

**Trauma Collaborative  
Meeting Minutes**

April 23, 2021  
Via Zoom  
9:30 AM to 11:00 AM

**Attendance:** **ADAMHS Board:** Erin DiVincenzo, Leslie Koblentz and Michael Smith; **Applewood:** Lori Konieczka; **ASIA Ohio:** Samantha Salamon; **Beech Brook:** Katlyn White; **Bellefaire:** Emma Bogard; **Catholic Charities:** Stephanie Wilson; **Child and Family Advocates:** Hannah Wiltshire; **CRCC:** Jessica Martin; **Coalition to End Human Trafficking:** Sr. Anne Victory; **Cuyahoga County Board of DD:** Leah Dalton, Sarah Bonnette; **Defending Childhood:** Jakolya Gordon; **Effective Leadership Academy:** Flo Brett; **Journey/DVACA:** Wendy Hunter; **ESC:** Heather Cocoran and Cathy Papp; **Family & Children First Council:** Tamara Smith; **Family Promise:** Jacqueline Salter; **Frontline Service:** Nicky Miller, Deondra Benson; **Gracehaven:** Heather Shaub, Jennifer Taber; **JFSA:** Mae Bennett; **Murtis Taylor:** Melissa Paradise; **Neighborhood Family Practice:** Annie Slota; **New Directions:** Faith Lewis-Foster; **OhioGuidestone:** Lisa Lubowicki; **OHTP Youth Advisory Board:** Briana Foy; **PALS for Healing:** Misty Ramos Saviano; **Pathways Caring For Children:** Cassie Lopiccolo; **Peace in the Hood:** Ruth Standiford; **Signature Health:** Kaleigh Turick; **Sisters of Charity Foundation:** Joe Black; **UH:** Matthew Krock, and Gladys Okocha; **Wingspan Care Group:** Jim McCafferty

**Welcome and Introductions:** Erin DiVincenzo and Jakolya Gordon called the meeting to order, welcomed the members in attendance, and requested individuals introduce themselves along with their agencies.

**Agency Presentation ASIA Ohio:** Samantha Salamon provided an overview of the health and social services offered by Asian Services in Action (ASIA):

- Immigration
- Legal
- Aging and Adult services
- Sliding scale health care
- Services are offered to citizens and refugees/undocumented
- Translation/interpretation services available in more than 50 languages
- Community engagement assisting the community with participation in the democratic process
- Services for survivors of sexual assault and human trafficking
- 95 percent of the services are offered at no cost

**Agency Presentation, PALS for Healing:** Misty Ramos Saivano, Executive Director, provided an interactive presentation to engage the meeting attendees as well as an overview of services offered to clients who have suffered trauma and/or loss and a presentation on Diversity and Racial Trauma:

- Racial trauma/Race-Based Traumatic Stress (RBTS) is not considered a mental health disorder (unlike PTSD)
- RBTS is a mental injury that can occur as the result of living within a racist system
  - Causes can be direct, vicarious and intergenerational
- Symptoms can include:
  - Isolation, avoidance, reduced self-esteem, chronic stress, re-experiencing distressing events
- Some Ways to help heal:
  - Self-care/cope with stress
  - Roleplay negative encounters with a trusted friend/colleague
  - Recognize your personal limits

**Agency Updates:**

**Coalition to end Human Trafficking:** Sr. Anne Victory reported that they have a new director of Programming, Marya Simmons. She started three weeks ago, and they are delighted to have her on board. They are hosting Human Trafficking Basics on May 6 and May 11. Details and registration information is available on [www.collabtoendht.org](http://www.collabtoendht.org).

**Murtis Taylor:** Melissa Paradise reported that they are hosting a virtual minority health fair on April 28, 2021. This is a free community event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources. Contact [ldyous@murtistaylor.org](mailto:ldyous@murtistaylor.org) to register for the event.

**Pathways Caring For Children:** Shared flyers for two groups they are hosting this summer. If interested, have your family contact Pathways to complete an assessment. Spaces are limited.

**Next Meeting:** Friday, July 23, 2021 – 9:30 to 11:00 a.m. - Via Zoom