

# ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

## PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES SEPTEMBER 11, 2013

Committee Chair, Pythias D. Jones, M.D., called the P&O Committee meeting to order at 4:00 p.m. Katie Kern-Pilch read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Reginald C. Blue, Ph.D., Eugenia Cash, MSSA, LSW, Richard Folbert, Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Harvey A. Snider, Esq., Mary Step, Ph.D., William J. Tobin, Anngela Williams / Absent: Elsie Caraballo, Mary Warr, M.Ed.

Board Staff Present: William M. Denihan, C.E.O., Carole Ballard, Ada Cancel, Danei Chavez, John Coleman, Christina Delos Reyes, M.D., Craig Fallon, Cheryl Fratalone, John Garrity, Ph.D., Valeria A. Harper, Myra Henderson, Carol Krajewski, Linda Lamp, Chris Morgan, Michelle Myers, Esmat Nasr, Scott Osiecki, Laura Simmons, Maggie Tolbert, Leshia Yarbrough

### 1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of July 10, 2013, were approved as submitted.

### 2. PUBLIC ACADEMIC LIAISON (P.A.L.) PROGRAM

Mr. Denihan noted that the PAL Program is an outstanding program covered by Non-Medicaid funds that has provided an energetic clinical workforce for our mental health system. Robert J. Ronis, MD, MPH, Chairman of the Department of Psychiatry at the University Hospitals Case Medical Center, presented an overview of the PAL Program in existence "for 23 years and counting". Dr. Ronis focused on the history of the Division of Public and Community Psychiatry, history of the PAL Program, the core residency rotation and current community placements.

The results of the program include 500,000 hours of clinical service which equates to approximately 250 full time employee equivalents. Over 200 residents have participated in the program to date and 50% of residency graduates go on to work at least half time in public or community settings--among the best recruitment rates to community work in the country.

A fellowship is one year of post residency training experience. Fellows spend 3-4 days working actual jobs in community settings with weekly individual supervision. The goal is to emphasize leadership, program development, recovery-oriented practice and systems of care. Fellowship results since 2009, including the current class, reflect that of the 24 fellows, 22 have remained in Ohio, 16 are practicing in Cuyahoga County with another 3 in Northeast Ohio. A total of 21 individuals are practicing full or part-time in public and community settings. (A copy of the power point presentation is attached to the original minutes stored in the Executive Unit.)

### 3. REPORTABLE INCIDENTS SUMMARY

Dr. Garrity, QI/Evaluation and Research Director, explained that annually a Summary of Reportable Incidents is presented to Board members. Reportable incidents are those that involve consumers/clients and include deaths, serious bodily injuries, alleged criminal acts, alleged physical or sexual abuse or neglect, any adverse reaction of a client to a life threatening degree due to an administered drug, medication efforts likely to result in serious consequences to a client and any life threatening situations.

The ADAMHS Board receives approximately 100-200 reportable incidents each 3-month quarter and reviews each incident and systematically monitors and analyzes them on a monthly basis. All providers are to report all consumer deaths to the Board which average 30-60 per quarter. Although the state has relaxed its standards to report only those deaths occurring on site, Mr. Denihan continues to require the reporting of all deaths in order to keep track of any possible adverse medication reactions, to assure coordination of care, etc. Dr. Garrity credited agencies with being diligent in filling out the required reports. The greatest proportion of consumer deaths is from medical conditions about 20-30 deaths per quarter with the majority due to cardiovascular disease and cancers. Dr. Garrity reported that our consumers/clients die far younger, almost 20-25 years earlier than the average.

The Reportable Incident Committee, comprised of Dr. Christina Delos Reyes, Chief Clinical Officer, Michael Doud, Adult Behavioral Health Services Administrator, Judy Jackson-Winston, Clients Rights Officer, Laura Simmons, Administration Assistant, and Dr. John Garrity, meets monthly to review and monitor incidents. Dr. Garrity and Dr. Delos Reyes addressed questions of committee members. (A copy of the power point presentation is attached to the original minutes stored in the Executive Unit.)

#### 4. HEROIN TASK FORCE

Mr. Denihan referenced his earlier participation speaking on WCPN, 90.3, along with mothers of children addicted to heroin. Presently, heroin is at the top of the list of accidental deaths. The number of prescription drugs being prescribed over the last 10 years has exploded and the number of people dying is frightening. The Medical Examiner's report stated that last year's fatalities increased from 97 to 181. For the 1<sup>st</sup> 6 months of 2013, there have been 94 heroin accidental deaths and at this rate, the number may total 185.

Mr. Denihan noted that when pressure was applied by the medical community to tighten up on prescription medication, people began to look toward using street drugs. The epidemic is including younger people and more women; it is affecting all communities and heroin is easily accessible. He noted that funding for prevention is critical for this issue and currently is very inadequate.

As Dr. Delos Reyes and Mr. Osiecki serve on the Opiate Task Force, they were asked to provide comments as well. Dr. Delos Reyes noted that in April Dr. Papp came to the P&O Committee to introduce Project DAWN, a community-based drug overdose and prevention and education project funded by Cuyahoga County. A meeting is scheduled for 9/18/13 for anyone interested in becoming a volunteer for Project DAWN. She mentioned that two bills are now in the state Senate and House that support expanding efforts to allow access to the Project DAWN kits to friends and family members of persons with an opiate addiction.

Mr. Osiecki reported that the Opiate Task Force intent is to educate the community about heroin addiction. A target audience is the schools since heroin is reaching our youth. The ADAMHS Board intends to take the lead on the Heroin Addiction campaign and utilize outreach efforts similar to those used by the Suicide Awareness Campaign. What still needs to be determined is the number to call for help. The task force is considering using Pandora Radio that targets advertising by listeners by age. The target date for these efforts is December or January. Mr. Denihan reported that there are now 6 Heroin Anonymous support groups in our community organized by recovering addicts.

Committee Chair, Dr. Jones, noted that the Veterans Administration is now producing a kit similar to the Project DAWN kit that is also being distributed. Secondly, he understands that dealers are now adding cocaine into heroin to make it metabolize so that users go back quicker and more often.

Dr. Mary Step noted that she has spent some time on her job working with social media. She suggested if someone is targeting young people to refrain from using Facebook as this is not typically used by young people. There is a lot of help out there to take a look at how people have used U-tube, micro-blogging through Vine or Twitter. For the purpose of prevention activities, Dr. Step offered to share this information with Mr. Osiecki.

#### 4. COUNTY LEVY UPDATE

The number assigned to the Health & Human Services Levy is Issue 1--the first issue listed on the ballot. A poll was conducted by the County that clearly reflects the importance of demonstrating the need for services in order to be successful. Mr. Denihan noted that it was encouraging to see the support of the Cleveland Plain Dealer regarding the heroin epidemic and its endorsement to pass the Health & Human Services Levy.

**COUNTY LEVY UPDATE**, Continued

Mr. Denihan noted that Board staff members are legally allowed to work on levy activities on work time per the Ohio Revised Code.

- The Levy will be a 1 mill replacement levy that will generate \$27 million; the cost to a home owner (with a home worth \$100,000) would be less than \$50 per year.
- Election Day is Tuesday, November 5<sup>th</sup>.
- The Kick-Off is scheduled for Monday, 9/16/13 at 10:00 a.m. at MetroHealth Medical Center.
- Everyone was encouraged to influence their network of organizations, family and friends to support the levy.

**5. S.C.A.L.E. UPDATE** (*Screening, Centralized Assessment, Levels of Care Assignment & Engagement*)

Dr. Christina Delos Reyes, Chief Clinical Officer, introduced staff from Connections: Health.Wellness.Advocacy who work with SCALE program—Ms. Janet Matz, RN and Angela Ivancic, LISW-S to explain the new format for the SCALE Report. (Report attached to the original minutes stored in the Executive Unit.)

In answer to Mr. Snider's inquiry, Connections staff felt that SCALE provides an important component to link individuals to the services they need. When meeting people face-to-face, SCALE staff members are often thanked by clients for helping and listening to them regarding their concerns/needs. Both Mr. Denihan and Dr. Delos Reyes felt that the report and outcomes provide data necessary to demonstrate system needs to County Council members as well as other funders. The results also show that there is a huge number of Level 1 and 2 consumers who are not able to be served due to limited resources.

