## ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

# PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES JULY 8, 2009

Mary Warr, Committee Chair, called the meeting to order at 4:00 p.m. The previous committee mission statement was read by Rev. Charlotte Still Noble: "The PPO Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community." Ms. Warr noted that the committee will review the mission statement at its next meeting in September to determine if it should be modified.

**Committee Members Present:** Reginald C. Blue, Ph.D., Kathryn Gambatese, Jan Hnanicek, Harvey Snider, Rev. Charlotte Still Noble, Anngela Williams, Mary Warr / Absent: Felipe Amunategui, Cynthia Miller

**Board Staff Present:** William M. Denihan, Chief Executive Officer; Valeria A. Harper, Chief Operating Officer; John Garrity, Ph.D., Director of Evaluation & Research; Rose Fini, Director of Legal Affairs, Terri Oldham, Children's Projects Administrator; Terry Lester, Adult Projects Administrator; Tom Williams, Data Research Specialist; Theresa Bynum, Receptionist; Chris Paternoster; Administrative Officer; Carol Krajewski, Executive Specialist

### 1. BRIDGEWAY UPDATE

Mr. Denihan asked Chief Operating Officer, Valeria A. Harper, to introduce staff members present who are a part of the <u>Planning & System Development/Operations Division</u>:

<u>Present</u>: Cindy Chaytor, Adult Projects Administrator; Esmat Nasr, Adult Program Specialist; Crystal Bryant, Adult Program Specialist; Wyra Henderson, Recovery/Employment Specialist; Michael Scherer, Children's Program Specialist; Kevin Berg, Children's Program Specialist; Dabney Conwell, Children's Program Specialist; Lisa Griffith, Prevention Administrator; Danei Chavez, Prevention Specialist

Other members of the team (not present): Michael Doud, Community Resource Administrator; Michael Myers, Residential Specialist; Ada Cancel, Resource Specialist; and Administrative Assistants, Linda Lamp and Tony Russ.

Ms. Harper distributed a six-page summary document of the transition process for Non-Medicaid consumers and reviewed with committee members a summary describing each "Phase" of the transition process for consumers, formerly served Bridgeway, who are uninsured (Non-Medicaid) to both Connections and Murtis Taylor.

- The transition process should be complete as of July 20, 2009.
- ADAMHS Board staff will continue to monitor the mental health needs of consumers who did not respond to the various outreach attempts conducted by Bridgeway staff to link with other service providers.
- Ms. Lester reported on the transition process for consumers involved in Bridgeway's Supported Employment Program and explained that two providers have employment programs for interested consumers--Jewish Family Services Association and Spectrum of Supportive Services.

### 3. INTEGRATED DUAL DISORDER TREATMENT (IDDT)

Mr. Denihan introduced Chief Clinical Officer, Christine Delos Reyes, M.D., who shared an excellent informative overview of the IDDT model. A power point presentation was used to explain this evidence based practice. (A slide handout of the presentation is attached to the original minutes stored in the Executive Unit.)

The presentation clearly illustrated the different treatment approaches as well as barriers for treatment and how there are "common ground" approaches to effectively treat people who have co-occurring disorders of mental illness and substance abuse.

Dr. Delos Reyes' elaborated on epidemiology of dual disorders, who IDDT serves, the Ten Treatment Principles of IDDT (listed below) and the Ideological barriers to change. Also included in the agenda packet was a Special Article entitled, "A systematic review of psychosocial research on psychosocial interventions for people with co-occurring several mental and substance use disorders" from the Journal of Substance Abuse Treatment. Chief Denihan recommended that this presentation be shared with the Board of Directors and all staff.

## 4. MENTAL HEALTH FIRST AID

Certified trainers: Frances Burrows and Shanna Dunbar shared with the committee information regarding Mental Health First Aid. The goal of Mental Health First Aid is to increase mental health literacy.

- Participants learn to review the situation (assess), select and implement appropriate interventions, and help the individual in crisis connect with appropriate care
- Similar to CPR training, which helps a non-medical professional assist an individual following a heart attack, etc., Mental Health First Aid training helps an individual who doesn't have clinical training assist someone experiencing a mental health crisis.
- Chief Denihan will work with his executive team to review the information further and report in September on the outcome of discussions.

## 5. DISCUSS PROCESS TO IMPLEMENT INFORMAL PPO RECOMMENDATION TO MAKE THE FOLLOWING ITEMS ROTATING AGENDA ITEMS FOR THE P&O COMMITTEE:

- A. COMMUNITY PLAN
- **B. NEEDS ASSESSMENT**

Discussion is needed at a future meeting to survey the interest of the P&O Committee to have routine reports and/or updates on the Community Plan and the Needs Assessment. Board staff will begin to develop a document to integrate the AOD and MH Community Plans, approved by the State agencies, to present to the Board of Directors in late Fall.

## 6. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

- Benefits Service Package for Non-Medicaid in September
- Committee Mission Statement Discussion in September
- Community-Based Counseling for Ethnic Minorities in November (by Dr. Evelyn Rivera-Mosquera)

### 7. OLD/NEW BUSINESS

- Ms. Harper noted that notification was received from the Ohio Department of Mental Health (ODMH) and the Ohio Department of Alcohol and Drug Addiction Services (ODADAS) that both Community Plans were approved pending reports due in August and September.
- The Behavioral Health/Juvenile Justice proposal originally submitted to ODMH was for \$1.5 million. Due to recent state budget cuts, Ms. Harper noted that the project budget was reduced to \$1 million. Approval is pending.
- A proposal was recently submitted to the Ohio Rehabilitation Services Commission (ORSC) for the
  Pathways II Project by Terry Lester, Dr. John Garrity, Beth Phfol and Myra Henderson. Ms. Lester briefed
  committee members on the objectives of the proposed model.

There being no further business, the meeting adjourned at 5:40 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Mary R. Warr, P&O Committee Chair