



***Calendar Year 2015
Annual Report***

Eugenia Cash, LSW, MSSA, CDCA
Board Chair


William M. Denihan
Chief Executive Officer

When the ADAMHS Board of Cuyahoga County gets involved – we get involved and stay involved – and I am continually amazed by what we can all accomplish when we work together as a community.

Message from the Chair... Eugenia Cash, LSW, MSSA, CDCA



Cleveland Police:



As 2015 began we were digesting the U.S. Department of Justice Investigation of the Cleveland Division of Police and we immediately got involved as our Chief Executive Officer, William M. Denihan, was asked to lead a Mental Health Task Force to discuss and develop a response to the Crisis Intervention Team (CIT) program and other issues pertaining to mental health, addiction and developmental disabilities that were identified in the report. As soon as our mental health and addiction community and our partners received notice of this opportunity, nearly 160 people participated in meetings that yielded a submission of recommendations in March for the City of Cleveland and the Department of Justice to consider while negotiating a settlement agreement. We were extremely satisfied that the recommendations were taken seriously and helped to shape the final settlement agreement.

Our involvement did not stop there. Through a Memorandum of Understanding with the City of Cleveland, our CEO is chairing the Mental Health Response Advisory Committee (MHRAC), which is required in the settlement agreement. And once again, our community has stepped-up and taken an active role and is volunteering their time and knowledge working on various committees that include policy, training, data, community involvement and appropriate diversion from the justice system.

Funding:

The Board entered new territory as we discussed and approved a first time two-year funding cycle for our providers. During this process, we set priorities by studying current trends that included working towards a Recovery Oriented System of Care, the ravages of the heroin epidemic, the opportunities presented in the DOJ Settlement Agreement, and the continued threat of funding reductions.

County Leadership:

Thanks to the Cuyahoga County Council and the support of the County Executive, we were able to overcome a proposed 17% - \$6.7 million - reduction in county funding. This was especially significant during this current heroin and fentanyl epidemic, as it allowed the Board to continue its vital work.

State:

We were not as fortunate when it came to funding from the State of Ohio in 2015, which was reduced by \$2.8 million. This reduction was the continued ramification from the State Fiscal Years 2014-2015 re-purposing of \$50 million that was previously provided to Boards from OhioMHAS. In addition, we are receiving the least amount of funding in the mental health continuum of care line item compared to other counties— just \$405,500, which is only 32¢ per capita.

Faith-based:

Working to recognize and advocate spirituality in the recovery process, connect the spiritual perspective with other interventions and best practices and promote the concept that treatment works and people recover, we issued a Request for Information (RFI) for a Faith-based Outreach Initiative Pilot Program. We awarded \$250,000 to six organizations to deliver spiritual/faith-based direct service needs to clients.

Marijuana:

Legalization of marijuana in the State of Ohio was soundly defeated on November 3, 2015, with 65% of the votes opposed - a nearly 2-to-1 vote. Our CEO, members of the Board and staff took an active role with leaders representing the medical, legal, provider, faith-based and government groups to defeat the issues. The Board adopted an official position on marijuana legalization on May 27, 2015. The position states that the Board opposes any attempts to legalize, promote, grow and sell marijuana for recreational purposes in the State of Ohio and explains the reasons. The Board also believes that marijuana for medical purposes should be subject to the same research, consideration, and study as any other potential medicine, under the standards of the U.S. Food and Drug Administration (FDA). This position still stands today as we gear-up to face a new challenge of legalizing marijuana for medical purposes.

Recovery Oriented System of Care:

We are in the second year of a 5-year transition from a system that focused on getting a person treatment, to a Recovery Oriented System of Care (ROSC) that focuses on recovery management to help individuals not only get well, but stay well. An internal ADAMHS Board team developed a timeline for the first year of the ROSC transformation process. The timeline included the implementation of a state-structured self-assessment survey in July 2015, to assess our alignment with core ROSC principles. The internal team analyzed the survey data and identified trends, strengths, and opportunities for improvement and the findings were presented to a Stakeholder Focus Group to further analyze and rank the results. The results were used to help us prioritize the CY16/17 funding recommendations and will be used in developing the ROSC Implementation Plan.

When the ADAMHS Board is involved – you are involved. We represent all facets of the mental health, addiction and recovery services community – we represent you, your families, your friends and all the residents of Cuyahoga County. We put you at the center of all of our decisions to ensure that we are meeting your needs. Your input will continue to be important to us as we make decisions to advance our Recovery Oriented System of Care and tackle the issues affecting our community, maintain recovery support services and continue to inform the community of the fact that mental illness and addiction are treatable brain diseases and that recovery is possible.



Message from the CEO... William M. Denihan

The Centers for Disease Control and Prevention and the World Health Organization continue to warn us regularly about new diseases that threaten to harm us or our next generation. Over the years we have been warned about Avian Flu, Swine Flu, Ebola and most recently the Zika virus. Although I have no doubt that

these illnesses are life-threatening, I am willing to bet that none of them have decimated our population like heroin, fentanyl and suicide.

Heroin deaths continue to rise and with fentanyl now in our community with a vengeance, deaths by overdose are staggering. Deaths by heroin overdose have increased from 161 in 2012, to 199 in 2013, to 275 in 2015. In 2016, with the onset of fentanyl, we have seen 148 overdose deaths in the first quarter of the year. If this startling rate of death continues on this path, we can expect nearly 600 people to die from a heroin or fentanyl overdose by the end of 2016 – and that is just here in Cuyahoga County. We have advanced from an epidemic to a tsunami.

An average of 150 people die each year by suicide in Cuyahoga County. Every day, about 105 Americans die by suicide, which is 38,000 people every year, or one death by suicide every 12.3 minutes.

Our government spends millions of dollars to warn us and to find a vaccine that will eliminate disease, yet hundreds of people are dying each day due to an overdose or suicide.

Do you think this could be that people still do not believe that mental illness and addictions are biological brain-based diseases and are just like any other physical illness?

The ADAMHS Board knows that addiction and mental illness are diseases and that recovery is possible. We are carefully setting our priorities to help find the answers and develop new programs, such as sober beds and recovery housing to help our residents beat this addiction, while continuing to ensure that the mental health needs of our citizens are met.

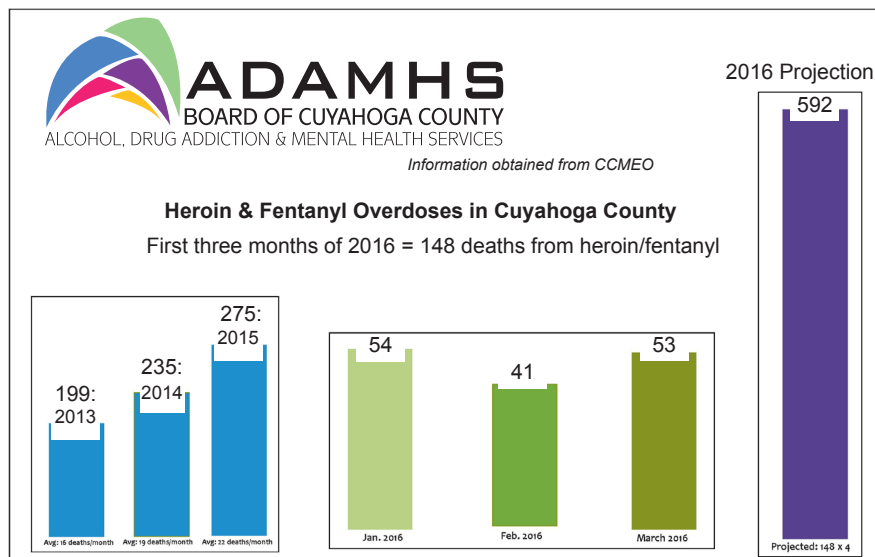
As we continue to work toward a fully implemented Recovery Oriented System of Care over the next few years, we are focusing on clients and families. We have learned that people need more than just treatment to recover; people need the support of other people who have gone through the same experiences; people need a sober and safe place to live and people deserve the opportunity to recover and live the best life possible. We know it can be done, although the journey may be rough.

Our goal last year began with opposing the legalization of marijuana. After soundly defeating this initiative, we now find ourselves faced with the legalization of marijuana for medical purposes - which we also oppose.

On March 15, 2016, the voters of Cuyahoga County overwhelmingly supported Issue 23: Cuyahoga County's Health and Human Services 4.8-mill tax renewal. We receive the majority of our funding from the Health and Human Services levies and are thankful to the residents of Cuyahoga County for their continued support. Looking forward to the stability of funding for our system, I am encouraging our Board of Directors to continue to pursue a dedicated mental health and addiction levy, which has been a topic of discussion since the original Board's inception in 1968. The difference today is that there is a political willpower to move forward and we thank Cuyahoga County Council President Dan Brady for his continued support.

We began our activity with the U.S. Department of Justice, its review of the Cleveland Division of Police and the resulting Settlement Agreement. Through a Memorandum of Understanding with the City, the ADAMHS Board helped to establish the Mental Health Response Advisory Committee (MHRAC). Partnering with the community in this endeavor is a real opportunity to make Cleveland a city where everyone

– including people living with mental illness and addiction - is treated safely with dignity and respect. We also have the opportunity to improve our mental health and addiction services continuum of care, address gaps, expand training and make improvements to ensure that the Cleveland Division of Police – and the citizens of Cleveland – have the resources available to assist people in crisis, as well as services that maintain recovery from mental illness and/or addictions.



This annual report highlights some of the accomplishments that were achieved throughout the year. These accomplishments could not have been possible without the unwavering leadership of our volunteer Board Members, the hard work of our professional and dedicated Board Staff, competent service delivery through our provider network, trusting collaboration with partner agencies, and of course the clients and family members who are the sounding board that truly shape our system. It is an honor to know and work with each and every one of you. Without you, our system would not be able to achieve the accomplishments, provide the quality services that our community deserves and give hope that recovery is possible. Thank you.



Accomplishments & Challenges

2015 Funding:

- Our Calendar Year 2015 Budget totaled \$64,214,112, which was \$2,366,809 less than the year before. The budget included \$39,363,656 in county health and human services levy funding which remained stable, \$6,633,703 in State funding, which was \$2.8 million less than in Calendar Year 2014, \$15,197,066 in Federal funding, which was less \$425,000 and \$2,943,957 in grant and other funding which increased by \$818,000 from last year.
- The reduction in State funding was the continued ramification from the State Fiscal Years 2014-2015 re-purposing of \$50 million that was previously provided to Boards from OhioMHAS.
- Despite the reduction, we were able to continue important recovery and prevention services for people living with mental health and addiction.

2016/17 Funding Planning:

- When we began planning for our Calendar Year 2016 Base Budget in the fall of 2015, we were faced with a 17% reduction in county funding for CY16/17 that was proposed by the County Administration. We considered and rejected an offer made by the County Administration to develop a new program with the Division of Children and Family Services to replenish part of the proposed reduction - although we offered a pilot program because we believe that helping the children is the right thing to do.
- We reached out to County Council and presented our case for not receiving the reduction - especially during this current heroin and fentanyl epidemic - and thankfully the entire Council led by President Dan Brady, and County Executive Armond Budish came to an agreement on the CY16/17 county budget that included an amendment that restored the proposed 17% reduction - \$6.7 million - to the ADAMHS Board. This agreement maintained the Board's \$39.3 million funding in both 2016 and 2017. We are extremely grateful to County Council President Dan Brady, Dave Greenspan, Chair of the Finance and Budgeting Committee, all members of County Council and Mr. Budish for reaching this agreement so that the ADAMHS Board can continue its vital work.
- With that funding challenge behind us, the Board voted to enter into a two-year contract with most of our provider agencies for CY16/17. This decision offered our providers funding stability that they have requested in previous budgets. Board staff will also be able to spend more time on outcomes and performance measures that will be presented during a mid-biennium budget/performance review in November 2016.

Marijuana Legalization:



- Legalization of marijuana in the State of Ohio was soundly defeated on November 3, 2015, with 65% of the votes opposed - a nearly 2-to-1 vote. This defeat could not have been possible without the help of Ohioans Against Marijuana Monopolies and advocates such as Jim Joyner, Jason Jerry, M.D., ADAMHS Board staff and Board

members and countless others who were able to spread the word about the dangers and potential consequences of marijuana legalization. We participated in press conferences, town hall meetings, republican and democrat club meetings, radio and TV interviews, a City Club discussion and numerous social media posts, blasts and e-newsletter.

- The Board adopted an official position on marijuana legalization on May 27, 2015. The position states that the Board opposes any attempt to legalize, promote, grow and sell marijuana for recreational purposes in the State of Ohio and explains the reasons. The Board also believes that marijuana for medical purposes should be subject to the same research, consideration, and study as any other potential medicine, under the standards of the U.S. Food and Drug Administration (FDA). This position still stands today as we gear-up to face a new challenge of legalizing marijuana for medical purposes.

Continuing to Combat the Heroin/Fentanyl Epidemic:

- The Board continues to co-sponsor, organize and speak at community events and forums to raise awareness of the heroin epidemic and its devastating effects on the community. We continue to partner with The Heroin Awareness Team -- a group of young people in recovery from opiate and heroin addiction -- to reach middle school, high school and college students, as well as other members of the community, to increase awareness of the destructive consequences of opiate abuse and heroin.
- We continued to testify before our state legislature, shared our efforts to combat the issue at various conferences, made several media appearances, and hosted a press conference with Senator Sherrod Brown to outline the Federal Recovery Enhancement for Addiction Treatment (TREAT).
- The Board continued to work with provider agencies to develop medication assisted treatment (MAT) opportunities to battle the heroin crisis, such as the Probation Substance Abuse Residential Treatment Vivitrol Pilot Program with Salvation Army Harbor Light and the Vivitrol outpatient program with Community Action Against Addiction.
- Unfortunately, fentanyl has entered our community with a vengeance and deaths by overdose are continuing to rise. Overdose by heroin deaths have increased from 199 in 2013 to 275 in 2015. In 2016, with the onset of fentanyl, we have seen 148 overdose deaths in the first quarter of the year. If this startling rate of death by overdose continues on this path, we can expect nearly 600 people to die from a heroin or fentanyl overdose by the end of 2016.
- We will continue to work with our community and government partners to find an end to this devastating epidemic through continued and increased prevention, treatment and recovery support services, including peer services and sober housing.

Sober Beds

- Additional community residential treatment and sober living beds were able to offer residents of Cuyahoga County a chance to save and restart their lives from addiction to opiates and heroin, thanks to funding from the ADAMHS Board in early 2015.
- Cleveland Catholic Charities was able to open 17 beds in addition to its 34 beds that serve adult men with addictions at

Matt Talbot Inn located at its Parmadale site. Onsite alcohol and other drug treatment services continue to be provided, such as individual and group counseling. These additional 17 beds reduced the wait time to get men with addictions into treatment, as waiting for treatment once a person decides to get help is a major deterrent to getting sober.

- The ADAMHS Board also provided funding to Stella Maris and the Cleveland Treatment Center for a Sober Bed Pilot Program. Through contracts with area halfway houses, Stella Maris and the Cleveland Treatment Center provided long-term living environments for at least 90 days to provide aftercare support to a newly sober individual rather than returning the person to the setting where the addiction may have begun. The allocation provides room and board for individuals that have just completed a detoxification and/or a medically assisted treatment program and serves between 360 and 380 men and women and offers an opportunity to start a new life or regain a life that was destroyed through opiate or heroin addiction.

DOJ Involvement:

- A Settlement Agreement between the City of Cleveland and the U.S. Department of Justice (DOJ), which was developed to address concerns about the Cleveland Division of Police (CDP) use-of-force policies and practices, was signed on June 12, 2015. The Agreement contains a mental health component that required the development of a Mental Health Response Advisory Committee (MHRAC) by the City and the CDP no later than December 9, 2015.
- The City of Cleveland selected the ADAMHS Board to establish the MHRAC and assist with the Police Crisis Intervention Program. A Memorandum of Understanding (MOU) between the City of Cleveland Department of Public Safety, the Chief of Police and the ADAMHS Board of Cuyahoga County was developed and signed on September 10, 2015— well before the deadline in the Decree. The first meeting of the MHRAC was held on September 17, 2015.
- William M. Denihan, Chief Executive Officer of the ADAMHS Board serves as Chair, and Ed Eckart Jr., Assistant Director of the Cleveland Department of Public Safety, serves as Vice-chair of this committee that has the following charge that was outlined in the Settlement Agreement:
 - Fostering better relationships and support between the police, community, and mental health providers.
 - Identifying problems and developing solutions to improve crisis outcomes.
 - Providing guidance to improving, expanding and sustaining the CDP Crisis Intervention Program. Conducting a yearly analysis of incidents to determine if the CDP has enough specialized CIT officers, if they are deployed effectively and responding appropriately, and recommending changes to policies and procedures regarding training.
- To utilize the experiences and talents of the MHRAC members, a structure consisting of six sub-committees was developed: Executive Committee, Community Involvement/Engagement Committee, Data Committee, Diversion Committee, Policy Review Committee and the Training Committee. *A goal is to ensure that the new policy and procedures are reflective of the values of all Clevelanders.*
- All meetings of the MHRAC and its committees are open to the public. Meeting summaries, dates, times and locations are posted at www.adamhsc.org.

- Eugenia Cash, Chair of the ADAMHS Board, was selected in July 2015 by the City of Cleveland and the U.S. Attorney's Office to serve as one of 11 panelists who chose the city's court-ordered Community Police Commission, a requirement of the settlement agreement. The 11 final panelists were chosen from more than 100 recommendations in the community including business professionals, religious leaders, mental health experts and academics. The panel was in existence for 60 days to complete the task.

Faith-based:

- The ADAMHS Board of Directors approved the issuance of a Request for Information (RFI) for a Faith-based Outreach Initiative Pilot Program. The RFI required Board's contract providers and/or faith-based spiritual organizations to deliver spiritual/faith-based direct service needs to clients.
- The ADAMHS Board entered into agreements with six organizations for the period of November 1, 2015 through December 31, 2016: Hispanic UMADAOP, Inner Healing Ministries, Life Recovery Ministries, NAMI Greater Cleveland, OhioGuidestone and Trinity Outreach Ministries.
- Although each organization's services/programs are unique, all are working to accomplish the Board's Faith-Based Outreach Committee's mission to recognize and advocate spirituality in the recovery process; to connect the spiritual perspective with other interventions and best practices; and to promote the concept that treatment works and people recover.
- The ADAMHS Board and the above provider/faith-based organizations are very excited to make the Faith-based Outreach Initiatives Pilot Program a success. The program as of March 31, 2016, served 517 individuals and is on track to meet the proposal projection of 1,400 people served within the 14 month pilot time period.

Early Childhood Mental Health:

- Nearly 1,400 children age birth to six received mental health services through ADAMHS Board funded early childhood mental health (ECMH) programs.
- Service Continuum was expanded to include consultation services for all ECMH contracted providers to allow for immediate engagement.
- ADAMHS Board purchased the electronic version of the Devereux Clinical assessment tool to monitor progress and overall effectiveness of the ECMH program
- To increase capacity for services, the ADAMHS Board Training Institute coordinated trainings with Devereux For Resilient Children to increase the number of clinicians within the ECMH system to decrease the wait-list for children in need of services.

School-based Services:

- Approximately 14,000 children received individual and group prevention services through Board funded school-based programs.

(Continued on page 13)



Photo Review of Calendar Year 2015



Dr. Joan Papp, Project DAWN Medical Director; Dr. Akram Boutros, MD, FACHE, President and Chief Executive Officer of The MetroHealth System, and Cuyahoga County Executive Armond Budish join ADAMHS Board CEO William M. Denihan at a press conference announcing the Board's expanded support of Project DAWN, Deaths Avoided with Naloxone, with a \$100,000 grant to help save lives from heroin/fentanyl overdose deaths in January.



William M. Denihan, CEO of the ADAMHS Board, sits with 32 Cleveland Police Officers who graduated from the ADAMHS Board CIT Training on October 9. This was the first time the ADAMHS Board has taught CIT to the full graduating class of the Cleveland Police Academy.



William M. Denihan, CEO, with Tami Fischer, Director of Human Resources, at the ADAMHS Board of Cuyahoga County first-ever Behavioral Health and Human Services Career Fair in May to honor Mental Health Month. More than 28 agencies and area non-profits participated in this event that attracted more than 300 job seekers.

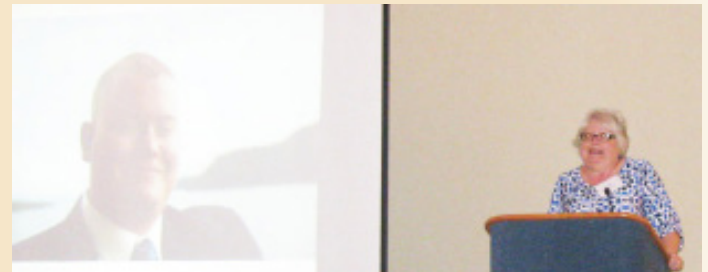


Senator Sherrod Brown discussed The Recovery Enhancement for Addiction Treatment (TREAT) Act at the ADAMHS Board in January. The TREAT Act aims to enable more health care providers to treat larger numbers of patients struggling with addiction to opioids like painkillers and heroin.

Terry Luria, Clinical Director of Stella Maris, Recovery Advocate, joined ADAMHS Board CEO William M. Denihan in Columbus in March to provide testimony before the House Health & Human Services Sub-Committee of the House Finance Committee. The



purpose of this testimony was to request increased investment in the 421 Continuum of Care line item to provide necessary financial stability to ensure the successful development of Ohio's Recovery-Oriented System of Care and to help ensure the continuation and expansion of recovery support services with stable funding to local Boards.



Andrea McGovern, a suicide survivor and member of Cuyahoga County's Problem Gambling Coalition, hosted a Question, Persuade Refer (QPR) Suicide Prevention Training for more than 60 members of the faith-based community in May in honor of Mental Health Month. Andrea shared the story of her son Mike, who died by suicide, and how her faith is helping her to share their story to let the community know about suicide prevention.





Client and peer support specialists from The Living Miracles Peer Empowerment Center join ADAMHS Board CEO William M. Denihan in celebrating the power of art to help individuals heal and live in recovery from mental illness and addiction. The Board's monthly Client Artwork Display Program showcases client artwork, highlights our provider agencies, recognizes the benefits of art therapy and celebrates the recovery community.

Rev. Benjamin F. Gohlstin, Sr., Second Vice Chair of the ADAMHS Board, represented both the Board and the faith-based community at an August 17 press conference in Columbus that launched Ohioans Against Marijuana Monopolies formal campaign opposing the legalization of marijuana.



Leslie M. Koblentz, JD, MD, received the Mental Health Professional of the Year award from the ADAMHS Board at the 2015 Annual Meeting on May 18. Pythias D. Jones, M.D., Second Vice Chair; Eugenia Cash, LSW, MSSA, CDCA, Chair, and William M. Denihan, CEO, joined a sold-out crowd of 370 guests to congratulate Dr. Koblentz and other award winners.



Dr. Stephen Sroka, Plenary Speaker at the ADAMHS Board's 2015 Roads to Recovery Conference, and William M. Denihan, CEO of the ADAMHS Board of Cuyahoga County, celebrate Dr. Sroka's Power Of One mantra- that each person has the ability to make a difference in their life or the life of a friend or family member.

DEATH BY HEROIN OVERDOSE IN CUYAHOGA COUNTY HAS QUADRUPLED.

**Thinking about heroin?
Using?
Know someone who is?**

For help call: 216-623-6888

Supported by Cuyahoga County Health & Human Services Funding

ADAMHS
BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG, ADDICTION & MENTAL HEALTH SERVICES

The ADAMHS Board continued a social media heroin awareness campaign in 2015 to promote that help is available for heroin addiction treatment and recovery services by contacting Cuyahoga County's 24-hour

Suicide Prevention, Mental Health and Addiction Crisis Hotline at 216-623-6888. These messages were displayed on Facebook, Twitter, voiceitradio.com.



William M. Denihan, Chief Executive Officer of the ADAMHS Board of Cuyahoga County, and City of Cleveland Mayor Frank Jackson, formally announced the Mental Health Response Advisory Committee during a press conference on September 23 at City Hall. Mr. Denihan currently serves as Chair of this Committee.



The ADAMHS Board of Cuyahoga County hosted its 13th Annual Client Fun Day on June 15 at the Cleveland Metroparks Zoo. Clients, volunteers and staff enjoyed the zoo, a box lunch, music, dancing and prizes. This event was held in partnership with the Action Committee Advocating Change (ACAC) and the Client Rights Officers at the Board's provider agencies.

Calendar Year 2015 ADAMHS Board Financial Summary

Note: All financial and program data included in this report reflects a 12-month time period:
January 1, 2015 - December 31, 2015.

Revenue:

County Health & Human Services Levy	\$39,363,656
Federal Funds	\$15,197,066
State Funds	\$6,633,703
Grants/Other	\$ 2,943,957
Carry Over Funding	\$75,730
TOTAL BOARD REVENUE	\$64,214,112

Note: State funding in 2015 was \$2.8 million less than in Calendar Year 2014, when we received \$9,469,533. The Board's total revenue in 2014 was \$66,580,921.

Grant Awards:

- The ADAMHS Board was awarded a \$755,870 grant from Ohio Department of Mental Health and Addiction Services (OhioMHAS) for *The Whole Child Matters* initiative. This initiative will reduce the rates of preschool and early learning expulsions by increasing access to Early Childhood Mental Health Consultation (ECMH) services. The Board is piloting the expansion of the ECMH Family Focused Consultation model to local home visiting programs in partnership with the Lorain County Mental Health Board and the County of Summit Alcohol, Drug Addiction and Mental Health Services Board.
- \$500,000 was awarded from the Ohio Department of Youth Services and OhioMHAS for the continuation of the *Behavioral Health/Juvenile Justice Project*. The project helps youth involved in the juvenile justice system ages 12 to 18 and will serve a total of 120 youth during the two-year grant period.
- OhioMHAS awarded \$8,260 in grant funding for the *Employment Opportunities within Housing Agencies* initiative that has an overall goal of helping individuals living in recovery with a mental illness and/or substance use disorder residing in permanent housing obtain integrated competitive employment. This award partially funded a new part-time position at EDEN, Inc., with EDEN providing a match.

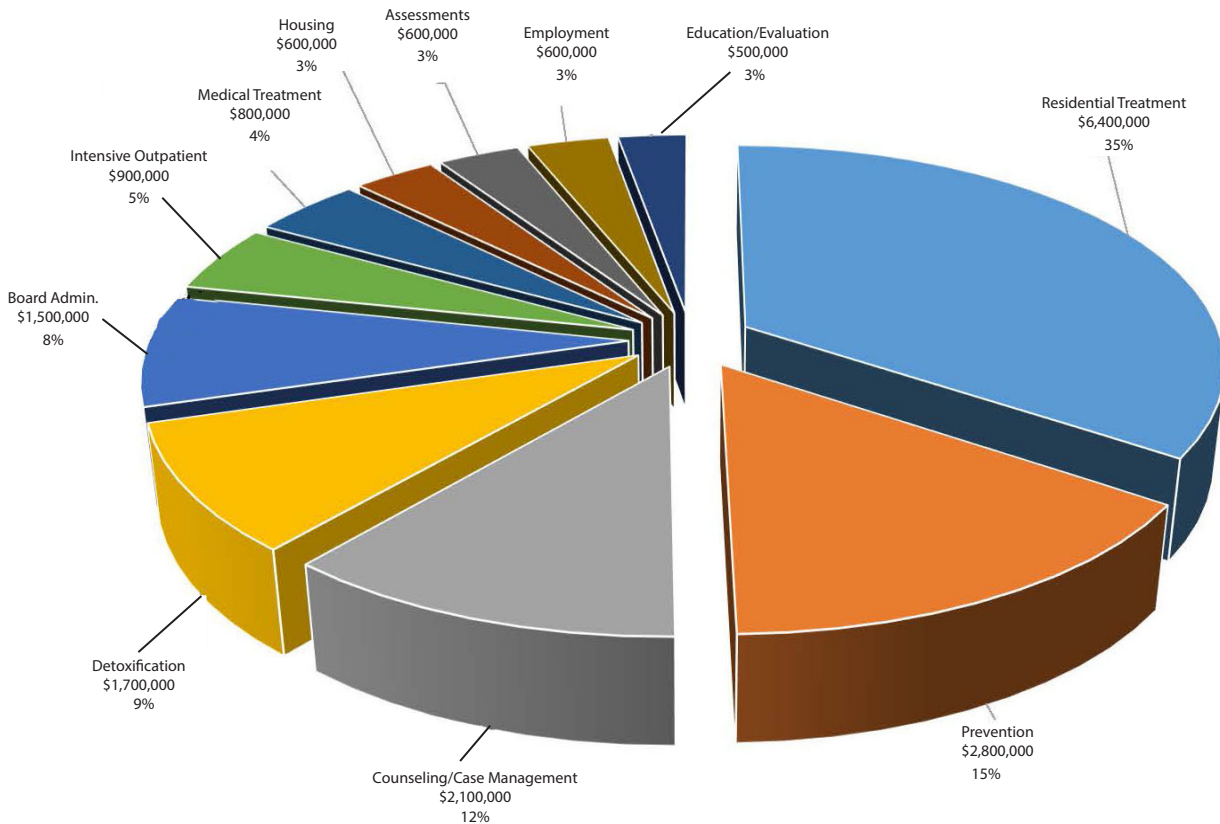
Expenses:

Disbursements to Provider Agencies:	\$58,924,076
○ Medicaid	\$3,421,994
○ Non-Medicaid Fee for Service	\$55,502,082
Board Administrative Budget*	\$5,290,036
TOTAL BOARD EXPENDITURES	\$64,214,112

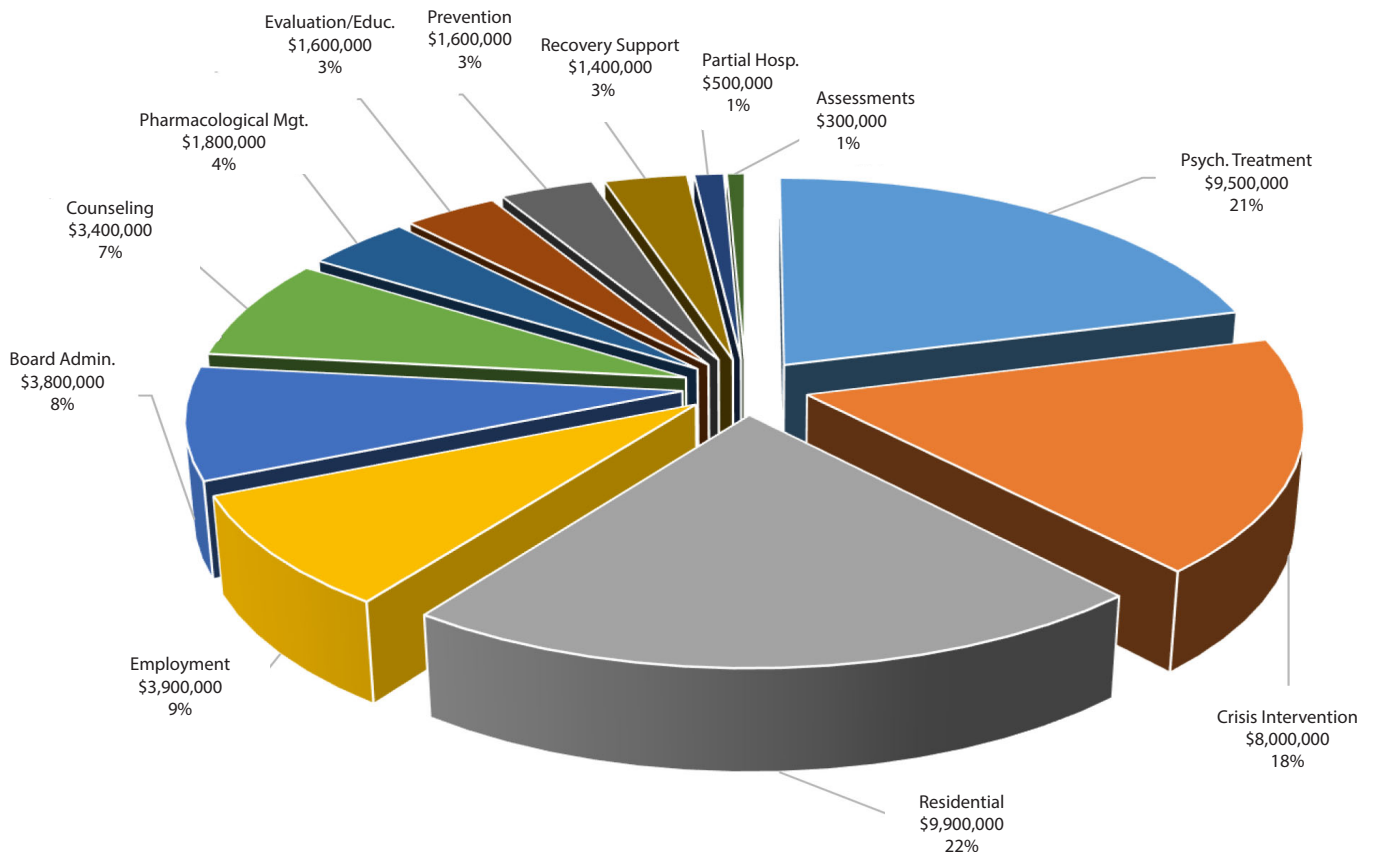
*Administrative Budget was 8.2% of total ADAMHS budget.

Calendar Year 2015 ADAMHS Board Expenses by Service Category

\$18.5 Million Addiction Expenses by Service Category



\$45.7 Million Mental Health Expenses by Service Category



Calendar Year 2015 Demographics: Treatment & Recovery Services

Individuals Receiving Addiction Services

Individuals Receiving Mental Health Services

City	Under 18		18 - 64		65 & Over		Total		Statistical Percent of Total	
Unknown	0	35	75	125	2	5	77	165	2%	2%
Bay Village	0	5	11	21	0	4	11	30	0%	0%
Beachwood	0	7	5	15	0	4	5	26	0%	0%
Bedford	0	31	25	62	0	0	25	93	1%	1%
Bedford Heights	1	11	9	33	0	0	10	44	0%	1%
Berea	1	22	25	45	0	6	26	73	1%	1%
Bratenahl	0	0	1	0	0	0	1	0	0%	0%
Brecksville	0	0	4	7	0	0	4	7	0%	0%
Broadview Heights	0	9	21	22	0	1	21	32	1%	0%
Brook Park	2	22	53	38	0	5	55	65	2%	1%
Brooklyn	1	5	31	28	1	3	33	36	1%	0%
Brooklyn Heights	0	0	1	2	0	2	1	4	0%	0%
Chagrin Falls Village	0	0	0	0	0	0	0	0	0%	0%
Cleveland	37	973	2,195	3,100	49	311	2,281	4,384	64%	57%
Cleveland Heights	2	38	26	156	1	18	29	212	1%	3%
Cuyahoga Heights	0	0	0	1	0	0	0	1	0%	0%
East Cleveland	1	28	40	133	1	17	42	178	1%	2%
Euclid	3	75	99	196	2	22	104	293	3%	4%
Fairview Park	2	6	16	38	0	10	18	54	2%	1%
Garfield Heights	1	40	55	61	0	5	56	106	2%	1%
Gates Mills	0	4	0	3	0	0	0	7	0%	0%
Glenwillow	0	0	0	0	0	0	0	0	0%	0%
Highland Heights	0	2	3	6	0	0	3	8	0%	0%
Highland Hills	0	0	1	2	1	0	2	2	0%	0%
Independence	0	5	10	2	0	0	10	7	0%	0%
Lakewood	6	46	164	289	1	41	171	376	5%	5%
Linndale	0	0	0	0	0	0	0	0	0%	0%
Lyndhurst	0	1	6	21	0	6	6	28	0%	0%
Maple Heights	4	44	50	87	1	13	55	144	2%	2%

	AOD	MH	Combined Total Served*	Total Individuals Served**
Fiscal Year 2009 Total	9,707	38,742	Total FY2009 48,449	45,960
Fiscal Year 2010 Total	9,123	40,314	Total FY2010 49,437	46,954
Fiscal Year 2011 Total	9,185	42,649	Total FY2011 51,834	49,173
Ext. Fiscal Year 2012 Total	10,522	45,337	Ext. Total FY2012 55,859	52,462
Calendar Year 2013 Total	5,273	10,859	Total CY2013 16,132	15,488
Calendar Year 2014 Total	4,272	10,373	Total Calendar Year 2014 14,645	14,187
Calendar Year 2015 Total	3,555	7,638	Total Calendar Year 2015 11,193	10,921

***Combined Total Served** includes people that were dually diagnosed and received both mental health and alcohol and other drug addiction treatment services. 272 people in Calendar Year 2015 received both types of services.

** **Total Individuals Served** represents the Combined Total Served **less** the number of people who received both mental health and alcohol and other drug addiction treatment services. 11,193 - 272 = 10,921 individuals.

City	Under 18		18 - 64		65 & Over		Total		Statistical	
									Percent of Total	
Mayfield	0	0	1	1	0	0	1	1	0%	0%
Mayfield Heights	0	17	18	48	1	13	19	78	1%	1%
Middleburg Heights	0	3	11	8	0	2	11	13	0%	0%
Moreland Hills	0	1	2	1	0	0	2	2	0%	0%
Newburgh Heights	0	4	12	6	0	0	12	10	0%	0%
North Olmsted	1	14	36	92	0	9	37	115	1%	2%
North Randall	0	1	0	4	0	2	0	7	0%	0%
North Royalton	2	17	41	34	1	7	44	58	1%	1%
Oakwood	0	1	2	9	0	2	2	12	0%	0%
Olmsted Falls	0	6	13	27	0	1	13	34	0%	0%
Olmsted Township	0	3	15	17	0	3	15	23	0%	0%
Orange	0	0	0	3	0	0	0	3	0%	0%
Parma	5	67	145	211	0	18	150	296	4%	4%
Parma Heights	1	11	25	52	0	8	26	71	1%	1%
Pepper Pike	0	1	0	2	0	0	0	3	0%	0%
Richmond Heights	0	5	6	19	0	3	6	27	0%	0%
Rocky River	1	9	15	68	0	10	16	87	0%	1%
Seven Hills	0	5	9	11	0	2	9	18	0%	0%
Shaker Heights	0	32	19	63	0	11	19	106	1%	1%
Solon	1	8	11	27	0	1	12	36	0%	0%
South Euclid	0	15	21	47	0	5	21	67	1%	1%
Strongsville	1	14	39	34	0	3	40	51	1%	1%
University Heights	1	9	6	24	0	3	7	36	0%	0%
Valley View	0	1	2	2	0	1	2	4	0%	0%
Walton Hills	0	1	0	2	0	0	0	3	0%	0%
Warrensville Heights	0	6	6	21	0	3	6	30	0%	0%
Westlake	0	13	38	46	1	9	39	68	1%	1%
Woodmere	0	0	0	4	0	0	0	4	0%	0%
Total	74	1,673	3,419	5,376	62	589	3,555	7,638		

All financial and program data included in this report reflects a 12-month time period: January 1, 2015 - December 31, 2015. Statistics regarding the number of people served only includes individuals who received services paid for with Non-Medicaid dollars.

The number of clients served in Calendar Year 2015 is lower than in previous years due to a variety of factors:

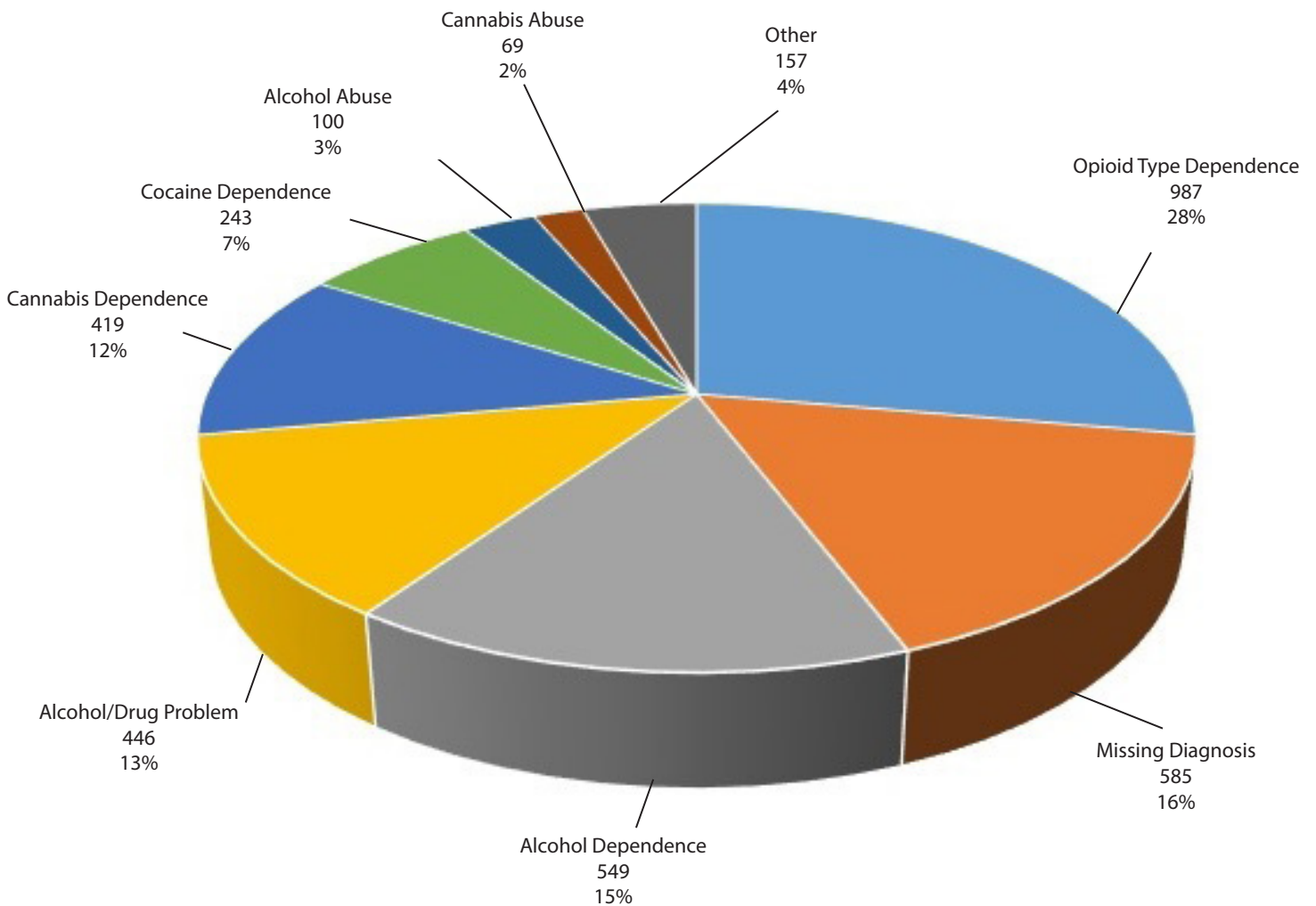
1. Medicaid Expansion allowed more people to receive treatment services previously paid for by the ADAMHS Board.
2. Several of the providers had to implement new billing systems to comply with federal claims requirements, therefore this data may not include all clients served.
3. The ADAMHS Board is providing more costly long-term recovery support services, such as housing/residential care and recovery centers/peer support, which is not covered by Medicaid.
4. The numbers of clients served is generated from claims paid through the Multi-Agency Community Services Information System (MACSIS) billing system, and do not include individuals served through services paid for by grants to providers, such as crisis services, peer support, mental health in the schools, sober beds, adult care facilities and prevention programs. We know we are serving thousands of people through the grant funded programs – and are working on a way to capture an accurate number.

Calendar Year 2015 Demographics, *continued*

Individuals Receiving Addiction Services

Race/Ethnicity	Client Count	Percent of Total	Gender	Client Count	Percent of Total
Asian/Pacific Islander	5	.5%	Female	1,076	30%
Black/African American	1,205	34%	Male	2,479	70%
Hispanic/Latino	227	6%	Grand Total	3,555	
Multi-Racial	113	3%			
Native American	8	.5%			
Unknown	66	2%			
White	1,931	54%			
Grand Total	3,555				

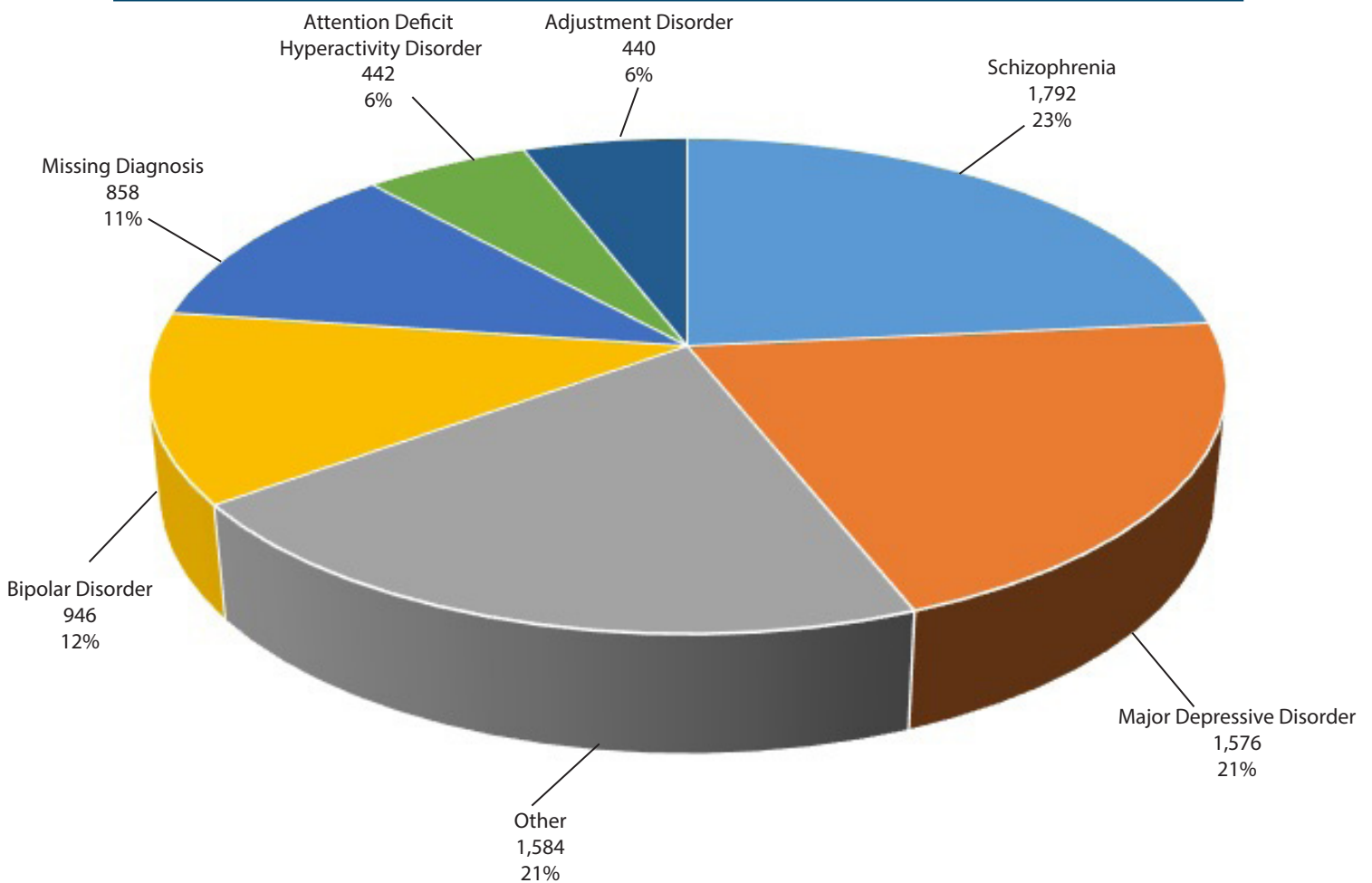
Calendar Year 2015 Primary Addiction Diagnoses of People Served



Individuals Receiving Mental Health Services

Race/Ethnicity	Client Count	Percent of Total	Gender	Client Count	Percent of Total
Asian/Pacific Islander	40	1%	Female	3,487	46%
Black/African American	3,553	47%	Male	4,151	54%
Hispanic/Latino	321	4%	Grand Total	7,638	
Multi-Racial	522	7%			
Native American	17	.5%			
Unknown	261	3%			
White	2,924	37.5%			
Grand Total	7,638				

Calendar Year 2015 Primary Mental Health Diagnosis of People Served



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(Accomplishments Continued from page 4)

- Enhanced the model of consultation for the school-based program utilizing the Georgetown Model to increase the number of students served within school districts and eliminate barriers in accessing services.

Mental Health in the Detention Center:

- In collaboration with the Cuyahoga County Juvenile Court, the ADAMHS Board assessed the in-depth needs of over 600 youth detained in the juvenile detention center to provide brief interventions and crisis management. Basic mental health knowledge was also provided to aid staff in understanding the signs and symptoms a child may experience while detained.

Children's Response Team:

- The ADAMHS Board, in response to community partners, stakeholders and provider agencies provided funding to re-establish a dedicated Children's Crisis Response Team to ensure that the unique needs of children are addressed during critical situations in the community. In 2015, 1,306 youths were helped through this service.

AOD Prevention:

- ADAMHS Board prevention agencies exceeded projected numbers and served nearly 10,000 children and adults with various prevention techniques, while meeting all outcome measures prescribed in the Prevention Workbook and state reporting system.

- As part of the redesign for state certification and standards, ADAMHS Board staff assisted prevention agencies in meeting standards by providing training through the ADAMHS Board Training Institute to ensure fidelity and continuity in programming.

Peer Support:

The ADAMHS Board believes in the benefits of peer support; therefore, provided funding to enhance peer support services in Cuyahoga County that allowed the following opportunities:

- 22 individuals in recovery received Peer Support/Recovery Coach Training from the Ohio Empowerment Coalition, which was held at the Board offices in May 2015.
- Murtis Taylor Human Services System was able to provide forensic peer support services to residents at St. Clair/Tanaka House.
- Jewish Family Services Association and Recovery Resources provided peer support services to clients seeking competitive employment.

- Life Exchange Center provided peer support services to transitional youth in the Transitional Youth Housing Pilot.

- The Living Miracles provided peer support services through Frontline's Crisis Unit.

- Peer support services were provided by various provider agencies and consumer operated service agencies: Connections, Compeer Program, Future Directions, Life Exchange Center, Links Cleveland, Living Miracles, NAMI Greater Cleveland and the Warmline.

Employment:

- ADAMHS Board contracted with the following employment services providers: Catholic Charities, Cuyahoga Employment Partnership, Magnolia Clubhouse, Jewish Family Services Association and Recovery Resources.
- In addition, under the OOD (VRP3) Contract, the ADAMHS Board contracted with Opportunities for Ohioans with Disabilities for the provision of vocational rehabilitation services. Jewish Family Services and Recovery Resources are subcontractors for the project.
- Over 1,700 clients were enrolled in employment services programs; 350 clients were employed; 300 clients were work ready; wages ranged from \$8.10 per hour to \$26.92 per hour; and length of jobs range from one month to over 90 days. Examples of types of jobs include: peer support specialist, construction worker, tire technician, radio announcer, child care worker, instructor, home health aide, hair stylist, cashier, social service worker, janitor, sales associate, fry cook and server.

Art Therapy:

- The Board awarded contracts to Cleveland Treatment Center, Compeer Program, Life Exchange Center and Front Steps and Housing Services to provide Art Therapy to clients engaged in peer support services and other behavioral health services.

Roads to Recovery '15 Conference :

- Nearly 370 individuals receiving mental health and/or addiction services, family members and providers participated in the Board's *Roads to Recovery '15: Destination Recovery* conference on Monday, September 21, 2015. Keynote Speaker, Alex Sheen, Founder of *because I said I would*, presented his international social movement and nonprofit dedicated to the betterment of humanity through promises made and kept. Stephen Sroka, Ph.D., an internationally recognized speaker, trainer, author, teacher and educational consultant served as the Plenary Speaker. Dr. Sroka's discussion focused on the power of one, empowering attendees on their road to recovery. Thirty workshops were provided throughout the day that covered human trafficking, behavioral addiction, role of spirituality in recovery, peer support, motivational interviewing, and creating a stable foundation for recovery.

Behavioral Health Career Fair:

- The ADAMHS Board hosted its first-ever Behavioral Health and Human Services Career Fair on May 20, 2015 at the Cuyahoga County Community College Jerry Sue Thorton Center. Twenty-eight agencies and area non-profits participated and were seeking candidates for various positions. Over 300 job seekers brought resumes and explored the wide employment opportunities in the mental health, addiction, recovery treatment and human services fields. Many individuals left the event with scheduled job interviews.

Recovery Oriented System of Care:

- Ohio's community mental health and addiction treatment and support services system is in the second year of a 5-year transition from a system that focused on getting a person treatment to a Recovery Oriented System of Care (ROSC) that focuses on recovery management to help individuals not only get well, but stay well.
- An internal ADAMHS Board of Cuyahoga County team developed a timeline for the first year of the ROSC

transformation process. The timeline included the implementation of a state-structured self-assessment survey in July 2015 to assess our alignment with core ROSC principles. The self-assessment survey was administered in two ways: 1) Online Survey Tool that was issued via Survey Monkey to 5,848 individuals and posted on our home page and shared via facebook and Twitter, and 2) In-person Discussion/Focus Groups where we hosted six focus groups; two with family members and four with clients where the size of the focus groups ranged from 5 to nearly 30 members. 291 individuals completed the survey.

- The ADAMHS Board internal team analyzed the survey data and identified trends, strengths, and opportunities for improvement and the findings were presented to a Stakeholder Focus Group to further analyze and rank the results. Results were used to prioritize the CY16/17 funding recommendations and will be used in developing an ROSC Implementation Plan in 2016 that prioritizes immediate, short-term (6-12 months), and longer-term (12-24 months) goals to guide its efforts through the next phase of the transition.

Question, Persuade, Refer:

- The ADAMHS Board provided over 40 trainings to nearly 600 individuals on the potentially life-saving suicide prevention method of Question, Persuade, Refer (QPR). We geared the trainings to healthcare workers and the faith-based community. Through a relationship with Mike's S.A.F.E. Fund and Captain's Charities, Andrea McGovern, a suicide survivor who lost her son to suicide who also lived with a gambling addiction, offered to sponsor a QPR breakfast training for the faith-based community. More than 60 individuals registered for this event that was held in May 2015. Evaluations were overwhelmingly positive and reflected the important need for this training in the community.
- Other partnerships were formed with The Academy of Medicine of Cleveland & Northern Ohio for promotion of the trainings and with St. Vincent Charity Medical Center to provide CMEs . The QPR program was partially funded through a grant from the Margaret Clark Morgan Foundation. Although the grant has ended, the Board continues to promote and provide QPR Training in Cuyahoga County.

Recognition:

- The ADAMHS Board was recognized by the Cleveland Metropolitan School District (CMSD) with the Five-Star General Award for its contributions made by staff and Board Members that made a difference in the lives of students of the CMSD.

CIT:

- The ADAMHS Board Crisis Intervention Team (CIT) Training program trained 187 officers in 2015, with 124 from the Cleveland Division of Police, including the recruit class. That brings the total number of officers trained in CIT since the Board started the program in 2004 to 870, including officers from other law enforcement agencies . We also provided an 8-hour Mental Health Course to 98 out of the 104 Cleveland Dispatchers, and 63 staff members of the Cleveland Housing Court.

Training Institute:

- The Board's Training Institute offered 47 workshops and coordinated 27 trainings for other entities that attracted 2,011 participants. We also provided 9,748.5 hours of continuing education credits.



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Improving lives through wellness, recovery and independence

About the artwork: *Flowers Inspired by Andy Warhol* by Loretta M.

Loretta is a PLAN member. PLAN, a service provided through The Jewish Family Service Association (JFSA) of Cleveland, is a membership organization for individuals with mental illness, cognitive disabilities and Autism spectrum disorder. Loretta participated in the ADAMHS Board of Cuyahoga County's Client Artwork Display Program in July 2015. The JFSA and PLAN Art Therapy programs help individuals with mental illness use creative expression to enhance cognitive growth and quality of life.

Thank you to our current ADAMHS Board Contract Agencies

Achievement Centers for Children	Inner Healing Ministries
Applewood Centers, Inc.	Jewish Family Service Association of Cleveland
Asian Services in Action, Inc.	The Life Exchange Center
Beech Brook	Life Recovery Ministries
Bellefaire Jewish Children's Bureau	Links Cleveland
Catholic Charities Services of Cuyahoga County	The Living Miracles Peer Empowerment Center
The Centers for Families and Children	Lutheran Metropolitan Ministry
City of Cleveland- Department of Public Health	Magnolia Clubhouse
Cleveland Christian Home, Inc.	May Dugan
Cleveland Rape Crisis Center	MetroHealth Hospital: Project DAWN
Cleveland Treatment Center	Moore Counseling
Cleveland UMADAOP	Murtis Taylor Human Services System
Community Action Against Addiction	NAMI Greater Cleveland
Community Assessment and Treatment Services, Inc.	New Directions, Inc.
Compeer Program at the Far West Center	Northcoast Behavioral Healthcare
Connections: Health • Wellness • Advocacy	Northeast Ohio Recovery Residence Network
Cuyahoga County Court of Common Pleas Corrections Planning Board	Northern Ohio Recovery Association
Cuyahoga Employment Partnership	OhioGuidestone
Cuyahoga Land Bank/Woodrow Project	ORCA House
Court Psychiatric Clinic	Positive Education Program
Domestic Violence & Child Advocacy	Recovery Resources, Inc.
Eldercare Services Institute, LLC	Rosary Hall at St. Vincent Medical Center
Emerald Development and Economic Network, Inc.	St. Vincent Charity Medical Center Psychiatric Emergency Room
Epilepsy Association	The Salvation Army - Harbor Light
Far West Center	Scarborough House For Women
The Free Medical Clinic of Greater Cleveland	Shaker Heights Youth Center
FrontLine Service	Stella Maris, Inc.
Front Steps Housing and Services	Trinity Outreach Ministries
Future Directions	United Way's First Call for Help
Golden Ciphers, Inc.	University Hospital Physician Services: PAL Program
Hispanic UMADAOP	University Settlement House
Hitchcock Center for Women	Visiting Nurse Association
Hopewell	Women's Alliance for Recovery Services
I'm in Transition Ministries	Women's Recovery Center

