

## Calendar Year 2019 Annual Report Released at October General Meeting

The October 28 General Board Meeting acted as this year's annual meeting. At the meeting, held on Zoom, the 2019 Annual Report was accepted by the Board of Directors. Click here to view the report. (Please note: Due to the size of the document it may take a few moments to open.)

Also at the October General Board Meeting, the Board of Directors heard a recovery story from **Nicole Morton-Gaston, LCDCIII, LSW**. Thank you, Nicole for sharing your story with us!

## New City of Cleveland Co-Responder Team Will Respond to 911 Mental Health Crisis Calls

The **Cleveland Division Police** and partners from the ADAMHS Board, **FrontLine Service**, **Murtis Taylor** and **Case Western Reserve University** have been working together to implement a co-responder team in Cleveland. These programs allow for law enforcement officers and social workers to work together in a **Co-Responder Team (CRT)** and respond to crisis calls. The **Bureau of Justice Assistance (BJA)** awarded the **City of Cleveland** a grant in the amount of \$523,800 and the ADAMHS Board provides \$333,950 in additional funding to make CRTs possible in Cleveland. The Cleveland Division of Police and partners launched the new CRTs on October 19, 2020 for two weeks of training, which included crisis response role plays. Once training is complete, the teams will hit the streets beginning Monday, November 2. Every police district will have at least one Co-Responder Team to respond to mental health crisis calls generated through 911. This is a great example of the police and behavioral health care professionals working together to keep individuals in crisis out of jail and receiving the care they need.

## Next Work Group Meeting on Eliminating Structural Racism in Behavioral Health is November 2

Thank you to everyone who joined us on October 5 for our first work group meeting to address structural racism in behavioral health care. The first meeting included a review of [Resolution No. 20-06-01 Declaring Racism a Public Health Crisis](#), a brainstorming session and decisions about the group structure and when meetings will be held.

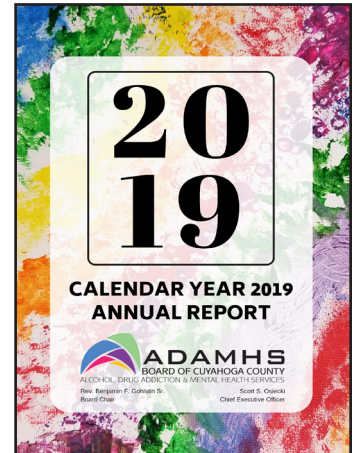
The next meeting will be held November 2 from 1:00 - 2:30 p.m. Please note that this will be a virtual forum and that registration is required. [Please click here to register](#). After registering, and prior to the meeting, you will receive a confirmation email containing information about joining the meeting. During this meeting, the group will determine subcommittee areas of interest, and structure as well as next steps.

The larger work group meetings will be held monthly on the first Monday of each month at 1:00 p.m. If you are unable to join us on November 2, but still would like to be a part of this work, please email [Beth Zietlow-DeJesus](#), Director of External Affairs, to be added to future emails.

## ADAMHS Board and Cleveland Division of Police Co-Hosted a Virtual Coffee with a CIT Officer

The ADAMHS Board and **Cleveland Division of Police**, in partnership with the **Mental Health Response Advisory Committee (MHRAC)**, held a Virtual Coffee with a CIT Officer meeting on Monday, October 5. This meeting was an opportunity for partners in behavioral health to learn more about the MHRAC, Crisis Intervention Team (CIT) Training and what it is like to be a CIT officer. Participants heard directly from a CIT Officer and CIT Officer in training about what it is like responding to crisis situations. Participants had the opportunity to ask questions about being a CIT Officer, CIT training and MHRAC's work.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."  
— Maya Angelou, American writer, poet & civil rights activist, 1928 - 2014



## Fall Training Institute

The ADAMHS Board continues offering virtual training opportunities on Zoom this fall. Trainings are \$25 each and participants can earn CEUs/RCHs. Register for trainings using the links below.

Nov. 5: [Addressing and Resolving Ethical Dilemmas](#)

Nov. 10: [Effective Co-Occurring Disorders Treatment in a COVID-19 Environment](#)

Nov. 16: [What Came First? The Chicken or the Egg? Addiction and Mental Distress](#)

Nov. 17: [Supervision: A Learning and Outcomes-Based Model](#)

Dec. 7: [Does Employee Attrition Matter? Culture Transformation in the Workplace](#)

Dec. 17: [Ethics of 'The Office'-Lessons learned from the employees of Dunder Mifflin](#)

## Caring for the Caregivers Summit Will Be Held November 6 and 7

November is National Family Caregivers Month, and **Courage to Caregivers** is holding a free two-day virtual event for professional and family caregivers who serve individuals living with mental illness. The summit will feature interactive workshops by professional facilitators focusing on connectedness, empowerment, and self-care for caregivers. The event will take place on November 6 (10 a.m. to 2:30 p.m.) for professional caregivers and November 7 for family caregivers (10 a.m. to 3 p.m.). On day one, professional caregivers can earn 4.5 FREE CEUs/RCHs for attending, which are sponsored by the ADAMHS Board. [Click here to register for one or both days of this free summit.](#)

## Crisis Intervention Team Trainings



The ADAMHS Board recently provided two Crisis Intervention Team trainings. The first trained 16 officers from **Richmond Heights, Cleveland Metropolitan Housing Authority (CMHA), Bay Village, Lakewood, Cleveland Metroparks, Strongsville, University Hospitals, University Circle and Greater Cleveland RTA.** The ADAMHS Board also hosted the first new 40-hour Specialized CIT training for the **Cleveland Division of Police.** A total of 19 officers (pictured above) representing all five districts and the airport were trained. Both trainings were supported by our behavioral health partner agencies in the community. The training was presented through a hybrid model using Zoom and face-to-face with social distancing.

## Update on Phase One of the Opioid Settlement Projects

The ADAMHS Board contracted with **Thrive Behavioral Health** for the Thrive ED Program to provide 24-Hour peer support services to individuals who have been revived from an opioid overdose in **University Hospitals and Cleveland Clinic** Emergency Departments. Thrive has been actively recruiting, hiring and onboarding peer recovery coaches for the program. Thrive ED is up and running in all six University Hospital Emergency Departments as of July 1, with services provided virtually. On November 1, in-person services will begin in the Parma Emergency Department.

The ADAMHS Board also contracted with **Stella Maris** for Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP) and Residential Treatment. Stella Maris has been hiring and onboarding the necessary personal and is working to purchase the former Matt Talbot Inn. The Inn will be used to house the entire 32-bed residential program. [Learn more about the new program in this flyer.](#)  
*(continued)*

*(Opioid Settlement Projects continued)*... Stella Maris opened a newly built detox facility in September, which allowed Stella Maris to launch the new Residential Treatment program for 12 men temporarily in the former building used for detox, while the Matt Talbot property is being renovated.

The ADAMHS Board contracted with **St. Vincent Charity Medical Center's Rosary Hall** for Peer Support, IOP/ PHP and 24-hour Intake. St. Vincent has worked to hire necessary personnel, and is collaborating with **Catholic Charities** to provide PHP/IOP to Catholic Charities' residential clients, in addition to expanding outpatient services.

## Meetings of Note

**Scott S. Osiecki, CEO,** met with Council President **Dan Brady** to review the county's budget, effects of the pandemic in the county and the opioid settlement dollars. Late in September, Scott also met with Councilwoman **Yvonne Conwell,** who has been a staunch advocate for behavioral health services in Cuyahoga County, related to the same topics. The ADAMHS Board values its partnership with Cuyahoga County Council.

At the October 20 **ADAMHS Board All Provider Meeting,** Scott informed agency representatives about the CY2021 ADAMHS Board budget process and the uncertainty of dollars being allocated to the ADAMHS Board in 2021. During the meeting, providers also discussed valuable resources, such as eviction assistance, the upcoming **Courage to Caregivers Summit** and the work group to eliminate racism in behavioral healthcare. Mr. Osiecki also thanked providers for their diligence to serving Cuyahoga County residents despite the pandemic and for quickly embracing the adjustments that had to be made.

## Educating the Community About the Danger of Fentanyl

**Scott S. Osiecki, CEO,** interviewed with **Channel 19 News** about the impact of the pandemic on overdoses in Cuyahoga County as well as in response to a deadly overdose weekend in early October.

Scott provided information about the ADAMHS Board's grassroots fentanyl test strip distribution program and its focus on targeting cocaine users who may not know they are getting fentanyl. The deadly overdose weekend included more than 20 overdoses, most related to fentanyl mixed with cocaine and predominately in communities of color.

"We don't condone drug use. We want people to know what drugs they are using so they can live long enough to get into treatment and live in recovery. These are not just statistics, they are our family members and friends that are dying," said Scott.

Learn more about the fentanyl test strip program at [testyourdrugsc.com](http://testyourdrugsc.com).

## Community News

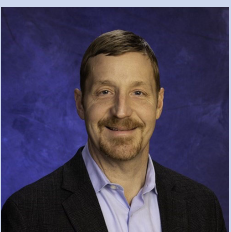
### Retirements to Celebrate!

We join all of our partners in honoring public service and celebrating the work and retirement of three long-time and valued public servants, **Ruth Gillett**, who served as the Executive Director of the **Cuyahoga County Office of Homeless Services** for more than 20 years; **Michael McGrath**, who served for 48 years in various roles in the **City of Cleveland Division of Police**; and, **Mark Stanton, Esq.**, a longtime and respected criminal defense attorney and Cuyahoga County Chief Public Defender. We are grateful for their service and invite everyone to join us in wishing them a wonderful retirement.

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### St. Vincent Charity Medical Center Named New Director of Outpatient Services at Rosary Hall

**St. Vincent Charity Medical Center** named **Russell E. Spieth, Ph.D.** (pictured left), as Director of Outpatient Services at Rosary Hall. In addition to staff and program development, Dr. Spieth provides



leadership and oversight of ambulatory addiction treatment services. He has given more than 35 lectures nationally and internationally and has generated more than \$7 million in state and federal grants to enhance substance use disorder programming. Dr. Spieth's highly accredited and diverse background will make him an invaluable asset to the patients and staff of Rosary Hall.

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### Congratulations to John Lisy!

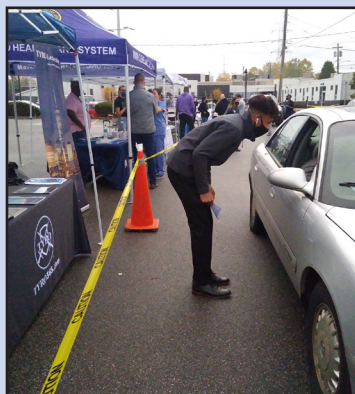
The **Shaker Heights Youth Center's** Executive Director, **John Lisy**, received the Mel Schulstad Professional of the Year award from the **National Association of Alcoholism and Drug Abuse Counselors**. This award recognizes individuals who have made outstanding and sustained contributions to the advancement of the addiction profession. Mr. Lisy was given this award in September for his many years of work in the addictions field, including 25 years as Executive Director of the Shaker Heights Youth Center.

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### Partners Continue Safely Engaging with the Community

Many ADAMHS Board partners continue to hold drive through community outreach events. These events provide vital information about behavioral health care and medical care services, food, harm reduction items such as naloxone and fentanyl test strips, information on employment and benefits and even completing the Census. The ADAMHS Board provided information and fentanyl test strips for these community outreach events.

We thank our partners at **ReLink**, **Thrive Behavioral Health**, **Hispanic UMADAOP**, **NORA**, **LifeAct**, **East Cleveland Neighborhood Center** and others for hosting these events!



Partners distributed supplies on October 23 at CATS.

## Mental Health and Addiction Observances in October

October is full of observance day, including World Mental Health, National Depression and Mental Health Screening, Mental Illness Awareness, Health Literacy, ADHD Awareness, OCD Awareness, Bullying Prevention Awareness and Drug Take Back. The ADAMHS Board posted daily on social media to promote information about these days. These topics are important every month, but we are glad these observance days exist to help raise awareness, reduce stigma and encourage help seeking.

During **Mental Illness Awareness Week** (October 4-10) the ADAMHS Board shared information from partner agencies on how to support ourselves and others. On **National Depression Screening Day** (October 8), we encouraged everyone to take advantage of our free, confidential online mental health screening - [click here](#) and take one today. On October 10, **World Mental Health Day**, the ADAMHS Board shared these reminders: Mental Health Matters, You're Not Alone, and Help is Available. **National Prescription Drug Take Back Day** was on October 24, and we encouraged people to safely dispose of prescriptions that they no longer need by heading to a disposal location.

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## Monthly Virtual Client Art Display

In October, art from **Beech Brook** was on virtual display. To enjoy this month's art, [click here](#).



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