

# ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES

JUNE 13, 2012

Committee Chair, Pythias Jones, M.D., called the meeting to order at 4:00 p.m. Anngela Williams read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

**Committee Members Present:** David E. Biegel, Ph.D., Reginald C. Blue, Ph.D., J. Robert Fowler, Ph.D., Pythias Jones, M.D., Rev. Charlotte Still Noble, Leslie Nye O'Donnell, Harvey Snider, Mary Step, Ph.D., Ericka Thoms, Anngela Williams / **Absent:** Mary R. Warr

**Board Staff Present:** William M. Denihan, C.E.O., Carole Ballard, Tonya Birney, Ada Cancel, Vivian Catchings-El, Danei Chavez, John Coleman, Michael Doud, Craig Fallon, John Garrity, Ph.D., Myra Henderson, Judy Jackson-Winston, Carol Krajewski, Linda Lamp, Chris Morgan, Esmat Nasr, Cassandra Richardson, Laura Simmons

### 1. **APPROVAL OF MINUTES**

The Planning and Oversight Committee minutes of May 9, 2012, were approved as submitted.

### 2. **STRATEGIC PREVENTION FRAMEWORK STATE INCENTIVE GRANT (SPF SIG) UPDATE**

Danei Chavez-Nowosadzki, Prevention Planning Specialist, highlighted the written material distributed on the Substance Abuse Mental Health Services Administration's (SAMHSA) Strategic Prevention Framework State Incentive Grant and fielded questions of committee members regarding the program and its goals listed below:

- To prevent the onset & reduce the progression of substance abuse, including childhood and underage drinking.
- To reduce substance abuse-related problems in communities, and;
- To build prevention capacity and infrastructure at the State and community levels.

Specifically, Ohio's SPR SIG Goals target the age group identified below:

- 1) Decrease the number of 18 -25 year olds engaged in high risk use of alcohol
- 2) Decrease the number of 18-25 years olds engaged in the use of illicit drugs
- 3) Decrease the number of 18-25 years olds misusing prescription medications

Tonya Birney, Training Officer, introduced the Prevention Education Series 2012 scheduled to run from June 28 to August 17, 2012. This training will assist individuals who need to test for the Certified Prevention Specialist Exam. The participating instructors are certified in prevention and hold both state and international credentials; some have even helped to write the new exam.

Ms. Birney was asked by Mr. Denihan to address the following observation that persons failing employment drug tests are more prevalent in the blue-collar workforce than white-collar workers. He suggested that this issue be placed on the agenda when meeting with workforce development stakeholders to determine how the ADAMHS Board might be able to contribute to this prevention piece.

### 3. **COGNITIVE BEHAVIORAL THERAPY FOR PERSISTENT PSYCHOSIS PROJECT**

In the absence of Dr. Delos Reyes, Dr. Garrity, Director of Research & Evaluation, explained that a request was being made to approve matching funds of \$20,000 to CONNECTIONS: Health.Wellness.Advocacy in partnership with the BeST Center at Northeast Ohio Medical University to implement the CBT-p (Cognitive Behavioral Therapy for Persistent Psychosis, which is an evidence-based practice that assists patients with schizophrenia who may still be psychotic despite compliance with a medication regimen.

**COGNITIVE BEHAVIORAL THERAPY FOR PERSISTENT PSYCHOSIS PROJECT** *(Continued)*

Harry Sivec, Ph.D., Psychologist, a consultant and trainer at the BeST Center, distributed folders of information about the BeST Center and its mission to promote best practices in treatment for those who suffer with schizophrenia. This particular best practice address the 30-60% of individuals affected by schizophrenia who continue to experience delusions, hallucinations and other systems to varying degrees, despite taking antipsychotic medications as prescribed. Dr. Sivec noted that the BeST Center will provide a consultant/trainer to CONNECTIONS staff, technical assistance, access to experts related to this best practice from the United Kingdom, and \$20,000 toward this project to support the provider agency selected.

**Motion to approve the implementation of the CBT-p Project and subsequent matching funds to the Finance & Operations Committee.** MOTION: E. Thoms / SECOND: C. Noble / AYES: D. Biegel, R. Blue, B. Fowler, C. Noble, L. O'Donnell, H. Snider, M. Step, E. Thoms, A. Williams / NAYS: None / ABSTAIN: None / **Motion passed.**

**4. S.C.A.L.E. PROGRAM UPDATE** *(Screening, Centralized Assessment, Levels of Care Assignment & Engagement)*

Mr. Doud, Adult Behavioral Health Services Administrator, was pleased to report that for three straight weeks the SCALE wait list has been zero; clients have been able to obtain an assessment and linked to services by providers. Since 2/12/12, there have been 139 assessments conducted from the community and 49 assessments conducted at the state hospital. No questions were generated from the report.

**5. COMMUNITY PLAN SUPPLEMENT**

Dr. Garrity noted that last fall the ADAMHS Board ratified the FY2012-2013 ODMH-ODADAS Joint Community Plan submission. Since that time, there have been changes in practices with the new ODMH Administration and Director. Consequently, Dr. Garrity updated the information regarding the 505 Hot Spot Funding for Intakes and Reentry Learning Collaborative. (Details on the ADAMHS Board's Community Plan Supplement are included in the document attached to the original minutes stored in the Executive Unit.)

**6. BRIDGEWAY, INC. UPDATE**

At this point in time, Mr. Doud noted that there are 20 clients who have not been linked to services out of the 350 former Bridgeway consumers. Board staff notified Mental Health Services about these individuals should they present for services. Board staff has successfully transferred the operation of the Crisis Stabilization Unit (CSU) and the Roberto Flores program to Mental Health Services. Operation of the facilities, West 81 Street and Bradley Manor, have been successfully transitioned to Murtis Taylor Human Service System.

The Ohio Department of Mental Health (ODMH) has provided the Board with a letter of support for the ADAMHSCC to be a provider of services, terminating on 6/15/12. Efforts are underway with ODMH to get a temporary license for Murtis Taylor for the residential facilities referenced above. The Board has continued to work as the landlord for the 20 or so Bridgeway properties and with Bridgeway's bank regarding the transfer of ownership or purchase of properties by another provider of the ADAMHS Board. Rev. Noble expressed her appreciation to Board staff for the tremendous amount of effort needed around the planning/coordination of all of the elements for this transition plan.

**6. HOUSING FIRST INITIATIVE**

Mr. Doud explained that the Enterprise Community Partners organization is the lead non-profit entity in the community working with governmental entities and non-profits around affordable housing for those who are homeless and at risk in our community. Ms. Jennifer, Eppich, Senior Program Director, and Beth Graham, Project Director of Enterprise Community Partners, utilized a power point presentation to orient the committee to the Housing First Approach. Details regarding the partners, goals, facilities, housing first client profiles, resident outcome data and cost reductions were shared and are delineated in the written document attached to the original minutes stored in the Executive Unit.

**HOUSING FIRST INITIATIVE** *(Continued)*

Questions were answered by the presenters. Committee members were invited to visit any Housing First facilities either individually or on a group basis.

Ms. Maureen Dee, Executive Director of Catholic Charities, commended the presenters on the program. She noted that housing is a huge issue related to individuals returning to the community from jail to the alcohol and residential treatment sites and then who need housing once ready to leave. She learned from the presentation that almost 75% of the participants have issues with alcohol or other drug issues and noted her agency's interest in future discussions around these issues with Housing First partners.

Mr. Denihan noted that Housing First has done an extraordinary job shown through the outcome statistics reported. The presenters credited the wonderful partnership experience as contributing to these results.

**7. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE**

Dr. Biegel introduced the proposed list of future topics. Mr. Doud suggested adding the Housing First Initiative; the tentative review schedule is shown below:

- Early Childhood Mental Health Update - *(July)*
- Spend Down Project *(September)*
- Health Homes

**8. OLD/NEW BUSINESS**

- Mr. Denihan reported that a topic to be addressed at greater length at the upcoming Finance & Operations Committee meeting will be the state hospital bed day utilization for FY2013 and an agreement for bed day participation that includes the combination of civil and forensic beds. This is part of an incentive program from ODMH; more detail will be shared with the Finance & Operations Committee on 6/20/12.

*There being no further business, the meeting adjourned at 5:35 p.m.*

*Submitted by: Carol Krajewski, Executive Specialist*

*Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair*