

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE JANUARY 11, 2012 MINUTES

Committee Chair, Pythias Jones, M.D., called the meeting to order at 4:00 p.m. Harvey Snider read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: David E. Biegel, Ph.D., Reginald C. Blue, Ph.D., J. Robert Fowler, Ph.D., Pythias Jones, M.D., Rev. Charlotte Still Noble, Mary Step, Ph.D. Harvey Snider, Ericka Thoms, Mary R. Warr, Angela Williams / **Absent:** None

Board Staff Present: William M. Denihan, C.E.O., Carole Ballard, Ada Cancel, Vivian Catchings-El, Danei Chavez, John Coleman, Christina Delos Reyes, M.D., Michael Doud, Cheryl Fratalone, John Garrity, Valeria Harper, Myra Henderson, Carol Krajewski, Linda Lamp, Chris Morgan, Michelle Myers, Esmat Nasr, Star Sizemore-Rice, Linda Torbert, Thomas Williams, Leshia Yarbrough-Franklin

1. **APPROVAL OF MINUTES**

The Planning and Oversight Committee minutes of November 11, 2011, were approved as submitted.

2. **OHIO DEPARTMENT OF MENTAL HEALTH: EX-OFFENDER REENTRY STOP GAP GRANT**

Dr. Garrity, Director of QI/Evaluation & Research, reported that the ADAMHS Board received a six month grant totaling \$200,000 from the Ohio Department of Mental Health (ODMH) as part of its *Ex-Offender Reentry Stop Gap Grant* program. The ADAMHS Board is interested in subcontracting with Recovery Resources to provide the direct services required to 60 reentering consumers. There is no match requirement for this funding; the request is to award a contract from this grant to Recovery Resources for \$200,000 to carry out all services.

Ms. Warr suggested refining background wording to reflect the ADAMHS Board's stance to encourage those who are deemed job-ready to seek employment. Dr. Garrity agreed and offered to revise the section referenced.

Motion to recommend acceptance of the ODMH Stop Gap Grant and to approve a contract with Recovery Resources to the Finance & Operations Committee. MOTION: R. Blue / SECOND: E. Thoms / AYES: D. Biegel, R. Blue, B. Fowler, C. Noble, H. Snider, M. Step, E. Thoms, M. Warr, A. Williams / NAYS: None / **Motion carried.**

3. **ADAMHS BOARD OUTCOME DATA**

Dr. Garrity presented ADAMHS Board Outcome Data via a power point presentation entitled, "Quality Performance Indicator Review for FY2011". (A hard copy of the presentation is attached to the original minutes stored in the Executive Unit.) The review included a list of quality performance indicators for: Access to Quality Care, Clinical Outcomes, Risk Management, Fiscal Management, Alcohol & Other Drug Use Prevention, Alcohol & Other Drug Use Treatment as well as statistical reports comparing data from FY2010 and FY2011. Dr. Garrity thanked staff member, Tom Williams, Data Research Specialist, for updating the outcome measures.

Feedback from committee members:

- Appreciation was expressed for ADAMHS Board use of federal standards & move toward benchmarks.
- Suggestion was made to use outcome data when communicating the impact on services due to funding reductions.

Dr. Garrity addressed questions of Board members. Overall, he noted that reports are good. Providers are working hard in spite of the funding crisis by being very resourceful. Both providers and the Board are diligently working to improve services.

4. REPORTABLE MAJOR UNUSUAL INCIDENTS UPDATE

Dr. Garrity noted that the term, Major Unusual Incidents (MUI's), is now referred to as "Reportable Incidents" by ODMH. (The power point presentation entitled "MUI Review for FY2011" is attached to the original minutes stored in the Executive Unit.)

Dr. Garrity provided an overview of the report and elaborated on information presented. During FY2011, a total of 712 incidents were reported. He noted that an interdisciplinary MUI Committee meets monthly to review reportable incidents received. The committee works to determine if there is something that took place within an incident that might be preventable in the future or whether trends are developing. It was noted that the total number of incidents received in 2011 is quite low compared to the overall number of consumers served which is less than 5-6 incidents per 1,000 consumers served annually.

Feedback from committee members:

- Interest was expressed in additional information by race, gender and ethnicity as it might be useful when gathering information for funding requests, levies, etc.
- Co-Morbidity information and figures are disturbing.

Dr. Delos Reyes reported that for the last 18 months a group of people in the community meet together every 2-3 months around the concept of integrated care. The coalition is called the Integrated Care Leadership Group. As an example of a cross-training activity, psychiatrist, Dr. Toni Johnson, intends to teach a Depression 101 course to staff at the Free Clinic. The committee is closely involved with state efforts to put forth a state plan amendment to the Medicaid rule in order to get 90% match funding to begin to improve integration of care. Ms. Harper added that two examples of providers with a leadership role in integrated care are Magnolia Clubhouse & Center for Families & Children.

Dr. Garrity thanked all members of the MUI Committee for their participation on this committee which deals with some very serious and difficult issues—Dr. Christina Delos Reyes, Chief Clinical Officer; Judy Jackson-Winston, Clients Rights Officer; Michael Doud, Community Resources Administrator; Tom Williams, Data Research Specialist, Laura Simmons, Administrative Assistant; John Garrity, Ph.D., Director of QI/Evaluation & Research.

5. FIRST TREATMENT PROGRAM REPORT

Presenters for FIRST Cuyahoga County Treatment (based at Jewish Family Service Association/Ascentia Division) were Mr. Lon C. Herman, M.A., Director, Best Practices in Schizophrenia Treatment (BeST) Center, Northeast Ohio Medical University and Ms. Hattie M. Tracy, MSW, LISW, LCDC III, Consultant & Trainer for First Episode Psychosis Programs, BeST Center. (The power point presentation is attached to the minutes stored in the Executive Unit.)

FIRST is a specialized treatment program created to help individuals between the ages of 16-40 and who have had an untreated psychotic illness of any length of time or have an antipsychotic treatment for less than a total of 18 months. First team members work together to provide treatment, information and support to clients who have experienced a first episode of a psychotic illness. The goals are to: improve recovery, provide support and education for the individual and family, reduce relapse, and set goals for the future.

Discussion followed on the solid progress noted in the early outcomes reported. Mr. Herman appreciated the partnerships put in place and looks forward to providing additional information as it becomes available. In answer to Mr. Snider's comment regarding sharing outcome information, Mr. Herman noted that consent would be needed from clients in order to be able to share findings of the program for scholarly journals, etc. ODMH is excited about the program; however, challenges do exist regarding the payer mix and ODMH is aware of these issues.

6. ART/MUSIC THERAPY, PHYSICAL FITNESS & NUTRITION

Debbie Chickering, Executive Director of Assentia, the Behavioral Health Division of Jewish Family Service Assn. (JFSA) introduced Amy Schold, Special Programs Manager, who introduced presenters Zsuzsa Csepanyi, Art Therapist, and Jacqueline Houser, Coordinator of Holistic Recovery for Plan of Northeast Ohio, a partner of JFSA. Both presenters combined have over 20 years of experience in creative art therapy and recreational therapy work. Although payer sources do not seem to recognize the importance of creative art therapy to the recovery process, Ms. Schold noted that the community and clients do see these activities as being highly effective to their health and wellbeing. JFSA continues to seek grants and outside funding from corporations to keep the programs running.

Ms. Houser distributed newsletter copies illustrating the various activities in Holistic Recovery—creative arts, education, physical wellness, social recreation and special events. Activities include sport & hobby clubs, movies, bowling, water aerobics, day trips and/or vacations. Recreational therapy helps to improve the quality of life and support the development of social and life skills. Services are provided based upon an individual basis and lifestyle. (The newsletter referenced is attached to the original minutes stored in the Executive Unit.)

Ms. Csepanyi noted that clients love to express their creativity through artwork, dance, drama, music, role-playing, etc. Events include art shows, costume design & fashion shows. Examples of client's artwork were shared with the assembly. Ms. Csepanyi noted that she has seen clients change their former concepts through these activities and people become empowered. She added that alternative therapies help tremendously in enhancing the quality of life for clients, their friends and family.

Discussion followed on how Board members could help to support these activities. It was noted that creative arts provides another way to help people express themselves in a different way. JFSA has creatively stretched its funding by utilizing student interns for the programs which assists the programs and helps to foster therapeutic education for interns. Individuals were encouraged by JFSA staff to advocate for this valuable alternative therapy.

7. AUTHORIZATION TO ISSUE REQUEST FOR PROPOSAL (RFP) FOR MENTAL HEALTH SERVICES IN THE CUYAHOCA COUNTY DETENTION CENTER

Linda Torbert, Children's Project Administrator, explained that the Mental Health Services in the Detention Center Project is geared toward youth placed in the Cuyahoga County Detention Center experiencing mental health issues/symptoms to provide crisis stabilization and support. The primary goal of the project is to offer temporary services based upon the identified needs of each youth in preparation for community linkage. Services include psychiatric assessments, crisis intervention, psychopharmacological services, crisis assessment and review, and community linkage. The mental health specialist's role within the Mental Health in the Detention Center Program is also inclusive of twenty-four (24) hour access for emergency services, as well as training for Cuyahoga County Juvenile Detention Center staff.

As the current provider's contract expired on 12/31/11, a contract extension was approved at the ADAMHS Board General Meeting on 11/16/11 per the request of Juvenile Court Administration in effort to adhere to the local government's guideline to issue a request for proposal upon expiration of all contracts. Consequently, Board staff recommends the issuance of a Request for Proposal to solicit applications from ADAMHS Board contracted behavioral health care providers for this project for the time period of 5/1/12 through 12/31/12.

Motion to recommend the issuance of an RFP for mental health services for the Cuyahoga County Detention Center Project to the Finance & Operations Committee. MOTION: H. Snider / SECOND: R. Blue AYES: D. Biegel, R. Blue, B. Fowler, C. Noble, H. Snider, M. Step, E. Thoms, M. Warr, A. Williams / NAYS: None
Motion carried.

8. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

Dr. Biegel, Committee Vice Chair, introduced the proposed list of future topics and tentative review schedule:

- Impact of FY2012 Budget Cuts (*February*)
- Lapsed Medicaid Report (*February*)
- AoD Needs Assessment (*March*)
- AoD Residential Programs (*March*)
- 505 Proposals (*March*)
- Strategic Plan Update from Planning & Clinical (*March/April*)

9. OLD/NEW BUSINESS

- **Distribution of the Increased Allocation from County Executive and County Council - \$1.5 Million**

On behalf of Mr. Denihan, Ms. Harper reported that County Council and the County Executive recently concluded the process for the annual subsidy provided to the ADAMHS Board for the calendar biennium period of 2012 and 2013.

The Board received an increase of **\$1,500,000** for calendar year 2012; the County Council and County Executive earmarked **\$334,676** to restore funding to St. Vincent Charity's AOD programming and Detox services. Additionally, funding was designated for Mental Health Services, Inc. for a new Crisis Intervention Service to be located at two homeless shelters, 2100 Lakeside and the Women's Shelter on Payne Avenue in the amount of **\$145,074**.

Mr. Denihan has committed the remaining funds in the amount of **\$1,020,250** to support the SCALE (Screening, Centralized Assessment, Level of Care and Engagement) Project. Meetings were held with the nine partnering agencies starting on 12/20/11 and were concluded on 1/10/12. Ms. Harper summarized the meeting process with respective SCALE agencies and the type of information obtained.

Ms. Harper noted that the final recommendation, to be presented to the Finance and Operations Committee, will amend the FY2012 Non Medicaid contracts for the partner agencies and the assurance to have intakes open for the year: Center for Families & Children; Mental Health Services; Eldercare; Far West Center; Recovery Resources; Connections; Jewish Family Services Association; Murtis Taylor Human Services and Epilepsy Association.

There being no further business, the meeting adjourned at 5:50 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair