

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES FEBRUARY 9, 2011

Committee Chair, Dr. Pythias Jones, called the meeting to order at 4:00 p.m. Mr. Lawrence read the Committee Mission Statement aloud: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Reginald C. Blue, Ph.D., Bob Fowler, Ph.D., Pythias Jones, M.D., Earl Lawrence, Harvey Snider, Mary Step, Ph.D., Ericka Thoms, Anngela Williams/ **Absent:** Rick Kemm, MNO, Rev. Charlotte Noble

Board Staff Present: William M. Denihan, C.E.O., Carole Ballard, Kevin Berg, Ada Cancel, Vivian Catchings-El, Danei Chavez, Cindy Chaytor, John Coleman, Christina Delos Reyes, M.D., Rose Fini, John Garrity, Lisa Griffith, Valeria Harper, Myra Henderson, Carol Krajewski, Linda Lamp, Chris Morgan, Michelle Myers, Esmat Nasr, Yancey Quinn, Michael Scherer, Starlette Sizemore-Rice, Linda Torbert

1. **APPROVAL OF MINUTES**

The Planning and Oversight Committee minutes of January 12, 2011, were approved as written.

2. **PRESENTATION OF DETOXIFICATION PROGRAM PROVIDERS**

Mr. Denihan reported that the detoxification providers listed on the P&O Agenda participated in several months of deliberation around the recently approved ADAMHS Board's "Guidelines for Detoxification Services Funded by Non-Medicaid Dollars" policy. The policy addressed the previous concern about (1) whether or not to allow a person a second chance to go through a detoxification program within a year's time and (2) the significant waiting list. Mr. Denihan recognized and introduced the distinguished guests listed on the agenda.

Ms. Harper updated committee members on the Board's commitment to monitor the impact of the detoxification policy that was approved in November 2010. Ms. Harper credited Vivian Catchings-El, Adult Programs Specialist, for the monitoring statistics shown below:

- From the time period of November 1, 2010 to February 2, 2011, 379 individuals have requested detoxification services from one of the three providers (Rosary Hall, Stella Maris or Salvation Army).
- Of the 379 persons who requested services, 8 persons have attempted to request a second detox session.
- 2 people submitted a formal request for a second detox to Chief Clinical Officer, Dr. Christina Delos Reyes.
- Both second requests were denied since both had left the previous detox before completing the program.
- One person was able to self-pay for detox after being denied a second detox episode.
- Other persons requesting services were provided with alternative community treatment/options available.
- All persons are informed that they can receive 1 detox service within a rolling 12-month period and sign a document to that effect.
- Between 11/1/10 and 12/31/10, 35 clients left their detox program prior to completion.

Sister Judith Ann Karam, President & C.E.O. of St. Vincent Charity Hospital, was pleased to introduce Dr. Christopher Adelman, Medical Director; Sharon Yaros, RN, Chief Nursing Officer; Mary Crenshaw, MA, LISW-S, LICDC, Director of Rosary Hall; and Orlando Howard, LCDCII, ICADC, Assistant Manager of Rosary Hall. Sister Karam was grateful to be invited and acknowledged that St. Vincent's Medical Center is a center of excellence in addiction medicine. She noted that St. Vincent's has changed as reimbursement has changed in order to meet the needs of the people it serves.

ROSARY HALL - Christopher Adelman, M.D., Medical Director, utilized a power point presentation to introduce Rosary Hall, founded in 1952 at the forefront of treating alcoholism and drug dependency. During these 50+ years, Rosary Hall has served more than 50,000 people. Medical stabilization and acute care detoxification is in a hospital setting located at St. Vincent Charity Medical Center.

The average length of stay is 3-5 days with a multi-disciplinary team of clinical staff. Patients are referred to the appropriate level of care. Intensive Outpatient treatment programs typically include four group sessions per week for five weeks. (The presentation handout, including details about the program and other services, is attached to the original minutes stored in the Executive Unit.)

STELLA MARIS, INC. - Robert L. Smith, Ph.D., Interim Executive Director, noted that Stella Maris' mission is to provide quality chemical dependency treatment and mental health services to residents of our community regardless of race, sex, religion or ability to pay. The organization's "sober house" was established in November, 1948, by Father Otis Winchester of St. Malachi Catholic Church and seven members of Alcoholics Anonymous. In its inception, Stella Maris consisted of a simple house with services for 11 alcoholic men. The current state consists of:

- a 16-bed Subacute Detoxification Unit; the Detox Unit served over 600 persons in SFY2010.
- a 40-bed Supportive Housing Unit which treated 140 men during this same time period.
- An Intensive Outpatient Program (8 hours of substance abuse services per week) includes individual and group counseling, education and family group; 373 men and women were treated in SFY2010.
- Non-Intensive Outpatient programs: Individual counseling – one hour session per week; Group Counseling 1-1/2 hour session per week.

Dr. Smith identified research outcomes for committee members. (The presentation handout is attached to the original minutes stored in the Executive Unit.)

SALVATION ARMY/HARBOR LIGHT COMPLEX - James Haber, Manager, Alcohol & Drug Addiction Services

Mr. Haber provided an overview of the history of the Salvation Army in England and its start in Cleveland, OH. In 1972, the Salvation Army Harbor Light Complex moved to its present complex at 1710 Prospect Avenue, an 8-story building. The services provided include:

- Sub-acute Detoxification Services – Assessment, Case Management, Interim Housing
- Intensive Outpatient Treatment Services – Assessment, Individual & Group Counseling, Case Management and Follow-up Care Plan.
- HIV/AIDS/STD's Prevention Education Program - Individual & Group Counseling, Testing, Risk Assessment & Referral

Mr. Haber noted that screenings and appointments are scheduled 24 hours per day/7 days per week. The organization's mission is to accept anyone who has no other place to go. Mr. Haber highlighted several other programs that operate out of the 1710 Prospect facility:

- A Women & Family Shelter, called Zelma George, serves single women with children.
- PASS Program (Pick-Up, Assess, Shelter and Service) has 75 beds for men in recovery.
- Approximately 3 of the 8 floors house people coming out of corrections facilities and are in a half-way program spending 90-120 days – employment, healthcare, community services, life skill training.
- Intensive Outpatient Program – primarily serves those being referred from the court system.

3. CENTRAL INTAKE PILOT PROJECT (CIPP) FINAL REPORT

Ms. Cindy Chaytor, Adult Projects Administrator, provided an update on Phase II of the Central Intake Pilot Project which continued the work of the initial project until an agency could be selected to implement the SCALE program. As a result of the Request for Information process, Connections was selected to implement the SCALE program on January 3, 2011. (The Final Report on CIPP is attached to the original minutes stored in the Executive Unit.)

4. UPDATE ON S.C.A.L.E. (SCREENING, CENTRALIZED ASSESSMENT, LEVELS OF CARE & ENGAGEMENT) PROGRAM

Dr. Delos Reyes, Chief Clinical Officer, reported that the SCALE Program is up and running. Information is posted on the Web site and has been shared widely. Interface with Criminal Justice continues to be worked on. Weekly phone meetings with Connections have been vital to the process. Monthly oversight meetings are being scheduled and quarterly stakeholder meetings are also being scheduled.

For the first month of 2011, Connections conducted 161 phone screens and found 154 people to be SCALE eligible. Connections referred 33 individuals, completed 74 assessments with 52 assessments left to go. Mr. Denihan suggested that monthly updates be made to the P&O Committee to monitor how the program is proceeding while the system faces capacity and funding challenges.

5. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

- Women's Project - March
- Update on Re-Entry Programs – March
- Significant importance of art / music therapy, physical fitness & nutrition to the recovery process
- Violence issues (bullying, domestic violence)

6. OLD/NEW BUSINESS

Mr. Snider commended Board staff for the very informative presentation by detoxification service providers.

There being no further business, the meeting adjourned at 5:15 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair