

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES NOVEMBER 4, 2009

Mary Warr, Committee Chair, called the meeting to order at 5:30 p.m. Jan Hnanicek read the committee mission statement aloud: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Reginald C. Blue, Ph.D., Kathryn Gambatese, Jan Hnanicek, Pythias D. Jones, M.D., Harvey Snider, Rev. Charlotte Still Noble, Mary Warr

Absent: F. Amunategui, Pastor Charles E. Brown, Cynthia Miller, Anngela Williams

Board Staff Present: William M. Denihan, C.E.O., Christine Delos Reyes, M.D., Rose Fini, Lisa Griffith, Valeria Harper, Carol Krajewski, Chris Paternoster, Yancey Quinn, Starlette Sizemore-Rice

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of October 14, 2009, were approved as submitted.

2. POLICY REVIEW: RECORDS RETENTION POLICY

Purpose: To provide clear direction regarding the retention and disposition of records created and maintained by the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County (ADAMHS Board).

Ms. Fini noted that this was the first review of the Records Retention Policy, similar to a policy of the former mental health board, updated and/or edited to incorporate alcohol and other drug addiction related business. The policy contains an inventory of all of the records of the ADAMHS Board, a retention time period per media type (e.g. paper, electronic) and provisions for destruction of records, storage, special procedures regarding litigation issues, etc. Ms. Hnanicek noted changes needed to update the document to reflect the Board of "Directors" not Governors; Ms. Fini noted the recommended change.

Motion to recommend approval of the Records Retention Policy as amended to the full Board.

MOTION: C. Still Noble / SECOND: R. Blue / AYES: R. Blue, K. Gambatese, J. Hnanicek, P. Jones, C. Still Noble
NAYS: None / Motion passed.

3. REQUEST FOR PROPOSAL: MUNICIPAL JAIL LIAISON PROGRAM

Dr. Delos Reyes reported that Board staff recommends approval of issuing a request for proposal to service providers for behavioral healthcare services for persons incarcerated in municipal jails throughout Cuyahoga County for the 2010 calendar year. As the current program expires on December 31, 2009, the goal is to secure a provider for the services by 1/1/10. The intent is to use a fee-for-service arrangement rather than a grant arrangement. The RFP is contingent upon the Board of County Commissioners approving pending funds.

Historically, the Municipal Jail Mental Health Program was funded through the County Office of Justice Affairs. Since the current program will no longer be funded through this entity, the ADAMHS Board recommends allocating the proposed funding of \$150,000 and monitoring the program as part of an agreement with the Board of County Commissioners (BOCC) pending notice of funding from the BOCC.

Motion to recommend authorization to issue a Request for Proposal for the Municipal Jail Liaison Program to the full Board. MOTION: R. Blue / SECOND: P. Jones / AYES: R. Blue, K. Gambatese, J. Hnanicek, P. Jones, C. Still Noble / NAYS: None / Motion passed.

4. COMMUNITY-BASED COUNSELING FOR ETHNIC MINORITIES CONCEPT PRESENTATION

Ms. Harper introduced Mr. Michael Baskin, Executive Director of NAMI Greater Cleveland, and Marsha Banks, NAMI Co-Chair of the Cultural and Linguistic Competence Committee. The concept presentation introduced Project HOPE: a Holistic Outreach Prevention Education—Early Intervention [Community Based Counseling for Ethnic Minorities].

4. COMMUNITY-BASED COUNSELING FOR ETHNIC MINORITIES CONCEPT PRESENTATION *(Continued)*

Project HOPE is a community based project seeking to serve ethnic minority populations in a non-traditional and non-threatening environment—the church. Such a church-based early intervention mental health network would have the goal of increasing access to prevention and early intervention mental health services for African-American and Latino populations and reduce the stigma associated with receiving services in traditional mental health settings.

Two churches--Mount Zion Church in Highland Hills and Fellowship Missionary Baptist Church located E. 55th & Lexington—have begun to work with this program and have helped to look at the psycho education needs of individuals in the community and to provide for some early intervention counseling hours for individuals who do not have severe mental illnesses but are dealing with life stressors. The program provides outreach to over 500 individuals who are part of the church community. All information is culturally and linguistically specific (e.g. information for Hispanic communities is provided in Spanish). Specific program objectives are indicated on the agenda process sheet attached to the original minutes stored in the Executive Unit.

Mr. Denihan noted that the ADAMHS Board intends to assist NAMI Greater Cleveland in identifying potential funders for the project both locally and nationally. Ms. Gambatese advocated for referencing co-occurring disorders in written program materials.

5. AOD ADOLESCENT PRESENTATION: NEW DIRECTIONS

Ms. Harper explained that New Directions is one of our child and adolescent agencies which provides both mental health and AOD services and introduced Don Davies, Community Relations Coordinator. Mr. Davies reported that the program being highlighted reflects the collaborative efforts of New Directions and Applewood Centers. The dual diagnosis program meets the unique needs of adolescent males, is connected to the community schools and, most importantly, to their families.

[Mr. Snider arrived.]

Mr. Davies introduced Mr. Bill Metelsky, LICDC, Clinical Coordinator, who reported that the male dual diagnosis residential unit has been in operation for the past two years. New Directions is partnering with Applewood Centers for psychiatric services and other food and housekeeping services. The primary care is provided by dually-licensed clinicians who are able to provide the mental health and AOD counseling. Two primary therapists are on staff for the 12 youth in the residential program. Average length of stay is 3-6 months. The youth go to school across the street at the Applewood Jones Home in the morning; treatment day begins after lunch. Trauma therapy is also provided as part of the program. It was noted that approximately 85% of youth in the program have experienced trauma. Recreational activities and pro-social activities are encouraged. Youth are involved in 3 twelve-step meetings in the evenings in the community and 1 in-house 12-step meeting.

The family component is extremely important and families are invited to participate in an educational component where they can learn about the substance abuse and mental health issues and ways that they can be helpful and supportive in recovery. Mr. Tom Walter, a former member of the ADASBCC Board and a worker in the chemical dependency field for over 20 years, noted that he was asked to speak from a parent's perspective. Mr. Walter shared a very moving talk about his adolescent son's struggle with AOD issues, the impact on the family and the positive experience and recovery for his son at New Directions.

Ms. Warr suggested the possibility of reconsidering the concept of Board of Director visits to agencies.

6. UPDATE: MENTAL HEALTH SERVICE BENEFIT PACKAGE FOR NON-MEDICAID ADULTS

Mr. Denihan noted that ADAMHS Board staff has been working with agency providers and the Council of Agency Directors (CAD) on the issue of managing the limited resources we have for non-Medicaid services. Co-Chairs of this effort are Valeria Harper and Dr. Christine Delos Reyes.

Dr. Delos Reyes noted that two meetings have been held so far on 10/27/09 and 11/3/09. Efforts are underway to establish priority populations, shown listed below:

1. By diagnosis & function: Schizophrenia, Schizoaffective Disorder, Bipolar Disorder, Major Depression w/ Psychosis
2. State hospital referrals
3. Prison/jail/re-entry referrals
4. Youth transitioning from the Child/Adolescent System
5. Those repeatedly utilizing crisis services

The process has been divided into three areas:

- a. Non-Medicaid review for existing adult clients
- b. Establishment of a gatekeeper agency/agencies for new adult clients
- c. Data driven process

Timeline:

- a. Report to the P&O Committee on 11/4/09
- b. Presentation to Board Staff in late November, early December 2009
- c. Presentation to Providers in December 2009
- d. Suggested test period to begin Monday, 1/4/10 through 4/30/10
- e. Report written and presented to the ADAMHS Board of Directors in May 2010 for budget decisions
- f. Full implementation to begin 7/1/10

Ms. Harper emphasized the need to inform and educate the entire system including consumers, their advocates and agency staff. Community forums are planned for this new way of doing business for individuals without insurance.

On behalf of CAD, Esther Pla, C.E.O. of Connections, noted that the experience of working collaboratively with the ADAMHS Board on this issue has been positive and she thanked the Board for this. Secondly, CAD appreciates the significant first step of establishing priority populations. With shrinking resources, Ms. Pla noted that it is important to redesign the system, for providers to begin to let go of consumers and embrace the concept of recovery.

7. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

- Final Report on FY09 Behavioral Health/Juvenile Justice Grant for young female offenders – *(January 2010)*
- Update on Service Benefit Package For Non-Medicaid Adults – *(January 2010)*
- Hitchcock Center for Women - *(January 2010)*
- Needs Assessment - *(January 2010)*
- Drug Court Review - *(February 2010)*
- Integration of Physical & Behavioral Health – *(by Jonas Thom, Coordinating Center for Integrating Care)*
- Community Plan

Ms. Warr asked P&O Committee members to contact her with other topics of interest.

There being no further business, the meeting adjourned at 7:00 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Mary R. Warr, Planning & Oversight Committee Chair