

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT COMMITTEE MINUTES MAY 12, 2021

Committee Members Present: Katie Kern-Pilch, ATR-BC, LPC-S, Committee Chair, Reginald C. Blue, Ph.D., Gregory X. Boehm, M.D., Elsie Caraballo, J. Robert Fowler, Ph.D., Patricia James-Stewart, M.Ed., LSW, Jena Olsen / Other Board members: Rev. Benjamin F. Gohlstin, Sr., Sharon Rosenbaum, MBA

Absent: Crystal L. Bryant, Esq., MS, LSW

Board Staff Present: Joseph Arnett, Carole Ballard, Christina Bohuslawsky-Brown, Danielle Clark, Curtis Couch, Erin DiVincenzo, Tami Fischer, Cheryl Fratalone, Felicia Harrison, Bill Hebble, Anthony Henderson, Charde' Hollins, Woo Jun, Linda Lamp, Vicki Roemer, Clare Rosser, Jessica Saker, Allison Schaefer, Starlette Sizemore-Rice, Larry Smith, Jr., Michaele Smith, Maggie Tolbert, Thomas Williams, Leshia Yarbrough-Franklin, Beth Zietlow-DeJesus

1. **Call to Order**

Ms. Katie Kern-Pilch, Planning & Oversight Committee Chair, called the meeting to order at 4:00 p.m. Dr. J. Robert Fowler read into the record the Committee Mission Statement: *"The Planning & Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of clients, their families, and the community."*

2. **Board Member Attendance Roll Call**

Due to the current public health orders surrounding COVID-19, and the Board's commitment to ensuring the health and safety of our Board members, staff, partners, and stakeholders, the Planning & Oversight Committee meeting was held via a Zoom meeting. To assure a quorum, Ms. Linda Lamp, Executive Assistant, completed the Board member attendance roll call.

3. **Approval of Minutes**

The Planning & Oversight Committee minutes of April 14, 2021 were approved as submitted.

4. **Presentations:**

Prevention

Ms. Charde' Hollins, Behavioral Health Prevention Specialist, introduced Ms. Kelly Le, Manager of Youth and Family Services, at Asian Services in Action (ASIA), Inc. Ms. Le reported that ASIA is the largest health and human services agency serving the Asian American/Pacific Islander (AAPI) community in the State of Ohio. They run two federally qualified health centers (FQHC) and offer comprehensive social service programming that provides linguistically and culturally competent support for local immigrants and refugees. Their mission is to strive to empower and advocate for Asian Americans and Pacific Islanders; and to provide AAPIs and other communities access to quality culturally and linguistically appropriate information, health, and social services. ASIA's vision is to ensure that AAPI individuals, families, and communities to: Progress further along the path towards self-sufficiency; Be deeply engaged in civic life; Have equal access to opportunities; Be well understood through the vast availability of community data and information; and Achieve optimal health and well-being.

ASIA uses a "no wrong door" approach to their service delivery, uphold culturally and linguistically specific care and use a wrap-around service model. Departments within the organization include the following:

- Ahimsa Department
- Aging and Adult
- Children, Youth & Family
- Interpreting & Translation
- Community/Civic Engagement
- Sustainability Services
- International Community Health Center
- Legal Services
- Apex Fund for economic Opportunities

Children, Youth & Family Services (CYF) include programming for children in K-12th grade supporting educational development and academic assistance, acculturation, and enrichment. The CYF Department includes the International Community Empowerment Program (ICEP), Westside Community Adult Mentoring & Parenting (CAM) and Refugee Youth Mentoring Case Management Program (RYM). Ms. Le reported that there are unique pressures of being an immigrant school-age child (having to catch up with American peers academically; learn English; and has additional responsibilities in helping their family adapt to new life). She emphasized that schooling is a prime reason parents are motivated to immigrate or be resettled as refugees in the United States, so ASIA is key in providing the extra academic, social and psychological support while helping them bridge their future. Also, there is a need for post-resettlement for continued acculturation and integration support for the long-term.

Since early 2000s, the CAM program has served Cuyahoga County refugees and immigrant families through advocacy, family supports and providing prevention education to Low English Proficiency students from both Cleveland and Lakewood schools. The goal is to lower the risk factors and increase protective factors in order to build resiliency through investments in school, building health relationships with peers, self-esteem and parent engagement. By utilizing an adapted LifeSkills curriculum, the CAM program provides prevention education and building leadership skills to lay the foundation of success in both academics and their future sense of self. Within the realm of health and wellness, acculturation plays a major role in the student's ability to manage trauma and stress from their experience as a refugee/immigrant new to the United States through stigma reduction and raising awareness. Outcomes include the demonstration of drug refusal skills, problem solving skills and academic improvement.

Ms. Le reported that CAM has developed great partnerships with Lakewood City Schools and have requests to expand their programming to multiple locations. They have a large parent support for students to be active in programming and involved in volunteer networks to help support capacity. The CAM program is held at Roosevelt Elementary School in Lakewood Mondays through Fridays from 4:00 p.m. to 7 p.m. September through May. Summer programming is staffed by four to five prevention professionals and five to ten volunteers. During the school year CAM has served 50-70 individuals; and during summer programming CAM has served 70-100 individuals.

Through Strengthening Families, the CAM Parenting Program seeks to provide education for refugee/immigrant parents newly resettled in Cuyahoga County to develop skills to minimize stress, trauma and maintain healthy habits to better support their youth in addition to gaining Alcohol and other Drug (AOD) knowledge. The outcomes include the following: 1) Ability to track rewards/consequences of child(ren)'s behaviors, 2) Create behavior goals/objectives, 3) Demonstrate positive communication skills, and 4) Demonstrate clear, consistent rule setting and expectations regarding substance use. The CAM parenting Program is held at Lakewood Public Library (Madison Branch) with varying schedules by program session, typically once a week for one hour. The Parent programming is run by two bilingual/bicultural advocates/prevention professionals; Nepali, Burmese, and Karen-speaking. The Karen languages are comprised of a group of languages spoken primarily in the coastal areas of Thailand and in the lower regions of Burma. Each program session typically serves ten parents. Culturally specific parenting education programs have allowed for a more welcoming and culturally sensitive environment for parents to learn and grow to be better support systems for their youth/children who may experience trauma/stress from relocating. Culturally specific programming also allows a space for parents to share their own frustrations/experiences and provide support from their peers. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

Gambling Program

Ms. Leshia Yarbrough-Franklin, Adult Behavioral Health Specialist I, introduced Mr. Nabil Pervaiz, MS, OCPSA, Gambling Services Coordinator, at Recovery Resources. Mr. Pervaiz reported that prevention services include Gambling Education with Recovery Resources Groups and Cuyahoga County Problem Gambling Coalition. He stated that the Cuyahoga Problem Gambling Coalition includes quarterly meetings, monthly Advisory Council meetings and Problem Gambling Awareness Month. Treatment services include Recovery Resources assessment screens. Recovery Resources also has a professional development series that includes: 1) Integrating Gambling with AOD Programming, 2) Neurobiology of Impulsivity and Reward Processing in Gambling Disorder, and 3) Understanding Gamblers Anonymous. In Fiscal Year (FY) 2020, Recovery Resources screened 1,211 individuals during Quarter 1 through Quarter 3 and in FY 2021, Recovery Resources screened 1,296 during Quarter 1 through Quarter 3.

During Problem Gambling Awareness Month (March), Recovery Resources utilizes radio outreach, local business March Madness problem gambling outreach and a documentary viewing and discussion of The Addiction Machine. Mr. Pervaiz reported that The Addiction Machine reveals the highly organized network of mathematicians, musicians, and designers as they create and display electronic gaming machines. In addition to hearing from neuroscientists, anthropologists, and game theorists who explain the science behind addiction, individuals will meet those who have experienced the other side of gambling. The 24/7 Gambling Hotline is 800.589.9966. (The PowerPoint presentation is attached to the original minutes stored in the Executive Unit.)

Rev. Benjamin F. Gohlstin, Sr., Board Chair, spoke about the lack of services on Cleveland's Eastside. Ayme McCain, Director of Prevention, Wellness & Community Outreach of Recovery Resources, responded and Ms. Maggie Tolbert, Assistant Chief Clinical Officer, reported that she will contact Ms. Pam Gill, President and Chief Executive Officer of Recovery Resources, to discuss this matter.

[Ms. Elsie Caraballo and Ms. Jena Olsen left the Zoom meeting.]

5. Cuyahoga County Division of Children and Family Services (CCDCFS) Treatment Foster Care/Kinship Care Pilot Contract Extension

Ms. Erin DiVincenzo, Children's Behavioral Health Specialist, reported that CCDCFS identified a critical need within their system to expand its current foster care programming to include treatment foster homes, as well as the provision of timely individualized behavioral health interventions with children/youth stepping down from a residential placement or placed with a relative/kinship caregiver. As such, CCDCFS staff requested the ADAMHS Board's assistance in developing a clinical model to support children and their families in foster care and relative/kinship placements. ADAMHS Board staff received full approval from ADAMHS Board of Directors on March 28, 2018 to release an RFP to vet a service provider for the Treatment Foster Care/Kinship Care Pilot. Catholic Charities was identified as the selected agency for the provision of services for this pilot.

The Treatment Foster Care Pilot is a pilot program that provides intensive home-based support inclusive of the Trust Based Relational Intervention® (TBRI®) model, which is an evidenced based intervention, to be utilized concurrently with behavioral health services and support. TBRI® is a trauma-informed intervention and parenting model designed for children who have experienced relationship-based traumas. The staffing composition for the pilot includes Master's Level Clinicians and Child Welfare staff that will participate in regular staffings and weekly team meetings, as well as collaborative training opportunities with CCDCFS staff relative to behavioral health and trauma-informed care while utilizing TBRI as a compliment. The clinical services provided are the following: Assessment & Screening, Therapeutic Interventions, Psychiatric Assessments and Pharmacological Services for ages 14 and older, Case Management and Care Coordination, and Crisis Intervention. Due to the limited number of homes identified, in addition to the delay in service provision, CCDCFS requested a contract extension to fully execute services to demonstrate the program's effectiveness. CCDCFS set a goal to license five treatment foster families by December 2021 through utilizing newly approved online training for recruitment. The original contract amount was \$251,000 and the balance of the contract is currently \$117,420.

Motion to amend Resolution No. 20-05-03 to extend the Treatment Foster Care/Kinship Care Pilot with the Cuyahoga County Division of Children and Family Services for the Period July 1, 2021 through June 30, 2022 and to extend the ADAMHS Board's contract with Catholic Charities to fully execute services approved through this contract to the Finance & Operations Committee. MOTION: G. Boehm / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / **Motion passed.**

6. Cuyahoga County Board of Developmental Disabilities (CCBDD) Shared Funding Agreement

Ms. DiVincenzo reported that CCBDD can only contract with and directly pay organizations licensed as Intermittent Care Facilities (ICF). Behavioral health organizations are not considered an ICF, so the shared cost agreement was created in 2010 to allow CCBDD to participate in sharing the cost of residential placements for youth with developmental disabilities in need of residential treatment services. The agreement was updated in 2017 to include the crisis stabilization bed and increased to two crisis stabilization beds in 2020 due to an increased need during the COVID-19 pandemic for which CCBDD agreed to fund 50% of the contracted amount.

The agreement between the ADAMHS Board and CCBDD for shared funding allows CCBDD to share the cost of residential treatment services for youth with multisystem involvement to prevent deeper system involvement. Youth with multisystem involvement who require a shared cost are identified through Family and Children First Council's (FCFC) Service Coordination Team which is comprised of Cuyahoga County Department of Children and Family Service (CCDCFS), Cuyahoga County Juvenile Court (CCJC), CCBDD, and the ADAMHS Board of Cuyahoga County. CCBDD will reimburse the ADAMHS Board the amount of CCBDD's portion of shared cost agreements for the following services: residential treatment, additional supervision (1:1) of a client in residential treatment, two (2) Crisis Stabilization Beds for youth with co-occurring mental health diagnoses and developmental disabilities located within Bellefaire JCB's Monarch Center for Autism.

Committee members inquired with ADAMHS Board staff regarding the cost associated with the CCBDD Shared Funding Agreement. After a lengthy discussion was had, Ms. Felicia Harrison, Chief Financial Officer, reported that this request will be amended to include an amount not to exceed \$800,000; which is based on historical utilization data.

Motion to authorize the Shared Cost Agreement between the ADAMHS Board and the Cuyahoga County Board of Developmental Disabilities (CCBDD) for the ADAMHS Board to remain the fiscal agent on behalf of CCBDD to fund shared cost agreements for youth with both MH/DD needs who require residential treatment and crisis stabilization services for the term of June 1, 2021 through May 31, 2023 as amended to the Finance & Operations Committee.

MOTION: G. Boehm / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / **Motion passed.**

7. Children's Residential Staffing Crisis

Ms. Maggie Tolbert, Assistant Chief Clinical Officer, reported that pay for Children's Residential Treatment provider staff is extremely low compared to the responsibilities and difficulties of the position, and low pay is one of the deterrents in attracting and retaining staff. Since the onset of the COVID-19 pandemic, the ADAMHS Board contract children's residential and crisis stabilization providers have reported an increase in staffing shortages due to resignations and the inability to attract qualified workers. The current staffing shortages are causing programs to close cottages on their campuses, decline admissions for youth with safety needs which require additional supervision and/or place all admissions on hold until staffing levels could be replenished. Applewood Centers has 105 staff positions in the residential program and currently has 30 vacancies. Bellefaire JCB has 350 staff positions in the residential program, some of which are union members, and currently has 40 vacancies. Residential Treatment programs require enough staff to maintain a staff to client ratio 24 hours a day, 7 days a week to effectively supervise the safety of clients. Entry level residential staff require a significant amount of training and supervision to learn how to interact therapeutically with clients, monitor and supervise adherence to individualized safety plans and the appropriate use of physical restraints.

Applewood Centers and Bellefaire JCB are ADAMHS Board contract agencies that provide Children's Residential Treatment and Crisis Stabilization Beds. Both agencies are experiencing unprecedented numbers of staff vacancies and resignations. Applewood Centers is licensed to provide residential treatment for a total of thirty 30 clients in two cottages. The ADAMHS Board contracts for eight of their residential beds for crisis stabilization. Bellefaire JCB is licensed to provide residential treatment for a total of 98 clients in eight cottages. The ADAMHS Board contracts for six of their residential beds for crisis stabilization. The funding will be used as an immediate action step to assist with the remediation of the current significant staffing crisis at Applewood Centers and Bellefaire JCB, which are part of the Wingspan Care Group. Funding will be used to increase pay rates for staff, increase retention, and enhance recruitment and training efforts. The Children's Residential Treatment providers and ADAMHS Board staff realize that this is a one-time measure to address the current staffing situation and that there needs to be larger discussions in partnership with all Cuyahoga County Children's Service Systems to address this systemic issue.

Motion to approve funding for an immediate action step to assist in remediating the staffing crisis for Children's Residential Treatment providers for the time period of May 1, 2021 to December 31, 2021, in the amount of \$1,526,177 for the following agencies: Applewood Centers in the amount of \$480,122 and Bellefaire JCB in the amount of \$1,046,055 to the Finance & Operations Committee. MOTION: R. Blue / SECOND: G. Boehm / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / **Motion passed.**

8. K-12 Prevention Education Initiative

Ms. Hollins reported that under the leadership of Ohio Governor Mike DeWine and the RecoveryOhio initiative, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the Ohio Department of Education have collaborated to distribute funds to support Prevention Education for K-12 students. This state partnership will empower local communities in their efforts to help children build resilience and reduce risk factors that contribute to the development of behavioral health conditions. This critical investment will assist communities with the goal of providing evidence-informed prevention services for every child, in every grade, in every school.

The ADAMHS Board has worked with each district to distribute funds after engaging in a planning process with contributions from all willing community partners including ADAMH Boards, school districts, Educational Service Centers, community-based providers of prevention services, and law enforcement to enhance existing or established partnerships and engage new partners in the work. Partners will work together to support districts in their investment and commitment to prevention services and to welcome other community providers into the collaboration to support service delivery in schools.

Resolution No. 20-07-03 for K-12 Prevention Education Initiatives reported Golden Ciphers receiving \$40,000 to serve Cleveland Metropolitan School District (CMSD) and \$35,843.60 to service Euclid City School District, totaling \$75,843.60. Due to COVID-19 restrictions, Golden Ciphers has not been able to provide satisfactory programming to Euclid City Schools. As Golden Ciphers was already paid the sum of \$75,843.60 pursuant this Agreement, they shall return a sum of \$35,843.60 within 14 days from the execution of this Addendum. Golden Ciphers has provided effective services to CMSD. The portion of the contract for CMSD in the amount of \$40,000.00 remains in full effect.

Motion to amend Resolution No. 20-07-03 to terminate the portion of the Golden Ciphers contract for Euclid City Schools in the amount of \$35,843.60 for the term of January 1, 2020 to June 30, 2021 and the portion of the contract for the Cleveland Metropolitan School District in the amount of \$40,000 remains in full effect to the Finance & Operations Committee. MOTION: G. Boehm / SECOND: R. Fowler / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / **Motion passed.**

9. Recovery Housing Initiative Fund

Ms. Yarbrough-Franklin reported that the Recovery Housing Initiative funding has been issued to the ADAMHS Board on an annual basis. The ADAMHS Board was awarded \$45,900 for rental assistance for Recovery Housing residents in need. In previous years, the funding has also been used to assist providers with obtaining their Ohio Recovery Housing certification.

The ADAMHS Board of Cuyahoga County was approved by OhioMHAS for additional Recovery Housing Initiative funds for FY2021. The additional funding is to be used for rent, operational costs and minor repairs. The ADAMHS Board reached out to Recovery Housing Providers to find out their needs and they all requested minor repairs for their homes for a better living environment for our residents. These funds will provide up to ten Recovery Housing Providers with financial assistance to complete home improvements on homes that provide temporary housing assistance to individuals in recovery from a Substance Use Disorder.

Motion for the approval of this increased allocation in the amount of \$20,000 for the term of May 12, 2021 through June 30, 2021 from the OhioMHAS Recovery Housing Initiative Fund to be used for minor repairs for ADAMHS Board contracted Recovery Homes to the Finance & Operations Committee. MOTION: G. Boehm / SECOND: R. Blue / AYES: R. Blue, G. Boehm, R. Fowler, P. James-Stewart / NAYS: None / **Motion passed.**

10. New Business

Rev. Benjamin Gohlstin, Sr., Board Chair, shared a concern regarding Hispanic Urban Minority Alcoholism Drug Abuse Outreach Project (UMADOAP).

11. Upcoming May and June Board Meetings:

- Finance & Operations Committee Meeting: May 19, 2021
- General Meeting: May 26, 2021
- Faith-based Outreach Committee Meeting: June 2, 2021
- Planning & Oversight Committee Meeting: June 9, 2021
- Finance & Operations Committee Meeting: June 16, 2021

- General Meeting: June 23, 2021

There being no audience comment or further business, the meeting adjourned at 5:27 p.m.

Submitted by: Linda Lamp, Executive Assistant

Approved by: Kathleen Kern-Pilch, ATR-BC, LPC-S, Planning & Oversight Committee Chair