

# ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES MAY 11, 2011

Committee Chair, Pythias Jones, M.D., called the meeting to order at 4:05 p.m. Rev. Charlotte Still Noble read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

**Committee Members Present:** J. Robert Fowler, Ph.D., Pythias Jones, M.D., Rick Kemm, Earl Lawrence, Rev. Charlotte Noble, Harvey Snider, Mary Step, Ph.D., Ericka Thoms / Absent: R. Blue, Ph.D., A. Williams

**Board Staff Present:** William M. Denihan, C.E.O., Ada Cancel, Vivian Catchings-El, Danei Chavez, Cindy Chaytor, John Coleman, Christina Delos Reyes, M.D., Michael Doud, Cheryl Fratalonie, John Garrity, Lisa Griffith, Valeria Harper, Myra Henderson, Carol Krajewski, Linda Lamp, Chris Morgan, Beth Pfohl, Michael Scherer

### 1. **APPROVAL OF MINUTES**

The Planning and Oversight Committee minutes of April 13, 2011, were approved as submitted.

### 2. **BUREAU OF JUSTICE AFFAIRS GRANT: COMMUNITY ASSESSMENT & TREATMENT SERVICES**

Dr. Garrity reported that the ADAMHS Board submitted a proposal to the U.S. Department of Justice's Bureau of Justice Assistance under the Second Chance Act *Targeting Offenders with Co-Occurring Substance Abuse and Mental Health Disorders* program. While over 1,000 applicants applied for various Second Chance Act grants, the ADAMHS Board was one of only 166 selected nationwide for nearly \$300,000 for a 24-month period. This is the Board's first award directly from the U.S. Department of Justice.

The project serves the re-entry population who have severe substance abuse and mental health issues, who are released to Cuyahoga County from ODRC facilities or who are referred from the Adult Parole Authority. The Board partners with Community Assessment and Treatment Services (CATS) to deliver services. Sixteen people have been admitted into the program to date.

Lou LaMarca, LSW, from CATS highlighted the two SAMHSA evidenced based practices: Modified Therapeutic Community and Intensive Case Management utilizing a power point presentation. The project aims to reduce recidivism by expanding access to integrated, evidence based treatment for criminal justice clients.

John Scalish, PCC, LICDC, from CATS introduced SafeNet program which provides assessment services, group counseling, transitional resources and tools, education, mentoring, and access to employment opportunities, for individuals returning to Cuyahoga County who've been identified as Security Threat Group by the Ohio Dept. of Rehabilitation and Correction specific to their documented involvement in gangs and gang activity.

A question and answer period ensued. Mr. Denihan expressed his interest to the presenters in learning the recidivism rate for the programs. Additionally, he suggested that CATS presenters confer with Ms. Valeria Harper after the meeting about the VRP-3 grant dollars that are accessible for employment activities for the re-entry population. (A copy of the power point presentation is attached to the original minutes stored in the Executive Unit.)

### 3. **CUYAHOGA COUNTY BEHAVIORAL HEALTH NEEDS ASSESSMENT UPDATE**

Dr. Garrity acknowledged The Cleveland Foundation, Mt. Sinai Foundation and St. Luke's Foundation of their financial support of the Needs Assessment effort which is a product of The Center for Community Solutions and the ADAMHS Board of Cuyahoga County. (A copy of the power point presentation is attached to the original minutes stored in the Executive Unit.)

**MAJOR FINDINGS:**

- Cuyahoga County had a higher proportion of African Americans and Hispanics.
- Higher poverty rates for both children & seniors and Cleveland had higher poverty rates for all age groups.
- A higher proportion of Cuyahoga and Cleveland families with children were headed by a single female.

**COMPARED TO THE AVERAGE OF COMPARISON COUNTIES & CITIES:**

- Cleveland had a lower proportion with a college degree than the comparison city average.
- Cleveland also had the lowest high school graduation rate among comparison cities.
- A higher proportion of Cuyahoga and Cleveland adults were not in the labor force.
- Both the county and city had higher unemployment rates among those who were in the labor force.
- Cuyahoga had a higher infant mortality rate and a higher percentage of low-weight births (under 5.5 lbs.) but a lower suicide rate.

**DIAGNOSTIC FINDINGS:**

- Compared to other counties and the state as a whole, Cuyahoga has a much higher proportion of SMD (severely mentally disabled) and SED (seriously emotionally disturbed) consumers in its caseload.
- 66% of adult and senior consumers in the county were SMD, compared to an average of 51.5% in comparison counties and 44.7 % in all boards in Ohio.
- Almost 1/3 (6,600 or 30.3 %) of adult consumers were diagnosed with schizophrenia.
- The rate of schizophrenia among adult consumers was twice as large in Cuyahoga County as in the average of comparison counties (16.5 %) and for all boards in the state (14.6 %).

It was noted that The Center for Community Solutions took the lead with the Needs Assessment and has been contracted by Cuyahoga County to establish and recommend a level of funding for behavioral health from the County's Health & Human Services Levy.

**4. LIFE EXCHANGE CENTER UPDATE**

Michael Doud, Community Resources Administrator, provided an update on the Life Exchange Center construction project. Construction is approximately 50% complete. Targeted completion for the building is the end of August. Given time needed to get the appropriate permits and certification, occupancy is anticipated in the Fall. (Copies of the Capital Project Update & Program Update are attached to the minutes stored in the Executive Unit.)

Efforts to acquire additional parking space adjacent to the new construction are still underway. Within 60 days, there should be a better understanding of the project's direction; estimated cost of the parking space is between \$85,000 and \$100,000. It was noted that last month the Board of Directors approved \$50,000 as match to approach a foundation for this project. Questions of committee members were addressed. EDEN, Inc. will be the property owner and property manager of the facility. Currently, Murtis Taylor Human Services Center staff supervises the consumer group. A transition plan will be formulated to focus on EDEN, Inc. transferring ownership of the property to the consumer group.

Myra Henderson, Recovery & Employment Specialist, reported that in April 2010, the members voted to change the name of the program/facility to *The Life Exchange Center* which obtained its 501 (c) 3 certification in January 2011. The Advisory board continues to meet monthly and is engaged in fundraising activities needed to purchase such things as fitness equipment, pool table, etc. The new director of Links East is working with its Board of Directors and members to help them transition to the Life Exchange Center. With regard to fiscal management, efforts will be made to determine an appropriate fiscal agent and to draw on the suggestions of other successful SHAPE (Self-Help and Peer Empowerment) organizations.

## 5. S.C.A.L.E. PROGRAM UPDATE (*Screening, Centralized Assessment, Levels of Care & Engagement*)

A year-to-date SCALE Update for 1/3/11 through 4/29/11 was provided by Dr. Delos Reyes, Chief Clinical Officer:

- Weekly phone meetings with Connections continue.
- Connections hired the additional bilingual telephone screener.
- The monthly oversight meeting was held on 4/2/11.
- A sub-committee was formed to discuss the data elements & program information to be included in the semi-annual program report; anticipated in July.
- Quarterly stakeholder meetings have been scheduled; the second meeting will be 6/21/11.
- ADAMHS Board will assist in obtaining reporting information from receiving agencies.

Year to date statistics through April 29, 2011, indicate that Connections conducted 494 phone screens, 108 from the hospital and 186 from the community.

## 6. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

- Art / music therapy, physical fitness & nutrition as part of the recovery process - (*July*)
- Domestic violence issues - (*July*)
- Opiate Epidemic in Ohio
- Smoking Cessation – (*Dr. Delos Reyes to take the lead*)
- Integration of Primary Care
- Seasons of Hope (*September*)

## 7. OLD/NEW BUSINESS

- Mr. Denihan announced the release of an Older Adult Grant Proposal by SAMHSA. The proposal targets adults 60 years of age or older who are at risk of misuse/abuse of prescription medications or suicide. Only past SAMHSA recipients of Older Adult Grants are eligible. Of the 30 grant recipients in the U.S., 10 will be awarded for \$350,000 over an 18-month period. The ADAMHS Board is collaborating with Western Reserve Area on Aging and Eldercare Institute on Aging. The program will help to train staff on how to recognize and screen the risk factors for suicide and potential drug abuse. Grant submission date is 6/3/11.
- **Budget implications for RFI Process** – Mr. Denihan notified P&O Committee members that the ADAMHS Board is facing a \$13 million deficit in available funding for Non-Medicaid services from its revenue sources which constitute approximately 33% of our funding. Consequently, specific criteria have been used to make difficult funding decisions.
  - The focus is narrowed to priority services:
    1. Residential programs and services
    2. Employment Services
    3. Crisis Services
    4. Peer Support
    5. Children's Services not funded by Medicaid
  - The Board will retain focus on the continued implementation of Central Intake for adults with mental illness through the SCALE Program.

**OLD/NEW BUSINESS****Budget implications for RFI Process *(Continued)***

- Efforts will be undertaken to reduce or eliminate funding based on individual agency expenditure trends, quality of services, evidence of collaboration with other agencies to reduce costs, provide better services and eliminate duplication of services. The most controversial of all decisions is the reduction of the overall number of contract agencies that deal with Non-Medicaid funding.
- Placing caps and/or establishing rates on the maximum payment allowed for services just as ODMH & ODADAS have done with Medicaid payments, for the following services:
  1. AOD Prevention Services
  2. Residential Services
  3. Employment Services
  4. Mental Health Consultation & Prevention Services
- Mr. Denihan convened a meeting entitled, Entitlement Benefits Workgroup, to discuss methods of getting people eligible for Medicaid services on the Medicaid rolls faster. He appreciated the fact that providers were willing to share information and recognized the talented individuals participating. He learned that that Benefit Specialists have their own very unique way of handling issues. Mr. Denihan has asked that they collaborate with each other to determine how to improve results; he is very serious about the importance of reducing the amount of time to get a person on Medicaid.
- Mr. Denihan intends to participate in the state Senate Hearings next week. The hearing schedule may cause a conflict with his attendance at the 5/18/11 Finance & Operations Committee meeting.
- Mr. Denihan has joined counterparts from Hamilton and Franklin County to write a letter to ODMH Director, Tracy Plouck, notifying her that each of the three largest counties should receive an equitable share of the community funding line. As it stands now, the three counties will receive only 2% of the community line funds.

*There being no further business, the meeting adjourned at 5:50 p.m.*

*Submitted by: Carol Krajewski, Executive Specialist*

*Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair*