.leah@cuyahogabdd.org</a>
ED 10/22	DiVincenzo, Erin	ADAMHS Board	edivincenzo@admhsc.org
RD 10/22	Drake, Rhonda	Antifragility Initiative (University Hospitals)	<a href="mailto:Rhonda.Drake@UHhospitals.org">Rhonda.Drake@UHhospitals.org</a>
10/22	Gambrell, Dominique	Juvenile Court	dgambrell@cuyahogacounty.us
10/22/2021	Gordon, Jakolya	Cuyahoga County Family Justice Center - Defending Childhood	jpgordon@cuyahogacounty.us
WH 10/22/2021	Hunter, Wendy	Journey Center for Safety & Healing	whunter@journeyneo.org
10/22/21	Jamison, Cheryl	National Youth Advocate Program( NYAP)	<a href="mailto:cjamison@nyap.org">cjamison@nyap.org</a>
10/22	Joseph, Carrie	Journey Center for Safety & Healing	<a href="mailto:cjoseph@journeyneo.org">cjoseph@journeyneo.org</a>
10/22	Joseph, Rebecca	Rainbow Babies and Children (Antifragility Initiative)	rebecca.joseph@universityhospitals.org
10/22	Karp, Jeff	Debalzo, Elgudin, Levine, and Risen LLC (DELR)	j.karp@delrllc.com
LK 10/22	Koblentz, Leslie	ADAMHS Board	koblentz@adamhsc.org
LAK 10/22/21	Konieczka, Lori	Applewood Center	lkonieczka@applewoodcenters.org
MK 10/22	Krock, Matthew	Antifragility Initiative	Matthew.Krock@uhhospitals.org

LL 10-22-21	Lubowicki, Lisa	OhioGuidestone	<a href="mailto:lisa.lubowicki@ohioguidestone.org">lisa.lubowicki@ohioguidestone.org</a>
JM 10-22-21	Martin, Jessica	Cleveland Rape Crisis Center	<a href="mailto:jessicam@clevelandrcc.org">jessicam@clevelandrcc.org</a>
10/22	McKiernan, Tracey	Catholic Charities	<a href="mailto:trmckiernan@ccdacle.org">trmckiernan@ccdacle.org</a>
NM 10/22/21	Miller, Nicole	FrontLine Service	<a href="mailto:nicole.miller@frontlineservice.org">nicole.miller@frontlineservice.org</a>
10/22/2021	Ozturk, Ravza	P.A.L.S. for Healing	<a href="mailto:ravza@palsforhealing.org">ravza@palsforhealing.org</a>
MP 10/22/2021	Paradise, Melissa	Murtis Taylor Human Services System	<a href="mailto:mparadise@murtistaylor.org">mparadise@murtistaylor.org</a>
AP 10/22/2021	Phelps, Amber	OhioKAN OhioKinnect	<a href="mailto:amber.phelps@kinnectohio.org">amber.phelps@kinnectohio.org</a>
LP 10/22/2021	Piechowiak, Liz	Pathway Caring for Children	<a href="mailto:epiechowiak@pathwaycfc.org">epiechowiak@pathwaycfc.org</a>
MRS 10/22	Ramos-Saviano, Misty	P.A.L.S. for Healing	<a href="mailto:contactus@palsforhealing.org">contactus@palsforhealing.org</a>
RER 10/22/21	Reid, Rhonda	Achievement Centers for Children	<a href="mailto:rhonda.reid@achievementctr.org">rhonda.reid@achievementctr.org</a>
SS 10/22	Salamon, Samantha	Asian Services in Action, Inc. (ASIA, Inc.)	<a href="mailto:Salamon@asiaohio.org">Salamon@asiaohio.org</a>
JS 10/22	Salter, Jacqueline	Family Promise of Greater Cleveland	<a href="mailto:jsalter@familypromisecle.org">jsalter@familypromisecle.org</a>
HS 10/22	Shaub, Hannah	Gracehaven	<a href="mailto:hshaub@gracehaven.me">hshaub@gracehaven.me</a>
10/22/2021	Simmons, Marya	Collaborative to End Human Trafficking	<a href="mailto:msimmons@collabtoendht.org">msimmons@collabtoendht.org</a>
AS 10/22/21	Slota, Annie	Neighborhood Family Practice	<a href="mailto:aslota@nfpmedcenter.org">aslota@nfpmedcenter.org</a>

LS, 10/22	Smith, Larry	ADAMHS Board	lsmith1@adamhsc.org
MS 10/22	Smith, Michael	ADAMHS Board	msmith@adamhsc.org
RS 10/22/21	Standiford, Ruth	Coalition for a Better Life, dba Peace in the Hood, Inc.	Coalitionforabetterlife@gmail.com
10/22	Tolley, Brianne	Cornerstone of Hope	Brianne@cornerstoneofhope.org
10/22	Torigoe, Kevin	FrontLine Service	<a href="mailto:kevin.torigoe@frontlineservice.org">kevin.torigoe@frontlineservice.org</a>
10/22	Vega, Raquel	Rainbow Babies and Children (Antifragility Initiative)	raquel.vega2@uhhospitals.org
HW 10/22/21	Wiltshire, Hannah	Child and Family Advocates of Cuyahoga County	<a href="mailto:hwiltshire@cfadvocates.org">hwiltshire@cfadvocates.org</a>