

# **99 Treasures Arts and Culture**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>99 Treasures Arts and Culture</b>			
Project Community Empowerment	\$ 50,000	\$ 75,000	Prevention
<b>Total</b>	<b>\$ 50,000</b>	<b>\$ 75,000</b>	

# CY22 Program Highlights and Outcomes

## 99Treasures Arts & Culture

99Treasures Arts & Culture has been key in successfully implementing prevention programs designed to eradicate violence in Cleveland's inner city. This non-profit organization is also noted for promoting awareness of street violence in Cleveland and throughout the country.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Project Community Empowerment

Serves youth and families with out-of-school-time programming that is trauma-informed, intergenerational and culturally specific, including wraparound services for families, mentoring, and substance misuse education. Offers drug use/misuse prevention workshops, connections to 12-step groups and support groups, and Unity Circles to talk about challenges and solutions. The program also offers expressive arts, including mastery level art/entrepreneurship classes, and financial literacy classes through Project Ujamaa and the sale of Arts4Peace products on the youth-driven website 99Treasures.org.

- **Target Population:**
  - At-risk youth ages 5-18 and adults
- **Anticipated Number of Clients to be Served:** 200
- **Number of Staff Required to Implement Program:** 14
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Should a vacancy occur, the agency would immediately ask a member of the agency's large volunteer pool to step in until the vacancy can be filled. Caseloads can be reassigned if necessary.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Wrap-around Behavioral Health Services for Youth
- **Program Goals:**
  - 99Treasures will provide Saturday Family Day programming one day per week for 50 weeks to 75 participants. 85% of participants will earn a certificate of completion.
  - Host five Holistic Solutions for Holistic Problems curriculum components, with 85% of the participants gaining new knowledge and life skills.
  - Host 50 Unity Circles per year; and Zoom Unity Circles three days per month for 12 months.
  - Conduct a 2022 Peace Camp for six weeks during the summer for at-risk youth in collaboration with Youth Opportunities Unlimited, expecting that 85% of participants will complete the camp and earn a certificate of completion.

# CY22 Program Highlights and Outcomes

- 99Treasures will provide a human centered and spiritual approach for clients in recovery using holistic, culturally specific and interfaith services based on inter-faith collaborations. While relapse is part of the recovery process, it is expected that 85% of clients will maintain sobriety.
- 99Treasures will continue its public artworks/entrepreneurship component with Youth Council members and families by completing 25 pieces of one-of-a-kind artwork for the Mt. Pleasant Library. The goal is that 50% of youth enrolled in the program will earn income through website/art show sales in 2021 - 2022.
- **Program Metrics:**
  - Sign-in sheets and client satisfaction surveys
  - Pre- and post- DESSA assessments
  - Document paintings through pictures and videos
  - Use IEP's (if available) and grade reports pre- and post-programming

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 75
  - **ADAMHS Funded Unduplicated Clients Served:** 93
  - **Total Number of Clients Served:** 93
  - **Total Number of Clients that Completed this Program/Service:** 0 (continuous program)
- **Average Cost Per Client:** \$269
- **Additional Information:**
  - The program was featured on two media outlets: WJW (Kickin' It With Kenny) and WEWS (A Better Land).

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 75
  - **Total Number of Clients that were Served:** 111
  - **Total Number of Clients that Completed this Program/Service:** 42
- **Goals Met:**
  - 111 clients served with staff to youth ratio of 1:7
- **Metrics Used to Determine Success:**
  - Used DESSA and DARS systems and pre- and post-testing; monitored grade and behavior reports and used client feedback forms. Weekly meetings were held to gauge and measure progress and discuss any changes that need to be made to accommodate participants and address clients involved in the justice system.

# CY22 Program Highlights and Outcomes

- **Program Successes:**
  - Exceeded service goal of 75 clients by serving 111 (60 youth and 51 adults) through Saturday classes, Zoom classes/sessions, phone contact and home visits
  - Summer camp was provided two days per week, using the parking lot at Concerned Citizens Community Council to allow for social distancing
- **Average Cost Per Client in CY20:** \$450
- **Additional Information:**
  - Youth are completing paintings for the Mt. Pleasant Branch Library (themes are drugs/health/gun violence in our communities). The youth website is being revamped so that clients will be able to sell original artwork online to earn income.

Provider:	<b>99Treasures Arts &amp; Culture</b>	2020 First Outcome Count:	<b>61</b>	2021 First Outcome Count:	<b>26</b>
Instrument:	<b>DARS</b>	2020 Final Outcome Count:	<b>58</b>	2021 Final Outcome Count:	<b>26</b>
Program:	<b>Adult Prevention</b>	2020 % of Final:	<b>95.08%</b>	2021 % of Final:	<b>100%</b>

The Devereux Adult Resilience Scale (DARS) is a measurement instrument designed by the Devereux Advanced Behavioral Health organization for adults (18+ years). The instrument is utilized to identify an individual's personal strengths in four domains.

Providers currently report aggregated data for programs utilizing the DARS instrument. Results reflect the percentage of individuals for whom there was an increased score from the initial (first) and follow-up (final) instrument administration

Population	Evaluation Year	Subscale	% Who Improved	Significance
Adults (18+ years)	2020	Initiatives	87.93%	Significant at p<.05
Adults (18+ years)	2020	Internal Belief	77.59%	Significant at p<.05
Adults (18+ years)	2020	Overall	93.10%	Significant at p<.05
Adults (18+ years)	2020	Relationship	77.59%	Significant at p<.05
Adults (18+ years)	2020	Self Control	82.76%	Significant at p<.05
Adults (18+ years)	2021	Initiatives	88.46%	Significant at p<.05
Adults (18+ years)	2021	Internal Belief	88.46%	Significant at p<.05
Adults (18+ years)	2021	Overall	96.15%	Significant at p<.05
Adults (18+ years)	2021	Relationship	92.31%	Significant at p<.05
Adults (18+ years)	2021	Self Control	96.15%	Significant at p<.05

Provider:	<b>99Treasures Arts &amp; Culture</b>	2020 First Outcome Count:	<b>46</b>	2021 First Outcome Count:	<b>39</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>45</b>	2021 Final Outcome Count:	<b>36</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>97.83%</b>	2021 % of Final:	<b>92.31%</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale	47.64	49.29	1.64	Significant at p<.05
Grades K - 8	2020	No Scale	46.95	50.28	3.33	Significant at p<.05
Grades 9 - 12	2021	No Scale	51.61	54.83	3.22	Significant at p<.05
Grades K - 8	2021	No Scale	50.3	53.07	2.78	Significant at p<.05

# **Achievement Centers for Children**



## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Achievement Centers for Children</b>			
Early Childhood Mental Health**	\$ 437,590	\$ -	Prevention
<b>Total</b>	<b>\$ 437,590</b>	<b>\$ -</b>	

\*\* ECMH Providers Pooled Funding

# CY22 Program Highlights and Outcomes

## Achievement Centers for Children (ACC)

Achievement Centers for Children (ACC) offers a wide array of interdisciplinary services for children from the youngest age (prenatal) through adulthood and their families. Mental health programming is provided for children birth through six years of age experiencing social, emotional and/or behavioral challenges.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Early Childhood Mental Health (ECMH) Programming

Offers consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group, delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper involvement into the behavioral health system. The program provides early intervention services that address early emotional, social and behavioral development.

- **Target Population:**
  - Children ages birth to six-years-old
- **Anticipated Number of Clients to be Served:** 285
- **Number of Staff Required to Implement Program:** 8
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff are cross-trained to cover vacancies and supervisors can take cases when necessary.
- **Funding Priority:**
  - Prevention and Early Intervention
- **Program Goals:**
  - Children will show significant clinical improvement on DECA Resiliency scales.
  - Children will show significant clinical reduction in problems on DECA Behavior Scale.
  - Children will show significant clinical improvement on the DECA-Infant Toddler (IT) Scale when utilized.
- **Program Metrics:**
  - Pre- and post-assessment and demonstrated improvement on all the DECA resilience subscales

#### First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 110
  - **ADAMHS Funded Unduplicated Clients Served:** 129

# CY22 Program Highlights and Outcomes

- **Total Number of Clients Served:** 151
- **Total Number of Clients that Completed this Program/Service:** 42
- **Average Cost Per Client:** \$1,696.09
- **Additional Information:**
  - This program continues to thrive and integrate evidence-based data and research in provision of direct clinical practice that supports infants, children, and their families. By building a partnership with families, the agency can examine and address social-emotional, mental health concerns, parenting challenges, trauma and other adverse childhood experiences with focused attention and appreciation of the diverse populations it serves. Additionally, the agency has increased attention to the impact of social determinants of health and actively sought opportunities to connect families with resources to address biopsychosocial stressors. The previous fiscal year brought forth a shift in the way ECMH services were delivered. The agency's ECMH social workers began providing services through secured video conferencing and/or phone calls to families to prevent interruption of treatment. As COVID-19 restrictions began to lift, social workers have been providing multi-modal services including telehealth, agency-based and outdoor in-person sessions based upon clinical need and family's preference. Furthermore, the re-opening of schools and child-care centers have contributed to an increase within ECMH referrals. The agency also successfully preserved its partnerships with EBEI (Evidence Based Early Intervention) and Infant Massage USA, which social workers have been readily available to offer these specialized interventions to children and their families.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 225
  - **Total Number of Clients that were Served:** 167
  - **Total Number of Clients that Completed this Program/Service:** 129
- **Goals Met:**
  - Individual Service Plan - 100% (Goal 90%)
  - DECA - 71% (Goal 80%) Satisfaction - 95% (Goal 98%)
- **Metrics Used to Determine Success:**
  - Individual Service Plans - The results of client goals are documented in the agency's electronic data management system.
  - Goal reports are run on all discharged clients who have an individual service plan and percentages are calculated.
  - The DECA is used to measure child protective factors in the areas of self-regulation, initiative and attachment/relationships at the beginning of service, throughout service, and at the end of service to assess improvement.
  - Satisfaction surveys are sent out to clients on an annual and ongoing basis. The survey consists of 14 questions related to efficiency, effectiveness, and access. A 5-point Likert scale is used and the level of satisfaction is calculated based upon the responses.

# CY22 Program Highlights and Outcomes

- **Program Successes:**
  - Individual Service Plans – 100% of the clients either met their goals or showed significant progress on their goals at discharge. DECA – 71% of the clients showed improvement at the end of services. Satisfaction survey – 95% of the clients served were satisfied with the services.
- **Average Cost Per Client in CY20:** \$2,620.29
- **Additional Information:**
  - The agency's staff and board created new curriculum to accommodate Zoom classes, to keep youth interested and engaged. The agency gave weekly reading, research (specific educational videos to watch) and art journaling assignments. Youth reported out their findings weekly on Zoom.

Provider:	<b>Achievement Centers for Children</b>	2020 First Outcome Count:	<b>153</b>	2021 First Outcome Count:	<b>172</b>
Instrument:	<b>e-DECA</b>	2020 Final Outcome Count:	<b>82</b>	2021 Final Outcome Count:	<b>74</b>
Program:	<b>Early Childhood Mental Health</b>	2020 % of Final:	<b>53.59%</b>	2021 % of Final:	<b>43.02%</b>

The Devereux Early Childhood Assessment (DECA) is a set of assessment instruments designed by the Devereux Advanced Behavioral Health organization for pre-school age children that focuses on identifying key social and emotional strengths. The instruments are tailored to specific age categories and vary in the number of Subscales.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	SubScale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Child (2 - 5 years)	2020	AG- Aggression	62	61	-1	Not Significant
Child (2 - 5 years)	2020	AP- Attention Problems	64	65	1	Not Significant
Child (2 - 5 years)	2020	AT- Attachment	42	42		Not Significant
Child (2 - 5 years)	2020	ECP- Emotional Control Problems	65	64	-1	Not Significant
Child (2 - 5 years)	2020	IN- Initiative	40	42	2	Not Significant
Child (2 - 5 years)	2020	SC- Self Regulation	40	41	1	Not Significant
Child (2 - 5 years)	2020	TBC- Total Behavioral Concerns	65	66	1	Not Significant
Child (2 - 5 years)	2020	TPF- Total Protective Factors	38	39	1	Not Significant
Child (2 - 5 years)	2020	WD- Withdrawal/Depression	61	62	1	Not Significant
Toddler (18-36 months)	2020	AT- Attachment	35	37	2	Not Significant
Toddler (18-36 months)	2020	IN- Initiative	41	43	2	Not Significant
Toddler (18-36 months)	2020	SC- Self Regulation	40	39	-1	Not Significant
Toddler (18-36 months)	2020	TPF- Total Protective Factors	38	39	1	Not Significant
Infant (1-18 months)	2020	AT- Attachment	49	53	4	Not Significant
Infant (1-18 months)	2020	IN- Initiative	55	59	4	Not Significant
Infant (1-18 months)	2020	TPF- Total Protective Factors	52	57	5	Not Significant
Child (2 - 5 years)	2021	AG- Aggression	60	59	-1	Not Significant

Child (2 - 5 years)	2021	AP- Attention Problems	65	65		Not Significant
Child (2 - 5 years)	2021	AT- Attachment	43	44	1	Not Significant
Child (2 - 5 years)	2021	ECP- Emotional Control Problems	66	64	-2	Significant at $p < .05$
Child (2 - 5 years)	2021	IN- Initiative	42	43	1	Not Significant
Child (2 - 5 years)	2021	SC- Self Regulation	41	42	1	Not Significant
Child (2 - 5 years)	2021	TBC- Total Behavioral Concerns	66	64	-2	Not Significant
Child (2 - 5 years)	2021	TPF- Total Protective Factors	40	41	1	Not Significant
Child (2 - 5 years)	2021	WD- Withdrawal/Depression	61	59	-2	Significant at $p < .05$
Toddler (18-36 months)	2021	AT- Attachment	39	39		Not Significant
Toddler (18-36 months)	2021	IN- Initiative	38	38		Not Significant
Toddler (18-36 months)	2021	SC- Self Regulation	33	38	5	Not Significant
Toddler (18-36 months)	2021	TPF- Total Protective Factors	35	36	1	Not Significant
Infant (1-18 months)	2021	AT- Attachment				Not Significant
Infant (1-18 months)	2021	IN- Initiative				Not Significant
Infant (1-18 months)	2021	TPF- Total Protective Factors				Not Significant

# **Applewood Centers, Inc.**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Applewood Centers, Inc</b>			
Early Childhood Mental Health**	\$ 110,602	\$ -	Prevention
Mental Health in the Detention Center	\$ 504,352	\$ 567,280	Specialized Pop.
Crisis Stabilization Placement for Youth	\$ 875,000	\$ 913,230	Crisis
School Based Prevention	\$ 112,500	\$ 112,500	Prevention
Transportation	\$ -	\$ 50,000	Transportation
<b>Total</b>	<b>\$ 1,602,454</b>	<b>\$ 1,643,010</b>	
<b>Pooled Funding:</b>			
Treatment Services	\$ -	\$ -	
Trauma Services	\$ -	\$ -	

\*\* ECMH Providers Pooled Funding



# CY22 Program Highlights and Outcomes

## Applewood Centers, Inc.

Applewood Centers, Inc., is a non-profit agency and one of Northeast Ohio's largest providers of behavioral healthcare and social services for children, youth and families.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### School-Based Prevention

Provides prevention and short-term consultation services within targeted Cuyahoga County schools to help children, families and school staff identify and resolve challenges before they grow more complex. Counselors provide clinical expertise and work with: teachers and school staff to help them effectively manage a child's mental health and/or behavioral issues, address classroom or whole school issues, and enhance their own wellness; individual children for one-time consultation or for multiple session consultations with parental consent; groups of multiple children to address serious issues that students are facing and/or topics identified by school staff; one-time and ongoing prevention topics provided to classrooms; professional development for school staff on topics such as vicarious trauma; trauma-informed classrooms; etc. This service is client-specific and dependent upon individual needs, client profile, and problem intensity. Staff utilize the Ohio/Georgetown Consultation Model, which is evidence-based and can be provided in whole class and small group settings as well as individually and to school staff, children, and parents.

- **Target Population:**
  - Children ages 5 to 18 who attend targeted Cuyahoga County schools and who suffer from mild to moderate social, emotional, or behavioral symptoms.
- **Anticipated Number of Clients to be Served:** 1,100
- **Number of Staff Required to Implement Program:** 30
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - When staff vacancies occur, other departmental staff will assist with providing services where needed; supervisors and director will also continue to assist with program implementation and school/case coverage.
- **Funding Priority:**
  - Prevention and early intervention
- **Program Goals:**
  - Increased display of positive interactions, increased self-esteem, emotional expression, and usage of healthy coping skills
  - Decrease in display of problematic behaviors
  - Improved communication with teachers regarding mental health, trauma, social emotional needs and how to support students within a learning environment

# CY22 Program Highlights and Outcomes

- **Program Metrics:**
  - DESSA-mini

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 600
  - **ADAMHS Funded Unduplicated Clients Served:** 200
  - **Total Number of Clients Served:** 376
  - **Total Number of Clients that Completed this Program/Service:** 15
- **Average Cost Per Client:** \$119
- **Additional Information:**
  - Due to the continuation of COVID during this reporting period, services continued to look differently than prior years. Ongoing prevention groups were unable to be organized when schools returned to a hybrid model due to the way the school day was structured.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 600
  - **Total Number of Clients that were Served:** 475
  - **Total Number of Clients that Completed this Program/Service:** 0
- **Goals Met:**
  - COVID caused Applewood to redefine how it provided services to schools and families. The agency offered phone and Zoom consultations and prevention groups as well as professional development. Applewood also provided the following types of support to families: food deliveries; resource drop offs; resource linkage for students, parents, guardians; support to school administration and teachers; consultation to students, parents, teachers; one-time prevention topics to classrooms; and professional development to teachers about COVID anxiety, etc.
- **Metrics Used to Determine Success:**
  - Applewood planned to use the DESSA for outcomes for consultation and prevention but were unable to with COVID.
- **Program Successes:**
  - Applewood planned to use the DESSA for outcomes for consultation and prevention but were unable to with COVID.
- **Average Cost Per Client in CY20:** \$237
- **Additional Information:**
  - Due to COVID, the last year of services looked much different than prior years. As schools were shut down in mid-March 2020, Applewood was unable to provide many typical prevention and consultation services. Ongoing prevention groups were unable to be organized due to not having access to the students, and students not having access to

# CY22 Program Highlights and Outcomes

computers, internet, etc. Immediate needs of students such as food and other needed resources became the priority. Staff assisted many families by delivering food over a varied time period, resources, linking families to resources for utility payments, walked parents through how to get internet, etc. Families receiving these extra supports were very appreciative as they found themselves in uncharted territory.

## Treatment Services for Medicaid Non-Eligible Clients

Serves children and youth whose families would not otherwise be able to afford the care needed to treat such challenges as depression, anxiety, trauma, and behavioral health issues. Provides an array of appropriate outpatient mental health services based on the individualized needs of the client, including psychiatric diagnostic assessment, psychotherapy, community psychiatric supports and treatment (CPST), therapeutic behavior services (TBS), family therapy, evaluation and management, and day treatment services. Funding also ensures that necessary treatment is not delayed or discontinued due to a family's Medicaid eligibility, or because of being underinsured through private insurance with high deductible plans without coverage for the specialized care and case management that children and families with complex issues often require.

- **Target Population:**
  - Children and young adults who are not on Medicaid or who are underinsured.
- **Anticipated Number of Clients to be Served: 20**
- **Number of Staff Required to Implement Program: 10**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Any vacancies will be filled by other staff and/or supervisors while program directors work with Human Resources to hire new staff.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
- **Program Goals:**
  - Reduced severity of behavioral problems
  - Improved daily functioning
  - Improved future outlook (i.e. hopefulness)
- **Program Metrics:**
  - Ohio Scales

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 21**
  - **ADAMHS Funded Unduplicated Clients Served: 3**
  - **Total Number of Clients Served: 864**
  - **Total Number of Clients that Completed this Program/Service: 0**
- **Average Cost Per Client: \$392**

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- If Medicaid is approved, it becomes retroactive to the application date and Applewood reimburses the grant. Alternatively, some clients who begin treatment lose Medicaid but do not have private insurance or another means of affording care. Applewood accesses the ADAMHS Board funds in these instances so that treatment is completed for best outcomes as consistently demonstrated via the agency's Ohio Scales reports.

## **CY20 Provider Outcomes**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 21
- **Total Number of Clients that were Served:** 13
- **Total Number of Clients that Completed this Program/Service:** 9

- **Goals Met:**

- Applewood's goal was to serve 21 individuals, ages 4-25, through the full CY20. Through CY20, they served 13 individuals.

- **Metrics Used to Determine Success:**

- The intended outcomes of treatment services are as follows: Reduced (should this be lower case) severity of behavioral problems, improved daily functioning, and improved future outlook (i.e. hopefulness). To evaluate the effectiveness of services, program staff administers the Ohio Scales, an outcomes measure that assesses treatment outcomes from the perspectives of the youth client (if aged 12 or older), his or her parent, and his or her agency worker.

- **Program Successes:**

- Treatment Outcomes as measured by the Ohio Scales: 67% of clients reported improvement in Problem Severity, 50% reported Improved Functioning.

- **Average Cost Per Client in CY20:** \$715

- **Additional Information:**

- N/A

## **Mental Health in the Juvenile Detention Center**

Since 2016, licensed social workers have provided trauma-informed clinical services to youth identified with behavioral health symptoms in need of emotional stabilization and/or crisis intervention while detained in the Cuyahoga County Juvenile Detention Center. Services include assessment, screening for suicide, and behavior management, as well as psychiatry services and care coordination and linkage with community-based services upon release. Staff also advocate for youth and families in the court room, court and community meetings as well as within the Detention Center itself for interventions to minimize mental health impact and maximize safety and security.

- **Target Population:**

- Youth ages 11 to 18, identified with behavioral health symptoms, in need of emotional stabilization while detained in the Detention Center.

# CY22 Program Highlights and Outcomes

- **Anticipated Number of Clients to be Served: 500**
- **Number of Staff Required to Implement Program: 7**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - In the event of vacancies, services will be covered by Ms. Sims and other staff while working with Human Resources to recruit and hire new staff.
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm reduction efforts and strategies
  - Wrap-around Behavioral Health Services for Youth
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Applewood's Mental Health in the Detention Center Program will serve approximately 500 youth beyond the initial assessment. Upon discharge, these youth will demonstrate:
    - Fewer risk behaviors
    - Improved behavioral and emotional symptoms
    - Improved life domain functioning
    - Improved community safety rating
- **Program Metrics:**
  - Client count, court data and reports to measure the number of clients served
  - Applewood will utilize the Child and Adolescent Needs and Strengths (CANS) - Juvenile Justice Crisis assessment tool. CANS is a multi-purpose tool developed to support care planning and level of care decision-making, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes of services.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 500**
  - **ADAMHS Funded Unduplicated Clients Served: 303**
  - **Total Number of Clients Served: 303**
  - **Total Number of Clients that Completed this Program/Service: 75**
- **Average Cost Per Client:** \$546
- **Additional Information:**
  - Services have been modified over the years to meet the needs of the current Detention Center administration and the ever-changing youth population. Due to COVID, those services were restricted due to safety protocols, but staff adjusted service delivery as well as resources to best meet the needs of the facility and youth.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 500**
  - **Total Number of Clients that were Served: 398**

# CY22 Program Highlights and Outcomes

- **Total Number of Clients that Completed this Program/Service:** 152
- **Goals Met:**
  - Expecting to see 500 youth within the 2020 calendar year, Applewood saw 398 youth in the Detention Center, meeting 79% of the goal for the year.
- **Metrics Used to Determine Success:**
  - For this project, Applewood utilizes the Child and Adolescent Needs and Strengths (CANS)-Juvenile Justice Crisis assessment tool. CANS is a multi-purpose tool developed to support care planning and level of care decision making, to facilitate quality improvement initiatives and to allow for the monitoring of outcomes of services.
- **Program Successes:**
  - Of the youth who received counseling services from Applewood beyond the initial assessment: 71.1% demonstrated fewer risk behaviors, 75.7% demonstrated improved behavioral and emotional symptoms, 77.0% demonstrated improved life domain functioning, 36.2% demonstrated an improved community safety rating
- **Average Cost Per Client in CY20:** \$1,267
- **Additional Information:**
  - N/A

## Crisis Stabilization Placement for Youth

Provides flexible, therapeutic short-term residential placement for youth presenting with varying safety concerns in the community. Stays are as short as clinically appropriate (72 hours to 90 days) with the goal being to help youth re-establish the emotional and behavioral stability required for a safe return to home or step-down to a lower level of care. Placement is provided within secure (locked), gender-specific residential units (cottages) on a gated campus with round-the-clock structure, staff supervision and access to on-campus psychiatric and nursing care. Placement in a residential crisis bed is safe and highly supervised with a high staff-to-client ratio of 1:3. Each youth receives intensive, individualized services, which are strength based, culturally and linguistically competent, and youth and family focused. Treatment modalities include evidence-based practices (CBT, TF-CBT, DBT) and trauma-informed interventions provided by a multidisciplinary treatment team including dually trained and licensed mental health/SUD clinicians, child and adolescent psychiatrists, psychiatric nurse practitioners, psychologists, social workers, counselors, registered nurses, licensed clinicians, and childcare workers.

- **Target Population:**
  - Youth ages 11-18, who are experiencing mental health and/or co-occurring substance abuse emergencies and require short-term crisis stabilization, assessment and intensive intervention in a safe and secure (locked), trauma-informed, gender-specific residential setting with 24-hours per day, 7-days per week supervision. The target population typically consists of Medicaid-eligible youth with co-occurring issues who require services responsive to cognitive, emotional, and behavioral challenges.
- **Anticipated Number of Clients to be Served:** 70
- **Number of Staff Required to Implement Program:** 20

# CY22 Program Highlights and Outcomes

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - When staff vacancies occur, overtime is offered to current treatment specialists to assist with coverage. All members of the Residential team including licensed staff are trained and able to provide coverage. If needed Residential Managers are utilized to assist with coverage on an as-needed basis. In the event of an emergency, staff from other divisions with residential experience and appropriate training are utilized.
- **Funding Priority:**
  - Mental Health Residential Treatment
  - Community and Crisis Residential Services
- **Program Goals:**
  - Discharge home to parent/guardian
  - Fewer risk behaviors
  - Improved behavioral and emotional symptoms
  - Improved life domain functioning
  - Improved caregiver resources
- **Program Metrics:**
  - Client count, records and data on discharge location upon step down from the crisis beds
  - Applewood utilizes the Crisis Assessment Tool (CAT) to collect pre-and post-test for each client and to evaluate outcomes.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 70
  - **ADAMHS Funded Unduplicated Clients Served:** 43
  - **Total Number of Clients Served:** 43
  - **Total Number of Clients that Completed this Program/Service:** 43
- **Average Cost Per Client:** \$7,651
- **Additional Information:**
  - Applewood's needs-driven crisis stabilization program provides flexible, therapeutic short-term residential placement for youth presenting with varying safety concerns in the community. Treatment is individualized and length of stay varies from 24-hours to 90 days depending on needs. Placement in the crisis bed program is safe and highly supervised within the secure, gender specific, and structured residential Intensive Treatment Units, which maintain a staff-to-client ratio of 1:3. Each youth receives intensive, individualized services which are strength based, culturally and linguistically competent, and youth and family focused. Treatment modalities include evidence-based practices (CBT, TF-CBT, DBT) and are led by a multidisciplinary treatment team including dually trained and licensed mental health/SUD clinicians, psychiatrists, psychologists, social workers, counselors, registered nurses, and qualified mental health specialists.

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 20
  - **Total Number of Clients that were Served:** 28
  - **Total Number of Clients that Completed this Program/Service:** 19
- **Goals Met:**
  - There were 19 clients discharged with completed Crisis Assessment Tool (CAT) data. Of those: 18 (94.7%) returned home to their parent/guardian, 6 (31.6%) demonstrated fewer risk behaviors, 9 (47.4%) demonstrated improved behavioral and emotional symptoms, 5 (26.3%) demonstrated improved life domain functioning, and 8 (52.6%) demonstrated improved caregiver resources.
- **Metrics Used to Determine Success:**
  - Applewood utilizes the Crisis Assessment Tool (CAT) for identified youth in need of crisis care within the agency's residential program. The CAT is completed collaboratively by agency staff and the client's parent or guardian upon initiation and termination of crisis care. This assessment tool allows Applewood to measure progress for clients receiving short-term crisis care.
- **Program Successes:**
  - There were 19 clients discharged with completed Crisis Assessment Tool data.
- **Average Cost Per Client in CY20:** \$9,821
- **Additional Information:**
  - N/A

## Transportation

Applewood works with several families who rely on bus transportation to come to their office-based therapy or psychiatry appointments. The cost of bus passes can be difficult for many of these client families to manage on a weekly basis. While virtual services are now an option for some, many of our clients benefit from in-person services to address their issues or need to be seen in-person for their medication. The ability to provide clients in need with bus passes for appointments has a direct and positive impact on show rates for the clients so they can get the care they need. This program expands transportation options for bringing clients to the office. It also provides transportation to the Day Treatment program on the Children's Aid Society campus location, by purchasing bus tickets for 60 youth who lack transportation and can manage public transportation, and by providing van transportation for children ages 7 to 18, who suffer from moderate to severe social, emotional or behavioral symptoms. This expanded option would add outside transportation company services, in addition to the agency vans that are already utilized, to reach children in outlying and additional areas such as Garfield Heights and the central area of Cleveland.

- **Target Population:**
  - Applewood's target population for this program are children and young adults who need to come to the agency's office for mental health services but do not have adequate transportation, including children ages 7 to 18 who suffer from moderate to severe social, emotional, or behavioral symptoms.



# CY22 Program Highlights and Outcomes

- **Anticipated Number of Clients to be Served: 76**
- **Number of Staff Required to Implement Program: 3**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Services to clients will not be impacted by staff vacancies as the duties will be fulfilled by another person on the team.
- **Funding Priority:**
  - Transportation
- **Program Goals:**
  - To increase show rates in our office-based programs for clients relying on bus transportation
  - To add 16 children per year on expanded routes to/from Applewood's on-campus Day Treatment program
- **Program Metrics:**
  - Count of clients provided with bus tickets and their show rates to appointments
  - Count of clients on vans to/from the Day Treatment program

**First Six Months of CY21 Provider Outcomes:** N/A - New Program

## Trauma Services

Screens children and youth, ages 4 to 18 (or up to age 25, as needed), for trauma and provides comprehensive services, including evidence-based Trauma-Focused Cognitive Behavior Therapy (TF-CBT), to approximately 40 traumatized children, youth and their parents/caretakers in Cuyahoga County.

- **Target Population:**
  - Children and young adults who are experiencing symptoms due to trauma and need treatment but are not on Medicaid or private insurance or are underinsured. TF-CBT has been proven effective in improving children's general functioning and well-being, while treating post-traumatic stress and the related emotional and behavioral problems that trauma causes. Significant reductions in levels of parental distress and improvements in the quality and level of parental support have also been found following treatment.
- **Anticipated Number of Clients to be Served: 40**
- **Number of Staff Required to Implement Program: 6**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Applewood has a significant number of staff trained in the TF-CBT or other trauma models throughout the agency and cases can be seen by any of the trained therapists, while directors and Human Resources fill vacant positions
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services

# CY22 Program Highlights and Outcomes

- **Program Goals:**
  - Symptom reduction and/or elimination in children
  - Increased child and family functioning
  - Reduction of dysfunction and violent behaviors among family members
- **Program Metrics:**
  - Ohio Scales

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

## **Early Childhood Mental Health (ECMH) Programming:**

Offers consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group, delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper involvement into the behavioral health system. The program provides early intervention services that address early emotional, social and behavioral development.

- **Target Population:**
  - Children ages birth to six-years-old
- **Anticipated Number of Clients to be Served:** 84
- **Number of Staff Required to Implement Program:** 4
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff are cross-trained to cover vacancies and supervisors can take cases when necessary.
- **Funding Priority:**
  - Prevention and Early Intervention
- **Program Goals:**
  - Children will show significant clinical improvement on DECA Resiliency scales.
  - Children will show significant clinical reduction in problems on DECA Behavior Scale.
  - Children will show significant clinical improvement on the DECA-Infant Toddler (IT) Scale when utilized.
- **Program Metrics:**
  - Pre- and post-assessment and demonstrated improvement on all the DECA resilience subscales

**First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 84
  - **ADAMHS Funded Unduplicated Clients Served:** 43
  - **Total Number of Clients Served:** 122
  - **Total Number of Clients that Completed this Program/Service:** 17
- **Average Cost Per Client:** \$1,286.09

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- During the first six months of 2021, the agency was able to retain all staff; and hired one intern as full-time staff at the end of the summer. Agency staff utilized a hybrid model of in-person and virtual visits to meet the needs of clients and families. Many staff have been vaccinated and providing sessions for clients in outdoor spaces. Staff have utilized a variety of creative techniques including therapeutic play and art activities and shared techniques with peers through presentations in monthly meetings. Presentation focuses have been on therapeutic art interventions, Joyful Together interventions, the importance of green space, mindfulness, and trauma-informed practices. The agency has started a reflective peer support group for all ECMH staff in which they receive reflective supervision which will encourage the use of reflective practice with their families. Several staff members have been trained in Infant Massage to utilize with families to encourage attachment and bonding as a preventive measure to future mental health concerns. All staff are trained in TF-CBT with additional supervision utilizing the Preschool TF-CBT model. Many staff have also obtained training and supervision around implementing Triple P curriculum with families as well as providing presentations at daycare centers. Many staff took advantage of all the free trainings provided through OCCRRA to work on obtaining their ECMH credential, Infant Mental Health credential, and Trauma certificate.

## **CY20 Provider Outcomes**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 84
- **Total Number of Clients that were Served:** 97
- **Total Number of Clients that Completed this Program/Service:** 53

- **Goals Met:**

- Applewood was able to exceed the goals set by serving 71 consultation clients. The goal was 66 clients to serve.
- Applewood provided treatment services to 28 clients, exceeding the goal of 16.

- **Metrics Used to Determine Success:**

- The Early Childhood Program utilizes the Devereux Early Childhood Assessment (DECA) to evaluate the efficacy of clinical and consultation services.

- **Program Successes:**

- At baseline, 45 clients were assessed using the DECA. At follow up, 18 clients were assessed.
- The baseline Total Behavioral Concerns mean score was 66 and 78% of clients scored in the "Need" category. At follow up, the mean score dropped to 57 and 33% of clients scored in the "Need" category.
- At baseline, the Total Protective Factors mean score was 38 and 64% of clients scored in the "Need" category. At follow up, the mean score improved to 49 and 22% of clients scored in the "Need" category.

- **Average Cost Per Client in CY20:** \$1,140.23

- **Additional Information:** N/A

Provider:	<b>Applewood Centers Inc</b>	2020 First Outcome Count:	<b>71</b>	2021 First Outcome Count:	<b>37</b>
Instrument:	<b>e-DECA</b>	2020 Final Outcome Count:	<b>22</b>	2021 Final Outcome Count:	<b>16</b>
Program:	<b>Early Childhood Mental Health</b>	2020 % of Final:	<b>30.99%</b>	2021 % of Final:	<b>43.24%</b>

The Devereux Early Childhood Assessment (DECA) is a set of assessment instruments designed by the Devereux Advanced Behavioral Health organization for pre-school age children that focuses on identifying key social and emotional strengths. The instruments are tailored to specific age categories and vary in the number of Subscales.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Year	SubScale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Child (2 - 5 years)	2020	AG- Aggression	60	56	-4	Not Significant
Child (2 - 5 years)	2020	AP- Attention Problems	66	61	-5	Significant at p<.05
Child (2 - 5 years)	2020	AT- Attachment	44	50	6	Not Significant
Child (2 - 5 years)	2020	ECP- Emotional Control Problems	67	58	-9	Significant at p<.05
Child (2 - 5 years)	2020	IN- Initiative	42	48	6	Significant at p<.05
Child (2 - 5 years)	2020	SC- Self Regulation	39	45	6	Significant at p<.05
Child (2 - 5 years)	2020	TBC- Total Behavioral Concerns	65	59	-6	Significant at p<.05
Child (2 - 5 years)	2020	TPF- Total Protective Factors	39	46	7	Significant at p<.05
Child (2 - 5 years)	2020	WD- Withdrawal/Depression	61	57	-4	Not Significant
Toddler (18-36 months)	2020	AT- Attachment	45	61	16	Not Significant
Toddler (18-36 months)	2020	IN- Initiative	44	52	8	Not Significant
Toddler (18-36 months)	2020	SC- Self Regulation	50	59	9	Not Significant
Toddler (18-36 months)	2020	TPF- Total Protective Factors	46	57	11	Not Significant
Infant (1-18 months)	2020	AT- Attachment				Not Significant
Infant (1-18 months)	2020	IN- Initiative				Not Significant
Infant (1-18 months)	2020	TPF- Total Protective Factors				Not Significant
Child (2 - 5 years)	2021	AG- Aggression	61	58	-3	Significant at p<.05
Child (2 - 5 years)	2021	AP- Attention Problems	68	64	-4	Not Significant

Child (2 - 5 years)	2021	AT- Attachment	44	42	-2	Not Significant
Child (2 - 5 years)	2021	ECP- Emotional Control Problems	63	60	-3	Not Significant
Child (2 - 5 years)	2021	IN- Initiative	43	46	3	Not Significant
Child (2 - 5 years)	2021	SC- Self Regulation	43	46	3	Not Significant
Child (2 - 5 years)	2021	TBC- Total Behavioral Concerns	65	62	-3	Not Significant
Child (2 - 5 years)	2021	TPF- Total Protective Factors	41	44	3	Not Significant
Child (2 - 5 years)	2021	WD- Withdrawal/Depression	59	59		Not Significant
Toddler (18-36 months)	2021	AT- Attachment	50	55	5	Not Significant
Toddler (18-36 months)	2021	IN- Initiative	37	41	4	Not Significant
Toddler (18-36 months)	2021	SC- Self Regulation	35	50	15	Not Significant
Toddler (18-36 months)	2021	TPF- Total Protective Factors	39	49	10	Not Significant
Infant (1-18 months)	2021	AT- Attachment				Not Significant
Infant (1-18 months)	2021	IN- Initiative				Not Significant
Infant (1-18 months)	2021	TPF- Total Protective Factors				Not Significant

Provider:	<b>Applewood Centers Inc</b>	2020 First Outcome Count:	<b>65</b>	2021 First Outcome Count:	<b>29</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>0</b>	2021 Final Outcome Count:	<b>0</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>0</b>	2021 % of Final:	<b>0</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale				Not Significant
Grades K - 8	2020	No Scale				Not Significant
Grades 9 - 12	2021	No Scale				Not Significant
Grades K - 8	2021	No Scale				Not Significant

# **Asian Services in Action, Inc.**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Asian Services in Action, Inc.</b>			
West-Community Adult Monitoring Program	\$ 86,000	\$ 86,000	Prevention
<b>Total</b>	<b>\$ 86,000</b>	<b>\$ 86,000</b>	



# CY22 Program Highlights and Outcomes

## Asian Services in Action (ASIA), Inc.

Asian Services in Action (ASIA), Inc., is a non-profit organization in Northeast Ohio whose mission is to empower and advocate for Asian Americans/Pacific Islanders (AAPI's) and to provide access to culturally and linguistically appropriate information and services.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### West-Community Adult Mentoring Program

Meets after school, twice a week for students in grades K-5 and 6-12 and involves drug prevention education, English language education, tutoring, and mentoring, plus parenting classes for families. Summer programming is six-hours a day, four-days a week, and includes small group and individual drug prevention education, literacy-based education, and extracurricular activities and field trips. Uses a culturally adapted version of the evidence-based Center for the Study of Social Policy's research-based Strengthening Families program (SFP). Provides at-risk immigrant and refugee students with positive relationships with caring adults and healthy relationships with peers, which are also protective factors against alcohol, tobacco and drug use and abuse. Uses the Strategic Prevention Framework as a model to ensure an effective and outcomes-focused program.

- **Target Population:**
  - Individuals of low-income (household incomes at or below 200% of the Federal Poverty Level), limited English proficient (LEP), immigrant and refugee students and their families on Cleveland's near Westside, including Lakewood and Cleveland Heights.
- **Anticipated Number of Clients to be Served:** 100
- **Number of Staff Required to Implement Program:** 6
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - As an after-school prevention program, students build relationships with all staff and often move between teachers as appropriate. When needed, staff can increase their capacity with the support of community volunteers and mentors. When max capacity is reached, a waiting list is established.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Prevention and early intervention
- **Program Goals:**
  - Attend minimum of program events (>50%)
  - Students demonstrate refusal skills
  - Students delay onset of first substance use
  - Student pledges to refrain from AOD use

# CY22 Program Highlights and Outcomes

- Parents demonstrate ability to track rewards/consequences for child's behaviors
- Parents create behavior goals/objectives for at least one child
- Parent demonstrates positive communication skills
- Parent demonstrates clear, consistent rule setting and expectations regarding substance abuse
- Parent identifies harmful effects of substance abuse
- **Program Metrics:**
  - Tracking student's program attendance; students are to attend more than 50% of all program events
  - Post-assessments; students complete assessment demonstrating three different methods of saying 'no'
  - Self-report surveys; anonymous slip self-reporting whether they have used alcohol, tobacco, or other drugs
  - 30 Day Pledges; students sign 30-day pledges to refrain from using harmful substances to empower themselves and their community
  - Completed assignments; parents are given tracking cards to record positive rewards and consequences applied for their child's behaviors (in language and translated)
  - Completed assignments; completes goals and progress sheet for at least one child (in language and translated)
  - Post-assessments; completes situational questionnaire to determine appropriate methods to communicate with youth (in language)
  - Post-assessments; demonstrates appropriate rules based on age of child as well as appropriate consequences if a child has used substances (in language)
  - Post-assessments; completes questionnaire that surveys general knowledge on harmful effects of substance abuse (in language)

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 100
  - **ADAMHS Funded Unduplicated Clients Served:** 49
  - **Total Number of Clients Served:** 49
  - **Total Number of Clients that Completed this Program/Service:** 42
- **Average Cost Per Client:** \$1,089
- **Additional Information:**
  - ASIA, Inc.'s partnership with Lakewood City Schools has been beneficial to continuing to support the refugee and immigrant population by allowing use of school space while adhering to COVID precautions. Program provided alternative services and in-person and virtual connection to youth throughout the pandemic, when social interaction was reduced and isolation at an all-time high and increased stress was present for children and parents. Time spent on prevention education was reduced to 1-hour sessions.

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 120
  - **Total Number of Clients that were Served:** 104
  - **Total Number of Clients that Completed this Program/Service:** 93
- **Goals Met:**
  - Approximately 70% of program goals have been met between January 1 through December 31, 2020. ASIA, Inc. served 120 students between the afterschool and summer youth programs. In addition, ASIA hosted three parenting programs, serving 30 parents/families. Within these service goals, youth of after-school programming on average demonstrated fewer needs on the post-assessment than on the pre-assessment.
- **Metrics Used to Determine Success:**
  - Metrics include meeting the number of students who attend after-school and summer programming 75% of the time, meeting number of enrolled in parenting programs, number of parents who demonstrate ability to track rewards/consequences for children's behaviors, number of parents who create behavior goals for at least one child, number of parents who demonstrate positive communication skills. Goals also include number of parents who demonstrate clear, consistent rule setting and expectations regarding substance abuse, number of parents who identify harmful effects from substance abuse, and a decrease in needs from pre- to post-testing using the DESSA instrument.
- **Program Successes:**
  - 90% of students enrolled in after school programming attended at least 80% of the time.
- **Average Cost Per Client in CY20:** \$827
- **Additional Information:**
  - Before the spring shutdown, 90% of students enrolled in after-school programming and attended at least 80% of the time. Programming was put on hold from March to May 2020, where staff reached out individually to families to provide one-on-one services through virtual or telephone support. Summer programming was virtual, and students received academic support to keep up with their English proficiency through the summer. Elementary students, without Chromebook computers, received weekly packets that could be returned for a chance to win a grocery card. Middle and high school students who completed assignments and built technology literacy were entered into a weekly raffle drawing. Fall programming resumed with limited operations at Roosevelt Elementary in Lakewood. ASIA, Inc. was given one classroom for three hours an evening for one-hour services for eight students at a time, three days a week until December (an additional day was added after December). Parenting programs could not be converted to the virtual platform because of lack of access and tech savvy, and COVID prevented services from being provided in small group capacities because of fear in the community.

Provider:	<b>Asian Services in Action, Inc.</b>	2020 First Outcome Count:	<b>137</b>	2021 First Outcome Count:	<b>36</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>122</b>	2021 Final Outcome Count:	<b>31</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>89.05%</b>	2021 % of Final:	<b>86.11%</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale	45	50.83	5.83	Significant at p<.05
Grades K - 8	2020	No Scale	49.64	55.75	6.11	Significant at p<.05
Grades 9 - 12	2021	No Scale				Not Significant
Grades K - 8	2021	No Scale	48.23	61.45	13.23	Significant at p<.05

# **Beech Brook**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Beech Brook</b>			
School Based Prevention	\$ 112,500	\$ 112,500	Prevention
Early Childhood Mental Health**	\$ 160,000	\$ -	Prevention
<b>Total</b>	<b>\$ 272,500</b>	<b>\$ 112,500</b>	

\*\* ECMH Providers Pooled Funding

# CY22 Program Highlights and Outcomes

## Beech Brook

Beech Brook is a behavioral health agency that serves children, adolescents and transitional aged youth at risk in Northeast Ohio through a continuum of outpatient services.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### School Based Prevention

Supervisors, Licensed Therapists and Qualified Mental Health Specialists have been trained to implement the Ohio Consultation Model in the Cleveland Metropolitan School District and adjoining suburban cities in Cuyahoga County. Services include mental health education to teachers and school administrators, consultation on individual student needs, prevention groups, parent support and linkage to resources. In addition, staff works to bridge the gap between parent and school communication issues, facilitate referrals from school staff and parents, meet face-to-face with children and work as a liaison between school and other providers.

- **Target Population:**
  - Students in Cuyahoga County (K-12th grade), and their families.
- **Anticipated Number of Clients to be Served:** 3,500
- **Number of Staff Required to Implement Program:** 52
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Management would receive additional duties if/when vacancies occur.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
- **Program Goals:**
  - Increase services for students and reduce or eliminate barriers that can prevent students and families from accessing needed services for challenging issues.
  - Ensure school personnel, parents and students are educated about mental health issues and how they can impact the functioning of youth in academic, community and home settings and introduce skills to manage mental health issues before there is a need for treatment.
  - Provide students, parents, teachers and administrators strategies to assist in improving social and emotional functioning in eight areas of social emotional competencies: self-awareness, self-management, social awareness, relationship skills, goal directed behavior, personal responsibility, decision making, and optimistic thinking.

# CY22 Program Highlights and Outcomes

- **Program Metrics:**

- Comparison of pre- and post-DESSA-Mini scores for students receiving on-going consultation services; satisfaction surveys collected from teachers and non-teaching staff at the end of the school year; and number of students moving from consultation to treatment (while not a measure of success, it is an important measure of how consultation services allow Beech Brook school-based staff to identify and treat students requiring more intensive services).

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 1,500
- **ADAMHS Funded Unduplicated Clients Served:** 1,825
- **Total Number of Clients Served:** 2,401
- **Total Number of Clients that Completed this Program/Service:** 131

- **Average Cost Per Client:** \$28

- **Additional Information:**

- Staff went above and beyond to make themselves accessible to school administrators, teachers, parents and youth. Some schools partnered very well and helped to overcome barriers and many schools did not. Many schools provided no referrals and sometimes did not respond to inquiries at all. This caused an undue hardship on staff being spread out at more schools, with less work at each school. It is also causing a predicament as schools return in-person and they do not have full access to behavioral health providers.

## **CY20 Provider Outcomes**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 3,100
- **Total Number of Clients that were Served:** 4,862
- **Total Number of Clients that Completed this Program/Service:** 460

- **Goals Met:**

- During 2020, Beech Brook was able to exceed the number of people expected to be served through consultation by 157%. Due to schools closing at the end of the 2019-2020 school year and most schools starting remotely during the 2020-2021 school year, consultation services were adapted to reach students, families and school staff in different ways. Therapists created resources and “tip sheets” for school websites and newsletters. Therapists also attended events remotely to reach more people. There were also several therapists who assisted schools in helping students access computers and other technology, as well as helped families access food and other resources when community access was difficult or restricted. Flexibility demonstrates the ability of the prevention services to be changed and adapted to meet the most pressing needs of the schools, their staff, their students and their families.

- **Metrics Used to Determine Success:**

- Comparison of pre- and post-DESSA scores for students receiving on-going consultation services



# CY22 Program Highlights and Outcomes

- Satisfaction surveys collected from teachers and non-teaching staff at the end of the school year
- Number and type of consultation services provided as well as number served per service
- **Program Successes:**
  - In the 2019-2020 school year, DESSA scores showed that consultation students' scores were higher at the end of consultation services than they were at the start, and this difference was statistically significant ( $p < .05$ ). Teachers (87%) and non-teaching staff (85%) expressed high levels of overall satisfaction with Beech Brook's services.
- **Average Cost Per Client in CY20:** \$23
- **Additional Information:**
  - N/A

## **Early Childhood Mental Health (ECMH) Programming:**

Offers consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group, delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper involvement into the behavioral health system. The program provides early intervention services that address early emotional, social and behavioral development.

- **Target Population:**
  - Children ages birth to six-years-old
- **Anticipated Number of Clients to be Served:** 200
- **Number of Staff Required to Implement Program:** 4
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff are cross-trained to cover vacancies and supervisors can take cases when necessary.
- **Funding Priority:**
  - Prevention and Early Intervention
- **Program Goals:**
  - Children will show significant clinical improvement on DECA Resiliency scales.
  - Children will show significant clinical reduction in problems on DECA Behavior Scale.
  - Children will show significant clinical improvement on the DECA-Infant Toddler (IT) Scale when utilized.
- **Program Metrics:**
  - Pre- and post-assessment and demonstrated improvement on all the DECA resilience subscales

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 200
  - **ADAMHS Funded Unduplicated Clients Served:** 124

# CY22 Program Highlights and Outcomes

- **Total Number of Clients Served:** 124
- **Total Number of Clients that Completed this Program/Service:** 0
- **Average Cost Per Client:** \$645.16
- **Additional Information:**
  - Beech Brook was unable to answer some of the outcome questions completely because clients discharged and the reasons for discharge are documented in the eDECA system. Individual providers do not have access to the reporting elements of eDECA to provide specific data.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 200
  - **Total Number of Clients that were Served:** 142
  - **Total Number of Clients that Completed this Program/Service:** 81
- **Goals Met:**
  - The agency met 71% of target for children served. Service provision continued despite COVID and outcomes continued to be entered in eDECA and showed progress made for children receiving both Consultation and Prevention Services.
- **Metrics Used to Determine Success:**
  - All children provided services via ADAMHS Board prevention dollars are assessed using the DECA forms and eDECA is utilized to enter scores and track outcomes. Successful completion of services is measured by change in the scores for each child on the appropriate DECA form.
- **Program Successes:**
  - Program Outcomes are pulled from eDECA via reporting that Beech Brook does not have access to directly.
- **Average Cost Per Client in CY20:** \$1,126.76
- **Additional Information:**
  - The agency's staff includes 4 ECMH Therapists, 1 Clinical Supervisor and 1 Director.

Provider:	<b>Beech Brook</b>	2020 First Outcome Count:	<b>145</b>	2021 First Outcome Count:	<b>95</b>
Instrument:	<b>e-DECA</b>	2020 Final Outcome Count:	<b>61</b>	2021 Final Outcome Count:	<b>45</b>
Program:	<b>Early Childhood Mental Health</b>	2020 % of Final:	<b>42.07%</b>	2021 % of Final:	<b>47.37%</b>

The Devereux Early Childhood Assessment (DECA) is a set of assessment instruments designed by the Devereux Advanced Behavioral Health organization for pre-school age children that focuses on identifying key social and emotional strengths. The instruments are tailored to specific age categories and vary in the number of Subscales.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Child (2 - 5 years)	2020	AG- Aggression	61	56	-5	Significant at p<.05
Child (2 - 5 years)	2020	AP- Attention Problems	65	62	-3	Significant at p<.05
Child (2 - 5 years)	2020	AT- Attachment	48	54	6	Significant at p<.05
Child (2 - 5 years)	2020	ECP- Emotional Control Problems	66	63	-3	Not Significant
Child (2 - 5 years)	2020	IN- Initiative	47	51	4	Significant at p<.05
Child (2 - 5 years)	2020	SC- Self Regulation	39	46	7	Significant at p<.05
Child (2 - 5 years)	2020	TBC- Total Behavioral Concerns	65	61	-4	Significant at p<.05
Child (2 - 5 years)	2020	TPF- Total Protective Factors	42	49	7	Significant at p<.05
Child (2 - 5 years)	2020	WD- Withdrawal/Depression	56	51	-5	Significant at p<.05
Toddler (18-36 months)	2020	AT- Attachment	45	38	-7	Not Significant
Toddler (18-36 months)	2020	IN- Initiative	35	41	6	Not Significant
Toddler (18-36 months)	2020	SC- Self Regulation	55	47	-8	Not Significant
Toddler (18-36 months)	2020	TPF- Total Protective Factors	44	40	-4	Not Significant
Infant (1-18 months)	2020	AT- Attachment	35	49	14	Not Significant
Infant (1-18 months)	2020	IN- Initiative	58	65	7	Not Significant
Infant (1-18 months)	2020	TPF- Total Protective Factors	46	57	11	Not Significant
Child (2 - 5 years)	2021	AG- Aggression	63	59	-4	Significant at p<.05
Child (2 - 5 years)	2021	AP- Attention Problems	67	65	-2	Not Significant

Child (2 - 5 years)	2021	AT- Attachment	49	49		Not Significant
Child (2 - 5 years)	2021	ECP- Emotional Control Problems	68	65	-3	Not Significant
Child (2 - 5 years)	2021	IN- Initiative	50	51	1	Not Significant
Child (2 - 5 years)	2021	SC- Self Regulation	36	40	4	Significant at p<.05
Child (2 - 5 years)	2021	TBC- Total Behavioral Concerns	68	64	-4	Significant at p<.05
Child (2 - 5 years)	2021	TPF- Total Protective Factors	43	46	3	Not Significant
Child (2 - 5 years)	2021	WD- Withdrawal/Depression	56	53	-3	Not Significant
Toddler (18-36 months)	2021	AT- Attachment	35	36	1	Not Significant
Toddler (18-36 months)	2021	IN- Initiative	44	40	-4	Not Significant
Toddler (18-36 months)	2021	SC- Self Regulation	38	41	3	Not Significant
Infant (1-18 months)	2021	AT- Attachment				Not Significant
Infant (1-18 months)	2021	IN- Initiative				Not Significant
Infant (1-18 months)	2021	TPF- Total Protective Factors				Not Significant

Provider:	<b>Beech Brook</b>	2020 First Outcome Count:	<b>39</b>	2021 First Outcome Count:	<b>133</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>1</b>	2021 Final Outcome Count:	<b>0</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>2.56%</b>	2021 % of Final:	<b>0</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale				Not Significant
Grades K - 8	2020	No Scale	48	46	-2	Not Significant
Grades 9 - 12	2021	No Scale				Not Significant
Grades K - 8	2021	No Scale				Not Significant

**Bellefaire JCB**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Bellefaire JCB</b>			
Residential Treatment Crisis Beds	\$ 979,364	\$ 979,364	Crisis
Mobile Autism Intervention Team & Beds	\$ 144,000	\$ 144,000	Crisis
School Based Prevention	\$ 76,500	\$ 76,500	Prevention
Social Advocates for Youth (SAY)	\$ 35,000	\$ 35,000	Prevention
<b>Total</b>	<b>\$ 1,234,864</b>	<b>\$ 1,234,864</b>	

# CY22 Program Highlights and Outcomes

## Bellefaire Jewish Children's Bureau (Bellefaire JCB)

Founded as an orphanage in 1868, Bellefaire Jewish Children's Bureau has evolved into one of the nation's leading providers and innovators of wellness, advocacy and behavioral healthcare for children, youth and their families.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Social Advocates for Youth (SAY)

Prevention and early intervention program intends to reduce teen's use of alcohol and other drugs, and decrease the incidence of social and behavioral health problems such as teen violence, depression and suicide. Provides education, including small psychoeducation groups to identified/referred students, as well as consultation with school staff/teachers and parents, and classroom education on defined topics that meet school/teacher needs. Provides alternatives activities, which are structured, positive prevention activities such as afterschool clubs and Student Leadership Council, which brings students together from area high schools to develop leadership skills, learn how to make healthy decisions and choose a positive, healthy path. Also disseminates prevention newsletter to 750 individuals. With full funding, program will serve more students and increase services to include Problem Identification and Referral, to identify and help the most at-risk youth by building their protective factors while reducing risks and challenges before problems grow more complex and crises occur, as well as referring and linking them to outside services as appropriate.

- **Target Population:**
  - Middle and high school students in school districts: Beachwood, Cleveland Heights/University Heights, Mayfield, Orange Shaker Heights, and Solon
- **Anticipated Number of Clients to be Served:** 5,000
- **Number of Staff Required to Implement Program:** 7
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff vacancies will be covered by other SAY counselors or supervisors while the program and Human Resources works to hire and train new staff.
- **Funding Priority:**
  - Prevention and early intervention
- **Program Goals:**
  - Improved communication skills
  - Enhanced leadership skills
  - Increased self confidence
  - Improved positive coping skills



# CY22 Program Highlights and Outcomes

- Improved problem-solving skills
- **Program Metrics:**
  - SAY provides in-house developed surveys, which students complete by Survey Monkey and staff utilize to measure program effectiveness and satisfaction.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 5,250
  - **ADAMHS Funded Unduplicated Clients Served:** 560
  - **Total Number of Clients Served:** 560
  - **Total Number of Clients that Completed this Program/Service:** 2,242
- **Average Cost Per Client:** \$14
- **Additional Information:**
  - Regarding the clients served, 560 students is the average. Agency does not track individual students and most classroom presentations capture total attendance, not individual information. Regarding clients who completed the service, 2,242 completed the service, and the agency also has 507 social media followers, one prevention method for Information Dissemination. SAY staff works very hard to provide high quality service to the schools. The schools value the service and routinely call on the SAY Team to provide additional supports. Staff also provide grief counseling when crisis situations occur as well as serve as a consultant/trainer for teachers and administrators.

## **CY20 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 10,500
  - **Total Number of Clients that were Served:** 4,403
  - **Total Number of Clients that Completed this Program/Service:** 4,403
- **Goals Met:**
  - SAY did not reach the projected number of anticipated students served due to the abrupt manner by which the schools closed in March 2020. Once the schools stopped operating in-person, the SAY counselors did convert to telehealth services immediately, however the students had difficulty engaging with the SAY counselors. It became challenging to get in contact with the students through the end of the 2019-2020 school year. As districts went to more in-person instruction with the 2020-2021 school year, the numbers for SAY started to move toward normal levels.
- **Metrics Used to Determine Success:**
  - The DESSA is used to measure progress for students who participate in the educational groups. A Survey Monkey tool was administered to many of the students once telehealth services initiated. The Survey Monkey asked questions related to the youth experiences and learning.

# CY22 Program Highlights and Outcomes

- **Program Successes:**
  - Due to the abrupt end of in-person school in March 2020, the pos-DESSA outcomes were unable to be administered and scored. To gather some data, a Survey Monkey tool was administered to youth who participated in some of the prevention services. Here are those results: 75% of youth who participated in alternative strategies felt those strategies helped improve their leadership skills; 100% of youth who participated in alternative strategies felt their self-confidence remained neutral or improved with the intervention; 100% of youth who participated in alternative strategies felt they were more confident talking to their peers about unhealthy or risk taking behaviors; 75% of students felt they were able to make more positive decisions after participation in the educational strategy, 75% of students who participated in educational strategies felt more capable of handling daily life; and 65% of students felt they were better able to cope when things went wrong after participating in educational strategies.
- **Average Cost Per Client in CY20: \$8**
- **Additional Information:**
  - The prevention services are vital services to the school districts served. In each of the seven (six with ADAMHS Board funding) school districts served, three forms of prevention services are delivered: Information Dissemination (ID), Alternatives and Education. ID reaches large numbers of community members, educators, parents and students through websites, social media accounts/posts and fliers/handouts/brochures. It is estimated that 1,500 people per month receive ID services from SAY, however it is important to note these are often duplicate recipients from month to month. For educational services, approximately 2,532 students received a one-time classroom prevention presentation in the districts. There were also 49 students who participated in on going educational group services and 36 of them completed that service. There were 371 Alternative encounters across all districts. There are duplicate recipients of these services, but they are not tracked by name, so the exact number of unique students is unknown. Position titles are SAY Director, SAY Counselor and SAY Administrative Assistant.

## **School Based Prevention**

Master's level, licensed School-Based Counseling (SBC) staff provide expert prevention and consultation services to at-risk children (pre-K to 12<sup>th</sup> grade), their caregivers and school administrators and staff in 70 schools throughout Cuyahoga County to reduce barriers to learning and provide intervention at the earliest opportunity. School-Based Counselors assist children in building self-esteem; healthy friendships; learning conflict/bullying resolution, competition; recognition of positive and negative emotions. Prevention programs run for eight to 12 sessions, while Short Term Child and Family Consultation services utilize the Ohio/Georgetown Consultation Model and are client-specific and dependent upon individual needs, client profile, and problem intensity.

- **Target Population:**
  - Pre-K -12<sup>th</sup> grade children and youth in Cleveland Metropolitan School District, East Cleveland City, Lakewood City, Shaker Heights, Mayfield City Schools, Constellation LLC, South Euclid/Lyndhurst, Euclid school systems, Charter school, and E Prep and Village Prep schools
- **Anticipated Number of Clients to be Served: 2,500**

# CY22 Program Highlights and Outcomes

- **Number of Staff Required to Implement Program: 25**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Bellefaire will utilize its 25 SBC counselors, as well as supervisors, directors and other clinical staff, as needed, to cover staff vacancies while working with Human Resources to recruit, hire and train new staff.
- **Funding Priority:**
  - Prevention and early intervention
- **Program Goals:**
  - Increased academic performance and in-school time
  - Decreased suspension and expulsion rate
  - Improved self-control and understanding and recognition of emotions
  - Increased ability to tolerate frustration via the use of effective conflict-resolution strategies
  - Decreased anxiety and depressive symptoms, and decreased mental and behavioral health crisis symptoms
  - Improved thinking and planning skills
  - Decrease in high-risk behavior such as alcohol, drug use and violence
  - Reduced Juvenile Court involvement and out-of-home placement
  - Increased social and emotional growth and resiliency
  - Strengthened caregiver education and community coalition efforts to prevent and reduce substance abuse, violence, and other risk behaviors among youth
- **Program Metrics:**
  - Ohio Scales and DESSA for outcomes; and school attendance records, teacher reports, student/family self reports and data
  - Ohio Scales and DESSA for outcomes; and school records, teacher reports, student/family self reports and data

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 2,500**
  - **ADAMHS Funded Unduplicated Clients Served: 745**
  - **Total Number of Clients Served: 745**
  - **Total Number of Clients that Completed this Program/Service: 745**
- **Average Cost Per Client: \$34**
- **Additional Information: N/A**

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 3,000
  - **Total Number of Clients that were Served:** 1,780
  - **Total Number of Clients that Completed this Program/Service:** N/A (ongoing)
- **Goals Met:**
  - With the exception of not servicing as many students, staff, and families as in the previous year, the agency reports that full goals were met during 2020. Bellefaire could not have anticipated the shift of program and service that was needed in 2020. However, consultation and prevention service provided the following: management of mental health symptoms, support for decision making and coping skills, and effective strategies for managing the stress of COVID. Parents and teachers additionally gained effective strategies for managing COVID stress related to their child's virtual learning and targeted ways to manage their own wellness. Overall, consultation and prevention services helped to increase resiliency and decrease negative behaviors.
- **Metrics Used to Determine Success:**
  - In addition to DESSA, staff work to enhance students abilities through monitoring a range of other measures that track the effectiveness of provided services, including how students make positive decisions, handle daily life, cope with adverse situations, confidence level when talking to their peers about unhealthy/risky behaviors, ability to avoid potentially harmful situations, and ability to resist peer pressure. The agency approaches all school professionals with whom they have contact to rate their satisfaction with services and offer ideas for improvement. Additionally, Bellefaire has implemented the use of the Child Behavior Checklist, the PHQ-A and the GAD-7 to measure progress/change over time. The instruments are empirically based and will be utilized by staff, when appropriate, to monitor progress and/or needs for longer term mental health treatment.
- **Program Successes:**
  - Per the DESSA system, SBC did not have any initial responses that indicated a 'strengths' rating. Although there was a increase in the 'need' rating at post-test, the post-tests that were collected now indicated 'strengths' ratings. At post-test, 16% of the post-tests reported a 'strengths' rating. It should be noted that students who started services from August 2020 to December 2020 may still be presently receiving the service as it would be contained in the same academic school year. Therefore, some post-test data may not be complete.
- **Average Cost Per Client in CY20:** \$43
- **Additional Information:**
  - The school districts and SBC staff continue to highly value this program and service as funded by the ADAMHS Board. It is efficient and effective, particularly in providing services to students, staff and families that are otherwise not able to access typical service for various reasons. The ADAMHS Board was particularly flexible and adaptive to allowing this funding to be used for alternate services during COVID.

# CY22 Program Highlights and Outcomes

## Community Behavioral Outreach and Education (CBOE) Program; formerly called Mobile Autism Intervention Team (MAT) and Beds

Provides skilled, trained professionals who understand the interplay between Autism, developmental disabilities and mental health. The CBOE team offers specialized, family-focused interventions to treat challenging or crisis situations, while providing caregivers with skills and resources to safely maintain their child in the home. Works with youth upon a crisis placement at Monarch Boarding Academy (MBA), a unique residential treatment program designed for youth ages eight to 21, with an Autism Spectrum Disorder or other developmental diagnosis. During the 30-day assessment (on average) at MBA, CBOE works alongside MBA's staff to assess the child and family system. Upon MBA discharge, CBOE staff follows up with the youth and family in the home, and community, allowing for a seamless continuum of care out of residential placement. Staff also continues their work with the client to develop improved functional communication and coping skills, implement successful interventions identified during the MBA stay, as well as crisis intervention, care coordination, and the utilization of the evidence-based Applied Behavior Analysis model. Full funding will enable the CBOE team to include a licensed, trained mental health professional to more effectively serve families in crisis.

- **Target Population:**
  - Youth, ages eight to 21, with Autism Spectrum Disorder (ASD) or other developmental diagnoses and a co-occurring mental health disorder, and their families.
- **Anticipated Number of Clients to be Served: 12**
- **Number of Staff Required to Implement Program: 5**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Via supervisors and directors and, as needed, staff from the agency's Monarch Center for Autism, Bellefaire's CBOE program will provide services while working with Human Resources to fill staff vacancies.
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm reduction efforts and strategies
  - Wrap-around Behavioral Health Services for Youth
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Diversion from additional out-of-home placements
  - Fewer risk behaviors
  - Improved behavioral/emotional symptoms
  - Improved life domain functioning
  - Improved family stress levels
- **Program Metrics:**
  - Client data reporting on each client's location
  - Crisis Assessment Tool (CAT)

# CY22 Program Highlights and Outcomes

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 17
  - **ADAMHS Funded Unduplicated Clients Served:** 10
  - **Total Number of Clients Served:** 10
  - **Total Number of Clients that Completed this Program/Service:** 7
- **Average Cost Per Client:** \$4,800
- **Additional Information:**
  - There has been a pattern of referrals for clients that are using the Hot Spot stay (Bellefaire's contracted referral stream) as a safe placement for the client while a longer-term solution (residential placement/ funding) is secured. While important, this is not the original intention of the Hot Spot crisis bed or CBOE's services and ends up with CBOE working with families who are not interested/able to invest the time and effort into improving their child's behaviors in the home long-term. Once home, guardians are typically just as overwhelmed as before the crisis stay, if not more with the extreme level of need most clients exhibit and the assumption their child would stay longer in a residential level of care. Additionally, the original proposal for the program was funded at 50% of the proposed rate per client. For families experiencing this level of crisis, Bellefaire truly believes that a team-oriented approach with a variety of specialties are needed in order to make progress in this short-term 90-day model. At the 50% funding rate received, the agency can offer one Treatment Specialist per family, but no other services. The addition of a therapeutic-oriented staff to work on readiness to change, mental health barriers, etc. and access to short-term aides or in-home CTI to assist with activities of daily living would be helpful to enable caregivers to focus on learning and implementing new interventions in the home. There also will be a team reviewing the use of the CAT as the outcome measure as it may not be the most appropriate tool to use.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 12
  - **Total Number of Clients that were Served:** 10
  - **Total Number of Clients that Completed this Program/Service:** 5
- **Goals Met:**
  - The program had many difficulties reaching the goals outlined in the RFP. The shift to telehealth services had a clear correlation to the decrease in positive outcomes. It is incredibly difficult to engage youth in telehealth services, especially after education went to remote learning also. The target goal is that 90% of discharged clients will demonstrate the following utilizing the Crisis Assessment Tool (CAT): Diversion from additional out-of-home placements, fewer risk behaviors, improved behavioral/emotional symptoms and improved life domain functioning, and improved family stress levels.

# CY22 Program Highlights and Outcomes

- **Metrics Used to Determine Success:**
  - The program uses the CAT (Crisis Assessment Tool) to measure the progress of the youth and families.
- **Program Successes:**
  - 14 clients were served (including cases funded in CY2019 that carried into 2020); eight clients were discharged (including cases funded in CY2019 that carried into 2020); 75% (six of eight) of discharged clients experienced no new out-of-home placements; 37% (three of eight) of discharged clients demonstrated fewer risk behaviors on the Crisis Assessment Tool (one client score remained the same); 50% (four of eight) of discharged clients demonstrated improved behavioral/emotional symptoms on the Crisis Assessment Tool (one client score remained the same); 25% (two of eight) of discharged clients demonstrated improved life domain functioning on the Crisis Assessment Tool (two client scores remained the same); and 50% (four of eight) of discharged clients demonstrated improved family stress levels on the Crisis Assessment Tool (three client scores remained the same).
- **Average Cost Per Client in CY20:** \$14,400
- **Additional Information:**
  - The staff vacancies forced Bellefaire to redefine the staff roles in the program. The role of the director is now shared between the Director of Care Coordination Services and the Director of Psychology. This was done to meet both the administrative and clinical needs of the program. The Director of Psychology can complete the FBA for clients when needed and clinically supervise the treatment specialists. The Director of Care Coordination already had administrative oversight over the program but now will take on direct responsibility for many of those tasks. The program also explored adding a family therapist (Masters degree) rather than the treatment specialist (Bachelors degree) role. This was done to explore the benefit of more mental health family therapy being provided in addition to the behavioral approaches. However, in early 2021, a treatment specialist was hired. The possibility of adding a family therapy will be explored only if it demonstrates to be financially viable, on top of employing the treatment specialist. Staff positions are titled CBOE Director and Treatment Specialist.

## **Residential Treatment Crisis Stabilization Beds**

Offering short-term, intensive stabilization, assessment, and intervention services within a safe, secure (locked) and fully supervised residential setting, Level Six crisis beds provide stays ranging from 24-hours to 30-days for youth with an acute mental or behavioral crisis. Diverts youth from psychiatric hospitalization and ensures that at-risk youth receive the immediate care and individualized services they need via an array of assessments, treatments, and therapies designed to stabilize the crisis and prepare clients and their families for a successful return to the community, or to a lower level of residential care with referrals and linkages to ongoing mental health services in place to maintain stability and build upon progress. Therapeutic services are provided 24-hours per day, 7-days per week including access to psychiatric and nursing staff. Services are evidence-based and include Cognitive Behavioral Therapy and Dialectical Behavior Therapy led by a multidisciplinary treatment team including dually trained and licensed mental health/SUD clinicians, child and adolescent psychiatrists, psychologists, social workers, counselors, registered nurses, licensed clinicians and childcare workers. For youth with a developmental disability and a co-occurring mental health diagnosis, placement in a crisis bed includes 24-hours per day, 7-days per week

# CY22 Program Highlights and Outcomes

secure supervision, rapid assessment in psychological evaluation and testing, functional behavioral analysis, occupational therapy evaluations, and language assessments when indicated. Additional supports are offered to clients, as needed, including access to behavioral health, occupational therapy and speech pathology assessments via Monarch Center for Autism.

- **Target Population:**

- Male and female youth in the community who are exhibiting a mental health crisis but do not meet the criteria for inpatient hospitalization; youth ages 11 through 17 are served within its co-ed Intensive Treatment complex (ITU), and youth ages eight through 17 within the complex Stabilization Critical Care Unit (SCCU). Bellefaire also has the unique expertise to serve youth ages eight through 20 with co-occurring mental illness and developmental disabilities such as autism spectrum disorder via hotspot crisis beds within the agency's Monarch Boarding Academy (MBA).

- **Anticipated Number of Clients to be Served: 80**

- **Number of Staff Required to Implement Program: 20**

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**

- Via supervisors, directors and trained clinical staff from other divisions, Bellefaire ensures that services are maintained while the Human Resources Division works to recruit, hire and onboard new staff.

- **Funding Priority:**

- Mental Health Residential Treatment
- Community and Crisis Residential Services

- **Program Goals:**

- Youth return home to their parent/guardian
- Fewer risk behaviors
- Improved behavioral and emotional symptoms
- Improved life domain functioning
- Improved caregiver resources

- **Program Metrics:**

- Client Data
- Crisis Assessment Tool (CAT)

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served: 36**
- **ADAMHS Funded Unduplicated Clients Served: 25**
- **Total Number of Clients Served: 25**
- **Total Number of Clients that Completed this Program/Service: 21**

- **Average Cost Per Client: \$17,800**



# CY22 Program Highlights and Outcomes

- **Additional Information:**

- N/A

## **CY20 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 28-34
- **Total Number of Clients that were Served:** 35
- **Total Number of Clients that Completed this Program/Service:** 35

- **Goals Met:**

- Of the clients served, the target range (objective) is that 50% of clients at discharge will demonstrate the following on the Crisis Assessment Tool (CAT) (percentage achieved from January 1, 2020, to June 30, 2020, next to each item): return home to their parent or guardian (68%); fewer risk behaviors (73%); improved behavioral and emotional symptoms (82%); improved life domain functioning (50%); and improved family stress levels (32%).

- **Metrics Used to Determine Success:**

- In assessing and measuring success, Bellefaire completes the Crisis Assessment Tool (CAT) for identified youth in need of crisis care within the agency's residential intensive treatment or critical care units. Developed by the Buddin Praed Foundation, the Crisis Assessment Tool (CAT) is a decision support tool that facilitates the measurement and communication of the needs of youth experiencing a crisis. The CAT is completed collaboratively by agency staff and the youth's parent or guardian upon initiation and termination of crisis care.

- **Program Successes:**

- Of the clients served from January 1, 2020, to June 30, 2020: 68% returned home to their parent/guardian; 73% demonstrated fewer risk behaviors; 82% had improved behavioral and emotional symptoms; 50% reported improved life domain functioning; and 32% reported improved family stress levels.

- **Average Cost Per Client in CY20:** \$13,421

- **Additional Information:** N/A

Provider:	<b>Bellefaire JCB</b>	2020 First Outcome Count:	<b>157</b>	2021 First Outcome Count:	<b>17</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>7</b>	2021 Final Outcome Count:	<b>1</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>4.46%</b>	2021 % of Final:	<b>5.88%</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale	51.43	48.14	-3.29	Not Significant
Grades K - 8	2020	No Scale	43.75	48	4.25	Significant at p<.05
Grades 9 - 12	2021	No Scale				Not Significant
Grades K - 8	2021	No Scale	41	56	15	Not Significant

# **Briermost Foundation**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Briermost Foundation</b>			
Recovery Housing	\$ 45,660	\$ 47,883	Housing
<b>Total</b>	<b>\$ 45,660</b>	<b>\$ 47,883</b>	

# CY22 Program Highlights and Outcomes

## The Briermost Foundation

The Briermost Foundation's mission is to provide safe, sober and supportive housing to women in recovery from drugs and alcohol and provide purpose in living through learning and training opportunities.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Recovery Housing and Training Program

The Briermost Foundation's recovery homes use the six evidence-based practices of the Social Model of Recovery Housing as established by SAMHSA, which encourages a recovery culture of immersion, a sense of community, and self-efficacy. The model addresses the socio-cultural and interpersonal aspects of addiction, and results in significantly higher success for an individual's recovery process. The main predictors of successful outcomes are living in a recovery house for a minimum of six months, attending mutual aid support groups, and having peer supporters who can assist with recovery. These are the tenets of the Briermost's recovery homes.

- **Target Population:**
  - Women over the age of 18 with a primary substance use disorder and/or co-occurring mental health disorder
- **Anticipated Number of Clients to be Served: 22**
- **Number of Staff Required to Implement Program: 7**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The agency has contracted staff to fill in part-time when staff take vacation. In the event of a vacancy, part-time staff are trained to step-in to maintain stability of the recovery house while the organization fills the position. The program manager has flexibility to cover when needed.
- **Funding Priority:**
  - High Quality Housing
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Peer Support
  - Employment Programs
  - Medication Assisted Treatment
- **Program Goals:**
  - At least 70% of the residents who live at the recovery house for more than three months will be sober at the one-year mark

# CY22 Program Highlights and Outcomes

- At least 80% of residents have stable living at time of move out
- At least 60% of residents will be employed part-time or full-time at time of move out
- After one month of living in the recovery house, 95% of residents will be connected to their recovery community of choice
- After two months of living in the recovery house, 85% of residents will have access to their personal documents including identification documents, insurance card and food assistance
- **Program Metrics:**
  - Briermost utilizes the Ohio Recovery Housing Outcomes tool for all residents which tracks maintaining sobriety, housing and employment
  - Briermost utilizes an 18-point recovery plan to track residents progress of engagement in recovery community which is updated monthly and reviewed by housing director on a quarterly basis
  - Briermost utilizes an 18-point recovery plan to track residents progress of documents which is updated on a monthly basis and reviewed by housing director on a quarterly basis

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 20**
  - **ADAMHS Funded Unduplicated Clients Served: 12**
  - **Total Number of Clients Served: 25**
  - **Total Number of Clients that Completed this Program/Service: 12**
- **Average Cost Per Client:** \$1,165
- **Additional Information:**
  - In most of the agency's houses, 100% of residents are vaccinated; one house is at 90%.

## **CY20 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 6**
  - **Total Number of Clients that were Served: 10**
  - **Total Number of Clients that Completed this Program/Service: 6**
- **Goals Met:**
  - Briermost recovery housing and agriculture training program met or exceeded all goals for CY20.
- **Metrics Used to Determine Success:**
  - Briermost utilizes the metrics from Ohio Recovery Housing outcomes data collection tool and metrics provided from the ADAMHS Board to measure the success of the program.

# CY22 Program Highlights and Outcomes

- **Program Successes:**
  - 79% of clients maintained sobriety
  - 82% of clients transitioned to stable housing
  - 70% of clients had a successful discharge
  - 96% of clients met recovery and educational goals
  - 94% no recidivism
  - 70% of clients completed treatment at outside treatment provider
  - 72% of clients obtained personal documents
  - 96% of clients engaged in chosen pathway to treatment within the first month of living at the recovery house
  - The agency has maintained an average response rate of 1.5 days when responding to applicants
  - 94% of women who were accepted for admission followed through to become a resident
- **Average Cost Per Client in CY20:** \$4,566
- **Additional Information:**
  - Over the past year, Briermost successfully completed the merger with Sober Living Cleveland, providing greater efficiency and effectiveness. The merger combined the efforts of two smaller Boards of Directors into one larger Board. The organization has made every effort to support residents throughout the pandemic. Over the past year, staff provided activities to help residents because they were home significantly more than in the past. All residents now have access to technology they need to meet their recovery goals as well as education on how to access groups, meetings and individual counseling online. Additionally, one bed has been maintained in each home for residents who need to quarantine. Briermost did not turn away new residents because of COVID-19 and all residents remained at the recovery house regardless of their ability to pay. The organization's mission is to provide the highest quality recovery housing possible.

# **Catholic Charities**



## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Catholic Charities</b>			
SUD Prevention Services	\$ 223,647	\$ 223,647	Prevention
Seasons of Hope	\$ 206,000	\$ 225,968	Crisis
Employment	\$ 216,000	\$ 216,000	Employment
School Based Prevention	\$ 22,312	\$ 22,312	Prevention
Project FIRST Schizophrenia Program	\$ 30,000	\$ -	
<b>Total</b>	<b>\$ 697,959</b>	<b>\$ 687,927</b>	
<b>Pooled Funding:</b>			
Matt Talbot for Women - Res. Treatment & IOP	\$ -	\$ -	24/7 Access
Hispanic Men's Program	\$ -	\$ -	24/7 Access
Matt Talbot for Men Residential Treatment	\$ -	\$ -	24/7 Access
The FIRST Program	\$ -	\$ -	

# CY22 Program Highlights and Outcomes

## Catholic Charities Corporation

Catholic Charities Corporation (CCC) is a comprehensive behavioral health organization that provides a myriad of services under contract with the ADAMHS Board for adolescents and adults.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### The FIRST Program for First Episode of Psychosis

The FIRST Program began in 2014 in Cuyahoga County for early identification and treatment of schizophrenia. The program offers quality care through a Specialty Coordinate Care/team-based model, based on evidence informed curriculum and modules per counseling and case management service. Strives to continuously improve access to care for intake, psychiatric evaluation, and starting treatment within one week of admission. Modules are curriculum based and delivered through training and consultation with The BEST Center at NEOMED. The program strives this year to maintain fidelity of the model and help clients and their families successfully complete the program through counseling using at least five required modules.

- **Target Population:**
  - Ages 15 through 35
- **Anticipated Number of Clients to be Served: 75**
- **Number of Staff Required to Implement Program: 5**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The FIRST team cases have all been provided services despite vacant counselor positions as there is a lower referral volume. In addition, many clients in the FIRST program often do not agree to be seen weekly or as frequently as recommended. The caseloads have been manageable and recruitment is occurring for open positions.
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - 100% of individuals referred to FIRST are offered an intake assessment within 14 days
  - 100% of individuals admitted to FIRST are offered an Initial Psychiatric Evaluation within 14 days of admission date
  - 75% of individuals discharged, will have completed at least five First Episode of Psychosis (FEP) modules
  - 50% of individuals discharged will score at least a 7 on the Global Functioning Social Scale

# CY22 Program Highlights and Outcomes

## Program Metrics:

- Track date of referral to date of admission with electronic health record
- Run a report to track date of admission to date of the Initial Psychiatric Evaluation with electronic health record
- The FIRST team leader will track the modules with the clinicians throughout the treatment as cases remain active
- The FIRST team leader will track the client's progress from admission to discharge on the Global Functioning Social Scale

## First Six Months of CY21 Provider Outcomes:

- Highlights:
  - **Number of Clients that were Anticipated to be Served:** 50
  - **ADAMHS Funded Unduplicated Clients Served:** 0
  - **Total Number of Clients Served:** 10
  - **Total Number of Clients that Completed this Program/Service:** 10
- Average Cost Per Client: N/A
- Additional Information:
  - The program strives to increase the network and outreach for the FEP model to help more individuals each year through early intervention concepts closest to the time of first presentation of psychosis. Individuals that are engaged in the FIRST program will be recommended for and meet medical necessity criteria for at least two behavioral health (BH) services on an ongoing basis. There are up to six BH treatment components that can be offered and recommended to work toward stabilization, self-sufficiency, and sustainment in the community and/or same households. The services include: individual resiliency training and behavioral health counseling; family psycho-education; pharmacological management; case management; supported employment/education; and substance use disorder treatment when co-occurring disorders present with schizophrenia. Most planned discharges are recommendations to continue with the psychiatrist for ongoing medication management with the same doctor and nurse at the outpatient mental health program at Catholic Charities. Services have been delivered in-person and via telehealth throughout 2021.

## CY20 Provider Outcomes

- Highlights:
  - **Number of Clients that were Anticipated to be Served:** 50
  - **Total Number of Clients that were Served:** 63
  - **Total Number of Clients that Completed this Program/Service:** 15
- Goals Met:
  - The FIRST program delivered services through 2020 without interruption and under the allowed emergency rule for the new telehealth options plus in-person services. FIRST continues to operate under fidelity as well.

# CY22 Program Highlights and Outcomes

- Program outcomes were all met in 2020 to include: 100% of clients are offered an appointment within 14 days of referral, 95% of clients were offered an initial appointment with the psychiatrist within 14 days from admission, 76% successfully remain in treatment (or successfully discharged), and 85% of clients are compliant with medication use.
- 99% of clients did not require a psychiatric hospitalization
- 15% of clients participated in supported employment
- 100% of clients were enrolled in education (of those of high school age)
- 85% are not dependent on SSD
- 99% were not incarcerated
- **Metrics Used to Determine Success:**
  - Ohio Scales
  - Upon the individual's consent, the FIRST team also submits outcome data on three clinical tools: Clinician-Rated Dimensions of Psychosis Symptom Severity, Global Functioning, and the Modified Colorado Symptom Index.
- **Program Successes:**
  - Newly created reports in Catholic Charities' health record system will allow reports on Ohio Scales scores. The agency sampled outcomes of the Global Functioning scale for a portion of individuals who discharged from FIRST in 2020 and scores indicated an average of movement up one point/one level of functioning on the Social and Role functioning scales.
- **Average Cost Per Client in CY20:** \$476
- **Additional Information:**
  - Catholic Charities implemented telehealth services within days of the release of the emergency rule under OhioMHAS. The FIRST team did not interrupt services and partnered with the VNA for those homebound due to COVID-19 for their injections. The combination of a telehealth psychiatry appointment and having in-home nursing was an excellent opportunity to increase medication adherence. In-home injections will continue for a few clients through two different nursing agencies, as this was another value-added service modality last year.
  - This program continues to offer quality care through a team model with the goal of increasing number served per month. Although admissions per year for the last three years are 27, 23, and 24 respectively, enrolled individuals are participating in services. Catholic Charities transitioned the FIRST phone line to one FIRST team member who is a skilled clinician with a solid understanding of the importance of access to care. This staff has also created a network with providers who refer including Clear Vista Hospital who refers to FIRST frequently for Cuyahoga County residents. This same staff conducts the FIRST admission process and then presents to the team for assignments and facilitates next appointments at the intake.
  - Individuals that are engaged in the FIRST program/model will be recommended for, and meet, medical necessity criteria for at least two BH services on an ongoing basis as core components to fidelity.

# CY22 Program Highlights and Outcomes

- As the program reinforces the requirements of the FIRST model and its fidelity, several individuals have been stepped down to a lower level of care to one BH service. Catholic Charities has a large continuum and can offer other services as internal transfers, which the clients appreciate and it increases the chances of continuation. Most planned discharges are to the same psychiatrist for ongoing medication management, with the same doctor and nurse at the outpatient mental health program at Catholic Charities for continuity.

## Community Based Family Services: School Based Prevention

Offers best-practice interventions for students, staff, and families, based on the Georgetown University's Center for Child and Human Development model for early childhood consultation to promote healthy social-emotional development. The consultation approach is strength-based and allows for interventions at various levels: classroom, family, school, community. The consultation experience looks at cultural and contextual factors and uses observation, meetings, linking to community resources, modeling, planning in advance for changes where possible, use of data and evidence-based interventions and prevention. Each school in consultation with the therapist chooses prevention topics most suitable for their needs, including grade level and issues identified. Prevention topics include self-esteem, social skills, anger management, and self-care skills.

- **Target Population:**
  - K-12<sup>th</sup> grade students currently enrolled in Cuyahoga County
- **Anticipated Number of Clients to be Served:** 350
- **Number of Staff Required to Implement Program:** 3
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Clinical supervisors step in to cover what prevention groups or consultation were already taking place; also utilize therapists normally focused on other programs/contracts to cover prevention and consultation services, and cover any referral to treatment cases that needed transferred.
- **Funding Priority:**
  - Prevention and early intervention
- **Program Goals:**
  - 90% of consultation result in resolution and/or linkage to needed services
  - 90% of school staff and youths' families perceive their needs are met and are satisfied with the results of services
  - 75% of students receiving prevention will fall into the strengths or typical categories by the post-administration of the DESSA
- **Program Metrics:**
  - Manual tracking the resolution of each referral for consultation
  - Satisfaction survey data collection and evaluation
  - The staff offer pre- and post-DESSA surveys and enter into the database for analysis

# CY22 Program Highlights and Outcomes

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 400
  - **ADAMHS Funded Unduplicated Clients Served:** 173
  - **Total Number of Clients Served:** 215
  - **Total Number of Clients that Completed this Program/Service:** 173
- **Average Cost Per Client:** \$58
- **Additional Information:**
  - The vast majority of the schools Catholic Charities worked with offered in-person education for some or all of the 2020-2021 school year and often desired services to be in-person. Despite seeing lower utilization of services this past year, this did not indicate a decreased need for these services. In fact, schools expressed more of a need for mental health support even though they struggled to implement them in their schools due to the burdens brought on by the pandemic in the academic world. Positive feedback was received from teachers and administrators about their need for services this year.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 700
  - **Total Number of Clients that were Served:** 413
  - **Total Number of Clients that Completed this Program/Service:** 413
- **Goals Met:**
  - Provided 61 prevention groups over the course of 2020. This was lower than projected due to COVID-19. However, 295 consultation episodes were provided throughout 2020, which was a significant increase from 2019. Of the multiple consultation episodes, 33 children were referred for one-on-one consultation services. 100% of the students/families received an initial consult, and 85% received on-going consultation services. 27% were referred for and consented to mental health treatment.
  - Customer satisfaction surveys were emailed to schools to gather data at the end of the 2019-2020 school year during the shutdown. Only five responses were received but 100% of those respondents were satisfied overall with the services they received.
  - DESSA data was not collected at the end of the 2019-2020 school year for the prevention groups due to the shutdown and lack of teacher availability to complete them. Therefore, data is not available on the school year as a whole. DESSAs were completed for consultation by mental health providers.
- **Metrics Used to Determine Success:**
  - Measure school staff perception of services as percentage satisfied with services meeting their needs and the results of services through use of the customer satisfaction survey administered at the end of each school year. Consultation is tracked using the quarterly tracking sheet.

# CY22 Program Highlights and Outcomes

- Measure behaviors related to resilience, social-emotional competence and school success for children in kindergarten through eighth grade by use of the Devereaux Students Strengths Assessment. The DESSA is completed three times per school year maximum for prevention and used as a pre- and post-test for all on-going consultation episodes involving face-to-face student contact.
- **Program Successes:**
  - 100% of students referred for individual consultation received an initial consult, and 85% of those received on-going consultation services. 27% of those who received initial consultation were referred for and consented to mental health treatment. 100% of customer satisfaction respondents were satisfied overall with the services they received.
  - At the midpoint in February of 2020, the DESSA showed a 3% decrease in the percentage of students in the Need category, and the typical range showed an increase of 9%. For consultation post-tests at the same point in the year, typical range increased from 60% to 89% and Strengths increased from 10% to 11%. By year end of 2020, although ten students have not been post-tested at this time, DESSA shows a decrease from 35% to 0% in the Needs category, and an increase from 0% to 29% in the Strengths category.
- **Average Cost Per Client in CY20:** \$54
- **Additional Information:**
  - N/A

## **Hispanic/Covenant Prevention Program**

Prevention program uses all five strategies of prevention: Education, Alternatives, Community Process, Problem ID and Information Dissemination, as recommended by the National Institute on Drug Abuse (NIDA) in tackling the onset of drug and alcohol use in young people. Utilizes the protective factors present in the Hispanic community, such as respect, “familiarismo,” dignity, extended family, and “personalismo.” Uses a best practice curriculum through SAMHSA, “Lions Quest Skills for Adolescents and Botkins Life Skills,” which is a comprehensive school-based curriculum that supports the development of life skills and citizenship skills for several years. Serves within Cleveland Metropolitan School Districts and in recreational centers, day cares and other community organizations.

- **Target Population:**
  - Youth enrolled at CMSD schools (west side) and Cleveland Central Catholic High School
- **Anticipated Number of Clients to be Served:** 1,800
- **Number of Staff Required to Implement Program:** 4
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The Hispanic/Covenant Prevention Program is part of a larger team that includes other Hispanic drug and alcohol licensed professionals. When there is a vacancy, these staff provide the contract services to the Prevention Program.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Prevention and early intervention

# CY22 Program Highlights and Outcomes

- **Program Goals:**

- 80% of the students who take the Alcohol, Tobacco and Other Drug (ATOD) pre- and post-test will be able to identify two harmful effects of ATOD use
- 80% of the students will be able to demonstrate two refusal skills
- 80% of the students will be able to demonstrate two life skills
- 70% receiving tutoring will improve their academics
- 100% participation in 10 Latino community meetings
- 90% of the youth trained in the summer program will be able to identify two positive alternatives to ATOD use
- 80% of the youth trained in the summer program will be able to demonstrate two leadership skills.

- **Program Metrics:**

- Drug and alcohol pre- and post-tests
- Project SCOPE Role Play Rating scale recommended by SAMHSA to track ATOD knowledge and refusal skills and decision making/life skills
- Devereaux Students Strengths Assessment (DESSA)
- Successful completion of class work, report card, and teacher and student feedback
- Attendance and minutes from the community meetings and events.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 500
- **ADAMHS Funded Unduplicated Clients Served:** 393
- **Total Number of Clients Served:** 393
- **Total Number of Clients that Completed this Program/Service:** 393

- **Average Cost Per Client:** \$245

- **Additional Information:**

- The Hispanic Youth/Covenant Center Prevention provides two Alcohol, Tobacco and Other Drug (ATOD) prevention services to youth on the west side of Cleveland. The Hispanic Youth Prevention (HYP) Program serves predominately Hispanics and The Covenant Center provides services to a variety of schools and community centers. Both provide school based programs using an evidence-based curriculum. The Hispanic Program uses Lion's Quest which is offered in English and Spanish. The Covenant Program uses Botvin Life Skills Training. Both programs are in schools, summer camps, community centers, providing information dissemination, education, alternatives, and problem identification and referral services. The Hispanic Program has a summer "Just Say No" program in which youth between the ages of 13 to 18 present prevention messages utilizing a traveling puppet show to children in the community. The young people come through MyCom, a community partner, but are recommended by the Hispanic Program. During the first six months, the prevention program was able to adapt and provide prevention services



# CY22 Program Highlights and Outcomes

virtually. The agency worked with 12 different CMSD teachers providing these services and provided tutoring services to Westlake School System, West Side Catholic Center and Seeds of Literacy, both in-person and virtually. The summer program is a Youth Opportunities Unlimited (Y.O.U.)/MyCom Community Partner. In collaboration with Y.O.U., eight Latina youth participated in the summer program for six weeks beginning June 21, 2021.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 1,000
  - **Total Number of Clients that were Served:** 1,473
  - **Total Number of Clients that Completed this Program/Service:** 1,473
- **Goals Met:**
  - This year was a very challenging year with limited access to children; however, the program worked, with 444 children in the schools before COVID-19 shut down in-person prevention education. The agency carried out its summer program in-person with seven youth, but they were not able to go to the daycares to do the puppet shows. 935 children and 87 adults were reached through the summer program by providing coloring books, banners, posters and puppets. The social media prevention site also received 1,720 impressions for 2020.
- **Metrics Used to Determine Success:**
  - The Hispanic SUD Prevention program uses a pre- and post- test and the project SCOPE Role Play Rating scale recommended by SAMHSA to track ATOD knowledge and refusal skills and decision making/life skills. It also collects feedback from teachers on the students' use of the knowledge and skills they are learning and feedback from students through the student satisfaction survey. The Devereaux Students Strengths Assessment (DESSA), which measures program impact on behaviors related to resilience, social-emotional competence and school success, is used for children in kindergarten through eighth grade. This tool helps assess a child's social and emotional skills and promote healthy outcomes, to offset vulnerability for substance use. However, due to COVID-19, the program was not able to complete the post-DESSA for the first part of 2020 or complete any new DESSAs. Teachers were overwhelmed with COVID-19 and resistant to complete them.
- **Program Successes:**
  - This program has met all outcomes, with 451 youth being provided services through the schools and the summer program. Over 95% of students who took the ATOD pre- and post-test were able to identify two harmful effects of ATOD use. Over 97% of students were able to demonstrate two refusal skills. Over 94% of students were able to demonstrate two life skills. 100% of seven youth trained in the summer program were able to identify two positive alternatives to ATOD use. 99% improved their leadership skills and 100% felt more connected to their community through their community service work.
- **Average Cost Per Client in CY20:** \$152

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- The Hispanic Program has a summer “Just Say No” program that youth between the ages of 13 to 18 present prevention messages utilizing a traveling puppet show to children in the community. The young people come through MyCom but are recommended by the Hispanic Program. Catholic Charities is a Community Partner through MyCom and was featured in the MyCom newsletter as an Exemplary Community Partner.
- The Covenant program has also developed an ATOD social media platform to promote ‘Cyber Prevention’ to youth, parents, adults, teachers, and community. This year there were 1,720 hits on the site. The HYP program is part of a community-based process strategy whereby the program is part of the Hispanic Community Network, a collaborative between 15 different Latino-serving community organizations with the purpose of creating and fostering a healthy and viable Hispanic community that can resist the use and abuse of drugs and alcohol with special emphasis on young people. This year staff worked closely with other Latino-serving agencies on the census to make sure that the Latino community was counted to ensure federal services, social services and prevention.

## **Comprehensive Employment Services**

Comprehensive, intensive vocational rehabilitation, job training and placement program serving clients of mental health and AOD programs, and for clients with schizophrenia. Clients from the general population and those who are participating in various treatment and drug or alcohol rehabilitation programs are referred by various treatment programs and other re-entry service facilities. Provides a full range of workforce development services from vocational assessment and career counseling through vocational and soft skills training to job placement and post-employment support. Offers a 10-session in-person and Google classroom job readiness professional development workshops (two-week job-seeking skills training/one-week customer service training); computer training; job search club, job placement, and retention services. Participants learn about expectations of workplace, emphasis on appropriate attitudes, a commitment to excellence, and the development of effective work habits. Services include a job-finding club; peer supports; virtual and onsite employment recruitment; career resource fair with special assistance for felony offenders (re-entry); and training in healthcare and manufacturing inspections training. Criteria includes clients between the ages of 18 and 65 with a high school diploma or GED; a reasonable hope for success; in need of vocational services; a staff determination of no legal history or conviction of a violent nature; and no medical or mental health impairment that would require intensive accommodation on the part of the employer.

- **Target Population:**

- Workforce-age population throughout Cuyahoga County

- **Anticipated Number of Clients to be Served: 225**

- **Number of Staff Required to Implement Program: 5**

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**

- CES staff are required to give more than two-week’ notice for the very reason of assuring continuity of service to clients. Should there be major problems with coverage, temporary staff can be made available from other sites.

# CY22 Program Highlights and Outcomes

- **Funding Priority:**
  - Employment Programs
- **Program Goals:**
  - Work with 225 adults and transitional youth per year who are referred by area mental health or AOD providers, re-entry programs and community-based organizations
  - 70% of individuals referred will complete an assessment
  - 70% of individuals assessed will successfully complete vocational rehabilitation counseling
  - 70% of individuals assessed successfully complete vocational skills training; with a minimum 100 becoming successfully employed
- **Program Metrics:**
  - Access and utilization measure the number of referrals, number of completed assessments and percentage of individuals referred who complete assessments.
  - Clinical and process outcomes include: client engagement rate in vocational skills training and completion rates, client employment rate and client satisfaction.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 200
  - **ADAMHS Funded Unduplicated Clients Served:** 146
  - **Total Number of Clients Served:** 146
  - **Total Number of Clients that Completed this Program/Service:** 146
- **Average Cost Per Client:** \$740
- **Additional Information:**
  - Comprehensive Employment Services (CES) has been a provider for Cuyahoga County ADAMHS Board and its precursors since 2012. CES is accredited by the Commission on Accreditation for Rehabilitation Facilities (CARF) and Employment Support/Job Placement. CES uses a strength-based and outcome-focused approach to supportive employment for people with serious mental illness and/or co-occurring substance use disorder. CES is designed to prepare, place and retain clients in the world of work. All clients receive an orientation, comprehensive assessment, individualized employment plan, placement and retention assistance. Prior to COVID-19, on-site employer hiring events were held bi-monthly to increase employment placement. In 2020-2021, the program offered online employment fairs to ensure safety for all participants but also provide application opportunities. Retention services are provided to all employed individuals for a minimum of six months as supportive services. Participants are eligible to receive Career Advancement after successfully completing 90 days of employment. The CES program has a Work Incentive Practitioner that will assist clients with their eligible benefits. Approximately 80% of clients obtain employment over 21 hours per week with an hourly wage of \$10 or greater. The comprehensive vocational counseling services offered assess work readiness and support the individual's continued recovery as they transition to obtain, maintain employment and self-sufficiency.

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 300
  - **Total Number of Clients that were Served:** 824
  - **Total Number of Clients that Completed this Program/Service:** 178
- **Goals Met:**
  - A strategic plan to improve job placement performance goals was implemented in January of 2020 to ensure that 100 clients will be placed by December 31, 2020. The plan includes weekly and monthly placement goals and quality assurance measures. Performance goals are reviewed bi-weekly, and in a weekly report and through regularly scheduled meetings with both the Program Director and Managing Director.
- **Metrics Used to Determine Success:**
  - Access and utilization services measure the following: number of referrals, number of completed assessments, and percentage of individuals referred who complete assessments. Clinical and process outcomes include: client employment rate, client engagement rate in treatment, treatment completion rates, and client satisfaction.
- **Program Successes:**
  - There were 355 referrals, and 178 assessments completed; 50% of referrals completed assessments, 100% completed vocational counseling, 100% completed vocational skills training. There were 116 total placements.
- **Average Cost Per Client in CY20:** \$262
- **Additional Information:**
  - Same as CY21. This is a bilingual and bi-cultural program that specializes in serving the Hispanic community.

## Seasons of Hope

Offers safety to women who might be ready to enter treatment or traditional shelter but who are too vulnerable to remain on the street overnight. Able to refer clients to behavioral and mental health programs, 12-step meetings, law enforcement, medical care, the homeless continuum of care, the Cleveland Rape Crisis Center, day shelter and meal programs, and other community resources, but does not require that women seek assistance or treatment. The goal is to provide no-barrier access to help for vulnerable women.

- **Target Population:**
  - Women who feel vulnerable remaining on the street or in available shelter overnight, particularly individuals affected by addiction, sex work and/or trafficking.
- **Anticipated Number of Clients to be Served:** 48
- **Number of Staff Required to Implement Program:** 7
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Catholic Charities' Human Resources staff have a permanent listing for positions of Guest Monitor/Human Services Worker at Seasons of Hope posted in job listings. In addition to

# CY22 Program Highlights and Outcomes

the Program Coordinator covering shifts and the staff being able to utilize overtime as needed for coverage of shifts, Residential Assistants for Matt Talbot for Women and female staff from the Bishop Cosgrove Center and St. Augustine Center day shelter can cover shifts when necessary.

- **Funding Priority:**
  - Community and Crisis Residential Services
  - Peer Support
- **Program Goals:**
  - Seasons of Hope will provide at least 48 women with at least 279 overnight visits to the program.
  - Seasons of Hope will provide outreach in the community to promote the program to vulnerable populations and through community referrals by hosting AA and NA meetings, providing office hours, participating in CIT trainings, and collaboration with the CRCC Human Trafficking Drop-In Center, and outreach to emergency room departments of hospitals in the City of Cleveland.
- **Program Metrics:**
  - The number of women served and the number of nights of safe harbor provided.
  - A 50% increase in visits to the Seasons of Hope program in 2022 over 2021 will indicate that outreach efforts are making an impact on the program's visibility and accessibility to those in need of the agency's services.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 125
  - **ADAMHS Funded Unduplicated Clients Served:** 32
  - **Total Number of Clients Served:** 32
  - **Total Number of Clients that Completed this Program/Service:** 0
- **Average Cost Per Client:** \$2,769
- **Additional Information:**
  - Seasons of Hope is a unique, nonclinical program that provides safety, community connections, AOD support and confidentiality to women in distress. Staff hold office hours, serve daily meals, and run AA meetings on a weekly basis at the Bishop Cosgrove Center. Staff are able to publicize their services and familiarize themselves to dozens of women experiencing crisis. The program coordinator is also part of the ADAMHS Board Crisis Intervention Training several times throughout the year.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 250
  - **Total Number of Clients that were Served:** 97

# CY22 Program Highlights and Outcomes

- **Total Number of Clients that Completed this Program/Service:** N/A
- **Goals Met:**
  - Due to the COVID-19 pandemic, the Cuyahoga County Office of Homeless Services, in conjunction with the providers of the continuum of care, made it possible for individuals experiencing homelessness to enter into the shelter system and obtain a hotel room. Many clients who would normally seek refuge at Seasons of Hope opted to seek a hotel room through Coordinated Intake as an alternative. Due to the pandemic, outreach efforts, including hosting 12-step program meetings, was temporarily halted.
- **Metrics Used to Determine Success:**
  - Seasons of Hope is a “no questions asked” safe house for women who feel vulnerable on the street and who are seeking refuge for the night. The primary metric of success is simply that women present for shelter from unsafe conditions. The program also would normally count the number of trainings with the police, the number of 12-step meetings conducted, and the hours of outreach performed. COVID-19 created an impediment to the number of planned training sessions.
- **Program Successes:**
  - 97 women found safety, a shower, and a meal at Seasons of Hope.
  - 46 women found multiple nights of safety, a shower, and a meal at Seasons of Hope.
- **Average Cost Per Client in CY20:** \$2,124
- **Additional Information:**
  - The agency appreciates all of the support from the ADAMHS Board for this program to help these women in their greatest moments of need.

## **Matt Talbot for Women (MTFW) – Residential Treatment and IOP**

Specialized women’s residential treatment program serves female clients with co-occurring disorders, such as complicated medical problems like diabetes, hypertension, wound care (off-site wound clinic), and other problems which may require medical monitoring. Serves clients with chronic, refractory schizophrenia, personality disorders, as well as those with some developmental disabilities. Program and staff promote empowerment, and staff members represent and demonstrate self-sufficiency. The staff understands the unique life experiences and traumatic history typical of women with substance abuse problems.

- **Target Population:**
  - Adult female clients with substance use disorder (SUD) and co-occurring mental health diagnosis
- **Anticipated Number of Clients to be Served:** 105
- **Number of Staff Required to Implement Program:** 22
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Matt Talbot for Women has access to programs and staff that work in other Catholic Charities programs and have availability to assist, when needed. Medical and psychiatric services in the community are available.

# CY22 Program Highlights and Outcomes

- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Mental Health Residential Treatment
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm reduction efforts and strategies
  - Recovery and Treatment Services to Specialized Population
- **Program Goals:**
  - 90% of the women receive two or more treatment services within 14 days or less of completion of the diagnostic assessment
  - 80% of the women referred successfully engage in treatment
  - 60% of the women successfully complete treatment without rejecting services
  - 70% of the women perceive their needs were met and are satisfied with the results of treatment
  - 70% of the women will have no new arrests at date of last service
  - 70% of women will have increased social supports or social connectedness at date of last service
- **Program Metrics:**
  - To measure success toward goals, the program tracks the achievement rate of specific National Outcome Measures (NOMs). Other ways to monitor the program include client satisfaction surveys taken at a discharge. In addition, Catholic Charities has identified key indicators of success that are important to the organization, OhioMHAS, ADAMHS Board and other funders, and, Matt Talbot tracks much of this data through the EMR. When not able to be extracted from the EMR, the program has established report-out guidelines that are monitored in supervision.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 200
  - **ADAMHS Funded Unduplicated Clients Served:** 18
  - **Total Number of Clients Served:** 41
  - **Total Number of Clients that Completed this Program/Service:** 3
- **Average Cost Per Client:** \$6,987
- **Additional Information:**
  - MTFW is a specialized, women's residential treatment program serving clients with a multitude of problems, including, but not limited to the dually diagnosed client who may or may not have a criminal history. In addition, clients may have medical problems impacting their treatment and ability to focus on treatment. The program is small with an entirely female staff. Staff members represent a varied population, education, background, ethnicity and work history. The MTFW curriculum encompasses many topics that minimally help clients recognize the problems associated with their drug use as well

# CY22 Program Highlights and Outcomes

as how to begin to address these problems. Staff promotes empowerment and represent and demonstrate self-sufficiency. MTFW's philosophy incorporates the belief that clients can be successful and confident in their ability to manage their own lives with the help of positive role models. The staff understands the unique life experiences and traumatic history typical of women with substance abuse problems. For example, co-existing mental health and personality-related problems are the norm and the staff is understanding and accepting of these issues. This acceptance allows the client to begin the long, arduous process of beginning to trust again.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 200
  - **Total Number of Clients that were Served:** 121
  - **Total Number of Clients that Completed this Program/Service:** 74
- **Goals Met:**
  - 61.1% successfully completed the residential treatment program and their goals. Despite the COVID-19 pandemic, MTFW exceeded the 60% completion goal.
  - Satisfaction surveys: 84.5% overall satisfied with services, 100% had no new arrests, 100% social services, 100% abstinence, and 100% had some form of housing at discharge.
- **Metrics Used to Determine Success:**
  - BAM is used at admission and discharge. At admission, there is also a mental status, lethality assessment and Columbia suicide questionnaire, in addition to the satisfaction survey. The TCU is used at admission and discharge for clients referred from the criminal justice system.
- **Program Successes:**
  - 61.1% successful discharges, 100% abstinent, 100% no new arrests, 100% social connectedness, and 100% stable housing.
- **Average Cost Per Client in CY20:** \$9,937
- **Additional Information:**
  - Matt Talbot for Women (MTFW) has both residential and intensive outpatient services providing a continuum of care specifically designed for women. A majority of clients have a co-occurring mental health disorder - approximately 90%. MTFW "goes the extra mile" to take in clients typically not served in other programs due to the complexity and severity of their symptoms. There is a consultant medical physician and a staff psychiatrist, which ensures that clients receive comprehensive services. Having a board-certified psychiatrist who understands this population is significant in that clients will receive the appropriate mental health care needed in a timely fashion. Clients receive treatment on-site and there is no need to make appointments in the community where the time lapse could be extensive. MAT is also provided on-site, and options include monthly Vivitrol injections, Suboxone, Subutex and other prescribed medications; i.e., Campral & naltrexone. In addition, medical treatment for minor problems is available and referral services for serious or complicated medical issues are made. The case manager is well known and respected in the community and is familiar with all available services. Because of her



# CY22 Program Highlights and Outcomes

knowledge base and her understanding of the client's needs, she is able to link clients with the appropriate services in a timely fashion including medical and dental treatment, sober housing and peer support. Staff has also linked people with nursing homes and assisted living facilities because their needs required more than the typical sober house. MTFW is uniquely qualified to service a variety of adult age groups; clients ages ranged from 19 to 77. No one who meets the criteria for this level of care has been turned away. MTFW has a history of serving difficult clients, which allows for greater referrals from hospitals (both detox and psychiatric units) and by at least four municipal courts. Program success is based on a team effort; MTFW has a dedicated staff, some of whom have been working there since its inception in 1999. Everyone works toward helping program participants become successful in achieving their goals and improving their lives.

## Hispanic Men's SUD and Mental Health Treatment Program

Bilingual and bicultural staff offer drug and alcohol prevention services to the Latino community through a variety of programs that interact and complement each other, including Emergency Assistance Program, Prevention and Education Program, Hispanic Youth Program, and the Women's Program. The Emergency Assistance program provides emergency dollars to clients who are need of clothing, rental assistance, utilities and medication assistance. Men also work closely with the Women's Program that provides counseling to their wives or partners and provide parenting classes to both parents. The Men's Program utilizes a variety of evidence-based treatment modalities such as Motivational Interviewing, Trauma Informed Therapy, CBT, Reality Therapy and Gorski's Relapse Prevention, and also utilizes intensive case management to connect clients to the community resources to meet their many needs. MAT is also provided on-site with Catholic Charities contractual psychiatrist under the mental health program.

- **Target Population:**
  - Adult Hispanic men, aged 19 to 70 who are substance-dependent, have mental health issues, and are indigent.
- **Anticipated Number of Clients to be Served:** 100
- **Number of Staff Required to Implement Program:** 3
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The Hispanic Men's program is part of a larger team that includes other Hispanic drug and alcohol licensed professionals. When there is a vacancy, these staff provide the contract services to the Men's Program.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - 70% of men will abstain from drug/alcohol use at date of last service
  - 70% of men will have no new arrests from admission to date of last service
  - 70% of men will have an increase in social supports and or social connectedness at date of last service

# CY22 Program Highlights and Outcomes

- **Program Metrics:**

- Completion of treatment and clients meeting their goals documented in progress notes, referral sources reports, urine screens and client feedback
- Completion of treatment and clients meeting their goals documented through probation reports and client self-report
- Client and family feedback, signed AA sheets documented in their client record

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 65
- **ADAMHS Funded Unduplicated Clients Served:** 11
- **Total Number of Clients Served:** 42
- **Total Number of Clients that Completed this Program/Service:** 13

- **Average Cost Per Client:** \$715

- **Additional Information:**

- The Hispanic Services Office has been offering drug and alcohol services to the Hispanic community since 1974. Located on the near west side, 99% of the clients are from the immediate community; 90% have Spanish as their primary language and 80% speak little or no English and are more effectively service by a bilingual and bicultural program. Three bilingual, bicultural male counselors provide assessment, case management, intensive and non-intensive, dual services and mental health outpatient treatment for this population. The Men's Program utilizes intensive case management to connect clients to the community resources, to meet their many needs. Staff familiarity with the culture and community resources allows them to establish a network that enhances treatment outcomes. Clients have access to the wide variety of services within the Hispanic Services Office such as emergency assistance, anger management and parenting classes. Clients use emergency assistance dollars to maintain or obtain housing, medication, IDs and utility assistance. Anger management and parenting classes are provided to clients involved in Cuyahoga County Probation, Cleveland Municipal Court and/or Cuyahoga County DCFS. Staff continues to work closely with the MetroHealth Hospital MAT program, as well as the Catholic Charities Mental Health psychiatrist, to provide MAT and pharmacological services for dually-diagnosed and mental health Hispanic clients on-site. During this very challenging time, the Hispanic Men's Program has provided telehealth and intensified services to support clients and their recovery.

## **CY20 Provider Outcomes**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 130
- **Total Number of Clients that were Served:** 104
- **Total Number of Clients that Completed this Program/Service:** 48

# CY22 Program Highlights and Outcomes

- **Goals Met:**
  - 104 clients were served, of which 15 were assessment only; 87% of clients successfully completed treatment without rejecting services, 92% of clients have no new arrests at date of last service, and 95% of clients have increased social supports and/or social connectedness at date of last service.
- **Metrics Used to Determine Success:**
  - Clients' individualized treatment programs measures success through completion of treatment and the men meeting their goals. Successful completion of goals are documented in progress notes, referral source reports such as probation and parole feedback, children and family services feedback, urine screens, and client feedback (satisfaction surveys). Urine screens were limited this year due to COVID-19 and staff had to rely on probation and DCFS urine screens for confirmation of sobriety.
- **Program Successes:**
  - 90% of clients receive two or more treatment services within 14 days or less of completion of diagnostic assessment, 90% of clients referred successfully engage in treatment, 87% successfully completed treatment without rejecting services, and 99% perceive their needs were met and are satisfied with the results of treatment.
- **Average Cost Per Client in CY20:** \$481
- **Additional Information:**
  - This year the program increased its work with MAT providers from MetroHealth hospital. Staff also continued to work closely with the Catholic Charities mental health psychiatrist to provide MAT and pharmacological services for dually diagnosed and mental health Latino clients.

## **Matt Talbot for Men (MTFM) Residential Treatment**

Like most ASAM 3.5 level of care programs, essential elements include group therapy, group education, individual counseling and case management. Monday through Friday, clients attend six hours of therapeutic activity a day, followed by a 12-step meeting in-house or virtually. On the weekends, clients can access 12-step education groups and virtual 12-step meetings. Additional essential elements include: MAT onsite in the medical clinic; evidence-based practices including Gorski's Relapse Prevention, the Matrix, Living in Balance, Trauma Recovery and Empowerment Model, Thinking for a Change, CBT, and Motivational Interviewing in group and individual services; licensed clinical staff dually licensed and/or trained in substance use disorder and mental health; onsite individual trauma counseling; trauma-informed approach; wellness groups onsite to include yoga with certified instructor who has a CDCA and psychoeducation with RN; transportation to appointments with community mental health centers to maintain engagement and to criminal justice appointments to maintain compliance with legal requirements; and commitment to ongoing clinical training for staff.

- **Target Population:**
  - Adult men, aged 19 to 49
- **Anticipated Number of Clients to be Served:** 350
- **Number of Staff Required to Implement Program:** 60

# CY22 Program Highlights and Outcomes

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - As a residential program, Matt Talbot for Men is committed to remaining open to serve clients face-to-face and will adjust census if there are staff vacancies. The agency believes in delivering competent quality care and will not sacrifice this, even if that means a lower census temporarily until staff vacancies resolve. One strategy to use is reassigning staff in other programs who have capacity, as evidenced by low productivity, to the residential program to meet client needs. The program remained open to serve clients from the beginning of the pandemic and will continue to serve clients as always.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Medication Assisted Treatment
- **Program Goals:**
  - 70% of the clients are abstinent at discharge
  - 70% of the clients complete the program
  - 70% of the clients do not incur additional legal charges
  - 70% of the clients are linked to stable, sober supportive housing at discharge
  - 70% of the clients have improved their social connectedness
  - 70% of the clients are either employed, have been linked to employment services, or are disabled and not in the labor force
- **Program Metrics:**
  - To measure success toward program goals, the program tracks the achievement rate of specific National Outcome Measures (NOMs). Other ways to monitor the program include client satisfaction surveys taken at a discharge. In addition, Catholic Charities has identified key indicators of success that are important to the organization, OhioMHAS, ADAMHS Board and other funders, and, Matt Talbot tracks much of this data through the EMR. When not able to be extracted from the EMR, the program has established report-out guidelines that are monitored in supervision.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 540
  - **ADAMHS Funded Unduplicated Clients Served:** 158
  - **Total Number of Clients Served:** 176
  - **Total Number of Clients that Completed this Program/Service:** 176
- **Average Cost Per Client:** \$10,694

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- Number of persons served is defined as the number of clients receiving services at any point in time. 146 clients were admitted 1/1/21 – 6/30/21, but due to 12 clients carried over from 2020, the program served 158 individuals. 151 is the total number of discharges for reasons identified, plus those who left due to medical or psych reasons.
- To operate a 20-bed unit, the program needs the following number of staff per identified position: RAs (7 FTE), Clinicians (4 FTE), Admin Support (1 FTE), Dietary (1 FTE), Case Manager (1 FTE), and a Clinical Supervisor (1 FTE). Since MTFM has four units, 60 FTEs are needed to operate the program. Currently, there are only three units in use. Initially this was due to lower referral volume but now it is due to needing staff. The number of staff includes both part-time and full-time staff.

## **CY20 Provider Outcomes**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served:** 540
- **Total Number of Clients that were Served:** 311
- **Total Number of Clients that Completed this Program/Service:** 246

- **Goals Met:**

- The goals for MTFM center on achieving stability from mental illness and addiction, engaging clients immediately upon admission, and assisting them in achieving their treatment goals. Upon successful completion of treatment, most clients are sober, and go directly to sober housing in the community. Having said that, the latter was negatively impacted by COVID but anticipate a return to program norms by the end of 2021.

- **Metrics Used to Determine Success:**

- To measure success, staff tracks the achievement rate of specific National Outcome Measures (NOMs) and BAM (Brief Addiction Monitor) scores at admission and discharge. In addition, Catholic Charities has identified key indicators of success that are important to the organization, OhioMHAS, ADAMHS Board, and other funders. Matt Talbot tracks much of this data through the EMR. When not able to be extracted from the EMR, report-out guidelines have been established and are monitored in supervision.

- **Program Successes:**

- MTFM met or exceeded many of the National Outcome Measures identified in the proposal, specifically those related to percent abstinent at discharge (93% achieved with target of 70%), percent who did not incur additional arrests (97% achieved with target of 70%), and percent who successfully completed treatment (met target of 70% of total discharges).
- The outcomes not met were drastically impacted by the pandemic. Specifically, the target of 70% of clients achieving stable housing, social connectedness and being either employed or linked to employment services at discharge were all just under 70%. For much of the year, admissions to sober housing were halted, leaving clients to return to living environments with negative influences, and while much work was done to prepare them for this transition, it certainly was not ideal. Furthermore, linking clients to stable sober supports through 12-step programs was also eliminated for several months because most in-person meetings were closed, and MTFM stopped having alumni groups and

# CY22 Program Highlights and Outcomes

speakers on-site. Toward the latter half of 2020, staff started using technology so clients could connect with virtual 12-step programs, but the lack of personal connection negatively impacted outcomes. The same is true to those linked to employment and/or employment services, as these options just did not exist for most of the year.

- **Average Cost Per Client in CY20:** \$9,937
- **Additional Information:**
  - Matt Talbot for Men has been in existence for over 50 years and continues to be a provider of choice, especially for those with co-occurring illness. They currently have capacity to treat 81 men in the facility located in Parma and are underway to add an additional unit on-site with 27 new treatment beds.
  - MTFM has a longstanding partnership with Cuyahoga County Court of Common Pleas. While 10 admissions per month are reserved for individuals being released directly from the county jail, staff often admits more than that number.
  - Unique features of Matt Talbot for Men include:
    - Accept clients on MAT and continue to provide it on-site (Vivitrol, Naltrexone, and Suboxone)
    - Onsite Medical and Psychiatric Clinic
    - Evidence Based Curriculum
    - Trauma Informed Care
    - Clinical Staff Licensed in Mental Health and Chemical Dependency fields
    - Strength-Based and Client Centered Approach
    - Ongoing Professional Development via Supervision and Coaching

Provider:	<b>Catholic Charities Services</b>	2020 First Outcome Count:	<b>145</b>	2021 First Outcome Count:	<b>169</b>
Instrument:	<b>Brief Addiction Monitor</b>	2020 Final Outcome Count:	<b>80</b>	2021 Final Outcome Count:	<b>44</b>
Program:	<b>Substance Use Disorder Treatment</b>	2020 % of Final:	<b>55.17%</b>	2021 % of Final:	<b>26.04%</b>

The Brief Addiction Monitor (BAM) is a measurement instrument originally designed for the Veterans Administration to provide an assessment of substance use disorder among adults (18+ years). The instrument is used to monitor progress and help guide treatment.

Population	Evaluation Year	SubScale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Adults (18+ years)	2020	Drug_Use	5.36	0.24	-5.13	Significant at p<.05
Adults (18+ years)	2020	Protective	11.09	13.09	2	Significant at p<.05
Adults (18+ years)	2020	Risk	13.86	6.77	-7.09	Significant at p<.05
Adults (18+ years)	2021	Drug_Use	3.52	0.6	-2.93	Significant at p<.05
Adults (18+ years)	2021	Protective	10.82	14.34	3.52	Significant at p<.05
Adults (18+ years)	2021	Risk	9.3	5.55	-3.75	Significant at p<.05

Provider:	<b>Catholic Charities Services</b>	2020 First Outcome Count:	<b>287</b>	2021 First Outcome Count:	<b>183</b>
Instrument:	<b>DESSA MINI</b>	2020 Final Outcome Count:	<b>278</b>	2021 Final Outcome Count:	<b>0</b>
Program:	<b>Youth Prevention</b>	2020 % of Final:	<b>96.86%</b>	2021 % of Final:	<b>0</b>

The Devereux Student Strength Assessment (DESSA) is an abbreviated assessment designed by the Devereux Advanced Behavioral Health organization for school age children. This instrument is used as a screening tool to identify children who are in need for additional social or emotional education. There are measurement instruments specific for children in Grades K – 8 and for children in Grades 9 – 12.

When the data contains both an initial (first) and follow-up (final) instrument administration, a paired t-test was used for comparing individual scores at those two different points in time. It is the most powerful test for showing changes in individuals. The green highlighted rows suggest that changes from the First Assessment to the Final Assessment did not happen by chance and that the change can be attributed to the program intervention.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Grades 9 - 12	2020	No Scale	44.62	35.46	-9.15	Not Significant
Grades K - 8	2020	No Scale	52.32	51.74	-0.58	Not Significant
Grades 9 - 12	2021	No Scale				Not Significant
Grades K - 8	2021	No Scale				Not Significant



Provider:	<b>Catholic Charities Services</b>	2020 First Outcome Count:	<b>1</b>	2021 First Outcome Count:	<b>4</b>
Instrument:	<b>Ohio Scales Adult</b>	2020 Final Outcome Count:	<b>0</b>	2021 Final Outcome Count:	<b>0</b>
Program:	<b>Mental Health Treatment for Adults</b>	2020 % of Final:	<b>0</b>	2021 % of Final:	<b>0</b>

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The Ohio Scales Adult version is an assessment instrument for measuring the progress for Adults (18+ years) in the treatment process for mental health. The instrument was a collaboratively designed instrument for use by Ohio Department of Mental Health funded providers.

# **The Centers and Circle Health Services**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>The Centers</b>			
Integrated Care Coordination (Prevention)	\$ 343,000	\$ 343,000	Prevention
Wellness/Benefits Support	\$ 84,500	\$ -	
Transportation	\$ 10,000	\$ -	Transportation
Harm Reduction	\$ -	\$ 30,000	Harm Reduction
Jail Re-Entry Program	\$ -	\$ 78,000	Specialized Pop.
Behavioral Health Urgent Care	\$ -	\$ 500,000	
Early Childhood Mental Health**	\$ -	\$ -	Prevention
<b>Total</b>	<b>\$ 437,500</b>	<b>\$ 951,000</b>	
<b>Pooled Funding:</b>			
Treatment Services - MH	\$ -	\$ -	
Treatment Services - SUD	\$ -	\$ -	

**\*\* ECMH Providers Pooled Funding**

# CY22 Program Highlights and Outcomes

## The Centers and Circle Health Services

The Centers is a comprehensive behavioral health organization that also provides a variety of other services in the community to both children and adults.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Behavioral Health Urgent Care Centers

The Centers will open two Behavioral Health Urgent Care Centers; one in University Circle that is scheduled to open in March 2022 (east side) and one in Gordon Square that is scheduled to open in February 2021 (west side). Both centers will be open Monday through Friday from morning until evening. The Behavioral Health Urgent Care Centers will address non-crisis urgent needs related to symptoms of mental illness or substance use disorders, by providing rapid/initial assessment; psych evaluation and assessment; linkage to community resources; brief interventions; on-site care coordination; and referrals for follow-up services. Examples of non-crisis urgent needs include: medication; unhealthy changes in play (children); withdrawal from family/friends; excessive worry or fear; feeling sad, isolated, lonely; confusion or problems concentrating on a daily task; nervous energy or restlessness; overeating or appetite loss; loss of interest in things you once enjoyed; having thoughts of harm to self or others; progressive memory loss or confusion; and other emotional or behavioral changes. The Centers received a two-year SAMHSA grant totaling five million dollars to partially fund this initiative. The ADAMHS Board will provide pooled funding for services for individuals not covered by Medicaid or other insurance, as well as funding to support start up and gaps in personnel costs.

- **Target Population:**
  - All ages, both children and adults experiencing a non-crisis but urgent behavioral health need. Clients under 18 years of age must have a parent consent.
  - Exclusion: clients/patients needing immediate medical attention, including imminent risk of suicide, and/or threatening or violent behavior.
- **Anticipated Number of Clients to be Served:** 350
- **Number of Staff Required to Implement Program:** 10
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The new centers will be fully staffed by the time they open.
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Prevention and early intervention

# CY22 Program Highlights and Outcomes

- **Program Goals:**

- Increase access and availability of behavioral health services for individuals by developing two Behavioral Health Urgent Care Centers. One on the east side and the other on the west side of Cleveland.
- Each Behavioral Health Urgent Care Center will be staffed with a Manager, Psychiatric Prescriber, Registered Nurse, LISW/LPCC, and Customer Service Representative (CSR).

- **Program Metrics:**

- 80% of unlinked individuals will be linked to The Centers' behavioral health services within 10 days
- 30% of adults and children who are unaffiliated with a medical care provider will be linked to a primary care provider within seven days

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

## **Circle Health Services Harm Reduction**

Circle Health Services will distribute fentanyl test strips and harm reduction educational materials to individuals to reduce risk of overdose and illness. An outreach worker connects with clients to provide fentanyl strips to avoid overdose, and asks the client a set of questions to understand their use of substances, interest in treatment, and when appropriate, connect them to other services. This harm reduction strategy is carried out in conjunction with Circle Health's medical services and other harm reduction services, such as the needle exchange. Circle Health Services uses an integrated approach to care, where clients can access services to care for their mental and physical health in one place. Providers across Circle Health Services will coordinate with each other to identify individuals who have indicated drug use or symptoms of drug use and provide test strips and educational information. Services will be provided at Circle Health Services locations on the East and West sides of Cleveland, as well as through its outreach van.

- **Target Population:**

- Adults utilizing Circle Health's medical and harm reduction services

- **Anticipated Number of Clients to be Served:** 3,500

- **Number of Staff Required to Implement Program:** 1

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**

- The integrated and team-based approach to the services provided will ensure clients continue to receive support when staff vacancies occur. The outreach worker will work closely with Circle Health staff to carry out the services as described herein. As a result, team members will be able to step in when a vacancy occurs.

- **Funding Priority:**

- Harm reduction efforts and strategies

- **Program Goals:**

- Reduce overdose and deaths related to unintended use of fentanyl by providing fentanyl test strips and educational materials

- **Program Metrics:**

- Provide 3,500 clients fentanyl test strips and educational materials.

# CY22 Program Highlights and Outcomes

- Provide 30,000 fentanyl test strips.

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 7,500
  - **ADAMHS Funded Unduplicated Clients Served:** 1,115
  - **Total Number of Clients Served:** 1,115
  - **Total Number of Clients that Completed this Program/Service:** 1,115
- **Average Cost Per Client:** \$7
- **Additional Information:**
  - Most clients that test positive for fentanyl say that they use the drug less or differently than they would normally use. It has become evident that some clients do not know how to use the test strips, so we are going to begin more education during distribution.

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** N/A
  - **Total Number of Clients that were Served:** 2,751
  - **Total Number of Clients that Completed this Program/Service:** 2,751
- **Goals Met:**
  - For CY20, the agency exceed their goal of providing 15,000 fentanyl strips for the year
- **Metrics Used to Determine Success:**
  - Number of test strips provided to people who have indicated drug use or have symptoms of drug use or substance use disorders
- **Program Successes:**
  - 26,101 Fentanyl Test Strips were provided in CY20
  - On average, 77-78% of tests showed traces of Fentanyl, and 90-92% answered they used the drug anyway
- **Average Cost Per Client in CY20:** \$5
- **Additional Information:**
  - The Centers expanded MAT services and is developing a PHP program at westside locations, which should increase service delivery and broaden the continuum of SUD services.

## Integrated Care Coordination Services - Rapid Access Program

The Rapid Access program offers three main services to bridge the gap between hospitalization and aftercare: rapid assessment, an integrated mental health assessment that evaluates a client's mental health diagnosis and identifies any barriers they may have to receiving ongoing care; transitional case management, to assist clients who need additional support coordinating their aftercare needs and continuity of care; and, peer support services, which assist clients who arrive in

# CY22 Program Highlights and Outcomes

the ED with the purpose of supporting them whether they are seeking admission to inpatient behavioral health and SUD treatment as well as streamlining access to Centers outpatient services upon discharge from hospitalization. Four Peer Support Specialists work in the Rapid Access program at the Lutheran Hospital and UH Richmond Medical Center emergency departments, and two are based out of The Centers sites. Peer Support Services promote self-directed recovery by providing trauma-informed care, encouraging self-direction and advocating for informed choice.

- **Target Population:**
  - Youth and/or adults that require hospitalization for behavioral health issues
- **Anticipated Number of Clients to be Served:** 600
- **Number of Staff Required to Implement Program:** 10
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff is reassigned cases to cover vacancies on the service team.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Peer Support
- **Program Goals:**
  - Connect 600 individuals to needed recovery and prevention services within 10 days upon their discharge from the hospital
- **Program Metrics:**
  - Number of completed Rapid Access assessments
  - Number of completed psychiatric follow-up appointments
  - Number of clients linked to case management, counseling, psychiatry, substance use treatment or primary care services
  - Average number of days to linked services

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 600
  - **ADAMHS Funded Unduplicated Clients Served:** 216
  - **Total Number of Clients Served:** 216
  - **Total Number of Clients that Completed this Program/Service:** 198
- **Average Cost Per Client:** \$311
- **Additional Information:**
  - Despite the challenges with COVID and staffing levels, the agency has continued to provide services to all local hospitals. The agency has recently begun discussions with a hospital system in Lorain County to assist with their Cuyahoga County clients. A process has also been set up for the Rapid Access team to work with Fairview Hospital to begin assessing youth and expediting their access to services. A practice manager was added to

# CY22 Program Highlights and Outcomes

the team, which has provided a direct telephone number for the hospitals to refer clients and streamline access for discharge paperwork.

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 600
  - **Total Number of Clients that were Served:** 310
  - **Total Number of Clients that Completed this Program/Service:** 277
- **Goals Met:**
  - Due to the COVID-19 crisis, The Centers' ability to reach their goals was hindered. Staff connected with hospitals throughout the year and were able to successfully engage just under 50% of goals. As the pandemic continued, the agency was able to engage clients through telehealth after coordinating with the hospital staff.
- **Metrics Used to Determine Success:**
  - Number of referrals (including number of clients who decline service)
  - Referral sources
  - Number of assessments completed
  - Number of clients linked with psychiatry and/or pharmacy services
  - Average days from hospital discharge to the first scheduled psychiatry/pharmacy visit
  - Number of clients referred to Primary Care, Dental or Substance Use Disorder services
- **Program Successes:**
  - 312 referrals provided from Cleveland Clinic, Laurelwood, MetroHealth, St. Vincent, and University Hospitals
  - 258 clients completed Mental Health Assessments; 35 declined
  - 94% of clients were successfully linked with psychiatry/pharmacy services (258/275). On average, clients were scheduled with pharmacist or psychiatry provider within 8 business days of the client's discharge from hospital
  - There were 87 referrals to primary care, 45 referrals to dental care, and 41 referrals to substance use treatment
- **Average Cost Per Client in CY20:** \$217
- **Additional Information:**
  - The past year presented many obstacles. The agency managed the COVID crisis by continuing to engage the hospitals and establishing a process to perform assessments via telehealth while the client was in the hospital. Despite the pandemic, The Centers continued to provide psychiatric services, counseling and case management services through the use of on-site "Zoom rooms" to clients who may not have had access to the appropriate technology. Throughout the year, the agency established a stronger relationship with a medical floor from a referring partner, allowing for more referrals from psychiatric and medical units. At the end of CY20, the agency resumed in-person, on-unit assessments.



# CY22 Program Highlights and Outcomes

## The Centers Treatment Services – Mental Health

The Centers uses a team approach to treatment by providing Case Management, Psychiatric Medication Management, Nursing Services, Pharmacy Services, Primary Care Services, Substance Abuse Treatment and Counseling, Behavioral Health Treatment and Counseling as well as a variety of Group Therapies for clients with chronic mental illness. The team approach involves addressing both the mental and physical health of the clients we serve by providing primary care services and access to in-house pharmacies. The Centers offers both CBT and DBT group therapies for both adult and adolescent clients at the west side locations and currently have plans to extend its reach with these groups to the east side locations. The Centers provides newly expanded services for substance use disorders, and now offers intensive outpatient (IOP) services at three of its six community locations.

- **Target Population:**
  - Individuals with Severe and Persistent Mental Illness (SPMI) and who have chronic, re-occurring mental health symptoms
- **Anticipated Number of Clients to be Served:** 400
- **Number of Staff Required to Implement Program:** 50
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The integrated and team-based approach to the services provided will ensure clients continue to receive services when staff vacancies occur. The staff will work closely together to create and carry out the services.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm Reduction Efforts and Strategies
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Clients will experience improved health/wellness outcomes
  - Clients will demonstrate satisfaction with the services received
- **Program Metrics:**
  - Number of clients served, unduplicated
  - Number of patients that received at least one service in the last 90 days
  - Percent change year over year of suicide attempts, suicide deaths and drug overdose deaths
  - Reduction in depression screening scores from one assessment
  - Percent of clients that reported services were helpful to them (annually)

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 1,000

# CY22 Program Highlights and Outcomes

- **ADAMHS Funded Unduplicated Clients Served:** 375
- **Total Number of Clients Served:** 6,280
- **Total Number of Clients that Completed this Program/Service:** 0
- **Average Cost Per Client:** \$393
- **Additional Information:**
  - Psychiatry moved under Circle Health Services in CY20, and counseling moved under Circle Health Services in April 2021. This report is still inclusive of those services.

## **CY20 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 1,000
  - **Total Number of Clients that were Served:** 734
  - **Total Number of Clients that Completed this Program/Service:** N/A
- **Goals Met:**
  - Improved health/wellness outcomes
  - Client satisfaction
  - Reduction in psychiatric hospitalization
  - Increased community tenure
  - Increased self-sufficiency
- **Metrics Used to Determine Success:**
  - Improved depression screening rates and follow up on the number of clients who received at least one service in the previous three months
  - The Centers Client Satisfaction Survey
  - Number of clients who continue to have repeated hospitalizations
  - Rates of suicide and overdose
  - Number of people who reported a stable living situation
- **Program Successes:**
  - 52% of clients received at least one service in the last three months
  - Over 80% of clients reported that they would recommend The Centers to others
  - Over 80% of clients reported that the services provided by The Centers were helpful to them
  - Suicide attempts were down 82%, suicide deaths were down 60%, and drug overdose deaths were down 47%
- **Average Cost Per Client in CY20:** \$817
- **Additional Information:**
  - N/A

# CY22 Program Highlights and Outcomes

## Circle Health Treatment Services - SUD

Circle Health uses a team approach to care and treatment by providing Case Management, Psychiatric Medication Management, Nursing Services, Pharmacy Services, Primary Care Services, Substance Abuse treatment and Counseling, Behavioral Health treatment and Counseling as well as a variety of group therapies. The team approach involves addressing both the mental and physical health of the clients we serve by providing primary care services at all locations as well as access to in-house pharmacies.

- **Target Population:**
  - Individuals ages five to 90 years
- **Anticipated Number of Clients to be Served: 500**
- **Number of Staff Required to Implement Program: 150**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The integrated and team-based approach to the services provided will ensure clients continue to receive services when staff vacancies occur. The staff will work closely together to create and carry out the services.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm Reduction Efforts and Strategies
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Clients will experience improved health/wellness outcomes
  - Clients will demonstrate satisfaction with the services received
- **Program Metrics:**
  - Number of clients served, unduplicated
  - Number of patients that received at least one service in the last 90 days
  - Percent change year to year of suicide attempts, suicide deaths and drug overdose deaths
  - Reduction in depression screening scores from one assessment
  - Percent of clients that reported services were helpful to them (annually)

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 80**
  - **ADAMHS Funded Unduplicated Clients Served: 10**
  - **Total Number of Clients Served: 274**
  - **Total Number of Clients that Completed this Program/Service: 5**
- **Average Cost Per Client: \$6,147**

# CY22 Program Highlights and Outcomes

- **Additional Information:**
  - Patient count is lower than projected in part because of COVID-19 related service limitations, but also because the agency improved their internal process to ensure that all patients who may be eligible for Medicaid or other coverage are enrolled. Because of this and changes in the federal and state guidelines around these programs, the agency has had the lowest rate of uninsured patients in recent history.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 80
  - **Total Number of Clients that were Served:** 30
  - **Total Number of Clients that Completed this Program/Service:** 11
- **Goals Met:**
  - Goals were met with respect to the patients served during CY20 through the provision of group and individual SUD services, case management and care coordination.
- **Metrics Used to Determine Success:**
  - Patient program completion rate and the patient satisfaction survey
- **Program Successes:**
  - Over 80% of clients indicated that they would recommend the Centers to others, 50% of patients in this cohort completed the program, excluding those currently enrolled. This figure was also adversely affected by issues surrounding the transition to telehealth resulting from the COVID public health emergency.
- **Average Cost Per Client in CY20:** \$1,667
- **Additional Information:**
  - N/A

## **Jail Re-Entry Program**

The Centers is particularly well positioned to provide re-entry services because it already offers most of the services necessary to help individuals achieve and maintain stability, sobriety, and improved well-being following incarceration. Individuals being released from jail who have mental health and/or substance use disorders are at imminent risk of homelessness; struggle to achieve stability due to lack of access to safe and affordable housing, employment, healthcare and supportive services; and have high rates of re-incarceration and hospitalization. Re-entry program staff will provide intensive, individualized support for these individuals who have historically struggled with engagement in services and will link them with other programs and services including intensive case management, assertive community treatment (ACT); coordination with the criminal justice system and mental health probation; mental health assessment; pharmacologic management; psychotherapy; peer support; supported employment; and housing support, primary care and dental services.

- **Target Population:**
  - Individuals who have demonstrated a high past utilization of criminal justice services and who have historically had significant challenges engaging in mental health services

# CY22 Program Highlights and Outcomes

- **Anticipated Number of Clients to be Served:** 160
- **Number of Staff Required to Implement Program:** 6
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Jail re-entry is a new program so it will be a priority to develop detailed documentation of protocols for the services provided that will be followed by all program staff. These protocols will include the steps that will be taken to ensure continuity in service when staff vacancies occur. The Centers will reassign cases to another staff member on the case management team when there is a staff vacancy. If one of the Behavioral Health Specialist or Peer Support Specialist positions is open, the Re-Entry Care Coordinator and/or another Behavioral Health Specialist or Peer Support Specialist will provide ongoing case management or peer support services until the open position has been filled.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Peer Support
- **Program Goals:**
  - Serve 160 clients
  - Reduce recidivism
- **Program Metrics:**
  - Number of clients served (unduplicated)
  - Number of clients linked to mental health treatment and substance use disorder services
  - Percent of clients referred to community resources (e.g., food, housing, clothing, and employment)
  - Client retention or successful discharge rate

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

## **Early Childhood Mental Health (ECMH) Programming:**

Offers consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group, delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper involvement into the behavioral health system. The program provides early intervention services that address early emotional, social and behavioral development.

- **Target Population:**
  - Children ages birth to six-years-old
- **Anticipated Number of Clients to be Served:** 30
- **Number of Staff Required to Implement Program:** 4

# CY22 Program Highlights and Outcomes

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff are cross-trained to cover vacancies and supervisors can take cases when necessary.
- **Funding Priority:**
  - Prevention and Early Intervention
- **Program Goals:**
  - Children will show significant clinical improvement on DECA Resiliency scales.
  - Children will show significant clinical reduction in problems on DECA Behavior Scale.
  - Children will show significant clinical improvement on the DECA-Infant Toddler (IT) Scale when utilized.
- **Program Metrics:**
  - Pre- and post-assessment and demonstrated improvement on all the DECA resilience subscales

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

# **Cleveland Rape Crisis Center**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Cleveland Rape Crisis Center</b>			
Comprehensive Sexual Violence Prevention	\$ 40,000	\$ 40,000	Prevention
Early Childhood Mental Health**	\$ -	\$ -	Prevention
<b>Total</b>	<b>\$ 40,000</b>	<b>\$ 40,000</b>	

\*\* ECMH Providers Pooled Funding



# CY22 Program Highlights and Outcomes

## Cleveland Rape Crisis Center (CRCC)

Cleveland Rape Crisis Center (CRCC) offers direct and comprehensive services which include prevention, treatment, education and advocacy to support individuals impacted by sexual violence and assault.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Comprehensive Sexual Violence Prevention

Community-based prevention programming provides information about sexual violence so that community members can recognize and respond to sexual violence disclosures. Elements of the program include: conducting outreach and educational presentations at various locations throughout Cuyahoga County; disseminating information through collateral materials including: agency brochures, program fliers, and 24-hour hotline cards; providing information and in-person referrals to services for survivors and their supporters through community outreach and engagement; participating in community collaborations to promote a victim-centered and trauma-informed approach when serving survivors of rape and sexual abuse; conducting outreach and educational presentations at various locations in conjunction with community partners and stakeholders including: social service agencies, medical personnel, law enforcement, mental health providers, schools and other community-based organizations; and training community partners on referral systems and best practice when referring survivors of rape and sexual abuse to services.

- **Target Population:**
  - All individuals regardless of their ethnic, cultural and language background
- **Anticipated Number of Clients to be Served:** 4,000
- **Number of Staff Required to Implement Program:** 8
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CRCC's organizational structure ensures several staff, as mentioned previously, maintain the ability to execute this programming. Staff are cross trained in prevention delivery to ensure minimal disruptions should vacancies occur.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Harm reduction efforts and strategies
  - Prevention and early intervention
- **Program Goals:**
  - Individuals will increase their knowledge to prevent rape and sexual abuse and receive resources regarding how to access direct services.

# CY22 Program Highlights and Outcomes

- Survivors of rape and sexual abuse will have increased access to crisis intervention and prevention services through community outreach efforts, with greater familiarity of 24-hour services, therapy, advocacy and more.
  - Survivors of rape and sexual abuse will have a better understanding of available resources through CRCC's outreach efforts and will receive information and referrals to appropriate services.
  - Community partners will be informed of appropriate referral process and will feel prepared to make referrals to rape crisis intervention services.
  - Survivors of rape and sexual abuse will have increased access to available services and will receive the support they need and deserve.
  - CRCC will participate in community collaboration meetings to promote a victim-centered and trauma-informed approach when serving survivors of rape and sexual abuse.
- **Program Metrics:**
    - Participate in 60 community speaking engagements, conducting outreach and educational presentations at various locations throughout Cuyahoga County.
    - Reach 4,000 individuals, engaging them with vital information regarding rape crisis intervention and prevention services.
    - Distribute 4,000 pieces of educational collateral materials, including agency brochures, program flier and 24-hour hotline cards.
    - Respond to 100% of training requests from community partners.
    - 100% of individuals who disclose sexual abuse or rape will receive direct referrals
    - Participate in six community collaboration meetings to promote a victim-centered and trauma informed approach for survivors.

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 4,000
  - **ADAMHS Funded Unduplicated Clients Served:** 4,009
  - **Total Number of Clients Served:** 4,009
  - **Total Number of Clients that Completed this Program/Service:** 4,009
- **Average Cost Per Client:** \$2
- **Additional Information:**
  - The ongoing pandemic has only worsened the circumstance for survivors of rape and sexual abuse. Childcare and public transportation were upended overnight and continue to complicate matters for underserved community members. Stay-at-home precautions created day-to-day uncertainty and widespread layoffs have increased financial hardship. For survivors already enduring physical, mental and emotional hardships of trauma, these obstacles have hindered their ability to access services and continue to make their lives chaotic and unpredictable.

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 4,000
  - **Total Number of Clients that were Served:** 5,922
  - **Total Number of Clients that Completed this Program/Service:** 5,922
- **Goals Met:**
  - CRCC anticipated serving 4,000 individuals to increase awareness of rape and sexual abuse throughout Cuyahoga County. The agency surpassed this goal with 5,922 individuals served.
- **Metrics Used to Determine Success:**
  - Participate in 60 speaking engagements
  - Reach 4,000 individuals
  - Distribute 5,000 pieces of educational collateral materials
  - 100% of individuals who disclose sexual abuse or rape will receive direct referrals
  - Participate in six community collaborations
  - Participate in 35 speaking engagements
  - Respond to 100% of training requests from community partners
- **Program Successes:**
  - Participated in 372 speaking engagements
  - Reached 5,922 individuals
  - Distributed 7,340 pieces of collateral material
  - 100% of individuals who disclosed sexual abuse or rape received direct referrals
  - Participated in 101 community collaborations
  - Participated in 186 speaking engagements
  - Responded to 100% of training requests from community partners
- **Average Cost Per Client in CY20:** \$7
- **Additional Information:**

Cleveland Rape Crisis Center's community-based prevention programming provides information about sexual violence so that community members can recognize and respond to sexual violence disclosures. This in turn allows survivors to engage in CRCC services to handle the trauma they have endured because of the sexual violence they have experienced. Addressing trauma allows survivors to understand their mental health needs and develop healthy coping skills. CRCC's trauma-informed services help survivors recognize how they cope with this trauma, including negative coping skills such as alcohol and drug abuse. This empowers survivors to better navigate their mental health needs, including PTSD symptoms. CRCC operated five locations in Cuyahoga County (Downtown, Beachwood, Shaker Square, Westlake, Ohio City) and was embedded in several agencies.

# CY22 Program Highlights and Outcomes

## Early Childhood Mental Health (ECMH) Programming:

Offers consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group, delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper involvement into the behavioral health system. The program provides early intervention services that address early emotional, social and behavioral development.

- **Target Population:**
  - Children ages birth to six-years-old
- **Anticipated Number of Clients to be Served:** 225
- **Number of Staff Required to Implement Program:** 4
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Staff are cross-trained to cover vacancies and supervisors can take cases when necessary.
- **Funding Priority:**
  - Prevention and Early Intervention
- **Program Goals:**
  - Children will show significant clinical improvement on DECA Resiliency scales.
  - Children will show significant clinical reduction in problems on DECA Behavior Scale.
  - Children will show significant clinical improvement on the DECA-Infant Toddler (IT) Scale when utilized.
- **Program Metrics:**
  - Pre- and post-assessment and demonstrated improvement on all the DECA resilience subscales

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

# **Cleveland Treatment Center**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Cleveland Treatment Center</b>			
Art Therapy	\$ 51,840	\$ 51,840	Prevention
Sober Housing Coordination	\$ 275,365	\$ 232,888	Housing
Hattie House MAT Recovery Housing	\$ -	\$ 310,000	Housing
<b>Total</b>	<b>\$ 327,205</b>	<b>\$ 594,728</b>	

# CY22 Program Highlights and Outcomes

## Cleveland Treatment Center (CTC)

The mission of the Cleveland Treatment Center (CTC) is to “improve the health and well-being of residents of Northeast Ohio by providing state-of-the-art, cost-effective, abstinence-based drug treatment and prevention health services. CTC is a Substance Use Disorder (SUD) treatment facility that primarily provides Methadone maintenance and outpatient services.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Art Therapy Program

The Art Therapy recovery support project serves individuals negatively impacted by opiate misuse and AOD co-occurring disorders that have not responded to traditional therapy. The services provided in this therapeutic intervention support clients’ ability to reduce or eliminate opiate/AOD misuse and live productive healthy lives in the community. The goal is to increase capacity for this complementary and alternative medical (CAM) practice that has been widely documented as a successful approach to SUDs and co-occurring disorders. Over 90 individuals will benefit, with 12-week rotations at multiple project sites in partnership with Art Therapy Studio (AT Studio). An evidence-based curriculum allows individuals to address the following: general therapeutic needs; gain insight, unblock, and move forward; reconcile emotional conflicts; explore personal potential problems through verbal and non-verbal communication; foster self-awareness, personal growth, and wellness; stimulate mental and physical activity; channel anger and relieve depression; grieve, cope, reminisce and adapt. The following mental health and substance use needs will also be addressed: exploration of feels and therapeutic issues, such as self-esteem, personal insight, trauma and shame; make the difference between denial and determination and confront client barriers to the recovery process. Developmental disabilities will also be addressed through teaching cognitive, motor, and daily living skills through the arts and providing the opportunity to experience the success of the arts.

- **Target Population:**
  - Persons affected by opiate misuse and other AOD co-occurring disorders who are residents of Cuyahoga County
- **Anticipated Number of Clients to be Served:** 75
- **Number of Staff Required to Implement Program:** 6
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CTC has several Peer Recovery Supporters who are familiar with the project and can dedicate staff to these efforts should a person leave the organization. Currently, CTC does not have any staffing concerns and has trained staff who are currently operating this project and are prepared to implement the project in CY22.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services

# CY22 Program Highlights and Outcomes

- Trauma Informed Care Treatment, Recovery and Prevention Services
- Harm Reduction Efforts and Strategies
- Recovery and Treatment Services to Specialized Populations
- Peer Support
- Prevention and Early Intervention
- **Program Goals:**
  - 75 clients engage in art therapy program per year
  - 80% of clients demonstrate willingness to follow therapist/treatment recommendations
  - 80% of clients demonstrate or verbalize understanding of addiction
  - 80% of clients modify negative behaviors
  - 80% of clients adopt elements of healthy lifestyle changes
  - 80% client satisfaction with recovery process
- **Program Metrics:**
  - Clients enrolled: measured and tracked using progress notes, attendance in sessions, and through the program intake/OAARS/BAM
  - Clients demonstrate willingness to follow therapist/treatment recommendations: measured through OAARS (Scales 2, 6, 7, 8) and BAM
  - Clients demonstrate or verbalize understanding of addiction: measured through OAARS (Scale 4)
  - Clients modify negative behaviors: measured through OAARS (Scales 1, 3) and BAM
  - Clients adopt elements of healthy lifestyle changes: measured through OAARS (Scales 5, 9, 10) and BAM
  - Client satisfaction with recovery process: measured through BAM, Client Satisfaction Survey

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 30**
  - **ADAMHS Funded Unduplicated Clients Served: 27**
  - **Total Number of Clients Served: 27**
  - **Total Number of Clients that Completed this Program/Service: 23**
- **Average Cost Per Client:** \$960
- **Additional Information:**
  - CTC's cost-effective art therapy programming is an essential service offered at several partner community-based organizations in Cuyahoga County. CTC has partnered with the following agencies to deliver quality art therapy programming: Art Therapy Studio, Men's Shelter at 2100 Lakeside, Salvation Army-Harbor Light Complex, Oriana House, YMCA Y-Haven, Cleveland Municipal Court Veterans Treatment Program, Hitchcock Center for



# CY22 Program Highlights and Outcomes

Women, Orca House, Key Decisions, Northern Ohio Recovery Association and FrontLine. Each partner site offers a unique opportunity to target a group that has historically dealt with chemical dependency and may not have had access to Art Therapy as a tool for recovery and support. Additionally, this program recognizes that all providers have been negatively impacted by the opioid epidemic. This complementary and alternative medical (CAM) approach in conjunction with substance use treatment is designed to help address the opioid epidemic.

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 60
  - **Total Number of Clients that were Served:** 55
  - **Total Number of Clients that Completed this Program/Service:** 30
- **Goals Met:**
  - Based on CY20 data collection from January to June 2020, CTC met five out of the six benchmarks. Due to challenges of program implementation and enrollment, impacted significantly by the COVID-19 pandemic, CTC was unable to meet the first benchmark of enrolling 60 individuals.
- **Metrics Used to Determine Success:**
  - Outcome and Assessment and Reporting System (OAARS)
  - Brief Addiction Monitor Tool
- **Program Successes:**
  - 55 out of 60 clients enrolled, which is 92% of target
  - 81% of enrolled clients have successfully been discharged from the art therapy program
  - 86% of clients demonstrated willingness to following therapist/treatment recommendations with an overall improvement in behavior by 32.1% change from intake to discharge
  - 79% of clients self-reported considerable/extreme confidence in ability to remain abstinent from drugs/alcohol
  - 86% of clients self-reported improvement in understanding of addiction with an average improvement of 29.4% change from intake to discharge
  - 81% of clients self-reported modification of negative behaviors with average improvement of 21.6% change from intake to discharge
  - 81% of clients self-reported increase in adoption of healthy lifestyle with and an average of 22.4% change/increase in positive behavior change from intake to discharge
  - 89% of clients reported considerable or extreme satisfaction in their progress toward recovery
- **Average Cost Per Client in CY20:** \$943

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- Since the inception of the art therapy program in 2015, CTC has seen positive health behavior outcomes related to substance use recovery in over 389 clients.

## **Sober/Recovery Housing Coordination**

This program places an average of close to 150 clients annually in 51 recovery residences, and coordinates benefits for all clients. Project progress has been guided by the CTC Sober Beds Logic Model, protocols for administrative oversight, National Alliance for Recovery Residences (NARR) standards, and CARF quality standards, policies and procedures, safety, and effective data and outcome collection. Most recently, CTC has partnered with Oriana House and will be a direct referral site for the Diversion Center. Through sober housing and linkage to wraparound and supportive housing focused on honesty, bonding and external sober social/recreational activities, clients experience positive behavior change. The project goal is to help 125 individuals improve their physical, mental and spiritual well-being through access to these life-saving and essential services. Critical wraparound services include case management and clinical support, and address the need for housing, food access and relationship management training. It also includes their overall physical and mental health care needs, as well as workforce development and supportive services including positive peer coaches, resume assistance, job coaching, and linkage to full-time employment opportunities. Other key services include orientation, intake and comprehensive assessment, benefit coordination, linkage to community 12-step support groups, IOP, treatment, family services, physical/medical evaluation, case management, transportation, financial assessment/budgeting, and other basic life skills.

- **Target Population:**

- Opiate-dependent persons ages 18 and over in environments where drug trade and risky behavior are prevalent

- **Anticipated Number of Clients to be Served:** 125

- **Number of Staff Required to Implement Program:** 6

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**

- The Cleveland Treatment Center has several Peer Recovery Supporters as well as clinical and case management staff who are familiar with the project and are cross trained. CTC can dedicate staff temporarily to these efforts should a person leave the organization. Currently, CTC does not have any staffing concerns and has trained staff who are currently operating this project and are prepared to implement the project in CY22.

- **Funding Priority:**

- Culturally Appropriate and Evidence-based Diverse Services
- High Quality Housing
- Care Responder Teams
- Trauma Informed Care Treatment, Recovery and Prevention Services
- Harm Reduction Efforts and Strategies
- Recovery and Treatment Services to Specialized Populations
- Peer Support
- Prevention and Early Intervention

# CY22 Program Highlights and Outcomes

- Employment Programs
- Medication Assisted Treatment
- Transportation
- **Program Goals:**
  - 125 clients linked to recovery housing and wraparound services per year
  - 80% of clients demonstrate willingness to follow therapist/treatment recommendations
  - 80% of clients demonstrate or verbalize understanding of addiction
  - 80% of clients modify negative behaviors
  - Clients adopt elements of healthy lifestyle changes
  - Client satisfaction with recovery process
- **Program Metrics:**
  - Clients demonstrate willingness to follow therapist/treatment recommendations: measured through OAARS (Scales 2, 6, 7, 8) and BAM
  - Clients demonstrate or verbalize understanding of addiction: measured through OAARS (Scale 4)
  - Clients modify negative behaviors: measured through OAARS (Scales 1, 3) and BAM
  - Clients adopt elements of healthy lifestyle changes: measured through OAARS (Scales 5, 9, 10) and BAM
  - Client satisfaction with recovery process: measured through BAM and Client Satisfaction Survey

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 62
  - **ADAMHS Funded Unduplicated Clients Served:** 50
  - **Total Number of Clients Served:** 50
  - **Total Number of Clients that Completed this Program/Service:** 26
- **Average Cost Per Client:** \$2,754
- **Additional Information:**
  - Although CTC has enrolled 50 of 62 at the six-month benchmark, CTC anticipates meeting or exceeding the 125 enrollment goal by end of 2021.

## **CY20 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 125
  - **Total Number of Clients that were Served:** 108
  - **Total Number of Clients that Completed this Program/Service:** 81

# CY22 Program Highlights and Outcomes

- **Goals Met:**
  - Based on 2020 data collection, CTC met five out of the six benchmarks. The benchmark that fell short was program enrollment (108/125 clients). During 2020, CTC experienced challenges related to COVID-19, including policies and COVID-19 mitigations impacting housing and the congregate living facility environment. In 2020, CTC did not receive as many referrals as in years past due to the pandemic. Additionally, many partner recovery homes and offsite locations were unable to accept new clients, which created a backlog of referrals. Since 2020, CTC has worked with community partner recovery homes to address concerns about COVID-19 and successful linkage to recovery housing with reduced wait times.
- **Metrics Used to Determine Success:**
  - Outcome and Assessment and Reporting System (OAARS)
  - Brief Addiction Monitor Tool
- **Program Successes:**
  - 108 out of 125 clients enrolled, which is 87% to target goal.
  - 73% of enrolled clients have successfully been discharged.
  - Of clients who successfully discharged, 86% of clients demonstrated willingness to following therapist/treatment recommendations with an overall improvement in behavior of 31.4% change from intake to discharge.
  - 89% of clients self-reported considerable/extreme confidence in ability to remain abstinent from drugs/alcohol.
  - Of clients who successfully discharged, 86% of clients self-reported improvement in understanding of addiction with an average improvement of 25.3% change from intake to discharge.
  - Of clients who successfully discharged, 86% of clients self-reported modification of negative behaviors with average improvement of 28.4% change from intake to discharge.
- **Average Cost Per Client in CY20:** \$2,550
- **Additional Information:**
  - CTC provides a multi-disciplinary team approach to the evaluation and treatment of chemical dependency, and has done so with this Recovery Housing project. CTC services are designed to help clients address and overcome chemical dependency and to assist them in developing strategies for maintaining a chemical-free lifestyle to enhance quality of life and recovery. Through this treatment philosophy, CTC has successfully provided a holistic approach to care coordination, housing and treatment to individuals affected by the opioid epidemic in Cuyahoga County.

## Hattie House - MAT Recovery Housing

- **Target Population:**
  - Individuals who are below 200% of the federal poverty level who abuse or are dependent on alcohol and drugs
- **Anticipated Number of Clients to be Served:** 24
- **Number of Staff Required to Implement Program:** 11

# CY22 Program Highlights and Outcomes

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The Cleveland Treatment Center has several Peer Recovery Supporters as well as clinical and case management staff who are familiar with the project and are cross trained. CTC can dedicate staff temporarily to these efforts should a person leave the organization. Currently, CTC does not have any staffing concerns and has trained staff who are currently operating this project and are prepared to implement the project in CY22.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - High Quality Housing
  - Care Responder Teams
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm Reduction Efforts and Strategies
  - Recovery and Treatment Services to Specialized Populations
  - Peer Support
  - Prevention and Early Intervention
  - Employment Programs
  - Medication Assisted Treatment
  - Transportation
- **Program Goals:**
  - 24 clients will engage, with 80% of clients successfully completing the program
  - Minimum 25% change in improvement in behavior from intake to discharge
  - 80% of clients demonstrate willingness to follow therapist/treatment recommendations
  - 80% of clients demonstrate or verbalize understanding of addiction
  - 80% of clients modify negative behaviors
  - 80% of clients adopt elements of healthy lifestyle changes
  - 80% client satisfaction with recovery process
- **Program Metrics:**
  - 24 clients linked to MAT Recovery Housing-Hattie House per year: measured and tracked using referrals, case management notes, enrollment intake, client milestones, BAM/OAARS
  - 80% of clients demonstrate willingness to follow therapist/treatment recommendations: measured through OAARS (Scales 2, 6, 7, 8) and BAM
  - 80% of clients demonstrate or verbalize understanding of addiction: measured through OAARS (Scale 4)
  - 80% of clients modify negative behaviors: measured through OAARS (Scales 1, 3) and BAM
  - 80% client satisfaction with recovery process

**First Six Months of CY21 Provider Outcomes:** N/A Not Funded in 2021

**Colors+ Youth  
Center and  
Colors+  
Counseling**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Colors + Youth Center and Colors + Counseling</b>			
LGBTQ+ Prevention and Treatment Groups	\$ -	\$ 29,520	Prevention
<b>Total</b>	<b>\$ -</b>	<b>\$ 29,520</b>	

# CY22 Program Highlights and Outcomes

## Colors+ Youth Center and Colors+ Counseling

Colors+ has various programs available for LGBTQ+ youth and allies and is strengthening LGBTQ+ youth and allies by promoting individual and community wellness.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### LGBTQ+ Prevention and Treatment Groups

The youth groups will allow youth to process exploration of experiences, both positive and negative; allow for a reinforcement of one's identity through art interventions; give youth the opportunity to learn how to use personal strengths and experiences to better manage present and future challenges, and to connect with others in the LGBTQ+ community to decrease social isolation. The treatment groups will allow LGBTQ+ adults who meet criteria for mood disorders, anxiety disorders, adjustment disorders, and trauma-related disorders to join together for group treatment to relieve, reduce and better manage some of their shared symptoms. Uses an LGBTQ+ Affirmative CBT model based on minority stress.

- **Target Population:**
  - Prevention: Children ages 4-9, children ages 10-17; Treatment: adults ages 18 and older, who are LGBTQ+ (lesbian, gay, bisexual, transgender, and queer in addition to other sex and gender minorities not specifically identified)
- **Anticipated Number of Clients to be Served: 50**
- **Number of Staff Required to Implement Program: 1**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Colors+ Counseling has not have had any staff vacancies since its conception. However, if one were to occur it could be easily filled by another clinician. In addition to one paid staff facilitating the group, the groups will be co-facilitated by an intern or regular volunteer who will be familiar with the group in the case of a vacancy.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
- **Program Goals:**
  - Assist individuals with identifying emotions
  - Reinforce one's identity through art interventions
  - Replace negative coping with positive coping, like art and emotional support of others
  - Connect with others in the LGBTQ+ community to decrease social isolation
  - Assess acceptance concerns, concealment motivation, identity uncertainty, internalized homonegativity, difficult process, identity superiority, identity affirmation, and identity



# CY22 Program Highlights and Outcomes

- centrality using an LGBTQ+ affirmative CBT model based on minority stress and the Lesbian, Gay, and Bisexual Identity Scale (LGBIS)
- Identify and define minority stress and learn about the adaptive nature of emotional responses to minority stress
- Use the CBT ARC 3 component model for tracking Antecedents, Responses, and Consequences
- Discuss and challenge automatic thoughts
- Decrease internalized stigma, identity concealment, and rejection sensitivity
- Introduce three relaxation techniques/mindfulness activities
- **Program Metrics:**
  - Youth will be able to identify five emotions they have experienced during the span of the group
  - Youth will be able to list at least three positive attributes about themselves when asked by facilitator
  - Parent and youth report via pre-tests and post-tests
  - Social isolation levels will be rated in the pre-tests and post-tests
  - Group members will list three instances of minority stress that they have experienced or that they anticipate; using the LGBTQ+ affirmative CBT model they will learn about the adaptive nature of emotional responses to minority stress
  - Group members will use a tracking sheet to track their experiences using this theory and model and discuss them during group
  - Group members will learn about automatic thoughts and cognitive distortions while in group
  - Lesbian, Gay, and Bisexual Identity Scale (LGBIS)
  - Group members will learn three relaxation techniques and practice outside of group, which will be monitored via self-report

**First Six Months of CY21 Provider Outcomes:** N/A – New Program

# **Community Action Against Addiction (CAAA)**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
Community Action Against Addiction (CAAA)			
<b>Pooled Funding:</b>			
SUD-Medication Assisted Treatment (MAT)	\$ -	\$ -	MAT
SUD-Residential Treatment Program	\$ -	\$ -	

# CY22 Program Highlights and Outcomes

## Community Action Against Addiction (CAAA)

Through medication-assisted treatment and therapy, Community Action Against Addiction provides individuals with substance use disorders the tools and resources necessary to combat and overcome their addiction to heroin and other opiates.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Medication Assisted Treatment for Opioid Use Disorders

Provides comprehensive professional SUD treatment services to people dependent on opiates and who, without treatment, are in danger of continued use of illicit substances. Treatment reduces the risk of overdose and death and improves the overall well-being and the quality of life of the clients served. Clients receive a daily dose of methadone based on their milligrams prescribed by a physician. They also attend individual and group counseling each month. All clients receive random urine screening during the month.

- **Target Population:**
  - Adults 18 years of age and older
- **Anticipated Number of Clients to be Served: 10**
- **Number of Staff Required to Implement Program: 6**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The agency utilizes the services of staffing agencies and reassign staff to cover vacant roles until the position is filled.
- **Funding Priority:**
  - Medication Assisted Treatment
- **Program Goals:**
  - Client is abstinent and uses MAT Medications only
  - Client demonstrates retention in treatment and is stabilized at steady dose state
  - Client has developed insight about addiction issues and has developed reliable coping techniques to sustain recovery practices
  - Decrease access barriers to persons seeking care into substance use disorder treatment
  - Expand agency service continuum to include residential MAT treatment
  - Provide relapse prevention and support to recovering individuals and their families
- **Program Metrics:**
  - 50% of UDS results show reduction in non MAT drug use
  - 80% of newly admitted clients remain in treatment past the initial 90 days

# CY22 Program Highlights and Outcomes

- 80% of clients attend at least one individual counseling session and four group counseling sessions monthly
- 80% of all new admissions occur within 3 days of initial contact
- At least 10 clients and/or family members attend CAAA hosted quarterly community engagement meetings

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 13
  - **ADAMHS Funded Unduplicated Clients Served:** 11
  - **Total Number of Clients Served:** 467
  - **Total Number of Clients that Completed this Program/Service:** 0
- **Average Cost Per Client:** \$3,566
- **Additional Information:**
  - Due to the ongoing pandemic, there continues to be a high level of uncertainty about the future health and wellbeing of the staff and clients. CAAA will continue to do everything in the agency's power to ensure health and safety for all.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 49
  - **Total Number of Clients that were Served:** 41
  - **Total Number of Clients that Completed this Program/Service:** 11
- **Goals Met:**
  - 100% of the OTP funding provided by ADAMHS Board was used to provide MAT services to clients. ADAMHS clients received daily MAT medications, group and individual counseling, blood serology, EKGs, physician visits and annual physicals, urinalysis, and case management services
- **Metrics Used to Determine Success:**
  - Biopsychosocial Assessment provide the evaluation and foundation for the client treatment, services and activities
  - Individual Treatment plan to set goals based on the assessment and track progress and outcomes of treatment
  - 90-day case reviews monitors progress
  - Assessment updates determine what accomplishments over the past 12 months and what goals were attained
  - Monthly random urine analysis to monitor client's ability to maintain ongoing abstinence and program compliance
  - Individual and group counseling sessions are conducted to focus on high quality recovery planning and relapse prevention skill development

# CY22 Program Highlights and Outcomes

- BAM surveys, client effectiveness surveys, client satisfaction surveys, staff satisfaction surveys, and referral agency satisfaction surveys were used
- Successful program completion involve client's ability to maintain uninterrupted sobriety and manage addiction seeking behaviors, engage in treatment programs, maintain stable living environment and engage with employment service providers.
- **Program Successes:**
  - In 2020, the program remained open throughout the pandemic providing recovery support through treatment and therapy to an average of 474 unique individuals monthly. This number includes approximately 41 ADAMHS Board funded clients.
  - 100% of the clients attended at least one individual and/or group therapy session during the reporting time period.
- **Average Cost Per Client in CY20:** \$4,878
- **Additional Information:**
  - This MAT program met an important need and filled a gap for individuals struggling with SUD in Cuyahoga County by providing them with tools and resources necessary to combat and overcome their addiction to heroin and other opiates. This program is an expensive undertaking. The funding did not cover the cost of operation - most of which is due to the impact of the COVID-19 pandemic in 2020. Despite the challenges, the program kept the agency's commitment of keeping our doors open and to deliver services in-person and via telehealth to patients.

## **Medication Assisted Treatment - SUD Residential Treatment Program**

The purpose of CAAA is to provide comprehensive, professional SUD residential treatment services to people dependent on opiates and who without treatment are in danger of continued use of illicit substances. Treatment reduces the risk of overdose and death and improves the overall well-being and the quality of life of the clients served. Clients receive a daily dose of methadone based on their prescription by a physician. They also attend high intensity (Level 3.5) clinically managed inpatient care including individual and group counseling, case management and crisis intervention. All clients randomly received urine screens during the month.

- **Target Population:**
  - Individuals in Northeast Ohio who are 18 years of age and older
- **Anticipated Number of Clients to be Served:** 100
- **Number of Staff Required to Implement Program:** 14
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CAAA will utilize the services of staffing agencies and reassign staff to cover the vacant roles until the position is filled.
- **Funding Priority:**
  - Medication Assisted Treatment
- **Program Goals:**
  - Client is abstinent and uses MAT drugs only

# CY22 Program Highlights and Outcomes

- Client demonstrates retention in treatment and is successfully discharged to outpatient care
- Client has developed insight about addiction issues and has developed reliable coping techniques
- Decrease access barrier for persons seeking care into substance use disorder treatment
- Expand agency service continuum to include 24-hours per day, 7-days per week access, assessment and referral services
- Provide relapse prevention and support to recovering individuals and their families
- Client is satisfied with services provided
- Stakeholders are satisfied with CAAA services
- **Program Metrics:**
  - 50% of urine drug screening (UDS) results show reduction in non-MAT drug use
  - 80% of newly admitted clients remain in treatment past the initial 30 days
  - 80% of clients attend individual counseling session and group counselling sessions monthly
  - 80% of all new admissions occur within three days of initial contact
  - 80% (eight out of 10) of the residential treatment beds will be occupied
  - At least 10 clients and/or family member attend CAAA-hosted quarterly community engagement meetings
  - 80% of client respondents agree or strongly agree to survey question regarding satisfaction with services provided
  - 80% of stakeholder respondents agree or strongly agree to survey question regarding satisfaction with services provided

**First Six Months of CY21 Provider Outcomes:** N/A - New Program

Provider:	<b>Community Action Against Addiction</b>	2020 First Outcome Count:	<b>27</b>	2021 First Outcome Count:	<b>3</b>
Instrument:	<b>Brief Addiction Monitor</b>	2020 Final Outcome Count:	<b>15</b>	2021 Final Outcome Count:	<b>3</b>
Program:	<b>Substance Use Disorder Treatment</b>	2020 % of Final:	<b>55.56%</b>	2021 % of Final:	<b>100%</b>

The Brief Addiction Monitor (BAM) is a measurement instrument originally designed for the Veterans Administration to provide an assessment of substance use disorder among adults (18+ years). The instrument is used to monitor progress and help guide treatment.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Adults (18+ years)	2020	Drug Use	1.79	0.64	-1.14	Not Significant
Adults (18+ years)	2020	Protective	15.07	14.47	-0.6	Not Significant
Adults (18+ years)	2020	Risk	5.8	5.13	-0.67	Not Significant
Adults (18+ years)	2021	Drug Use	1.33	1	-0.33	Not Significant
Adults (18+ years)	2021	Protective	13.67	16.67	3	Significant at p<.05
Adults (18+ years)	2021	Risk	6.67	8.67	2	Not Significant



**Community  
Assessment &  
Treatment  
Services (CATS)**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Community Assessment &amp; Treatment Services (CATS)</b>			
Modified Therapeutic Community	\$ 66,744	\$ 150,000	
Sober Living	\$ -	\$ 84,784	Housing
<b>Total</b>	<b>\$ 66,744</b>	<b>\$ 234,784</b>	
<b>Pooled Funding:</b>			
Room and Board	\$ -	\$ -	Housing
Drug Court Sustainability	\$ -	\$ -	Specialized Pop.
SUD Residential Treatment	\$ -	\$ -	
Outpatient SUD Treatment	\$ -	\$ -	

# CY22 Program Highlights and Outcomes

## Community Assessment & Treatment Services, Inc. (CATS)

Community Assessment & Treatment Services (CATS) provides Alcohol and Other Drugs (AOD) Intensive Outpatient (IOP) Treatment Program and residential treatment services to referrals from Drug Court, the community and adult probation staff.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Mental Health Enhanced Substance Use Residential Treatment, formerly called Modified Therapeutic Community (MTC)

Previously known as the Modified Therapeutic Community (MTC), this provides residential treatment for substance use disorders at an ASAM 3.1 level delivered in compliance with CARF standards for individuals who would otherwise not have access to needed services. It provides integrated mental health treatment (psychiatry) to address barriers to recovery posed by severe mental illness. The program was effective, consistently meeting benchmarks for success. It was a modification of a therapeutic community, providing mental health services and accommodations for clients whose symptoms of mental illness prohibited successful engagement and retention. Now revised to serve all residential clients, regardless of what specific program in which they are enrolled, this provides quick access to psychiatry, regardless of insurance coverage. Service array consists of all SUD residential services: assessment, group and individual counseling, urinalysis, crisis intervention and case management. In addition, client receive mental health assessments, group and individual counseling and psychotropic medication. Funding is grant oriented and pays for the salary of the psychiatrist and psychotropic medication until medical benefits are available.

- **Target Population:**
  - Ages 18 years and older that meet Diagnostic and Statistical Manual (DSM) criteria for both substance use and mental health disorders
- **Anticipated Number of Clients to be Served:** 120
- **Number of Staff Required to Implement Program:** 2
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS hires on a continuous basis. Internal and external sources will fill positions that are necessary and utilize current staff to fill in until a candidate is hired for the position. In addition, CATS operates as a field site and accepts interns from CWRU, CSU, UA, John Carroll, Tri-C and online educational programs. The agency often recruits from its interns and accesses the schools' databases to post open positions.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations

# CY22 Program Highlights and Outcomes

- 24 Hours/Seven Days Access
- Medication Assisted Treatment
- **Program Goals:**
  - 100% of clients will have access to psychiatry, regardless of medical coverage
- **Program Metrics:**
  - Actual number of clients with access to psychiatry

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 66
  - **ADAMHS Funded Unduplicated Clients Served:** 66
  - **Total Number of Clients Served:** 66
  - **Total Number of Clients that Completed this Program/Service:** 28
- **Average Cost Per Client:** \$506
- **Additional Information:**
  - Evidenced-based practices include Residential Drug Abuse Program (RDAP), Seeking Safety (Trauma-Informed), Straight Ahead (SUD), Gorski's Relapse Prevention, Medication Assisted Treatment (MAT), Thinking For a Change (T4C), Bridges to Recovery (applying EBP to 12-steps), Motivational Enhancement, as well as Morning Meditation and Evening Closure groups drawn from therapeutic community literature.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 21
  - **Total Number of Clients that were Served:** 56
  - **Total Number of Clients that Completed this Program/Service:** 27
- **Goals Met:**
  - 100% had access to needed services (100% goal), 70% had a decrease in risk factors (65% goal), and 85% had an increase in protective factors (65% goal).
- **Metrics Used to Determine Success:**
  - 30 days consecutive negative UA screens and no new criminal charges
- **Program Successes:**
  - 55% success rate; for those who successfully completed the program: Brief Addiction Monitor (BAM) data: 100% had a decrease in use, 70% had a decrease in risk factors, and 85% had an increase in protective factors.
- **Average Cost Per Client in CY20:** \$1,192
- **Additional Information:**
  - N/A

# CY22 Program Highlights and Outcomes

## Room and Board

This program funds room and board for clients requiring a residential level of care. CATS provides two residential levels of care: ASAM 3.1, low intensity residential services, and 3.5, high intensity residential services. Per ASAM criteria, neither level of care provides for room and board, an obvious and essential element of residential treatment. The room and board provides a safe environment in which risk factors associated with continued use and relapse of substances are greatly reduced and protective factors flourish. The service array consists of the 24-hour per day, 7-days per week physical operations that the facility must provide to maintain the security, maintenance and health and safety standards in which the food services are in compliance with laws, codes and certifications. These services are mandated and audited by the Ohio Department of Health, OhioMHAS and the Commission on the Accreditation of Rehabilitation Facilities, American Correction Association.

- **Target Population:**
  - Adults 18 years and older
- **Anticipated Number of Clients to be Served: 293**
- **Number of Staff Required to Implement Program: 41**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS recruits on a continuous basis and promotes from within and uses employee referrals as well as other recruiting sources. Staff are dedicated and will fill in on various shifts to ensure coverage and continuity of services. In addition, CATS operates as a field site and accepts interns from CWRU, CSU, UA, John Carroll, Tri-C and online educational programs. The agency often recruits from its interns and accesses the schools' databases to post open positions.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - High Quality Housing
  - Community and Crisis Residential Services
  - Recovery and Treatment Services to Specialized Populations
  - 24 Hours/Seven Days Access
- **Program Goals:**
  - 100% of clients active in ASAM 3.5 and 3.1 levels of care will have room and board
  - 75% of clients will reduce factors associated with continuing or relapsing substance use
  - 75% of clients will increase factors associated with achieving or maintaining sobriety
- **Program Metrics:**
  - Number of clients receiving room and board
  - Risk factors subscale of the Brief Addiction Monitor (BAM)
  - Protective factors subscale of the Brief Addiction Monitor (BAM)

# CY22 Program Highlights and Outcomes

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 269
  - **ADAMHS Funded Unduplicated Clients Served:** 122
  - **Total Number of Clients Served:** 122
  - **Total Number of Clients that Completed this Program/Service:** 106
- **Average Cost Per Client:** \$1,407
- **Additional Information:**
  - The room and board provides a safe environment in which risk factors associated with continued use and relapse of substances are greatly reduced and protective factors flourish. In accordance with Maslow's hierarchy of needs, basic needs such as shelter and food must be met before clients can work on higher needs such as self-efficacy and recovery.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 120
  - **Total Number of Clients that were Served:** 239
  - **Total Number of Clients that Completed this Program/Service:** 112
- **Goals Met:**
  - 100% of clients had room and board while participating in ASAM 3.5 and/or 3.1 level of care substance use treatment (100% goal)
- **Metrics Used to Determine Success:**
  - 30 days consecutive negative UA screens and no new criminal charges
- **Program Successes:**
  - 100% success rate; all clients participating in ASAM 3.5 and 3.1 levels of care had room and board
- **Average Cost Per Client in CY20:** \$1,674
- **Additional Information:**
  - Same as CY21.

## SUD Residential Treatment

This program provides residential treatment for substance use disorders at an ASAM 3.5 or 3.1 level delivered in compliance with CARF standards for individuals who would otherwise not have access to needed services. The service array consists of diagnostic evaluations, crisis intervention, intensive outpatient group counseling, group counseling, individual counseling, case management, peer support and urinalysis, delivered by Independent and/or Supervised Practitioners that are state licensed. Evidence-based practices include Residential Drug Abuse Program (RDAP), Seeking Safety (Trauma-Informed), Straight Ahead (SUD), Gorski's Relapse Prevention, Medication Assisted

# CY22 Program Highlights and Outcomes

Treatment (MAT), Thinking For a Change (T4C), Bridges to Recovery (applying EBP to 12-steps) and Motivational Enhancement.

- **Target Population:**
  - Ages 18 years and older
- **Anticipated Number of Clients to be Served: 5**
- **Number of Staff Required to Implement Program: 21**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS recruits on a continuous basis and promotes from within and uses employee referrals as well as other recruiting sources. Staff are dedicated and will fill in on various shifts to ensure coverage and continuity of services. In addition, CATS operates as a field site and accepts interns from CWRU, CSU, UA, John Carroll, Tri-C and online educational programs. The agency often recruits from its interns and accesses the schools' databases to post open positions.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Community and Crisis Residential Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - 24 Hours/Seven Days Access
  - Medication Assisted Treatment
- **Program Goals:**
  - 100% of clients will have access to needed SUD services regardless of insurance status or HMO approval for continued treatment
  - 75% of clients will reduce factors associated with continuing or relapsing substance use
  - 75% of clients will increase factors associated with achieving or maintaining sobriety
- **Program Metrics:**
  - Number of clients accessing or continuing SUD services
  - Risk factors subscale of the Brief Addiction Monitor (BAM)
  - Protective factors subscale of the Brief Addiction Monitor (BAM)

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 4**
  - **ADAMHS Funded Unduplicated Clients Served: 1**
  - **Total Number of Clients Served: 1**
  - **Total Number of Clients that Completed this Program/Service: 1**
- **Average Cost Per Client: \$2,335**

# CY22 Program Highlights and Outcomes

- **Additional Information:**
  - This program provides residential treatment for substance use disorders at an ASAM 3.5 level delivered in compliance with CARF standards for individuals who would otherwise not have access to needed services. Those with substance abuse disorders frequently lack Medicaid. This commonly occurs when their symptoms are the strongest, meaning they don't have medical coverage when they need it most.

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 7**
  - **Total Number of Clients that were Served: 4**
  - **Total Number of Clients that Completed this Program/Service: 2**
- **Goals Met:**
  - 100% of clients had access to SUD treatment regardless of Medicaid coverage (100% goal), 100% of clients who successfully complete the program had an increase in protective factors associated with SUD (65% goal), 100% of clients who successfully complete the program had a decrease in risk factors associated with SUD (65% goal).
- **Metrics Used to Determine Success:**
  - 30 days consecutive negative UA screens and no new criminal charges
- **Program Successes:**
  - 50% success rate; 100% of the clients who successfully completed the program had a decrease in use and risk factors and an increase in protective factors (BAM data)
- **Average Cost Per Client in CY20:** \$3,188
- **Additional Information:**
  - Same as CY21.

## **Drug Court Sustainability**

This program provides Substance Use Disorder (SUD) as part of larger Drug Court Specialty Dockets. This model is evidence-based and is on the SAMHSA National Registry of Evidence Based Practices. The program is in collaboration with Cuyahoga County Court of Common Pleas specialty dockets. SUD treatment is provided through a wide array of ASAM criteria ranging from 1.0 (outpatient) through 3.5 (high intensity residential). The service array consists of diagnostic assessments, IOP group counseling, group counseling, case management, peer support, urinalysis, peer support and Medication Assisted Treatment (MAT), delivered by Independent and/or Supervised Practitioners that are state licensed. In addition, the program includes funding a liaison to the courts, an essential element of the model in which the treatment provider and the criminal justice personnel are integrated into one team.

- **Target Population:**
  - Adults ages 18 and over
- **Anticipated Number of Clients to be Served: 12**
- **Number of Staff Required to Implement Program: 25**



# CY22 Program Highlights and Outcomes

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS recruits on a continuous basis and promotes from within and uses employee referrals as well as other recruiting sources. Staff are dedicated and will fill in on various shifts to ensure coverage and continuity of services. In addition, CATS operates as a field site and accepts interns from CWRU, CSU, UA, John Carroll, Tri-C and online educational programs. The agency often recruits from its interns and accesses the schools' databases to post open positions.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Community and Crisis Residential Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - 24 Hours/Seven Days Access
  - Peer Support
- **Program Goals:**
  - 75% of clients will achieve sobriety
  - 75% of clients will reduce factors associated with continuing or relapsing substance use
  - 75% of clients will increase factors associated with achieving or maintaining sobriety
- **Program Metrics:**
  - SUD use subscale of the Brief Addiction Monitor (BAM)
  - Risk factors subscale of the Brief Addiction Monitor (BAM)
  - Protective factors subscale of the Brief Addiction Monitor (BAM)

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 6**
  - **ADAMHS Funded Unduplicated Clients Served: 1**
  - **Total Number of Clients Served: 1**
  - **Total Number of Clients that Completed this Program/Service: 1**
- **Average Cost Per Client:** \$10,520
- **Additional Information:**
  - Clinicians provide access to multiple levels of care to this population, which is a crucial element of the model, as it provides the ability to respond to changing treatment needs of the individual within one single treatment episode, providing a continuity of care. In addition, the program includes a liaison to the courts, an essential element of the model in which the treatment provider and the criminal justice personnel are integrated into one team.

# CY22 Program Highlights and Outcomes

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 5
  - **Total Number of Clients that were Served:** 5
  - **Total Number of Clients that Completed this Program/Service:** 4
- **Goals Met:**
  - 100% of clients had access to needed care (100% goal), 75% of clients had a decrease in risk factors associated with SUD (75% goal), and 71% of clients had an increase in protective factors associated with SUD (75% goal).
- **Metrics Used to Determine Success:**
  - 30 days consecutive negative UA screens and no new criminal charges
- **Program Successes:**
  - 80% successfully completed the program; for those who successfully completed the program, Brief Addiction Monitor (BAM) data: 100% had a decrease in use, 75% had a decrease in risk factors, and 71% had an increase in protective factors.
- **Average Cost Per Client in CY20:** \$5,000
- **Additional Information:**
  - Same as CY21.

## Sober Living

This is a Level-III sober living setting which is housed in CATS' residential units. It is temporary in nature, giving time and space for the client to secure permanent safe and sober housing, something that is very challenging to do while their focus is on skill-building during residential treatment. CATS provides a safe space for them stay while engaged in outpatient services and practicing learned recovery skills in the community. Room and board are provided free of charge for the first 30 days. Afterward, clients must pay for room and board in preparation for independent living. As part of a continuum of care provided by CATS, there is quick and effective placement into higher levels of care when needed, so that substance use needs are continuously met without interruption. Funding will be used to employ a house manager to provide monitoring, motivational enhancement and coaching.

- **Target Population:**
  - Adults 18 and over
- **Anticipated Number of Clients to be Served:** 96
- **Number of Staff Required to Implement Program:** 3
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS recruits on a continual basis. In addition, the agency has clinical staff onboard with the proper credentials, who can step in to ensure continuity of service for clients, until the position is filled.

# CY22 Program Highlights and Outcomes

- **Funding Priority:**
  - High Quality Housing
  - Peer Support
- **Program Goals:**
  - 70% of clients will maintain sobriety
  - 70% of clients will transition to safe and sober housing
- **Program Metrics:**
  - Urinalysis results
  - Actual number of clients who transition to safe and sober housing

**First Six Months of CY21 Provider Outcomes:** N/A - New Program

## **Outpatient SUD Treatment**

This program provides outpatient treatment for substance use disorders at an ASAM 2.1 and/or 1.0 level delivered in compliance with CARF standards for individuals who would otherwise not have access to needed services. The service array consists of diagnostic evaluations, crisis intervention, intensive outpatient group counseling, group counseling, individual counseling, case management, peer support and urinalysis, delivered by Independent and/or Supervised Practitioners that are state licensed. Evidence-based practices include the outpatient follow-up to Residential Drug Abuse Program (RDAP), Recovery from Trauma, Addiction or both, Gorski's Relapse Prevention, Medication Assisted Treatment (MAT), and Bridges to Recovery (applying EBP to 12-steps). Provides transportation assistance via bus tickets and ride share programs.

- **Target Population:**
  - Adults 18 and over
- **Anticipated Number of Clients to be Served: 30**
- **Number of Staff Required to Implement Program: 12**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - CATS recruits on a continuous basis and promotes from within and uses employee referrals as well as other recruiting sources. Staff are dedicated and will fill in on various shifts to ensure coverage and continuity of services. In addition, CATS operates as a field site and accepts interns from CWRU, CSU, UA, John Carroll, Tri-C and online educational programs. The agency often recruits from its interns and accesses the schools' databases to post open positions.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Peer Support
  - Medication Assisted Treatment
  - Transportation

# CY22 Program Highlights and Outcomes

- **Program Goals:**
  - 100% of clients will have access to needed SUD services regardless of insurance status
  - 75% of clients will reduce factors associated with continuing or relapsing substance use
  - 75% of clients will increase factors associated with achieving or maintaining sobriety
  - 100% of clients will have transportation back and forth to treatment
- **Program Metrics:**
  - Number of clients accessing SUD services
  - Risk factors subscale of the Brief Addiction Monitor (BAM)
  - Protective factors subscale of the Brief Addiction Monitor (BAM)
  - Actual number of clients who have transportation back and forth to treatment

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 44**
  - **ADAMHS Funded Unduplicated Clients Served: 27**
  - **Total Number of Clients Served: 27**
  - **Total Number of Clients that Completed this Program/Service: 17**
- **Average Cost Per Client:** \$1,644
- **Additional Information:** N/A

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served: 44**
  - **Total Number of Clients that were Served: 27**
  - **Total Number of Clients that Completed this Program/Service: 15**
- **Goals Met:**
  - 100% of clients had access to SUD treatment regardless of Medicaid coverage (100% goal), 100% of clients had decrease in risk factors associated with SUD (65% goal), and 75% of clients had an increase in protective factors associated with SUD (65% goal)
- **Metrics Used to Determine Success:**
  - 30 days consecutive negative UA screens and no new criminal charges
- **Program Successes:**
  - 56% success rate for those who successfully completed the program. Brief Addiction Monitor (BAM) data: 100% had a decrease in use and risk factors, 75% had an increase in protective factors.
- **Average Cost Per Client in CY20:** \$1,631
- **Additional Information:** N/A

Provider:	<b>Community Assessment &amp; Treatment Services</b>	2020 First Outcome Count:	<b>230</b>	2021 First Outcome Count:	<b>82</b>
Instrument:	<b>Brief Addiction Monitor</b>	2020 Final Outcome Count:	<b>65</b>	2021 Final Outcome Count:	<b>4</b>
Program:	<b>Substance Use Disorder Treatment</b>	2020 % of Final:	<b>28.26%</b>	2021 % of Final:	<b>4.88%</b>

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The Brief Addiction Monitor (BAM) is a measurement instrument originally designed for the Veterans Administration to provide an assessment of substance use disorder among adults (18+ years). The instrument is used to monitor progress and help guide treatment.

Population	Evaluation Year	Subscale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Adults (18+ years)	2020	Drug Use	4.18	0.85	-3.34	Significant at p<.05
Adults (18+ years)	2020	Protective	11.14	12.43	1.29	Not Significant
Adults (18+ years)	2020	Risk	10.22	5.98	-4.23	Significant at p<.05
Adults (18+ years)	2021	Drug Use	2	0.75	-1.25	Not Significant
Adults (18+ years)	2021	Protective	10.75	11	0.25	Not Significant
Adults (18+ years)	2021	Risk	9.75	7.75	-2	Not Significant

# **Cornerstone of Hope**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Cornerstone of Hope</b>			
Bereavement Support Group	\$ 67,000	\$ 40,000	Prevention
Bereavement Youth Summer Camp	\$ -	\$ 25,000	Trauma Informed
Suicide Loss/Overdose Educational Series	\$ -	\$ 15,000	Prevention
<b>Total</b>	<b>\$ 67,000</b>	<b>\$ 80,000</b>	

# CY22 Program Highlights and Outcomes

## Cornerstone of Hope

Cornerstone of Hope's goal is to make life and living possible again and to find new hope after the loss of a loved one.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### **Traumatic Loss Bereavement Support Groups - Overdose, Suicide, Murder, and Complicated Loss**

Each group is facilitated by two professional facilitators and run weekly for 10 weeks for 120 minutes each session, for grieving individuals who have lost a loved one due to overdose, suicide, murder, or lost someone with whom there was a strained relationship. Provides professional interventions and peer support. As participants move through the curriculum, they learn healthy coping strategies and mitigate negative effects of bereavement. After receiving critical grief support, individuals will likely be able to identify healthy grief reactions, resume productivity and focus on their normal activities, such as work, caregiving, and community engagement. By learning healthy coping strategies, individuals have less chance of developing depression or taking on negative behaviors such as substance abuse. With the ability to develop healthy coping strategies, bereavement support services are preventative and can disrupt cycles of substance abuse that can exist within families and communities.

- **Target Population:**
  - Adults who have experienced the death of a loved one due to overdose, suicide, murder or for whom the relationship was strained
- **Anticipated Number of Clients to be Served: 70**
- **Number of Staff Required to Implement Program: 18**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Full-time program staff include a Clinical Director and Support Group Facilitator. If there is a vacancy for one of these positions, organizational staff will take on the roles and responsibilities needed to keep the Traumatic Loss Support Group Program running fully.
- **Funding Priority:**
  - Peer Support
- **Program Goals:**
  - Cornerstone of Hope will provide 10 quarterly sessions for each of its Traumatic Loss Bereavement Support Groups (Suicide, Overdose, Murder, and Complicated Loss)
  - After completing the program, support group participants will be able to express grief reactions, experience peer support, heal from loss and trauma, and move forward with hope



# CY22 Program Highlights and Outcomes

- **Program Metrics:**

- Serving 60-80 individuals who have experienced the loss of a loved one to overdose, suicide, murder, etc., in our Traumatic Loss Support Group Program
- 100% of clients will share their experiences and feelings surrounding loss in a safe environment
- 100% of clients will experience peer support
- >90% of clients will learn healthy coping strategies
- 80% of support group clients will report that they feel able to take care of themselves during their grief
- >75% of group clients will report an increase in their overall ability to cope with grief and move forward

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served: 0**
- **ADAMHS Funded Unduplicated Clients Served: 0**
- **Total Number of Clients Served: 34**
- **Total Number of Clients that Completed this Program/Service: 34**

- **Average Cost Per Client:** N/A

- **Additional Information:**

- Bereavement support group programs continue to receive many clients who have experienced loss of a loved one to overdose, suicide, murder, and complicated loss. This year in particular, Cornerstone has many clients seeking support for suicide loss. For the support group program, Cornerstone is seeing an increase in groups who continue to meet beyond the official group program, which is an indication that the peer support experienced in this program is powerful.
- Within the groups, grieving individuals can express their true emotions surrounding their loss, which are often raw and painful. Facilitators can help normalize the grief feelings and provide education on coping strategies. Specifically, individuals who have experienced the loss of a loved one due to overdose or suicide may have feelings of guilt and shame for not being able to prevent the loss. For individuals who have had a complicated relationship with their deceased, they can express feelings of ambivalence and work through feelings and emotions surrounding the strained relationship.
- Traumatic Loss support group clients come primarily from Cuyahoga County, and approximately half of the clients are mid- to lower-income level. Cornerstone offers a peaceful and homelike environment at its support groups and provides dinner and refreshments to reduce barriers for grieving individuals to access care and provide additional time for peer support. Support groups are free of charge, excluding an intake assessment, which enables people of all income levels to access care.
- Over the years, Cornerstone built up a qualified group of support group facilitators who run the Traumatic Loss Groups. If one or more of the facilitators are not able to run a group, other facilitators will ensure that groups continue. The only time Cornerstone was

# CY22 Program Highlights and Outcomes

not able to run a Traumatic Loss Group was for one quarter during the COVID-19 business shutdown and was immediately resumed upon reopening. The Traumatic Loss Support Groups are an essential service for clients.

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 70
  - **Total Number of Clients that were Served:** 48
  - **Total Number of Clients that Completed this Program/Service:** 48
- **Goals Met:**
  - Due to COVID, the agency served fewer clients than they would have typically. However, in other quarters, the agency had a steady group of interested participants. Also, there were not enough individuals to run a murder loss group; however, clients were offered individual counseling. Within the groups, specialized curriculum are offered that address the unique emotions and feelings that come from suicide, overdose, and murder loss. These emotions can vary greatly from normal bereavement and can be raw and painful. These emotions include guilt, shame, anger, regret, and feeling an unworthiness to grieve, amongst many other emotions. Within the groups, griever can express their feelings and tell their story in a safe place without judgment. Facilitators work with all group participants to validate their feelings and emotions and to normalize their grief reactions.
- **Metrics Used to Determine Success:**
  - Metrics include number of grievers served in the traumatic loss bereavement support group program and post-group efficacy survey results (increase in ability to express feelings, utilize peer support and a support system, use healthy coping strategies, take care of oneself, fulfill job and household duties, and regain hope and a decrease in negative feelings, feelings of numbness, feelings that grief is overwhelming).
- **Program Successes:**
  - Individuals grieving a loss due to overdose, suicide, murder or complicated loss will have access to professionally-led bereavement support groups – 48 grieving individuals were served in the bereavement support group program.
  - Individuals grieving a loss due to overdose, suicide, murder, or complicated loss will attend bereavement support groups in a comfortable and hospitable environment – 48 grieving individuals were served in the support group program consisting of 10 sessions each and including dinner and refreshments at each session.
  - Support group participants will experience emotional support, healing, and regain hope. The post-group evaluations showed that individuals report an overall increase in their ability to identify thoughts and feelings about loss, identify and communicate feelings and thoughts regarding grief, trust others, make new friends or pursue new interests, can use coping skills to manage grief, know how to take care of themselves in their grief, and the participants report a decrease in feelings of numbness or feeling that life is unfulfilling.
- **Average Cost Per Client in CY20:** \$1,396

# CY22 Program Highlights and Outcomes

- **Additional Information:**

- Cornerstone sees the need to offer its Traumatic Loss Support Group, especially surrounding overdose and suicide, and will continue to update the curriculum to meet the needs of clients, and work with community partners to identify support group participants.

## **Bereavement Youth Summer Camp**

Camps provide grieving youth with the compassionate help of professional grief counselors in individual settings and in peer groups with other children who share a similar experience of loss. The objective of this program is that each child served will increase their knowledge of healthy coping skills, decrease feelings of depression and increase self-esteem. Camp Cornerstone is a combination of grief support and traditional camp activities, with grief therapy in the mornings, field trips in the afternoons, and plenty of fun activities. Children have access to therapeutic interventions led by professional master's level counselors. Camp Erin is the largest national bereavement program for youth grieving the death of a significant person in their lives. Children and teens ages 6-17 attend a transformational weekend camp led by grief professionals and trained volunteers.

- **Target Population:**

- Children and teens ages 6-17 who have experienced the loss of a loved one

- **Anticipated Number of Clients to be Served: 85**

- **Number of Staff Required to Implement Program: 12**

- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**

- When Cornerstone had staff vacancies in the past, they were filled with existing staff clinicians and support personnel. This Camp is an essential priority to the organization, which was built on the idea that grieving children are one of the most vulnerable client populations.

- **Funding Priority:**

- Wrap-around Behavioral Health Services for Youth

- **Program Goals:**

- To provide a quality, professionally led bereavement camp program for grieving children and teens in Northeast Ohio combining both grief care and fun and engaging activities
- To provide therapeutic interventions to children and teens who have lost a loved one, and potentially underwent trauma in relation to their loss

- **Program Metrics:**

- To serve >80 grieving children in Camp Cornerstone and Camp Erin programs
- 100% of children participate in grief therapies and memorial activities and learn healthy coping skills
- 90% or more of children and teens will identify at least two healthy coping skills
- 90% or more of children and teens will share their feelings of grief and/or their story of loss
- 75% or more of children and teens will report a decrease in negative grief reactions

# CY22 Program Highlights and Outcomes

- Children's grief reactions will be normalized
- Children will discuss their feelings of grief with others
- Children will form relationships with other members of the group

**First Six Months of CY21 Provider Outcomes:** N/A - New Program

## **Suicide and Overdose Loss Educational Series**

Informational series for adults looking to learn more about suicide or overdose, or for those grieving the loss of a loved one to suicide or overdose. A smaller group of suicide survivors may be at risk of severe psychological distress and suicidal behavior. By discussing suicide loss, presenting educational information, and normalizing grief reactions for participants who are processing loss, survivors can feel that they are supported and equipped with more information to help them cope with grief, and some of the risks can be prevented. The topics covered in the Suicide Series include Understanding Suicide Loss; Children, Teens & Suicide Loss; The Suicidal Mind; Forgiving Your Loved One; Forgiving Yourself; and Grief and Gratitude.

- **Target Population:**
  - Grieving adults who have lost a loved one to suicide or overdose as well as professionals who work with bereaved and first responders
- **Anticipated Number of Clients to be Served: 90**
- **Number of Staff Required to Implement Program: 1**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Clinical Director, Ryan Edlind, as well as Executive Director, Julia Ellifritt, are also equipped to run these educational series if Pete Bliss cannot.
- **Funding Priority:**
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Harm reduction efforts and strategies
  - Prevention and early intervention
- **Program Goals:**
  - Present educational material surrounding suicide loss and overdose loss in 10-12 sessions during the year to grieving individuals or individuals wanting to learn more about these types of loss
  - Answer questions, engage participants, and enable participants to process experiences and their feelings
- **Program Metrics:**
  - 10-12 sessions will be held throughout the year serving 75+ individuals
  - >90% of participants in the series will report learning facts and mental health circumstances surrounding suicide or overdose loss
  - >90% of participants in the series will report learning the unique grief reactions and experiences that can come from surviving those losses

**First Six Months of CY21 Provider Outcomes:** N/A - New Program

# **Courage to Caregivers, Inc.**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Courage to Caregivers, Inc.</b>			
Support Groups for Mental Illness Caregivers	\$ 20,000	\$ 25,000	Prevention
<b>Total</b>	<b>\$ 20,000</b>	<b>\$ 25,000</b>	

# CY22 Program Highlights and Outcomes

## Courage to Caregivers

Courage to Caregivers is a Support Group Program.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Support Groups for Mental Illness Caregivers

Curriculum-based support groups are co-facilitated by both a professional (licensed counselor or social worker) and a trained peer specialist volunteer who has experience caring for a loved one living with mental illness. Curriculum includes 12 themes and 40 topics focused on building resilience in caregivers. It is evidence-based and was developed and is delivered with trauma-informed care best practices. Current curriculum is based on the six Domains of Resilience - Vision, Composure, Reasoning, Health, Tenacity and Collaboration. Groups begin with a brief check-in where caregivers can report any challenges or wins for the week. Leaders then provide an overview of the resilience topic and invite a vigorous discussion. Each month clients are invited to set goals based on that month's theme and topics, and report at the end of the month their success or barriers to success.

- **Target Population:**
  - Caregivers ages 18+
- **Anticipated Number of Clients to be Served: 60**
- **Number of Staff Required to Implement Program: 5**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - Since programs are currently virtual, clients can attend on the night of their choosing. Were a staff vacancy to occur, staff would be able to shift clients to other evenings. The agency also has a list of qualified, credentialed substitute support group leaders who are used to cover groups during scheduled time off for permanent leaders who can cover on either a permanent or temporary basis.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Prevention and early intervention
- **Program Goals:**
  - Decrease the stress of caregiving and caregiver burden for mental illness caregivers.
  - Improve satisfaction with life for those who care for a loved one living with mental illness. (Satisfaction with life is defined as: the way in which people show their emotions, feelings/moods and how they feel about their directions and options for the future.)

# CY22 Program Highlights and Outcomes

- Increase coping skills aimed at building resilience, for mental illness caregivers to better take care of their own emotional health and overall health and well-being.
- **Program Metrics:**
  - Measure the percentage change in stress of caregiving using a simple scale where clients rate their stress of caregiving from 0-10 with 0 being the lowest level of caregiving stress and 10 being the highest level of caregiving stress, before and after participation in support group weekly. Use the Perceived Stress Scale at intake and monthly to measure stress.
  - Improved satisfaction with life is assessed in a narrative form during End of Year (EOY) or End of Program Participation interviews conducted by program staff. Questions asked: Has participation in Courage to Caregivers Support Group program improved your satisfaction with life? (Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree); and, In your own words, how has the program increased your satisfaction with life?
  - Using Motivational Interviewing skills, support group leaders help clients in setting personal goals of their choice monthly with check-ins weekly during the beginning of the group, with final reporting during the last week of the month. Number of personal goals achieved is recorded in monthly attendance records. This is assessed in a narrative form during End of Year (EOY) or End of Program Participation interviews conducted by program staff. Questions asked: Has participation in Courage to Caregivers Support Group program assisted you in developing new coping skills and greater resilience as a caregiver? (Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree); In your own words, how has the program assisted you in developing new coping skills and greater resilience as a caregiver?; Has participation in Courage to Caregivers Support Group program encouraged you to take care of your own health (both emotional and physical)? (Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree); and, In your own words, how has the program encouraged you to take care of your own health?

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 15
  - **ADAMHS Funded Unduplicated Clients Served:** 40
  - **Total Number of Clients Served:** 40
  - **Total Number of Clients that Completed this Program/Service:** 0 (Continuous Program)
- **Average Cost Per Client:** \$250
- **Additional Information:**
  - The Support Group Program is continuing to meet the needs and goals of clients. The innovative and original curriculum focuses on resilience, empowerment and developing and using coping skills for the stress of caregiving. Support group leaders continue to see vast personal growth and lifetime changes in clients. Leaders conduct the curriculum-based groups through the lens of empowerment and caregiving coaching. Their methods are eclectic but are rooted in deep, empathetic listening and pulled from Cognitive Based Therapy and Motivational interviewing. The agency has placed emphasis on trauma-informed care with a new all-staff training done this year and refreshers planned for each



# CY22 Program Highlights and Outcomes

upcoming year and placed special attention on avoiding burnout for both participants and professional caregivers (staff).

## CY20 Provider Outcomes

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 15
  - **Total Number of Clients that were Served:** 34
  - **Total Number of Clients that Completed this Program/Service:** On-going
- **Goals Met:**
  - Through quarterly reporting, the agency met 100% of its original goals. These included decreasing the stress of caregiving and caregiver burden, improved satisfaction with life for those who care for a loved one with mental illness, empowering and encouraging caregivers to take care of their own emotional (and physical) health, thereby improving their ability to take care of their loved one, providing a source of short and long-term (if needed) support, and reducing the loss of hope during a mental illness crisis.
- **Metrics Used to Determine Success:**
  - Stress levels - reporting % change in stress of caregiving weekly through self-reporting after each support group
  - Satisfaction with life - part of a narrative exit interview with each participant at the end of the year
  - Number of personal goals achieved, and new coping skills attained as part of exit interview conversation
  - PSS (Perceived Stress Scale) - completed monthly to measure and compare overall stress levels
- **Program Successes:**
  - The Support Group Program continues to have a considerable impact. 59% of clients reported a reduction of stress level with an average of 20% reduction in stress during this time. 100% of clients interviewed at year end showed an improvement in their satisfaction with life. Each client noted achievement of personal goals and new coping skills.
- **Average Cost Per Client in CY20:** \$588
- **Additional Information:**

The program is continuing to meet the needs and goals of its client, participants, and caregivers. Participants are fully participating and completing their work on goals outside of groups. Moving to a virtual platform has allowed (after the initial scramble to find private spaces) caregivers to easily access programming from the comfort of their homes. The program has seen more consistent attendance in 2020 due to accessibility of the virtual platform. A third group was added in 2020 when the pandemic hit, due to the tremendous increase in participants. This spread participants across three groups, instead of two in 2019. This kept groups at manageable numbers for both the virtual platform (Zoom) and group leaders. The third group is not funded by the ADAMHS Board.

**Cuyahoga County  
Corrections  
Planning Board  
(TASC)**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>Court of Common Pleas</b>			
CC Correction Center Women's Re-entry	\$ 100,000	\$ 100,000	Specialized Pop.
<b>Total</b>	<b>\$ 100,000</b>	<b>\$ 100,000</b>	
<b>Pooled Funding:</b>			
Adult Treatment Drug Court	\$ -	\$ -	Specialized Pop.
Treatment Capacity Expansion	\$ -	\$ -	Specialized Pop.

# CY22 Program Highlights and Outcomes

## Cuyahoga County Court of Common Pleas, Corrections Planning Board, Treatment Alternatives to Street Crime (TASC)

The Corrections Planning Board is a governmental entity under the auspices of the Cuyahoga County Common Pleas Court (CPC) and functions as the administering organization to Treatment Alternatives to Street Crime (TASC). TASC's mission is to provide an objective and effective bridge between the Criminal Justice System and the treatment community.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Women's Re-entry

The Court/Correction's Planning Board and the Sheriff's Department (SD) will implement and adhere to an evidence-based, trauma-informed cognitive behavioral treatment (CBT) modality for its gender-specific SUD Treatment Services Program for incarcerated females at the Cuyahoga County Correction Center (CCCC). Sentenced moderate to high-risk female participants will be screened by CCCC Social Service Specialists for drug abuse and referred to TASC for assessment. Based on ASAM criteria, TASC Assessment Specialists will provide the following services: Intensive Outpatient Treatment (IOP), Outpatient Treatment (OP), Individual Counseling, and Case Management. Linkages to community agencies for treatment services and other post-release programming (e.g., employment, literacy, mental health) will be included in each individual participant case plan.

- **Target Population:**
  - High risk/high need adult female Cuyahoga County Correction Center (CCCC) inmates presenting with or previously diagnosed with a Substance Use Disorder (SUD)
- **Anticipated Number of Clients to be Served:** 48
- **Number of Staff Required to Implement Program:** 2
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - When staff vacancies occur, other staff transfers into the position and/or the Clinical Coordinator conducts the group.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Increase access to SUD programming for women held in the Cuyahoga County Correction Center
  - Improve coping mechanisms to address risk factors and protective factors

# CY22 Program Highlights and Outcomes

- **Program Metrics:**

- 48 women will be screened for admission to the program
- Brief Addiction Monitor risk factors will decrease and protective factors will increase for 60% of successfully discharged participants

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served: 96**
- **ADAMHS Funded Unduplicated Clients Served: 37**
- **Total Number of Clients Served: 37**
- **Total Number of Clients that Completed this Program/Service: 37**

- **Average Cost Per Client:** \$1,351

- **Additional Information:**

- It is anticipated that the Jail IOP portion of the program will reconvene during CY22

## **CY20 Provider Outcomes:**

- **Highlights:**

- **Number of Clients that were Anticipated to be Served: 96**
- **Total Number of Clients that were Served: 21**
- **Total Number of Clients that Completed this Program/Service: 4**

- **Goals Met:**

- In CY20, 25 clients were screened for the program, 12 were assessed/enrolled with 10 who began participating in the group services (two refused services). There were nine clients who were carried over from 2019. Four clients completed services successfully.

- **Metrics Used to Determine Success:**

- Number of individuals who completed the program successfully
- Brief Addiction Monitors at admission and successful discharge, which is submitted via GOSH

- **Program Successes:**

- Four individuals successfully completed the program

- **Average Cost Per Client in CY20:** \$4,762

- **Additional Information:**

- It's important to note that due to COVID-19, group services in the jail were discontinued. Further, there was a push to release inmates, so a majority of the clients admitted in CY20, were released prior to completion of the program thus receiving "Neutral" discharges.

# CY22 Program Highlights and Outcomes

## Adult Treatment Drug Court

The services provided by TASC are imbedded in the Adult Treatment Court programs because licensed staff, including counselors, social workers, or Chemical Dependency Counselors, complete clinical assessments and case management services in order to accomplish the goals of the Courts. Clinicians and the entire Adult Treatment Drug Court Team attend the National Association of Drug Court Professionals Conference annually for continuing education in best practices. TASC adheres to the ten critical elements identified by the Bureau of Justice Assistance in its program. TASC serves as a bridge from the Court and Probation to client treatment through assessment and determination of the appropriate level of care by facilitating client follow-through with the assistance of TASC case management. TASC programming contributes to client success through a holistic approach, addressing specific substantive issues including: employment, vocational, and educational needs; housing in an environment that is free from AODs; medical and psychological abstinence from AOD use. The Veterans Treatment Court has peer support available to the Veterans in the program. These peer supporters are not only Veterans who volunteer for this role, but they are also in recovery, adding an additional layer of support within the role.

- **Target Population:**
  - Court-involved adults with a primary Opioid Use Disorder diagnosis
- **Anticipated Number of Clients to be Served:** 236
- **Number of Staff Required to Implement Program:** 7
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - When staff vacancies occur, clients will receive continuity of care with staff transferred into the position and/or the Clinical Coordinator will step in to provide coverage.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
  - Peer Support
- **Program Goals:**
  - Drug Court participants will be abstinent at discharge
  - Drug Court participants will not incur a new arrest (new criminal charge) while participating in the program
  - Improve coping mechanisms to address risk factors and protective factors
- **Program Metrics:**
  - 50% of individuals receiving Adult Treatment Drug Court services will successfully complete treatment and maintain abstinence from substances for 90 days prior to graduation
  - 50% of Adult Treatment Drug Court graduates will not have incurred a new charge while an active participant in the program
  - Brief Addiction Monitor risk factors will decrease and protective factors will increase for 60% of successfully discharged participants

# CY22 Program Highlights and Outcomes

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 220
  - **ADAMHS Funded Unduplicated Clients Served:** 33
  - **Total Number of Clients Served:** 169
  - **Total Number of Clients that Completed this Program/Service:** 48
- **Average Cost Per Client:** \$215
- **Additional Information:**
  - N/A

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 110
  - **Total Number of Clients that were Served:** 88
  - **Total Number of Clients that Completed this Program/Service:** 14
- **Goals Met:**
  - The total number of clients with GOSH IDs served was 88.
  - 16 clients were seen for an assessment only and did not have further services.
  - 30 clients were discharged with 14 being successful.
- **Metrics Used to Determine Success:**
  - Metrics used to measure success are discharge outcomes as well as BAM data that is uploaded into GOSH
- **Program Successes:**
  - 88 clients were served during the calendar year with a total of 30 who were discharged with 14 of those discharges being successful
  - Of the 14 GOSH clients in Drug Court who completed, 11 had BAMs completed at admission/discharge
  - 100% either decreased use or had no change (maintained zero use over the last 30 days at admission and discharge)
  - 100% had decreased risk factor score
  - The protective score increased for 90% of the clients
- **Average Cost Per Client in CY20:** \$1,023
- **Additional Information:**
  - While referrals decreased for Drug Court, the Drug Court dockets continued to have Zoom court hearings and team meetings.

# CY22 Program Highlights and Outcomes

## Treatment Capacity Expansion

TASC uses multiple strategies including assessment, intensive outpatient Matrix (men) and TREM-W (women) Models, non-intensive outpatient (aftercare) and case management services to assist individuals involved in specialty court dockets (Drug Court, Recovery Court, etc.). TASC Assessment Specialists provide clinical assessments and treatment plans for clients who have been referred through Common Pleas Court and Cleveland Municipal Court. The Matrix Model, a standardized, evidence-based best practice recognized by SAMHSA and by the National Institute on Drug Abuse (NIDA), is used to include positive and collaborative relationships, structure and expectations, psychoeducation, cognitive behavior skills, positive reinforcement, family education, self-help groups, and urine and breath alcohol testing for men. The Women's Trauma, Recovery and Empowerment Model, Intensive Outpatient Treatment Program, (TREM-W) is designed to help members develop and strengthen the skills necessary to cope with the impact of the traumatic experience. It utilizes psychoeducational and cognitive-behavioral techniques in an actively supportive group context. It also focuses on the complex and multiple connections between trauma, mental health symptoms, and substance use. It also builds on key principles of safety, trustworthiness, choice, collaboration, and empowerment, while at the same time taking care not to inadvertently re-traumatize the clients. The Non-Intensive Outpatient Treatment program is a six-week program using psychoeducational and cognitive behavioral techniques to impart recovery skills and relapse prevention skills. TASC participants will be provided case management to link them with community resources that will directly address their needs identified from the biopsychosocial assessment and their treatment plan.

- **Target Population:**
  - Court-involved adults with a primary Opioid Use Disorder diagnosis
- **Anticipated Number of Clients to be Served:** 812
- **Number of Staff Required to Implement Program:** 7
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - When staff vacancies occur, available staff transfers into the position and/or the Clinical Coordinator conducts the group.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Recovery and Treatment Services to Specialized Populations
- **Program Goals:**
  - Participants will be abstinent at discharge
  - Participants will not incur a new arrest (new criminal charge) while participating in the program
  - Improve coping mechanisms to address risk factors and protective factors
  - Participants will be assessed with a biopsychosocial assessment in a timely manner
- **Program Metrics:**
  - 50% of participants will complete treatment and be abstinent for 30 days prior to discharge



# CY22 Program Highlights and Outcomes

- 50% of participants will not incur a new arrest (new criminal charge) while participating in the program
- Brief Addiction Monitor risk factors will decrease and protective factors will increase for 60% of successfully discharged participants
- 90% of participants in the jail will be assessed within five days of referral and 90% of participants will be assessed within 10 days of referral

## First Six Months of CY21 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 1,000
  - **ADAMHS Funded Unduplicated Clients Served:** 168
  - **Total Number of Clients Served:** 295
  - **Total Number of Clients that Completed this Program/Service:** 151
- **Average Cost Per Client:** \$245
- **Additional Information:**
  - Programmatic referrals increased 39.8% from the month of January to the month of June. As the courts return to near business as usual operations, the agency anticipates the referral pipeline from the courts will continue to increase allowing additional clients to be served.

## CY20 Provider Outcomes:

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 1,000
  - **Total Number of Clients that were Served:** 670
  - **Total Number of Clients that Completed this Program/Service:** 105
- **Goals Met:**
  - The total number of clients served was reduced due to a decrease in referrals received from the court. A total of 185 clients were discharged with 105 of those discharges being successful.
- **Metrics Used to Determine Success:**
  - Jail assessments: The number of jail assessments completed; BAM, which is completed at the time of assessment (a discharge BAM is not completed because it is a one-time contact)
  - Outpatient Services: tracking intensive outpatient services, and case management services, discharge type and change in BAM scores
- **Program Successes:**
  - In CY20, there were 349 clients with GOSH IDs seen in the jail or in the community for assessment only and did not receive further treatment/case management services. There were 321 clients with GOSH IDs receiving services for case management services, outpatient services, and intensive outpatient services combined.

# CY22 Program Highlights and Outcomes

- For clients receiving services beyond assessment, 185 were discharged with 105 completing successfully. A total of 60 BAMs were available with both admission/discharge data. Of those, 97% (58) reported decreased use (or no change); 65% (39) reported decreased (or no change) risk; and 62% (37) reported an increased (or no change)
- **Average Cost Per Client in CY20:** \$142
- **Additional Information:**
  - COVID-19 decreased referrals coming into the agency as well as the ability to have in-person client services. TASC is in the process of selecting a new EHR that it anticipates will improve with the tracking and processing of BAM data.

Provider:	<b>Cuyahoga County Corrections Planning Board</b>	2020 First Outcome Count:	<b>434</b>	2021 First Outcome Count:	<b>381</b>
Instrument:	<b>Brief Addiction Monitor</b>	2020 Final Outcome Count:	<b>79</b>	2021 Final Outcome Count:	<b>74</b>
Program:	<b>Substance Use Disorder Treatment</b>	2020 % of Final:	<b>18.20%</b>	2021 % of Final:	<b>19.42%</b>

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The Brief Addiction Monitor (BAM) is a measurement instrument originally designed for the Veterans Administration to provide an assessment of substance use disorder among adults (18+ years). The instrument is used to monitor progress and help guide treatment.

Population	Evaluation Year	SubScale	First Outcome Average	Final Outcome Average	Average Difference	Significance
Adults (18+ years)	2020	Drug_Use	1.65	0.27	-1.38	Significant at p<.05
Adults (18+ years)	2020	Protective	14.62	16.32	1.71	Significant at p<.05
Adults (18+ years)	2020	Risk	6.33	4.67	-1.66	Significant at p<.05
Adults (18+ years)	2021	Drug_Use	1.51	0.32	-1.19	Significant at p<.05
Adults (18+ years)	2021	Protective	14.51	17.06	2.55	Significant at p<.05
Adults (18+ years)	2021	Risk	4.77	3.61	-1.16	Significant at p<.05

**Cuyahoga County  
Domestic  
Relations Court**

## CY2022 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2021 CONTRACT AMOUNT	2022 CONTRACT RECOMMENDATIONS	PRIORITY
<b>CC Domestic Relations Court</b>			
Families First	\$ 65,000	\$ 65,000	Specialized Pop.
<b>Total</b>	<b>\$ 65,000</b>	<b>\$ 65,000</b>	

# CY22 Program Highlights and Outcomes

## Cuyahoga County Domestic Relations Court

Cuyahoga County Domestic Relations Court facilitates the Families First Program.

### **Agency Internal Diversity, Equity and Inclusion Team and/or Policy:**

This agency submitted information ensuring a Diversity, Equity and Inclusion policy, plan or team is in place or in progress.

### **The ADAMHS Board Funding supports the following initiative(s):**

#### Families First Program

The Families First Program is designed to: Identify families facing divorce who are experiencing mental health and substance abuse disorders; Link parents with mental health and/or substance abuse services to promote healing, awareness and wellness; Promote equal parental involvement and access through dynamic parenting time schedules; and Reduce the number of post-decree motions surrounding parenting time for families with a history of mental health or substance use disorders. The Families First Program is a voluntary tool utilized by families seeking to address issues of mental health and/or substance use prior to divorce. The program provides assistance with creating a parenting time schedule to best suit their family. The program provides links to various levels of treatment services including education services, outpatient, and inpatient treatment. A specialized case manager assists in not only brokering services but monitoring compliance to ensure the Court can act in the best interests of the children involved. Families wishing to engage in this program must meet the following standards: Both litigants must be residents of Cuyahoga County; Both litigants must be willing to voluntarily engage in the assessment process and follow the recommendations thereof; and Litigants agree to comply with a parenting time schedule that may be adjusted based upon compliance with recommended services.

- **Target Population:**
  - Individuals involved in contested pre-decree, post-decree, and domestic violence proceedings in Cuyahoga County
- **Anticipated Number of Clients to be Served: 63**
- **Number of Staff Required to Implement Program: 3**
- **Steps to Ensure Program Continuity if Staff Vacancies Occur:**
  - The value-added benefit of the Families First Program is that there is no payment for salaries or benefits because all Court personnel assigned to the program are Cuyahoga County Domestic Relations employees. Judge Tonya R. Jones is the founder of the program; however, all five Cuyahoga County Domestic Relations Judges refer cases to the Families First Docket. Therefore, if the Cuyahoga County Courts are open and running, the program will not incur any vacancies.
- **Funding Priority:**
  - Culturally Appropriate and Evidence-based Diverse Services
  - Trauma Informed Care Treatment, Recovery and Prevention Services
  - Wrap-around Behavioral Health Services for Youth

# CY22 Program Highlights and Outcomes

- Recovery and Treatment Services to Specialized Populations
- Prevention and early intervention
- **Program Goals:**
  - Identify and screen parents for criminogenic risk, substance use and/or mental health disorders
  - Clinically assess those parents identified as at risk for substance use and/or mental health disorders
  - How many parents are meeting the treatment goals based on assessment and treatment plan of the licensed clinician assigned
  - How many parents and minors are successfully engaged in a recovery plan, after their case is completed
  - How many parents are connected to community resources for parenting and employment assistance at the conclusion of their case
  - Decreased number of post-decree parent filings related to substance abuse and/or mental issues from participants in the program
- **Program Metrics:**
  - 90% of parents identified as eligible will be screened for criminogenic risk, substance abuse and mental health issues
  - 70% of parents screened, and referred for an assessment, will complete assessment
  - 70% of parent diagnosed as needing treatment will meet treatment goals
  - 70% of parents actively working a recovery plan (post-treatment)
  - 25% reduction in post-decree parenting filings

## **First Six Months of CY21 Provider Outcomes:**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 40
  - **ADAMHS Funded Unduplicated Clients Served:** 36
  - **Total Number of Clients Served:** 36
  - **Total Number of Clients that Completed this Program/Service:** 14
- **Average Cost Per Client:** \$903
- **Additional Information:**

## **CY20 Provider Outcomes**

- **Highlights:**
  - **Number of Clients that were Anticipated to be Served:** 39
  - **Total Number of Clients that were Served:** 49
  - **Total Number of Clients that Completed this Program/Service:** 16

# CY22 Program Highlights and Outcomes

- **Goals Met:**
  - During 2020, the Families First Program was able to exceed its anticipated goals in all areas. Pursuant to identified metrics for success: 100% of parents identified as eligible were screened; 100% of parents screened for assessment completed the assessment; 96% of persons requiring clinical treatment met their treatment goals; 100% of parents were actively working on a treatment plan; and 100% of parents in the program were connected to community resources to obtain additional support with housing, employment, and medical treatment.
- **Metrics Used to Determine Success:**
  - 90% of parents identified as eligible will be screened for criminogenic risk, substance abuse and mental health issues
  - 70% of parents screened, and referred for an assessment, will complete assessment
  - 70% of parent diagnosed as needing treatment will meet treatment goals
  - 70% of parents actively working a recovery plan (post-treatment)
  - 80% of parents will be connected to community resources for parenting and employment
  - 25% reduction in post-decree parenting filings.
- **Program Successes:**
  - The goal of the Families First Program is to support families, where at least one parent has a substance use, mental health, or co-occurring disorder to achieve a fair, equitable and long-term co-parenting agreement.
- **Average Cost Per Client in CY20:** \$1,020
- **Additional Information:**
  - 2020 was a very difficult year for the program and the Court. Staff had to learn to adapt to the new normal and find more creative ways to interact with clients. The Court adopted telephone conferencing and later started having Zoom hearings and trials for some cases that are still in use today. Additionally, staff adopted the use of the “Family Wizard” (a court monitored messaging system) that allows participants to communicate with each other about the minor children without having to share their personal contact information and it also discourages inappropriate and/or intimidating conduct. Overall, many of the communication policies adopted for the pandemic will continue to be used going forward as they have increased the Court’s efficiency.