**6. SHARES UPDATE** (*Shared Health & Recovery Enterprise System*)

Dr. Garrity, Director of QI/Evaluation & Research, reported that Mr. Denihan is scheduled to officially sign the contract agreement with the vendor on Monday, 9/23/13. The SHARES teams have been working diligently in the meantime. The Claims portion is the largest piece and will be much improved; Boards will be able to track process measures better. Outcomes will also have increased capabilities. A standardized system will be available for all 3 Boards. The teams have been working on increasing efficiencies. A new start-up time has not yet been established.

Dr. Garrity along with Erik Stuart, Ph.D., Vice President, System Performance, Hamilton County MH and Recovery Services Board and Sue Real, MBA, Director Planning & Evaluation, ADAMHS Board of Franklin County will be making a presentation on *"Designing & Rebuilding a Behavioral Health Data System to Support the Evaluation of Publicly Funded Treatment and Prevention"* at the Recovery Conference.

**7. FUNDRAISING REQUESTS/SPONSORSHIPS**

Based upon the direction of Board Chair, Harvey Snider, Esq., the following items are being referred to the P&O Committee since the Community Relations & Advocacy Committee could not meet due to the lack of a quorum. Mr. Osiecki highlighted the Sponsorships and Funding Requests listed below:

- Collaborative Agencies 2013 Celebrating Recovery Walk: September 14, 2013
- Scholarships to the Ohio Assoc. of Alcohol & Drug Addiction Counselors Annual Conference on: October 17-18, 2013
- Suicide Prevention Education Alliance Request for School Program Materials

**Motion to recommend approval of the Collaborative Agencies 2013 Celebrating Recovery Walk to the Finance and Operations Committee.** MOTION: R. Blue / SECOND: B. Fowler / AYES: R. Blue, E. Cash, R. Folbert, B. Fowler, K. Kern-Pilch, H. Snider, M. Step, W. Tobin, A. Williams / NAYS: None / ABSTAIN: None  
**Motion passed.**

Motion to recommend approval of the Scholarships to the Ohio Association of Alcohol & Drug Addiction Counselors Annual Conference to the Finance and Operations Committee. MOTION: H. Snider / SECOND: R. Blue / AYES: R. Blue, E. Cash, R. Folbert, B. Fowler, K. Kern-Pilch, H. Snider, M. Step, W. Tobin, A. Williams / NAYS: None / ABSTAIN: None / Motion passed.

Motion to recommend approval of the Suicide Prevention Education Alliance Request for School Program Materials to the Finance and Operations Committee. MOTION: H. Snider / SECOND: M. Step / AYES: R. Blue, E. Cash, R. Folbert, B. Fowler, K. Kern-Pilch, H. Snider, M. Step, W. Tobin, A. Williams / NAYS: None / ABSTAIN: None / Motion passed.

8. OLD BUSINESS - None

9. NEW BUSINESS

Mr. Denihan reported that last week Maureen Dee, Executive Director of Catholic Charities, advised him of an incident at Parmadale Residential Treatment Center that has resulted in a state mandated suspension of admissions to the facility. This situation will affect the Board's two contracted crisis beds for youth at this facility. Ms. Dee noted that Parmadale treats children with very challenging issues and elaborated on the specific incident under review. An investigation is underway and Catholic Charities is collaborating with the Cuyahoga County Department of Children and Family Services as well as the Sheriff's Department.

Ms. Dee noted that OhioMHAS holds Catholic Charities license to provide residential treatment and even though it has been removed, they are concerned that there may have been some things missed that could have been reported sooner. OhioMHAS has asked for a plan of correction and has placed the agency on an admission suspension. Consequently, Parmadale is no longer able to accept admissions during this probationary time.

Mr. Ross, Executive Director of Parmadale, also present at the meeting, noted that he has been in contact with OhioMHAS. Questions of Board members were addressed by Ms. Dee and Mr. Ross. Ms. Dee stated that the agency is more than willing to work with the Board about what is being done to create a more assurance-driven environment.

10. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

Committee Vice Chair, J. Robert Fowler, Ph.D., read the list of potential future topics for the P&O Committee.

October 2013:

- Clients Rights Annual report
- ACAC (Action Committee Advocating Change) Update
- CMHA Collaboration
- Defending Childhood
- Capital Community Plan
- Gambling Plan (Recovery Resources)

On-Going Updates:

- ▣ County Levy
- ▣ S.C.A.L.E.
- ▣ S.H.A.R.E.S.

There being no further business, the meeting adjourned at 6:00 p.m.

*Submitted by: Carol Krajewski, Executive Specialist*

*Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair*