

Suicide Prevention Resources

The **Cuyahoga County Suicide Prevention Coalition** is composed of organizations, community members and survivors dedicated to instilling hope, raising awareness, providing education and promoting resources in an effort to reduce suicide in Cuyahoga County. If you would like to join the coalition, please contact Chardé Hollins, LSW, ADAMHS Board Behavioral Health Prevention Specialist, via email to hollins@adamhsc.org.

Cuyahoga County Crisis Resources

- FrontLine Service Suicide Prevention & Mental Health Referral/Info Hotline: **216-623-6888**
- National Suicide Prevention Lifeline: **800-273-TALK (8255)**
- Crisis Text Line: **Text "4hope" to 741741**
- United Way's First Call for Help: **Dial 2-1-1**
- Postvention Response Team: **216-509-3594**

Local Survivors of Suicide (SOS) Support Groups

- Middleburg Heights Community Church (7165 Big Creek Pkwy.) Contact Marge Petruccelli at 440-467-2340 or mhsosgroup@gmail.com.
- Lyndhurst Community Presbyterian Church (5312 Mayfield Rd.) Contact Binnie Eiger at 216-752-5698 or e.k.eiger11@gmail.com.
- St. Mark's Presbyterian Church (22111 Chagrin Blvd.) Contact Binnie Eiger (see above).

Grief Support

- Cornerstone of Hope: A Center for Grieving Children, Teens and Adults (5905 Brecksville Rd., Independence). Call (216) 524-HOPE (4673)

Suicide Prevention Resources

Neighboring Counties' Crisis Hotlines

- Lorain County: 800-888-6161
- Summit County: 330-762-6110
- Medina County: 330-725-9195
- Lake County: 800-411-0103
- Geauga County: 888-285-5665
- Portage County: 877-796-3555

Additional Resources

- **Ohio Suicide Prevention Foundation**
www.ohiospf.org
- **American Foundation for Suicide Prevention**
www.afsp.org
- **Suicide Prevention Resource Center**
www.sprc.org
- **The American Association for Suicidology**
www.suicidology.org
- **The National Suicide Prevention Lifeline**
www.suicidepreventionlifeline.org
- **The Jed Foundation** www.jedfoundation.org
(support for teens and youth)
- **The Trevor Project** www.thetrevorproject.org
(support for the LGBTQ+ community)
- **Active Minds** www.activeminds.org
(support mental health education for high school and college students)
- **Seize the Awkward** www.seizetheawkward.org
(encourages talking to friends and loved ones about mental health)
- **I'm Alive** www.imalive.org (additional chat resource for individuals in crisis)



ADAMHS

BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

2012 West 25th St., 6th floor
Cleveland, OH 44113
216-241-3400
adamhsc.org