

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES

APRIL 9, 2014

Committee Chair, Pythias D. Jones, M.D., called the meeting to order at 4:00 p.m. Mr. Steve Killpack read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Elsie Caraballo, J. Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS, Harvey A. Snider, Esq., , Mary Step, Ph.D., Mary Warr, M.Ed. / **Absent:** Reginald C. Blue, Ph.D., Eugenia Cash, LSW, MSSA, CDCA, Richard Folbert, William J. Tobin, Anngela Williams

Board Staff Present: William M. Denihan, C.E.O., Frank Brickner, Ada Cancel, Vivian Catchings-EI, Danei Chavez, John Coleman, Michael K. Doud, Cheryl Fratalonie, John Garrity, Ph.D., Valeria A. Harper, Chris Morgan, Linda Lamp, Esmat Nasr, Scott Osiecki, Laura Simmons, Thomas Williams, Linda Torbert

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of March 19, 2014, were approved as submitted.

2. MENTAL HEALTH SERVICES IN THE DETENTION CENTER

Linda Torbert, Children's Projects Administrator, explained the rationale for providing additional staff and services in the Cuyahoga County Juvenile Court Detention Center since there was a significant increase in re-admissions into the detention center during Calendar Year 2013.

Given this service need, Ms. Torbert introduced a creative proposal that would amend the current model by increasing staff and clarifying roles to ensure there is sufficient coverage for assessment, coordination of services and post-discharge planning, which will allow the psychiatrist(s) to be accessed specifically for consultation and pharmacological emergencies. ADAMHS Board staff was also involved in the planning of the program expansion within the detention center. In an effort to support the expansion, Ohio Department of Youth Services (ODYS) is providing one-time funding to assist with the expansion with the hope that Cuyahoga County Juvenile Court will also participate in the collaboration of funding to support the goal of reducing the recidivism rate in the detention center. The overall goal of the project is to reduce re-admissions through symptom stabilization, psychiatric monitoring, behavioral health assessments when appropriate, care coordination and extensive discharge planning. The recommended funding request for Catholic Charities is \$60,000.00, which would provide additional staff and services in the Cuyahoga County Juvenile Court Detention Center during the time period of 5/1/14 through 12/21/14.

Angela Ivancic, Director of Outpatient Mental Health, Catholic Charities Services Corporation, the current service provider for this project, noted that the staff currently located at the detention center includes two Therapists, in addition to twelve hours of psychiatry time on a weekly basis. The role of the two Therapists is to primarily complete initial assessments, monitor for suicidology and/or any type of crisis situation, and provide minimal counseling. The Psychiatrist visits the detention center twice a week, once for eight hours and once of four hours. Current staff receives referrals from Catholic Charities Services Corporation's clinical staff and/or detention center staff, but typically are filtered through staff from Catholic Charities Services Corporation to ensure appropriate program referrals.

Board member input:

- Ms. Warr expressed an interest in an update relative to staffing ratios at the detention center.

Motion to approve the funding request of \$60,000.00 from Catholic Charities Services Corporation for additional staff and services in the Cuyahoga County Juvenile Court Detention Center to the full Board at the General Meeting. MOTION: M. Warr / SECOND: H. Snider / AYES: E. Caraballo, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Step, M. Warr / NAYS: None / ABSTAIN: None / **Motion passed.**

3. CLEVELAND DEPARTMENT OF HEALTH'S PREVENTION SERVICES

Danei Chavez, Prevention Planning Specialist, stated that the Department of Health's prevention programs under consideration would impact the system by building a foundation and strengthening the prevention message to high risk youth in the community.

Ms. Chavez noted that prior to funding reductions in 2010, the City of Cleveland Department of Public Health provided services for two prevention programs. The first program was a school-based prevention program known as the "student assistance program", which provided intervention services to youth of the Cleveland Metropolitan School District (CMSD), specifically East Clark, a Pre-K Elementary School in Collinwood. The second program was a summer program that worked in collaboration with Youth Opportunities Unlimited, which was a youth employment program known as the "TeenBiz" program. This program provided comprehensive youth development trainings such as mentoring, peer education, grant writing, and podcasting/audio drama.

Ms. Chavez highlighted that prior to 2010; the City of Cleveland Department of Public Health had provided stellar documentation relative to these two programs, in addition to filling the gap within the prevention continuum of program services funded through the ADAMHS Board.

