

**ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY
PLANNING & OVERSIGHT (P&O) COMMITTEE
OCTOBER 12, 2011 MINUTES**

Committee Chair, Pythias Jones, M.D., called the meeting to order at 4:00 p.m. and introduced Committee Vice Chair, Dr. David E. Biegel. Mary Warr read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: David E. Biegel, Ph.D., Reginald C. Blue, Ph.D., J. Robert Fowler, Ph.D., Rev. Charlotte Still Noble, Pythias Jones, M.D., Harvey Snider, Mary Step, Ph.D., Mary R. Warr
Absent: Ericka. Thoms, Anngela Williams

Board Staff Present: William M. Denihan, C.E.O., Carole Ballard, Ada Cancel, Vivian Catchings-EI, Danei Chavez, Cynthia Chaytor, John Coleman, Christina Delos Reyes, M.D., Craig Fallon, Cheryl Fratalonie, John Garrity, Ph.D., Valeria Harper, Myra Henderson, Judy Jackson-Winston, Carol Krajewski, Linda Lamp, Chris Morgan, Esmat Nasr, Scott Osiecki, Cassandra Richardson, Thomas Williams, Leshia Yarbrough

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of September 14, 2011, were approved as submitted.

2. BI-ANNUAL S.C.A.L.E. REPORT (Screening, Centralized Assessment, Levels of Care Assignment and Engagement) Presenters: John Garrity, Ph.D. / Cynthia Chaytor / Ruth Lukehart-Solomon / Tom Williams

The Bi-Annual S.C.A.L.E. Report was presented via power point presentation. A hard copy of the report is attached to the original minutes stored in the Executive Unit.

Summary Highlights:

- In January 2010, the ADAMHS Board began a six-month pilot entitled, CIPP (Centralized Intake Pilot Project), to standardize and centralize assessments for consumers of adult mental health services whose services were paid for with Non-Medicaid funds.
- Based on information learned, a second project named SCALE (Screening, Centralized Assessment, Level of Care Assignment and Engagement) was designed and began in January 2011.
- The Bi-Annual Report focuses on data collected from February 2011 through June 2011 and used MACSIS data for this time period.
- Committee members were walked through the comparison charts, including data conclusions reached for the initial review, and obtained information regarding the clinical review.

Dr. Garrity noted that the snapshot presented constitutes preliminary findings after collecting data for only 5 months. The presentation's goal was to illustrate what information is being reviewed and analyzed.

Specific Recommendations:

- Improve the screening process through adoption of a new screening tool and replace non-clinical screeners with licensed staff.
- Improve availability of "real time" supervision to ensure appropriate referrals for assessment and assist with differential diagnosis and referral to receiving agencies.
- Develop protocols for the placement of individuals on the waiting list to ensure that clients with significant risk factors can better access services.
- Develop a protocol for determining the need for interim services which considers: (a) risk to self and others, (b) functional impairment, (c) continuation of medication, and (d) time on the waiting list.

In answer to Mr. Snider's inquiry, Connections Program Manager, Dorothea Galloway, explained the SCALE intake process. Ms. Harper, Chief Operating Officer, introduced Esther Pla, Executive Director of Connections, who introduced those Connections staff members present who help to coordinate and implement the SCALE program.

BI-ANNUAL S.C.A.L.E. REPORT *(Continued)*

Dr. Christina Delos Reyes, Chief Clinical Officer, also wished to recognize the non-community mental health center partners, three FOHC's (Federally Qualified Health Centers), the Free Clinic and MetroHealth Medical Center. She added that the SCALE Program has come a long way but also has a long way to go. One good outcome is that the program has opened the door regarding assessments. She noted that the SCALE Program is being tweaked almost weekly; she compared it to a scenario of building a bike and riding it at the same time. Lastly, another benefit of the program is that the ADAMHS Board is able to collect data which may be used for local planning discussions with Cuyahoga County Council. Since SCALE funding will run out in June 30, 2012, Dr. Delos Reyes hopes that the ADAMHS Board will support continuation funding and wished to express her appreciation for all of the hard work of all participants involved with the SCALE program.

Committee Member Input:

- Dr. Biegel was impressed with the preliminary analysis undertaken after only 6 months. He suggested that the next review presentation be organized around the objectives of what the SCALE Program was supposed to accomplish.
- Ms. Warr commended everyone for the spirit of cooperation and partnership among provider agencies.

3. HITCHCOCK CENTER FOR WOMEN – PROGRAM MODEL FOR SEASONS OF HOPE SAFE HOUSE AND OUTREACH INITIATIVE

Ms. Harper introduced Hitchcock Center for Women's Clinical Director, Teresa Sanders, who was present on behalf of Executive Director Mary Baize. Ms. Sanders, who has been involved with the Seasons of Hope Safe House project since its inception, reported that Hitchcock Center staff are very excited to be able to implement the project. The Seasons of Hope program will consist of a low service, demand environment that will not place requirements on women who are reluctant to access traditional social services and/or treatment. Over time, the Hitchcock Center has learned that women with addiction issues do well in treatment when they feel that they are safe, and that engagement is critical to their success in both the areas of accessing care and retention.

The Safe House will provide an opportunity for trust, safety and rapport to be built over time. This will allow a woman to change some of her thinking as it relates to receiving care. The house will operate 7 days a week from 10:00 p.m. to 10 a.m. Seasons of Hope Safety House staff will be comprised of all recovering women and will help to link individuals with any type of service needed. Staff members will receive training in first aid, CPR, trauma and de-escalation techniques.

Additionally, the Hitchcock Center has an extremely active Alumni association; those women will serve as an Advisory Group to identify what works/what doesn't and to serve as volunteers and peer mentors. Staff members have been identified as well as the individuals to serve on the Advisory Group.

4. DEFENDING CHILDREN CONFERENCE UPDATE

Mr. Osiecki noted that 420 people attended the 2-day Defending Children Conference on September 22 and 23, 2011. The ADAMHS Board served as the fiscal agent for the conference; efforts are underway to coordinate evaluations, collect fees/checks and pay off bills. Based upon the success of the conference, a decision has been made to offer a conference every two years. The committee intends to release an RFP for a public relations firm to use the artwork produced by the children in the Power to Stop Violence contest. One particular video presentation was especially phenomenal.

5. FOLLOW-UP INFORMATION REGARDING DETOXIFICATION POLICY REVIEW

Data Research Specialist, Tom Williams, utilized a brief power point presentation to address follow-up questions regarding the Detoxification Policy Review. (The report is attached to the original minutes in the Executive Unit.)

- Q: How many denials occurred in the 8-month time period?
A: 69 denials were recorded with the first denial in November 2010.
- Q: Were clients who were denied a subsequent detoxification demographically different from detoxification clients in general?
- A: Not for gender, race, ethnicity, or age group (reference charts produced).

6. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

Dr. Biegel, Committee Vice Chair, introduced the proposed list of future topics and tentative schedule for their review:

- Reportable/Major Unusual Incidents Update (*November*)
- Clients Rights Annual Report (*November*)
- *72-Hour Psychiatric Emergency Unit (*November*)
- *Adult Non-Medicaid Access Issues (*November*)
- ADAMHS Board Outcome Data (*November & January*)
- Art/music therapy, physical fitness & nutrition as part of recovery process (*January*)
- Domestic violence issues (*February*)
- Impact of FY2012 Budget Cuts (*February*)

7. OLD/NEW BUSINESS

- Mr. Snider referenced a Plain Dealer & Columbus Dispatch article regarding increasing wait times in psychiatric emergency rooms throughout the state and asked whether the P&O Committee should look into the interpretation of this critical issue. Ms. Harper noted that a discussion about Cuyahoga County admissions can be introduced along with the discussion around the 72-hour private inpatient beds. Ms. Harper suggested that a topic item could be added to illustrate the bottlenecks and problems that occur for mental health agencies when they are unable to accept individuals who do not have insurance and for those adults being discharged from state hospitals who need ongoing treatment within the community.
- Dr. Delos Reyes provided clarity to one of the future topics. The 72-Hour Psychiatric Emergency Unit (now correct in the listing above) is a separate topic from the proposed concept of utilizing state funding to purchase private psychiatric beds within the community.
- Ms. Warr sought confirmation about the date of the new Life Exchange Center's Open House. Ms. Harper anticipates that all required inspections should be complete in order for the Open House to proceed as planned on Monday, 10/31/11, at 13407 Kinsman Road. If anything changes, Board staff will notify Board members as well as provide public notice.

There being no further business, the meeting adjourned at 5:20 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair