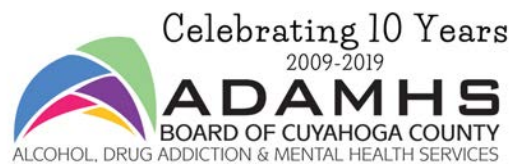




CALENDAR YEAR 2018  
**ANNUAL  
 REPORT**



Rev. Benjamin F. Gohlstin, Sr.  
 Board Chair

Scott S. Osiecki  
 Chief Executive Officer

# BOARD AND STAFF

## BOARD OF DIRECTORS

### Board Leadership

**Rev. Benjamin F. Gohlstin, Sr.**  
*Chair*

**Eugenia Kirkland, LSW, MSSA, CDCA**  
*Vice Chair*

**J. Robert Fowler, Ph.D.**  
*Second Vice Chair*

## MANAGEMENT STAFF

**Scott S. Osiecki**  
*Chief Executive Officer*

**Curtis Couch**  
*Chief Technology & Data Analytics Officer*

**Maggie Tolbert, RN, C.**  
*Assistant Chief Clinical Officer*

**Tami A. Fischer**  
*Chief Administrative Officer*

**Felicia Harrison, MBA**  
*Chief Financial Officer*

**Leslie Koblentz, M.D.**  
*Chief Clinical Officer Consultant*

**Carole Ballard, MSSA, LISW**  
*Director of Training and Education*

**Cheryl Fratalone**  
*Director of Claims and Membership*

**Starlette Sizemore-Rice, BSBA**  
*Director of Special Projects*

**Linda Torbert, MSSA, LISW-S**  
*Director of Clients Rights*

## Board Members

Reginald C. Blue, Ph.D.  
Gregory X. Boehm, M.D.  
Erskine Cade, MBA  
Elsie Caraballo  
Gwendolyn A. Howard, LSW, MSSA  
Katie Kern-Pilch, MA, ATR-BC, LPC-S, HLM (BATA)  
Steve Killpack, MS  
Max M. Rodas, MA  
Sharon Rosenbaum, MBA  
Hugh B. Shannon  
Harvey A. Snider, Esq.  
Mary M. Step, Ph.D.

Former 2018 Board Members:  
Ericka Thoms, Pythias Jones, M.D. and Cassie Handler

**Beth Zietlow-DeJesus**  
*Director of External Affairs*

**Carol Krajewski**  
*Executive Specialist*

**Linda Lamp**  
*Executive Assistant*

## PROFESSIONAL STAFF

- Ada Cancel
- John Coleman
- Melenie Colón
- Lyn DeChant
- Carmen Gandarilla, LSW
- Ben Gore
- Laura Grossi
- Esther Hazlett
- Bill Hebble, MSW
- Myra Henderson, LISW-S
- June Hudson
- Veronica Jenkins
- Lindsey McMillion
- Yvette Mitchell
- Chris Morgan
- Beth Pfohl, MS
- Yancey Quinn
- Victoria Roemer
- Jessica Saker
- Madison Scagnetti
- Lasenia Scott
- Jenita Simmons
- LaVedia Smith, BSN-BC
- Michael Smith
- Regina Spicer, LSW, LICDC-CS
- Jessica Torres
- Thomas Williams, MA, M.Ed
- Leshia Yarbrough-Franklin, LSW



Client Artwork: Sunflowers by Cynthia S.





## MESSAGE FROM THE BOARD CHAIR REVEREND BENJAMIN F. GOHLSTIN, SR.

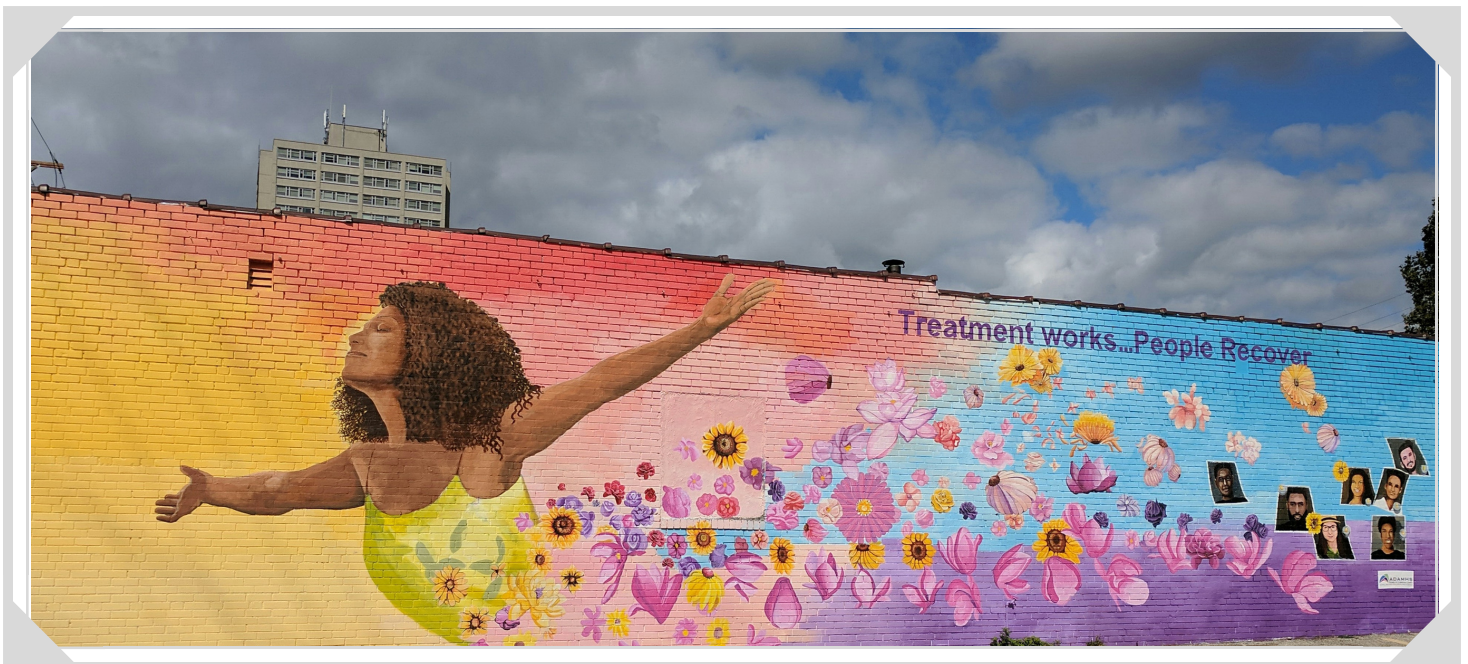
It is hard to believe that it has been 10 years since the Cuyahoga County Community Mental Health Board and the Alcohol and Drug Addiction Services Board of Cuyahoga County merged to become the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County.

Having been here since the merger, there is so much to reflect upon – various leaders with the same mission, the changing environment of behavioral health care, the shift in focus from generalized care to meeting individual client needs, and the raised awareness of the impact that addiction and mental health issues can have on an entire community, just to name a few. However, there is one thing that has remained constant – it takes a village to raise a child (African Proverb).

The Cuyahoga County behavioral health care community is a large village, filled with dedicated, faithful and passionate people. There are so many people and organizations involved in the care of each client – each child – as the African proverb says. It is this collective focus on care, a determination to meet people where they are, and the desire to support recovery in any way possible that drives this village to be successful.

We all know that it is not always easy to raise a child and there are bumps in every road. However, I have never seen a more tenacious group of people and organizations working together to collaboratively address these issues and find success for the children on the journey.

It is this village that makes me proud to lead the ADAMHS Board as Chair. On behalf of the entire Board of Directors, thank you for being part of the village. Thank you for standing up for the clients and families in Cuyahoga County that need you the most. Thank you for seeing each child on their own journey and helping them find the best path to recovery. Please keep your focus on recovery and your compassion for our clients as we celebrate our past and look forward to our future.



*E. 55<sup>th</sup> Street Mural, "Treatment Works...People Recover."  
Created by participants in prevention program, I Care About My Life, I Care About Your Life, led by Rickey Lewis.*

# MESSAGE FROM THE CEO

## SCOTT S. OSIECKI



A lot can happen in 10 years – and it sure has – especially since the ADAMHS Board of Cuyahoga County came into existence on July 1, 2009. We can acknowledge and celebrate this milestone because we have built a strong foundation based on the legacies of the previous Cuyahoga County Community Mental Health Board and the Alcohol and Drug Addiction Services Board of Cuyahoga County. We would not be here today if not for the collaboration, compassion and willingness to change that allows us to focus on clients, families and recovery.

As an executive staff member during the consolidation I can attest that it was hard work and sometimes uncomfortable, but now 10 years later, we see that the process was worthwhile and extremely meaningful to where we are today. Without a combined Board, the changes that we faced – some bad and some good – would have been much more difficult. We worked through reductions in funding; we lived through the loss of a state psychiatric hospital in Cleveland; we advocated for and witnessed the expansion of Medicaid; we planned strategically; we selected a new office location; we saw the start of the opioid epidemic; we struggled together with providers regarding the onset of Behavioral Health Redesign and a switch to managed behavioral healthcare.

In my first year as Chief Executive Officer, with the help of the Board and staff, providers, clients and community partners, we have been able to seek out and uphold new priorities identified by our system through transparency, funding, advocacy and increased accountability. We looked internally and eliminated processes that no longer served the people of Cuyahoga County well, such as replacing an information management system with a more efficient, cost effective and easier to use claims management system. We developed and implemented the Peer Seal of Quality program to identify adult residential facilities that provide a high level of care and comfort to adults living with mental illness. We participated in strategic planning with other partners of the United States Attorney's Heroin and Opiate Task Force.

Cuyahoga County saw a slight decline in opioid overdose deaths in 2018. However, that number is fragile as fentanyl is still ravaging the community and has made its way into other drugs, such as cocaine and methamphetamine. Although overall opioid deaths have decreased, deaths have significantly increased for African American males, particularly in conjunction with fentanyl-laced cocaine. In response, the ADAMHS Board has increased access to withdrawal management beds, Medication Assisted Treatment and harm reduction efforts such as fentanyl test strips. We also funded transportation to treatment, housing, and peer support programs to assist clients obtain and maintain recovery. Rest assured we are not letting our guard down and will remain steadfast in our commitment to continue our collaborations to face this opioid epidemic and other addictions head-on.

The ADAMHS Board launched a billboard campaign aimed to reduce stigma and highlight the recovery journey of actual clients living with mental illness and addictions. We also enhanced our Training Institute to provide high-quality educational opportunities that meet the needs of our provider workforce.

The ADAMHS Board continues to lead the Cuyahoga County Suicide Prevention Coalition and relies on the support of our partners to address prevention, early intervention for at risk youth and adults and access to crisis supports. This is incredibly important as Cuyahoga County has seen an increase in deaths by suicide in 2018, especially for men ages 44-80. We have increased access to crisis stabilization beds, continued to support the crisis hotline, crisis text and the mobile crisis team. We offer free community training and education on suicide prevention and awareness and encourage all of our partners to join us in combatting the rising suicide rates.



Bob Fowler, Second Vice Chair; Rev. Benjamin F. Gohlstein, Sr., Board Chair; Eugenia Kirkland, Vice Chair, and Scott S. Osiecki, CEO.

Regardless of the issues at hand, the ADAMHS Board will remain dedicated to ensuring that all individuals in Cuyahoga County have access to behavioral health treatment and recovery supports. We know that treatment works and people recover.

Ten years ago, the new ADAMHS Board of Directors selected the tagline: *Improving Lives through Wellness, Recovery and Independence*. That tagline is still relevant today; and together, we can continue to put clients first and support recovery.

## 2018 Funding

Our Calendar Year 2018 funding totaled \$68,070,429, which was \$5,068,308 less than CY2017. CY2018 funding did not include the reserve dollars that were used in CY2017 to fight the opioid crisis. ADAMHS Board funding included \$39,363,659 in county health and human services levy funding. The Board is still in the center of the opioid epidemic, and gratefully through the leadership of the entire Cuyahoga County Council, led by president Dan Brady, and County Executive Armond Budish, we maintained our funding level for CY2018 of \$39.3 million.

The Board's budget also included \$6,795,942 in State funding, which was \$1,484,240 more than in CY2017; and \$18,114,305 in federal funding, which was \$2,517,974 less than CY2017. The federal government ended the 1915a waiver in June of 2017, resulting in a loss of just about \$1.3 million for CY2018 and a loss of over \$7 million since CY2017. CY2018 funding also included \$3,796,523 in grants and other funding, which decreased slightly by \$29,310 dollars from CY2017.

## Grant Funding

In CY2018 the ADAMHS Board received \$3,796,523 in grant and other funding, a slight decrease of \$29,310 dollars from CY2017. However, the ADAMHS Board has been awarded \$8,222,984 in grant funding overall, with end dates ranging from 2019-2023.

Funder	Grant Title	Time Frame	Total Funding Awarded
SAMHSA Center for Mental Health Services*	Assisted Outpatient Treatment	9/30/16 - 9/29/20	\$3,466,695
SAMHSA Center for Mental Health Services	Early Jail Diversion	9/30/18 - 9/29/23	\$1,642,680
Department of Justice, Bureau of Justice Assistance	Comprehensive Opiate Abuse Site-based Program- Public Safety, Behavioral Health, and Public Health Information Sharing Partnership	10/1/18 - 9/30/21	\$932,233
OhioMHAS-State Opioid Response (SAMHSA) Funding	MAT	2/28/19 - 9/28/19	\$512,000
OhioMHAS-State Opioid Response (SAMHSA) Funding	Housing for Persons on MAT	2/28/19 - 9/28/19	\$244,192
Cuyahoga County Board of Health (CDC) Funding	Adverse Childhood Experiences (ACES)	12/1/18 - 9/30/19	\$12,500
Ohio Department of Youth Services	Behavioral Health/Juvenile Justice Collaboration	7/1/17 - 6/30/19	\$1,100,000
OhioMHAS-State Opioid Response (SAMHSA) Funding (Round 2)	Housing for Persons on MAT	3/28/19 - 9/28/19	\$312,684
<b>Total</b>			<b>\$8,222,984</b>

\*A continuation application must be submitted each year of the grant in order to receive funding.



# ACCOMPLISHMENTS & CHALLENGES 2018

## Priority Setting Process

The ADAMHS Board established and conducted a Priority Setting Process for CY2019. The process focused on community needs, impact on clients and families, impact on providers, strategic fit with the ADAMHS Board's mission and vision, external directives, partnerships, internal directives, and available resources. ADAMHS Board staff reviewed existing resources such as the 2016 Needs Assessment, 2017 Strategic Plan, the Recovery Oriented System of Care (ROSC) goals and community assessment, and preliminary analysis from the Crisis Services Needs Assessment. Community and ADAMHS Board input was also sought through a series of ten focus groups during an All Providers Meeting, the Board Community Relations and Advocacy, Planning and Oversight and the Finance and Operations Committees, the Action Committee Advocating Change (ACAC) Client Group, Staff Retreat and three community stakeholder webinars.

## Client-Centered Funding & Contract Efficiencies

After the priority setting process, it was determined that agencies providing treatment services would not receive specific allocations. Rather, the treatment services for individuals who are not eligible or who are waiting for Medicaid will be paid from a pooled funding source through fee-for-service billing. The available pool of funding was determined by CY2017 and CY2018 treatment funding usage. The ADAMHS Board will monitor this funding pool through utilization reviews.

In addition, ADAMHS Board staff developed standardized rates for services until the new information management system is fully functional and the Board is able to pay Behavioral Health Redesign rates.

The ADAMHS Board also implemented a new Request for Proposals process for CY2019, and was able to present the CY2019 Budget to the Board of Directors for review a month earlier than in previous years, allowing Board members more time to review and ask questions about the budget. ADAMHS Board staff reviewed and revised the main provider contracts to remove and/or replace obsolete language, requirements and attachments. The contracts can now be signed electronically via DocuSign, saving paper, postage and time.



Group shot of all Board members and staff that attended the 2018 Annual Meeting.

## Cuyahoga County Crisis Response Needs Assessment

In January 2018, the ADAMHS Board contracted with The Begun Center for Violence Prevention Research and Education at Case Western Reserve University to conduct a comprehensive community needs assessment of Cuyahoga County's crisis response system. This system is complex and tiered, and is comprised of crisis response services that support clients whose safety and health are threatened by behavioral health challenges, including mental illness, developmental disabilities, substance use, and/or overwhelming stressors.

The objective of this assessment was to include a broad range of participants to identify the major underlying themes about the responsiveness of the system in meeting the needs of clients and families. The goal was to present these themes in ways that would be useful in assessing the effectiveness of the current system and inform planning efforts. The report detailed strengths and identifies areas for improvement.

## New Peer Seal of Quality for Adult Care Facilities (ACFs) Program

The ADAMHS Board created a new program, the Peer Seal of Quality for ACFs. This program helped develop a "preferred list" of ACFs to provide safe, decent and affordable housing for individuals living with mental illness.

The ADAMHS Board partnered with Lifeworks Behavioral Health Solutions' certified peer specialists, and peers in the process of becoming certified, to conduct home visits of the ACFs that submitted responses to the request for proposals (RFP). Facilities that received a *Peer Seal of Quality* were eligible to provide housing to individuals with mental illness funded through the Board's Residential Assistance Program (RAP). The peers and home visits were coordinated by Lifeworks Behavioral Health Solutions. During home visits, a pair of peers performed a walk through and visual assessment of the residence, took photos, completed a checklist and provided a recommendation of a *Peer Seal of Approval*. Peers looked for cleanliness; upkeep of the property (carpets, floors, cabinets, appliances, visual leaks etc.); supply, availability and quality of food, clean sheets and towels; adequate toiletries etc. Home visits were not licensing inspections. All of the homes were already licensed by OhioMHAS.



Clients enjoying the 2018 Client Holiday Celebration held in December 2018.

# ACCOMPLISHMENTS & CHALLENGES 2018

## ADAMHS Board Joins Cuyahoga County in Lawsuit Against Opioid Manufacturers

The ADAMHS Board is part of the multi-district opioid litigation that is currently pending in the U.S. District Court, Northern District of Ohio. Cuyahoga County filed suit against manufacturers, distributors, and four individuals who were instrumental in promoting opioids for sale and distribution nationally and in Cuyahoga County.

Cuyahoga County has seen a significant spike in overdose deaths due to opioids, and some of the highest rates across the State of Ohio and the country as a whole. According to the Ohio Department of Health, from 2011-2016 Cuyahoga County had a 23.5 drug overdose death rate per 100,000 population. In 2017 and 2018, Cuyahoga County saw 1,399 deaths from drug overdoses.

Cuyahoga County is seeking to recoup damages for monies paid for increased treatment services, law enforcement services, social services, and other expenditures caused by the opioid epidemic.

## Continued Leadership and Involvement in the Mental Health Response Advisory Committee (MHRAC)

In 2018, Scott S. Osiecki, CEO, became tri-chair of the MHRAC with Ed Eckart Jr., Assistant Director of the Cleveland Department of Public Safety, and Captain James Purcell, CIT Coordinator, Cleveland Division of Police (CDP). The (MHRAC) was established in 2015 as part of the Settlement Agreement between the City of Cleveland and the U.S. Department of Justice (DOJ), which was developed to address concerns about the Cleveland Division of Police (CDP) use-of-force policies and practices. The City of Cleveland selected the ADAMHS Board to establish the MHRAC and assist with the Police Crisis Intervention Program.

The MHRAC Training Sub-committee developed and implemented a four-hour in-service training for all officers of the CDP. This training was provided from July through December 2018.

The MHRAC previously completed Community Resource Cards for use by CDP officers. In 2018, the MHRAC Community Engagement Committee administered a questionnaire to CDP officers to receive feedback about the usefulness of the cards. Survey results indicated that 62% of officers rated the helpfulness of the resource cards as a seven or better on a scale of 1-10. Several officers also made recommendations to the MHRAC on how to improve the cards.

## Issue 9 Passed - Thank you!

Issue 9, the Health and Human Services Levy, protects services for children, seniors and families, including mental health and substance use disorder treatment and recovery support services. The levy passed on May 8, 2018.

ADAMHS Board staff and Board Members supported the efforts to pass the levy in many ways such as the passage of a resolution in support of the levy, attended the Issue 9 Kick-off Event on March 22, 2018 at MetroHealth Medical Center, participated in yard sign making at the Greater Cleveland Foodbank, and hosted phone banks from April 9 through May 3, 2018.

The Board is grateful to the community for passing the Health and Human Services levy.



County Executive Armond Budish kicked off the Health and Human Services Levy on March 22, 2018.



County Council President Dan Brady at the Issue 9 Levy Kick-off on March 22, 2018.



Chris Morgan, Resource Specialist, and his wife Kristen at the sign making event.



# ACCOMPLISHMENTS & CHALLENGES 2018

## Three-Year Grant to Improve Data Sharing in Cuyahoga County

The ADAMHS Board received a three-year grant totaling \$932,233 from the U.S. Department of Justice in October of 2018, as part of its Comprehensive Opioid Abuse Site-based Program (COAP) Public Safety and Public Health Information-Sharing Partnerships grant program. The funds will be used in partnership with the Heroin and Opioid Task Force of the U.S. Attorney's Office for the Northern District of Ohio to support the development of a blueprint for a future amalgamated information technology (IT) data sharing platform that will inform opioid evidence-based practices and policy making and will more precisely monitor community trends and outcomes. The Begun Center at Case Western Reserve University (CWRU) will serve as the research partner for this project, employing a full-time data analyst and a full-time research assistant. The ADAMHS Board hired Jessica Torres as the full-time COAP Project Manager, who is an active participant of the task force's Data and Analytics Subcommittee and will be responsible for the daily ongoing implementation of the data action plan.



Artwork created by Tracy R., which won 1<sup>st</sup> place at the 2017 Client Art Show

## Addiction Recovery Advocacy Meeting

The ADAMHS Board held an Addiction Recovery Advocacy Meeting in August 2018. The meeting consisted of family members who lost a loved one to addiction, individuals with a loved one struggling with addiction, recovery advocates, professionals, and family support groups. These meetings provide an opportunity to unite the powerful voices of individuals and advocacy groups to create change through action. Over 100 individuals attended and participated in the 2018 meeting.

At the August meeting Dustin Russell, Northeast Regional Liaison for Governor John Kasich's Office, presented a proclamation recognizing September as National Recovery Month. Scott S. Osiecki, CEO, followed with highlights describing what the Board is doing to combat addiction and support recovery. The meeting included an official unveiling of the Board's Recovery Month billboards and the new RecoveryCLE social media pages.

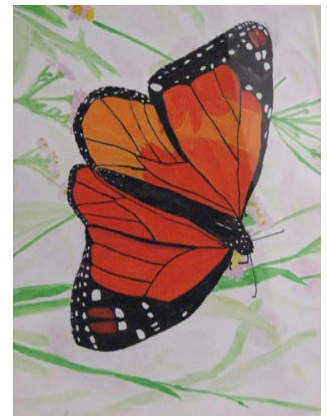
Additional presenters throughout the meeting included Sheryl Hirsh, of HEAL (Help End Addiction and Loss) Northeast Ohio, Ryan P., who shared his powerful story of recovery, Kirsten Nagy of Oaks Family Care Center, and Miyuki Fukushima Tedor, Ph.D., of Cleveland State University.



Scott S. Osiecki, CEO, accepted the Recovery Month Proclamation from Dustin Russell on behalf of former Governor Kasich.

## Transition to a New Claims Management System

The ADAMHS Board decided to transition to a new Claims Management System and released a Request for Proposals in late 2018. Great Office Solution Helper (GOSH) was selected as the new system provider. The transition to the GOSH System is taking place from February - July of 2019. We thank our providers for their understanding and collaboration with the Board during this transition.



Client Artwork: Butterfly was created by Damaris A.



Staff packed more than 600 care packages and handed them out to first responders across Cuyahoga County.

## First Responder Appreciation Week

*Bringing Help, Bringing Hope* was the theme of a statewide first responder appreciation week for individuals working on the frontlines of the opioid crisis. ADAMHS Board staff, Cuyahoga County behavioral health providers and members of the recovery community and their families delivered more than 600 care packages to first responders across the county. The ADAMHS Board also highlighted work by the Cleveland Police, Fire and EMS as well as Dr. Joan Papp from MetroHealth and Project DAWN, Peer Recovery Coaches from AscentED and detox providers at Stella Maris and Salvation Army Harbor Light Complex. Many of the officers, fire fighters and providers were grateful to see that so many were finding help. One firefighter said, "We don't get to see the positive outcomes of this crisis very often." This was a rewarding experience for all involved.



# 2018 ACCOMPLISHMENTS & HIGHLIGHTS

## Faith-Based Outreach Committee

The Faith-based Outreach Initiative is a continuation of a pilot project that began in November 2015 and ended in December 2016. The Board continued funding the project for CY2017 and CY2018 for five providers from the pilot project.

The providers used a variety of curriculums for both prevention and treatment interventions for children and adults. All providers exceeded their target numbers and served 2,742 individuals in 2018. The goal was to serve 1,480 individuals.



*Starlette Sizemore-Rice, Director of Special Projects, was honored for her commitment to the faith-based outreach Initiative.*



*Mary Warr, Faith-based Outreach Committee member and Rev. Benjamin Gohlstin, Board Chair discussed the best way to optimize Faith-based programming over lunch.*



*Dr. Ciara Dennis Morgan presented to various faith leaders at the Inter-Faith Breakfast in September, 2018.*

## Inter-faith Breakfast Aims to Raise Awareness of Faith-Based Outreach Initiative Program

Nearly 50 leaders from the local faith community gathered at a special breakfast to provide input to the Board about the cultural, physical, emotional and spiritual needs of their faith communities.

The event was part of the Board's Faith-Based Outreach Initiative, which recognizes and advocates spirituality in the recovery process, connects the spiritual perspective with other interventions and best practices, and promotes the concept that treatment works and people recover. The event included a presentation by Dr. Ciara Dennis Morgan, Clinical Coordinator, and Pastor Jeffrey Dennis, from Minority Behavioral Health Group, about how to meet the specific needs of various communities.

## ADAMHS Board Staff and Professional Development

The ADAMHS Board held a staff retreat on Positive Thinking and Priority Setting with RAMA Consulting. The retreat focused on teamwork, striving toward the same goals and setting priorities for an efficient and effective work environment.

Staff participated in an ALICE/Safety training, to enhance the understanding of safety and security in the building. There were two staff development trainings in 2018: an Ice Cream Social and training to increase efficiency and focus on tasks and a *Coping with the Holidays* training to prepare staff to take care of themselves and offer the best support to the clients we serve.

Scott Osiecki, CEO, also reviewed and made changes to the Table of Organization to reflect his vision for the ADAMHS Board. These changes included: creating the Assistant Chief Clinical Officer, Chief Administrative Officer, Chief Technology and Data Analytics Officer, Director of External Affairs and Director of Training and Education positions. A permanent Chief Financial Officer was hired in 2018.

## ADAMHS Board & NAMI Greater Cleveland Renovations

The ADAMHS Board remodeled its 8<sup>th</sup> floor to accommodate work space for all staff. Staff from the 7<sup>th</sup> floor were moved to the 8<sup>th</sup> floor to create a safer and more cohesive working environment, improve staff inclusion and encourage a team approach.

NAMI Greater Cleveland moved to the 7<sup>th</sup> floor. NAMI's offices on the 6<sup>th</sup> floor became work space for LifeWorks, a peer agency offering clients assistance with benefit enrollment and re-determination.

## Expanded Training and Education

Trainings offered through the ADAMHS Board Training Institute expanded to be more inclusive of the needs of our providers.

The Training Institute:

- Provided/Facilitated 83 training sessions.
- Offered Free Question, Persuade and Refer (QPR) suicide prevention training to 596 people.
- Sponsored training events that reached 491 people.
- Hosted Training Institute workshops for 1,120 people.
- Offered training for law enforcement agencies and partners, reaching 351 people.

The Training Institute had a gross revenue of \$21,612.40 and a net revenue of \$9,781.83 (after speaker and event processing fees) in 2018. All-in-all, the Board served: 2,624 individuals and awarded attendees with 3,788 CEUs/RCHs.



*Officers that completed Crisis Intervention Training through the ADAMHS Board in 2018.*



# ADAMHS BOARD TIMELINE 2009 - 2017



## A New Beginning



The ADAMHS Board of Directors being sworn in at the first board meeting.

On July 1, 2009, the Cuyahoga County Community Mental Health Board and the Alcohol and Drug Addiction Services Board of Cuyahoga County consolidated to become the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County.

## Providing Culturally Competent and Inclusive Services



Rev. Benjamin F. Gohlstein, Sr., former Chair of the Board's Faith-based Outreach Committee, welcomed attendees at a faith-based breakfast and training on suicide prevention.



The ADAMHS Board established the Faith-Based Outreach Committee to emphasize and promote spirituality in the recovery process alongside other interventions and best practices.

## What Does the Community Need?

As construction of the new ADAMHS Board office space finished up, construction of a new mission and vision was well underway. In 2010, the Board established a vision for the new ADAMHS Board and developed a strategic plan to guide the organization forward. The Board and the Center for Community Solutions initiated a Behavioral Health Needs Assessment for Cuyahoga County. The process involved clients, family members, providers and community partners.



## Advocating for Change



Fourth Friday Legislative Series meeting with Armond Budish.



The ADAMHS Board realized the importance of providing individuals and families living with mental illness and/or substance use disorders, providers and other stakeholders opportunities to interact with legislators about various issues affecting the behavioral health community. To address this advocacy effort, the Board started its Fourth Friday Legislative Series. Advocacy continues to be an important activity that the ADAMHS Board engages in today.



Construction underway at new ADAMHS Board offices in 2010.





### Responding to Crisis

By 2013, heroin overdose deaths in Cuyahoga County had more than quadrupled since 2007, devastating the community. The ADAMHS Board worked alongside community partners on the Cuyahoga County Opiate Task Force, funded Project DAWN and launched an awareness campaign encouraging individuals to call the 24-hour Mental Health and Addiction Crisis Information and Referral Hotline at 216-623-6888, which is operated by Frontline Service.

### Advancing Suicide Prevention



Members of the Suicide Prevention Coalition wore orange in recognition of October as National Bullying Prevention Month.

As suicide rates continued climbing in Cuyahoga County, the ADAMHS Board remained focused on educating the community about risk factors and warning signs of depression and suicidal ideation. The Board became the lead agency of the Cuyahoga County Suicide Prevention Coalition and increased its focus on prevention and education in the community for people of all ages.



### Adopting a Recovery Oriented System of Care (ROSC)



In 2015, the transition to a ROSC was well underway. The focus shifted from just getting a person into treatment to creating a system that supports recovery to help individuals not only get well, but stay well. The ADAMHS Board participated in a statewide self-assessment survey to determine the Board's alignment with core ROSC principles.



### Providing Leadership in the Community



Carole Ballard, Director of Training and Education, presented an officer with a certificate at a CIT training graduation ceremony.

In 2014, the ADAMHS Board convened the Mental Health Task Force after the Department of Justice's investigation of the Cleveland Division of Police. The Task Force consisted of individuals representing over fifty organizations and would later become the Mental Health Response Advisory Committee (MHRAC). The Crisis Intervention Team (CIT) training program was a bright spot in the Department of Justice report.



### Prevention, Treatment and Recovery

The ADAMHS Board held a strategic planning summit in December of 2016 to develop a 3-year plan to guide the organization's continuum of care and recovery oriented system of care. That strategic plan is still in action today.



Room filled for the ADAMHS Board strategic planning summit in December, 2016.

# CALENDAR YEAR 2018 ADAMHS BOARD FINANCIAL SUMMARY

Note: All financial and program data included in this report reflects a 12-month time period:  
January 1, 2018 - December 31, 2018

## Revenue:

County Health and Human Services Levy	\$39,363,659
Federal Funds	\$18,114,305
State Funds	\$6,795,942
Grants/Other	\$3,796,523

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<b>TOTAL BOARD REVENUE</b>	<b>\$68,070,429</b>
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## Expenses:

<b>Disbursements to Provider Agencies:</b>	<b>\$62,286,397</b>
Medicaid	\$5,775,210
Non-Medicaid Fee for Service	\$56,511,187
<b>Board Administrative Budget*</b>	<b>\$5,037,998</b>
<b>Grant Carry Over Funding**</b>	<b>\$746,034</b>

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<b>TOTAL BOARD EXPENDITURES</b>	<b>\$68,070,429</b>
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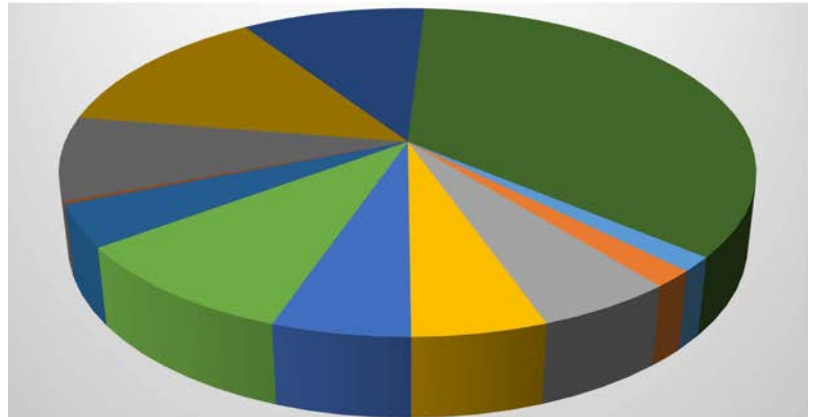
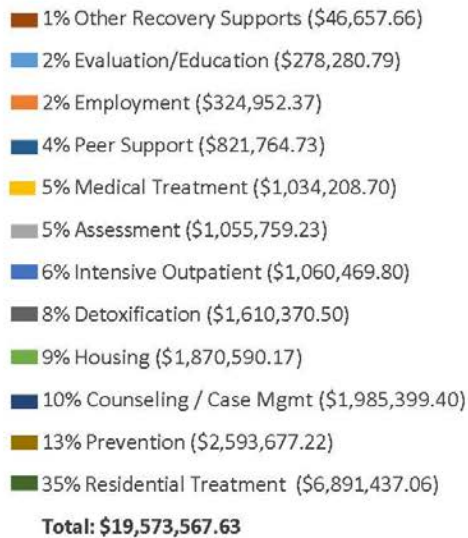
\*Administrative Budget was 7.5% of total ADAMHS budget, which decreased from 7.65% in CY2017

\*\*Some Grant dollars awarded in CY2018 are for use in CY2019 based on the award requirements.

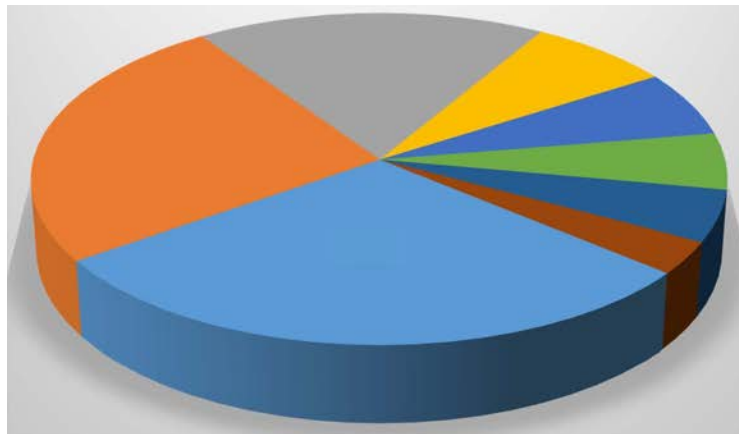


# CALENDAR YEAR 2018 ADAMHS BOARD EXPENSES BY SERVICE

## \$19.5 Million Addiction Expenses by Service Category



## \$42.7 Million Mental Health Expenses by Service Category



## Number of Clients Served: 10,000\*

In addition to the approximately 10,000 clients provided with treatment services, the ADAMHS Board served 23,193\* adults and children with prevention, assessment, early intervention and other programming including:

- 8,019 in Substance Use Disorder prevention programs
- 13,746 students served via consultation services
- 677 children served with Early Childhood Mental Health Services
- 49 youth served with crisis stabilization beds
- 702 youth assessed in the Juvenile Detention Center (261 were served beyond assessment)

\*The total number of clients served in CY2018 is an estimate based on self-reported outcome data from providers due to a transition from one information management system to another.

# ACCOMPLISHMENTS & CHALLENGES 2018



Senior leaders from Progressive Insurance Company met with Board staff to discuss complex problems and solutions.

## Progressive Insurance Company Pairs With ADAMHS Board to Offer Solutions to Complex Problems Facing the Local BH System

Progressive Insurance Company hosts a Senior Leader Development Program to help shape future business leaders and aid them to excel at strategic planning, building strategic coalitions and leading change. To expand their experience, Progressive partners with a local nonprofit to help solve complex issues identified by the organization. The ADAMHS Board was a partner in 2018.

Through a partnership with Business Volunteers Unlimited (BVU), the ADAMHS Board and Progressive tasked the leaders in this program to work on two complicated county behavioral health system-wide issues: workforce development/talent acquisition and retention, and the quantity and quality of housing for adult clients with mental illness. The group worked on these issues for most of 2018 and presented their solutions to ADAMHS Board members and staff in January of 2019.

The Board appreciated the efforts of these senior leaders and thanked them for their hard work and planning for some of the issues facing our behavioral healthcare system.

Dr. Thomas Gilson, Cuyahoga County Medical Examiner provided an update at the September 2018 Opioid Conference.



Scott S. Osiecki, CEO (third from left), participated on a panel noting community accomplishments in battling the heroin and opioid crisis at the September Opioid Conference.

## Opioid Strategic Planning Conference with Partners

The ADAMHS Board is a member of the U.S. Attorney's Heroin and Opioid Task Force. As a member, the Board helped plan and participated in *Opioids: A Crisis Still Facing Our Entire Community*, a daylong conference on September 6, 2018. The conference drew nearly 300 attendees who listened to keynote speakers and panel discussions, and took part in strategic breakout sessions to help revise the Community Action Plan written by the task force five years ago.

The event provided a forum to offer insights and perspectives from experts who work every day to find sustainable solutions to the changing epidemic. Scott S. Osiecki, CEO, participated in a panel on the community's accomplishments in combatting the heroin and opioid crisis. He said, "Stigma is still a large barrier to treatment, especially Medication Assisted Treatment (MAT). We want to change the perception of MAT and help more people recover."

After the conference, the US Attorney's Task Force released its revised 5-year strategic plan that included next steps such as data sharing, increasing access to Medication Assisted Treatment, and increasing prevention efforts in the community.

## Jail Diversion Program

The ADAMHS Board collaborated with the Cuyahoga County Common Pleas Court Mental Health Docket Judges to review the Mental Health Jail Diversion Liaison Program (MHJLP) and agreed upon a revised program that would better meet the needs of the Courts and inmates living with a mental illness. The MHJLP improvements included:

- Development of a Mental Health Jail Liaison Coordinator that will be housed at the Court with a shared cost of salaries/benefits between the Board and the Court.
- Development of job descriptions for the Liaisons and the Coordinator.
- Increased communication between community mental health providers, jail, Court, clients and family members.



Scott Osiecki, CEO, posed with Karen Kearney (center) and Judge Lauren C. Moore (left) at MHAC's Public Officials Breakfast on October 5, 2018.



# ACCOMPLISHMENTS & CHALLENGES 2018

## Board Updates

The ADAMHS Board of Directors announced its new leadership positions at the June 27<sup>th</sup> General Meeting, which was held at the Women's Recovery Center. Reverend Benjamin F. Gohlstin, Sr. was elected as the new Board Chair. Former Board Chair, Eugenia Kirkland, LSW, MSSA, CDCA, is now serving as the Vice Chair and J. Robert Fowler, Ph.D., is serving as the Second Vice Chair. The Board and staff thanked Mrs. Kirkland for her tireless service as Board Chair for the past four years and wished Rev. Gohlstin all the best in his new position.

Board members, Ericka Thoms who served from 2009-2018, Cassi Handler who served from 2014-2018, and Pythias D. Jones, M.D. who served from 2009-2018, ended their terms with the ADAMHS Board during 2018. Three new Board members were also appointed, Gwendolyn A. Howard, LSW, MSSA, Erskine Cade, MBA, and Gregory X. Boehm, M.D.

In addition to changes on the Board and new leadership, the Board held General Meetings each quarter at a provider agency. Board Members were able to visit an agency, while providing staff and clients of the agency an opportunity to meet the Board Members. These meetings were held in March at St. Vincent Charity Medical Center, in June at the Women's Recovery Center, and in October at Bellefaire JCB.

In October, as required by OhioMHAS, the Board of Directors had its annual training retreat. The Board heard from motivational speaker, Stephen Sroka, Ph.D., who gave a presentation on addiction; Linda Torbert, then Director of Prevention and Children's Behavioral Health Services, who spoke about children's behavioral health outcome tools; and, Ciara Dennis, Ph.D., who shared the importance of culturally competent programming in the behavioral health care system.

## Media and Social Media Highlights

The ADAMHS Board had 201 media mentions in 2018, and all of them were either positive (186) or Neutral (15), with no negative mentions.

The Board reached 53,805 people with information posted on social media sites Facebook, Twitter and Instagram. These posts were seen nearly 600,000 times.

Beth DeJesus, Director of External Affairs, showed the Shaker Heights Chamber of Commerce the importance of using stories to reduce stigma.



Rev. Benjamin Gohlstin, Board Chair (left), posed with guest speakers at the Board Retreat, Dr. Cierra Dennis-Morgan (center) and Dr. Steve Sroka, (right).



Gwen Howard and Kelly Perk.



Scott Osiecki, CEO; Ericka Thoms, and Eugenia Kirkland, Vice Chair posed for a photo at Ms. Thoms' last board meeting.



Scott Osiecki, CEO; Eugenia Kirkland, Board Vice Chair; Dr. Gregory Boehm, and Kelly Perk.

Scott Osiecki, CEO; Rev. Benjamin Gohlstin, Board Chair; Kelly Perk; and Erskine Cade.



Board and staff visited Bellefaire JCB for the October General Board meeting. Pictured (L-R): Beth DeJesus, Harvey Snider, Bob Garrity, Jeff Lox, Dr. Boehm, Katie Kern-Pilch, Scott S. Osiecki, Tami Fischer, Max Rodas, Starlette Sizemore-Rice, Gwen Howard and Erskine Cade.



**Women's Recovery Center Honors the ADAMHS Board with the Champion for Recovery Award**

The ADAMHS Board was honored with the Champion for Recovery Award by the Women's Recovery Center on May 3, 2018 at the Miracles of Recovery Breakfast.



*Women's Recovery Center Award (above). Staff and Board Members pose with Mary Jane Chichester, Executive Director of the Women's Recovery Center, after receiving the Champion for Recovery Award (right)!*



**ADAMHS Board Accomplishments & Highlights 2018**

**Opioid Hub and Co-Chair of the Cuyahoga County Opiate Task Force**

At the end of 2017, Ohio Revised Code 340.30 designated the local ADAMHS Boards as the County Hubs for Opioid Response. The purposes of the Hubs are as follows:

- To strengthen county and community efforts to prevent and treat opioid addiction;
- To educate youth and adults about the dangers of opioid addiction and the negative effects it has on society;
- To promote family building and workforce development as ways of combatting opioid addiction in communities;
- To encourage community engagement in efforts to address the purposes specified in divisions (A)(1) to (3) of this section.

To meet the requirements of the ordinance, the ADAMHS Board and Cuyahoga County Board of Health agreed to become co-chairs of the Cuyahoga County Opiate Task Force. It is these collaborations that have allowed Cuyahoga County to tackle the opioid crisis head on and provide strategic planning and response to address overdose deaths in our community.



*Recovery Billboard participants attended the campaign launch at the Addiction Recovery Advocacy Meeting in August.*

**@RecoveryCLE**

Wendy Wheeler is RecoveryCLE.

**National Recovery Month Celebrated and RecoveryCLE Launched**

In celebration of National Recovery Month in September, 2018, the ADAMHS Board launched a recovery billboard campaign featuring 14 individuals, who shared positive quotes and photos highlighting the message that treatment works and recovery is possible! Each participant was also spotlighted on the ADAMHS Board's social media throughout the month.

The Board, in partnership with MetroHealth, also launched RecoveryCLE, a community collaboration to celebrate addiction recovery and elevate individuals in our community who are living in recovery.

Partners shared a mosaic of photos and stories representing our neighbors, family members, coworkers, and friends who are in recovery from a drug and/or alcohol addiction. RecoveryCLE aims to break down stigma associated with addiction through positive messaging about recovery on social media.



*Recovery Billboard participants, Mandy (above) and Tiffany (right) posed with their billboards.*





# 2018 ACCOMPLISHMENTS & HIGHLIGHTS

## Breaking the Chains of Addiction Mural Unveiled

The ADAMHS Board unveiled its *Treatment Works...People Recover* mural to visually promote prevention and education about the dangers of heroin and other drugs, reduce the stigma of seeking treatment, start public discussion and celebrate recovery through public art. This mural is the culmination of a prevention pilot program funded by the ADAMHS Board and led by Rickey Lewis of Lewis Art called *I Care About My Life and I Care About Your Life*.



The idea behind this mural is to start conversations about addiction and recovery, and hopefully spur solutions to society-wide challenges, especially the current opioid crisis. Public art can evoke dialogue, inspire change and empower individuals both living in recovery and with addictions. We know that treatment works and people recover. We want the community to know that too! The building owner, Stephanie Lorenzi, shared a message of strength and hope. She said the mural should be a catalyst that moves people to break the chains of addiction holding them back, bring them clarity and show them that they DO have the STRENGTH to beat this disease. The mural is located on Puritas Avenue in Cleveland.



## Behavioral Health and Human Services Career Fair

The ADAMHS Board hosted its fourth annual Behavioral Health and Human Services Career Fair on May 21, 2018, at the Cleveland Airport Marriott. The fair included participation from more than 40 agencies and area nonprofits that were seeking candidates for various positions. Nearly 150 job seekers brought resumes and explored the wide employment, internship and volunteer opportunities in the mental health, addiction, recovery, treatment and human services fields. Many individuals left the event with scheduled job interviews.

## 2018 Annual Meeting Photos



Board members, Elsie Caraballo and Eugenia Kirkland.



Harvey Snider and Erin Siffen\*



Sharon Rosenbaum and Natalie Jernigan\*



Ericka Thoms, Judge Holly Gallagher\* and Scott S. Osiecki



Katie Kern-Pilch, Dr. Martha Potts\* and Debora McDonald\*



Dr. Bob Fowler and Nicholas Wieder\*



Rev. Max Rodas, Rev. Andrea Jacobs\* and Scott S. Osiecki.



Steve Killpack and John Lisy\*



Brian Bailys\*



Eugenia Kirkland and Scott Osiecki



Linda Lamp, Maggie Tolbert, and Scott S. Osiecki



Linda Torbert and Carolyn Welker.



Eugenia Kirkland, Lifetime Achievement Award Winner, Michael Baskin and Scott S. Osiecki



Carol Krajewski, Dr. Reginald Blue, Dr. Pythias Jones, Myra Henderson, Tami Fischer and Elsie Caraballo



Myra Henderson, Yolanda Armstrong-Howell and Brian Siggers



Cheryl Fratalone and Felicia Harrison



Tami Fischer and Peggy Corbin

\*Indicates 2018 Helping Hands Honorees

# ACCOMPLISHMENTS & CHALLENGES 2018

## Passing of Valeria A Harper

It was with great sadness that the ADAMHS Board acknowledged the untimely passing of its Chief Executive Officer, Valeria A. Harper, MA, CDCA, on January 9, 2018. Ms. Harper had been a staunch advocate for individuals living with mental illness and substance use disorders in Cuyahoga County for more than 35 years and had served as the ADAMHS Board's Chief Executive Officer from August 1, 2017 until her passing.

The late Valeria A. Harper was honored posthumously for her service to and advocacy for individuals returning to Cuyahoga County after incarceration at the Office of Reentry's "Not Just Returning, but Advancing" 6<sup>th</sup> annual public meeting on April 26, 2018.



Valeria A. Harper, former CEO, who passed away on January 9, 2018.

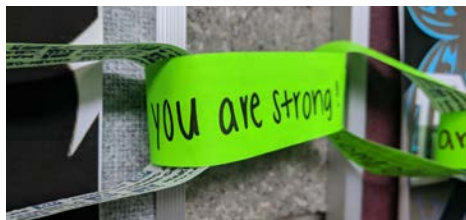
Right: Scott S. Osiecki, William Denihan, Eugenia Kirkland and Valerie Harper at the Care Alliance Gala in November 2017.



Valeria Harper and Eugenia Kirkland posed for a photo.



(l-r) Rita Jermann dropped off the donation check from the 9<sup>th</sup> Annual Suicide Prevention Concert to Scott S. Osiecki, CEO.



Chain links from the CVCC Making Chain-ge with Change Fundraiser to support mental health awareness.

## Community Events Support the ADAMHS Board Mission

**Making Chain-ge with Change:** Students at the Cuyahoga Valley Career Center (CVCC) held a student-led fundraiser rather than a walk-out in support of victims of a tragic school shooting. Students sold paper chains to classmates, family members and staff to raise funds to promote mental wellness during Mental Health Awareness Month. The students raised \$1,600 and donated \$800 of it to the ADAMHS Board of Cuyahoga County and the other half to the ADAMHS Board in Summit County.



The Baldwin Wallace University Men's Chorus Hosted a Mental Health Awareness Concert and honored the ADAMHS Board as a Community Mental Health Advocate!

**Baldwin Wallace University's Men's Chorus Celebrates Mental Health Awareness:** The Baldwin Wallace University Men's Chorus Hosted a Mental Health Awareness Concert and honored the ADAMHS Board as a Community Mental Health Advocate! As part of the performance, members of the choir shared personal messages of healing, recovery and support for others living with mental health conditions. The event included resource tables from various mental health providers.

**9<sup>th</sup> Annual Suicide Prevention Concert:** For the last 9 years, Rita Jermann has planned a suicide prevention concert in memory of a loved one who died by suicide. The concerts are a way to raise awareness and fundraise for suicide prevention efforts. The 2018 concert brought in \$1,570, which was donated to the ADAMHS Board for suicide prevention efforts.





# ADAMHS BOARD LEADERSHIP

## 2009 - 2019

### Chief Executive Officers



**Scott S. Osiecki, CEO**

March, 2018 - Present  
(Acting) January - February, 2018



**The Late Valeria A. Harper**

August 2017 - January, 2018



**William M. Denihan**

July, 2009 - July, 2017

### Board Chairs



**Rev. Benjamin F. Gohlstin, Sr.**

2019 - Present

Rev. Gohlstin is the Pastor of Heritage Institutional Baptist Church and the CEO of the Ministerial Board, Chairperson of the Crisis Center, and Board President of the Hunger Network of Greater Cleveland. He was elected to his first term as Board Chair on July 1, 2018.



**Eugenia Kirkland, LSW, MSSA, CDCA**

2015 - 2018

Ms. Kirkland is retired from the Cleveland Metropolitan School District. She is the current Board Vice Chair. She is passionate about ensuring that all people in Cuyahoga County receive the mental health and addiction services they need to recover.



**Harvey A. Snider, Esq.**

2013- 2014

Mr. Snider is a retired attorney, who worked for the law firm of Kenen & Snider Co., L.P.A., former President of NAMI-Ohio (June '05 thru June '09), and advocate with NAMI Greater Cleveland. He is also a parent of an adult recovering from mental illness.

Rev. Charlotte Still Noble was Board Chair from 2011-2012. She provided leadership in the community by sitting on several nonprofit boards, through her work as a minister and with her own consulting business.



**Rev. Charlotte Still Noble**

2011 - 2012

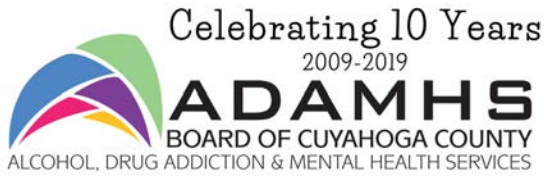


**Kathryn E. Gambatese**

2009 - 2010

Kathryn Gambatese was Board Chair of the former Cuyahoga County Community Mental Health Board (CCCMHB) from July 2006 through June 2009 when she became Board Chair of the newly formed ADAMHS Board.

She helped coordinate the consolidation of the ADASBCC and the CCCMHB. She served as Board Chair until 2010.



2012 W. 25th Street, 6th Floor, Cleveland, Ohio 44113  
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[www.adamhsc.org](http://www.adamhsc.org)

### About the Artwork:

The cover is a collection of client art pieces highlighted over the past ten years on ADAMHS Board annual reports. This collection is dedicated to ten years of supporting recovery through the healing nature of art therapy.

The ADAMHS Board Client Art Program is designed to promote the healing power of art to individuals in the recovery process from addiction and/or mental illness.

## Thank you to our current ADAMHS Board Provider Network

Achievement Centers for Children  
Applewood Centers  
Asian Services In Action, Inc.  
Beech Brook  
Bellefaire Jewish Children's Bureau  
Briermost Foundation  
Care Alliance Health Centers  
Catholic Charities Corporation  
The Centers for Families and Children  
Circle Health Services (Part of The Centers)  
City of Cleveland Dept. of Public Health  
Cleveland Christian Home  
Cleveland Comprehensive Treatment Center  
Cleveland Rape Crisis Center  
Cleveland Treatment Center  
Community Action Against Addiction  
Community Assessment & Treatment Services, Inc.  
Cornerstone of Hope  
Courage to Caregivers, Inc.  
Domestic Violence & Child Advocacy Center  
East Cleveland Neighborhood Center  
Eldercare Services Institute  
Emerald Development and Economic Network, Inc.  
Epilepsy Association  
Far West Center - 29133 Health Campus Dr.,  
FrontLine Service  
Front Steps Housing & Services  
Future Directions  
Golden Ciphers  
Hispanic UMADAOP  
Hitchcock Center for Women  
I'm In Transition, Ministries  
Jewish Family Service Assoc. of Cleveland  
Jordan Community Residential Center

Joseph's Home  
The Life Exchange Center  
Life Long Transportation, LLC  
Lifeworks Behavioral Health Solutions  
The Living Miracles Peer Empowerment Center  
Lutheran Metropolitan Ministry  
Magnolia Clubhouse  
May Dugan Center  
MetroHealth System  
Moore Counseling and Mediation Services  
Murtis Taylor Human Services System  
NAMI of Greater Cleveland  
New Directions, Inc.  
New Visions Unlimited, Inc.  
Northcoast Behavioral Healthcare  
Northeast Ohio Recovery Association  
OhioGuidestone  
Oriana House, Inc.  
Positive Education Program  
Providence House  
Pipeline to God  
Recovery Resources  
Salvation Army Harbor Light Complex  
Scarborough House  
Shaker Heights Youth Center  
Signature Health  
Sober Living Cleveland, Inc.  
Stella Maris, Inc.  
St. Vincent Charity Medical Center, Rosary Hall  
Thrive Behavioral Health Care  
University Settlement  
Women's Recovery Center  
YMCA (Y-Haven) of Greater Cleveland