

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES

MAY 8, 2013

Committee Chair, Pythias D. Jones, M.D., called the P&O Committee meeting to order at 4:00 p.m. Robert Fowler, Ph.D., read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Reginald C. Blue, Ph.D., Eugenia Cash, MSSA, LSW, Stephanie J. FallCreek, D.S.W, Robert Fowler, Ph.D., Pythias Jones, M.D., Harvey A. Snider, Esq., Mary Step, Ph.D., Ericka Thoms, William J. Tobin, Mary R. Warr, M.Ed. , Anngela Williams / Board member, Mary Boyle

Absent: David E. Biegel, Ph.D., Elsie Caraballo, Richard Folbert

Board Staff Present: William M. Denihan, C.E.O., Carole Ballard, Frank Brickner, Ada Cancel, Danei Chavez, Christina Delos Reyes, M.D., Craig Fallon, Valeria A. Harper, Carol Krajewski, Linda Lamp, Chris Morgan, Esmat Nasr, Starlette Sizemore-Rice, Maggie Tolbert, Linda Torbert, Leshia Yarbrough-Franklin

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of April 10, 2013, were approved as submitted.

Mr. Denihan asked to take a moment to address the three young women in Cleveland who are back in society. In addition to the trauma specialists being brought in by the FBI for this emergent situation, long-term treatment will be necessary. The Governor's Office and the Ohio Department of Mental Health contacted the ADAMHS Board regarding to advocate for local support. Mr. Denihan reported that staff and specialists from Frontline Services, Inc. (the new name for Mental Health Services) will be engaged to provide services to these young women and their families.

2. CRISIS STABILIZATION UNIT UPDATE

Ms. Harper, Chief Operating Officer, noted that Susan Neth, Chief Executive Officer, and Rick Oliver, Director of Crisis Services/Front Line, Inc., have been asked to share details regarding their agency's oversight of the Crisis Stabilization Unit (CSU) since May 2012. Ms. Neth noted that Frontline Services, Inc. has been operating Mobile Crisis Services since 1995 and began supervision of 12 beds at the CSU for almost one year. She reported that the agency would like to be able to fully utilize all 15 crisis beds at the CSU if funding can be acquired.

A two-page handout highlighting the activities and changes made at the CSU was distributed. It was noted that changes were not made immediately. All staff operating the program continued on under the supervision of Frontline Services, Inc. The changes eventually implemented include:

1. Revised medical clearance requirement.
2. Housing plans were no longer mandated.
3. Three days of meds no longer required of individual upon admittance
4. Prioritized customer service response to the community.

Additional changes were made in the areas of admissions, treatment, and facilities; the report also identified the average daily census and length of stay for the CSU. Due to the changes implemented, the agency has seen an increase in the number of referrals. (Details are identified in the handout attached to the original minutes stored in the Executive Unit.)

Mr. Denihan thanked Ms. Neth and Mr. Oliver for presenting the need and added that deliberations will continue to work to match available resources with treatment needs.

3. COMPREHENSIVE SEXUAL VIOLENCE PROGRAM

Linda Torbert, Children's Projects Administrator, noted that the Comprehensive Sexual Violence Program proposed will not only speak to youth but also to adults who work with youth. Ms. Torbert introduced Megan O'Bryan, C.E.O. of The Cleveland Rape Crisis Center (CRCC) and Sondra Miller, Vice President of External Affairs, responsible for the oversight of Prevention and Community Education Programs.

Ms. O'Bryan stated that the CRCC supports survivors of sexual violence, promotes healing and prevention and creates social change in our community. She noted further that the impact of this type of trauma, if left untreated, may cause an individual to suffer significant health effects such as addiction, mental health issues, depression, high rates of suicide and other physical illnesses. She noted that the agency delivers an average of 3 presentations a day/365 days per year.

Ms. Miller noted that one of CRCC's core values is that it believes that sexual violence is indeed preventable. Prevention education in the schools and through in-depth prevention programs have as its goals: stopping sexual violence before it happens, reduce the stigma associated with these crimes and expanding the community's understanding of these issues.

The comprehensive sexual program proposed will teach students about myths and facts about sexual violence and help them to identify and put words to what they are seeing. A goal for the youth program is to raise a generation who will not tolerate sexual violence and will intervene when needed. Questions from Board members were addressed by presenters. A suggestion was received from Ms. Warr to consider collaboration with faith-based organizations as well as educational institutions.

Motion to recommend approval of allocating funds (\$50,000) to execute a contract with the The Cleveland Rape Crisis Center to the Finance and Operations Committee. MOTION: E. Thoms SECOND: S. FallCreek AYES: R. Blue, E. Cash, S. FallCreek, R. Fowler, H. Snider, M. Step, E. Thoms, W. Tobin, M. Warr, A. Williams NAYS: None / ABSTAIN: None / **Motion passed.**

4. BUPRENORPHINE VOUCHER PROGRAM

On behalf of Dr. Delos Reyes, Ms. Harper highlighted the rationale for the request to develop a pilot project to dispense buprenorphine vouchers for individual patients with opioid addiction. The advantage of this form of treatment is that it has proven to be highly effective for clients. Ms. Harper explained that a previous program had many stipulations such as participation in residential treatment that caused a problem especially for women with children. This model would allow for maximum flexibility in choosing psychosocial treatment options. It was noted that St. Vincent Charity Medical Center would be charged in using the funds (\$50,000) to purchase and dispense buprenorphine and to assist in the administration of the pilot project. She noted that approximately 50 clients would participate for up to 8 months. Ms. Harper fielded committee member's questions.

Mr. Denihan noted that this concept was supported by ODADAS Director Orman Hall at the recent Opiate Conference.

Committee member feedback:

- Dr. Step suggested that some type of provision oversight for the providers might be advisable to maintain oversight consistency. Ms. Harper thanked her for the input & will relay this to Dr. Delos Reyes.
- Dr. Jones advocated for revising the Voucher Program nomenclature to Buprenorphine-Naloxone since Buprenorphine, in and of itself, refers to a street-value drug.

Motion to recommend approval of allocating funds (\$50,000) to St. Vincent Charity Medical Center Pharmacy to implement a pilot voucher program for dispensing Buprenorphine/Naloxone to the Finance and Operations Committee. MOTION: M. Warr / SECOND: R. Blue / AYES: R. Blue, E. Cash, S. FallCreek, R. Fowler, H. Snider, M. Step, E. Thoms, W. Tobin, A. Williams / NAYS: None / ABSTAIN: M. Warr / **Motion passed.**

5. MEDICAID EXPANSION UPDATE

Mr. Denihan noted that a charter bus with approximately 50 people is returning from Columbus from the NAMI advocacy effort to influence the State Senate to favorably consider Medicaid Expansion. In the meantime, the Governor's Office has come up with an alternative option entitled the Ohio Plan which would approve expansion up to 100% of the poverty level and for those earning between 100% and 138% of the poverty level, the state would use Medicaid funds to pay the premiums for individuals to enroll in a private insurance plan through a statewide health insurance exchange. Mr. Denihan confirmed that advocacy efforts in support of Medicaid Expansion will continue.

6. COUNTY LEVY UPDATE

To date, Mr. Denihan noted that there is no change in status. A presentation was made to Community Solutions this morning regarding the response to the 5-Year Plan. This agency will let us know if they will support the concept of a dedicated levy for mental health and addiction services in July. A County Council Levy Fact Sheet was produced and presented recently to the Cuyahoga County Council.

7. S.C.A.L.E. UPDATE (Screening, Centralized Assessment, Levels of Care Assignment & Engagement)

Ms. Harper highlighted the SCALE Weekly Report for the time period of 4/22/13 through 4/26/13. She noted a significant decrease on the number of individuals on the wait list from last month's report. The current number on the wait list for an assessment was 19. There continues to be steady emphasis on the level 3 individuals with regard to diagnostic and level of treatments. (The SCALE Update referenced is attached to the original minutes stored in the Executive Unit.)

Mr. Denihan met with mental health agency providers yesterday at their quarterly meeting and outlined with them that one his goals by the end of the year is to determine: (1) specifically how long it takes from a SCALE assessment for a person to receive the actual treatment, (2) the actual costs for service at the various levels of care (3) how to gain closer variances among providers and reports noting the goal to assure that the money follows the consumer.

Committee Chair, Dr. Jones, stated that committee members have expressed concerns with respect to understanding or comprehending the information contained in the SCALE Report. He suggested holding a conversation about revisiting the form/report in an effort to provide clarity for committee members.

8. SHARES UPDATE

John Garrity, Ph.D., Director of QI/Evaluation & Research, shared a brief update on activities related to SHARES (Shared Health and Recovery Enterprise System). Board staff continues to work with Franklin and Hamilton County on the various teams—Clinical Outcomes, Finance, Information Technology, and Customer Service. The Project Manager has been hired, and the announcement of his name will be shared soon. It is anticipated that the vendor will be on Board very soon.

9. OLD/NEW BUSINESS - None

10. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

Discussion followed on the scheduling of the Veterans Administration Update. Ms. Harper identified scheduling difficulties with VA staff and hopes to schedule a presentation in either June or July.

Proposed Schedule of Topics:

JUNE 2013

- Achievement Centers
- Overview of Community Solutions 5-Year Plan
- County Council Levy Fact Sheet
- Veterans Administration Update (June or July)

Dates yet to be determined:

- CMHA Collaboration
- Defending Childhood
- Forensic/Civil Beds
- Update on Division of Children & Family Services/Team Decision Making Meetings
- Program Reviews – September 2013

There being no further business, the meeting adjourned at 5:20 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair