

# Antifragility Initiative

Supporting healing, strengthening and growth



## Who we are:

The Antifragility Initiative (AI) is a holistic, person-centered program focusing on helping to support your child and your family, after being impacted by violence or a traumatic event. Our goal is to provide a continuum of care so that your child can heal and does not become a victim of community violence again.

## What we can offer

- 1 year of community support from qualified UH Rainbow Babies & Children's social workers
- A personalized plan to fit your child's and the family needs.
- Opportunities to connect your child to mentors and/or positive activities such as sports or the arts.
- Connect to community resources:
  - Safe housing
  - Health & wellness
  - Mental health
  - Academic & career resources
- Academic support and help to navigate school-related issues

## To enroll in the program these criteria must be met:

- Your child must have received care at UH Rainbow Babies & Children's Hospital for an injury that was a result of community violence.
- Your child must be a Resident of Cuyahoga County

For more information,  
call **(216) 286-5475**.