

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES
MARCH 19, 2014

Committee Chair, Pythias D. Jones, M.D., called the meeting to order at 3:00 p.m. Mrs. Katie Kern-Pilch read aloud the Committee Mission Statement: *"The Planning and Oversight Committee, in cooperation with all partners, advocates for and monitors programs, policies and practices which are continually improved to meet the needs of consumers, their families and the community."*

Committee Members Present: Eugenia Cash, LSW, MSSA, CDCA, J. Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS, Harvey A. Snider, Esq., Mary Warr, M.Ed., Angela Williams / **Absent:** Reginald C. Blue, Ph.D., Elsie Caraballo, Richard Folbert, Mary Step, Ph.D., William J. Tobin

Board Staff Present: William M. Denihan, C.E.O., Tonya Birney, Frank Brickner, Vivian Catchings-El, Cheryl Fratalone, John Garrity, Ph.D., Valeria A. Harper, Carol Krajewski, Linda Lamp, Michelle Myers, Scott Osiecki, Starlette Sizemore-Rice, Linda Torbert, Leshia Yarbrough-Franklin

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of November 13, 2013, were approved as submitted.

2. DETOX: NEW DIRECTIONS FUNDING REQUEST

Linda Torbert, Children's Project Administrator, explained the rationale for increasing pharmacological management for adolescents since there are limited resources for detoxification beds or services for youth within the children's system.

Given this service need, Mr. Mike Matoney, Chief Executive Officer of New Directions, a provider agency that delivers co-occurring treatment for adolescents requiring extensive support relative to their alcohol/drug and mental health challenges, introduced a creative proposal that would help to retain adolescents in the treatment program who are suffering from the effects of opiate and heroin withdrawal. ADAMHS Board staff were also involved in the planning of the proposal. The purpose of the specific interventions is to decrease discomfort associated with abruptly discontinuing chemical use. Mr. Matoney introduced the core team/staff associated with the program. The recommended funding request for New Directions is \$46,800.00 which would provide additional psychiatric hours to provide increased pharmacological management during the time period of 4/1/14 through 12/21/14. It is anticipated that over 100 clients would be helped through the increased pharmacological management program.

Motion to approve the funding request from New Directions for increased pharmacological management for adolescents to the Finance & Operations Committee. MOTION: H. Snider / SECOND: S. Killpack
AYES: E. Cash, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Warr, A. Williams / NAYS: None
ABSTAIN: None / **Motion passed.**

3. LUTHERAN METROPOLITAN MINISTRY: FORENSIC PROPOSAL REQUEST

Michelle Myers, Residential Specialist, noted that the pilot project under consideration addresses the increasing number of individuals returning from correctional facilities or the criminal justice system in need of housing.

Maria Foschia, Vice President of Adult Support & Advocacy/Services to Adult Care Facilities (SACH) a program of Lutheran Metropolitan Ministry (LMM), noted that SACH is a program that provides education, training, technical assistance and consultation to operations of Adult Care Facilities (ACFs). One of the driving principles of LMM is that "we believe in second chances." SACH's mission is to provide the most optimal care for clients residing in ACFs.

Ms. Foschia noted that 6,000 persons returned to Cuyahoga County from prison in 2013. This project envisions Adult Care Facilities playing a greater role in supplying housing options for this population by providing a comprehensive training approach. The curriculum will involve classroom training and will include: (1) Forensics training tract, #101; (2) mental illness as it relates to the forensic population; (3) an overview of the criminal justice system (4) understanding the social influences on criminal behavior. The pilot will include technical assistance and quality assurance measures built in.

The pilot will be open to any AFC operator in the County to apply; however, a screening process will be in place to assure that the operator meets the required criteria and has the proper licensure, etc. It is anticipated that four group homes will be involved during the intensive training tract and project development. A peer group presentation is also planned; Ms. Doris Jacobs will lead the project.

Board member input:

- Ms. Warr expressed an interest in an update from ACF's involved at the conclusion of the pilot project.
- On behalf of absent committee member, Dr. Mary Step, the Chair asked for general breakdown of the budget for the requested funding amount, preliminary figures were provided: 1.5 full-time equivalent = \$54,000; operating expenses - \$1,100; program operations - \$4,000. It was noted that additional details will be provided.

Motion to approve the Forensic Proposal Request from Lutheran Metropolitan Ministry to the Finance & Operations Committee. MOTION: H. Snider / SECOND: E. Cash / AYES: E. Cash, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Warr. A. Williams / NAYS: None / ABSTAIN: None / **Motion passed.**

4. REFUGEE PROPOSAL

Valeria Harper, Chief Operations Officer, noted that the ADAMHS Board leadership team first became familiar with the Refugee Services Collaborative (RSC) of Greater Cleveland last summer. Staff learned that refugees are assigned to cities through the government and to designated sites; Catholic Charities is one of the designated sites.

Dr. Kate Conway, from ASIA (Asian Services in Action) utilized a power point presentation to illustrate the pictures and the plight of refugees; she noted that half of all refugees are women and children. Recently a local mental health crisis management plan was undertaken by the RSC in response to a disturbing growing number of suicide attempts and completions among the Bhutanese refugee community in the Cleveland and Akron areas. Within a span of three weeks, there were two suicide attempts that left the victims critically injured and one death by suicide. This was in addition to three other deaths by suicide that occurred in Cleveland earlier. Finally, it is anticipated that approximately 500 refugees are expected to arrive in the Cleveland area annually over the next several years.

RSC is proposing to conduct a needs assessment of existing mental health resources available to inform the Board as to the current behavioral health system's capacity to serve refugee with culturally specific questions and staff interviews to identify existing diversity in trained mental health professional as well as to quantify the gaps in the system. The cost of interpretation services is expensive and often times limited based on the treating agency's budget. The former Mental Health Board provided a pool of resources and contracted with Cleveland Hearing and Speech of interpreting services. However due to continuous funding reduction, the contract was not renewed. Having access to a pool of funds that can be shared by the contract agencies working with refugees will provide culturally sensitive treatment services for the individual and their family.

Board staff recommends the allocation of funding to ASIA Services, a current contract agency of the ADAMHS Board, on behalf of the Refugee Services Collaborative of Greater Cleveland in the amount of \$35,000.00 to conduct a needs assessment of the providers capacity to serve refugees and funds for translation services during the course of treatment during the time period of April 1, 2014 to December 31, 2014. Discussion followed.

Motion to approve the Refugee Proposal from ASIA Services to conduct a needs assessment for this specific population group to the Finance & Operations Committee. MOTION: R. Fowler / SECOND: E. Cash / AYES: E. Cash, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, A. Williams / NAYS: M. Warr / ABSTAIN: None / **Motion carried.**

5. SEASONS OF HOPE CY2013 ANNUAL REPORT

Leisha Yarbrough-Franklin, while introducing Faith Dickens, Director of Program Services, and Kim Fowler, Seasons of Hope Program Manager, mentioned that efforts to spread the word about this "safe house" have been so successful that an increased volume of women have been using the alternative safe house and have been arriving at the home well before the hours of operation. A total of 640 women visited the Seasons of Hope safe house in 2013.

Ms. Dickens highlighted the following issues from the Annual Report that were identified by women, in addition to substance use:

- 460 women have a past history of addiction treatment both residential & outpatient settings
- 330 women had extensive use histories but had never sought out treatment and 150 verbalized no current desire for treatment. All women were given information and referral data and 180 reported an intention of seeking treatment.
- 220 women reported some mental health concerns, had a previous relationship with a mental health provider and case manager, and were prescribed but not always using medication.
- 600 of the women visiting the house reported physical and sexual trauma in the form of childhood molestation, domestic violence or rape.

Ms. Fowler reported that in recent months there has been a high volume of women in need of a safe place to go at night and they continue to show up earlier than the scheduled hours especially during daylight savings time. It is recommended that the Seasons of Hope hours change their hours of operation to 7:00 p.m. until 7:00 a.m. the following morning, seven days a week. The increased allocation would be used for additional staffing hours.

Board staff recommends awarding Hitchcock Center for Women, Seasons of Hope Safe House and Outreach Program an increase in its annual allocation to extend the hours of operation in the amount of \$20,000.00. If the increase is approved, the total annual budget for this program would be \$180,000.

Motion to approve the concept of extending the hours at the Seasons of Hope Safe House and Outreach Program and subsequently increase their annual allocation by \$20,000 to the Finance & Operations Committee. MOTION: H. Snider / SECOND: K. Kern-Pilch / AYES: E. Cash, B. Fowler, K. Kern-Pilch, S. Killpack, H. Snider, M. Warr. A. Williams / NAYS: None / ABSTAIN: None / **Motion passed.**

6. SHARES UPDATE (*Shared Health & Recovery Enterprise System*)

Dr. John Garrity, Director of QI/Evaluation & Research, noted that the discovery phase and gap analysis has been concluded. Currently, efforts are directed to the design phase and to address the customization needed for the software. No additional expenses are anticipated.

A document is being developed to share a Web site that will allow Boards to work together yet still be independent of each other. A help desk is also up and running for the implementation project and for use by staff and providers. A Marketing and Information Committee is working on sharing information for distribution with other smaller Boards that have expressed an interest in the SHARES software once it is up and running. The hope is that the three initial Boards may be able to recoup some of their original investment when other Boards join the effort.

7. SCALE PROGRAM ANNUAL REPORT (*Screening, Centralized Assessment, Levels of Care Assignment & Engagement*)

In the interest of time, Ms. Harper referenced the SCALE Calendar Year 2013 Annual Summary distributed and suggested that P&O Committee members contact her with any questions.

8. HEROIN PREVENTION CAMPAIGN UPDATE

Mr. Osiecki utilized a power point presentation to illustrate the activities and elements of the Heroin Prevention Campaign. A Heroin Death Tracking chart was developed to show a comparison of deaths for the time period of 1980 to 2013. Additionally, photos illustrated the various media spots: billboards, radio spots, TV spot, Web page, Bus Tail Lights, Kiosks, Bus & Rapid Interiors, etc.

Also a brochure, entitled, "Heroin: Now What?" was developed to answer the following questions: How would I know if someone is using heroin? What should I do? What else should I know? What is heroin? Who is using heroin? Why is heroin use increasing? A copy of the brochure and power point presentation is attached to the original minutes stored in the Executive Unit.

9. OLD/NEW BUSINESS - None**10. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE**

Dr. Fowler read the list of potential future topics for the P&O Committee.

On-Going Updates:

- S.C.A.L.E.
- S.H.A.R.E.S.

APRIL 2014

- Parmadale Update
- Mental Health Services in the Detention Center
- Cleveland Department of Health: Prevention - (April or May)

Dates - To Be Determined:

- Cuyahoga County Board of Developmental Disabilities
- CMHA Collaboration
- Medicaid Expansion
- Gambling

There being no further business, the meeting adjourned at 4:20 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: Pythias D. Jones, M.D., Planning & Oversight Committee Chair