



## FAMILY EMPOWERMENT PROGRAM Support for Adoptive & Kinship Parents

### Who is Pathway and what is our Family Empowerment Program?

Pathway Caring for Children is a non-profit social service agency offering specialized case management as well as several other services to help children, teens and families.

Pathway's mission is to help children and families realize the possibilities of their lives through foster care, adoption, and counseling.

Pathway has developed the **Family Empowerment Program** to support adoptive parents to parent their children and teens:

- with a balance of connection and correction
- with compassion for their child's trauma
- with non-traditional strategies that are effective in helping their child's brain to develop new pathways so trust can be the basis of relationships

### TBRI Model for Parenting Strategies

Trust-Based Relational Intervention® (TBRI)  
This model includes Connecting, Empowering and Correcting Principles. This was developed by Dr. David Cross and Dr. Karyn Purvis based on research and experience of over ten years.

### Pathway Administration Office

Address: 4895 Dressler Rd NW, Suite A  
Canton, Ohio 44718  
Phone: 330-493-0083

*Family Empowerment can be billed through Medicaid. PASSS can be requested to pay for adoptive families if other funding is not available.*

[WWW.PATHWAYCFC.ORG](http://WWW.PATHWAYCFC.ORG)

### Service Approach

A Pathway Caring for Children Family Empowerment Specialist meets with the parent(s) in the office during the child's therapy time, other scheduled time, or in the home.

#### **The Specialist:**

- Teaches this model for a foundation using TBRI DVD's, The Connected Child book, TBRI strategy cards and other TBRI materials.
- Does a family "check-in"; provides feedback using the model's strategies.
- Does a parent "check-in"; reviews and makes plans for how parent is regulating themselves and self-care.
- Explores with parent insights of what might be underneath the child's behavior and determines strategies to address behaviors.
- Is part of the Pathway treatment team and works alongside the Pathway therapist to collaborate and incorporate strategies.

### Frequency & Telehealth Options

Weekly or bi-weekly. The service has flexibility to meet the needs of the parents and child(ren). It is helpful for families to participate in other Pathway support groups where this model is reinforced and support is available from other parents.

We offer counseling and support services through telephone and video, accessible through your smartphone, tablet, laptop or computer. It is easy, safe, and confidential to get started. Socially distant in-office appointments with appropriate health measures in place are also available.

### Follow Up

The plan is based on what works for the parent and advised by therapeutic team.

***If it is a two parent home, Family Empowerment works best with both parents participating in the program to support each other and for consistency in parenting.***