

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES MARCH 13, 2013

Committee Chair, Pythias D. Jones, M.D., called the P&O Committee meeting to order at 4:05 p.m. and read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Reginald C. Blue, Ph.D., Elsie Caraballo, Stephanie J. FallCreek, D.S.W., Richard Folbert, Robert Fowler, Ph.D., Pythias Jones, M.D., Harvey A. Snider, Esq., Mary Step, Ph.D., Ericka Thoms, William J. Tobin, Mary R. Warr, M.Ed., Anngela Williams / **Absent:** David E. Biegel, Ph.D., Eugenia Cash, MSSA, LSW

Board Staff Present: Carole Ballard, Frank Brickner, Vivian Catchings-El, John Coleman, Christina Delos Reyes, M.D., Craig Fallon, Cheryl Fratalone, John Garrity, Ph.D., Valeria Harper, Myra Henderson, Carol Krajewski, Linda Lamp, Michelle Myers, Esmat Nasr, Scott Osiecki, Laura Simmons, Leshia Yarbrough

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of February 13, 2013, were approved as submitted.

2. BEHAVIORAL HEALTH / JUVENILE JUSTICE (BHJJ)

Linda Torbert, Children's Projects Administrator, reported that the BHJJ program began in 2006 initially serving 40 females. In 2009, the program was expanded to serve male youth and took on 40 more individuals. The program provides intensive probation supervision, intensive case management while using evidence based practices for co-occurring AOD and mental health issues. Ms. Torbert introduced Timothy McDevitt, Director of Probation Services, Cuyahoga County Juvenile Court.

Mr. McDevitt noted that the court has an overarching philosophy of working with youth in the least restrictive environment. Research has indicated that community-based care is much more effective than congregate care. The Court has improved its ability to determine which youth would benefit most from community-based care through the partnership of the BHJJ program. In the last 10-12 years, there were 434 youth entered the juvenile prison system, ODYS (Ohio Department of Youth Services). There are approximately 200+ youth in the residential treatment on an average day and 100 youth in the Youth Developmental Center, which is Cuyahoga County's correctional facility. For FY20013 the Court is on pace to commit 96 youth at ODYS and today we have 59 in residential placement. Mr. McDevitt noted that significant strides have been accomplished as a result of the BHJJ program which has also favorably affected the entire continuum of care for the youth involved.

Dr. Garrity, Director of QI/Evaluation & Research, referenced the Project Evaluation Summary conducted by the Begun Center for Violence Prevention Research and Education at Case Western Reserve University and highlighted the characteristics of the BHJJ participants and evaluation findings. (The summary is attached to the original minutes stored in the Executive Unit.)

- Average age at enrollment was nearly 16.3 years.
- Between 2009 and 2011, 50% of the enrollees were girls.
- 23.8% of females and 8.3% of males had a history of physical abuse.
- 35.9% of females and 8.1% of males had a history of sexual abuse.
- At intake, the majority of youth (60%) were living with their biological mother.
- 72% of families had incomes of below \$35,000 per year.
- 60% of enrollees were African American.
- Just over 80% of the youth were suspended or expelled from school in the 12 months prior to enrollment
- 75% of enrollees had moderate to high risk criminogenic risk assessment scores.
- 22% had felony charges against them in the year before their BHJJ enrollment.
- Co-occurring mental health & substance abuse diagnoses were found in 71% of girls, 82% of boys.
- Nearly 53% of females & 43.2% of males were taking emotional or behavioral medication at enrollment.

Evaluation Highlights:

Recidivism: When youth successfully complete the BHJJ program, the incidence of criminal behavior improves significantly. For example, in the 12 months prior to their BHJJ enrollment, 61.5% of the youth in were charged with at least one misdemeanor, 22% of the youth had at least one felony charge, and 73.7% of the youth had at least one known delinquent adjudication. Following successful completion, **only 27.3% were charged with a new misdemeanor, only 9.1% were charged with a new felony, and 36.4% had a new delinquent adjudication in the 12 months after their termination from BHJJ.**

Drug and Alcohol Use: At intake, 37% of caregivers reported the youth had no problems at all with drugs or alcohol in the past 30 days at intake into BHJJ. At termination, the percentage of caregivers reporting that youth had no problems with drugs or alcohol in the past 30 days had risen to 78.9%.

Trauma: Based on the Trauma Symptom Checklist for Children, a screening instrument for a youth's exposure to trauma, statistically significant improvements in levels of anxiety, depression, anger, posttraumatic stress and dissociation were noted upon discharge from the BHJJ program.

Risk of Out of Home Placement: Of those youth who successfully completed BHJJ treatment, 1.6% were at risk for out of home placement at termination while 56.1% of youth who unsuccessfully completed BHJJ treatment were at risk for out of home placement.

Satisfaction with Services: A strong majority (77.4%) of caregivers either strongly agreed or agreed that their family got the help they wanted for their child and 83.9% were strongly agreed or agreed that they were satisfied with the cultural and ethnic sensitivity of BHJJ staff.

Questions of Board members were addressed by presenters and Board staff.

3. DIVISION OF CHILDREN & FAMILY SERVICES & ADAMHS BOARD COLLABORATION

Valeria Harper, Chief Operating Officer, noted that the Cuyahoga County Division of Children and Family Services officially changed its title from Department to Division in 2009 as a result of its strategic planning process and reported that informal collaboration had existed with this entity prior to the ADAMHS Board's consolidation.

In the Fall of 2012, the ADAMHS Board and DCFS's Executive management team formed a collaborative workgroup in response to the DCFS Strategic Plan and other identified system gaps in order to improve the outcomes for families involved in the child welfare system to gain self-sufficiency and improve parenting skills.

Collaborative efforts include:

- ADAMHS Board's Training Institute, in collaboration with DCFS's Training Department has developed a training plan to provide Mental Health 101 and Alcohol and other Drugs 101 training to nearly 2000 staff members. Training modules have been posted on to the DCFS Web site for newly hired employees and other remaining staff needing training.
- DCFS Team Decision Meetings identified the need for clinical input and expertise from ADAMHS Board contract providers for adults in making critical life decisions on behalf of children and their families. A resolution was recently passed to set aside funds to develop protocols for case managers to attend TDM meetings and a mechanism to reimburse the providers for their participation.
- The DCFS/ADAMHS Board Collaboration will be responsible for developing participation protocols, reporting requirements and reimbursement mechanisms.
- The next meeting of the Collaboration is scheduled for March 27, 2013.

4. MEDICAID EXPANSION

On behalf of Mr. Denihan, Scott Osiecki, Director of External Affairs, provided a brief update on Medicaid Expansion. He noted that we are very excited that Governor Kasich has come out in support of Medicaid Expansion to those up to 138% of the federal poverty level. It has been estimated that there will be health insurance for 800,000 more of Ohio's residents. An e-mail blast was sent out regarding the Medicaid Expansion Extravaganza. Three buses have been chartered to transport about 140 people down to Columbus on Thursday, 3/14/13. Mr. Denihan will introduce the participants attending as the face of recovery, those receiving services and those who will receive services based on the expansion. One of the ADAMHS Board staff members, Chris Morgan, and his father will be testifying.

As Medicaid Expansion is really great; however, the support services such as housing and employment are also necessary in order to support an individual's total recovery. The message to legislators will be to please support Medicaid expansion but also to support additional funding in the budget which is needed to provide the services needed that are not covered by Medicaid.

5. COUNTY LEVY

Mr. Osiecki noted that nothing has really changed on this topic. Basically, it is up to the leadership of the County Executive and County Council to consider the concept of a dedicated levy for mental health and addiction services in Cuyahoga County as recommended in the resolution adopted by the ADAMHS Board of Directors at its February General Meeting.

6. S.C.A.L.E. UPDATE (Screening, Centralized Assessment, Levels of Care Assignment & Engagement)

Dr. Delos Reyes highlighted the SCALE Weekly Report for the time period of 2/25/13 through 3/01/13. The current wait list for phone screens was 0; the number to be added to the wait list for an assessment was 35. As of 3/1/13, there will be 98 people waiting for an assessment. Once assessed, individuals can choose from 9 providers. An effort was made to increase the number of slots available. Starting on 3/4/13, there will be approximately 21 slots available between the 9 agencies instead of the current 16. Dr. Delos Reyes noted that lack of funding is the reason that we are unable to further increase the number of slots. (The SCALE report referenced is attached to the original minutes stored in the Executive Unit.)

7. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

APRIL 2013

- Veterans Administration Update
- Program Review Update
- Medical Marijuana
- Opiate/Heroin Epidemic
- SHARES Update
- Gambling

Future Topics - dates yet to be determined:

- CMHA Collaboration
- Defending Childhood
- County Levy
- SCALE Report

8. OLD/NEW BUSINESS - None

There being no further business, the meeting adjourned at 4:50 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair