

ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD OF CUYAHOGA COUNTY

PLANNING & OVERSIGHT (P&O) COMMITTEE MINUTES APRIL 8, 2015

Committee Chair, Robert Fowler, Ph.D., called the P&O Committee meeting to order at 4:00 p.m.

Committee Members Present: Reginald C. Blue, Ph.D., Eugenia Cash, LSW, MSSA, CDCA, Robert Fowler, Ph.D., Pythias D. Jones, M.D., Katie Kern-Pilch, MA, ATR-BC, LPC-S, Steve Killpack, MS, Mary M. Step, Ph.D., Mary Warr, M.Ed., Angela Williams / **Absent:** Elsie Caraballo

Board Staff Present: William M. Denihan, C.E.O., Michael Doud, Cheryl Fratalone, John Garrity, Ph.D., Valeria Harper, Esther Hazlett, Myra Henderson, Carol Krajewski, Ralph Piatak, Linda Torbert, Leshia Yarborough-Franklin

1. APPROVAL OF MINUTES

The Planning and Oversight Committee minutes of March 11, 2015 were approved as submitted.

2. INTEGRATION OF PHYSICAL & BEHAVIORAL HEALTH RESIDENTIAL TREATMENT SERVICES PILOT – CATHOLIC CHARITIES: MATT TALBOT

Adult Programs Specialist, Leisha Yarborough-Franklin, noted that Board staff learned from Alcohol and Other Drug (AoD) residential treatment providers that when clients need to go off-site for medical and psychiatric treatment appointments, it often impacts their ability to participate in the required number of AoD treatment service hours. Upon the request of Board staff, Catholic Charities Corporation submitted a proposal to initiate an AoD residential treatment/integrated physical health care and medication assistant treatment pilot. The proposed medical clinic to be located at Parmadale will operate during normal daytime business hours and have 24/7 on-call medical staff. The staff will include a full-time Registered Nurse, a full time Licensed Practical Nurse and a part-time weekend LPN, a Medical Doctor (12 hours/week) and a Psychiatrist (10 hours/week).

Maureen Dee, Catholic Charities' Executive Director, reported that as the program has grown so have the complex needs of clients. This initiative will enable Matt Talbot for Men to accept more individuals with medical complications and reduce the number of off-site appointments so that clients can participate in the 30-hour treatment services. She noted that the Parmadale campus already has a unit set up as a clinic.

Ms. Dee addressed other questions of committee members. Board member input is noted below:

- Upon review of the proposed budget provided, Ms. Warr advocated for hiring minorities for new positions.
- A brief discussion was held regarding the importance of spirituality in the recovery process; Ms. Dee noted that Catholic Charities does encourage the spirituality component in a person's recovery journey.
- A request was made for specifics with regard to the performance measures for updates in the future.
- Interest was expressed in learning how many off-site visits occurred within the program prior to the pilot period, as well as how many hours missed from group therapy sessions; this will allow for comparison of outcomes as a result of the pilot program.

As this is a pilot project, Mr. Denihan noted that Board staff will provide a status report within six-months.

Motion to recommend approval of the Advance Request from the Hitchcock Center for Women to the Finance & Operations Committee. MOTION: S. Killpack / SECOND: M. Step / AYES: R. Blue, E. Cash, P. Jones, K. Kern-Pilch, S. Killpack, M. Step, M. Warr, A. Williams / NAYS: None / **Motion passed.**

3. HITCHCOCK CENTER FOR WOMEN (HCFW) ADVANCE REQUEST

Mr. Denihan acknowledged the unfortunate funding reductions experienced by HCFW. The agency's funding was cut \$170,000 by United Way, \$500,000 by HUD, and \$70,000 by the state causing the agency to deplete its cash reserves by a total loss of \$740,000 in one year. Mr. Denihan introduced HCFW Board Chair, Steve Monto, Executive Director, Mary Baize, and Chief Financial Officer, Mark Crenshaw, and reported that many meetings have been held with this agency to address the current situation.

It was noted that the \$150,000 advance request received from HCFW is needed to meet its current financial obligations, including vendors and payroll. ADAMHS Board staff did conduct a Financial Stability Review of HCFW and determined that an advance on the agency's future billings is needed. The advance would be recouped between the months of May through December 2015. The repayments would be made against Hitchcock's Residential Treatment claims submissions.

Ms. Baize elaborated on the policy changes of the various funders that hit the agency simultaneously without much notice. Preliminary actions were taken by HCFW to reduce staff for those programs affected and to look at how many treatment beds were not covered by Medicaid due to Medicaid requirements. Even with the significant changes, the agency needed to contact the ADAMHS Board for assistance. Mr. Crenshaw noted that the loss of \$7450,000 on an annual basis is approximately 1/3 of HCFW's budget. The advance will provide some breathing room to make changes that will generate additional revenue. It was noted that the agency is receptive to partnering with other organizations and is open to exploring a partnership with the VA as it may be able to offer short-term housing solutions for female homeless veterans.

In order to stay in business, Director Baize anticipates expanding intensive outpatient services (IOP) to obtain access to additional Medicaid dollars, expanding Recovery Housing to address the needs within the community, look for other untapped funding sources, and to look into an option of finding a partner to enhance and support the agency's mission. Mr. Denihan pointed out that the ADAMHS Board is HCFW's partner and will work to bring solvency to the situation. Board staff will assist the agency to with Medicaid billing issues which will help to generate more revenue.

Ms. Baize responded to a Board member's question confirming that HCFW does accept women directly from jails and prisons for outpatient treatment. Ms. Williams noted a concern that the alumni group had not been meeting for some time at HCFW. Ms. Baize noted that she would check into this issue. Ms. Baize noted her appreciation for the support of Board staff.

Motion to recommend approval of the Advance Request from the Hitchcock Center for Women to the Finance & Operations Committee. MOTION: S. Killpack / SECOND: M. Step / AYES: R. Blue, E. Cash, P. Jones, K. Kern-Pilch, S. Killpack, M. Step, M. Warr, A. Williams / NAYS: None / **Motion passed.**

4. RESULTS OF EVALUATION OF MENTAL HEALTH RECORDS

John Garrity, Ph.D., Director of QI/Evaluation & Research, noted that in November of 2014 the Board of Directors authorized staff to contract with Brown Consulting, Ltd. to conduct an Independent Peer Review of the Non-Medicaid mental health treatment services. The purpose for the clinical records review, a requirement of the Federal Block Grant Regulations, is (1) to assess the quality, appropriateness and efficacy of the mental health treatment services with Cuyahoga County; and (2) to identify opportunities for improvements within the service delivery system.

Seventeen participating agencies participated in the evaluation of clinical records. A total of 381 individual client records were reviewed. Of those 228 were open or active and 153 were closed or discharged. Brown Consulting, Ltd. looked for a 95% compliance rate. (The 2014 Independent Peer Review Report is attached to the original minutes stored in the Executive Unit.)

To summarize, Dr. Garrity reported that "Brown Consulting, Ltd., believes the ADAMHS Board of Cuyahoga County's mental health treatment delivery system to be of sound quality and capable of addressing a wide range of client needs. Although there are several areas of clinical documentation demonstrating good quality, there are some specific areas requiring the attention of providers to more effectively document care provided within the clinical record. Brown Consulting, Ltd. believes implementation of each agency's specific recommendations will result in an enhanced quality of care and increased positive client outcomes from a systems perspective."

In an effort to improve the quality of documentation, the ADAMHS Board's Training Institute intends to offer a training session on writing good "measurable" goals. Mental health agencies will be asked to respond to the findings. Dr. Garrity thanked provider agencies for their cooperation with the Evaluation Review and noted that soon provider agencies will be able to impart their outcomes through the SHARES system.

Mr. Denihan wished to credit, on the record, ADAMHS Board Vice Chair, Dr. David Biegel, for his part in advocating for evaluation reviews. OhioMHAS will begin to require evaluation review statistics as of September 2016, therefore, our Board is already ahead of the curve. We will need to report waiting times for all services; consequently, we need to make metrics a part of our normal course of business.

5. SHARES UPDATE

Mr. Denihan was pleased to report that we are continuing to see advancements. A number of payments to the vendor were approved upon completion of performance. The target date is August 11, 2015.

Dr. Garrity noted that an All Provider Meeting is scheduled for 04/15/15 where Executive Directors will receive a verbal update; information and details will be shared regarding the need to upgrade their systems to have a more current version of Microsoft Word, Windows and Internet Explorer in order to work with the SHARES system. A workshop will be scheduled to help provider agencies get ready for SHARES.

The Council of Governments (COG) has authorized the hiring of two more positions. These individuals will be available to assist with training needs; one will be housed in Cuyahoga County, the other in Hamilton County.

6. OLD/NEW BUSINESS

Dr. Jones attended the OACBHA Opiate Conference in Columbus and reported that the current drug czar is a recovery individual with 25 years of experience. He found this to be very reassuring and felt that the tone in Washington may be changing. Another topic addressed was re-entry with the Director of the prison system and Dr. Jones wondered whether information shared might prove helpful for the housing effort mentioned by the Director of Hitchcock Center for Women.

A highlight of the conference for Mr. Denihan was when Gary C. Mohr, Director of the Ohio Department of Rehabilitation and Correction, recognized the efforts of Cuyahoga County in its reduction of prison admissions from 25% to 13%. This was great news to hear that our local efforts have impacted these numbers and that our county no longer leads the state in the number of prison admissions.

7. FUTURE TOPICS FOR PLANNING & OVERSIGHT COMMITTEE - Dr. Fowler reviewed the list of future topics.

- SHARES Update – Ongoing
- Refugees Needs Assessment – May 2015
- Lutheran Metropolitan Ministry's Women's Re-Entry – May 2015
- Recovery Oriented System of Care
- Integration of Physical Health and Behavioral Health
- County Council / County Executive 2015 Budget
- Independent Evaluation Reports
- Gambling

There being no further business, the meeting adjourned at 5:35 p.m.

Submitted by: Carol Krajewski, Executive Specialist

Approved by: J. Robert Fowler, Ph.D., Planning & Oversight Committee Chair