David Gretick, Director, City of Cleveland Department of Public Health, explained that the allocation of \$50,000.00 to the City of Cleveland Department of Public Health would restore prevention programming through these two programs. Discussion ensued regarding the selection of the East Clark Elementary School, the demographics of this school and the general aim and outcomes of these two programs.

Mr. Gretick noted that the staffing for these two programs would include a Prevention Services Director, which is a highly detailed skilled position and is reflected in the personnel cost.

Board member input:

- Ms. Warr expressed an interest in the second component "TeenBiz" and inquired around the grant writing component of the program. She noted the value and support of youth working during the summer. However, while reading what youth are exposed to and where they are training, there is some concern around the grant writing piece. Ms. Chavez noted that grant writing enhances research and library skills.
- Ms. Warr noted that youth need to know Basic English, composition, and language usage, in addition to having good mentors, who will teach them to be studious as well as the world of employment and employment skills.
- Ms. Caraballo inquired as to whether services would be offered in Spanish. Mr. Gretick noted that they would not be.

Motion to approve the funding request of \$50,000.00 from the City of Cleveland Department of Public Health to restore prevention programming to the full Board at the General Meeting. MOTION: H Snider / SECOND: E. Caraballo / AYES: E. Caraballo, B. Fowler, K. Kern-Pilch, H. Snider / NAYS: S. Killpack, M. Step, M. Warr ABSTAIN: None / **Motion passed.**

4. SUICIDE PREVENTION

Scott Osiecki, Director of External Affairs, explained the rationale for the 2014 Suicide Prevention Awareness Postcard Campaign. He noted that the ADAMHS Board is an active member of the Cuyahoga County Suicide Prevention Task Force. The Board has been running an Awareness Campaign, with radio spots, billboards, RTA exterior and interiors, kiosks and print ads, on and off from February 2005 through March 2013. The purpose of the campaign is to reach as many citizens of Cuyahoga County with the message: *Do you know someone thinking about suicide?* and direct people who are in need of help or more information to the ADAMHS Board 24-hour suicide prevention, mental health information and referral line for adults and children, 216.623.6888, which is operated by FrontLine Service.

Mr. Osiecki highlighted the following Suicide facts:

- Over 35,000 Americans die by suicide every year
- Over 1,200 Ohioans die by suicide each year (*an average of nearly three suicides per day in Ohio*).
- 148 Cuyahoga County residents died by suicide in 2012 and 144 died by suicide in 2013.
- In 2012, 170 people died by suicide in Northeast Ohio. The statistics for these 170 people were used to reflect the demographics for Cuyahoga County.

Mr. Osiecki noted that the Cuyahoga County Suicide Prevention Task Force believes that a suicide prevention awareness campaign needs to be run in Cuyahoga County. However, the task force and Board staff would like to pursue an alternative strategy, given the focus on the Heroin Prevention Campaign. Rather than the multi-media campaign, the Task Force would like to utilize a Direct Mail Postcard Campaign in conjunction with May is National Mental Health Month, which would include the following:

- Signs that someone may be thinking of suicide.
- What to do if someone you know may be thinking of suicide.
- Hotline Number: 216-623-6888.
- QR barcode leading to the Board's Web site for Crisis Chat and online depression and other screenings.
- Number for FrontLine for Crisis Text.
- Graphics from the Suicide Prevention Campaign.

Mr. Osiecki noted that the areas of Cuyahoga County that were selected to receive the postcard are based on the standard method of measuring the suicide rate of a community, which is the number of deaths by suicide per 100,000 residents. He indicated that by using this method, a number of cities, specifically nineteen cities, with a suicide rate higher than 12 per 100,000, and at least 3 suicides in the two-year period of 2012 and 2013 were highlighted.

Working from statistics provided by the United States Census Bureau of 2.3 people per household in Cuyahoga County and a total population of the highlighted nineteen cities of 416,470, there are approximately 180,000 target households. The Cuyahoga County Suicide Prevention Task Force plans on utilizing lists of registered voters from the Cuyahoga County Board of Elections for each of the communities and eliminate the duplicate households, to maximize the Direct Mail Postcard Campaign to 180,000 households. The postcard would be addressed to "resident" and not a particular individual. Mr. Osiecki noted that concurrently, correspondence would also be forwarded to the Mayors of the targeted cities to explain the logic behind the selection process.

Mr. Osiecki noted that the postcard has to be a specific size in order to obtain a bulk rate mailing cost. He stated that the committee determined that there were a number of things this campaign was focused on, the first being May is National Mental Health Month. Additional information on the postcard included the sharing of information on suicide prevention ranging from statistics on a national level, state level, and lastly county level. Mr. Osiecki referenced that on the opposite side of the postcard a statement is identified as "Do You Know Someone Thinking About Suicide?" with additional information regarding the fact that there is help, whether by calling Cuyahoga County's 24-Hour Suicide Prevention Hotline: 216-623-6888, Crisis Chat online through www.adamhsc.org, or Crisis Text.

Board member input:

- Dr. Fowler expressed an interest in the ability to measure the effectiveness of this campaign. Mr. Osiecki noted that measuring the effectiveness of this campaign would be completed as any other campaign; through the number of calls, crisis texts, and the number of crisis chats that would be received.
- Ms. Warr expressed an interest in linking this campaign with the Faith based community to educate them regarding the issues presented.
- Mr. Killpack noted that the postcard could utilize minimal Spanish text.

- Dr. Step noted the high number of suicides by elderly individuals, particularly males, identified as 65+. Questions arose as to where they are and where they are living within certain communities. Dr. Step inquired as to the possibility of obtaining a select sample of individuals that received the postcard to participate on a focus group to discuss thoughts and obtain feedback relative to receiving the postcard during this campaign.
- Ms. Caraballo noted that emailing this postcard to organizations in the community would enhance the campaign. Mr. Osiecki highlighted that this postcard will be emailed to organizations in the community, at no additional cost to the campaign.

Motion to approve the funding request for a total estimate of \$51,380.00 for the 2014 Suicide Prevention Awareness Direct Mail Postcard Campaign to the full Board at the General Meeting. MOTION: H. Snider
SECOND: S. Killpack / AYES: E. Caraballo, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Step, M. Warr
NAYS: None / ABSTAIN: None / **Motion passed.**

5. CATHOLIC CHARITIES' FIRST PROJECT

Esmat Nasr, Adult Programs Specialist, explained the rationale for one-time funding for medication assistance for the Cleveland Catholic Charities FIRST Project. Ms. Nasr introduced Angela Ivancic, Director of Outpatient Mental Health, and Emily Currie Manning, Program Director, Catholic Charities Services Corporation who were present to represent the FIRST Project.

Ms. Nasr noted that these funds would be utilized by individuals in the First Project for assistance with psychotropic medication. She highlighted that the First Project offers comprehensive treatment for individuals ages 15-40 who have had an initial episode of a schizophrenia spectrum disorder and reside in Cuyahoga County. She also stated that the ADAMHS Board has allocated funding in the amount of \$20,000 to Cleveland Catholic Charities as start-up funding for the FIRST Project in Cuyahoga County. The FIRST Project is a collaborative partnership with NeoMED BeST Center, which also provided funding in the amount of \$20,000 to Cleveland Catholic Charities.

Ms. Nasr noted that the uniqueness of this program is that it consists of a comprehensive team approach. Program goals are linkage to housing, rapid placement in the workforce and assistance with educational goals while not pursuing Social Security Income (SSI) or Social Security Disability Income (SSDI) benefits. She highlighted that the ADAMHS Board allocated \$65,000 to Cleveland Catholic Charities for Supported Employment, which assists with the FIRST Project's goal of "rapid employment". Other services include: individual counseling, family psychoeducation, case management and pharmacological management. These services are covered under Cleveland Catholic Charities Non-Medicaid fee for service contract with the ADAMHS Board. However, the major concern is that without pursuing SSI or SSDI benefits for FIRST Project participants, Cleveland Catholic Charities needs assistance for the purchase of Psychotropic Medication for these individuals. The provider agency does not have Central Pharmacy.

Board member input:

- Mr. Snider commended NeoMED BeST Center for their ability to be in the forefront of getting out in the community to identify the initial schizophrenia patient, which is being accomplished through Cleveland Catholic Charities. Overall, the effect this project is having is profound and is looked at throughout the State of Ohio as a program that should be duplicated.
- Ms. Warr inquired as to the commencement of the current program in existence. Ms. Manning noted that the program started accepting referrals on February 3, 2014. She stated that the staff had to participate in an intensive training program; meeting on a weekly basis, in addition to canvassing hospitals and other stakeholders in the community with information on how to make referrals and what the criteria is for accepting new participants into the program. Presently, there are four participants in the program, which has a target of twenty five participants.

- Ms. Warr inquired about the utilization of "Hot Spot" funding, due to this program being one of three in Ohio. The other two programs residing in Summit and Portage Counties. Mr. Denihan noted that in his view, it could be, however, in the state's view, it may not be. The state's view is collaboration across contiguous county lines. Mr. Denihan noted that Cuyahoga County's "Hot Spot" funding was utilized to maintain open intakes at the provider agency level to keep individuals from going to adjacent counties for services.
- Dr. Jones expressed an interest in receiving a projected report of the outcomes from the FIRST Project. Ms. Manning stated that this project is scheduled to complete at the end of Calendar Year 2014, and an outcomes report could be provided at the February, 2015 Planning & Oversight Committee meeting.

Motion to approve the one-time funding request of \$10,000.00 for Cleveland Catholic Charities FIRST Project to the full Board at the General Meeting. MOTION: H. Snider / SECOND: M. Step / AYES: E. Caraballo, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Step, M. Warr / NAYS: None / ABSTAIN: None / **Motion passed.**

6. PARMADALE UPDATE

Linda Torbert and Michael K. Doud, Adult Behavioral Health Services Administrator, noted their involvement with Parmadale prior to and during the closure. Ms. Torbert highlighted the steps taken by the ADAMHS Board to provide assistance with this transition. She noted that Parmadale has been known in the community as taking the most difficult youth in our system for children and has never declined admission for youth. Parmadale has always been very helpful.

Ms. Torbert stated that during July, 2013, allegations were brought to the ADAMHS Board of Directors attention for inappropriate conduct with the youth in the facility. Approximately thirty days thereafter, there were additional allegations of supervision and monitoring of youth in the facility. This scenario led to a probation status in August, 2013, which meant that Parmadale was no longer able to admit any other children into the facility. She noted that there were ongoing evaluations and investigations by the State. During September, ADAMHS Board staff participated in a site visit to listen to the investigation, in addition to a review of staff practices and policies, along with client rights, relative to the allegations and the probation status. In January, ADAMHS Board staff was informed that Parmadale was going to close on February 28, 2014. Once an official notice from Patrick Gareau, President and Chief Executive Officer of Catholic Charities, was received by Mr. Denihan, ADAMHS Board staff was able to visit the facility to determine their role relative to the transition.

Ms. Torbert stated that Valeria A. Harper, Chief Operating Officer and herself met with Mr. Chuck Rossi, Director of Parmadale Institute, and learned that fourteen youth remained in placement. The youth remaining in placement were in the custody of the Division of Children and Family Services (DCFS) and remained in the custody of their parents, who made decisions on their behalf. ADAMHS Board staff learned from the final report that Ms. Torbert received from the DCFS Placement Manager, that some of these youth were going to be returned to the community and some of the youth were going to be transitioned to other residential placements. There was much difficulty with the youth who were transitioning to other residential placements; trying to find them a placement within this county, which has limited resources for youth with challenging behaviors. This made residential placement more difficult to occur.

Ms. Torbert provided a snapshot of the fourteen youth remaining in placement. When youth remain in residential treatment for a long period of time, this scenario makes it more difficult to transition into the community or to find them another placement. However, all the youth in question were successfully transitioned out of Parmadale for the facility to close.

Ms. Torbert noted that some Parmadale staff have been disbursed amongst the Catholic Charities organization. She highlighted that there was support of an employment resource fair, along with job training skills for individuals that were employed for a lengthy period of time, in order to assist them with transitioning to new employment.

Mr. Doud noted that Catholic Charities approached Mr. Denihan shortly after ADAMHS Board conducted a visit to Parmadale to request permission from the Board to support a repurpose of the Parmadale facility. As a result of Mr. Denihan's support letter to the Ohio Department of Mental Health and Addiction Services (OhioMHAS), due to capital funds investment, for Catholic Charities to transfer Matt Talbot's Alcohol and Drug Residential Treatment Program for men to this location for expansion.

7. SHARES UPDATE *(Shared Health & Recovery Enterprise System)*

Dr. John Garrity, Director of QI/Evaluation & Research, noted that progress continues on the development of the new software program for the SHARES project. He noted that the SHARES project is a joint effort between Cuyahoga, Franklin and Hamilton Counties with a full data management system that will support client enrollments, benefits management, provider contracting, payment and claims process, and most importantly the outcome system. Dr. Garrity highlighted that the discovery phase and gap analysis has been concluded. Currently, efforts are directed to the design phase and to address the customization needed for the software.

Dr. Garrity noted that a Web site has been established that will allow Boards to share documents for collaborative efforts across all three networks. This Web site is secure yet independent of each other. Web based help desk software has also been designed using Phaseware and will be up and running with the primary goal to teach Board staff and providers how to navigate the SHARES system. He also noted that each Board could customize their web based help desk.

Dr. Garrity highlighted that other Boards are very interested in this project. He noted that MACSIS is disappearing and the remaining Boards are becoming aware of this situation. Therefore, there is much more interest from other Boards in the status of the SHARES project and their opportunity to participate. Hence, a Marketing and Information Committee is working on sharing information for distribution with other smaller Boards that have expressed an interest in the SHARES software once it is up and running. The hope is that the three initial Boards may be able to recoup some of their original investment when other Boards join the effort.

8. SCALE UPDATE *(Screening, Centralized Assessment, Levels of Care Assignment & Engagement)*

Michael Doud referenced the SCALE Calendar Year 2013 Annual Summary and the 2013 SCALE Report, which identifies the number of slots by provider agency. He noted that SCALE is below capacity. As a result of this, the SCALE provider agencies are accepting Level 2 clients, which are non-SMD diagnosed clients. Mr. Doud highlighted that dialogue has occurred with a SCALE provider agency, Connections, regarding the "Closing the Loop" report to track the length of time it takes the client to engage the referral per Provider Agency.

Mr. Doud noted that he received a SCALE report today from Connections for the first quarter and the numbers continue to decline. The numbers are below where they were at this time last year. ADAMHS Board staff believe the trend in 2013 was due to the expansion of Medicaid in Cuyahoga County with MetroHealth Care Plus.

Mr. Doud highlighted that ADAMHS Board staff have recently met with SCALE provider agency representatives to discuss the Levels of Care. He noted that Dr. Sabet has also been involved with minor changes to the Levels of Care for the draft Levels of Care document to become official. Mr. Doud stated that SCALE representatives will also be meeting in the near future to discuss a SCALE Benefit Service Package to determine the average cost per client by Levels of Care within each of the nine participating provider agencies. Once the average cost per client by Level of Care is determined, this information would be presented to the system for utilization. The goal is to have this complete by July 1, 2014.

9. OLD/NEW BUSINESS

Mr. Denihan provided an update regarding the status of House Bill 369 (H.B. 369). He noted that the ADAMHS Board previously passed a Resolution asking the General Assembly not to pass House Bill 369, or the Mid Budget

Review. However, this Bill is being voted on today and if this Bill passes the House, funds will be utilized in the following manner:

- \$24.8 M for ninety beds, six regional step down crisis, 480 beds for rural and 400 beds for urban areas
- \$8.8 M for Drug Court Case Managers
- \$5 M for substance abuse prevention treatment
- \$5 M for prevention
- \$3.7 M for Residential State Supplement (RSS)

Mr. Denihan noted that the total funds that were awarded two years ago will be withdrawn to fund the aforementioned. He highlighted that all of the ADAMHS Board provider agency contracts that were approved during previous Board of Director meetings would be impacted. Mr. Denihan also explained that Cuyahoga County's share of these funds amounts to \$7.5 M. Hence, an ADAMHS Board All Provider Agency meeting has been scheduled for tomorrow to discuss this important matter.

Mr. Denihan explained that advocacy efforts will be put forth to identify that what is being proposed is needed. However, the items being proposed should be funded through Medicaid expansion and not with funding that has previously been appropriated by local Boards.

10. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE

Dr. Jones read the list of potential future topics for the P&O Committee.

On-Going Updates:

- S.C.A.L.E.
- S.H.A.R.E.S.

MAY 2014

Dates - To Be Determined:

- Cuyahoga County Board of Developmental Disabilities
- CMHA Collaboration
- Medicaid Expansion
- Gambling
- Sober Beds
- ADAMHS Board Collaboration with the Division of Children and Family Services

There being no further business, the meeting adjourned at 5:40 p.m.

Submitted by: Linda Lamp, Administrative Assistant II

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair