

## Provider Information

This Provider Information section is arranged by provider in alphabetical order.

Each provider tab includes:

- Recommended Funding
- Program Highlights
- Outcomes Summary

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Connections: Health • Wellness • Advocacy



# 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Achievement Centers for Children</b>			
Early Childhood Mental Health	\$ 437,590		\$ 437,590
<b>Subtotal</b>	\$ 437,590		\$ 437,590

## PROGRAM HIGHLIGHTS

### **Achievement Centers for Children (ACC)**

- Achievement Centers for Children (ACC) offers a wide array of interdisciplinary services for children from the youngest age (prenatal) through adulthood and their families. Mental Health Programming is provided for children birth through five (5) years of age experiencing social, emotional and/or behavioral challenges. The ADAMHS Board funding supports the following initiative:

#### **Early Childhood Mental Health (ECMH) Programming**

- ACC have been a longstanding partner within Cuyahoga County's early childhood system. Consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system.
- In CY16/17, ACC served approximately 44 infants through their Infant Massage Program and 10 children through their early childhood treatment program.

## PROVIDER AGENCY OUTCOMES

### Achievement Centers for Children (ACC)

The Achievement Centers provides comprehensive Early Childhood Mental Health services to the youngest of children in need.

Performance measures are generated through the Devereux Early Childhood Assessment (DECA) System for children birth to 6 years of age. The system has two different scales based upon age, as one reflects scales for Attachment and the other for Behavior. Achievement Center's measures regarding the specific scales are reflected below for CY2016/2017:

- The DECA-Infant/Toddler (IT) scale was utilized to assess 44 infants of which 66% was administered a pre/post assessment to evaluate Achievement Center's *Infant Massage* program.
- Upon discharge from the ECMH program 2 main scales were evaluated, the "Total Protective Factors" scale improved significantly as indicated the percentage (12%) increase in the "Strength" rating category.



## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT	2018 CONTRACT RECOMMENDATIONS
<b>Applewood Centers, Inc</b>		
MH Treatment	\$ 25,000	\$ 21,250
Early Childhood Mental Health	\$ 110,602	\$ 110,602
Crisis Care Crisis Stabilization Substance Abuse	\$ 125,000	\$ 120,000
Crisis Care - BHJJ Hot Spot	\$ 120,000	\$ 115,200
School Based Behavioral Health Services	\$ 150,000	\$ 150,000
MH Day Reporting - Juvenile Court	\$ 122,000	\$ -
MH Juvenile Detention	\$ 400,000	\$ 384,000
<b>Subtotal</b>	<b>\$ 1,052,602</b>	<b>\$ 901,052</b>

## PROGRAM HIGHLIGHTS

### Applewood Centers, Inc.

- Applewood Centers, Inc., is a non-profit agency and one of Northeast Ohio's largest providers of behavioral healthcare and social services for children, youth and families. ADAMHS Board funding supports the following initiatives:
  - Crisis Stabilization Unit**
  - Early Childhood Mental Health (ECMH) Program**
  - Behavioral Health School Based Services**
  - Mental Health in the Detention Center Programming**
- The ability to gain access to the Crisis Stabilization Unit through Applewood Centers allows dedicated access to the Behavioral Health Juvenile Justice (BHJJ) program in addition to supporting to the crisis needs within the children's system, to divert youth from out-of-home placements such as residential treatment and psychiatric hospitalizations. It is anticipated that up to 20 youth will be served in CY18. In CY16 and for the remainder of CY17, ADAMHS Board funding supported approximately 35 youth admitted into Applewood Centers' Jones Home Campus.
- Applewood Centers have been a longstanding partner within Cuyahoga County's early childhood system. Consultation and treatment services, provided by the Early Childhood Mental Health (ECMH) Agency Work Group is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system. In CY16, Applewood served approximately 98 children in the ECMH program through ADAMHS Board funding for children ages birth to six (6). Thus far in CY17, Applewood Centers has served 24 children.
- The Behavioral Health School Based program is a collaborative effort that is comprised of the ADAMHS Board, Agency Providers and school districts throughout Cuyahoga County. The Behavioral Health School Based Program utilizes consultation services through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene. In addition to the aforementioned, programming includes universal and targeted prevention groups to address mental health and social skill struggles.

## PROGRAM HIGHLIGHTS

### Applewood Centers, Inc.

- In the 2016/2017 academic year, Applewood Centers served approximately 1,699 children and adolescents through consultation services and targeted prevention groups that are measured through the Devereux Student Strengths Assessment (DESSA).
- Applewood Centers provides support to our neighboring child-serving systems and in this case for the provision of services for The Mental Health in the Detention Center project. This project is geared to assist staff in the Cuyahoga County Detention Center to support youth detained through screenings and assessments identifying youth with mental health issues in need of brief intensive interventions and pharmacological services. In addition, education and consultation is provided to Detention Center staff with regard to behavioral health symptomology and behavior management.
- Thus far in CY17, ADAMHS Board funding supported approximately 1,500 youth and which identified 500 youth for subsequent mental health services.



## PROVIDER AGENCY OUTCOMES

### Applewood Centers, Inc.

Applewood provides Outpatient Counseling, In-Home Counseling, After School Partial Hospitalization program, and Psychiatry services for children.

Applewood Outcomes documentation is outstanding. Staff administers the Ohio Scales, from the perspectives of the youth client (if aged 12 or older), his/her parent, and his/her agency worker. Residential services are provided to youth ages 11 through 18 experiencing crises. The agency's residential program uses the Crisis Assessment Tool (CAT).

Of the 2,865 clients served, 1,423 were discharged during the reporting period (not all of these clients utilized ADAMHSCC Non-Medicaid funds).

Of the 1,423 discharged clients, 965 (68%) had pre-and-post Ohio Scales assessments completed by their primary agency worker. For a client to be considered to have successfully completed the program, the client must have demonstrated improvement in symptom severity or functioning at the time of discharge. Of the sample of 965 clients:

- 72% of clients successfully completed outpatient and community based programs.
- 65% demonstrated a reduction in agency worker-rated problem severity; reported improvements in average problem severity scores were statistically significant for each rater (i.e. worker, parent, and youth).
- 58% of clients demonstrated an improvement in daily functioning; also, the reported improvements in average functioning scores were statistically significant for the parent and youth assessments.
- 89% of parents and 92% of youth clients reported feeling hopeful about the future after receiving services.
- At discharge, 99% of parents and 92% of clients reported feeling satisfied with the services.

#### **Among the 23 youth discharged from residential care,**

- 64% demonstrated fewer risk behaviors; 59% had improved behavioral/emotional symptoms; 9% exhibited improved life domain functioning and 18% showed improved family stress levels on the CAT.
- Agency outcomes are largely better than 2015.
- The Agency's preliminary 6-month report for 2017 indicates they will reach or exceed their major goals.



## PROVIDER AGENCY OUTCOMES

### Applewood Early Childhood Mental Health (ECMH):

Performance measures are generated through the Devereux Early Childhood Assessment (DECA) System for children birth to 6 years of age. The system has two different scales based upon age, as one reflects scales for Attachment and the other for Behavior. Applewood's measures regarding the specific scales are reflected below for CY2016/2017:

- The DECA-Clinical was utilized to assess 24 children of which 17% were administered a Pre/Post Assessment.
- Upon discharge from the ECMH program 2 main scales were evaluated, the "Total Protective Factors" scale improved by 50% illustrating significant improvement. The "Total Behavior Concerns" scale showed no improvement.
- This can be viewed in several ways, as the ratings remained the same illustrates the behaviors of the toddler did not increase and continued treatment is necessary.

### School Based Mental Health – CY2016/2017

Performance measures are generated through the Devereux Student Strengths Assessment (DESSA). The DESSA is utilized to assess the social-emotional competence of children and adolescents grades K-8<sup>th</sup>. It utilized to measure individual and group interventions.

- Of the 148 children assessed, 11% showed progress across all areas (self-management, self-awareness, social awareness, relationship skills, goal directed behaviors, personal responsibility, decision making, and optimistic thinking)
- Upon completion of the group intervention, 11% of the students demonstrated substantial progress from the rating categories through the scale descriptions illustrated below:

Rating Categories	Pre	Post
Strength	29%	18%
Typical	36%	55%
Need	36%	26%

- Although the "Strengths" rating category illustrates a 11% reduction, the other rating categories increased in percentage in particular the "Typical" rating at 19%.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Asian Services in Action, Inc.</b>			
AOD Prevention	\$ 87,659		\$ 87,659
<b>Subtotal</b>	<b>\$ 87,659</b>		<b>\$ 87,659</b>

## PROGRAM HIGHLIGHTS

### Asian Services in Action (ASIA), Inc.

- Asian Services in Action (ASIA) Inc., is a non-profit organization in Northeast Ohio whose mission is to empower and advocate for Asian Americans/Pacific Islanders (AAPI's) and to provide access to culturally and linguistically appropriate information and services. The ADAMHS Board provides funding for the following initiative:

#### Behavioral Health Prevention Services

- ASIA's Behavioral Health Prevention Services include afterschool and parenting programs to immigrant and refugee youth and their families from Asia, Africa and the Middle East. The agency's target population included newcomers with limited English proficiency. Since 2014, nearly 1,300 individuals resettled in Cuyahoga County with the majority coming from Bhutan and Burma (Myanmar).
- In CY16/17, ASIA served 271 youth in each afterschool program, 149 youth in the summer program and 62 refugee and immigrant adults in the parenting classes for a total of 482 individuals served.

## PROVIDER AGENCY OUTCOMES

### Asian Services in Action (ASIA), Inc.

ASIA provides prevention services for both children and parents. Prevention Education was provided for 420 children either after school or at summer camp. Prevention Education was provided for 62 parents.

- For the 271 children in the Afterschool Programs,
  - 63% satisfactorily completed a significant amount of homework and/or assignments.
  - 66% of children completed all or nearly all (one short of all) program objectives.
- For the 62 parents who participated in the Parenting Programs,
  - 52% were able to identify harmful effects from substance abuse.
  - 53% demonstrated clear, consistent rule setting and expectations regarding substance abuse.
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.



## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Beech Brook</b>			
School Based Behavioral Health Services	\$ 150,000		\$ 150,000
Early Childhood Mental Health	\$ 160,000		\$ 160,000
MH - ACT (Adolescent mental health treatment)	\$ 316,409		\$ 75,500
<b>Subtotal</b>	<b>\$ 626,409</b>		<b>\$ 385,500</b>

## PROGRAM HIGHLIGHTS

### Beech Brook

- Beech Brook is a behavioral health agency that serves children, adolescents and transitional aged youth at risk in Northeast Ohio through a continuum of outpatient services. ADAMHS Board funding supports the following initiatives:
  - Early Childhood Mental Health (ECMH) Program**
  - Behavioral Health School Based Programming**
  - The Assertive Community Treatment (ACT) Team**
- Beech Brook provides ECMH services through consultation and treatment interventions. As other ECMH partnering agencies, Beech Brook utilizes the Devereux Center for Resilience's web-based system to assess the strengths of children birth to six (6) years of age. Beech Brook served 111 infants, toddlers and preschoolers in CY16. The ECMH service is delivered as a family driven, strength-based community service to aid parents and caregivers with early intervention support to divert and avoid deeper penetration into the behavioral health system. Thus far in CY17, they have served 96 children and families.
- The Behavioral Health School Based program is a collaborative effort comprised of the ADAMHS Board, Agency Providers, Cleveland Metropolitan School District, as well as the outer and inner ring suburban districts in Cuyahoga County. The ADAMHS Board Behavioral Health School Based Program utilizes consultation services through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene. In addition to the aforementioned, programming includes universal and targeted prevention groups to address mental health and social skill struggles.
- For the 2016/2017 school year, Beech Brook served approximately 1,916 students through consultation and targeted prevention groups.
- The Beech Brook ACT Team was the first from the former Ohio Department of Mental Health (ODMH) certified ACT team for transitional youth in Ohio. ACT programming is considered a "hospital without walls." The goals of ACT is to decrease hospital days, improve community engagement and quality of life, reduce substance abuse, improve symptom management, increase school completion and opportunities for employment. In CY16, the Beech Brook ACT team served more than 60 youth which will be likely for CY17.

## PROGRAM HIGHLIGHTS

### **Beech Brook**

- Although ACT services are fully reimbursable under Behavioral Health Redesign, there are limits in terms of service authorization for individuals 17 years of age and under, in addition to diagnosis such as Major Depression.



## PROVIDER AGENCY OUTCOMES

### Beech Brook

Beech Brook provides Assertive Community Treatment (ACT), the highest, most intensive level of outpatient care, for youth and transitional youth. This includes MH Crisis Intervention; Pharm Mgt.; BH Counseling and Therapy (Group & Individual); MH Assessment; and CPST. The program serves clients 16 to 25 years of age.

Their outcomes documentation is outstanding. Beechbrook utilizes the *ACT Client Outcomes Index*, and a combination of measures found in the *Adult Ohio Scales*. This includes indices covering crisis episodes and stability, psychiatric hospitalizations, independent housing, housing stability, criminal involvement, employment, symptom distress, quality of life, and overall quality of life.

#### **68 clients received 3,006 hours of service.**

- 61% of clients showed a decrease in system distress.
- 58% of clients showed an increase in their quality of life.
- 59% of the clients showed improvement on the empowerment measure.
- 70% of the clients either stayed the same or improved their daily living skills.
- 96% of discharged clients returned to the same, or lower level of care.
- Clients discharged in 2016 received more hours of service, yet had shorter lengths of stay.
- Clients showed greater improvement on the Ohio Scales outcomes in 2016 over 2015.
  
- The Agency's preliminary 6-month report for 2017 indicates they will reach or exceed their major goals.

#### **Early Childhood Mental Health (ECMH)**

Beech Brook's performance measures are generated through the Devereux Early Childhood Assessment (DECA) System for children birth to 6 years of age. The system has two different scales based upon age, as one reflects scales for Attachment and the other for Behavior. Beech Brook's measures regarding the specific scales are reflected below for CY2016/2017:

- The DECA-Clinical was utilized to assess 81 children of which 3% were administered a Pre/Post Assessment. The 3% represents children that were not in need of treatment services, as the ECMH program is an early intervention program.
- Upon discharge from the ECMH program 2 main scales were evaluated, the "Total Protective Factors" scale improved by 50% illustrating significant improvement. The "Total Behavior Concerns" improved as well reflecting 40% improvement.



## PROVIDER AGENCY OUTCOMES

### **School Based Mental Health – CY2016/2017**

Performance measures are generated through the Devereux Student Strengths Assessment (DESSA). The DESSA is utilized to assess the social-emotional competence of children and adolescents grades K-8<sup>th</sup>. It utilized to measure individual and group interventions.

- Of the 67 children assessed, 87% completed a pre/post assessment.
- There were significant findings in terms of students in need of further instruction and/or treatment due to the following areas of measurement (self-management, self-awareness, social awareness, relationship skills, goal directed behaviors, personal responsibility, decision making, and optimistic thinking) as reflected below:

<b>Rating Categories</b>	<b>Pre</b>	<b>Post</b>
Strength	10%	5%
Typical	61%	43%
Need	28%	52%

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Bellefaire JCB</b>			
AoD Adolescent Out Patient Treatment	\$ 10,000		\$ 6,375
AoD Prevention	\$ 47,146		\$ 47,146
Crisis Care - Crisis Stabilization Beds	\$ 329,574		\$ 316,391
MH Mobile Crisis - Youth Autism	\$ 150,000		\$ 144,000
School Based Behavioral Health Services	\$ 102,000		\$ 102,000
<b>Subtotal</b>	<b>\$ 638,720</b>		<b>\$ 615,912</b>

## PROGRAM HIGHLIGHTS

### **Bellefaire Jewish Children's Bureau (Bellefaire JCB)**

- Founded as an orphanage in 1868, Bellefaire Jewish Children's Bureau (Bellefaire JCB) has evolved into one of the nation's leading providers and innovators of wellness, advocacy and behavioral healthcare for children, youth and their families. ADAMHS Board funding supports the following initiatives:
  - Behavioral Health School Based Programming**
  - Behavioral Health Prevention Services-Social Advocates for Youth (SAY)**
  - Behavioral Health Crisis Stabilization and Residential Treatment for Youth with Mental Health & Co-Occurring Disorders**
  - Mobile Crisis Unit for Youth with Autism Spectrum Disorder**
- Under the guides of the ADAMHS Board Behavioral Health School Based Program, Bellefaire utilizes consultation through brief interventions that are short-term modeled from the Ohio Georgetown Model that is extended to students, teachers, school administration and more importantly parents and/or caregivers without the need to develop a formal treatment plan in effort to intervene. School Based services are provided in Cleveland Metropolitan Schools District and many of the inner-outer ring suburban school districts. The school based service continuum also includes universal and targeted prevention groups to address mental health and social skill development. Services are rendered to students in pre-K through 12<sup>th</sup> grade.
- In the 16/17 school year, Bellefaire served approximately 2,602 students.
- Bellefaire JCB's "Social Advocates for Youth (SAY)" Program targets middle and high school students in 8 east suburban school districts to promote "youth-led" prevention strategies. The SAY program's service efforts are delivered through the prevention service model utilizing the Substance Abuse Mental Health Services Approach (SAMHSA) & the Center for Substance Abuse Prevention (CSAP) strategies which are Problem Identification and Referral along with dissemination of educational materials to reduce risk factors and enhance protective factors.
- In 2016/2017 school year, the SAY program served nearly 800 youth, school staff, parents and other community stake holders through its various components.
- The Behavioral Health Crisis Stabilization and Residential Treatment Bed serves as an adjunct to our children's mobile crisis team to stabilize youth 8 through 18

## PROGRAM HIGHLIGHTS

### **Bellefaire Jewish Children's Bureau (Bellefaire JCB)**

years of age with mental health & co-occurring disorders who may require brief periods of stabilization, assessment, interventions and treatment recommendations. The goal is to divert hospitalization and a residential placement stay.

- In CY16, crisis stabilization services were provided for 25 to 30 youth. It is projected the same number of youth will be served at the end of CY17 and CY18.



## PROVIDER AGENCY OUTCOMES

### Bellefaire/JCB

Bellefaire JCB provides School-Based Counseling (SBC) and Parents and Children Together Substance Abuse Treatment (PACT-SAT) In-Home Counseling programs and administers the Ohio Scales. Their outcomes documentation is outstanding.

The agency's Social Advocates for Youth (SAY) program utilizes master's level social workers and counselors to provide prevention and early intervention services to students in middle and high school; it is evaluated through a range of outcome measures. Bellefaire also provides four levels of residential treatment to youth ages 11 through 18. The Crisis Assessment Tool (CAT) is used to measure residential outcomes.

- 73% successfully completed the SBC/PACT –SAT program:
- Of the 324 clients who completed outcomes measures, 66% demonstrated a reduction in agency worker-rated problem severity; also, the reported improvements in average problem severity scores were statistically significant for each rater (i.e. worker, parent, and youth).
- 61% of clients demonstrated an improvement in daily functioning as rated by the agency worker; also, the reported improvements in average functioning scores were statistically significant for each rater (i.e. agency worker, parent, and youth).
- 88% of parents and 91% of youth clients reported feeling hopeful about the future after receiving services.
- At discharge, 98% of parents and 94% of clients reported feeling satisfied with the services they received from the agency.
- These outcomes meet or exceed the outcomes for clients discharged during calendar year 2015, and exceed state benchmarks.

#### **Among 27 residential clients discharged with completed measures:**

- 78% demonstrated fewer risk behaviors
- 81% demonstrated improved behavioral/emotional symptoms
- 44% demonstrated improved life domain functioning
- 30% reported improved family stress levels

#### **School Based Prevention Programming**

Bellefaire also operates three Prevention programs for children.

- **The SAY – Student Leadership Council had 42 participants.**
  - Approximately a third (33%) of participants demonstrated leadership skill.
  - Nearly a third of participants (31%) reported satisfaction with the program.
- **The SAY – Summer Leadership Institute served 21 children.**
  - Of these 86% attended a set minimum of scheduled events.
  - For other targeted objectives,
  - 81% reported satisfaction with the program,

## PROVIDER AGENCY OUTCOMES

- 76% demonstrated leadership skill, and
- 71% demonstrated positive communication skill.
- **The Say – Social Advocates for Youth – Arc Learning Academy (ALA) Student Assisted Services program served 38 children.**
  - Of those children, 71% demonstrated anger management skill,
  - 71% demonstrated positive coping skill,
  - 71% demonstrated problem solving skill,
  - 66% identified harmful effects from substance abuse,
  - 63% demonstrated significant academic improvement, and
  - 66% reported satisfaction with the program.
- The Agency's preliminary 6-month report for 2017 indicates they will reach or exceed their major goals.

### School Based Mental Health – CY2016/2017

Performance measures are generated through the Devereux Student Strengths Assessment (DESSA). The DESSA is utilized to assess the social-emotional competence of children and adolescents grades K-8<sup>th</sup>. It utilized to measure individual and group interventions.

Of the 36 children assessed, there was a significantly low number of children that received a post assessment.

The findings are significant although the number of ratings were very low. The following areas were measured (self-management, self-awareness, social awareness, relationship skills, goal directed behaviors, personal responsibility, decision making, and optimistic thinking) as reflected below:

Rating Categories	Pre	Post
Strength	0%	100%
Typical	38%	0%
Need	62%	0%

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT	2018 CONTRACT RECOMMENDATIONS
<b>Catholic Charities</b>		
AoD Out Patient Treatment	\$ 186,433	\$ 158,468
AoD Residential	\$ 625,000	\$ 600,000
AoD Prevention	\$ 298,196	\$ 298,196
AoD Residential (Matt Talbott)	\$ 175,000	\$ 168,000
AOD Residential - MATT Talbot Expansion	\$ 900,000	\$ 850,000
AOD Residential - Weekend Access Pilot	\$ 28,427	\$ -
AoD Residential Clinic	\$ 299,460	\$ 244,800
AoD Youth Reentry and Aftercare	\$ 90,752	\$ 90,752
AOD Seasons of Hope	\$ 137,936	\$ 197,760
Employment (formerly VRP3)	\$ 265,349	\$ 240,000
School Based Behavioral Health Services	\$ 27,201	\$ 27,201
MH First - Transitional Aged Children	\$ 33,647	\$ 28,600
<b>Subtotal</b>	<b>\$ 3,067,401</b>	<b>\$ 2,903,777</b>



## PROGRAM HIGHLIGHTS

### Catholic Charities Corporation

- Catholic Charities Corporation is a comprehensive behavioral health organization that provides a myriad of services under contract with the ADAMHS Board for adolescents and adults. ADAMHS Board funding supports the following initiatives:
  - Medication Assisted Treatment (MAT) Residential Treatment**
  - Residential Services**
  - Behavioral Health Prevention**
  - Employment Services**
  - Project FIRST**
  - Behavioral Health School Based Programming**
- Catholic Charities alcohol and other drug outpatient treatment services provides behavioral health services to the Hispanic community with a focus on men.
- In the first nine (9) months of CY17, services were provided to an average of 32 men per month between the ages of 29 and 49 years.
- Catholic Charities provides an array of residential services to men and women with substance use disorders and/or co-occurring mental illness.
- The St. Augustine Unit began operation in April 2017. As such, Matt Talbot Inn has a total of 81 beds with the addition of the St. Augustine Unit. The ADAMHS Board provides Non-Medicaid funding to have access to 49 beds, which includes all 16 beds in the St. Augustine Unit.
- In CY17, 17 out of the 34 beds for men will be designated as the Medication Assistance Treatment (MAT) residential treatment program for heroin/opioid dependence, e.g. Suboxone, Vivitrol (Naltrexone), as a step down from board funded detoxification programs and will serve approximately 110 men.
- Matt Talbot for Women (MTW) is a residential substance abuse and dual diagnosis disorders residential treatment facility for females, 18 years of age and older.
- In addition, MTW accepts women currently involved in outpatient MAT into their residential program.
- For CY17, MTW proposes to use ADAMHS Board funding to provide the cost of room and board to assist 50 women.
- Catholic Charities Behavioral Health Prevention service efforts are delivered through the prevention service model utilizing the Substance Abuse Mental Health Services Approach (SAMHSA) and the Center for Substance Abuse Prevention (CSAP) strategies which are Education and Community Based-Process. In

## PROGRAM HIGHLIGHTS

### Catholic Charities Corporation

tandem with Catholic Charities, the Covenant, an affiliate prevention agency, utilizes the SAMHSA and CSAP strategies such as Information Dissemination, Education, Problem Identification and Referral to reduce risk factors and enhance protective factors.

- In CY16/17, Catholic Charities and the Covenant prevention program staff provided services in schools, summer camps and community centers. Staff disseminated information and provided linkage and referrals to treatment services which resulted in the agency serving 1,169 youth through the Covenant's prevention program efforts. The agency provided supported employment services to 300 adults and transitional young adults in CY16, which included vocational assessments.
- In CY17, 41 youth/young adults diagnosed with schizophrenia have received early identification and treatment services in the FIRST Program.
- ADAMHS Board funding supports the non-billable cost to maintain fidelity to the evidence based practice model.
- Catholic Charities Behavioral Health School Based programming is similarly designed as other partnering agencies as consultation and targeted prevention groups are part of the continuum of services through ADAMHS Board funding. Services provide prevention groups and consultation services to assist school personnel with developing behavioral intervention strategies, trains school personnel and parents on mental health signs and symptoms. For the 2016/2017 school year, CCC served 1,562 students.



## PROVIDER AGENCY OUTCOMES

### Catholic Charities

The agency submitted outstanding outcomes documentation. Services provided by Catholic Charities include:

- **Community Based Family Services – Mental Health Services in Schools:**
  - 95% of the reasons for consultation resulted in resolution of the issue or a linkage to needed services. Desired target of 90% was met and exceeded.
- **Covenant Youth Intensive Outpatient Program (IOP):**
  - The percentage of youth who successfully completed treatment without rejecting services declined in 2016. However, more youth remained abstinent than prior years.
- **Employment and Training for MH/AOD and FIRST Cuyahoga County:**
  - One hundred percent of assessed individuals completed vocational counseling and vocational skills training. The number of persons placed in competitive employment was 122, slightly below the target of 145.
- **Hispanic Men:**
  - The program focuses on ethnic and cultural aspects of relapse and drug and alcohol in the Hispanic community. Program remains unchanged from 2015, with high percentages of men remaining abstinent, avoiding new involvement in the criminal justice system, and demonstrating high social connectedness.
- **Matt Talbot for Women Non-Medicaid Community Residential:**
  - Program shows consistent high levels of success between 2015 and 2016, with high percentages of the women remaining abstinent, having no new criminal justice involvement, and demonstrating improved social connectedness.
- **Matt Talbot Inn for Men Non-Medicaid Community Residential:**
  - Abstinence from drug/alcohol use 96% as compared to 95% in 2015. Consistently high percentages of the men show reduction in new criminal justice involvement and securing safe housing between 2015 and 2016.
- **Matt Talbot Inn Expansion to Address Heroin Addiction:**
  - Newly opened as of January 2015; 125 served in CY 2016. 100% of participants show improved abstinence, 100% avoidance of new criminal involvement, 86% have secure housing and 87% experienced improved social connectedness. 46% are employed or in school.
- **Midtown - ODYS Youth Re-Entry and Aftercare:**
  - 93 % of the youth in 2016 did **not** return to ODYS or were sent to ODRC as compared to 100% in 2015. 100% of youth participating in group therapy showed a positive change.
- **Outpatient Mental Health – FIRST Cuyahoga County:**
  - 88% of clients remained compliant with medication use, a rate which has increased over the past three years. 88% of clients did not require repeat hospitalization for their symptoms in 2016. Clients' participation in supported employment/education remained



## PROVIDER AGENCY OUTCOMES

stable (63%) 2016. However, only 83% avoided incarceration in 2016, a decline from 100% in 2015.

- The Agency's preliminary 6-month report for 2017 indicates they will reach or exceed their major goals.

### Prevention Programs

Catholic Charities provided a variety of prevention services for 1,357 participants through seven different programs.

- **The "DAPS" program had 173 participants**
  - 97% demonstrated drug refusal skill and problem solving skill, and identified harmful effects from substance abuse
- **The "Just Say No " Summer program**
  - 100% demonstrates drug refusal skill, leadership skill, and identifies harmful effects from substance abuse
- **The Hispanic Alliance consists of 15 service providers** who meet for collaborative program planning and implementation.
- **The Academic Tutoring had 27 participants enroll.**
  - 63% satisfactorily completed significant amount of homework and/or assignments.
  - 48% demonstrated significant academic improvement.
  - 41% enrolled, completed significant homework / assignments, and demonstrated significant academic improvement.
- **Prevention Education included 1,080 participants.**
  - 92% identified harmful effects from substance abuse.
  - 75% demonstrated drug refusal skill
  - 63% identified harmful effects, demonstrated refusal skill, and signed pledge to refrain from ATOD.
- **Problem Identification and Referral only had one participant**
- **Safe and Drug Free Activities included 61 participants**
  - 62% attended set minimum of scheduled events.
  - 49% achieved all milestones

## PROVIDER AGENCY OUTCOMES

### Catholic Charities School Based Mental Health

Performance measures are generated through the Devereux Student Strengths Assessment (DESSA). The DESSA is utilized to assess the social-emotional competence of children and adolescents grades K-8<sup>th</sup>. It utilized to measure individual and group interventions.

- Data was very thorough and provided the necessary information to capture progress. Of the 63 children assessed, 73% completed a pre/post assessment.
- The data below reflects significant improvement and stabilization in the group and/or classroom.
- The following areas were measured (self-management, self-awareness, social awareness, relationship skills, goal directed behaviors, personal responsibility, decision making, and optimistic thinking) as reflected below:

<b>Rating Categories</b>	<b>Pre</b>	<b>Post</b>
Strength	16%	20%
Typical	56%	70%
Need	29%	11%

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT	2018 CONTRACT RECOMMENDATIONS
<b>Center for Families &amp; Children</b>		
MH Treatment	\$ 1,347,212	\$ 1,145,130
MH Prevention (Integrated Health Care)	\$ 397,000	\$ 381,120
<b>Subtotal</b>	<b>\$ 1,744,212</b>	<b>\$ 1,526,250</b>



## PROGRAM HIGHLIGHTS

### The Centers for Families & Children (The Centers)

- The Centers for Families & Children is a comprehensive behavioral health organization that provides a variety of other services in the community to both children and adults. The ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services**
  - Substance Use Disorder (SUD) Treatment Services**
  - Integrated Health Services**
- The Centers' Integrated Care Services features primary care and wellness/preventions programming, including the following:
  - Stanford Chronic Disease Self-Management with a focus on diabetes.
  - Freedom from smoking program that includes Yoga classes, walking clubs, men's and women's health classes, personal hygiene assistance and healthy eating habits.
- In collaboration with two Federally Qualified Health Centers (FQHC), the Centers provides primary care services and supports to all of their clients. Thus far in CY17, ADAMHS Board funding provided assistance for approximately 3,000 individuals for Integrated Care Services.

## PROVIDER AGENCY OUTCOMES

### The Centers for Families & Children

The Centers provides: MH Assessment, Psychiatric Diagnostic Review, CPST, Pharm Management, wellness programming and counseling.

#### **8,533 total clients were served; 85% of clients have Medicaid**

- 100% of potential clients have access to services within 21 days of their call for services.
- 53% of clients have utilized the pharmacy
- 18% of West, Gordon Square, and Southwest clients have received an on-site primary care visit

#### ***Of the 3,524 (41%) clients who had a Treatment Plan Review***

- 86% of clients reported an increase in their ability to take steps to address worsening mental health symptoms
- 40% of clients reported an improvement of their mental health symptoms compared to the last Treatment Plan Review
- 20% of clients reported an ED visit for physical health in the past 90 days
- 5% of clients reported an ED visit for mental health in the past 90 days
- 9% of clients reported a hospital admission for physical health in the past 90 days
- 4% of clients reported a hospital admission for mental health in the past 90 days

#### **16% of clients are satisfied with the services provided by The Centers**

- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

# 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Circle Health</b>			
AoD Out Patient Treatment	\$ 50,899		\$ 29,750
MH Treatment	\$ 25,000		\$ -
<b>Subtotal</b>	<b>\$ 75,899</b>		<b>\$ 29,750</b>



## PROGRAM HIGHLIGHTS

### Circle Health Services (Formerly the Free Clinic)

- Circle Health Services (Formally The Free Clinic) is a Federally Qualified Health Center (FQHC) agency that provides intensive and non-intensive outpatient substance abuse treatment in Northeast Ohio. ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services**
  - Substance Use Disorder (SUD) Treatment Services**
  - Fentanyl Test Strip Program**
- Since becoming an (FQHC), Circle Health can now accept clients who are insured through Medicaid, Medicare or other private insurers.
- The agency provides daytime and evening Substance Use Disorder (SUD), Intensive Outpatient (IOP) Treatment Program and non-IOP services.
- All individuals involved in SUD have access to the primary health care services at Circle Health Services.
- All individuals involved in SUD also have access to mental health services at Circle Health which include mental health counseling and psychiatry services.
- The largest percentage of clients served in most recent years were diagnosed with Alcohol Dependence/Abuse, 44%, followed by Cannabis Dependence, 43%, Cocaine Dependence, 9% and Opioid Dependence, 4%.

#### New Program:

- The Fentanyl Test Strip Program (FTSP) is a harm reduction effort to reduce the number of opiate overdoses and deaths in Cuyahoga County. The FTSP allows individuals who inject drugs intravenously to test heroin for traces of fentanyl.
- In CY17, this program will serve 5,000 individuals. The funding allocation will be used to purchase 25,000 test strips with the intention of reducing the overdoses and deaths related to Fentanyl use.

## PROVIDER AGENCY OUTCOMES

### Circle Health Services (Formerly the Free Clinic)

The agency provides Intensive and Non-Intensive AOD Outpatient Treatment which includes assessment, Medical/Somatic, group therapy, individual counseling, case management, and crisis intervention.

Overall, 235 referrals were processed and 154 clients were admitted to a treatment level.

- 75 admitted to Intensive Outpatient Treatment.
- 79 direct admits to Non-Intensive Treatment.
- 92% of those admitted to the Non-Intensive program engaged in the treatment process and met the milestone.
- 54% of clients who completed treatment indicated that they have an improved quality of life at discharge.
- 37% reported lower levels of distress at the end of the program.
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Cleveland Christian Home</b>			
School Based Behavioral Health Services	\$ 44,459		\$ 25,000
<b>Subtotal</b>	<b>\$ 44,459</b>		<b>\$ 25,000</b>

## PROGRAM HIGHLIGHTS

### Cleveland Christian Home (CCH)

- Cleveland Christian Home (CCH) is a non-profit organization specializing in the provision of treatment services for difficult and at-risk child and youth populations. ADAMHS Board funding supports the following initiative:

- Behavioral Health School Based Programming**

- CCH's school based mental health services, prevention and consultation program services are delivered with a similar framework as the other partnering agencies participating in this school-based initiative. This program identifies youth most in need through the Georgetown consultation model.
- In the 2016/17 school year, CCH supported a limited number of students due to staffing.
- There will be an anticipated increase in service delivery for the 2017/18 school year as they have gained capacity.



## PROVIDER AGENCY OUTCOMES

### Cleveland Christian Home

#### **School Based Mental Health – CY2016/2017**

Performance measures are generated through the Devereux Student Strengths Assessment (DESSA). The DESSA is utilized to assess the social-emotional competence of children and adolescents grades K-8<sup>th</sup>. The assessment tool is utilized to measure individual and group interventions.

- Of the 5 children assessed, 60% showed progress across all areas (self-management, self-awareness, social awareness, relationship skills, goal directed behaviors, personal responsibility, decision making, and optimistic thinking)
- Upon completion of the group intervention, 80% of the students demonstrated substantial progress from the rating categories through the scale descriptions illustrated below:

<b>Rating Categories</b>	<b>Pre</b>	<b>Post</b>
Strength	0%	0%
Typical	60%	80%
Need	40%	20%

- Per Cleveland Christian Home, they have increased their capacity to serve more children through the 2017/18 school year.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Cleveland Department of Health</b>			
AoD Out Patient Treatment	\$ 40,000		\$ -
AoD Prevention	\$ 90,000		\$ 90,000
<b>Subtotal</b>	<b>\$ 130,000</b>		<b>\$ 90,000</b>

## PROGRAM HIGHLIGHTS

### City of Cleveland Department of Public Health

- The City of Cleveland Department of Public Health's Office of Mental Health and Substance Abuse provides abstinence based substance abuse treatment and prevention activities. ADAMHS Board funding supports the following initiative:
  - **Behavioral Health Prevention Programming**
- The City of Cleveland Department of Health's service efforts are delivered through the prevention service model utilizing the Substance Abuse Mental Health Services Approach (SAMHSA) & the Center for Substance Abuse Prevention (CSAP) strategies which are Problem Identification and Referral along with dissemination of educational materials, Alternatives, and Community Based Process to reduce risk factors and enhance protective factors.
- In the 2016/2017 school year, the agency's Student Assistance Program (SAP) provided school-based prevention and early intervention services to the East Clark pre-kindergarten to 8<sup>th</sup> grade school located in the Collinwood community and served 443 students.



## PROVIDER AGENCY OUTCOMES

### Cleveland Department of Public Health

#### Prevention Services

The Cleveland Department of Public Health offers two programs that have touched 443 participants.

- Student Assistance Program served 433 children.
  - 37% demonstrated drug refusal skill
  - 22% demonstrated positive coping skill
  - 18% satisfactorily completed significant amount of homework and/or assignments
- TeenBiz – Summer Program served 10 children where 40% demonstrated leadership skill
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Cleveland Rape Crisis Center</b>			
MH Prevention	\$ 50,000		\$ 40,000
MH Treatment	\$ 25,000		\$ 8,500
<b>Subtotal</b>	<b>\$ 75,000</b>		<b>\$ 48,500</b>

## PROGRAM HIGHLIGHTS

### Cleveland Rape Crisis Center (CRCC)

- Cleveland Rape Crisis Center (CRCC) offers direct and comprehensive services which include prevention, treatment, education and advocacy to support individuals impacted by sexual violence and assault. The ADAMHS Board funding supports the following initiative:
  - **Mental Health Prevention Outreach Services**
- CRCC provides outreach, education and prevention programming identified as the Comprehensive Sexual Violence Prevention program. Programming targets faith-based organizations, community groups, culturally specific organizations, schools and college campuses to prevent rape and sexual assault.
- CRCC serves any survivor of rape or sexual abuse, their families, and community members seeking to learn about or prevent rape and sexual assault. Participants include first responder professionals, religious leaders, community organizations, middle and high school and college students.
- In CY16/17, CRCC conducted 95 community presentations regarding sexual assault services, reaching 1,555 community members. Literature distributed to the community totaled 5,055 materials which included agency brochures, program fliers and 24-hour hotline cards; 12 people disclosed abuse to the agency outreach specialist and were referred for mental health counseling; eight (8) community collaboration meetings were attended as a means to increase awareness regarding available sexual assault services in Cuyahoga County; and nine (9) educational speaking engagements were provided to 94 attendees regarding available rape crisis intervention services.



## PROVIDER AGENCY OUTCOMES

### Cleveland Rape Crisis Center

The agency provides Mental Health Counseling for Survivors of Rape and Sexual Abuse. The agency utilizes the Trauma Symptom Checklist to measure a reduction in trauma symptoms over the course of the treatment process.

- 708 adult survivors participated in Mental Health Counseling.
- The Center exceeded the goal of serving 600 adult survivors.
- 279 adolescent and child survivors received Mental Health Counseling in the funding period. The original goal was 100.
- 105 survivors of rape and sexual abuse were provided with Group Counseling during 2016, exceeding the target of 80 clients.
- 85% of clients who participated in Mental Health Counseling reported a 10-15 point reduction in PTSD symptoms; the agency met its goal for this outcome.
- 95% of clients report being satisfied with the services they received through the Center's Client Satisfaction services.
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Cleveland Treatment Center</b>			
MH Art Therapy	\$ 60,000		\$ 57,600
AOD Sober Beds/Housing	\$ 311,865		\$ 275,365
MH Urban Gardens	\$ 50,000		\$ 30,000
<b>Subtotal</b>	<b>\$ 421,865</b>		<b>\$ 362,965</b>

## PROGRAM HIGHLIGHTS

### Cleveland Treatment Center (CTC)

- The mission of the Cleveland Treatment Center (CTC) is to “Improve the health and well-being of residents of Northeast Ohio by providing a state of the art, cost effective, abstinence-based drug treatment/prevention health prevention services.” CTC is a Substance Use Disorder (SUD) treatment facility that primarily provides Methadone Maintenance and Outpatient services. The ADAMHS Board funding supports the following initiatives:

- Recovery Housing**
- Substance Abuse Disorder (SUD)/Outpatient Treatment Services**
- Medication Assisted Treatment (MAT), Hattie House**

- The CTC continues to have a strong interest in offering recovery beds/housing for adults who struggle with heroin/opiates and Alcohol and Other Drugs (AOD). CTC offers Recovery Housing that meets the standards for the National Association of Recovery Residences (NARR) and Ohio Recovery Housing (ORH) as Levels 1 and 2 Recovery Residences.
- The average length of stay in the Sober Housing Program is 90 days. In CY16, a total of 155 clients were linked to Sober Recovery Housing through CTC.
- Thus far in CY17, CTC had 125 clients enrolled as of June 30; 43 clients successfully completed the program and 64 clients are currently active. More than 50% of clients are opiate dependent. The projected number of clients to be served was 90, however, the goal was exceeded as 125 clients were linked to recovery housing.

#### New Program:

- In CY17, CTC expanded their contract from the ADAMHS Board to utilize an existing board funded property for a Medication Assisted Treatment (MAT) Program residence called the “Hattie House”. CTC acts as a fiscal agent and provides case management for individuals that reside in recovery a living environment.
- The target population are existing clients from CTC transitioning from detox programs. The Hattie House has a capacity to serve up to 12 clients. The Hattie House programing consists of coordination and linkage to services for detox, stabilization of medication and recovery support.
- To date, Hattie House has served approximately 12 clients. Six (6) of those client have been successfully linked to outpatient treatment and other treatment programs. Two (2) clients successfully completed the program protocol.



## PROVIDER AGENCY OUTCOMES

### Cleveland Treatment Center (CTC)

The agency reports outcomes for its **Art Therapy program for methadone clients** as:

- 81% reported decrease in alcohol/drug abuse.
- 78% reported extreme confidence in being able to maintain abstinence.
- 91% reported now making healthy lifestyle choices; an improvement over 80% in 2015.
- 81% were discharged successfully, an improvement over 70% in 2015.

#### ***Sober Beds program:***

Out of 155 Individuals Enrolled:

- 78% Completed sober housing;
- 76% remained abstinent, verified by urinalysis.
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Community Action Against Addiction (CAAA)</b>			
AoD Out Patient Treatment	\$ 700,000		\$ 595,000
MH Treatment	\$ 5,000		\$ -
AOD Half-Way House MAT	\$ 161,568		\$ 155,105
<b>Subtotal</b>	<b>\$ 866,568</b>		<b>\$ 750,105</b>

## PROGRAM HIGHLIGHTS

### Community Action Against Addiction (CAAA)

- Community Action Against Addiction (CAAA) provides Medication Assisted Treatment (MAT) to persons addicted to heroin. The agency has expanded its treatment base of Methadone to include Subutex/Suboxone and Vivitrol giving the clients greater choice in their treatment regimen. The agency also has expanded its Intensive Outpatient (IOP) Treatment Program. The ADAMHS Board funding supports the following initiatives:
  - Medicated Assisted Treatment (MAT)**
  - Substance Use Disorder (SUD) Treatment Services**
- For CY16, CAAA served approximately 751 individuals from the Greater Cleveland area enrolled in CAAA's Medication Assisted Treatment (MAT) Program.
- For CY17, CAAA is on pace to serve approximately 420 individuals from the Greater Cleveland area through their MAT Programs. Of this number, approximately 54% are utilizing non-Medicaid funds through the ADAMHS Board.
- As part of CAAA medication monitoring, clients receive periodic urinalysis testing, with the goal of transitioning to home based Methadone administration, in lieu of coming to the agency for a daily dosage of medication. Approximately 233 individuals in CY17 have been successful.



## PROVIDER AGENCY OUTCOMES

### Community Action Against Addiction (CAAA)

CAAA provides MAT and IOP. The agency largely reports outputs.

- The agency's goal to demonstrate client's abstinence is to achieve a rate of 80% negative urine screens.
- In 2016, the rate for negative urines was 56%.
- In 2015, the rate was 71%, compared to 70% in 2014.
- Wait time from intake to assessment was 2 days in 2016 and 2015, an improvement over 3 days in 2014.
- Board staff are working with CAAA staff to develop more comprehensive outcomes including full implementation of the Brief Addiction Monitor (BAM)
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Community Assessment &amp; Treatment Services (CATS)</b>			
AoD Residential - Modified Therapeutic Community	\$ 77,250		\$ 74,160
AoD Out Patient Treatment	\$ 75,000		\$ 55,250
AoD Residential	\$ 349,000		\$ 249,500
Employment - Lead Carpenter Training	\$ 60,000		\$ -
Drug Court Sustainability	\$ 183,736		\$ 176,387
MH Treatment	\$ 5,000		
<b>Subtotal</b>	<b>\$ 749,986</b>		<b>\$ 555,297</b>

## PROGRAM HIGHLIGHTS

### Community Assessment & Treatment Services (CATS), Inc.

- Community Assessment & Treatment Services (CATS), Inc., provides Alcohol and Other Drugs (AOD) Intensive Outpatient (IOP) Treatment Program and residential treatment services to referrals from Drug Court, the community and adult probation staff. ADAMHS Board Funding supports the following initiatives:
  - Substance Use Disorder Treatment**
  - Residential treatment**
  - Employment/Training Assistance**
- CATS' Modified Therapeutic Community (MTC) program provides a minimum of 15 hours per week for adult males with a diagnosis of chemical abuse and/or dependency and a history of incarcerations. Thus far in CY17, the agency has served nearly 24 clients in the MTC program.
- CATS' Challenge to Change program for adults is an evidence based practice, cognitive behavioral therapeutic intervention provided on the outpatient basis.
- CATS' residential treatment program provides an intensive level of care for men and women with substance use and co-occurring disorders.
- The agency's Dual Diagnosis Program (DDP) is designed to serve men and women who have experienced psychiatric symptoms in addition to displaying alcohol and other drug use/dependency.
- CATS' DDP model's training and monitoring is in collaboration with the Center for Evidence-Based Practices and as served 60 people thus far in CY17.
- In CY17, CATS served 40 clients through their Drug Court Sustainability program, which serves men and women for court ordered outpatient treatment.
- In CY18, CATS anticipates serving 120 clients as referred by Drug Court.



## PROVIDER AGENCY OUTCOMES

### Community Assessment & Treatment Services (CATS)

The agency provides very good outcomes documentation. CATS provides AOD IOP, Assessment, Individual Counseling, Group therapy, Case Management, Crisis intervention, urinalysis, Non-medical Community Residential, IOP with Residential Support, Halfway House Residential.

MH services provided include Assessment and Individual Counseling.

The agency strives to increase used of EBPs and enhance QI data collection. CATS utilizes the Brief Addiction Monitor extensively in its AOD programs to measure improvement. Results show that:

#### **AOD Residential Clients:**

- 49 clients served
- 48 were discharged from the program, 30 were successful.
- 100% of clients had substance use decrease.
- 89% of clients had a decrease in risk factors.

#### **Drug Court Clients:**

- 108 clients served
- 89 were discharged from the program, 58 were successful:
- 65% successfully completed treatment (reduction of substance use and no new charges)
- 100% of clients had substance use decrease.
- 80% of clients had a decrease in risk factors.

#### **Challenge to Change:**

- 83 clients served
- 67 were discharged from the program. 35 were successful.
- 52% successfully completed treatment (reduction of substance use and no new charges)
- 100% of clients had substance use decrease.
- 100% of clients had a decrease in risk factors.
  
- The Agency's preliminary 6-month report for 2017 indicates they will reach or exceed their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Connections</b>			
MH Treatment	\$ 1,395,000		\$ 1,105,000
AoD Out Patient Treatment	\$ 85,000		\$ 72,250
MH Peer Support North Ridge Commons	\$ 113,000		\$ 108,480
MH Urban Goodness (Peer Support)	\$ 75,000		\$ 30,000
MH Jail Liaison	\$ 62,712		\$ 60,204
MH Peer Support	\$ 107,198		\$ 102,910
MH Art Therapy	\$ 33,000		\$ 31,680
<b>Subtotal</b>	<b>\$ 1,870,910</b>		<b>\$ 1,510,524</b>

## PROGRAM HIGHLIGHTS

### Connections: Health • Wellness • Advocacy

- Connections: Health • Wellness • Advocacy provides a spectrum of behavioral health and recovery support services allowing for seamless care for children, adults and their families. ADAMHS Board funding supports the following initiatives:
  - Mental Health Treatment Services**
  - Substance Use Disorder (SUD) Treatment Services**
  - Peer Recovery Support Services**
  - Jail Liaison Services**
  - Art Therapy**
- The agency's Dual Diagnosis (DD) Program provides outpatient treatment services for adults with both chemical dependency and mental illness. In CY17, 396 clients were served in the DD Program.
- Connections provides peer support services including, mentoring through socialization activities, assistance with Assisted Daily Living (ADL) skills and development of coping skills.
- In addition, Connections provides supportive services to Northridge Commons, which is a 30 unit permanent housing environment, owned by EDEN, Inc., and operated by Connections for clients who are 50 years of age and older and have a mental illness.
- Thus far in CY17, peer support services consisted of three (3) full time staff that served approximately 160 individuals.
- Connections also supports the Urban Goodness Community Garden. The garden is located on the campus of Hitchcock Center for Women and staffed by Connections' peer support specialists with a focus on providing individuals with mental illness and substance use disorders a unique opportunity to learn marketable job skills through the integration of hands-on, farm-related activities into their individual treatment plans. Approximately 64 individuals have volunteered for the Urban Goodness Community Garden.
- CY17, the ADAMHS Board funding continued to support the cost for materials for the garden and peer support staff.
- Connections also has a dedicated Jail Liaison in the Cuyahoga County Justice Center who serves as the link between the agency and the county justice system, particularly in the Mental Health Court and the Mentally Disordered Offender (MDO) Probation Department. The Jail Liaison has served an average of 81 clients monthly.



## PROVIDER AGENCY OUTCOMES

### Connections: Health • Wellness • Advocacy

Connections provides MH Assessment, Psychiatric Assessment; Pharm Management, BH Counseling and Therapy (Group & Individual); CPST, The agency has used the Patient Health Questionnaire (PHQ) -9 to measure statistically significant changes in patient reported severity of depressive symptoms.

Peer Support programming, Jail Liaison services, and Art Therapy are also provided with Board funding.

- The median number of days to the first psychiatry service decreased from 28 days in CY 2014 to 18 days in CY2015. In 2016, 65.6% of patients were seen in **7 days or less** from their hospital discharge, with median days to first kept appointment of 3.65 days.
- The percentage of hospitalized patients seen in fewer than 7 days from discharge improved from 82% in CY 2014 to 87% in CY 2015 to 89.7% in 2016.
- In 2016, 97% of hospitalized patients were **not** readmitted in 30 days or less.
- In 2016 the agency provided 1390 hours of Peer Support services compared to 889 hours in CY 2015. This is an increase of 56%.
- **Jail Liaison** provided services to 23 clients.
- Clients received 195 hours of CPST, 29 hours of pharmacological management, 17 hours of substance use treatment, 3 hours of counseling, and 7 hours of behavioral health assessment.
- 68 clients were provided with Art Therapy in 2016.
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.

## 2018 PROVIDER FUNDING RECOMMENDATIONS

Agency/Program	2017 CONTRACT AMOUNT		2018 CONTRACT RECOMMENDATIONS
<b>Court of Common Pleas</b>			
AoD Out Patient Treatment	\$ 168,104		\$ 142,888
Drug Court Sustainability	\$ 316,680		\$ 304,013
<b>Subtotal</b>	<b>\$ 484,784</b>		<b>\$ 446,901</b>

## PROGRAM HIGHLIGHTS

### Court of Common Pleas Corrections Planning Board

- The Corrections Planning Board is a governmental entity under the auspices of the Cuyahoga County Common Pleas Court (CPC) and functions as the administering organization to Treatment Alternatives to Street Crime (TASC). TASC's mission is to provide an objective and effective bridge between the Criminal Justice System and the treatment community. ADAMHS Board funding supports the following initiative:
  - **Substance Use Disorder (SUD) Treatment Services**
- Cuyahoga County TASC is Ohio Mental Health and Addiction Services (Ohio MHAS) certified for Behavioral Health Counseling and Therapy.
- TASC's Alcohol and Other Drugs (AOD) Jail Reduction Program is for individuals in the County Jail and awaiting Court ordered placement into an AOD treatment program, in addition to Intensive Outpatient (IOP) Treatment Programs.
- In CY17, TASC's Jail Reduction Program has completed 640 assessments and 235 Pre-Sentencing Investigation assessments as referred by three (3) Drug Courts; Cleveland Municipal Drug Court, Recovery Court and Veterans Treatment Court. However, the ADAMHS Board focuses on the first two (2) drug courts.
- For CY18, TASC projects to serve 144 clients through Intensive Outpatient (IOP) Treatment Programs.
- In CY18, the ADAMHS Board will continue to provide funding to the Drug Court Sustainability project along with the Department of Justice (DOJ) to support TASC assessments for low-level felony drug possession offenses.



## PROGRAM HIGHLIGHTS

### Court of Common Pleas Psychiatric Clinic

- Cuyahoga County Common Pleas Court Psychiatric Clinic facilitates the Second Opinion Evaluation for persons found Not-Guilty by Reason of Insanity (NGRI), who are hospitalized at NorthCoast Behavioral Healthcare and until determined ready for discharge. The ADAMHS Board funding supports the following initiative:

- Court Psychiatric Evaluation**

- Cuyahoga County Court of Common Pleas Court Psychiatric Clinic works in concert with Recovery Resources who is the primary provider for conditional release.
- Reports are submitted annually. For CY16, 19 evaluations were completed and submitted to the sentencing judge, who determines if conditional release should be granted.

## PROVIDER AGENCY OUTCOMES

### Court of Common Pleas Correction Planning Board

The agency provides a complete outcomes report. The Court provides Jail Reduction Assessments, Intensive Outpatient Treatment, and TASC-Drug Court Case Management.

There was an average of time of 2.01 days to wait for a jail assessment from referral to assessment completion, an improvement from to 3.4 days in 2015 and 3 days in 2014.

#### **IOP**

In IOP, there was a 69% success rate among female clients, a marked improved over a 14% success rate in the women's group in 2015.

The men's IOP group had a 40% success rate, a decline from a 50% success rate in 2015. This was attributed to significant staff turnover.

#### **Among IOP participants, at 12 months:**

- 0% of men recidivated in Common Pleas Court
- 11% recidivated at 12 months through Cleveland Municipal Court;
- 0% of women recidivated at 12 months in Common Pleas Court
- 22% recidivated at 12 months through Cleveland Municipal Court.

#### **Among clients who successfully graduated from Drug Court,**

- 0% recidivated at 6 months in Common Pleas Court
  - 0% recidivated at 12 months in Common Pleas Court.
  - 7% recidivated at 6 months in Cleveland Municipal Court
  - 0% recidivated at 12 months in Common Pleas Court.
- 
- The Agency's preliminary 6-month report for 2017 indicates they will reach their major goals.